

CONVERSATION WITH A VET

Reflection of Military Career

WINTER WONDERLAND

Special Holiday Section

FITNESS JUMP-START

Early Registration Dates

WESTERVILLE

COMMUNITY GUIDE

NOV/DEC 2024



www.westerville.org

**Program
Registration
Dates**

**Registration
Information**
See page 72

NOVEMBER

S	M	T	W	R	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



Westerville City Council

Back Row: David Grimes; Jeff Washburn; Aaron Glasgow; Coutanya Coombs, Vice Mayor

Front Row: Megan Reamsnyder, Vice Chair; Michael Heyeck, Chair; Kenneth L. Wright, Mayor



On the cover:

Westerville resident and U.S. Air Force veteran Rick Muse proudly displays a military banner with his image in Uptown. Turn to page 26 to read about his experience serving our country and transition to life as a civilian.

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Delivery and Availability

The Community Guide is delivered to resident homes six times per year. This publication is available at the Westerville Community Center, City Hall and the Westerville Public Library. The Guide is also available at www.westerville.org/communityguide.

Notes to the Editor

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Toni Schorling
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City of Westerville Mission

The City of Westerville is dedicated to providing exemplary municipal services to our community and fostering prosperity while embracing our unique heritage and character.

City Values

- Innovation
- Integrity and Trust
- Stewardship
- Public Safety
- Excellence
- Community Engagement
- Accountability
- Employee Enrichment

Westerville City Council Strategic Goals

-  AUTHENTIC AND ALIVE UPTOWN
-  CONNECTED AND ENGAGED COMMUNITY
-  SAFE AND VIBRANT COMMUNITY
-  THRIVING BUSINESS CLIMATE

Building Community Through New Beginnings

Before deciding to open a cafe in Westerville's historic Uptown district, Ontario Canada natives Kayla and Mike Tompkins lived a life filled with adventure and exploration. A successful music producer, Mr. Tompkins transformed into an influencer after he gained an abundance of online followers on his YouTube channel.

"Mike uploaded these silly music videos thinking that they were just going to be a way to promote his music and his production," said Mrs. Tompkins. "That landed us on multiple shows—The Ellen Show, The Today Show—and we got kind of thrown into a very weird world. We moved from Canada to Los Angeles and lived there for several years. Through that, we were able to tour the world multiple times and do a lot of fun events with YouTube for many years."

The couple collectively attracted more followers as they began documenting their lives as they traveled around North America in their vanhome with their two young children.

"Through our van life experience, we were able to vlog and highlight different restaurants and food all around the United States, and that's kind of when we thought of building a long table for people to come to and feel accepted, seen and loved," said Mrs. Tompkins.

The Tompkins will soon begin their next chapter as they build upon Westerville's existing, welcoming community through their latest venture, Begin Cafe, which will be located at 8 E. Main St. The family recently became U.S. citizens after living in the United States for 14 years and are happy to call Westerville home.

"It's a really sweet city and we're very thankful that we ended up finding a space in Uptown," said Mrs. Tompkins. "We love hosting in our own home, and we just want this space to feel like an extension of our home; warm and inviting like a giant hug."

Begin Cafe will offer coffee and light bites, such as toasts, pastries and cookies. Visit www.begin-cafe.com for updates on the cafe's opening, and follow the Tompkins' journey on Instagram (@begincafe).



Kayla and Mike Tompkins will soon realize their dreams of opening a cafe in Uptown Westerville after falling in love with the area.

Preparing for Sustainable Growth

Expanded services and pathway improvements

Central Ohio is one of the fastest-growing regions in the country. According to projections from the Mid-Ohio Regional Planning Commission, the current population of nearly 1 million residents will increase to more than 3 million by 2050. In preparation for the anticipated growth, the Central Ohio Transit Authority (COTA) has proposed COTA LinkUS, a plan to improve mobility throughout the region sustainably, Westerville included.

COTA LinkUS involves investing in sidewalks, bikeways and trails and improving pedestrian safety to support more walkable communities. The plan also aims to increase COTA service by 45% through more reliable and expanded public transit connections.

The implementation could occur between 2025 and 2050 depending on funding, technical analysis and public input. Visit www.westerville.org/cotalinkus for updates.

Proposed Service Improvements for Westerville

Bikes, Sidewalks and Trails

- Sidewalks and shared-use paths in the Brookside area
- Hanby Park Trail connector to Uptown Westerville
- Dempsey Road shared-use path between I-270 and Sunbury Road

Bus Service

- More frequent weekend service on line 102 (to run every 30 minutes)
- Late-night service on CMAX on Cleveland Avenue



Get a Jump-Start on Fitness

Early registration opportunities



Just in time for New Year's resolutions, Westerville Parks and Recreation is offering a rare and temporary opportunity for early fitness class registration heading into 2025.

"Because of the holidays and other scheduling considerations unique to 2025, we need to adjust registration for fitness classes set to begin in January," said Amber Jones, Westerville Parks and Recreation Program Supervisor. We are glad to turn that into an opportunity for our fitness enthusiasts to register earlier than usual and start classes the first week of the year."

Jones says this early registration opportunity is only for fitness classes in the first quarter of 2025. Registration will return to its typical format in the early spring.

The registration dates for fitness classes are as follows:

- **Resident Online Registration**
Friday, Dec. 13, 12 p.m.
- **Resident In-person Registration**
Saturday, Dec. 14, 8 a.m.
- **Open Online Registration**
Sunday, Dec. 15, 12 p.m.
- **Open In-person Registration**
Monday, Dec. 16, 8 p.m.

Fitness classes, all spanning five to six weeks, begin the week of Jan. 6. See pages 43-47 for a list of offerings.

Registration for all other classes begins Tuesday, Jan. 7. See the full schedule on page 72.

Visit www.westerville.org/fitness for more information.



VETERANS BREAKFAST

MONDAY, NOV. 11

DOORS OPEN AT 8:15 a.m. • BREAKFAST SERVED AT 8:30 a.m.

PROGRAM BEGINS AT 9 a.m.

\$15 PER PERSON • VETERANS ARE FREE

Tickets are available for purchase in-person at the Westerville
Community Center (350 N. Cleveland Ave.)

Veterans must show valid identification to receive a free ticket.

RENAISSANCE WESTERVILLE HOTEL ADMIRAL BALLROOM

409 Altair Pkwy. • Westerville, OH



SUNRISE WREATH LAYING CEREMONY

7:15 a.m. • Westerville Veterans Memorial

325 N. Cleveland Ave. • Westerville, OH



WWW.WESTERVILLE.ORG/EVENTS

Uptown Mural Expansion Promotes Inclusivity, Connection

Walking through the aisles of a bookstore is an experience beyond simply purchasing a book. Shelves filled with endless possibilities, the smell of fresh paper and the gentle rustle of turning pages encourage visitors to slow down and savor the moment. Bookstores far and wide often become hubs, serving as inclusive and safe spaces for customers and community members.

These ideas are central to Birdie Books' mission as a business and the vision behind expanding a mural on the store's facade, located at 74 N. State St. in Uptown Westerville in the former Culver Art & Frame Company space.

Store owner Shari Russell says she has enjoyed watching the community find an uplifting, personal connection with the current "Love Is Love" artwork by including it in special moments such as wedding and graduation photos. That support prompted an expansion of the mural; one that will make deeper connections.

"We began to envision an art installation that could represent a literary journey that is left open to the interpretation of the viewer," said Russell.

The mural is an interactive art installation featuring vignettes designed to create a backdrop for unique photo opportunities. The books and pages are intentionally void of text so the community can make the literary journey personal.

A nine-person art and design team collaborated on ideas, colors, and artwork, threading together a cohesive theme rooted in community connection and the joy of reading.

"The collaborative process was truly rewarding and uplifting," said Russell. "This mural is for the community; created and to be installed by community members. We hope it will be a destination that is recognized for community connection in Uptown. We want everyone to know they are welcome here."

Russell expects work on the mural to be complete by late fall.





WESTERVILLE TRANSFORMS INTO A

Winter Wonderland

Before the first snowfall arrives in the City when Ohio skies transform into a lusterless gray, a signature brand of winter magic weaves its way through Westerville, electric in its excitement, glowing brighter than the most colorful holiday light display.

But it's not the lights, Uptown holiday star, hot beverages or sightings of jolly old you-know-who that will make Westerville a merriment destination this season; it's the people. The community, united by an unspoken agreement to pause busy lives and savor time together, gathers to enjoy the City's holiday festivities and philanthropic endeavors.

In the following pages, enjoy stories of the local elves bringing holiday whimsy to children for four decades. Mark your calendars for the ever-popular tree lighting and holiday parade, make your hyper-local gift-giving game plan and learn how Westerville's first responders give their all and then some to help provide gifts for children who may not otherwise have them. Then, read how you can wrap sustainable practices into your holiday routine. Consider it a gift to Mother Nature, if you will.

Westerville is inviting you to take part in a winter season that is nothing less than magical.



SNOWFLAKE CASTLE

Celebrates 40 Years

The elves of Snowflake Castle are marking 40 years of making holiday magic in Westerville. The highly anticipated event sees the transformation of Everal Barn and Homestead at Heritage Park, 60 N. Cleveland Ave., into the North Pole, welcoming wide-eyed children into Santa's workshop for cheerful activities and a personal audience with Santa and Mrs. Claus.

First imagined by Kay Shively, the castle first opened its doors in 1984 at 310 W. Main St., once the City's water plant and then senior center. Shively was a dedicated volunteer and longtime senior center member.

"Kay loved children and wanted to give back to the community. That simple mission of wanting to do something good and spread cheer is the enduring legacy of Snowflake Castle after all these years," said Lyn Kiger, Westerville Senior Center Program Supervisor. "Now we see parents who attended as kids bring their children."

HISTORY OF THE CASTLE

It wasn't easy to transform a water plant-turned-senior center into Santa's castle. Even so, Shively and the other elves made it work for more than 25 years as they entertained around 800 children over five days annually. Activities included a puppet show, holiday movie, craft station, face painting, a toy train display, puppies, pictures with Santa, and paper reindeer antlers, a favorite among young attendees. The event also included a craft and bake sale.

The event grew in popularity, leading organizers to pack up their sleighs and move the Castle to Heritage Park in 2012. Today, the event includes a toy-building workshop, a paint station, Santa's house and other holiday attractions. Attendance in 2023 topped 2,300 children over eight days.

"Volunteers and staff spend more than 600 hours selecting toys, cutting shapes and planning activities for this event," Kiger said. "We know we're helping families make priceless memories and our team takes that honor seriously."

This year, in celebration of the 40th anniversary, attendees will receive a reindeer antler headband, a nod to the keepsake treasured by Snowflake Castle's first attendees. The event also includes toy building, a visit with Santa and Mrs. Claus, a craft sale, a train display and a photo presentation showcasing photos, newspaper clippings and videos from past events.



Children enjoy Snowflake Castle

The first annual Snowflake Castle conducted for children in the Westerville area last week at the Westerville Senior Center proved successful. Pauline Debevec, left, and Castle airman Kay Shively hold two puppies here for Adam Torrer, 6, and his brother Scott, 3, to peek out. Senior Center director Linda Lencke reported over 500 children visited the site during the first four days it was open.

WHAT TO EXPECT

Upon stepping into the barn, attendees will be immediately transported to Santa's Workshop, featuring festive decorations, holiday music, glistening snowfall and glimpses of elves crafting toys. The first stop will be the holiday gift shop where attendees can purchase handmade gifts made by Senior Center pass holders and volunteers. Then, based on the ticket type, children will either visit with Santa and Mrs. Claus or head upstairs to the workshop. As children move about the castle, they can participate in the scavenger hunt printed on the back of their tickets.

Participants will pass Santa's sleigh as they head to Santa's house, a classic photo opportunity. Coloring pages will be available for those in line for Santa. Children meet with Santa, tell him what they want under the tree and take a photo.



Children and their grown-ups will ascend the stairs or take the elevator to the upstairs workshop where they are greeted by elves eager to help little hands choose a wooden toy kit to build. Children wear the provided safety goggles and work alongside a builder elf at the workbench to sand, drill, glue and hammer a wooden creation before painting. Children will leave with their special creation, new elf friends and memories to last a lifetime.

THINGS TO REMEMBER

- ❄️ Arrive up to 10 minutes early. There will be no early admittance.
- ❄️ Only two adults are permitted to attend per child.
- ❄️ Scan your ticket(s). Tickets must be scanned at the door at your scheduled time to participate in the event and the scavenger hunt.
- ❄️ Charge your phone before arriving so you can take plenty of pictures.
- ❄️ Wear comfortable clothing. Children will be using tools and painting during the event.
- ❄️ Have patience. There may be times when you may have to wait in line for an activity.
- ❄️ Bring your holiday cheer. Snowflake Castle elves are fueled by candy canes, sugar cookies and smiles. These jolliest volunteers in Westerville want nothing more than to bring smiles to all they meet. A great attitude from attendees makes the event better for everyone.

Snowflake Castle takes place Dec. 2-9. Tickets are required for each child to build a toy. Registration opens Monday, Nov. 4, at 12 p.m. for residents, and Tuesday, Nov. 5, at 10 a.m. for non-residents. For additional information and to register, visit www.westerville.org/registration.

TREE LIGHTING &

Holiday Celebration



**Friday, Dec. 6
6:30 - 8 p.m.**

Parade of Lights
Steps off at 6:45 p.m.
(Home Street to Plum Street)

Tree Lighting • 7 p.m.

**Uptown Shops Open Late
Special Holiday Installations**



BEST OF THE WORST *Santa Photos*

Imperfect moments often result in unforgettable memories. The following photos submitted by Westerville community members truly capture the joyful chaos that makes the holiday season so special. Learn more about these images at www.westerville.org/santaphotos.



Photo submitted by Lyn K.



Photo submitted by Chase W.



Photo submitted by Megan A.



Photo submitted by
Linda H.



Photo submitted by Melissa K.



Photo submitted by Rick H.



FIRE DIVISION SPREADS JOY WITH FIREFIGHTERS 4 KIDS

Holiday Heroes

As the holidays approach, Westerville firefighters trade their helmets for Santa hats and rally with other central Ohio fire departments to collect gifts for children in need.

Columbus firefighter Mike Mullins founded Firefighters 4 Kids in 1977. While on an emergency call to a home with young children, he noticed a lack of holiday gifts. He sprung into action and started collecting toys and food for the family. The program only continued to grow from that moment.

“This started in my garage,” said Mullins. “We outgrew my garage pretty quickly and didn’t have any space to work. That’s when a few local fire chiefs started volunteering their firehouses as donation centers.”

The program provides toys for kids 12 and under. The organization also provides items to families displaced by house fires all year. Families are referred by various local agencies, outreach programs and first responders.

The Westerville Division of Fire (WFD) has hosted donation centers for Firefighters 4 Kids at all three Westerville fire stations for more than three decades. WFD joins approximately 50 other stations in central Ohio for the initiative.

“I have been with the fire department for almost 25 years and this program has always been a part of our community outreach,” said WFD Chief Brian Miller. It has been a great comfort to our firefighters knowing we can help these families and make sure every child has the opportunity to celebrate their respective holidays with toys.”

Records show WFD’s legacy of holiday helping extends as far back as the early 1900s. Throughout history, the fire stations have served as hubs of generosity, as community members utilized the spaces for donation drop offs with support from local businesses.

Drop off toys at any Westerville Fire Station

Station 111 (400 W. Main St.)

Station 112 (727 E. Schrock Rd.)

Station 113 (355 N. Spring Rd.)





The Boy Scouts of America and WFD gather toys for the 1910 holiday toy drive held in Uptown Westerville. Image provided by the Westerville History Museum.

“Firefighters do so much more than just put out fires and their dedication goes way beyond the emergencies they handle; they’re always looking for ways to give back,” said Miller. “They’re not just heroes in emergencies, but everyday champions making a difference.”

Mullins says his team aims to accommodate all requests, even those made at the last minute.

“There’s no date too late for donations,” said Mullins. “We are here and we get this done.”

Community members may drop off new, unwrapped toys at any Westerville fire station from Thursday, Nov. 28 - Wednesday, Dec. 25. Monetary donations for Firefighters 4 Kids will be accepted at any CME Federal Credit Union or Franklin County fire station. Checks should be made out to Firefighters 4 Kids.

For information about most-needed donations or to volunteer, visit www.firefighters4kids.com.

WARM Holiday Food Drive

Saturday, Nov. 30 and Saturday, Dec. 7

The WARM Holiday Food Drive, in partnership with Kroger and Westerville Rotary, runs for two Saturdays each year, beginning with the first Saturday after Thanksgiving with the "grocery bag drop off" to designated neighborhoods throughout the Westerville community. The following Saturday, volunteers return to the neighborhoods to retrieve the grocery bags of donated items. Monetary donations are also accepted for this event



HOMETOWN HOLIDAY SPIRIT

Uptown Gift Directory

'Tis the season for gift shopping and Uptown Westerville merchants are eager to help anyone thinking outside the big box stores for thoughtful gifts and stocking stuffers. Purchasing gifts from small businesses sends a big message that local artists are a mainstay in the community shopping scene. A visit to Uptown puts a wide selection of locally roasted coffees, regionally-branded clothing, one-of-a-kind artisanal gifts and experiences to remember right at your feet. Look no further than the heart of Westerville this holiday shopping season.

Note: The following directory is not a comprehensive guide. Uptown's merchants are always dreaming up creative ways to serve the community, visit them this holiday season to make sure you don't miss any special offerings.

Local Threads, One-of-a-Kind Artisanal Finds



These merchants feature cozy shirts, sweatshirts and sweaters bursting at the seams with local pride.

- ▶ **Megan Lee & Friends**
13 E. College Ave.
- ▶ **Ohio Art Market**
30 N. State St.
- ▶ **Pure Roots Boutique**
18 N. State St.

Experiences



From sip-and-create events to custom personal care items, give the gift of merriment with an experience in Uptown.

- ▶ **Blend Candle Co.**
16 E. Main St.
- ▶ **David Myers Art Studio & Gallery**
7 W. Main St.
- ▶ **Daylight Artist Collective**
9 E. College Ave.
- ▶ **Good Vibes Winery**
2 S. State St.
- ▶ **Uptown Art & Clay**
13 ½ E. College Ave.



Online Shopping Safety

Many consumers will complete at least some of their shopping online this holiday season. In 2023, U.S. online shoppers spent around \$22 billion between Black Friday and Cyber Monday according to market research firm EMARKETER.

Before you click “add to cart,” keep in mind the following online safety tips from the Cybersecurity and Infrastructure Security Agency (CISA), an operational component of the Department of Homeland Security.

1. Check Your Devices - Before making any online purchases, make sure your device is up to date, use a strong password for all of your online accounts and use multifactor authentication, if available.

2. Only Shop on Trusted Sites - Practice caution when searching for online deals and only open emails and click on links from vendors you trust. If you’re uncertain about a vendor’s trustworthiness, look up the company on an independent accreditation site, such as the Better Business Bureau, to view unbiased information about the company’s business practices.

3. Use Safe Methods for Purchasing - If you’re going to make that purchase, what information are you handing over? Before providing personal or financial information, check the website’s privacy policy. Make sure you understand how your information will be stored and used.

Find more online shopping safety tips from CISA at www.cisa.gov.

Artisanal Goods & One-Stop Gift Packages



Find authentic local unique gifts and snack packages made by hand in Westerville and elsewhere in the great state of Ohio.

- ▶ **Espresso Air**
25 N. State St.
- ▶ **Java Central**
20 S. State St.
- ▶ **Meza Wine Shop**
48 N. State St.
- ▶ **Westerville Florist**
14 S. State St.

Home Decor



Explore thoughtfully selected gifts to adorn your loved one's home, office or any other space.

- ▶ **Abbey Rose**
21 N. State St.
- ▶ **Amish Originals**
38 N. State St.
- ▶ **Edwin Loy Home**
33 N. State St.
- ▶ **Westerville Antiques & Rustic Revamp**
2 N. State St.






LOW WASTE (AND HIGH STYLE) ALTERNATIVES FOR GIFT GIVING

Green Gift Wrapping

If you have ever spent an excess amount of time searching for the perfect wrapping paper; found yourself awash in tape, bows, jagged wrapping paper and gift tags or distressed as you searched endlessly for the tape you just had in your hand, it may be time to try something different this year.

Embrace creative and eco-friendly alternatives like reusable fabric, recycled paper, and natural elements for your next gift-wrapping session. These choices add a unique and personal touch to gifts while cutting down on the excess waste associated with the season. Embracing sustainable gift wrap is a small, but impactful step toward a greener, more mindful celebration.

TIPS FOR REDUCING GIFT WRAP WASTE

-  Purchase wrapping paper made from recycled or biodegradable materials.
-  Use reusable gift bags and boxes.
-  Reuse cardboard shipping boxes.
-  Opt for paper-style tape, rather than traditional plastic tape which can't be recycled and take years to break down.
-  Recycle regular and glossy wrapping paper and avoid additives like metallic flakes, colored shapes, glitter and plastic embellishments.
-  Choose fabric ribbons and bows that can be reused from year to year.

Cloth napkins add color and texture.

Recycled brown grocery bags are great for a simple look.



Natural materials such as collected greenery and jute twine add classic holiday charm.

Vintage or thrifted ribbons add unique flair.



Community Contacts

All numbers are (614) area code unless otherwise noted.

Fire/Medical/Police Emergency **9-1-1**
 Gas/Carbon Monoxide Leaks 9-1-1
 Mental Health Resources 2-1-1
 Non-life threatening emergency (Fire) 882-2213
 Non-life threatening emergency (Police) 882-7444
 National Suicide and Crisis Lifeline (call/text) 9-8-8

Animal Control 901-6863
 Animal Removal (dead on roadside) 901-6740
 Cemeteries 901-6740
 City Manager's Office 901-6400
 Clerk of Council 901-6410
 Community Affairs 901-6400
 Digging (Ohio Utilities Protection Service)

800-362-2764

Economic Development 901-6409
 Electric Division 901-6700

(outages, street lights, tree trimming near electric lines)

Finance Department 901-6440
 Fire Division Headquarters 901-6600
 CPR/First Aid Training 901-6600
 Non-Emergencies 882-2213

Human Resources 901-6406
 Income Tax 901-6420
 Leaf Collection 901-6740
 Mayor's Court 901-6419
 Parks and Recreation Department 901-6500

 Inclement Weather Hotline 901-6888
 Administration 901-6530
 Community Center 901-6500
 Everal Barn and Homestead 901-6515
 Parks Maintenance 901-6591
 Highlands Park Aquatic Center 901-7665
 Recreation Program Center 901-6531
 Senior Center 901-6560
 Shelter Information 901-6513

Permits 901-6598
 Building 901-6650
 Burning 901-6600
 Parade/Block Party 901-6410
 Security Alarm 901-6482
 Zoning 901-6650

Planning and Development 901-6650
 Code Enforcement 901-6816
 Sidewalks 901-6757
 Streets 901-6845
 Traffic Engineering 901-6670

Police Division 901-6450
 Administration 901-6470
 Community Services 901-6860
 Investigations 901-6475
 Recorded Information Line 901-6879
 Records 901-6450
 Non-Emergencies 882-7444

Service Department 901-6740
 Sewer Emergencies 901-6740
 Sewer Line Maintenance 901-6740
 Stormwater Hotline 901-6740
 Street Emergencies 901-6740
 Street Maintenance Repairs 901-6740
 Trash/Recycling Collection 901-6740
 Water Emergencies 901-6740
 Water Line Maintenance 901-6740

Traffic Violations 901-6419
 Tree/Storm Damage (in right of way) 901-6591
 After Hours 901-6790
 Tree Trimming (in right of way) 901-6598
 Utility Billing 901-6430
 Water Plant 901-6770

HOLIDAY LIGHT RECYCLING



The Westerville Electric Division is collecting holiday lights for recycling at 139 E. Broadway Ave. Drop off lights from 8 a.m. - 4 p.m. on weekdays to receive a high-efficiency alternative or place lights in the marked bin at any time. The strands will be recycled at no cost to the City by a scrap metals-and-materials vendor, which helps keep them out of landfills.

This environmentally friendly program helps the City by removing inefficient drains on the power grid and Rumpke, the City's refuse and recycling contractor, because string lights can become entangled in equipment.

Visit www.westerville.org/lightrecycling for additional information.

DID YOU KNOW?

LED holiday lights are safer than regular lights. According to the Department of Energy, LEDs are cooler than incandescent lights and can reduce the risk of combustion or burned fingers.

Impaired Driving Prevention

Tech May Be On the Way, But Driver Responsibility Remains Key

The Westerville Division of Police (WPD) has seen a 100% increase (from 12 to 24) in crashes involving impaired drivers from 2020 to 2023. While the community considers this statistic, the nation is anticipating a final rule from the National Highway Traffic Safety Administration (NHTSA) to establish a federal safety standard requiring newly built passenger vehicles to include advanced drunk and impaired driving prevention technology.

Signed into law in November 2021, the bipartisan Infrastructure Investment and Jobs Act directs the NHTSA to issue the final standard and complete the rulemaking process by Friday, Nov. 15, with implementation within three years. Relevant technology includes that which is proven to passively and accurately monitor driver performance for signs of impairment and blood alcohol concentration (BAC).

According to the NHTSA, crashes involving impaired drivers kill one person every 39 seconds. While legislators work the angles they can to prevent impaired driving, the power to prevent the preventable is in the hands of drivers.

“I think the majority of people want to do the right thing. They want to make good choices,” said WPD Officer Brandon Mueller.

Officer Mueller has worked in law enforcement since 2017, first as a state trooper before joining WPD in January 2021. On the third shift, Officer Mueller spends most of his working hours patrolling the streets of Westerville as the City sleeps. He’s seen his fair share of impaired drivers.

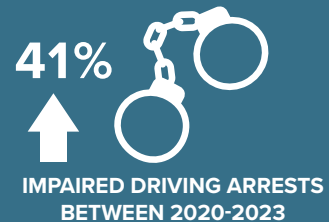
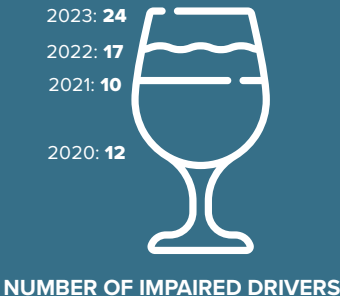
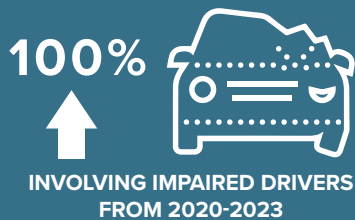
“A driver can be considered impaired anytime they begin to have a decreased ability to complete divided-attention tasks,” said Mueller. “Some other overlooked causes of impairment are drug use, including marijuana, prescription drug use, even when taken according to the prescription guidelines, as well as lack of sleep.”

Officer Mueller says many factors contribute to someone’s level of impairment and that a person is often legally impaired before they realize it.

“It’s alarming the number of people we see who are impaired, and they would swear they’re not,” said Mueller. “They tell themselves, ‘I’m fine.’ We, as police officers, hear this far too often.”

Officer Mueller says prevention is the best way to avoid impaired driving. Individuals who plan to enjoy time with alcohol should arrange a safe ride home

Impaired Driving Breakdown



through a trusted driver or driving service. When a plan isn't in place, those close to impaired persons should be willing to intervene if they can do so safely.

"We would encourage you to be their voice of reason. This may be difficult and uncomfortable, but if it saves a life, it is absolutely worth it. I would suggest giving them every option you can think of, such as arranging a ride home for them or even assisting them with calling a ride service," said Officer Mueller. "If they won't be reasoned with and you are concerned they may be impaired, call the police and let them know. Your friend or family member may end up being charged with OVI*, but it is better than them being dead or seriously injured."

The legislation states that the NHTSA should only issue a Federal Motor Vehicle Safety Standard if the technology available by November meets the National Traffic and Motor Vehicle Safety Act requirements. The standards will not require technology to detect drugged driving because current technology is not advanced enough to do so accurately.

To follow progress toward the federal motor vehicle safety standard, visit www.nhtsa.gov.

*Operating a Vehicle Impaired

Rideshare Safety Reminders

In the event you need to utilize a ridesharing service to make it home safely, remember these safety tips:

- **Request Your Ride from Inside**
Minimize the time you spend alone outside and wait inside for your driver.
- **Confirm Your Driver's Identity and Credentials**
Do not enter the vehicle without verifying the make, model and license plate number of the car and confirming the driver's identity matches their photo on the app.
- **Have the Driver Confirm Your Name**
Ask your driver to confirm your name before you get into the vehicle.
- **Ride in the Back Seat Whenever Possible**
This ensures a safe exit on either side of the car and gives you plenty of personal space.
- **Share Details of Your Ride with Friends or Family**
Let someone close to you know the details of your trip including the license plate number, make and model of the vehicle and the driver's photo.
- **Keep Conversation Simple**
Never share your personal information with your rideshare driver.
- **Use Your Intuition**
If you feel unsafe or think your driver may not be taking you to the correct location, cancel the ride immediately and exit the vehicle.



LEAF COLLECTION PROGRAM

RUNS THROUGH DEC. 27

FOR MORE INFORMATION, VISIT
WWW.WESTERVILLE.ORG/LEAFCOLLECTION

Staffing Updates Ensure City Is 'Future-Ready'

Earlier this year, Westerville City Manager Monica Dupee enacted a series of organizational changes to better align with her administrative vision and Westerville City Council's strategic priorities.

Aiming to create a future-ready Westerville, the new organizational structure supports the City's commitment to bold projects and a higher level of regional collaboration. It also positions City leadership to capitalize on future opportunities, including time to focus on state legislative issues that impact home rule, as well as regional growth and development initiatives. In this new format, those activities can move forward while staff teams continue to provide exemplary services to the community.

City Staff Organizational Highlights



Chief of Staff

Longtime Community Affairs Director Christa Dickey is now the City's chief of staff. In her new role, Dickey helps oversee all City departments and coordinates special projects and interdepartmental initiatives.

"This is us fulfilling our promise to Westerville voters, who approved the relocation and building of the Justice Center," said Dupee. "In reducing the footprint of government facilities in Uptown, we now have High Bank Distillery, COhatch and North High Brewing. In the future, we will offer a fully centralized customer service option where all encounters with the City can happen in one space."



Customer Service Manager

Greg Dayton is taking on the City's customer service manager position. Created in 2023, the role centralizes all customer service functions within the City. Dayton joined the team in May.

City Staff to Temporarily Relocate

Staff currently working at City Hall will move to temporary workstations in existing City buildings to help facilitate an expedited construction timeline. These temporary location changes will last throughout the construction project; about 18-24 months.



Human Resources

In July, Human Resources became a standalone department, led by new Human Resources Director Stacy Hathaway. Hathaway previously worked in HR leadership roles at the Central Ohio Transit Authority and the City of Dublin.

Old Westerville Senior Center at 310 W. Main St.

- City Manager's Office (City Manager, Assistant City Manager, Chief of Staff)
- Community Affairs Division
- Economic Development Division
- Diversity, Inclusion, Equity and Belonging Division
- Human Resources Department
- Westerville City Council Clerk
- Customer Service

City Hall Improvement Project

One immediate impact to the new organization is the start of the City Hall Improvement Project. The project is the first step in a series of physical space improvements to modernize and centralize operations.

City Building at 64 E. Walnut St.

- Finance Department

City Council and Boards and Commissions meetings location information will be available soon.

Please find the most up-to-date information at www.westerville.org.

Exploring Uptown Has Never Been Easier

Convenient parking and accessibility

Uptown Westerville encapsulates the heritage and pride of the City while offering unique shops and a wide array of dining experiences that foster a sense of community for people of all ages. Whether you are meeting friends to grab a bite to eat or boutique hopping, there is something for everyone. The City's ample, accessible parking and walkability make it a breeze to park, walk and take in the sights and sounds of the thriving community.

The City maintains four public parking lots with 360 free spaces. Parking is also available throughout the Uptown district and marked with signage, including ADA-compliant parking and spaces with electric vehicle charging facilities.

All parking is relatively near all Uptown attractions, so visitors can park, stroll and easily visit multiple locations. Before venturing to Uptown, the City encourages residents and visitors to review the Uptown Parking map to ensure a seamless parking experience.

The City's free parking mobile application, available in the Google Play and App Store, helps visitors quickly locate available parking spots in real-time.

To learn more about the parking application and review the Uptown Parking Map, visit www.westerville.org/uptownparking.

FIND UPTOWN PARKING FASTER

WITH WESTERVILLE'S EXCLUSIVE PARKING APP

SEARCH "WESTERVILLE PARKING" ON GOOGLE PLAY OR IN THE APP STORE

GET IT ON Google Play

Download on the App Store

SAVE THE DATE



2025

WESTERVILLE

STATE OF THE CITY

THURSDAY, MARCH 20, 2025

RENAISSANCE WESTERVILLE-POLARIS HOTEL



WWW.WESTERVILLE.ORG/SOC

Program Offers Financial Assistance for Home Repairs

Westerville residents meeting household income requirements could receive funding assistance for their next home project. In August, the City announced the pilot “Westerville Home Repair Program,” a first-of-its-kind partnership with the Mid-Ohio Regional Planning Commission (MORPC).

“Given our long-standing relationship with MORPC, it became apparent that this could be a good fit for both organizations. MORPC administers similar programs with federal grants. They make a logical partner in this endeavor,” said Westerville Planning and Development Director David Efland. “MORPC notes that a partnership such as this has never been done in the region. Thus, much work has had to occur to scope the program, parameters and process culminating in the program.”

Efland says the 12-month pilot program is particularly aimed at helping homeowners with repairs that improve safety, sustainability, energy efficiency or accessibility.

“Our community was largely built in the 1970s, 80s, and 90s, with housing stock to match those periods. This means that those units are likely coming up on some major repairs. This program is intended to help homeowners with those expenses to keep the housing stock up to date for this and the next generation while supporting our naturally occurring affordable housing, which is our existing housing stock versus anything that is built brand new today,” said Efland. “With

economic conditions as they are--people have been tightening their belts and interest rates have been higher--a little help with these improvements can go a long way in our community for folks of relatively limited/fixed incomes, particularly our seniors, veterans, young families, etcetera.”

Qualifying residents may receive up to \$25,000 per property. Efland says the program is locally funded.

“In 2022, Westerville City Council discussed and budgeted to address housing initiatives across several strategies in the Westerville Community Plan and City Council’s Strategic Plan--two goals of which include ensuring connected and engaged residents, as well as safe and vibrant neighborhoods,” said Efland.

In the year that followed, Planning and Development staff conducted a thorough and thoughtful research process, bringing a speaker series before City Council and then presenting the program, which was subsequently approved during budget preparation in late 2023 for the 2024 budget year.

MORPC supports the program by providing application review, rehabilitation specialists, project scope development and contracting management.

Visit www.westerville.org/homerepair to learn more. To discuss your eligibility and specific home repair needs, contact MORPC directly at (614) 233-4171.



In Conversation with a Veteran

Westerville Man Reflects on 20-Year Military Career

When Rick Muse enlisted in the U.S. Air Force in 1981, he could not have guessed his time with the military would span two decades. The Air Force took him to California, Arizona, New York and South Korea. When it came time to retire to civilian life, Muse and his wife, Vickie, knew they wanted to move close to family in Ohio.

“I suggested the Columbus area for more opportunities. We actually stumbled upon Westerville by mistake and fell in love with it,” said Muse.

The rest is history. Muse and his wife have called Westerville home for 23 years.

Today, he works for Battelle Memorial Institute as a System Administrator and credits his military experience with helping him establish his civilian career.

You served 20 years in the U.S. military. Firstly, thank you for your service. How old were you when you enlisted in the U.S. Air Force?

I was 18 years old when I enlisted. I actually enlisted and had to wait five months to go in because of the job I wanted. It was as a Medical Laboratory Specialist.

What role(s) did you serve in the military?

I started out as a medical laboratory specialist and spent the last 17 years of my career doing Airborne Electronic Warfare and Space Surveillance.

What was one of the most memorable experiences in your career with the Air Force?

There were so many, but it was probably being selected by my deployed commander to be on his crew when we deployed for Operation Desert Storm. I felt honored that he trusted my skills enough to fly into war with him.

What was it like to transition from active duty to veteran status after 20 years of service?

The transition was pretty easy actually. The first job I got after retirement had a lot of military people working there. Believe it or not, Westerville’s small-town feel reminds me of living on a military base.





How has your experience in the U.S. military shaped your life?

It was my first real introduction to true teamwork. That has stuck with me throughout my life, even after retirement. It helped me with discipline and it taught me leadership skills. I received my bachelor's degree in Information Technology while in the military.

What thoughts come to mind as you reflect on your military career?

It is a career that you take an oath to possibly die for your country, and I took that very seriously. I traveled to 10 countries. I lived in Texas and Ohio before getting married. My family and I were located in Ohio, California, Arizona and New York. It gave them opportunities to experience different cultures. Living in Air Force Base housing also allowed my family to meet and become friends with people from all over the world. During my New York assignment, I was sent to South Korea for one year, unaccompanied. That was my biggest challenge.

What should the Westerville community know about their local veterans?

Veterans make tremendous sacrifices to serve our country. While active we are prepared to deploy at any moment's notice, which also means that the family sacrifices. When you leave the military, you are a different person than when you went in. It changes your life and increases your patriotism.

How can we better support our veterans?

People can give their time or financial support to them. I always appreciated receiving care packages when I was deployed. Another huge way to support veterans is through Honor Flight. It is a program that flies veterans to D.C. to experience the various memorials that have been built in their honor. The trip is completely free for the veteran because of donations. People can also support this event by welcoming the veterans home when they arrive at John Glenn International Airport that evening. The military banner program in Westerville is outstanding. It's funny the number of people who come up to me and say, "Hey! I saw you on a banner Uptown!" It really warms my heart.

What else should Westerville residents know about our veterans?

Westerville residents and all U.S.A. residents should know that freedom isn't free. Men and women for generations have sacrificed to serve and protect our country. Flying the American flag is very heartfelt.

Self-Care Vital to Sustaining Family Caregivers

November is National Family Caregivers Month

Creating and maintaining good physical and mental health, creativity and social bonds are essential to a happy life, especially for individuals responsible for unpaid caregiving.

More than 50 million U.S. citizens say they have taken responsibility for providing unpaid caregiving for family or friends who are older or have disabilities. AARP estimates unpaid labors of love provided by family caregivers would total \$600 billion if purchased. According to Pew Research, nearly a quarter of Americans over 40 are considered part of the “sandwich generation,” a term characterizing adults responsible for caring for children under 18 and a parent aged 65 or older.

While informal caregivers across the board report numerous benefits of this work, including helping loved ones maintain a higher quality of life and independence, unpaid labor can take a toll. Nearly two in five unpaid caregivers reported having at least two chronic health conditions. They also report losing sleep and making financial sacrifices.

Experts at the National Institutes of Health agree that committing to self-care helps caregivers maintain endurance and prevent illness and injury to themselves. While the term may call to mind visions of luxurious spa treatments and vacations, self-care can be as simple as eating nutritious meals, keeping

medical appointments, dedicating time to personal projects and participating in a class at your local recreation center.

Westerville Parks and Recreation provides a robust schedule of classes and events to give residents of all ages opportunities to cultivate relationships while improving their mental and physical health.

Turn to the events section beginning page 33 and class selections beginning page 41 to see opportunities to connect with others and plug into Westerville life.

Support Group for Alzheimer’s Caregivers

A 2024 special report from the Alzheimer’s Association found that 59% of family caregivers of people with Alzheimer’s or other dementias report experiencing “high or very high” emotional stress. These caregivers also claim higher instances of chronic health conditions like stroke, coronary heart and cardiovascular disease compared to family caregivers of individuals with other diagnoses.

Trained facilitators from the Alzheimers Association of Central Ohio are helping caregivers manage stress through mindfulness techniques, education and general support at the free drop-in Alzheimer Association Caregiver Support Group at 6 p.m. on Thursdays from Nov. 21-Dec. 19 at Paramount Senior Living, 702 Polaris Parkway East.



Other Resources for Caregivers

AARP Toll-Free Helpline **1-877-333-5885**

Administration for Community Living Eldercare Finder
eldercare.acl.gov

ARCH National Respite Network and Resource Center
www.archrespite.org

Family Caregiver Alliance
www.caregiver.org

Well Spouse Association
www.wellspouse.org

Caring Calls

Connecting first responders and residents

Westerville and Blendon Township residents are invited to register for a free program providing peace of mind for older adult residents who are homebound, disabled or who simply desire wellness checks, and their loved ones.

Coordinated by the Westerville Communications Division in partnership with Westerville Police and Fire, the Westerville Care Call program sends automated well-being calls to those who register.

Program participants receive weekly automated phone calls on days and times of their choosing. If they do not need assistance, the participant follows the prompts in the message. If participants

do not answer the phone, the program calls an emergency contact or key holder designated by the participant at registration. The key holder is notified if the participant does not answer the call. If the keyholder fails to answer, first responders are dispatched to the participant's home for a well-being check. Participants can always opt out of a phone call ahead of time by contacting Westerville Communications at (614) 901-6790.

Find more information and an online registration form on the City's website, www.westerville.org/communitycare or call (614) 901-6790 to speak with a member of the Westerville Communications Division.

A Place to Call Home

The City explores ways to support older adults

Three years after the approval of a plan to ensure Westerville is a community where residents can thrive as they age, the City is taking stock of progress and opportunities to come.

"The City seeks to empower all residents to live well through accessible, responsive and inclusive services and amenities," said J.R. Fourqurean, Diversity, Equity and Inclusion Director. "The Westerville Age-Friendly Initiative provides insight into community needs, which enables the City to explore solutions that support independent living, self-sufficiency and community engagement."

In 2021, a team of City staff, stakeholders and community members helped to develop a comprehensive Age-Friendly action plan to address priorities and goals for outdoor spaces, transportation, housing, socialization, civic engagement and community support as part of AARP's Age-Friendly Community certification process.

Since that time, the City has continued to explore opportunities to expand service offerings and amenities for older residents. Recent improvements include increased investment and strategic

placement of benches and rest nodes throughout park trails, increased font size on street signs to accommodate people with vision impairment, extended Senior Center hours and reduced Senior Center pass holder age of 55 to appeal to a wider audience.

Additionally, the City launched the Community Service Program through the Westerville Fire Division to connect residents with community resources and provide ongoing support and the *Home Repair Program, in partnership with the Mid-Ohio Regional Planning Commission, to address homeowners' accessibility and urgent needs. See page 25 for details.

To receive AARP's designation, communities must develop and maintain programs, services and amenities that improve the quality of life for people of all ages.

City staff and leadership continue to explore opportunities to help improve quality of life in Westerville as laid out in the action plan.

For more information about improvements to come, visit www.westerville.org/agefriendly.

Getting Fit and Building Community Through Pickleball



I cannot brag enough about what pickleball has done to improve my health. When I started playing, I was grossly overweight with all kinds of health problems. I was diagnosed with diabetes, had back problems and wrestled with my sleep. Pickleball has allowed me to lose over 40 pounds, and all my recent blood work shows my sugar and A1C are all within the normal range. It is probably extending my life. That and my socialization is a big factor as well. I lost both my son and my wife over the last several years and the interactions and friendships I have made with my Westerville friends have been very impactful to me. Everyone in my family notices the improvements.

Van Young
Community Center Passholder



For current Parks and Recreation class opportunities, see page 50.

Mark Your Calendars

Early summer camp registration in 2025

While summer days may feel like a painfully distant mirage, Westerville Parks and Recreation is reminding residents that registration for summer day camps now begins in February.

“We hope moving up registration for camps will make it easier to plan summer activities and vacations,” said Chelsea VanAssche, Program and Camp Manager. “And, of course, parents and guardians will have peace of mind knowing they’ve secured a safe, fun summer environment for their children far in advance.”

Camp offerings include preschool camps for ages 4-6 full and half-day camps for ages 6-12, Kids Fun Clubs for ages 6-13, Teen Fun Club and Counselors in Training programs for teens, and a

variety of specialty camps that include sports, cooking, crafts, travel and more.

The summer camp registration schedule is as follows:

- **Resident Online Registration**
Friday, Feb. 14, 12 p.m.
- **Resident In-person Registration**
Saturday, Feb. 15, 8 a.m.
- **Open Online Registration**
Sunday, Feb. 16, 12 p.m.
- **Open In-person Registration**
Monday, Feb. 17, 8 a.m.

For more information, visit www.westerville.org/camps.





WHEELCHAIR BASKETBALL OPEN GYM



Friday, Nov. 1

Friday, Dec. 6

6 - 8 p.m. • \$ 5

Ages 6 and up

This is an inclusive event that all are welcome to attend.

Parents and support staff are free.



Westerville Community Center • 350 N. Cleveland Ave.

Pancake Breakfast

7:30 - 10 a.m.

\$5

Nov. 6 • Dec. 4

Bring family and friends to our monthly breakfast and enjoy pancakes, eggs, sausage, juice and coffee.

Held the first Wednesday of the month.

WESTERVILLE COMMUNITY CENTER SENIOR (SOUTH) ENTRANCE
350 N. Cleveland Ave.
(614) 901-6560



Autism Society
Central Ohio

SENSORY FRIENDLY

SWIM

Sunday, Nov. 10

5:30 - 7 p.m.

All Ages

\$5 family donation to ASCO recommended

Designed for individuals with disabilities and their families. For information or to register, visit www.autismcentralohio.org.

Westerville Community Center
350 N. Cleveland Ave.



PUZZLEPALOOZA

Friday, Nov. 15 • 5:30- 7 p.m.

Puzzlers, get your teams ready!

Teams of two to four people will complete the same 500-piece puzzle. The team that completes the puzzle in the shortest amount of time will receive a prize and everyone gets to take their puzzle home. Light refreshments, holiday music and snacks will be provided.

Activity #503200-01 • Ages 6 and up

\$30 • Resident Rate \$20

Westerville Community Center
350 N. Cleveland Ave.





Inclusive

Career and Opportunity Fair

Saturday, Nov. 23
10 a.m. - 12 p.m.

Various local organizations will provide information about career opportunities, products and programs for individuals with developmental, physical or invisible disabilities. This is a free event.

Westerville Community Center
350 N. Cleveland Ave.



SWIM WITH SANTA

Enjoy swim-time with Santa complete with a fun photo. Parents with youth under the age of 6 must be in the water with their children. **REGISTRATION REQUIRED** for each child. Adults are free. Email address required when registering.

Sunday, Nov. 24 • 6 - 7:30 p.m.

Activity #606321-01 • Ages 11 and Under
\$7.50 • Resident Rate \$5

Westerville Community Center • 350 N. Cleveland Ave.



Sensory-Friendly

Snowflake Castle

Individuals with developmental, physical or invisible disabilities can enjoy Santa's Workshop and a visit with Santa himself in a calming environment. Registration is required for the person building the toy. Sessions are 30-minutes.

Sunday, Dec. 1 • 1 - 4 p.m.

\$15 per person building a toy/picture

Activity #604331-01 through -07

For additional information or if you have questions, please call the program supervisor at (614) 901-6511.

Everal Barn • 60 N. Cleveland Ave.

WESTERVILLE

Community Care

TELEPHONE CHECK-IN SERVICE

Community Care is a daily telephone check-in service for homebound, handicapped or elderly residents. This is a free service to residents of Westerville and Blendon Township with the cooperative efforts of the Westerville Police and Fire Divisions and the Westerville Communications Division.

For additional information, call (614) 901-6790.





Celebrating 40 Years of



Snowflake Castle

Stop by Santa's Workshop and visit with his elves at the annual Snowflake Castle. Work with an elf and make your very own wooden toy to paint and take home. Stroll through the Homestead and visit with Santa and Mrs. Claus (picture included). Don't forget to check out the trains, Santa's sleigh and the gift shop.

Monday, Dec. 2 - Monday, Dec. 9

Half-hour sessions are available at the following times:

Monday - Friday

9 - 11:30 a.m. and 5 - 7:30 p.m.

Saturday

9 - 11:30 a.m. and 4 - 7:30 p.m.

Sunday

1 - 3 p.m. and 4:30 - 6:30 p.m.

Everal Barn and Homestead • 60 N. Cleveland Ave.

\$15 per child includes toy & photo with Santa & Mrs. Claus

Ages 10 and under suggested

Register at www.westerville.org/registration

Residents: Monday, Nov. 4 at 12 p.m. **Open:** Tuesday, Nov. 5 at 10 a.m.

Limit of six tickets per household.

All participants must present a receipt to obtain entrance.

TICKETS REQUIRED for each child who would like a toy.

Adults do not need a ticket to attend. Limit of two adults per ticketed child.

Children must be accompanied by an adult.

HOLIDAY CRAFT AREA

Located at Everal Barn in the entrance to the Castle.

No need to have a ticket to Snowflake to attend this portion of the event.





Snowflake Castle Volunteers Needed

Help spread holiday cheer at the annual Snowflake Castle!

Santa is looking for helpers to volunteer for the following positions:

- Toy Builder
- Paint Helper
- Toy Wrapper
- Santa's Helper

Call (614) 901-6560 to volunteer.

Ages 16 and up unless with adult

Snowflake Castle is scheduled Dec. 1-9.

Everal Barn
60 N. Cleveland Ave.

Historic Hanby House

Holiday Open House

Tuesday, Dec. 3 and Thursday, Dec. 5 | 7 - 9 p.m.
Saturday, Dec. 7 | 10 a.m. - 2 p.m.
160 W. Main St.

Celebrate the holidays at Hanby House.

The house will be decorated for the holidays with an old-fashioned tree and soft candlelight in each room. There will be live music in the parlor and refreshments for you to enjoy while you tour the house with costumed guides. No reservations required. Donations appreciated.

For more information, please visit
www.westervillehistory.org/events.

Hanby House is owned by Ohio History Connection and Operated by the Westerville Historical Society

SELF DEFENSE

Class size is limited to 20 participants.
Register at www.westerville.org/selfdefense.
Ages 14 and up with adult • \$25 (refundable)

SATURDAY, DEC. 7

8 a.m. - 1 p.m.

Westerville Justice Center
229 Huber Village Blvd.

Snowflake & Flow

Saturday, Dec. 7 * 1:15 - 2 p.m.
Ages 6 and up * Activity #605290-01
\$15 per one adult and one child
Resident Rate \$10 per one adult and one child

Join us in Santa's workshop for a special holiday-themed yoga class for parents and children to enjoy together. We will explore gentle yoga poses, breathing exercises, and relaxation techniques that bring the joy and warmth of the holiday season.

Everal Barn
60 N. Cleveland Ave.



Holiday Hustle



Sunday, Dec. 8 • 11 a.m. - 12 p.m.

Activity #605236-01 • Ages 10 and up

**\$10 per one adult and one child
Resident Rate \$5 per one adult and one child**

This high-energy activity will whip you into shape for the busy holiday season. Build strength, agility and stamina through fun exercises that mimic the rigorous demands of toy production. You'll weave through the adventure fitness course simulating reindeer stables, climb candy cane ladders and lift weighted toy sacks. Rates include one adult and one child.

Westerville Community Center • 350 N. Cleveland Ave.

PAWS & CLAUS

Bring your pups to get their photo taken with Santa Paws! Appointments will be scheduled in 15-minute increments.

TUESDAY, DEC. 10 • \$10

SMALL DOGS

- 608201-01 6 p.m.
- 608201-02 6:15 p.m.
- 608201-03 6:30 p.m.
- 608201-04 6:45 p.m.

ALL DOGS

- 608201-05 7 p.m.
- 608201-06 7:15 p.m.
- 608201-07 7:30 p.m.
- 608201-08 7:45 p.m.

EVERAL BARN • 60 N. CLEVELAND AVE.



Evening at the NORTH POLE

Friday, Dec. 13 • 6 - 7:30 p.m.

Santa's elves will serve a fun meal while Santa shares stories from the North Pole. Holiday crafts and activities will get everyone in the spirit. Infants under age 1 are free. Registration is required for both the child and adult.

Activity #	608603-01	Ages 1-8	Dec. 9
Activity #	608603-02	Adult	Dec. 9

**\$15/Child • \$10/Adult
Infants Under 1 are Free**

Westerville Community Center
350 N. Cleveland Ave.



Holiday Spin and Cheer

Sunday, Dec. 15 • 11:30 a.m. - 12:30 p.m.

Activity #605227-01 • \$15 | Resident Rate \$10

Ages 14 and up

Pedal your way into the holiday spirit with this festive indoor cycling class. We will combine high-energy music with holiday classics to create an exhilarating and joyous atmosphere to keep you motivated and merry. Ride through a winter wonderland then enjoy a refreshing mocktail during cool-down to bring in the seasonal cheer.

Westerville
Community Center
350 N. Cleveland Ave.





Sensory Friendly Science with



Sunday, Dec. 15 • 12 - 1:30 p.m.

Ages 3 and up

Activity #615513-01 • \$10

Enjoy a mini Science Space show where you can experience and touch a real cloud along with other hands-on experiences. Then, relax and regroup in the Sensory Space. Registration required. One adult or one support staff member is free.

Westerville Community Center • 350 N. Cleveland Ave.

Noon-Lite Madness

**A PRESCHOOLERS
NEW YEAR'S EVE
CELEBRATION**

Friday, Dec. 27 • 11 a.m. - 12:15 p.m.

Celebrate New Years Eve preschool-style with crafts, finger-foods and music as we count down to celebrate the New Year. Registration is required.

Activity# 408604-01

\$10 • Ages 3-5

Westerville Community Center
350 N. Cleveland Ave.

TEEN NIGHT



Friday, Jan. 4 • Activity #103113-01

Friday, Feb. 7 • Activity #103113-02

5:30 - 7:30 p.m. • \$8 • Ages 11-14

Enjoy access to the gymnasium, climbing wall, indoor pool complex, eSport and adventure fitness areas. Pizza, snacks and drinks along with music and games will be provided.

REGISTRATION REQUIRED.

Westerville Community Center • 350 N. Cleveland Ave.



Saturday, Dec. 7 • 5:30 - 7:30 p.m.

Ages 11 - 16 • \$10

Registration deadline is Thursday, Dec. 5, 8 a.m.

Whether you're a seasoned pro or a budding gamer, this event is your opportunity to conquer the battlefield and showcase your Fortnite skills. Non-stop action and epic battles will be projected on the big screen while you enjoy a pizza dinner.

Westerville Community Center • 350 N. Cleveland Ave.

Westerville Bimonthly Calendar

OCT.

17-20	The Great Westerville Pumpkin Glow*	Heritage Park 60 N. Cleveland Ave.
18	Nature Nights 6-7:30 p.m.	Hoff Woods Park 556 McCorkle Blvd
19	Adaptive Cycling* 10 a.m. Register at matt@adaptivesportsconnection.org	310 W. Main St.
20	Holiday Kids Makers Market Deadline*	
23	Planning Commission Meeting 6:30 p.m.	Council Chambers
26	Adaptive Cycling* 10 a.m. Register at matt@adaptivesportsconnection.org	310 W. Main St.
26	Self Defense* 8 a.m.-1 p.m.	Westerville Justice Center 229 Huber Village Blvd.
27	Zombie Halloween Pool Party* 5:30-7 p.m.	WCC

NOV.

1	Teen Night* 5:30-7:30 p.m.	WCC
1	Wheelchair Basketball 6-8 p.m.	WCC
4	Snowflake Castle Resident Registration* 12 p.m.	
5	Snowflake Castle Open Registration* 10 a.m.	
5	City Council Meeting 7 p.m.	Council Chambers
6	Pancake Breakfast 7:30 - 10 a.m.	WCC
7	Senior Center Program 12 p.m.	WCC and online
	Pass Registration	
8	Online Resident Class Registration 12 p.m.	
7	Doggie Paddle 11 a.m. - 2 p.m.	HPAC 245 S. Spring Rd.
7	Uptown Review Board 6:30 p.m.	Council Chambers
9	In-Person Resident Class Registration 8 a.m.	WCC
10	Online Open Class Registration 12 p.m.	
10	Sensory Friendly Swim 5:30-7 p.m.	WCC
11	In-Person Open Class Registration 8 a.m.	WCC
11	Veterans Breakfast* 9 a.m.	Renaissance Westerville Hotel 409 Altair Pkwy.
14	Board of Zoning Appeals 6:30 p.m.	Council Chambers
15	Puzzlepalooza* 5:30-7 p.m.	WCC
19	City Council Meeting 7 p.m.	Council Chambers
21	Parks and Recreation Advisory Board 6:30 p.m.	WCC
23	Inclusive Career and Opportunity Fair 10 a.m. - 12 p.m.	WCC
24	Swim with Santa* 6-7:30 p.m.	WCC
25	Planning Commission Meeting 6:30 p.m.	Council Chambers

DEC.

1	Sensory Friendly Snowflake Castle* 1-4 p.m.	Everal Barn 60 N. Cleveland Ave."
1	Volunteer and Organization of the Year Nomination Deadline www.westerville.org/voyn	
2-9	Snowflake Castle*	Everal Barn 60 N. Cleveland Ave.
3	City Council Meeting 7 p.m.	Council Chambers
3	Hanby House Holiday Open House 7-9 p.m.	160 W. Main St.
6	Pancake Breakfast 7:30 - 10 a.m.	WCC
5	Uptown Review Board 6:30 p.m.	Council Chambers
6	Wheelchair Basketball 6-8 p.m.	WCC
6	Tree Lighting and Holiday Celebration 6:30 p.m.	Uptown Westerville
7	Self Defense* 8 a.m.-1 p.m.	Westerville Justice Center 229 Huber Village Blvd.
7	Snowflake and Flow* 1:15-2 p.m.	Everal Barn 60 N. Cleveland Ave.
7	Fortnite Winter Royale* 5:30-7:30 p.m.	WCC
8	Holiday Hustle* 11 a.m.-12 p.m.	WCC
10	Paws & Claus* 6-8 p.m.	Everal Barn 60 N. Cleveland Ave.
12	Board of Zoning Appeals 6:30 p.m.	Council Chambers
13	Special Fitness Registration - Online Resident 12 p.m.	
13	Evening at the North Pole* 6:30-7:30 p.m.	WCC
14	Special Fitness Registration In-Person Resident 8 a.m.	WCC
15	Holiday Spin and Cheer* 11:30 a.m. - 12:30 p.m.	WCC
15	Special Fitness Registration - Online Open 12 p.m.	
15	Sensory Friendly Science with COSI* 12-1:30 p.m.	WCC
16	Special Fitness Registration In-Person Open 8 a.m.	WCC
18	Planning Commission Meeting 6:30 p.m.	Council Chambers
27	Leaf Collection ends	Citywide
27	Noon-Lite Madness* 11 a.m. - 12:15 p.m.	WCC

WEEKLY

MONDAYS	Yard Waste Pickup	Citywide
TUESDAYS	Refuse and Recycling Pickup	Citywide
MON-FRI	DORA 4-10 p.m.	Uptown Westerville
SAT-SUN	DORA 11 a.m. - 10 p.m.	Uptown Westerville

* Registration or Ticket Purchase Required

The Westerville Senior Center offers a variety of activities and classes for pass holders age 55 and older to enjoy the benefits of improved health, increased independence and lasting friendships. Learn about the holiday Grinchmas lunch and more offerings in the Older Adult section beginning on page 57.





AQUATICS

ADULT FITNESS SWIM

INSTRUCTOR(S): Jeanne Smith

AGE(S): 16 and up

RATE: \$55 | **RESIDENT RATE:** \$45

Gain the benefit of an organized group practice while increasing your knowledge and skills with fitness swimming. This class has individual workouts ranging from 800-2500 yards. *Not for beginners.*

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
606309-01*	Nov. 19-Jan. 2	5:50-6:50 a.m.	Tue/Thu
606309-02*	Nov. 19-Jan. 2	8:15-9:15 a.m.	Tue/Thu

*NO CLASS: Nov. 28; Dec. 24, 26, 31

DEEP WATER AEROBICS

INSTRUCTOR(S): Jeanne Smith (Mon-Thu)
Leslie Warthman (Fri)

AGE(S): 16 and up

This high-intensity class for cardiovascular, strength and tone workouts uses the deep area of the lap pool. Participants do a complete workout for the purpose of flexibility, aerobic capacity and overall fitness.

RATE: \$75 | **RESIDENT RATE:** \$60

BEGINNER/INTERMEDIATE

Activity #	Date	Time	Day(s)
606308-01*	Nov. 18-Jan. 3	9:30-10:30a.m.	Mon/Wed/Fri

RATE: \$55 | **RESIDENT RATE:** \$45

Activity #	Date	Time	Day(s)
606308-02**	Nov. 19-Jan. 2	9:30-10:30a.m.	Tue/Thu

*NO CLASS: Nov. 27, 29; Dec. 23, 25, 27

**NO CLASS: Nov. 28; Dec. 24, 26, 31

WATER YOGA

INSTRUCTOR(S): Karen Dawson

AGE(S): 16 and up

RATE: \$55 | **RESIDENT RATE:** \$45

In the calming effect of water you will practice deep breathing techniques, increase your flexibility and balance and develop a stronger body core through yoga poses. Research shows that the deep breathing exercises and relaxation/meditation techniques used lowers blood pressure. Meets in the warm water pool.

BEGINNER

Activity #	Date	Time	Day(s)
606302-01*	Nov. 19-Jan. 2	12-12:45 p.m.	Tue/Thu

*NO CLASS: Nov. 28; Dec. 24, 26, 31

HYDRORIDER AQUABIKES

INSTRUCTOR(S): Tiffany Dupont

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

Use water resistance to get a great cardio workout in this high-intensity workout using water bikes. Water fitness shoes are required. *No swimming knowledge needed.*

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
606306-01*	Nov. 19-Jan. 2	7:15-8 a.m.	Tue/Thu

*NO CLASS: Nov. 28; Dec. 24, 26, 31

COMBO WATER WORKOUT

INSTRUCTOR(S): Paula Hamilton^
Debbie Leach^^

AGE(S): 16 and up

A shallow water, total body workout that combines weight resistance, aerobic activity and flexibility. Emphasizes aerobic activity and is great a cross-training routine.

RATE: \$75 | **RESIDENT RATE:** \$60

INTERMEDIATE

Activity #	Date	Time	Day(s)
606304-01^*	Nov. 18-Jan. 3	10-11a.m.	Mon/Wed/Fri

RATE: \$50 | **RESIDENT RATE:** \$40

INTERMEDIATE

Activity #	Date	Time	Day(s)
606304-02^^**	Nov. 19-Jan. 2	12-1p.m.	Tue/Thu

*NO CLASS: Nov. 27, 29; Dec. 23, 25, 27

**NO CLASS: Nov. 28; Dec. 24, 26, 31

AQUAFLEX

INSTRUCTOR(S): Leslie Warthman^
Debbie Leach^^

AGE(S): 16 and up

RATE: \$55 | **RESIDENT RATE:** \$45

This class focuses on balance, flexibility and joint movement while building muscle and is great for those with arthritis, fibromyalgia or other joint problems. Taught by a certified Arthritis Foundation instructor. Meets in the warm water pool.

INTERMEDIATE

Activity #	Date	Time	Day(s)
606301-01^*	Nov. 19-Jan. 2	9:45-10:45 a.m.	Tue/Thu

INTERMEDIATE

Activity #	Date	Time	Day(s)
606301-02^^**	Nov. 19-Jan. 2	10:45-11:45 a.m.	Tue/Thu

*NO CLASS: Nov. 28; Dec. 24, 26, 31



WATER TONING

INSTRUCTOR(S): Paula Hamilton

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

The class incorporates the use of upper/lower body muscles. The warm-up includes basic aerobic exercises followed by a moving river segment and ending with a toning segment using resistance equipment to add useful intensity. The cool-down segment stresses flexibility and relaxation.

INTERMEDIATE

Activity #	Date	Time	Day(s)
606303-01*	Nov.18-Jan.3	8:55-9:55 a.m.	Mon/Wed/Fri

***NO CLASS: Nov. 27, 29; Dec. 23, 25, 27**

WATERCIZE

INSTRUCTOR(S): Leslie Warthman

AGE(S): 16 and up

RATE: \$55 | **RESIDENT RATE:** \$45

An aerobic workout that includes toning and stretching. We will use buoyant and resistive equipment. Meets in the warm water pool.

INTERMEDIATE

Activity #	Date	Time	Day(s)
606300-01*	Nov.19-Jan.2	8:30-9:30 a.m.	Tue/Thu

***NO CLASS: Nov. 28; Dec. 24, 26, 31**

WATER FITNESS

INSTRUCTOR(S): Leslie Warthman

AGE(S): 16 and up

RATE: \$60 | **RESIDENT RATE:** \$50

Enjoy the benefits of aerobic conditioning with resistance training through the use of water. Class can be adjusted to all ages and abilities and be as challenging as you wish to make it!

INTERMEDIATE

Activity #	Date	Time	Day(s)
606305-01*	Nov.18-Dec.30	5:45-6:45 p.m.	Mon/Wed

***NO CLASS: Nov. 27; Dec. 23, 25**

SILVER SPLASH: AQUA, CARDIO & TONE

INSTRUCTOR(S): Debbie Leach

AGE(S): 65 and up with Silver Sneakers membership

FREE: (Silver Sneakers membership required)

This class is for the conditioned adult who has good balance and muscle function. Includes cardio exercises followed by muscle toning exercises, balance work and stretching.

ALL LEVELS

DR • P IN	Date	Time	Day(s)
	Nov. 18 - Jan. 3	11:05-11:55 a.m.	Mon/Wed/Fri
	Nov. 18 - Jan. 3	12-12:50 p.m.	Mon/Wed/Fri

***NO CLASS: Nov. 27, 29; Dec. 23, 25, 27**

AQUA FITNESS INSTRUCTORS NEEDED

Contact the Aquatics Manager
at (614) 901-6505.

SHALLOW WATER FITNESS

INSTRUCTOR(S): Karen Dawson

RATE: \$30 | **RESIDENT RATE:** \$20

AGE(S): 16 and up

Shallow water class is designed to work your entire body. Class includes cardiovascular training as well as strength, toning and flexibility segments. Splash your way into a new level of fitness.

INTERMEDIATE

Activity #	Date	Time	Day(s)
606307-01	Nov. 22-Jan. 3	7:55-8:55 a.m.	Fri

***NO CLASS: Nov. 29; Dec. 27**

DID YOU KNOW?

The Westerville Community Center works with instructors who provide one-on-one specialized instruction.

For additional information contact them directly.

SWIM LESSONS for INFANTS

Sarah Berlin

Infant Self Rescue Columbus LLC
sarah.berlin@infantswim.com

Britney Smith

Swim Safe Columbus LLC
britney.smith@infantswim.com

Dolly Funk

Scioto Infant Aquatics
dollyfunk@gmail.com

Jayne Lockhart

Infant Aquatics 614
swim@infantaquatics614.com

SWIM LESSONS

**ADAPTED SWIM LESSONS FOR
CHILDREN WITH DISABILITIES**

Lori Moore

Moore Aquatic Abilities
loriamoore96@gmail.com

Allie Rader

Adaptive Swim Columbus
adaptiveswimcolumbus@gmail.com





FITNESS & WELLNESS

20-20-20

INSTRUCTOR(S): Katie Stolte-Carroll
AGE(S): 14 and up
RATE: \$27 | **RESIDENT RATE:** \$22

This class includes 20 minutes of cardio, 20 minutes of strength and 20 minutes of core-conditioning. A variety of formats and styles including Tabata, HIIT, boot camp, kickboxing, bands, kettlebells, etc. will be implemented to keep class fun.

ALL LEVELS

Activity #	Date	Time	Day(s)
605250-01	Nov. 18-Dec. 16	5:30-6:30 p.m.	Mon

A.B.S.

(AGILITY, BALANCE, STRENGTH)

INSTRUCTOR(S): Linda Scovern
AGE(S): 14 and up
RATE: \$27 | **RESIDENT RATE:** \$22

Whether you are playing a sport or just want to improve your functional fitness, this class is for you. In addition to traditional strength exercises, drills for agility and balance will be included for quickness prevention of falls on or off the court. Core work included and a relaxing stretch to finish.

ALL LEVELS

Activity #	Date	Time	Day(s)
605230-01	Nov. 19-Dec. 17	9-10 a.m.	Tue

ALL WEIGHTS

INSTRUCTOR(S): Beth Henman
AGE(S): 14 and up
RATE: \$27 | **RESIDENT RATE:** \$22

This is a weight-training class that uses resistance tools to train specific muscles to improve muscular tone, strength and endurance. You will burn more fat while gaining lean muscle.

ALL LEVELS

Activity #	Date	Time	Day(s)
605228-01	Nov. 24-Dec. 22	10:15-11:15 a.m.	Sun

BODY FIT

INSTRUCTOR(S): Gena Richard
AGE(S): 14 and up
RATE: \$50 | **RESIDENT RATE:** \$40

Improve cardiorespiratory endurance and muscular strength with this interval class alternating a high/low impact cardio segment with a strength training segment, followed by stretching movements and core work set to upbeat music.

INTERMEDIATE

Activity #	Date	Time	Day(s)
605202-01	Nov. 19-Dec. 19	5:30-6:30 p.m.	Tue/Thu

*NO CLASS: Nov. 28

FIT & FABULOUS

INSTRUCTOR(S): Terri Hurtt
AGE(S): 14 and up
RATE: \$27 | **RESIDENT RATE:** \$22

Strength training is one of the best ways to get lean. Train your heart and muscles at the same time with a "high reps/low weight/no-rest" format. This fast-paced program is made for maximum muscular endurance and strength.

ALL LEVELS

Activity #	Date	Time	Day(s)
605240-01	Nov. 23-Dec. 21	9:30-10:30 a.m.	Sat

GLUTES & ABS

INSTRUCTOR(S): Beth Henman
AGE(S): 14 and up
RATE: \$16 | **RESIDENT RATE:** \$11

We will target the core and glutes to strengthen two areas of the body that will make a difference in your other workouts and your overall fitness. Come enjoy this intense workout and the music it's set to.

ALL LEVELS

Activity #	Date	Time	Day(s)
605234-01	Nov. 23-Dec. 21	10:15-10:45 a.m.	Sat

16↓ PARTICIPANTS UNDER THE AGE OF 16

Anyone under the age of 16 must have an adult enroll and accompany them to class.

CORE FUSION

INSTRUCTOR(S): Gena Richard
AGE(S): 14 and up
RATE: \$25 | **RESIDENT RATE:** \$20

This class fuses several moves to strength and tone the core. A great compliment to a regular strength training exercise program.

INTERMEDIATE

Activity #	Date	Time	Day(s)
605256-01*	Nov. 19-Dec. 19	4:50-5:20 p.m.	Tue/Thu

*NO CLASS: Nov. 28

LOW IMPACT AEROBICS

INSTRUCTOR(S): Ellen Blaha
AGE(S): 14 and up
RATE: \$27 | **RESIDENT RATE:** \$22

Have a high impact on your cardiovascular and muscular fitness in this class. Gain endurance, strength and flexibility with less stress on your joints. Moves to the music are easy to learn and adjust to high/low format. Hand-weight exercises for upper body, floorwork and stretching complete each workout.

BEGINNER

Activity #	Date	Time	Day(s)
605205-01	Nov. 23-Dec. 21	9:15-10:15 a.m.	Sat

SPECIAL REGISTRATION DATES SET FOR FITNESS AND WELLNESS CLASSES.

See page 6 for details.

Register for classes at www.westerville.org/registration.





LOW IMPACT BARRE

INSTRUCTOR(S): Nioria Gutierrez Bell
AGE(S): 14 and up

RATE: \$27 | **RESIDENT RATE:** \$22

This class will combine low-impact exercises and your own body weight for resistance. We will focus on small, deliberate movements for specific groups of muscles that aren't typically used in other workouts. This class will improve your balance, strength, flexibility and stability while breaking a sweat. *Participants must wear barre socks or be barefooted.*

ALL LEVELS

Activity #	Date	Time	Day(s)
605257-01	Nov. 19-Dec. 17	7:30-8:30 p.m.	Tue

GREAT SHAPES/LOW IMPACT

INSTRUCTOR(S): Ellen Blaha
AGE(S): 14 and up

RATE: \$50 | **RESIDENT RATE:** \$40

Join this super-supportive class to add steps to the day and improve cardiovascular fitness, strength and flexibility. Move to the music with easy to learn steps that can be adjusted for high/low format. Hand-weight exercises for upper body, floorwork and stretching complete each workout.

ALL LEVELS

Activity #	Date	Time	Day(s)
605203-01*	Nov. 19-Dec. 19	6:30-7:45 p.m.	Tue/Thu
605203-02	Nov. 18-Dec. 18	1:15-2:15 p.m.	Mon/Wed

*NO CLASS: Nov. 28

KETTLEBELL STRENGTH

INSTRUCTOR(S): Beth Henman
AGE(S): 14 and up

RATE: \$16 | **RESIDENT RATE:** \$11

This full-body workout emphasizes core, stamina and overall conditioning. Whether you're new or experienced with kettlebells you'll be amazed at what they bring to your strength training practice.

ALL LEVELS

Activity #	Date	Time	Day(s)
605208-01*	Nov. 23-Dec. 21	9:30-10 a.m.	Sat

HIP-HOP CARDIO

INSTRUCTOR(S): Marietta Weaver
AGE(S): 14 and up

RATE: \$22 | **RESIDENT RATE:** \$17

This energetic, low/high intensity class will get your heart pumping while you express your inner rhythm. Get ready for a full body workout, simple to follow choreography and fresh dance combos.

ALL LEVELS

Activity #	Date	Time	Day(s)
605221-01	Nov. 20-Dec. 18	6:35-7:35 p.m.	Wed

*NO CLASS: Nov. 27

LaBLAST® DANCE FITNESS

INSTRUCTOR(S): Katy Tombaugh ^
 Rachel Chilton ^^

AGE(S): 14 and up

A life-changing dance fitness program that inspires the mind and transforms the body while teaching the true skill of dance. Inspired by "Dancing with the Stars," this energizing class blends ballroom dancing with calorie-blasting interval training.

RATE: \$22 | **RESIDENT RATE:** \$17

ALL LEVELS

Activity #	Date	Time	Day(s)
605210-01^	Nov. 18-Dec. 16	5:15-6 p.m.	Mon

RATE: \$20 | **RESIDENT RATE:** \$15

ALL LEVELS

Activity #	Date	Time	Day(s)
605210-02^^	Nov. 20-Dec. 18	5:15-6 p.m.	Wed

*NO CLASS: Nov. 27

LOW IMPACT INTERVALS

INSTRUCTOR(S): Trish Redd
AGE(S): 14 and up

Join us for a class that offers a total body workout with a fun mixture of great and motivating music that includes cardio, strength training and stretching. Choreography is created so you can keep your workout level low, medium or high.

RATE: \$27 | **RESIDENT RATE:** \$22

ALL LEVELS

Activity #	Date	Time	Day(s)
605201-01	Nov. 18-Dec. 16	8-9 a.m.	Mon
605201-02	Nov. 20-Dec. 18	8-9 a.m.	Wed

RATE: \$22 | **RESIDENT RATE:** \$17

ALL LEVELS

Activity #	Date	Time	Day(s)
605201-03*	Nov. 22-Dec. 20	8-9 a.m.	Fri

*NO CLASS: Nov. 29

LET'S DANCE

INSTRUCTOR(S): Linda Scovern
AGE(S): 14 and up

RATE: \$27 | **RESIDENT RATE:** \$22

This cardio class includes Zumba, hip-hop and LaBlast Dance Fitness songs for a fun and varied workout. Modifications for all steps/moves are provided. A stretch and cool down is included at the end.

ALL LEVELS

Activity #	Date	Time	Day(s)
605204-01*	Nov. 20-Dec. 18	9:15-10:15 a.m.	Wed

LIFT & HIIT

INSTRUCTOR(S): Beth Henman
AGE(S): 14 and up

RATE: \$22 | **RESIDENT RATE:** \$17

This strength class will take your fitness to the next level using weights, kettlebells, steps and discs for a muscle-building, metabolism-boosting, core-rocking workout that changes each week. You will tone and strengthen all large muscle groups plus work in cardio with modifications given for all fitness levels.

ALL LEVELS

Activity #	Date	Time	Day(s)
605235-01*	Nov. 20-Dec. 18	7-8 p.m.	Wed

*NO CLASS: Nov. 27

TIME "CRUNCH" TONER

INSTRUCTOR(S): Trish Redd
AGE(S): 14 and up

RATE: \$22 | **RESIDENT RATE:** \$17

Don't wait until after work when you can get your desired results in the middle of your workday. This workout focuses on complete body and core conditioning.

ALL LEVELS

Activity #	Date	Time	Day(s)
605251-01	Nov. 20-Dec. 18	11:45 a.m.-12:30 p.m.	Wed

POUND

INSTRUCTOR(S): Karma Whitford
AGE(S): 14 and up

RATE: \$22 | **RESIDENT RATE:** \$17

This class is a full-body, cardio-jam session inspired by the infectious, energizing and sweat-dripping fun of playing the drums.

ALL LEVELS

Activity #	Date	Time	Day(s)
605293-01*	Nov. 22-Dec. 20	5:30-6:30 p.m.	Fri

*NO CLASS: Nov. 29

MUSCLES IN MOTION

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

This is a weight-training class that uses resistance tools to train specific muscles in order to improve muscular tone, strength and endurance. You will burn more fat while gaining lean muscle.

RATE: \$22 | **RESIDENT RATE:** \$17

ALL LEVELS

Activity #	Date	Time	Day(s)
605207-01	Nov. 18-Dec. 16	12:15 -1 p.m.	Mon
605207-03*	Nov. 21-Dec. 19	7:45 -8:45 p.m.	Thu

RATE: \$35 | **RESIDENT RATE:** \$25

ALL LEVELS

Activity #	Date	Time	Day(s)
605207-02	Nov. 19-Dec. 17	7:45 -8:45 p.m.	Tue
605207-04*	Nov. 22-Dec. 20	10:30 -11:30 a.m.	Fri

*NO CLASS: Nov. 28, 29

TOTAL BODY STRENGTH

INSTRUCTOR(S): Linda Amici

AGE(S): 14 and up

RATE: \$22 | **RESIDENT RATE:** \$17

Designed to build strength, endurance and muscle mass to increase metabolism. Experienced and new participants alike will benefit from weight-bearing exercises, core training and stretching for a complete workout. *Weights and mats are provided, but participants must bring water.*

ALL LEVELS

Activity #	Date	Time	Day(s)
605224-01*	Nov. 20-Dec. 18	5:30 -6:30 p.m.	Wed

*NO CLASS: Nov. 27

TOTAL BODY BOOTCAMP

INSTRUCTOR(S): Karma Whitford

AGE(S): 14 and up

RATE: \$27 | **RESIDENT RATE:** \$22

Class will feature functional training exercises and high intensity training work to get you feeling refreshed and energized for the rest of your day.

ALL LEVELS

Activity #	Date	Time	Day(s)
605295-01*	Nov. 18-Dec. 16	6-7 a.m.	Mon
605295-02*	Nov. 20-Dec. 18	6-7 a.m.	Wed

WILD CARD WEDNESDAY

INSTRUCTOR(S): Katie Stolte-Carroll

AGE(S): 14 and up

RATE: \$25 | **RESIDENT RATE:** \$20

This dynamic, high-energy session is designed to keep you on your toes with different formats, each week. The class will be a surprise, featuring a mix of strength training, kickboxing, cardio, dance and flexibility to keep your body guessing and mind engaged.

ALL LEVELS

Activity #	Date	Time	Day(s)
605209-01	Nov. 20-Dec. 18	5:30-6:30	Wed

ZUMBA

INSTRUCTOR(S): Miranda Bartholomew

AGE(S): 14 and up

Burn calories dancing to rhythms and fusions from all over the world! The playlist allows for high-intensity cardio and low-impact, as well. ZUMBA shoes are encouraged or sneakers with the low tread/resistance to minimize knee discomfort.

RATE: \$27 | **RESIDENT RATE:** \$22

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
605296-01	Nov. 18-Dec. 16	6:15-7:15 a.m.	Mon
605296-02	Nov. 20-Dec. 18	6:15-7:15 a.m.	Wed

RATE: \$22 | **RESIDENT RATE:** \$17

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
605296-03	Nov. 22-Dec. 20	6:15-7:15 a.m.	Fri

HIP-HOP STRENGTH

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$27 | **RESIDENT RATE:** \$22

A great weights class choreographed to your favorite hip hop and pop music. We will push your muscles as we blast the beats. Be ready to sweat.

ALL LEVELS

Activity #	Date	Time	Day(s)
605292-01	Nov. 18-Dec. 16	6:45-7:45 p.m.	Mon

CYCLE AND CORE

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

RATE: \$56 | **RESIDENT RATE:** \$46

A fun, heart-pumping workout to great music! The last 15 minutes will be spent doing core. This class is perfect for everyone since you control the resistance and pedal speed, creating just the right intensity for you!

ALL LEVELS

Activity #	Date	Time	Day(s)
605223-01*	Nov. 19-Dec. 17	9:30-10:30 a.m.	Tue
605223-02**	Nov. 23-Dec. 21	8:30 -9:30 a.m.	Sat

GENTLE CYCLING

INSTRUCTOR(S): Terrie Stolte

AGE(S): 14 and up

RATE: \$47 | **RESIDENT RATE:** \$37

This class is designed for those looking to stay active and healthy with a low-impact feel. Join us in a fun and supportive environment, promoting cardiovascular fitness, joint mobility and overall well-being. With adjustable resistance levels and personalized guidance, you'll enjoy every pedal.

INTERMEDIATE

Activity #	Date	Time	Day(s)
605252-01	Nov. 21-Dec. 19	8-9 a.m.	Thu

*NO CLASS: Nov. 28

SUNRISE CYCLE

INSTRUCTOR(S): Ashley Wechter (Mon/Fri)^

Terrie Stolte (Wed)^

AGE(S): 14 and up

Get a jump-start with intervals, rolling hills, sprints, climbs and jumps to energizing music. This class will leave you feeling invigorated and ready to start your day.

RATE: \$56 | **RESIDENT RATE:** \$46

INTERMEDIATE

Activity #	Date	Time	Day(s)
605211-01^*	Nov. 18-Dec. 16	6-7 a.m.	Mon
605211-02^^*	Nov. 20-Dec. 18	6-7 a.m.	Wed

RATE: \$47 | **RESIDENT RATE:** \$37

INTERMEDIATE

Activity #	Date	Time	Day(s)
605211-03^*	Nov. 22-Dec. 20	6-7 a.m.	Fri

*NO CLASS: Nov. 29

**SPECIAL REGISTRATION DATES SET
FOR FITNESS AND WELLNESS CLASSES.**

See page 6 for details.



FULL BODY STRENGTH

INSTRUCTOR(S): Ann Rochon

AGE(S): 14 and up

This full-body workout will incorporate weights, bands, kettlebells and high-intensity interval training. This efficient workout will help you see improvements in your muscle tone, posture, balance and strength.

RATE: \$27 | **RESIDENT RATE:** \$22

ALL LEVELS

Activity #	Date	Time	Day(s)
605213-01*	Nov. 19-Dec. 17	4-5 p.m.	Tue

RATE: \$22 | **RESIDENT RATE:** \$17

ALL LEVELS

Activity #	Date	Time	Day(s)
605213-02	Nov. 21-Dec. 19	4-5 p.m.	Tue

*NO CLASS: Nov. 28

STRETCH & STRENGTHEN

INSTRUCTOR(S): Rachel Chilton

AGE(S): 14 and up

RATE: \$22 | **RESIDENT RATE:** \$17

Learn movements designed to increase your range of motion, improve strength and relieve pain in the body. Areas of focus will include shoulders, back, hips, ankles and more.

ALL LEVELS

Activity #	Date	Time	Day(s)
605214-01*	Nov. 19-Dec. 17	5:15-6 p.m.	Tue

CIRCUIT STRENGTH

INSTRUCTOR(S): Karma Whitford

AGE(S): 14 and up

RATE: \$16 | **RESIDENT RATE:** \$11

Break up the work day with this circuit-based class that is designed for participants of all fitness levels and will challenge all major muscle groups using traditional strength training exercises and a variety of equipment. This whole-body workout will incorporate bodyweight and resistance training exercises that will leave you ready to take on the rest of your day.

ALL LEVELS

Activity #	Date	Time	Day(s)
605284-02*	Nov. 22-Dec. 20	12-12:30 p.m.	Fri

*NO CLASS: Nov. 29

KICKBOXING CARDIO & CORE

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$22 | **RESIDENT RATE:** \$17

This class combines the power of kickboxing with targeted core exercises. Ignite your metabolism and boost endurance as you unleash powerful strikes, kicks and punches while sculpting and strengthening your core muscles. This dynamic session is designed to elevate your heart rate, improve agility and tone your abs offering a fun and challenging way to achieve your fitness goals.

INTERMEDIATE

Activity #	Date	Time	Day(s)
605222-01*	Nov. 19-Dec. 17	6:45-7:30 p.m.	Tue

STEP & SCULPT

INSTRUCTOR(S): Terri Hurtt

AGE(S): 14-75

RATE: \$50 | **RESIDENT RATE:** \$40

A high-intensity step workout using basic step patterns to strengthen the cardiovascular system while having fun. Using weights, bands and/or bars, this class will sculpt and tone from head to toe. *General step proficiency is recommended.*

INTERMEDIATE

Activity #	Date	Time	Day(s)
605206-01*	Nov. 19-Dec. 19	6:35-7:35 p.m.	Tue/Thu

POWER PILATES

INSTRUCTOR(S): Katy Tombaugh

AGE(S): 14 and up

RATE: \$47 | **RESIDENT RATE:** \$37

Enjoy this low-impact format combining essential Mat Pilates exercises (done with creative modifications/variations) and traditional fitness intervals with a slightly quicker pace. A blend of floorwork, standing drills, balance challenges (and more) allows for a variety of skills to be developed.

INTERMEDIATE

Activity #	Date	Time	Day(s)
605284-02	Nov. 20-Dec. 18	5:30-6:30 p.m.	Wed

STRENGTH & MORE

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

RATE: \$27 | **RESIDENT RATE:** \$22

Tone up and sculpt a strong, lean, fit body. Research suggests that lifting weights can reduce your risk of osteoporosis and increase your metabolic rate. If you've never lifted weights before, or simply want to build on your established routine, you'll find this class motivating and helpful.

ALL LEVELS

Activity #	Date	Time	Day(s)
605233-01*	Nov. 18-Dec. 16	10:30-11:30 a.m.	Mon
605233-02*	Nov. 20-Dec. 18	10:30-11:30 a.m.	Wed

SOCIAL DANCING 101

INSTRUCTOR(S): Katy Tombaugh

AGE(S): 14 and up

RATE: \$18 | **RESIDENT RATE:** \$13

This beginner class teaches common social dances like the jitterbug, swing, hustle, rumba and waltz. It is ideal for those looking to get out on the dance floor in social settings. For fun, we'll include some line dances as well. Couples and singles are welcome.

INTERMEDIATE

Activity #	Date	Time	Day(s)
605265-01	Nov. 20-Dec. 18	6:45-7:30 p.m.	Wed

16↓ PARTICIPANTS UNDER THE AGE OF 16

Anyone under the age of 16 must have an adult enroll and accompany them to class.

BELLY DANCING

INSTRUCTOR(S): Zahra Zuhair

AGE(S): 14 and up

RATE: \$27 | **RESIDENT RATE:** \$22

Belly dancing is a low impact, total body workout for women and men of any age or fitness level. This class will include lots of drills and combinations to work your entire body. Traditionally practiced barefoot or with a soft dance shoe. *Bring a Hip Scarf or a simple shawl to tie around the hips, water and a towel.*

BEGINNER

Activity #	Date	Time	Day(s)
605226-01*	Nov. 18-Dec. 16	6-7 p.m.	Mon

LEVEL II

Activity #	Date	Time	Day(s)
605226-02*	Nov. 18-Dec. 16	7:05-8:05 p.m.	Mon

MELLOW MONDAY

INSTRUCTOR(S): Cole Herman

AGE(S): 14 and up

RATE: \$56 | **RESIDENT RATE:** \$46

Perfect for beginners or those wanting to take it slow in a fun and supportive environment. We focus on connecting the body with the breath to reduce stress and anxiety while increasing flexibility, mobility, strength and balance. *Participants must be able to get up and down from the floor. Please bring a mat, two blocks and a yoga strap.*

ALL LEVELS

Activity #	Date	Time	Day(s)
605238-01*	Nov. 18-Dec. 16	6:30-7:30 p.m.	Mon



FREE PASSHOLDER CLASSES

VINYASA YOGA

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

PASS HOLDER: FREE

In this class you will link several poses together to create strength, flexibility, endurance and balance working all parts of the body. Leave feeling refreshed, elongated and strong. *Please bring a yoga mat.*

RATE: \$56 | **RESIDENT RATE:** \$46

ALL LEVELS			
Activity #	Date	Time	Day(s)
605237-01	Nov. 19-Dec. 17	10:30-11:30 a.m.	Tue

RATE: \$47 | **RESIDENT RATE:** \$37

ALL LEVELS			
Activity #	Date	Time	Day(s)
605237-02	Nov. 21-Dec. 19	10:30-11:30 a.m.	Thu

*NO CLASS: Nov. 28

CYCLE FUSION

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

PASS HOLDER: FREE

Participants will enjoy a combination of indoor cycling, yoga, weights, Pilates or resistance work set to all genres of music as they're entertained on the big screen. You never know what you are going to get.

RATE: \$56 | **RESIDENT RATE:** \$46

INTERMEDIATE / ADVANCED			
Activity #	Date	Time	Day(s)
605297-01*	Nov. 18-Dec. 16	9:15-10:15 a.m.	Mon

RATE: \$47 | **RESIDENT RATE:** \$37

INTERMEDIATE / ADVANCED			
Activity #	Date	Time	Day(s)
605297-02*	Nov. 20-Dec. 18	9:15-10:15 a.m.	Wed
605297-03*	Nov. 22-Dec. 20	9:15-10:15 a.m.	Fri

*NO CLASS: Nov. 29

RISE & TABATA

INSTRUCTOR(S): Karma Whitford

AGE(S): 14 and up

RATE: \$27 | **RESIDENT RATE:** \$22

PASS HOLDER: FREE

Experience the intensity of Tabata: a fast-paced, high-intensity workout that utilizes a 2:1 work to rest ratio with a class concentration on cardio, strength and core, offering a full-body workout that's efficient and effective. Perfect for those on a tight schedule.

ALL LEVELS			
Activity #	Date	Time	Day(s)
605212-01*	Nov. 23-Dec. 21	8:15-9:15 a.m.	Sat

STRICTLY CORE

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

PASS HOLDER: FREE

With the use of stability balls, Bosu, physio balls, and other various props including your own body weight, you will have the opportunity to improve your posture, make everyday activities easier, help prevent injury, increase stability and balance, alleviate back pain and improve overall strength.

RATE: \$16 | **RESIDENT RATE:** \$11

INTERMEDIATE / ADVANCED			
Activity #	Date	Time	Day(s)
605225-01*	Nov. 18-Dec. 16	11:45 a.m.-12:15 p.m.	Mon
605225-02*	Nov. 20-Dec. 18	11:45 a.m.-12:15 p.m.	Wed

RATE: \$13 | **RESIDENT RATE:** \$8

INTERMEDIATE / ADVANCED			
Activity #	Date	Time	Day(s)
605225-03*	Nov. 22-Dec. 20	10:30-11 a.m.	Fri

*NO CLASS: Nov. 29

POWER YOGA

INSTRUCTOR(S): Kate Manteniek

AGE(S): 14 and up

RATE: \$50 | **RESIDENT RATE:** \$40

Class starts with gentle stretching and builds energy with sun salutations linking one breath per movement. Explore balancing poses and hold traditional peak poses. Class ends with core work, stretching and savasana. Leave feeling energized, vibrant and peaceful.

ALL LEVELS			
Activity #	Date	Time	Day(s)
605215-01	Nov. 20-Dec. 18	6-6:50 a.m.	Wed

PRENATAL YOGA

INSTRUCTOR(S): Katy Tombaugh

AGE(S): 14 and up

RATE: \$56 | **RESIDENT RATE:** \$46

You will be lead through safe, gentle exercises for flexibility and strength and practice powerful breathing and relaxation techniques, positioning and comfort measures. No yoga experience required. *Please bring a yoga mat.*

ALL LEVELS			
Activity #	Date	Time	Day(s)
605260-01	Nov. 18-Dec. 16	6:15-7:15 p.m.	Mon

GUIDED YOGA

INSTRUCTOR(S): Lucilene Ayers

AGE(S): 14 and up

RATE: \$56 | **RESIDENT RATE:** \$46

This class emphasizes the sequential movement between postures coordinated with a guided breath. The practice becomes a moving meditation that creates strength and freedom in the body and mind.

ALL LEVELS			
Activity #	Date	Time	Day(s)
605298-01*	Nov. 19-Dec. 17	6-7 a.m.	Tue

*NO CLASS: Nov. 29

YOGA FOR HEALTH

INSTRUCTOR(S): Gwen Surratt

AGE(S): 14 and up

RATE: \$47 | **RESIDENT RATE:** \$37

Learn standing, balancing, sun salutations, seated and reclining poses, breath (Pranayama) practice and meditations. Must be able to get to and from the floor. Appropriate for beginners and anyone who wants to refresh their yoga practice. *Please bring two blocks, a yoga strap and a mat.*

ALL LEVELS			
Activity #	Date	Time	Day(s)
605220-01*	Nov. 21-Dec. 19	6:15-7:15 p.m.	Thu

*NO CLASS: Nov. 28

SPECIAL REGISTRATION DATES SET FOR FITNESS AND WELLNESS CLASSES.

See page 6 for details.



SPORTS

CLIMBING WALL

INSTRUCTOR: Recreation Staff

RATE: \$65 | **RESIDENT RATE:** \$50

Learn the basics of indoor rock climbing from experienced staff through fun climbing games and skill test challenges. Class emphasis will be on safety, techniques and practical skills; including bouldering and beginning belay training. *Participants must wear closed-toe, rubber-soled shoes, all other equipment is provided.*

LIL' CLIMBERS AGE(S): 5-7

Activity #	Date	Time	Day(s)
609101-01	Nov. 19-Dec. 17	5:30-6:30 p.m.	Tue

CLIMBING KIDS AGE(S): 8-12

Activity #	Date	Time	Day(s)
609101-02	Nov. 19-Dec. 17	6:45-7:45 p.m.	Tue



DROP-IN SPORTS

Join us for laidback, inclusive recreational sports, which are perfect for those who prefer a non-competitive experience.

\$8 | Resident Rate \$5

18+ Futsal
Mondays from 6-8 p.m.

21+ Basketball
Wednesdays from 6-8 p.m.

30+ Basketball
Thursdays from 6-8 p.m.

Westerville Community Center Gymnasium
350 N. Cleveland Ave.

HIGH SCHOOL BASKETBALL LEAGUE

INSTRUCTOR(S): Recreation Staff

AGE(S): 14 and up

RATE: \$135 | **RESIDENT RATE:** \$110

Leagues will be grouped by grade level. Players must play within their grade levels. A team consists of 5-10 players. No spots are held on a team for those who are not registered and paid in full. Team members unpaid, will not be placed on roster. Remaining roster spots may be filled with individuals looking to play in the league. A group of four or less will not be considered a team, and will be considered as individuals. All teams will be required to have a parent/coach over the age of 21 sitting on the bench during each game. Team rosters can be emailed to sports.westerville.org.

FRESHMAN/SOPHOMORE AGE(S): 14-18

Activity #	Date	Time	Day(s)
506100-01	Jan. 13-March 10	6-9 p.m.	Mon

JUNIOR/SENIOR AGE(S): 15-19

Activity #	Date	Time	Day(s)
506100-02	Jan. 13-March 10	6-9 p.m.	Mon/Thu

PEE WEE BASKETBALL

INSTRUCTOR: Recreation Staff

AGE(S): 7-9

RATE: \$100 | **RESIDENT RATE:** \$85

This instructional, non-competitive basketball program is a perfect beginning for those interested in playing basketball in grades 2 and 3. Practices are held prior to games and games are played on lowered rims with youth sized basketballs. All players must complete an online skills evaluation that will be sent to registered players in November. Additional information will be available after registration. Volunteer coaches are needed. If interested in assisting, email sports@westerville.org.

Activity #	Date	Time	Day(s)
506101-01	Jan. 11-Feb. 8, 2025	8-11 a.m.	Sat.

BASKETBALL SKILL DEVELOPMENT

INSTRUCTOR: Devin Mills

AGE(S): 8-12

RATE: \$90 | **RESIDENT RATE:** \$75

Open to all skill levels. Players will go through drills and game actions to improve their skills and confidence then advance their shooting and ball handling by focusing on footwork, balance and shot mechanics. Each week, players will get reps through individual development and team play.

Activity #	Dates	Time	Day(s)
606106-01	Nov. 10-Nov. 24	11 a.m. - 12 p.m.	Sun

GET READY FOR SUMMER 2025 WITH NEW CAMP REGISTRATION INFORMATION.

See page 32 for details.



YOUTH VOLLEYBALL DEVELOPMENTAL LEAGUE

INSTRUCTOR: Excel Volleyball **NEW**
RATE: \$100 | **RESIDENT RATE:** \$90
This program is designed to develop the basic skills of volleyball (passing, setting, serving, blocking and hitting) and gameplay. All sessions will include practice and a game. Every participant will receive a team t-shirt. *Registration is now open.*

JUNIOR AGE(S): 7-10

Activity #	Date	Time	Day(s)
606164-01	Nov. 6-Dec. 11	6:30-7:30 p.m.	Wed

ADULT AGE(S): 11-14

Activity #	Date	Time	Day(s)
606164-02	Nov. 6-Dec. 11	7:40-8:40 p.m.	Wed

ADULT MIXED VOLLEYBALL LEAGUES

INSTRUCTOR: Recreation Staff
AGE(S): 18 and up
RATE: \$305 | **RESIDENT RATE:** \$285
If you're looking for a fun night with friends or a competitive game with a power-like league, this league is just for you. Leagues fill quickly so don't wait!

COMPETITIVE

Activity #	Date	Time	Day(s)
106802-01	Jan. 14-March 11	6-9 p.m.	Tue

RECREATIONAL

Activity #	Date	Time	Day(s)
106802-02	Jan. 15-March 12	6-9 p.m.	Wed

NHL STREET YOUTH HOCKEY

INSTRUCTOR: Recreation Staff
RATE: \$30 | **RESIDENT RATE:** \$25
Participants will develop teamwork, fitness and hockey skills while enjoying the thrill of the game in a fun, safe environment. Practices will take place before games. An NHL Street jersey purchase (\$25) is required for first-time participants. Equipment rental is available or participants may use their own, if preferred. For rental information or to volunteer, email sports@westerville.org. *Designed for all levels.*

AGE(S): 6-9 ACS

Activity #	Date	Time	Day(s)
606102-01	Jan. 14-Feb. 25	6-7:15 p.m.	Tue

AGE(S): 10-13 ACS

Activity #	Date	Time	Day(s)
606102-02	Jan. 14-Feb. 25	7:30-8:45 p.m.	Tue

WINTER ROYALE: FORTNITE SHOWDOWN

INSTRUCTOR: Recreation Staff
AGE(S): 11-16
RATE: \$10 | **RESIDENT RATE:** \$10
Join us for non-stop action, incredible battles and epic prizes. Whether you are a pro or a newbie, this tournament is your chance to dominate the battlefield. Secure your spot now and show the world your Fortnite skills! Pizza and beverages will be served while we stream the action on the big screens at the Community Center. *Registration deadline is Dec. 5 at 8 a.m.*

Activity # Dates Time Day(s)

606100-01	Dec. 7	6-9 p.m.	Sat
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GOLF LESSONS

INSTRUCTOR: Gary Bower
Each lesson will cover grip, stance, golf ball position and common issues experienced by golfers such as slicing, topping and hooking the ball and correcting these shots. Plastic teaching golf balls will be provided in each class. Students are required to bring their own golf clubs. The sessions are taught by a director of golf/teaching professional.

RATE: \$35 | **RESIDENT RATE:** \$20

JUNIOR AGE(S): 8-17

Activity #	Date	Time	Day(s)
606201-01*	Nov. 13-Dec. 11	6-6:45 p.m.	Wed

RATE: \$75 | **RESIDENT RATE:** \$60

ADULT AGE(S): 18 and up

Activity #	Date	Time	Day(s)
606201-02*	Nov. 13-Dec. 11	7-7:45 p.m.	Wed

***NO CLASS: Nov. 27**

ACS - Alum Creek Park South 535 Park Meadow Rd.



PICKLEBALL CLINIC

INSTRUCTOR: Andi Biernacki-Sweet^
Jack Brown^^

AGE(S): 18 and up

Learn basic knowledge and techniques of the game to make sure you are ready to play. Clinics are highly recommended for first-time players to ensure they understand the game before taking the court to compete against others.

RATE: \$30 | **RESIDENT RATE:** \$20

BEGINNER				WCC
Activity #	Date	Time	Day(s)	
606211-02^	Nov. 21	5-7 p.m.	Thu	
606211-03^	Dec. 11	5-7 p.m.	Wed	
606211-01^	Nov. 13	3:15-5:15 p.m.	Wed	

RATE: \$35 | **RESIDENT RATE:** \$25

INTERMEDIATE				WCC
Activity #	Date	Time	Day(s)	
606211-04^^	Nov. 29-Dec. 6	1-3 p.m.	Fri	
606211-05^^	Nov. 29-Dec. 6	3:15-5:15 p.m.	Fri	
606211-06^^	Dec. 13-Dec. 20	3:15-5:15 p.m.	Fri	

RATE: \$35 | **RESIDENT RATE:** \$25

INTERMEDIATE				WCC
Activity #	Date	Time	Day(s)	
606115-01^	Nov. 11	4-6 p.m.	Mon	
606115-02^	Dec. 19	5-7 p.m.	Thu	

RATE: \$40 | **RESIDENT RATE:** \$30

INTERMEDIATE				WCC
Activity #	Dates	Time	Day(s)	
606115-03^^	Nov. 16-Nov. 23	12:30-2:30 p.m.	Sat	
606115-04^^	Dec. 21-Dec. 28	12:30-2:30 p.m.	Sat	

WINTER PICKLEBALL

INSTRUCTOR: Recreation Staff

AGE(S): 15 and up

RATE: \$50 | **RESIDENT RATE:** \$35

In this open-play offering, pickleball players will increase skills, strategy and consistency while playing with a variety of partners and competitors. Please be sure to register for your proper skill level.

COMPETITIVE-ADVANCED			
Activity #	Date	Time	Day(s)
606112-01*	Dec. 2-Jan. 29	1-3 p.m.	Mon/Wed
606112-02*	Dec. 3-Jan. 30	7-9 a.m.	Tue/Thu

INTERMEDIATE			
Activity #	Date	Time	Day(s)
606112-03*	Dec. 2-Jan. 29	7-9 a.m.	Mon/Wed

INTERMEDIATE			
Activity #	Date	Time	Day(s)
606112-04*	Dec. 2-Jan. 29	11 a.m.-1 p.m.	Mon/Wed
606112-05*	Dec. 3-Jan. 30	9-11 a.m.	Tue/Thu
606112-06*	Dec. 3-Jan. 30	1-3 p.m.	Tue/Thu

NON COMPETITIVE			
Activity #	Date	Time	Day(s)
606112-07*	Dec. 2-Jan. 29	9-11 a.m.	Mon/Wed
606112-08*	Dec. 3-Jan. 30	11 a.m.-1 p.m.	Tue/Thu

***NO CLASS: Dec. 23-Jan. 3**

PICKLEBALL PLAY & LEARN

INSTRUCTOR: Andi Biernacki-Sweet

AGE(S): 18 and up

If you are new to the game, join us as we take part in play with those who are also starting their pickleball journey. Instructors will be on-site to help with questions and offer advice. This drop-in session is designed for players who have recently completed the Parks and Recreation Beginner Pickleball Clinic.

RATE: \$15 | **RESIDENT RATE:** \$10

BEGINNER				WCC
Activity #	Date	Time	Day(s)	
606216-01	Dec. 4	5-7 p.m.	Wed	
606216-02	Dec. 16	5-7 p.m.	Mon	

This program is designed for those who are interested in improving their skills. You will be guided on on techniques and approach during play to help take your game to the next level.

RATE: \$80 | **RESIDENT RATE:** \$65

BEGINNER - 6 WEEKS				WCC
Activity #	Date	Time	Day(s)	
606216-03	Nov. 8-Dec. 20	12:30-2:30 p.m.	Fri	

PICKLEBALL DROP-IN

INSTRUCTOR: Recreation Staff

AGE(S): 18 and up

RATE: \$8 | **RESIDENT RATE:** \$5

Open play. All skill levels welcome. Nine courts available for play. Register to secure your spot!

Activity #	Dates	Time	Day(s)
606210-01	Nov. 17-Jan. 12	2:30-5:30 p.m.	Sun



INTERMEDIATE PICKLEBALL PLAY & LEARN

INSTRUCTOR: Andi Biernacki-Sweet

AGE(S): 18 and up

RATE: \$15 | **RESIDENT RATE:** \$10

This program is designed for Intermediate level players who are interested in improving their skills. The instructor will be on hand to help guide players on techniques and approach during play to help take their game to the next level.

Activity #	Dates	Time	Day(s)
606217-01	Nov. 21	5-7 p.m.	Thu

PICKLEBALL HOLIDAY CLASSIC

INSTRUCTOR: Recreation Staff

AGE(S): 18 and up

RATE: \$40 | **RESIDENT RATE:** \$30

This fun event will be based on a blind draw to determine partners. The tournament format will be based on registration numbers and a round-robin format with a single elimination bracket. All participants will receive a tournament t-shirt. Email sports@westerville.org for information.

COMPETITIVE - 3.5 AND UP			
Activity #	Date	Time	Day(s)
606105-01	Dec. 13	8 a.m. - 12 p.m.	Fri

NON-COMPETITIVE - 3.0 AND BELOW			
Activity #	Date	Time	Day(s)
606105-02	Dec. 20	8 a.m. - 12 p.m.	Fri





ABC PRESCHOOL 123

SOC CERTOTS

INSTRUCTOR(S): Supertots

RATE: \$135 | **RESIDENT RATE:** \$120

This class will focus on developing motor skills and self confidence for younger ages and developing core soccer skills and personal focus with an introduction to light competition for older ages. The instructor-to-student ratio is kept small to maximize individual development.

AGE(S): 1.5-2 with adult			
Activity #	Date	Time	Day(s)
601620-01	Nov. 19-Dec. 17	9-9:45 a.m.	Tue

AGE(S): 2-3			
Activity #	Date	Time	Day(s)
601620-02	Nov. 19-Dec. 17	10-10:45 a.m.	Tue

AGE(S): 3-4			
Activity #	Date	Time	Day(s)
601620-03	Nov. 19-Dec. 17	11-11:45 a.m.	Tue

HOOPSTERTOTS

INSTRUCTOR(S): Supertots

RATE: \$135 | **RESIDENT RATE:** \$120

Designed to introduce the fundamentals of basketball in a non-competitive and fun environment focusing on developing essential motor skills like shooting, passing and agility.

AGE(S): 3-4			
Activity #	Date	Time	Day(s)
601621-01	Nov. 19-Dec. 17	5:30-6:15 p.m.	Tue

AGE(S): 4-5			
Activity #	Date	Time	Day(s)
601621-02	Nov. 19-Dec. 17	6:30-7:15 p.m.	Tue

**GET READY FOR SUMMER
2025 WITH NEW
CAMP REGISTRATION
INFORMATION.**

See page 32 for details.

HOC KEYTOTS

INSTRUCTOR(S): Supertots

RATE: \$135 | **RESIDENT RATE:** \$120

This program is designed to spark a lifelong love for floor hockey, set in a joyous, non-competitive gymnasium atmosphere. Participants will master fundamental skills like stick handling, passing and shooting while fostering teamwork and communication.

AGE(S): 2-3			
Activity #	Date	Time	Day(s)
601622-01	Nov. 21-Dec. 19	5-5:45 p.m.	Thu

AGE(S): 3-4			
Activity #	Date	Time	Day(s)
601622-02	Nov. 21-Dec. 19	6-6:45 p.m.	Thu

AGE(S): 4-5			
Activity #	Date	Time	Day(s)
601622-03	Nov. 21-Dec. 19	7-7:45 p.m.	Thu

***NO CLASS: Nov. 28**

TU MLING

INSTRUCTOR(S): Katie Delgado

RATE: \$75 | **RESIDENT RATE:** \$60

Children will be introduced to basic gymnastics skills and work on increasing coordination, balance and strength. We will sing songs and use our imaginations to make learning the new skills fun.

AGE(S): 1.5-3 with parent			
Activity #	Date	Time	Day(s)
601616-01	Nov. 19-Dec. 17	10-10:30 a.m.	Tue
601616-03	Nov. 19-Dec. 17	11:20-11:50 a.m.	Tue
601616-04	Nov. 23-Dec. 21	10-10:30 a.m.	Sat
601616-06	Nov. 23-Dec. 21	11:20-11:50 a.m.	Sat

AGE(S): 4-6			
Activity #	Date	Time	Day(s)
601616-02	Nov. 19-Dec. 17	10:30-11:10 a.m.	Tue
601616-05	Nov. 23-Dec. 21	10:30-11:10 a.m.	Sat

HOLIDAY MINI MUSIC TOGETHER

INSTRUCTOR(S): Wholey Sisters

AGE(S): birth-5 with parent

RATE: \$65

RESIDENT RATE: \$50

Join us for three weeks of merry music-making. This holiday mini-session is just like Music Together but with a holiday twist. We will sing, dance, play instruments and move merrily.

Activity #	Date	Time	Day(s)
601613-01	Dec. 4-Dec. 18	9:30-10:15 a.m.	Wed
601613-02	Dec. 4-Dec. 18	10:30-11:15 a.m.	Wed

HOLIDAY CRAZY ART ADVENTURES

INSTRUCTOR(S): Cathi Staysniak

RATE: \$85 | **RESIDENT RATE:** \$70

We will make exciting art projects that are open-ended and allow your child to create freely. Classes will include an activity that compliments the art project for the day. Activities will include a game, story and music. We will be a bit messy so wear something that can get dirty. *All materials included.*

AGE(S): 3-4 with adult			
Activity #	Date	Time	Day(s)
601003-01*	Nov. 21-Dec. 19	10:30-11:30 a.m.	Thu

AGE(S): 5-6			
Activity #	Date	Time	Day(s)
601003-02*	Nov. 21-Dec. 19	1:30-3 p.m.	Thu

AGE(S): 5-7			
Activity #	Date	Time	Day(s)
601003-03*	Nov. 21-Dec. 19	6:15-7:45 p.m.	Thu

***NO CLASS: Nov. 28**



GOBBLE, GOBBLE, GOBBLE

INSTRUCTOR(S): Cathi Staysniak
RATE: \$17 | **RESIDENT RATE:** \$12

Bring your little turkey to this fun Thanksgiving celebration. We will explore a harvest of art/ sensory projects, music and a story. Children will have the opportunity to make a special keepsake to share with loved ones along with playing some silly turkey games. Most sessions children will attend with **ONE** parent or caregiver.

AGE(S): 1.5-3 with adult

Activity #	Date	Time	Day(s)
601004-01	Nov. 26	9:15-10 a.m.	Tue

AGE(S): 2-4 with adult

Activity #	Date	Time	Day(s)
601004-02	Nov. 26	10:15-11 a.m.	Tue
601004-05	Nov. 26	5:30-6:15 p.m.	Tue

AGE(S): 3-5 with adult

Activity #	Date	Time	Day(s)
601004-03	Nov. 26	11:30 a.m. - 12:15 p.m.	Tue

AGE(S): 3-6 with adult

Activity #	Date	Time	Day(s)
601004-06	Nov. 26	6:30-7:15 p.m.	Tue

AGE(S): 4-6

Activity #	Date	Time	Day(s)
601004-04	Nov. 26	1-2 p.m.	Tue

SUPERHERO BOOTCAMP

INSTRUCTOR(S): Jumpbunch
RATE: \$75 | **RESIDENT RATE:** \$60

Through fun games and activities such as jumping over "hot lava", dodging "fireballs", lightsaber training, scooter "flying" and "ghostbuster" tag you will learn strength, agility, balance and speed. Being a superhero means having compassion for society, a kind heart, willingness to do good and help others.

AGE(S): 18-36 months with adult

Activity #	Date	Time	Day(s)
601617-01	Nov. 18-Dec. 16	5:30-6 p.m.	Mon

AGE(S): 3-4

Activity #	Date	Time	Day(s)
601617-02	Nov. 18-Dec. 16	6-6:45 p.m.	Mon

AGE(S): 5-6

Activity #	Date	Time	Day(s)
601617-03	Nov. 18-Dec. 16	6:45-7:30 p.m.	Mon

SANTA'S WORKSHOP

INSTRUCTOR(S): Cathi Staysniak
RATE: \$17 | **RESIDENT RATE:** \$12

It's the most wonderful time of year! Your child will have fun as we get ready for the holiday. We will enjoy festive songs and holiday books and play reindeer games. There will be handmade projects to wrap and give to loved ones. Most sessions children will attend with **ONE** parent or caregiver.

AGE(S): 1.5-3 with adult

Activity #	Date	Time	Day(s)
601006-01	Dec. 17	9:15-10 a.m.	Tue

AGE(S): 2-4 with adult

Activity #	Date	Time	Day(s)
601006-02	Dec. 17	10:15-11 a.m.	Tue
601006-05	Dec. 17	5:30-6:15 p.m.	Tue

AGE(S): 3-5 with adult

Activity #	Date	Time	Day(s)
601006-03	Dec. 17	11:30 a.m. - 12:15 p.m.	Tue

AGE(S): 3-6 with adult

Activity #	Date	Time	Day(s)
601006-06	Dec. 17	6:30-7:15 p.m.	Tue

AGE(S): 4-6

Activity #	Date	Time	Day(s)
601006-04	Dec. 17	1-2 p.m.	Tue

SPORTIES FOR SHORTIES

INSTRUCTOR(S): Jumpbunch
RATE: \$75 | **RESIDENT RATE:** \$60

Each week will begin with kid-friendly warm-ups and exercises, an introduction to individual skills, equipment and simple rules of a different sports. Games, obstacle courses and a cool down will take place in each class to keep kids engaged and moving throughout the session.

AGE(S): 18-36 months with adult

Activity #	Date	Time	Day(s)
601618-01	Nov. 23-Dec. 21	9:30-10 a.m.	Sat

AGE(S): 3-4

Activity #	Date	Time	Day(s)
601618-02	Nov. 23-Dec. 21	10-10:45 a.m.	Sat

AGE(S): 5-6

Activity #	Date	Time	Day(s)
601618-03	Nov. 23-Dec. 21	10:45-11:30 a.m.	Sat

EVENING AT NORTH POLE

INSTRUCTOR(S): Recreation Staff
RATE: \$15 per child | \$10 per adult

Santa's elves will serve a special dinner with desserts and beverages while sharing great stories from the North Pole! Crafts and a sing-a-long will get everyone in the holiday spirit. Infants under 1 year are free. **Registration is required.**

AGE(S): 1-8

Activity #	Date	Time	Day(s)
608603-01	Dec. 13	6-7:30 p.m.	Fri

AGE(S): 9 and up

Activity #	Date	Time	Day(s)
608603-02	Dec. 13	6-7:30 p.m.	Fri

NOONLITE MADNESS

INSTRUCTOR(S): Recreation Staff
AGE(S): 2-5

RATE: \$10 | **RESIDENT RATE:** \$10
Celebrate New Year's Eve - preschool style! Attendees will enjoy crafts, finger foods, music and entertainment with a countdown at 12 p.m. to celebrate the New Year!

Activity #	Date	Time	Day(s)
408604-01	Dec. 27	11 a.m.-12:15 p.m.	Fri

PRE-K PARKOUR

INSTRUCTOR(S): 614 Parkour
AGE(S): 3-5

RATE: \$75 | **RESIDENT RATE:** \$60
Improve the fundamentals of your skills in a safe and inclusive environment following three goals: be safe, have fun and learn. Throughout the session, participants will be running, jumping, climbing and rolling in order to travel from one point to another in the quickest and most efficient way possible.

Activity #	Date	Time	Day(s)
601619-01	Nov. 20-Dec. 18	4:15-5 p.m.	Wed

***NO CLASS: Nov. 27**

THE PLAY SPOT POP-UP

INSTRUCTOR(S): The Play Spot
AGE(S): 3-5

RATE: \$40 | **RESIDENT RATE:** \$30
You and your child will engage in purposeful play with the expertise of speech and occupational therapists while enjoying playtime using obstacle courses, sensory bins, crafts, storytime and fine motor activities.

AGE(S): 15-36 months with adult

Activity #	Date	Time	Day(s)
601623-01	Nov. 18	10-10:45 a.m.	Mon

AGE(S): 3-5 with adult

Activity #	Date	Time	Day(s)
601623-02	Nov. 18	11-11:45 a.m.	Mon



ADAPTIVE & INCLUSIVE

EMPOWERED FITNESS TRAINING

INSTRUCTOR(S): Sam Smith

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

For individuals with disabilities who wish to become more adept at strength training on their own. Learn to work out on your own using a visual system developed by Valemee to increase your independence in accessing lifelong fitness. Steeped in education and fitness industry best practices. *Caregivers and parents are welcome and encouraged to attend at no cost.*

Activity #	Date	Time	Day(s)
605291-01	Nov. 19-Jan. 7	5-6 p.m.	Tue

ADAPTIVE YOGA

INSTRUCTOR(S): Susan Mercurio

AGE(S): 10 and up

RATE: \$5 | **RESIDENT RATE:** \$5

We will practice poses and gentle movement, as well as breath and mindfulness techniques. One adult or support staff member are free and encouraged to attend.

Activity #	Date	Time	Day(s)
615507-01	Nov. 25	5-6 p.m.	Mon
615507-02	Dec. 18	6-7 p.m.	Wed

HOLIDAY COOKIE DECORATING

INSTRUCTOR(S): Adaptive Staff

AGE(S): 7 and up

RATE: \$5 | **RESIDENT RATE:** \$5

Join us for a frosting-filled afternoon of holiday cookie decorating. Please report any dietary restrictions to the Adaptive/Inclusive Program Supervisor after registering. *One adult or one support staff member is free. Don't forget to come hungry!*

Activity #	Date	Time	Day(s)
615512-01	Dec. 21	3-5 p.m.	Sat

BAGELS AND BOARD GAMES

INSTRUCTOR(S): Adaptive Staff

AGE(S): 6 and up

FREE

Work on your board game skills, enjoy some light refreshments and hear about upcoming programming while socializing with friends. You will also be able to let us know what classes you would like. All are welcome and refreshments will be provided! *Registration required.*

Activity #	Date	Time	Day(s)
615502-01	Nov. 20	4-5:30 p.m.	Wed
615502-02	Dec. 18	4-5:30 p.m.	Wed

INCLUSIVE IMPROV

INSTRUCTOR(S): Recreation Staff

AGE(S): 10 and up

RATE: \$5 | **RESIDENT RATE:** \$5

You'll get to learn some fun games and participate in some exciting improv exercises. *Registration is required. An adult or one support staff member are free.*

Activity #	Date	Time	Day(s)
615506-01	Nov. 23	12-1 p.m.	Sat
615506-02	Dec. 14	12-1 p.m.	Sat

INCLUSIVE CAREER AND OPPORTUNITY FAIR

INSTRUCTOR(S): Adaptive Staff

AGE(S): All ages

FREE

Various local organizations will provide information about career opportunities, products and programs for individuals with developmental, physical or invisible disabilities. This is a free event.

Date	Time	Day(s)
Nov. 23	10 a.m.-12 p.m.	Sat

COOKING CARAVAN

INSTRUCTOR(S): Cooking Caravan

AGE(S): 7 and up

RATE: \$45 | **RESIDENT RATE:** \$45

Participants will learn how to make a dish from scratch. The chefs will adapt the experience to meet the individuals needs and ensure everyone has a great time. *One adult or support staff member is free*, and don't forget to come hungry.

THANKFUL TREATS

Activity #	Date	Time	Day(s)
615504-01	Nov. 9	12-1:30 p.m.	Sat

HOLIDAY TREATS

Activity #	Date	Time	Day(s)
615504-02	Dec. 7	12-1:30 p.m.	Sat

SENSORY FRIENDLY SWIM

INSTRUCTOR(S): Recreation Staff

AGE(S): All ages

Designed for individuals with disabilities and their families. The indoor pool will be available in a sensory-friendly environment. Visit www.autismcentralohio.org to register.

www.autismcentralohio.org \$5 per family

Date	Time	Day(s)
Nov. 10	5:30-7 p.m.	Sun



ADAPTIVE SPORTS CLINIC

INSTRUCTOR(S): Sam Smith
AGE(S): 6 and up
RATE: \$5 | **RESIDENT RATE:** \$5

Enjoy a sports clinic in the MAC gym without the addition of crowds. Each session will focus on a specific sport. Sensory bins and noise-canceling headphones are available upon request. *One adult or support staff member is free. Registration required.*

SOCCER

Activity #	Date	Time	Day(s)
615508-01	Nov. 8	6-7:30 p.m.	Fri

BASKETBALL

Activity #	Date	Time	Day(s)
615508-02	Dec. 13	6-7:30 p.m.	Fri

WINTER WONDERLAND DANCE

INSTRUCTOR(S): Adaptive Staff
AGE(S): 18 and up
FREE

We'll have a wonderful time dancing the night away to some current hits and holiday classics played by DJ Matt Ryan. *Admission is free, but be sure to register online.* Refreshments will be provided. This is an inclusive event so invite your friends!

Activity #	Date	Time	Day(s)
615500-01	Dec. 6	6-8 p.m.	Fri

THE BOOKMARK BUNCH

INSTRUCTOR(S): Tracy Ramey
AGE(S): 3 and up
RATE: \$5 | **RESIDENT RATE:** \$5

Step into the amazing world of literature and imagination for this educational and fun reading-based class. Each session will include a story followed by a craft, game or activity relating to the book. This is an inclusive class so bring your friends! *One adult or support staff member is free.*

Activity #	Date	Time	Day(s)
615509-01	Nov. 9	10:30 a.m.-12 p.m.	Sat
615509-02	Dec. 14	10:30 a.m.-12 p.m.	Sat

CRAFTY CREATIONS

INSTRUCTOR(S): Tanya Meacham
AGE(S): 6 and up
RATE: \$5 | **RESIDENT RATE:** \$5

Join us for a fun crafting session in a sensory friendly environment. Each participant will get to take home their new artistic creation! *One adult or one support staff member is free.*

Activity #	Date	Time	Day(s)
615510-01	Nov. 14	3-4:30 p.m.	Thu
615510-02	Dec. 12	3-4:30 p.m.	Thu

SENSORY FRIENDLY GAMING

INSTRUCTOR(S): Adaptive Staff
AGE(S): 7 and up
FREE

Join us for a fun-filled afternoon of video games in a sensory-friendly environment! This is a free event, but please register. *One adult or support staff member are free.*

Activity #	Date	Time	Day(s)
615511-01	Dec. 11	11 a.m.-1 p.m.	Wed

COSI - SENSORY FRIENDLY SCIENCE!

INSTRUCTOR(S): Adaptive Staff
AGE(S): 3 and up
RATE: \$10 | **RESIDENT RATE:** \$10

Enjoy a mini Science Space show where you can experience and touch a real cloud along with other hands-on experiences. Then, relax and regroup in the Sensory Space. *Registration required. One adult or one support staff member is free.*

Activity #	Date	Time	Day(s)
615513-01	Dec. 15	12-1:30 p.m.	Sun

FAMILY-FRIENDLY MOVIE NIGHT

INSTRUCTOR(S): Adaptive Staff
AGE(S): 3 and up
RATE: \$5 | **RESIDENT RATE:** \$5

Wear something comfortable and bring a sleeping bag (optional). Light refreshments will be provided. *Registration is required. An adult or one support staff are welcome to attend at no charge.*

Activity #	Date	Time	Day(s)
615505-01	Dec. 20	6-8 p.m.	Fri

SENSORY FRIENDLY SNOWFLAKE CASTLE

INSTRUCTOR(S): Adaptive Staff
AGE(S): All ages
RATE: \$15 | **RESIDENT RATE:** \$15

EVR

Individuals with developmental, physical or invisible disabilities can enjoy Santa's Workshop and a visit with Santa himself in a calming environment. Registration is required for the participant building the toy.

Activity #	Date	Time	Day(s)
604331-01 through 07	Dec. 1	1-4 p.m.	Sun

(30 minute sessions)

WHEELCHAIR BASKETBALL OPEN GYM

INSTRUCTOR(S): Doug Dumas
AGE(S): 6 and up
RATE: \$5 | **RESIDENT RATE:** \$5

Enjoy an evening of fun in the gymnasium where we will gather to play basketball. Parents and support staff are free.

Date	Time	Day(s)
Nov. 1 & Dec. 6	6-8 p.m.	Fri





YOUTH/TEEN

YOUTH ACTING

INSTRUCTOR(S): Emily Lefevre
RATE: \$95 | **RESIDENT RATE:** \$80
AGE(S): 8-11

Help your child find their voice and shine! This class builds confidence on stage and teaches valuable public speaking skills. Participants will explore their creativity, develop characters and learn techniques like projection, movement and stage presence.

HOMESCHOOL			
Activity #	Date	Time	Day(s)
607101-01*	Nov. 20-Dec. 18	11 a.m.-12 p.m.	Wed

BEGINNER			
Activity #	Date	Time	Day(s)
607102-01*	Nov. 16-Dec. 14	9-10 a.m.	Sat

AGE(S): 11-14
 This acting class is designed for those who want to take their creativity to the next level. Participants will build confidence on stage, develop their unique voice and learn to portray characters with depth. We'll focus on public speaking, scene work, projection and captivating stage presence, giving them the tools to shine.

ADVANCED			
Activity #	Date	Time	Day(s)
607102-02*	Nov. 16-Dec. 14	10:30-11:30 a.m.	Sat

*NO CLASS: Nov. 27, Nov. 30

CHESS

INSTRUCTOR(S): Kyle Jones,
The Jones Chess Academy

AGE(S): 6-14
RATE: \$130 | **RESIDENT RATE:** \$115
 Candidate Master Instructor Kyle Jones will provide students with the opportunity to learn chess for beginner players with the goal of increasing confidence in their game. World champion openings, ideas in the middle game, endgame patterns, tactical motifs and elements will be examined and discussed. Students will be given the opportunity to play against one another in our weekly club tournament for prizes.

Activity #	Date	Time	Day(s)
605158-01	Nov. 20-Dec. 18	5:15-6 p.m.	Wed

*NO CLASS: Nov. 27

YOUTH COOKING

INSTRUCTOR(S): Cooking Caravan
AGE(S): 7-17
RATE: \$55 | **RESIDENT RATE:** \$45
 Enjoy a step-by-step presentation on how to cook new recipes that you can make at home for family and friends. Class takes place in the state-of-the-art demonstration kitchen. *All supplies are included.*

THANKFUL TREATS			
Activity #	Date	Time	Day(s)
602101-01	Nov. 9	3:30-5 p.m.	Sat

HOLIDAY TREATS			
Activity #	Date	Time	Day(s)
602101-02	Dec. 14	3:30-5 p.m.	Sat

CERAMICS

INSTRUCTOR(S): Chris Powell
RATE: \$80 | **RESIDENT RATE:** \$60
 Participants will learn various hand-building techniques as they work on individual projects. Students will work independently and with instruction. The potter's wheel will be introduced.

YOUTH		AGE(S): 10-13	
Activity #	Date	Time	Day(s)
602119-01	Nov. 11-Dec. 16	5-6 p.m.	Mon

TEEN		AGE(S): 14-17	
Activity #	Date	Time	Day(s)
602119-02	Nov. 12-Dec. 17	5-6 p.m.	Tue

UPCYCLE WORKSHOP-BESTIE SWEATS

INSTRUCTOR(S): Upscale Academy
AGE(S): 8-14
RATE: \$115 | **RESIDENT RATE:** \$110
 In this pop-up workshop, students will design by splicing two pairs of sweats together for a matching effect. Then they will apply trims, heat transfers, patches, embroideries and more. All materials are provided and students keep the designs they create.

Activity #	Date	Time	Day(s)
602188-01	Dec. 17	1-4 p.m.	Sat

WINTER BREAK CAMP

INSTRUCTOR(S): Recreation Staff
AGE(S): 6-12
RATE: \$60 | **RESIDENT RATE:** \$50
 Spend your winter break at the Community Center enjoying activities such as swimming, arts and crafts, games in our gym, and more. Please provide your child with a packed lunch, snack, water and swim suit each day. All counselors are camp-trained, CPR/AED and first aid certified through the American Red Cross. Extended Care is included.

Activity #	Date	Time	Day(s)
602102-01	Dec. 23	8 a.m.-5 p.m.	Mon
602102-02	Dec. 26	8 a.m.-5 p.m.	Thu
602102-03	Dec. 27	8 a.m.-5 p.m.	Fri
602102-04	Dec. 30	8 a.m.-5 p.m.	Mon
602102-05	Jan. 2	8 a.m.-5 p.m.	Thu
602102-06	Jan. 3	8 a.m.-5 p.m.	Fri

KIDS NIGHT OUT

INSTRUCTOR(S): Recreation Staff
AGE(S): 6-12
RATE: \$35 | **RESIDENT RATE:** \$25
 Drop the kids off and enjoy an evening out or finish your holiday shopping! Participants will be swimming, rock climbing, enjoy crafts, games, and more! Pizza and drinks included.

Activity #	Date	Time	Day(s)
602104-01	Dec. 6	5:30-8:30 p.m.	Fri

PARKOUR

INSTRUCTOR(S): 614 Parkour Coach Theo
AGE(S): 6-11
RATE: \$90 | **RESIDENT RATE:** \$75
 Improve the fundamentals of your skills in a safe and inclusive environment following three rules: be safe, have fun and learn. Throughout the session, participants will be running, jumping, climbing and rolling in order to travel from one point to another in the quickest and most efficient way possible.

Activity #	Date	Time	Day(s)
602186-01	Nov. 20-Dec. 18	5-6 p.m.	Wed

*NO CLASS: Nov. 27

GET READY FOR SUMMER 2025 WITH NEW CAMP REGISTRATION INFORMATION.

See page 32 for details.



ADULT

OBERER'S FLORAL DESIGN CLASS

INSTRUCTOR(S): Oberer's Flowers

AGE(S): 18 and up

RATE: \$35 | **RESIDENT RATE:** \$30

Come be immersed in the world of flowers! Following the instructions from a trained florist, learn how to make floral arrangements using various flowers and techniques.

Activity #	Date	Time	Day(s)
610231-01	Dec. 21	1:30-2:30 p.m.	Sat

STAINED GLASS

INSTRUCTOR(S): Kara Chapin

AGE(S): 18 and up

RATE: \$85 | **RESIDENT RATE:** \$70

In this class, you will create/choose your project design, cut glass, use a grinder on the edges, apply copper foil tape, solder and finish your piece. *Materials will be provided.*

Activity #	Date	Time	Day(s)
607215-01	Nov. 19-Dec. 3	6-8:30 p.m.	Tue

WATERCOLOR FOR ALL LEVELS

INSTRUCTOR(S): John Cameron

AGE(S): 18 and up

RATE: \$75 | **RESIDENT RATE:** \$60

Learn to paint using easy step-by-step instructions for a beautiful painting while enjoying light refreshments. This will be a fun activity to attend with family and friends.

ALL LEVELS

Activity #	Date	Time	Day(s)
610202-01*	Nov. 20-Dec. 18	10 a.m.-12 p.m.	Wed
610202-02*	Nov. 20-Dec. 18	1-3 p.m.	Wed

*NO CLASS: Nov. 27

OPEN STUDIO CERAMICS

INSTRUCTOR(S): Chris Powell

AGE(S): 18 and up

RATE: \$65 | **RESIDENT RATE:** \$50

This class is open to students who are currently enrolled in an adult ceramics class. This is your time to complete a project independently, no instruction is provided. All projects muddy be finished and glazed during the last class. There is an extra fee for clay usage.

Activity #	Date	Time	Day(s)
610204-01	Nov. 16-Dec. 14	10 a.m.-1 p.m.	Sat

CERAMICS

INSTRUCTOR(S): Chris Powell

AGE(S): 18 and up

RATE: \$140 | **RESIDENT RATE:** \$120

Students will work at their leisure on the potter's wheel to develop their throwing skills and honing various hand-building skills with individual guidance and technical advice from the instructor. *There is a fee for additional clay.*

THROWING			
Activity #	Date	Time	Day(s)
610203-01	Nov. 11-Dec. 16	6:15-8:45 p.m.	Mon
610203-03	Nov. 12-Dec. 17	6:15-8:45 p.m.	Tue

HAND-BUILDING			
Activity #	Date	Time	Day(s)
610203-02	Nov. 11-Dec. 16	6:15-8:45 p.m.	Mon
610203-04	Nov. 12-Dec. 17	6:15-8:45 p.m.	Tue

ASL 2

INSTRUCTOR(S): Bobby Ringle,

Columbus Speech and Hearing

AGE(S): 18 and up

RATE: \$85 | **RESIDENT RATE:** \$70

This is an intermediate level course for students who have completed American Sign Language (ASL) 1 or have the equivalent knowledge and understanding of the basic fundamentals of ASL.

Activity #	Date	Time	Day(s)
6010222-01	Nov. 20-Dec. 18	6:30-7:30 p.m.	Wed

FORAGING IN OHIO FIELDS AND FORESTS

INSTRUCTOR(S): Westerville Garden Club

AGE(S): 18 and up

FREE

Discover the amazing natural world of foraging and how to participate from experienced forager James Mann. Mann believes that foraging connects us with our human role in our landscapes and our environment.

Activity #	Date	Time	Day(s)
610226-01	Nov. 17	2-3:30 p.m.	Sun

PARTY AND PAINT

INSTRUCTOR(S): Cathy's Party and Paint

AGE(S): 18 and up

RATE: \$45 | **RESIDENT RATE:** \$40

Learn to paint using easy step-by-step instructions for a beautiful painting while enjoying light refreshments. This will be a fun activity to attend with family and friends.

Activity #	Date	Time	Day(s)
607201-01	Nov. 22	6-8 p.m.	Fri

GET READY FOR SUMMER 2025 WITH NEW CAMP REGISTRATION INFORMATION.

See page 32 for details.



O A

OLDER ADULT

REGISTRATION DATES

Senior Center Program Pass Holder Registration

Thursday, Nov. 7 | 12 p.m.

Regular Registration Friday, Nov. 8 - Monday, Nov. 11

Register at www.westerville.org/registration.



HELP WITH ONLINE REGISTRATION

Call the Senior Center at (614) 901-6560 for help with online registration.

FINANCIAL ASSISTANCE PROGRAM

Parks and Recreation services are essential for our residents' quality of life and transportation, and its associated fees, are sometimes a basic required necessity. The Westerville Senior Association, a non-profit organization founded to assist the Westerville Senior Center, offers financial assistance to Senior Center Program Pass holders residing within the Westerville City limits who may be experiencing financial hardship. For further information on this and other assistance, contact the Senior Center at (614) 901-6560.

TRANSPORTATION SERVICES

Transportation is available to Senior Center Program Pass holders residing in the corporate City limits of Westerville.

Visit www.westerville.org/seniorcenter for more information.

Rate: \$30 per pass (30 punches)
\$15 per pass (10 punches)



ACTIVITY/PROGRAM REFUNDS

Activity/program refunds will be made if requested seven days or more before the first class takes place, or when documentation is presented for an approved hardship situation. There is a \$5 transaction fee applied to all refunds.

Westerville Senior Center
350 N. Cleveland Ave.
Westerville, OH 43082
(614) 901-6560

Mon - Thu: 8 a.m. - 8 p.m.
Fri: 8 a.m. - 5 p.m.

Park and enter through the south entrance for Senior Center programs and some fitness classes. You may enter through the main or north entrances for the gymnasium, indoor pools and fitness area.

SENIOR CENTER CLOSED

Nov. 28, 29; Dec. 25 and Jan. 1

Facility closes at 5 p.m. on Nov. 27
Dec. 24 and Dec. 31

PROGRAM PASS INFORMATION

Westerville Senior Center Program Passes are available to adults 55 or older. Join us and experience the benefits of improved health, lower stress, new skills, greater independence and lasting friends and memories.

YEARLY PASS RATES

Rate: \$42

Resident Rate: \$24

Additional information is available in the Older Adult section or online at www.westerville.org/seniorcenter. Call the Senior Center at (614) 901-6560 for questions.



Senior/Community Center (Two punches)

To: Mon-Fri 8:30 a.m. - 1 p.m.

From: Mon-Fri Times Vary



Shopping (Three punches)

call (614) 901-6560 for specific locations

Tue/Thu 1 - 3 p.m.



Medical Appointments (Three punches)

Mon-Fri 8:45 - 11:30 a.m.

Mon/Wed/Fri 1 - 2:30 p.m.

SENIOR MAT PILATES

INSTRUCTOR(S): Linda Scovern

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Learn the basic concepts of Pilates including alignment, breathing, core strength and stabilization to create a total body workout. Bring a yoga mat. Suitable for beginners. *Must be able to get to and from the floor.*

Activity #	Date	Time	Day(s)
604905-01	Nov. 18-Jan. 6	11:15 a.m.-12:15 p.m.	Mon
604905-02*	Nov. 21-Jan. 9	11:15a.m.-12:15 p.m.	Thu

***NO CLASS: Nov. 28; Dec. 23, 26**

FIT AND STRONG

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Whether standing or sitting in a chair, improve balance and agility as you increase your strength and endurance, while ending with stretching to cool down. You will be guided through each exercise with modifications in a supportive atmosphere. *No experience necessary.*

Activity #	Date	Time	Day(s)
604906-01	Nov. 18-Jan. 6	9-9:45 a.m.	Mon
604906-02*	Nov. 20-Jan. 8	9-9:45 a.m.	Wed
604906-03	Nov. 22-Jan. 10	9-9:45 a.m.	Fri

***NO CLASS: Nov. 29; Dec. 23, 25, 26; Jan. 1**

LOW IMPACT AEROBICS & STRENGTH

INSTRUCTOR(S): Pam Croucher

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This fun and energetic aerobics class, choreographed and performed to music, will burn calories and improve your health. Large muscle groups are used in continuous rhythmic activity. Light dumbbells and an exercise mat will be used to strengthen your muscles. *Must be able to get to and from the floor.*

Activity#	Date	Time	Day(s)
604901-01*	Nov. 19-Jan. 7	10:15-11:15 a.m.	Tue
604901-02*	Nov. 21-Jan. 9	10:15-11:15 a.m.	Thu

***NO CLASS: Nov. 28; Dec. 24, 26**

AEROBICS & MORE

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

A fun-filled class set to music will improve cardiovascular fitness, balance and agility while challenging the mind. Various types of resistance equipment may be used. No experience necessary as modifications will be demonstrated. No routines to memorize and no floor work involved.

Activity #	Date	Time	Day(s)
604914-01*	Nov. 18-Jan. 6	10-11 a.m.	Mon
604914-02*	Nov. 20-Jan. 8	10-11 a.m.	Wed
604914-03*	Nov. 22-Jan. 10	10-11 a.m.	Fri

****NO CLASS: Nov. 29; Dec. 23, 25, 26; Jan. 1**

CHAIR VOLLEYBALL

AGE(S): Senior Center Program Pass
FREE

Similar to volleyball but modified for everyone. We will play with a beach ball and be able to spike, bump and set to a fun time from your chair.

DR  IN	Date	Time	Day(s)
	Nov./Dec./Jan.	10-11a.m.	Thu

CHAIR YOGA

INSTRUCTOR(S): Pam Croucher ^
Mary Whitehead^^

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Chair yoga is a great way for older adults to get the wonderful health benefits of yoga by helping loosen and stretch painful muscles, reduce stress and improve circulation.

Activity #	Date	Time	Day(s)
604903-01	Nov. 20-Jan. 8	11:15 a.m.-12 p.m.	Wed
604903-02	Nov. 22-Jan. 10	11:15 a.m.-12 p.m.	Fri
604903-03	Nov. 22-Jan. 10	12:15-1 p.m.	Fri

***NO CLASS: Nov. 29; Dec. 23, 25, 27**

ITS ESSENTIAL

INSTRUCTOR(S): Ellen Blaha

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Interval, Training and Stretching (ITS) builds the mobility, strength and agility essential to your functional fitness. We'll alternate easy-to-follow, low impact cardio with resistance work and top off with relaxing stretches. No workout on the floor. Beginners and experienced exercisers are welcome.

Activity #	Date	Time	Day(s)
604907-01	Nov. 20-Jan. 8	12-1 p.m.	Wed

***NO CLASS: Dec. 25, Jan. 1**

BALANCE CLASS

INSTRUCTOR(S): Chip Bruchac

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

"You need balance for everything from walking to getting out of a chair to tying your shoes. Boost your balance with drills and safe habits by building strong muscles in the arms, core and legs to keep you steady and upright reducing your chances of tripping and falling. *Beginners are encouraged to attend.*

Activity#	Date	Time	Day(s)
604910-01	Nov. 18-Jan. 6	2:45-3:15 p.m.	Mon
604910-02	Nov. 18-Jan. 6	3:30-4 p.m.	Mon

***NO CLASS: Dec. 23**

FEARLESS FALLING

INSTRUCTOR(S): Mike Grigsby

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

The fear of falling is one of our biggest phobias and most people never learn how to fall properly. Participants will learn how to prevent falls and, if necessary, fall safely.

Activity#	Date	Time	Day(s)
604915-01	Nov. 20-Jan. 8	3-4 p.m.	Wed

***NO CLASS: Dec. 25, Jan. 1**

SENIOR BALLET

INSTRUCTOR(S): Angela Oliver

AGE(S): 55 and up

RATE: \$60 | **RESIDENT RATE:** \$50

SENIOR CENTER PROGRAM PASS RATE: \$40

Learn exercises, techniques and steps of classical ballet including terminology and correct body alignment. A warm-up at the barre with center floor work and combinations is included. This class will help you gain mobility, strength and flexibility while improving memory, balance and sharpening reflexes. Beginners are welcome.

Activity#	Date	Time	Day(s)
604371-01	Nov. 22-Jan. 10	1-2 p.m.	Fri

***NO CLASS: Nov. 29**

FITNESS MUSICAL CHAIRS

INSTRUCTOR(S): Pam Croucher

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This is not your grandma's chair class. Join us for a fun, energetic exercise program that includes cardio, strength and core conditioning set to up-tempo music. Improve flexibility, coordination and endurance while seated. Must be able to freely move arms and legs. *Beginners are encouraged to attend.*

Activity#	Date	Time	Day(s)
604908-01	Nov. 19-Jan. 7	11:30 a.m.-12:30 p.m.	Tue
604908-02	Nov. 21-Jan. 9	11:30 a.m.-12:30 p.m.	Thu

***NO CLASS: Nov. 28; Dec. 24, 26**



FITNESS WALKING

As part of your Senior Center Program Pass you can walk your way around the Community Center track. Please remember to scan your card at the front desk.

Senior Center Program Pass holders only

SENIOR STRENGTH

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This standing class is designed to increase strength and endurance while stimulating the mind and working on balance. We will be using our body weight, plus various types of equipment such as kettlebells, resistance bands, body bars and dumbbells. Designed for beginners and experienced participants.

Activity #	Date	Time	Day(s)
604904-01	Nov. 19-Jan. 7	9-10 a.m.	Tue
604904-02	Nov. 21-Jan. 9	9-10 a.m.	Thu

***NO CLASS: Nov. 28; Dec. 24, 25**

FOOT CARE

INSTRUCTOR(S): Anchor Foot Care

AGE(S): 55 and up

RATE: \$65 | **RESIDENT RATE:** \$55

SENIOR CENTER PROGRAM PASS RATE: \$45

Services include nail trimming, thinning, filing, foot assessment, corn and callus reduction. Payment for each session due at registration.

Activity #	Date	Time	Day(s)
604916-01 through -06	Nov. 18	8:30-11:30 a.m.	Mon
604916-07 through -20	Nov. 19	8:30 a.m.-2:30 p.m.	Tue
604917-01 through -06	Dec. 16	8:30-11:30 a.m.	Mon
604917-07 though -20	Dec. 17	8:30 a.m.-2:30 p.m.	Tue
104916-01 through -06	Jan. 13	8:30-11:30 a.m..	Mon
104916-07 through -20	Jan. 14	8:30 a.m.-2:30 p.m.	Tue

LINE DANCE

INSTRUCTOR(S): Anita Ebbert^

Robin Poses^^

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Get up and get down on the dance floor! This class is filled with fun and exercise while learning steps to all of the latest line dances. No partner needed. You will increase your coordination, flexibility and endurance while having fun and making new friends.

BEGINNER

Activity#	Date	Time	Day(s)
604909-01	Nov. 19-Jan. 7	9:45-10:45 a.m.	Tue
604909-02*	Nov. 20-Jan. 8	1:15-2:15 p.m.	Wed

IMPROVER

Activity#	Date	Time	Day(s)
604909-03	Nov. 21-Jan. 9	2-3 p.m.	Thu

***NO CLASS: Nov. 28; Dec. 24, 25,26; Jan. 1**

SENIOR TAP

INSTRUCTOR(S): Angela Oliver

AGE(S): 55 and up

RATE: \$60 | **RESIDENT RATE:** \$50

SENIOR CENTER PROGRAM PASS RATE: \$40

Tap dance sharpens reflexes, improves memory skills and coordination while developing musicality, timing, and balance. This class will work towards establishing fundamental tap movements and vocabulary as well as primary rhythms and steps that progress into fun and lively dance combinations. No experience is necessary.

BEGINNER

Activity#	Date	Time	Day(s)
604372-01*	Nov. 22-Jan. 10	12:10-1 p.m.	Fri

TAP

Activity#	Date	Time	Day(s)
604372-02*	Nov. 22-Jan. 10	2:15-3:15 p.m.	Fri

***NO CLASS: Nov. 29**

SILVER SPLASH: AQUA, CARDIO & TONE

INSTRUCTOR(S): Debbie Leach

AGE(S): 65 and up with Silver Sneakers

FREE : Silver Sneakers membership required

This class is for the conditioned adult who has good balance and muscle function. Includes cardio exercises followed by muscle toning exercises, balance work and stretching.

Date	Time	Day(s)
Nov. 18 - Jan. 3	11:05-11:55 a.m.	Mon/Wed/Fri
Nov. 18 - Jan. 3	12-12:50 p.m.	Mon/Wed/Fri

SILVER SNEAKERS CLASSIC

INSTRUCTOR(S): Pam Croucher (Wed)
Stephanie Bellflower (Tue/Thu)

AGE(S): 65 and up with Silver Sneakers

FREE : Silver Sneakers membership required

This class will provide both seated and standing exercises to increase muscular strength, range of motion and activities for daily living. Hand-held weights, elastic tubing with handles and balls are offered for resistance. A chair is used for seated and/or standing support.

Date	Time	Day(s)
Nov. / Dec. *	8-8:45 a.m.	Tue/Thu
Nov. / Dec. *	12:15-1 p.m.	Wed

***NO CLASS: Nov. 28, Dec. 23 - Jan. 1**

SILVER SNEAKERS BOOM FUSION

INSTRUCTOR(S): Billie McRill

AGE(S): 65 and up with Silver Sneakers

FREE : Silver Sneakers membership required

This fun, dance-inspired workout combines cardio fitness, balance and agility with easy to-follow movements while incorporating your own body weight and various workout equipment to improve strength and functional skills. This is a **standing-only class** and no experience is necessary. Modifications will be provided.

Date	Time	Day(s)
Nov. / Dec.*	12:30-1:15 p.m.	Mon

***NO CLASS: Dec. 23 - Jan. 2**

HEARING EVALUATIONS AND HEARING AID TESTING

INSTRUCTOR(S): Columbus Speech
and Hearing and Franklin
County Senior Options

AGE(S): Senior Center Program Pass

FREE

Seniors who need a hearing aid may qualify with only a co-pay through the Older Adult Outreach Program. For more information or to schedule an appointment, call (614) 263-5151. Appointment required. Open to Franklin County residents only.

Date	Time	Day(s)
Nov. 13	9 a.m. - 1:30 p.m.	Wed
Dec. 11	9 a.m. - 1:30 p.m.	Wed
Jan. 8	9 a.m. - 1:30 p.m.	Wed

GET ON YOUR FEET

INSTRUCTOR(S): Ellen Blaha

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Strap on your groovin' shoes and add fun steps to your day while enjoying a variety of music choices from many of the decades. Easy-to-follow, low-impact cardio and stretching; no routines to learn. Beginners and experienced participants are welcome and supported.

Activity#	Date	Time	Day(s)
604912-01	Nov. 19-Jan. 7	5:15-6 p.m.	Tue
604912-02	Nov. 21-Jan. 9	5:15-6 p.m.	Thu

***NO CLASS: Nov. 28; Dec. 24, 26**

PARKINSON'S WELLNESS

AGE(S): 55 and up

RATE: \$50 | **RESIDENT RATE:** \$40

SENIOR CENTER PROGRAM PASS RATE: \$30

A fitness program designed specifically for those with Parkinson's disease. This class will optimize physical function and help to delay the progression of the disease. *Formally Delay the Disease.

Activity#	Date	Time	Day(s)
604902-01	Nov. 18-Jan. 6	1:15-2:15 p.m.	Mon
604902-02	Nov. 19-Jan. 7	2:30-3:30 p.m.	Tue
604902-03*	Nov. 20-Jan. 8	2:30-3:30 p.m.	Wed

***NO CLASS: Dec. 23, 24, 25; Jan. 1**

CARDIO DRUMMING

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

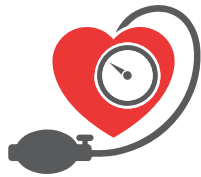
RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This class is designed to combine cardiovascular workouts with the rhythm and movements of drumming using drumsticks with a stability ball sitting in a tub. The workout will have you moving to upbeat music in a fun and energetic way to burn calories and improve fitness for a full-body workout. Suitable for all fitness levels. No experience is required.

Activity#	Date	Time	Day(s)
604913-01 *	Nov. 19-Jan. 7	12:45-1:30 p.m.	Tue
604913-02*	Nov. 21 - Jan. 9	12:45-1:30 p.m.	Thu

***NO CLASS: Nov. 28; Dec. 24, 26**



BLOOD PRESSURE CHECK

Mondays
Nov. 11 / Dec. 9 / Jan. 13
10-11 a.m.

FREE

Westerville Senior Center

Stop by and get your blood pressure and vitals checked. Provided by Uptown Pharmacy.

MINDFUL BREATHING

INSTRUCTOR(S): Marie Corbitt,

Westerville Public Library

AGE(S): Senior Center Program Pass

FREE

Learn simple, mindful breathing exercises that will help you develop a sense of calm and focus.



Date	Time	Day(s)
Nov. 11	11:30 a.m. - 12 p.m.	Mon
Dec. 9	11:30 a.m. - 12 p.m.	Mon
Jan. 13	11:30 a.m. - 12 p.m.	Mon

CERAMICS- GREENWARE

INSTRUCTOR(S): Phyllis Doelker

AGE(S): 55 and up

RATE: \$75 | **RESIDENT RATE:** \$60

SENIOR CENTER PROGRAM PASS RATE: \$40

Learn the basics or enhance your current techniques of greenware ceramics. Paint and supplies will be provided, but greenware projects will be purchased by participants. *Participants will leave the Senior Center by carpool to purchase their own greenware.*

Activity#	Date	Time	Day(s)
604301-01	Nov. 21-Jan. 9	11:30 a.m.-2:30 p.m.	Thu

***NO CLASS: Nov. 28, Dec. 26**

INTRO TO ZENTANGLE®

INSTRUCTOR(S): Arlene Roeder

AGE(S): 55 and up

RATE: \$65 | **RESIDENT RATE:** \$55

SENIOR CENTER PROGRAM PASS RATE: \$40

This class provides the beginner with a history of the art form and an introduction to the basic steps of the method. You will create actual Zentangle tiles during class using several patterns, called tangles. No prior art experience is necessary; if you can write your name you can create art with this method. *Basic Zentangle kit included.*

Activity#	Date	Time	Day(s)
604305-01	Nov. 13 - Dec. 4	2-4 p.m.	Wed

ZENTANGLE®

BEYOND THE BASICS

INSTRUCTOR(S): Arlene Roeder

AGE(S): 55 and up

RATE: \$65 | **RESIDENT RATE:** \$55

SENIOR CENTER PROGRAM PASS RATE: \$40

Take what you've learned and created in the Introduction to Zentangle® class and expand your tangling practice in this class designed to give you a deeper understanding of the Zentangle® method of drawing. You will learn new tangle patterns and techniques that will enhance your experience and art. *Please bring your basic Zentangle® kit.*

Activity#	Date	Time	Day(s)
604305-02	Dec. 11- Jan. 15	2-4 p.m.	Wed

***NO CLASS: Dec. 25, Jan. 1**



CRAFTERS

AGE(S): Senior Center Program Pass
FREE

This group creates items that will be sold at Snowflake Castle. Work individually or as a group on items that include knitting and crocheting, sewing, paper crafting, holiday themes, OSU or whatever sparks creativity. Make new friends and have a great time.

DR●P IN	Date	Time	Day(s)
	Oct./Nov.	1-3 p.m.	Mon
	(*Does not meet in Dec.)		

LEARN TO CROCHET

INSTRUCTOR(S): Terry Kitzmiller

AGE(S): 55 and up

RATE: \$25 | **RESIDENT RATE:** \$20

SENIOR CENTER PROGRAM PASS RATE: \$15

Learn the stitches, tolls and techniques to start your crochet journey.

Activity#	Date	Time	Day(s)
604310-01	Dec. 4 and Dec. 11	12:30-1:30 p.m.	Wed
604310-02	Dec. 4 and Dec. 11	1:30-2:30 p.m.	Wed

WATERCOLOR PAINTING: FIRST STEPS

INSTRUCTOR(S): Richard Leavy

AGE(S): 55 and up

RATE: \$95 | **RESIDENT RATE:** \$80

SENIOR CENTER PROGRAM PASS RATE: \$70

This class will describe and explore the basics of watercolors and cover composition, value and color, while practicing how to put paint on and take paint off of paper. Landscape photos provided will be references. Through a process of demonstration, practice and feedback, students will make multiple landscape paintings. Some materials will need be purchased. An email will be sent to participants after registration.

Activity#	Date	Time	Day(s)
604303-01	Nov. 13-Dec. 18	1-3 p.m.	Wed

***NO CLASS: Nov. 27**

QUILTING

AGE(S): Senior Center Program Pass
FREE

Join this group of hand quilters as they continue to work on beautiful heirloom quilts. New and experienced quilters are always welcome.

DR●P IN	Date	Time	Day(s)
	Nov./Dec.	1-3 p.m.	Mon
		9 a.m. - 12 p.m.	Thu

CREATIVE WRITING MEMOIRS & MORE

INSTRUCTOR(S): Tracy Ramey

AGE(S): Senior Center Program Pass

FREE

Learn about the different types of memoirs as we play games to help evoke strong memories that will be central in telling our stories. Discover what makes a compelling story and learn to write with purpose and clarity.

DR●P IN	Date	Time	Day(s)
	Nov. 12	1-2 p.m.	Tue
	Dec. 12	1-2 p.m.	Thu

CREATIVE WRITING: BOOK TALK

INSTRUCTOR(S): Tracy Ramey

AGE(S): Senior Center Program Pass

FREE

Local author Tracy Ramey will center the talk and discussion around Columbus author Helen Simonson and her book "Major Pettigrew's Last Stand".

DR●P IN	Date	Time	Day(s)
	Nov. 21	1-2 p.m.	Thu
	Dec. 17	1-2 p.m.	Tue

DARE TO CARE

AGE(S): Senior Center Program Pass

FREE

Join us each month as we create items that will be supplied to area older adults and community members.

DR●P IN	Date	Time	Day(s)
	Nov. 19	10 a.m. - 12 p.m.	Tue
	Dec. 17	10 a.m. - 12 p.m.	Tue

CARDMAKING

INSTRUCTOR(S): Susan Freund

AGE(S): 55 and up

RATE: \$90 | **RESIDENT RATE:** \$75

SENIOR CENTER PROGRAM PASS RATE: \$65

Make card designs with themes of “Greetings from our (my) house to yours”, Christmas cloche, cocktails, “I love you more than...(pizza, donuts)”, Valentine’s, romantic love and much more. Techniques include the Better Press tool, hand stitching, embossing, ink blending, stenciling, die cutting and stamping. Choose which cards to make from a selection on the first day. Make 16 to 22 cards. Students must provide some supplies.

Activity#	Date	Time	Day(s)
607327-01*	Nov. 11-Jan. 6	10 a.m.-12 p.m.	Mon
607327-02*	Nov. 13-Jan. 8	10 a.m.-12 p.m.	Wed

***NO CLASS: Dec. 23, Jan. 1**

MAKE IT TAKE IT

INSTRUCTOR(S): Trilogy Health Care

AGE(S): Senior Center Program Pass

FREE

We will make a new craft you can complete and take home in each session. All skill levels are encouraged to attend.

Activity#	Date	Time	Day(s)
604320-01	Nov. 19	1-2 p.m.	Tue
604320-02	Dec. 17	1-2 p.m.	Tue

GINGERBREAD HOUSE MAKING CONTEST

INSTRUCTOR(S): Carla Poston, ProCore

AGE(S): Senior Center Program Pass

FREE

Decorate gingerbread houses that are prepared and ready while listening to holiday music. All supplies will be provided. Participants will take their houses home for the holidays. Beverages provided.

Activity#	Date	Time	Day(s)
604330-01	Dec. 12	2-3:30 p.m.	Thu

PARKINSON'S SUPPORT GROUP

INSTRUCTOR(S): Concord Counseling

FREE

For patrons and caregivers, this informal group will gather to share information and support each other. Call (614) 706-3811 for more information.

Date	Time	Day(s)
Nov. 4	1 p.m.	Mon
Dec. 2	1 p.m.	Mon

ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP

INSTRUCTOR(S): Alzheimer’s Association of Central Ohio

AGE(S): 18 and up

FREE

Join us for a caregiver support group with a special focus on bringing balance to caregiver stress through mindfulness techniques. Exchange information on challenges and solutions, and talk through issues and ways of coping. Conducted by trained facilitators. *Meet at Paramount Senior Living at Polaris, 702 Polaris Pkwy.*

**DR●P
IN**

Date	Time	Day(s)
Nov. 21	6 p.m.	Thu
Dec. 19	6 p.m.	Thu

DIABETES EDUCATION/ SUPPORT GROUP

INSTRUCTOR(S): Uptown Pharmacy

FREE

Learn about a new diabetic topic each month including nutrition, self-care and possible complications in this open, safe learning environment. Attendees can learn from other’s experiences and offer support to each other.

**DR●P
IN**

Date	Time	Day(s)
Nov. 19	2-3 p.m.	Tue
Dec. 17	2-3 p.m.	Tue

SILVERTONES

INSTRUCTOR(S): Larry Loeffert and Lindsay Smith

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$80

Silvertones choir members sing in a professional atmosphere with amazing harmonies and professional instructions. Call the Senior Center at (614) 901-6560 if you have any questions or are new to the group. *This is a year-long program.*

Activity#	Date	Time	Day(s)
804301-01*	Nov./Dec./Jan.	10:30-11:30 a.m.	Wed

***NO CLASS: Nov. 6, Dec. 25, Jan. 2**

SILVERTONES
HOLIDAY CONCERT

Bring your family and friends to enjoy this free Silvertones concert.

Thursday, Dec. 19
3 p.m.
Westerville Community Center
350 N. Cleveland Ave.

Open to the Public

PRIME TOURS

INSTRUCTOR(S): Kevin Thuman

AGE(S): Senior Center Program Pass

FREE

Kevin Thuman and Lisa Busch from Prime Tours will present some exciting 2025 travel opportunities including trips out west to Arizona and Texas, Wyoming and Chicago

DR	Date	Time	Day(s)
OP	Dec. 12	4:30 p.m.	Thu
IN			

WORLD OF TRAVEL

INSTRUCTOR(S): World of Travel

AGE(S): Senior Center Program Pass

FREE

Learn about exciting trips for 2025. Travel to South Caribbean, South Pacific, and Hawaii. Learn about trips to Canada, Colorado, New Hampshire, the Mediterranean, Asia and many more.

DR	Date	Time	Day(s)
OP	Jan. 7	10 - 11 a.m.	Tue
IN			

LUNCH AND LEARN

AGE(S): Senior Center Program Pass

FREE

Join us for a variety of sessions covering many different topics. Each event includes a question and answer section and lunch.

DOC TALK: VETERANS BENEFITS

INSTRUCTOR(S): Carla Poston

Discuss ways to expand your benefits as a veteran with our visiting doctor from Dedicated Senior Medical Center.

Activity#	Date	Time	Day(s)
604340-01	Nov. 12	12-1 p.m.	Tue

PREPARING FOR THE HOLIDAYS - HEALTH-WISE

INSTRUCTOR(S): Mt. Carmel Rehabilitation Hospital

AGE(S): Senior Center Program Pass

FREE

Join the therapy team for lunch and learn to help you navigate through the busy month of December! Topics will include preventing falls, reducing stress, staying hydrated and maintaining skin integrity. Handouts will be provided and demonstrations are available with the opportunity for Q&A.

Activity#	Date	Time	Day(s)
604319-01	Dec. 3	11 a.m.-12 p.m.	Tue

SOLO AGERS: NAVIGATE AGING WITH OUR CHILDREN OR SPOUSE

INSTRUCTOR(S): Daniel Seltzer, *Evergold*
AGE(S): Senior Center Program Pass
FREE

This presentation delves into the complex and increasingly relevant issue of aging a spouse, partner or close family support. We will explore the unique challenges faced by solo agers, including social isolation, financial security and healthcare needs. You will learn how to build a supportive network, plan for future care and leverage community resources.

Activity#	Date	Time	Day(s)
604318-01	Dec. 3	2-3 p.m.	Tue

WESTERVILLE COMMUNITY CARE

DAILY TELEPHONE CHECK-IN SERVICE

Community Care is a daily telephone check-in service for homebound, handicapped or elderly residents. This is a free service to residents of Westerville and Blendon Township with the cooperative efforts of the Westerville Police and Fire Divisions and the Westerville Communications Division. For additional information, call (614) 901-6790.

GREAT DECISIONS

INSTRUCTOR(S): Marie Corbitt
Westerville Public Library

AGE(S): Senior Center Program Pass
FREE

Created by the Foreign Policy Association, this class is America's largest discussion program on world affairs with a class goal to promote greater understanding and respect on a wide variety of topics.



Date	Time	Day(s)
Nov. 25	1-2 p.m.	Mon

Pandemic Preparedness

GET THE SCOOP ON MEDICARE

INSTRUCTOR(S): Carla Poston, *ProCore*
AGE(S): 55 and up
FREE

The varying parts of Medicare and your Medicare options for 2025 will be discussed with plenty of time for questions. Ice cream will be provided.

Activity#	Date	Time	Day(s)
604335-01	Nov. 12	5-7 p.m.	Tue
604335-02	Nov. 22	2-4 p.m.	Fri
604335-02	Dec. 3	10 a.m.-12 p.m.	Tue

FRAUD PREVENTION BASICS

INSTRUCTOR(S): AARP
AGE(S): Senior Center Program Pass
FREE

If you have ever been approached with a fraudulent offer or been a victim of identity theft, this class will provide the tools to help you spot and avoid identity theft and fraud. You will learn practical steps that will empower you to fight against fraud.

Activity#	Date	Time	Day(s)
604326-01	Dec. 5	11 a.m.-12 p.m.	Thu

LONG-TERM CARE FOR LOVED ONES

INSTRUCTOR(S): Daniel Seltzer, *Evergold*
AGE(S): Senior Center Program Pass
FREE

This presentation provides a structured approach to initiating and managing emotional aspects of, and conversations about, care options and ensuring that discussions are both compassionate and productive. Attendees will gain a clear understanding of various long-term care alternatives along with practical tools for evaluating these options and equip participants with strategies to handle resistance and foster a supportive family environment.

Activity#	Date	Time	Day(s)
604304-01	Nov. 19	2-3 p.m.	Tue

DOWNSIZING CAN BE UPLIFTING

INSTRUCTOR(S): Downsizing Can Be Uplifting
AGE(S): Senior Center Program Pass
FREE

This class is for those thinking of downsizing their home, moving or aging in place. Get tips from the pros on how to plan, organize and and sort your possessions. If moving, learn about selling, donating or disposing of items, packing and unpacking.

Activity#	Date	Time	Day(s)
604327-01	Dec. 17	1:30-2:30 p.m.	Tue

SENIOR NOTARY SERVICES

INSTRUCTOR(S): Shirley Bernard,
The James Notary Solutions, LLC
AGE(S): Senior Center Program Pass
FREE

Needing items notarized? Bring your documents (unsigned) to this drop-in event. You must provide a valid form of identification. Additional requirements apply. Call (614) 515-3220 for details.

CREATION CARE PROJECT

INSTRUCTOR(S): Ron Schmidt
AGE(S): Senior Center Program Pass
FREE

In this two-part presentation, you will learn to provide a basic understanding of how the Earth's climate system works, what is happening and why. We will also briefly discuss the impacts of a warming climate and how we can mitigate the potential damage.

Activity#	Date	Time	Day(s)
604312-01	Nov. 18- Nov. 25	1-3 p.m.	Mon

COMPUTER CONNECTORS

INSTRUCTOR(S): Jim Holden
AGE(S): Senior Center Program Pass
FREE

Bring your computer questions to this group-sharing and problem-solving class. Online demonstrations will be used to aid the discussions. These meetings will include presentations on free software from Microsoft, Google and others.

DR●P IN	Date	Time	Day(s)
	Nov. 4, 18	1- 3 p.m.	Mon
	Dec. 2, 16	1- 3 p.m.	Mon
	Jan. 6, 20	1- 3 p.m.	Mon

CENTERED SENIORS INVESTMENT CLUB

INSTRUCTOR(S): Linda Lerner
AGE(S): Senior Center Program Pass
FREE

This club is a legal partnership of senior investors who maintain an active portfolio of common stocks and take responsibility for learning, listening and helping to make an investment. Each member is assigned one of the stocks in the club's portfolio, studying and reporting back to the group on a quarterly basis. *For more information, contact Linda Lerner at llerner200@gmail.com.*

DR●P IN	Date	Time	Day(s)
	Nov. 14	1- 3 p.m.	Thu
	Dec. 12	1- 3 p.m.	Thu
	Jan. 9	1- 3 p.m.	Thu

INTERACTIVE LECTURE SERIES

INSTRUCTOR(S): Van Young
AGE(S): Senior Center Program Pass
FREE

Everyone will get involved with questions and fascinating information from topics including history, science, entertainment, geography and general knowledge. Get the right answer and win a delicious prize. This will be a fun, educational and engaging experience as we all try to learn about what we don't know.

WHAT DO YOU KNOW - TRIVIA

DR●P IN	Date	Time	Day(s)
	Nov. 26	1-2:30 p.m.	Tue
	Dec. 17	1-2:30 p.m.	Tue

GIVING YOURSELF GRACE

INSTRUCTOR(S): Jessie Leaman,
Capital Health Home Care
AGE(S): Senior Center Program Pass
FREE

We will work to reframe your perception of what it is to age and process the challenges while being kind to ourselves and appreciating the journey.

Activity#	Date	Time	Day(s)
604333-01	Nov. 21	2-3:30 p.m.	Thu

TAKING CARE OF YOURSELF AS A CAREGIVER

INSTRUCTOR(S): Jessie Leaman,
Capital Health Home Care

AGE(S): Senior Center Program Pass
FREE

When you take on a caregiver role, the dynamics of the relationship change due to the new responsibilities. We will discuss why this happens and how caregivers can recognize their own needs to transition into better wellness. Presenter Jessie Leaman will use her training and knowledge to teach the secrets to preserving the quality of life for us to live independently for as long as possible.

Activity#	Date	Time	Day(s)
604332-01	Dec. 16	2-3:30 p.m.	Mon

BOOK DISCUSSION GROUP

INSTRUCTOR(S): Mindy Bilyeu

AGE(S): Senior Center Program Pass
FREE

This group enjoys lively discussion led by Westerville Public Library librarian Mindy Bilyeu. Contact Mindy at (614) 882-7277 extension 2186 to pick up a book and enjoy the fun.

DR OP IN	Date	Time	Day(s)
	Nov. 11	2:30 - 3:30 p.m.	Mon
	<i>Take My Hand</i> by Dolen Perkins-Valdez		
	Dec. 9	2:30 - 3:30 p.m.	Mon
	<i>Wishing Game</i> by Meg Shaffer		
	Jan. 13	2:30 - 3:30 p.m.	Mon
	TBD		

PHOTO CHAT

AGE(S): Senior Center Program Pass
FREE

Buy or bring your lunch and develop a fellowship with other photographers. This is an informal chat about all things photography.

DR OP IN	Date	Time	Day(s)
	Nov. 6, 20	11:30 a.m.-1 p.m.	Wed
	Dec. 4, 18	11:30 a.m.-1 p.m.	Wed
	Jan. 15	11:30 a.m.-1 p.m.	Wed

LUNCH BUNCH

AGE(S): 55 and up
RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Travel on the Senior Center bus for lunch to a variety of restaurants (lunch on your own) The same restaurant will be visited on both trips. *Please only sign up for one trip. Lunch destinations TBA.*

Activity#	Date	Time	Day(s)
614304-01	Nov. 18	11:30 a.m.-2 p.m.	Mon
614304-02	Dec. 16	11:30 a.m.-2 p.m.	Mon

PRIME TIME DINERS

AGE(S): 55 and up
RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Take the road each month and visit some of Central Ohio's finest restaurants enjoying great meals, great conversation and great friends. Transportation needs will be provided by the Westerville Senior Center, leaving promptly at the printed time. *Dinner is on your own. Register for ONE trip (same restaurant both trips).*

Activity#	Date	Time	Day(s)
614303-01	Nov. 19	4:30 p.m.	Tue
614303-02	Dec. 10	4:30 p.m.	Tue

MODERATE WALKING, SOME HILLS AND/OR STEPS
VIGOROUS WALKING, SOME HILLS AND/OR STEPS
STRENUOUS WALKING, WITH HILLS AND/OR STEPS

WALK
RATING

FRANKLIN PARK CONSERVATORY



AGE(S): 55 and up

RATE: \$45 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Get a bit of warmth in the winter as we spend the afternoon at Franklin Park Conservatory and Botanical Gardens. The gardens will be decorated for the holidays and you will find beautiful indoor and outdoor gardens, dynamic exhibitions, artwork and more. We will enjoy a late lunch (on your own) after our visit.

Activity#	Date	Time	Day(s)
614309-01	Dec. 19	10:30 a.m. - 2 p.m.	Thu

TRANSPORTATION INFORMATION

All trips meet at the Westerville Senior Center, 350 N. Cleveland Ave.

WONDERLIGHTS



AGE(S): 55 and up

RATE: \$45 | **RESIDENT RATE:** \$35

SENIOR CENTER PROGRAM PASS RATE: \$20

Experience more than one million LED lights synchronized to traditional and newer rocking holiday music at the Hartford Fairgrounds. We will go to dinner (on your own) after the light show.

Activity#	Date	Time	Day(s)
614306-01	Nov. 12	4:30-10 p.m.	Tue

CASTLE NOEL



AGE(S): 55 and up

RATE: \$65 | **RESIDENT RATE:** \$50

SENIOR CENTER PROGRAM PASS RATE: \$40

Step into this fantasy world in Medina, Ohio, at the world's most extensive privately-owned collection of Hollywood movie props and costumes from favorite holiday movies. Feel like a kid again remembering your experiences from the 50s through the 80s. We will have a late lunch (on our own) after the visit. Please note: there will be many stairs and walking on this trip.

Activity#	Date	Time	Day(s)
614307-01	Nov. 21	9:15 a.m. - 6 p.m.	Thu

HOLIDAY TREE HOUSE



AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Participants will enjoy a trip to the home of Barbara Hardesty where she will share more than 640 holiday trees set up inside. Cookies and hot chocolate are included. Please bring a \$5 donation for the Faith Mission and The Refugee. We will enjoy lunch (on your own) after the tour.

Activity#	Date	Time	Day(s)
614308-01	Dec. 13	1:30 p.m. - 5 p.m.	Fri



SENIOR MEAL PROGRAM

AGE(S): Senior Center Program Pass
SENIOR CENTER PROGRAM PASS RATE: \$4
 Enjoy a delicious meal in the company of others. Pick up the monthly menu or visit www.westerville.org/seniorcenter.

Date	Time	Day(s)
Nov./Dec./Jan.	12 - 12:30 p.m.	Wed/Fri

WACKY WEDNESDAY

AGE(S): Senior Center Program Pass
 Join us on the second Wednesday of each month for some crazy fun! During lunch, we will have themes for your attire should you choose to participate, otherwise, just be wacky and have fun.

- Nov. 13 - Dress Like Your Grandchild Day
- Dec. 11 - Different Shoe Day
- Jan. 8 - Rubber Ducky Day

FRIDAY FEAST

AGE(S): Senior Center Program Pass
SENIOR CENTER PROGRAM PASS RATE: \$5
 Enjoy a themed, hot and delicious meal served to you with old and new friends. *Registration is required.*

THANKSGIVING

Activity#	Date	Time	Day(s)
604306-01	Nov. 22	12 - 1 p.m.	Fri

HOLIDAY MEAL

Activity#	Date	Time	Day(s)
604306-02	Dec. 20	12 - 1 p.m.	Fri

DITCH NEW YEAR'S RESOLUTION DAY

Activity#	Date	Time	Day(s)
104306-01	Jan. 17	12-1 p.m.	Fri

GRINCHMAS

Friday, Dec. 27
12 p.m.
Activity# 604309-01
\$5

Join the Grinch as we celebrate our own Grinchmas! We will have a Grinch of a time with lunch and laughs. Your heart may even grow a few sizes.

NEW YEARS EVE PARTY

AGE(S): Senior Center Program Pass
SENIOR CENTER PROGRAM PASS RATE: \$10
 Join us for a New Year's eve meal and fun. Enjoy a balloon drop, noisemakers and tons of fun as we celebrate the new year.

Activity#	Date	Time	Day(s)
604308-01	Dec. 31	11:30 a.m.	Tue

BIRTHDAY LUNCH

AGE(S): Senior Center Program Pass
RATE: \$4
 Join us the **first Friday** of the month for our birthday lunch celebrations. You will receive one lunch free during the month of your birthday.

Date	Time	Day(s)
Nov. 1	12 - 12:30 p.m.	Fri
Dec. 6	12 - 12:30 p.m.	Fri
Jan. 3	12 - 12:30 p.m.	Fri

PANCAKE BREAKFAST

Wed, Nov. 6 / Dec. 4
 7:30 - 10 a.m.
 Rate: \$5

DROP
IN



GAMES

All games are available to Senior Center Program Pass holders only and are free with your pass.

Meeting Every Week

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHESS 9:30 - 11:30 a.m.	CORN HOLE 11 a.m. - 12 p.m.	PINOCHLE 1 - 3 p.m.	ADVANCED MAH JONGG * 10 a.m. - 12 p.m.	EUCHRE 1 - 3 p.m.
BEGINNER MAH JONGG 10 a.m. - 12 p.m.	HAND AND FOOT/ CANASTA 1 - 3 p.m.	CONTRACT BRIDGE * 1 - 3 p.m.	TABLE TENNIS 10 a.m. - 12 p.m.	CONTRACT BRIDGE * 1 - 3 p.m.
BEGINNER CHESS 11:30 a.m. - 12:30 p.m.	SOCIAL BRIDGE 1 - 3 p.m.	EUCHRE 1 - 3 p.m.	SOCIAL DUPLICATE BRIDGE * 12:30 - 4 p.m.	SCRABBLE 1 - 3 p.m.
ADVANCED MAH JONGG * 1 - 3 p.m.	WOMEN'S BILLIARDS 1 - 4 p.m.	SPADES 1 - 3 p.m.	TRAIN DOMINOES 1 - 3 p.m.	
PINOCHLE 1 - 3 p.m.				

Meeting on Specific Dates

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BINGO 1 p.m. NOV. 25 DEC. 23	BINGO 1 p.m. NOV. 12 DEC. 10 JAN. 14		EUCHRE CHALLENGE 3-5 p.m. NOV. 7 DEC. 5 JAN. 2	BINGO 1 p.m. NOV. 8 DEC. 13 JAN. 10
	BINGO 3 p.m. NOV. 5 DEC. 3 JAN. 7			AFTERNOON EUCHRE PARTY 1 p.m. NOV. 15 DEC. 20 JAN. 17

EUCHRE CHALLENGE

INSTRUCTOR(S): Carla Poston
ProCore Health Brokers
Enjoy an afternoon of Euchre with prizes.
Meets from 3-5 p.m. on the first Thursday of the month.

AFTERNOON EUCHRE PARTY

Play is geared toward experienced players with fast, exciting games.
Hard start at 1 p.m. on the third Friday of the month.

SOCIAL DUPLICATE BRIDGE

While the play is serious, the atmosphere is friendly and social. Drop-in with a partner.
Meets from 12:30-4 p.m. on Thursday.

SOCIAL BRIDGE (WITH LESSONS)

INSTRUCTOR(S): Reid Slevin
Have fun while learning and playing bridge in a relaxed, non-competitive environment. This class is for beginner and intermediate players. *Meets from 1-3 p.m. on Tuesday.*

CONTRACT BRIDGE

Play is geared toward experienced players with fast exciting games. New and experienced players welcome.
See chart for dates and times.

BEGINNER CHESS

Learn to play Chess in an educational and positive way. Chess is a game for two players each controlling an army of chess pieces in their color with the objective to checkmate the opponent's king.

CHESS

Come play chess and sharpen your skills to checkmate your opponent.

BINGO

This favorite game allows you to meet new friends and share a few laughs while enjoying the fun of winning.

See chart for dates and times.

Sponsors:

Tuesdays 1 p.m. - Trilogy Senior Living

Tuesdays 3 p.m. - The Villages/ProMedica

Fridays 1 p.m. ProCore

Mondays 1 p.m. - Westerville Senior Center

* EXPERIENCED/ADVANCED PLAYERS

Westerville Community Center



The Westerville Community Center pass includes access to the

- Gymnasium and MAC Gym
- Adventure Fitness Gym
- Fitness Area* and Track*
- Indoor Pool
- Climbing Wall
- eSports Room

*AGES 14 AND UP



COMMUNITY CENTER HOURS

Monday - Friday	5:45 a.m. - 9 p.m.
Saturday	8 a.m. - 8 p.m.
Sunday	10 a.m. - 6 p.m.

SPECIAL HOURS

Martin Luther King Jr. Day
 Memorial Day
 Labor Day
 Day before Thanksgiving
 Day after Thanksgiving
 Christmas Eve
 New Year's Eve

CLOSED

Thanksgiving
 Christmas
 New Year's Day
 Easter
 4th of July

Visit www.westerville.org/hours for additional special hours.

PASS TYPE	MONTHLY RATES		DAILY RATES	
	RATE	RESIDENT RATE	RATE	RESIDENT RATE
Ages 3-13	\$40	\$23	\$14	\$7
Ages 14-64	\$56	\$32	\$20	\$10
Ages 65+	\$44	\$25	\$14	\$7
HOUSEHOLD [^] (three or more)	\$149	\$85	NA	NA

[^] PROOF OF RESIDING

Proof of residing is required for each household member ages 6 and older. Types of proof may include a state issued ID, pay stub, utility bill or report card/school registration. Proof of residing is required each time a new person is added to the household.

MILITARY PASS

All active and retired military will receive a 15% discount on a Community Center monthly or annual pass. **Military ID required.**

CLASS REGISTRATION

THURSDAY, NOV. 7 • 12 p.m.

Senior Center Program Pass Holder registration only
 (In person at the Community Center only and online)

FRIDAY, NOV. 8 • 12 p.m.

Online Early Registration (Residents Only)

SATURDAY, NOV. 9 • 8 a.m.

In-person Registration (Residents Only)

SUNDAY, NOV. 10 • 12 p.m.

Online Open Registration (Residents and Non-Residents)

MONDAY, NOV. 11 • 8 a.m.

In-person Open Registration (Residents and Non-Residents)

HOW TO REGISTER FOR CLASSES

Register at www.westerville.org/registration or in person at the Westerville Community Center (350 N. Cleveland Ave.).

Information on HOW TO UPDATE YOUR RESIDENCY STATUS can be found at www.westerville.org/residencystatus.

SENIOR CENTER PROGRAM PASS INFORMATION

Westerville Senior Center program passes are available to adults 55 or older. Information including rates and Senior Center hours can be found in the Older Adult section.



Hours



FITNESS WING & TRACK

www.westerville.org/fitness

Mon-Fri 5:45 a.m. - 9 p.m.
 Sat 8 a.m.-8 p.m.
 Sun 10a.m.-6 p.m.



GYMNASIUM & MAC GYM

www.westerville.org/gymnasium

Mon-Fri 5:45 a.m.-8 p.m.
 Sat 8 a.m.-7 p.m.
 Sun 10 a.m.-2 p.m.

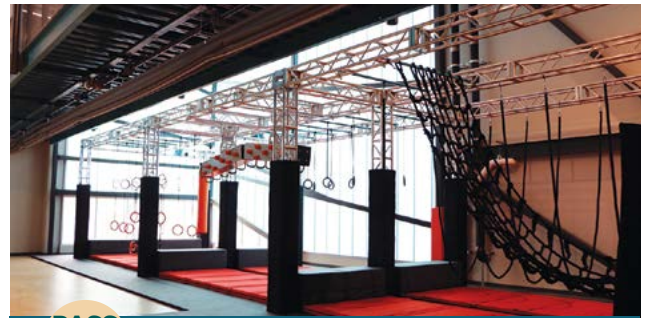
*Court availability subject to leagues, programs and events



CLIMBING WALL

www.westerville.org/parks

Mon/Wed/Fri 1-6 p.m.
 Tue/Thu CLOSED
 Sat 1-6 p.m.
 Sun 1-5 p.m.



ADVENTURE FITNESS COURSE

www.westerville.org/gymnasium

Mon/Wed/Fri CLOSED
 Tue/Thu 1-6 p.m.
 Sat/Sun 1-5 p.m.

CHILDCARE ROOM

www.westerville.org/childcare

Mon-Thu 9 a.m. - 12 p.m.
 5 - 8 p.m.
 Fri 9 a.m. - 12 p.m.
 Sat 9 a.m. - 1 p.m.
 Sun CLOSED

RATES

\$3 per hour for active Community Center Pass holders
 \$5 per hour for all non-pass holders
 There is no discount for siblings.
 Punch cards are no longer available.



eSPORTS ROOM

www.westerville.org/sports

Mon - Fri 1-6 p.m.
 Sat - Sun 11:30 a.m.-4:30 p.m.

Westerville Parks & Recreation Pools



INDOOR POOL AT THE COMMUNITY CENTER

www.westerville.org/indoorpool



350 N Cleveland Ave.

LEISURE POOL

18 and up Swim Hours

Mon-Fri	7:30 a.m. - 1 p.m.
Sat	8 a.m. - 1 p.m.
Sun	10 a.m. - 1 p.m.

Family Swim Hours

Mon/Wed/Fri	3:30 - 7 p.m.
Tue/Thu	3:30 - 5:30 p.m.
Sat/Sun	1 - 5 p.m.

WARM WATER POOL

18 and up Swim Hours

Mon - Fri	8:30 a.m. - 12 p.m.
Sat	8 a.m. - 1 p.m.
Sun	10 a.m. - 1 p.m.

Family Swim Hours

Mon/Wed/Fri	3:30-7 p.m.
Tue/Thu	3:30-5 p.m.
Sat /Sun	1-5 p.m.

LAP POOL / HOT TUB

Mon/Wed/Fri	7 a.m.-8 p.m.
Tue/Thu	5:45 a.m.-8 p.m.
Sat	8 a.m.-7 p.m.
Sun	10 a.m.-5 p.m.

Please visit www.westerville.org/indoorpool for special holiday hours, closures and lap lane schedules.



2025 PASSES NOW AVAILABLE

VISIT WWW.WESTERVILLE.ORG/HPAC FOR DETAILS



Reserve a Space with Westerville Parks and Recreation

WESTERVILLE COMMUNITY CENTER

www.westerville.org/reservations



MULTIPURPOSE ROOMS

HOURS

FRI/SAT/SUN (5-hour minimum)

Fri 5 - 10 p.m.
Sat 8 a.m.-10 p.m.
Sun 10a.m.-9p.m.

RATES

One Room

Rate: \$105 per hour
Resident Rate: \$70 per hour

Two Rooms

Rate: \$135 per hour
Resident Rate: \$90 per hour

Three Rooms

Rate: \$165 per hour
Resident Rate: \$110 per hour

Security Deposit

Friday - Sunday including Holidays: \$250



To reserve space for a birthday party, at the climbing wall in the Community Center or a shelter at one of the many parks, visit www.westerville.org/reservations.



EVERAL BARN & HOMESTEAD

www.westerville.org/everalbarn

60 N. Cleveland Ave.

HOUSE

Mon - Thu

Rate: \$80
Resident Rate: \$55

Fri - Sun & Holidays

Rate: \$175
Resident Rate: \$100

BARN

UPPER & LOWER LEVELS

Mon - Thu

Rate: \$120 | **Resident Rate:** \$80

Fri - Sun & Holidays

Rate: \$260 | **Resident Rate:** \$150

HOUSE & BARN

Mon - Thu

Rate: \$150
Resident Rate: \$100

Fri - Sun & Holidays

Rate: \$350
Resident Rate: \$200

LOWER LEVEL ONLY

Mon - Thu

Rate: \$95 | **Resident Rate:** \$60

Fri - Sun & Holidays

Rate: \$200 | **Resident Rate:** \$115

OFFICE HOURS

Tue 11 a.m. – 1 p.m.
Wed 10a.m.– 6 p.m.

All rates are per hour.

Mon-Thu
3-hour minimum

Fri/Sat/Sun & Holidays
5-hour minimum

Interested in reserving the Everal Barn and Homestead or just want to visit this historical park, take a tour or walk the trails? Visit www.westerville.org/everalbarn for information.



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CITY OF WESTERVILLE RECREATION TRAIL SYSTEM

TRAILS

Alum Creek Trail - 3.75 miles

From the dead end north of County Line Road, south through Sports Complex then Heritage Park to Main Street, East to Alum Creek, south across the Historical Bridge, under Schrock Road to the Westerville Corporate Limits

Big Walnut Creek Trail - 3.4 miles

Maxtown Road at Sunbury Road, south through the tunnel just north of Marlene Drive and along Hoover Reservoir to Central College Road

County Line Trail - 2.2 miles

From the Ohio to Erie Trail west across Alum Creek to Worthington Road

Ohio to Erie Trail - 3.3 miles

From Alum Creek Trail at Schrock Road, east to Charring Cross Drive behind Roush Hardware, North across State Street to Polaris Trail at Maxtown Road

Polaris Trail - 1.41 miles

N. Spring Road at Maxtown Road west to Alum Creek Trail along Polaris Parkway

Towers Trail - 2.58 miles

From Big Walnut Creek Trail at Sunbury Road, west to Towers Park across County Line Road, north along Hoff Woods Park to Maxtown Road

TRAIL CONNECTORS

Alum Creek Park Trail Connector (I) - .3 miles

At West Street, Connects Otterbein University through Alum Creek Park North across Main Street bridge to the Alum Creek Trail

Alum Creek Park Trail Connector (II) - .75 miles

At Cooper Road, Connects Alum Creek Park Trail to Sharon Woods Metro Park across Cleveland Avenue

Chipmunk Chatter Trail Connector - .6 miles

North Street at Central College Road and Sunbury Road, west to gate at Hintswood Metro Park

Hoff Woods Connector - .15 miles

Ohio to Erie Trail at Maplebrook Drive, east to Hoff Woods Park

Westerville Library Connector - .09 miles

At the Ohio to Erie Trail west to Library Road

Africa Road Connector - .11 miles

Polaris Parkway north to Corporate Limits

INNER PARK TRAIL LOOPS

Community Center Loop	.55 miles
Heritage Park Trail Loop	.89 miles
Highlands Park Loop	1.09 miles
Hoff Woods Park Loop	1.16 miles
Huber Village Park Loop	.7 miles
Johnston-McVay Park Loop	.32 miles
Metzger Park Loop	.85 miles
Millstone Creek Park Loop	.36 miles
Olde Town Park Loop	.2 miles
Towers Park Loop	.36 miles
Sports Complex Loop	1.29 miles
Walnut Ridge Park Loop	.37 miles

Visit one of the many Westerville Parks while enjoying the paths.

- 1 Alum Creek Park North** (221 W. Main St.)
- 2 Alum Creek Park South** (535 Park Meadow Rd.)
- 3 Astronaut Grove** (290 W. Main St.)
- 4 Boyer Nature Preserve** (452 E. Park St.)
- 5 Brooksedge Park** (708 Park Meadow Rd.)
- 6 Cherrington Park (Ernest)** (231 Hiawatha Ave.)
- 7 First Responders Park** (374 W. Main St.)
- 8 Hanby Park** (115 E. Park St.) HUB Location

- 9 Hannah Mayne Park** (55 Glenwood Ave.)
- 10 Heritage Park** (60 N. Cleveland Ave.)
- 11 Highlands Park** (245 S. Spring Rd.)
- 12 Hoff Woods Park** (556 McCorkle Blvd.)
- 13 Huber Village Park** (362 Huber Village Blvd.)
- 14 Johnston-McVay Park** (480 S. Hempstead Rd.)
- 15 Metzger Park, Paul S.** (137 Granby Place)

- 16 Millstone Creek Park** (745 N. Spring Rd.)
- 17 Olde Town Park** (108 Old County Line Rd.)
- 18 Otterbein Lake** (via 221 W. Main St.)
- 19 Spring Grove North Park** (1201 E. County Line Rd.)
- 20 Towers Park** (161 N. Spring Rd.)
- 21 Walnut Ridge Park** (529 E. Walnut St.)
- 22 Westerville Sports Complex** (325 N. Cleveland Ave.)

Key	
	Facilities
	Key
	A Westerville Community Center
	B Several Barn at Heritage Park
	C Amphitheater at Alum Creek Park N
	D Thomas James Knox Memorial Hockey Rink at Alum Creek Park S
	E Highlands Park Aquatic Center
	F Parks Maintenance Complex
	Amphitheater
	Ball Diamonds
	Basketball
	Bike/Leisure Path
	BMX/Skateboard
	Community Garden
	Dog Park
	Drinking Fountain
	Fishing
	Historical Site
	Hockey
	Ice Skating
	Nature Area
	Parking
	Picnic Area
	Playground
	Portajohn
	Restroom
	Shelter House
	Soccer
	Spray Ground
	Swimming Pool
	Tennis Courts
	Volleyball
	Water Feature



142 Miles to Cleveland

132 Miles to Cincinnati

WESTERVILLE CITY
BOUNDARY

UPTOWN DISTRICT

HOSPITAL

FACILITY

WESTERVILLE PARK

TRAIL SYSTEM

GREENSPACE

Westerville Park

Open Space

Metro Park

Recreation Trail

Bike Route/Sharrows

Inner Park Leisure Trail

Suggested Sidewalk

Ohio to Erie Trail

Bike Lane

Trail System

GreenSpace

Westerville Park

Open Space

Metro Park



270

270

270

270

270

270

270

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GIVE THE GIFT OF

Wellness



Give the gift of wellness this holiday season with a gift card (purchased online or in-person) to the Westerville Community Center or Senior Center.

WWW.WESTERVILLE.ORG/PASSES



350 N. Cleveland Avenue
Westerville, Ohio 43082-9105
www.westerville.org

*Volunteer
of the
Year*

*Organization
of the
Year*

**Nominations Open
Monday, Dec. 2**

For more information, visit www.westerville.org/voy.