

UPDATING AN UPTOWN MURAL
with the Rotary Peace Project

TOTAL ECLIPSE
Viewing Party

CULTIVATING SUSTAINABILITY
for a Greener Future

WESTERVILLE

COMMUNITY GUIDE

MARCH / APRIL 2024



www.westerville.org

**Program
Registration
Dates**

**Registration
Information**
See page 72

MARCH

S	M	T	W	R	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



MONICA DUPEE, CITY MANAGER



Westerville City Council

Back Row: David Grimes;
Jeff Washburn; Dennis Blair;
Coutanya Coombs, Vice Mayor

Front Row:
Megan Reamsnyder, Vice Chair;
Michael Heyeck, Chair;
Kenneth L. Wright, Mayor



On the cover: Jim J. tends to his garden at the Westerville Parks and Recreation community garden located at Cherrington Park (231 Hiawatha Ave.). Visit the *Cultivating Sustainability* section (page 5) to learn how you can plant a garden in your backyard. For more information on the Community Garden, call the Community Center at (614) 901-6500.

TABLE OF CONTENTS

- 4** Westerville State of the City
- 5** Cultivating Sustainability Special Section
- 6** Reducing Food Waste
- 8** Cultivating Sustainability in Your Backyard
- 10** Fighting Food Insecurity
- 11** Local Events Promote Reuse for Greener Future
- 12** Form5 Cultivates Community with Innovative Prosthetics
- 14** City Hall Project
- 16** Comprehensive Sanitary Sewer System Inspection Continues
- 17** Brookside Mobility Improvements
New Council Members
- 18** Outsmart Fraudsters This Tax Season
- 19** Rotary Mural Project
- 20** Water Utility Manager Retires after 30 Years of Service
- 21** Midwest High School eSports Recruiting Combine
- 22** Unforgettable Memories and Learning Opportunities
- 24** Spring Cleaning for the Mind
- 25** Total Eclipse Viewing Party
- 26** Gather Your Peeps for an Eggciting Spring Tradition

COMMUNITY ACTIVITIES

- 27-32** Community Events
- 33** Westerville Bimonthly Calendar

WESTERVILLE PARKS AND RECREATION

- 35-71** Programs and Classes
- 72-75** Parks and Recreation
- 76** Index
- 77-78** Recreation Trail Map



Delivery and Availability

The Community Guide is delivered to resident homes six times per year. This publication is available at the Westerville Community Center, City Hall and the Westerville Public Library. The Guide is also available at www.westerville.org/communityguide.

Notes to the Editor

Westerville Community Guide Editor:
Toni Schorling
toni.schorling@westerville.org

City of Westerville Mission

The City of Westerville is dedicated to providing exemplary municipal services to our community and fostering prosperity while embracing our unique heritage and character.

City Values

- | | |
|----------------|----------------------|
| Innovation | Integrity and Trust |
| Stewardship | Public Safety |
| Excellence | Community Engagement |
| Accountability | Employee Enrichment |

Westerville City Council Strategic Goals

-  AUTHENTIC AND ALIVE UPTOWN
-  CONNECTED AND ENGAGED RESIDENTS
-  SAFE AND VIBRANT NEIGHBORHOODS
-  THRIVING BUSINESS CLIMATE

2024

WESTERVILLE

STATE OF THE CITY

THURSDAY, MARCH 21

Renaissance Columbus Westerville-Polaris Hotel

6:15 p.m.

Networking and Light Refreshments

7 p.m.

Remarks and Awards



WWW.WESTERVILLE.ORG/SOC



Cultivating Sustainability

**A Greener Future
One Plate at a Time**

Food sustainability acts as one of our guiding principles in the big picture of our world. It's about finding a balance between food security and the sustainable future of the food we consume. Picture it as a mix of smart farming practices, sharing of food resources, reducing waste and keeping nature diverse and happy. It's a way of making sure we can enjoy our meals today without creating more problems in the future. In this eco-conscious era, food sustainability is about being good stewards of the planet that sustains us.



Reducing Food Waste

Eat Seasonally

Eating "seasonally" is tuning into nature's menu and letting the seasons dictate what lands on your plate. Eating seasonally is a way to enjoy the best produce each season offers, picked at the peak of freshness and ready to enjoy.

When we eat what's in season, we use fewer resources like energy and chemicals for transport and storage. Plus, seasonal foods are usually more readily available and affordable since they're in abundance during their peak times. There's a nutritional bonus too – fresher produce tends to pack more nutrients. Eating seasonally is a tasty, eco-friendly and healthy win-win all around.

Grow Your Own Food

Growing your own food isn't just about gardening; it's a way to take charge of what you eat while reducing your impact on the planet. By cultivating your vegetables and herbs, whether in a garden plot or containers, you're cutting down on the environmental toll of store-bought produce, which often involves extensive transportation and packaging alongside a heavier carbon footprint. See page 8 for information about square-foot gardening, a creative, eco-conscious approach to growing your own food.

Store Food Properly

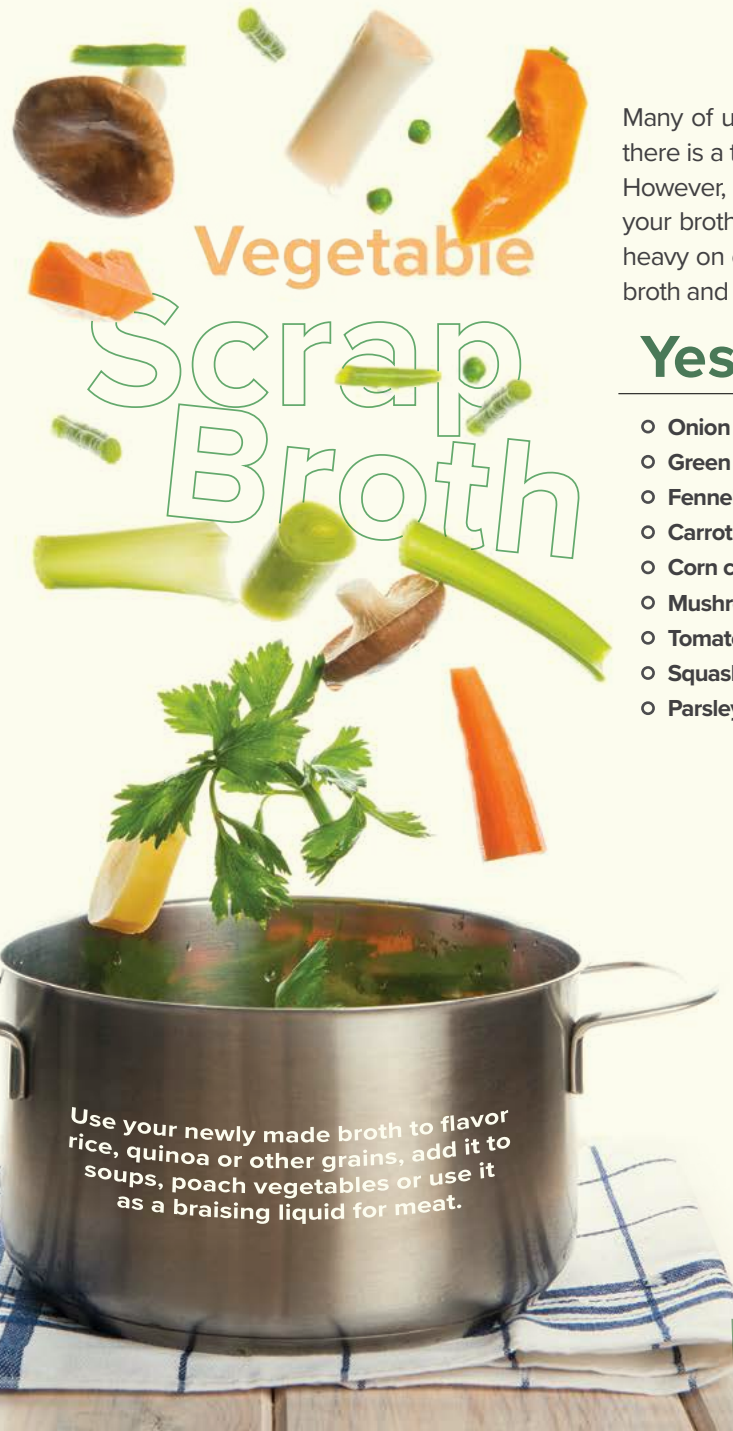
One of the main tools in the fight against food waste is proper food storage. The Solid Waste Authority of Central Ohio (SWACO) recently published food storage guide lists the following tips to keep your food fresh:

- Store food below 40 degrees in the refrigerator.
- Manage moisture to prevent spoilage and maintain the quality of fruits and vegetables. Excess moisture promotes mold growth, so don't wash produce until ready to use.
- Date labels on dairy milk and yogurt often suggest a product is no good much earlier than when the taste changes. If it looks, smells and tastes good, it most likely is.
- Set appropriate humidity levels in your crisper drawers. Most fruits do best in low humidity. Strawberries and watermelons are the exception. Keep them in high humidity. Vegetables, on the other hand, stay fresher longer in the high-humidity drawer.
- Consider alternative storage methods for your food like freezing or canning. Many foods can easily be frozen or canned to extend their shelf life.

Skip Plastics

Plastic food packaging has become the norm in modern-day grocery stores, but ditching plastic packaging is a game-changer for our planet. Skip placing produce in one-use plastic bags at the grocery and order meats and cheeses from the counter and ask for them to be wrapped in paper. Opt for reusable bags, beeswax cloth, glass jars or even compostable containers to store food once you get it home. It might seem like a small switch, but it's huge in the fight against plastic pollution.





Vegetable Scrap Broth

Many of us toss our vegetable scraps into the trash or garbage disposal, but there is a tasty way to use those peels, skins and ends—vegetable scrap broth. However, not all scraps are created equally and some will impart bitter flavor to your broth. Make sure to mix and match your veggie scraps and don't go too heavy on one type of vegetable. The following list outlines the best scraps for broth and what to avoid.

Yes

- Onion skins, peels and root ends
- Green parts of scallions and leeks
- Fennel tops
- Carrot peels, tops and ends
- Corn cobs
- Mushroom stems
- Tomatoes: any part
- Squash peels
- Parsley and thyme: leaves and stems

No

- Cruciferous vegetables such as kale, broccoli, cauliflower, brussels sprouts and cabbage
- Beets
- Eggplant
- Spicy peppers
- Artichokes

DIRECTIONS:

1. As you use vegetables in the kitchen, place the scraps into a gallon bag and store it in the freezer. Make sure your vegetables are washed well.
2. Once you fill the gallon bag, place the scraps into a large pot and add water to cover the scraps by ½ inch.
3. Add salt and peppercorns, to taste, and a bay leaf.
4. Bring the pot to a boil, then reduce the heat to low and simmer for about an hour.
5. Strain the broth through a fine mesh strainer lined with cheesecloth.
6. Cool and store in the refrigerator for use within five days or freeze in freezer-safe containers for up to six months.

Donate Food

Donating wholesome food for human consumption diverts food waste from landfills and puts food on the table for families in need. Donations of nonperishable and unspoiled perishable food from homes and businesses help stock the shelves at food banks, soup kitchens, pantries and shelters.

By donating food, we're feeding people, not landfills, supporting local communities and saving all the resources that went into producing that food, from going to waste.

Start a Compost Bin

Diving into the world of starting your own compost bin opens the door to an eco-friendly adventure. It's not just about tossing kitchen scraps and yard waste into a bin. It's about transforming food scraps into an amazing nutrient-packed soil booster. Whether you've got a big backyard or a tiny balcony, your compost bin is a powerhouse of recycling, turning your food and garden waste into garden gold. See page 9 for tips on starting your own compost bin and getting ready to turn your kitchen leftovers into something seriously awesome for your garden.

See page 10 to learn more about the impact of food donations and how they help fight food insecurity in our community.

Cultivating Sustainability in Your Backyard

















Square Foot Gardening: Big Impacts in Small Spaces

Have you ever heard of square foot gardening? It's not your typical garden; it's a smart way to grow your own food without needing tons of space. Picture this: a small area split into neat squares, each one bursting with possibilities.

Square foot gardening has been practiced for more than 30 years but has seen a resurgence in popularity with the rise of younger gardeners living and gardening in smaller urban homes. The term, square foot gardening, was coined by gardener and civil engineer Mel Bartholomew in his book of the same name in 1981. The book rapidly captivated gardeners, presenting a revolutionary approach to cultivating more food within limited spaces. Its appeal extended beyond just reaping homegrown yields; it became a method to enhance health and ergonomics and address food insecurity among communities worldwide. Today, the concept has now become commonplace among new and seasoned gardeners alike.

The concept of square foot gardening is simple: produce high yields in small spaces through proper planning, companion planting and maximize every square inch of soil.

The benefits of this type of gardening include saving space, increased accessibility due to raised beds, reduced weeding and tilling, less need for tools, prevention of compacted soils and a tidy garden.

 1 Tomato	 1 Tomato	 2 Cucumbers	 4 Chives
 1 Tomato	 4 Arugula	 2 Basil	 4 Parsley
 4 Leaf Lettuce	 4 Leaf Lettuce	 9 Green Onions	 1 Pepper
 9 Spinach	 4 Leaf Lettuce	 16 Radishes	 16 Carrots

Sample square foot garden layout. This layout is perfect for a backyard salad garden. Each square represents the number of plants or seeds able to be cultivated.

Essential Garden Tools for a Square Foot Garden



- Garden gloves
- Good quality bypass pruners
- Korean Homi hand plow
- Small folding pruning saw
- Buckets or baskets for harvesting

Steps to Growing a Square Foot Garden



Choose the Right Location

Choose a full-sun location in your yard. Full-sun exposure is key to maximizing your crop yields.



Install Your Raised Beds

The most common raised bed dimension for this type of garden is a series of 4 feet by 4 feet with a height less than 8 inches. Any number of materials can be used to construct your raised bed, from old bricks to treated lumber and anything in between. Be creative and think sustainably.



Install a Weed Barrier

Place a weed barrier in the bottom of your raised bed. You can use landscape fabric, or even better, recycled cardboard boxes free of tape.

Composting: A Guide to Transforming Food Waste into Garden Gold

1. Choose a Method and Location

You can choose two different methods of composting—a garden compost pile or static or tumbling composting bin. Bin-style composting is recommended for those who have a little less space to work with. It is a cleaner, and less smelly option. Situate your compost bin where it gets both sun and shade. Compost breakdown occurs more quickly in the heat of the sun but this also causes dry out. Opt for some shade to reduce the need for adding moisture. Too much shade, however, can cause moldy compost.

2. Know What to Compost

There are two broad categories of materials that you can put in your compost bin or pile—green and brown.

Green materials include fruit and vegetable scraps, loose used tea (removed from tea bags), coffee grounds, crushed eggshells, grass clippings, green plant cuttings, old flowers and many weeds.

Brown materials are things like straw, paper and cardboard, dry leaves, woody prunings and sawdust (but not from treated wood).

3. Know What to Avoid

Avoid diseased plants or toxic plants, pet droppings (other than chicken manure), meat or bones, dairy products, cooking fats, glossy papers, weeds, treated timber and large branches. Also avoid adding leaves from beech, black walnut oak, holly and horse chestnut trees.

4. Layer and Turn Over Your Material

Begin your compost bin or pile with a base of small twigs, mulch or old potting mix for aeration. Follow with layers of green and brown material, then leaves and wet paper. Adding water after each layer to keep the pile moist, but not wet, aids in breakdown. Remember to use two parts brown material to every one part green.

Turn or aerate your compost with a garden fork every week or two to allow for air exchange. Keeping your compost covered at the top will help with heat and moisture retention, which is crucial for the breakdown process.

5. Spread Your Black Gold

Compost is ready when it is a dark, rich brown color, is mostly uniform in texture and crumbles easily. This could easily take around two to three months. Use your compost to top dress garden beds to retain moisture and gently feed plants or mix them into the soil at the time of planting to condition the soil.



Fill Your Beds

Use a weed-free raised bed mix. To save on cost, the raised bed mix can be blended with up to 25% native soil, but you will need to be judicious about weeds.



Add Accessories

Consider adding a trellis to the edges of your raised beds to accommodate vine crops or installing drip irrigation lines that connect to your garden house for more efficient, directed watering.



Plan Your Crop Layout

As the name suggests, using a square foot by square foot grid design is the way to go. Use graph paper to help plan your beds. When planning the layout of a square foot garden bed, you'll need to determine how many plants of each crop can comfortably fit into one square foot – that's to say, one square of the grid. Consult plant containers and seed packets for proper space of plants within your square foot space.

Fighting Food Insecurity

Nourishing Neighbors in Need

Food insecurity isn't just about being hungry; it's about not having reliable access to nourishing food. According to the United States Department of Agriculture, food insecurity is the limited or uncertain availability of nutritionally adequate and safe foods, or the limited or uncertain ability to acquire acceptable foods in socially acceptable ways. With the rising cost of food prices, some people might not know where their next meal will come from or if there is enough to sustain those in their household. This problem springs from various sources, like not having enough money for groceries, uneven distribution of resources or living in places with limited access to grocery stores, farmers markets and other sources of fresh food. In 2022, an estimated 44.2 million people lived in food-insecure households.

Food insecurity affects communities across the globe, and Westerville is no different. Westerville Area Resource Ministry (WARM) is currently serving 61% more clients than during the height of the COVID-19 pandemic.

Jessica Schmitt, WARM's Director of Development and Communications, shared that the need for donations to their programs, and programs regionally, is greater than ever.

Many people think that since the height of the pandemic is over requests for assistance have decreased. "We are seeing exactly the opposite," said Schmitt. "Our clients have grown exponentially. The need is great."



Local Events Promote Reuse for Greener Future

Chad Maxeiner, WARM's Director of Operations, has also seen a tremendous increase in participation in the Share Bac a Pac program, a program providing healthy foods and snacks to children who are at risk of hunger on weekends and school breaks when free and reduced meals are not available. Over 6,000 students in the Westerville City School District are eligible for the free and reduced lunch program, making them eligible for the Share Bac a Pac program.

"We planned for around 550 backpack participants per week (a 22% increase from last school year), but we are seeing numbers closer to 730 per week," said Maxeiner.

The operations team at WARM said these increases are directly related to families trying to figure out how to do more with less. "What and who do I pay?," said Maxeiner. "People are juggling higher rent and utility bills, increased fuel costs, and basic necessities like coats, gloves and shoes. The money only goes so far."

"We continue to look for innovative ways to address the increasing needs of our clients including working with the Mid Ohio Food Collective to leverage our buying power to purchase food at reduced prices," said Schmitt.

"Supply and cost issues have been particularly challenging this past year for food banks everywhere including Mid Ohio Food Collective. Milk, eggs and butter were especially scarce, forcing WARM to purchase these on our own," said Maxeiner.

Both Schmitt and Maxeiner are grateful to the Westerville community for their support of WARM. However, there is more work to be done. Schmitt encourages those who can consider a monetary or food donation to help fight hunger here in Westerville.

"We are part of a collective effort with other community organizations. Poverty is a complex issue, best served by the collective efforts of community organizations. Working together, we strive to give our community members what they need and help them on a path to self-sufficiency," said Schmitt.

To donate to WARM or to see an up-to-date list of the most needed items, please visit www.warmwesterville.org.

Before you toss out that lamp that won't turn on or that old, shabby dresser from the spare bedroom, consider giving them a chance at a second life. Every old thing lying around the house has the potential to make a comeback; either through repair or creative reuse. Making choices that reduce waste, save resources and bring a bit of fresh energy to the "stuff" around us is a small and impactful way to create a greener future.

In April, Sustainable Westerville will host two events that promote sustainable practices for community members: the Repair Cafe and ReUse-A-Palooza.

The Repair Cafe will feature experts who will voluntarily help repair a wide variety of household items; free of charge. Tools and materials will also be on hand to use and to purchase, if needed. Those visiting the Repair Cafe can bring along broken items, like lamps, hair dryers, clothes, bikes or toys.

ReUse-A-Palooza is a free curbside exchange that was created to keep reusable items out of landfills and give them a new home and purpose. Furniture, toys, clothing, tools and other household items are all welcome. Residents can participate by placing clean, usable items curbside so others may take what they need, which extends the lifespan of the discarded items.

"We throw out mountains of items everyday," said Bethany Vosburg-Bluem, events chair for Sustainable Westerville. "Things which practically have nothing wrong with them can easily find new life after a simple repair or a creative reuse."

The Repair Cafe will be held on April 20 from 9 a.m. to noon and the ReUse-A-Palooza will be held on April 27 from 8 a.m. to 6 p.m. Both events will reoccur in the fall. For more information visit www.sustainablewesterville.org.



Form5 Cultivates Community with Innovative Prosthetics

April is Limb Loss and Limb Difference Awareness Month, which is a time to acknowledge the challenges individuals with limb loss and limb differences face, while also recognizing the contributions of people within this marginalized group.

According to the National Limb Loss Resource Center, there are more than 2.7 million people living in the United States with limb loss or limb difference, and that number is projected to double by 2050. The National Institutes of Health attributes the growing number to increased instances of vascular disease, diabetes mellitus, neuropathy (nerve damage) and trauma. However, thousands of people in the United States are also born with limb differences every year.

“The rate of people living with disabilities is only increasing and I think that is something everyone should be aware of,” said Aaron Westbrook, founder and CEO of Form5, a 501(c)3 nonprofit organization that develops empowering medical and recreational devices that allow people to interact successfully with their world and future. “The reality is, you never know what could happen that could cause you to lose your limb. I also think having awareness about how to have a conversation and how to approach people with disabilities is important for everyone.”

Form5 raises awareness for the limb difference community through its outreach efforts, programs and community events that promote inclusive activities. The Nub Club, a support group for youth with limb differences, also helps cultivate relationships for people within the community, which is something very important for Westbrook who was born with one hand.

“Growing up, there just weren't a lot of resources from a community standpoint,” said Westbrook. “Due to lack of resources, I didn't end up really exploring what options were out there for me for prosthetics until I was about high-school age. And so that's what really opened my eyes to both disadvantages and opportunities.”



A Form5 Bike Arm Adapter recipient tries out his new prosthetic device.

When Westbrook received his first prosthesis when he was a freshman in high school, it was expensive and ill-fitting. Determined to find a solution, Westbrook used the 3D printer in the MIT Fabrication Lab at New Albany High School to print a 3D prosthetic arm, which eventually led to the founding of Form5 in 2017.

“I really just wanted to find a way that people with limb differences could be represented in the process of creating devices,” said Westbrook.

Form5 is dedicated to expanding its services to meet the growing need in the community, and also works with donors to help offset the cost of prosthetic devices for recipients. In its first year

Community Contacts



All numbers are (614) area code unless otherwise noted.

of operation, Form5 developed five custom prosthetic devices. In 2023, that number rose to 25. Westbrook anticipates that the company will serve at least 50 people in 2024 due to expanded efforts to serve people throughout the Midwest.



“One of the big accelerants was moving to Westerville. The space that we have here is just incredible to grow into,” said Westbrook. “We’re very fortunate to be here.”



Form5 Prosthetics moved to its Westerville location on Heatherdown Drive in January 2023. The multifunction space enables Form5 to interact with clients and donors, host educational programs and expand research and development of life-changing devices.

Another factor that has helped increase the number of people Form5 serves is the development of the company’s Bike Arm Adapter. The device enables individuals with limb differences to ride their bikes more comfortably and confidently.

“It has been really exciting, because we have seen users ride their bikes for the first time and others riding further than they ever have in their lives,” said Westbrook.

To promote inclusion and innovation, Form5 developed CO-FAB, a program in which college students and industry professionals work closely and collaboratively with clients to design custom-application devices. Additionally, Form5’s PRE-FAB Workshop, an afterschool program and summer camp for 9-12 graders, empowers students to design and construct prosthetic devices for mock recipients.

According to Westbrook, both initiatives promote awareness and help increase prosthetic designers’ empathy for clients as they gain understanding of challenges through personal interaction.

Visit www.Form5.org to learn more about the services, education, and community events, or to support the organization. To access resources from the National Limb Loss Resource Center, visit www.Amputee-Coalition.org.

Fire/Medical/Police Emergency	9-1-1
Gas/Carbon Monoxide Leaks	9-1-1
Mental Health Resources	2-1-1
Non-life threatening emergency (Fire)	882-2213
Non-life threatening emergency (Police)	882-7444
National Suicide and Crisis Lifeline	9-8-8
Animal Control	901-6863
Animal Removal (Dead on roadside)	901-6740
Cemeteries	901-6740
City Manager’s Office	901-6400
Clerk of Council	901-6410
Community Affairs	901-6400
Digging (Ohio Utilities Protection Service)	800-362-2764
Economic Development	901-6409
Electric Division	901-6700
<i>(outages, street lights, tree trimming near electric lines)</i>	
Finance Department	901-6440
Fire Division Headquarters	901-6600
CPR/First Aid Training	901-6600
Non-Emergencies	882-2213
Human Resources	901-6406
Income Tax	901-6420
Leaf Collection	901-6740
Mayor’s Court	901-6419
Parks and Recreation Department	901-6500
Inclement Weather Hotline	901-6888
Administration	901-6530
Community Center	901-6500
Everal Barn and Homestead	901-6515
Parks Maintenance	901-6591
Highlands Park Aquatic Center	901-7665
Recreation Program Center	901-6531
Senior Center	901-6560
Shelter Information	901-6513
Permits	901-6598
Urban Forestry	901-6598
Building	901-6650
Burning	901-6600
Parade/Block Party	901-6410
Security Alarm	901-6482
Zoning	901-6650
Planning and Development	901-6650
Code Enforcement	901-6816
Sidewalks	901-6757
Streets	901-6845
Traffic Engineering	901-6670
Police Division	901-6450
Administration	901-6470
Community Services	901-6860
Investigations	901-6475
Recorded Information Line	901-6879
Records	901-6450
Non-Emergencies	882-7444
Service Department	901-6740
Sewer Emergencies	901-6740
Sewer Line Maintenance	901-6740
Stormwater Hotline	901-6740
Street Emergencies	901-6740
Street Maintenance Repairs	901-6740
Trash/Recycling Collection	901-6740
Water Emergencies	901-6740
Water Line Maintenance	901-6740
Traffic Violations	901-6419
Tree/Storm Damage (in right of way)	901-6591
After Hours	901-6790
Tree Trimming (in right of way)	901-6598
Utility Billing	901-6430
Water Plant	901-6770

City Hall Project

Connected Buildings Start of New Centralized Services



In 2022, the City of Westerville was number 21 of the 28 fastest-growing cities in Central Ohio. The growth rate hovers around 9% for Westerville alone, with local and state agencies predicting even more growth in the near term.

Yet it's been nearly 40 years since Westerville planned for how its municipal facilities will keep pace with the growth of the community and the Central Ohio region.

The timing has never been more ideal to imagine a renovated and connected municipal complex.

This is because Westerville City Hall is already the centerpiece to thousands of visitors annually who visit the historic Uptown district. The City Hall Courtyard alone has dozens of events, celebrations and ceremonies that make it a gathering space for purposes well beyond government, like 4th Friday concerts and the Holiday Tree Lighting Celebration.

The timing also helps prepare for the move of City departments and staff at the 64 E. Walnut St. building to central Uptown. The sale of "64" was promised when Westerville voters approved the construction of the Justice Center and the reuse of related City-owned properties.



To date, those sales have resulted in the COhatch/ North High Brewery space at the former Armory and the High Banks Distillery, now under construction at the former post office.

Combining teams at Westerville City Hall will take about two years. At the heart of the plan is centralized customer service. With the successful integration of spaces and staff teams, Westerville customers will be able to visit one site to conduct any public business. Permits, taxes, pool passes, utility payments and more will be centralized for the first time in Westerville. Residents will be able to access these services, as needed, via a one-stop shop at a new City Hall.

That's something residents told us they would appreciate and utilize. More than 80% of 2023 survey respondents said they would support a centralized customer service option at Westerville City Hall, understanding one site would eliminate the need to go to multiple locations to conduct business with the City.

The project is already in discussion with the Uptown Review Board and will next advance to the Planning Commission. Follow the progress of the City Hall Complex online at www.westerville.org.

Comprehensive Sanitary Sewer System Inspection Continues

The City of Westerville Public Service Department regularly monitors, inspects and maintains 174 miles of sanitary sewer lines and more than 4,000 manholes to ensure the proper functioning of the critical infrastructure. In January 2023, the City embarked on a comprehensive plan to improve the sustainability of its sanitary sewer system and contracted RedZone Robotics to provide a baseline snapshot of the entire public sanitary sewer system.

Inspection results will enable the City to make repairs for any imminent areas of concern and develop a sustainable budgeting and project planning process for future projects.



“What we’ve done in the past has been very good for the community, so we’re trying to do the right thing for the future,” said Westerville Public Service Superintendent Tom Hockman.

Since the inspection began, RedZone has identified one issue that required immediate attention. Contractors also identified potential sewer backups, which Service Department staff repaired, avoiding critical repairs in the future.

“The Redzone team shared that Westerville has been one of the best communities to work in and our system is in good condition overall,” said Westerville Utilities Maintenance Supervisor R Johnson.

RedZone will resume inspections this spring, which will only include inspection of the City’s public infrastructure; not residential laterals. Residents who have a manhole on their property are encouraged to clear any coverings that may inhibit or delay inspections. The inspection process includes three phases, so contractors may access manholes on multiple occasions. Residents will be notified via door hanger if property access is needed.

Inspections are projected to be completed in late summer or early fall 2024. RedZone will share deliverables and additional findings with the City, which will be incorporated into a plan for future monitoring, inspection and maintenance.

“Sustainability is really at the forefront of the project and what we’re creating for the future,” said Hockman.

To learn more about Westerville’s wastewater management program, visit www.westerville.org/service.



HYDRANT FLUSHING

SUNDAY, APRIL 14 - FRIDAY, APRIL 26

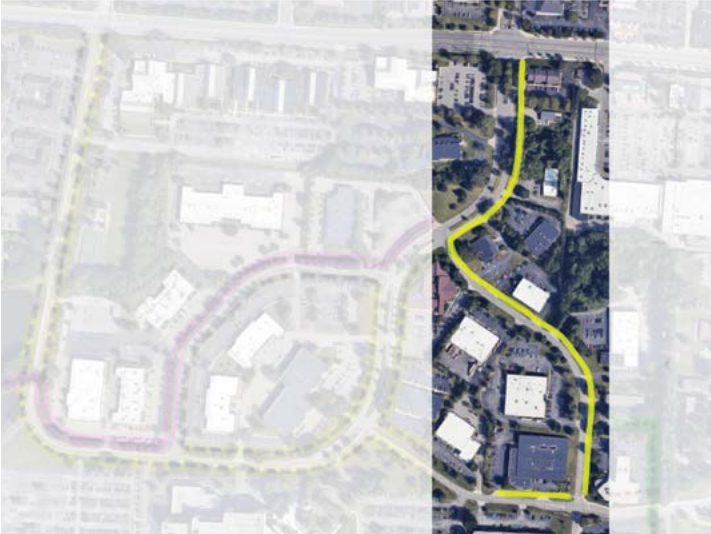
Visit www.westerville.org/hydrantflushing for more information.

Brooksedge Mobility Improvements

Phase I Set to Begin

Construction is expected to begin in early spring on the first phase of the Brooksedge Mobility Plan. The plan will include multiple phases to improve pedestrian and bicycle facilities throughout the Brooksedge Corporate Center. Improvements in Phase I will include sidewalk installation, curb ramps, drive approaches and spot curb repair on Brooksedge Boulevard from West Schrock Road to Greencrest Drive and on Greencrest Drive to Heatherdown Drive. Completion is expected in late summer.

“The City is always looking at mobility options and how best to implement them,” said Nate Lang, Westerville City Engineer. “The addition of this new walk provides connectivity to both State Street and Schrock Road for the adjacent businesses in the Brooksedge area.”



Updates will be available at www.westerville.org/construction.

City Council Welcomes Two New Members

Westerville City Council announced its organizational structure through 2026 on Tuesday, Jan. 2. Seven at-large members are elected to four-year overlapping terms in non-partisan elections. David Grimes and Jeff Washburn were elected to serve on Council in the November 2023 election, and began their terms in January. Council also elected the following members to serve two-year terms as Chair, Vice Chair, Mayor and Vice Mayor: Michael Heyeck will serve as Chair, Megan Reamsnyder will serve as Vice Chair, Kenneth L. Wright will serve as Mayor and Coutanya Coombs will serve as Vice Mayor.



David Grimes



Jeff Washburn

Municipal elections are held in odd-numbered years, with four seats filled in one election and three seats filled in the next election. To view committee appointments, meeting schedules and council profiles, visit www.westerville.org/council.

Outsmart Fraudsters This Tax Season

It's the time of year to become extra vigilant against scammers and fraudsters who use tax season processes in an attempt to gain access to personal and/or financial information. Westerville Division of Police (WPD) investigators say thieves often use fear tactics to prey on the unsuspecting.

"Typically what we see with tax-related fraud starts with phishing attempts, which means posing as a tax employee with an agency via email or a phone call," said Lt. Justin Alloway, WPD Investigations Bureau.

"Just like all other scams, we want residents to be exceptionally cautious when it comes to unexpected communication, solicitations or demands about your taxes."

The Internal Revenue Service (IRS) says the agency sees phishing scams often carried out through unsolicited email and/or websites that trick victims into providing personal and financial information. Emails often direct users to update e-file information, then scammers collect user information on a site that closely resembles the IRS site.

As the collector of local income taxes, the City of Westerville aims to empower its citizens with the information needed to avoid being victimized by fraudulent activity.



If you receive a phone call regarding taxes from someone claiming to be from the IRS or the City of Westerville Income Tax Division:

- View your tax account information or review payment options at [IRS.gov](https://www.irs.gov).
- Call the City of Westerville Income Tax Division at (614) 901-6420 or visit at 64 E. Walnut St. to discuss your account, return or statement.
- If the matter pertains to your federal return and you have a legitimate need to contact the IRS, consult their website to find phone numbers and resource links.



Suspicious Calls and Emails

To protect yourself from suspicious calls, explore easy-to-install call-blocking software for smartphones. View options on the Consumers Reports, Consumer's Union and Cellular Telephone Industries Association websites. Never reply to suspicious emails or open their attachments.

According to the IRS, the agency does not initiate contact with taxpayers by email, text messages or social media channels to request personal or financial information. Sensitive information includes PIN numbers, passwords or similar access information for credit cards, banks or other financial accounts. The City of Westerville follows the same guidelines and does not make unsolicited requests for personal or financial information to complete tax returns.

Phishing can result in major losses and identity theft. If you suspect you are a victim of phishing, call WPD at (614) 882-7444 to or forward the email, as is, to phishing@irs.gov. report the incident. Learn more proactive measures at [IRS.gov](https://www.irs.gov).



Did you know? The City of Westerville will prepare your local income tax return for free. Visit www.westerville.org/incometax for more information.

Rotary Mural Project

Breathes New Life into Uptown

Creative spirit can be seen around every corner in Uptown Westerville. Public artworks are springing to life on weathered brick walls, punctuating parks and turning alleyways into captivating visual landmarks. These pieces of art weave tales of Uptown's identity, capturing the essence of its past, present and dreams for the future.

Westerville Noon Rotary and the owners of Amish Originals furniture store are embarking on the newest mural project in the Uptown district; one that will breathe new life into an aging artwork on the Main Street face of Amish Originals. In its current state, the mural depicts the life of the bygone days of Westerville and is beginning to show its age. Noon Rotary President Katrina Plourde saw an opportunity for an update to the existing mural and jumped at the chance.

"The current mural feels like it is too much in the past. We are interested in seeing something fresh that represents the Westerville of today," said Plourde.

Mike Deringer, owner of Amish Originals, is equally excited to see the project taking shape. The current mural was painted around 25 years ago and he is looking forward to updating the building.

"Uptown Westerville today is not the same as the one depicted in the mural. Some of those businesses aren't here anymore," said Deringer.

"We were very open to this project because we had been thinking about doing something with this space for a while. I am excited to see the fresh coat of paint."

Finding a theme for a mural project is often the most difficult part of a project, but Plourde knew exactly where she wanted to go—a theme of peace and unity.

"Rotary is a peacebuilding organization. It is a cornerstone of our mission," said Plourde. "There is so much conflict in our world today. It is not even something you can put your hands around. Putting things into the world, like this mural, that pushes back against that discord is important."

Plourde assembled a committee of eight different local organizations to serve on the selection panel for the new mural project. Collaborating with the community to support and promote a positive message was a defining part of the project for Plourde. She was also thrilled to see the number of artists whose submissions specifically mentioned positive interactions and deep connections with Rotary International.

The mural is expected to be completed sometime this spring. Keep an eye on Main Street as the project unfolds, serving as an invitation for conversation and unity throughout the community.



Water Utility Manager Retires After 30 Years of Service



Richard “Dick” Lorenz retired in February from the City of Westerville after a 30-year career providing safe, clean water for those who live, work and enjoy Westerville.

More than three decades ago, Lorenz started his profession with a specialty in the study of freshwater lakes. But he spent the better part of his career as a Class IV Operator of Westerville’s Water Plant, applying his knowledge, training and experience to the environmental sciences that contribute to an affordable and reliable municipal water system.

Lorenz’s career path was influenced by the formation of the Environmental Protection Agency (EPA) in the 1970s when he was still in high school. His interest in science and the EPA’s establishment of safe drinking and clean water acts defined his ambition to obtain biology and environmental biology degrees focused on water quality.

He started with research grants to study Great Lakes’ algae and worked at the Columbus Division of Water as a microbiologist; later managing the biological/environmental section of the utility. After passing his state water test to become a water operator, he moved into the Westerville position he held until this year.

In this role, Lorenz’s contributions have been invaluable. Westerville’s reputation for exceptional water quality, treatment and distribution is attributable to his leadership.

In 2016, the Water Plant underwent the first major capacity or quality improvement in more than 40 years. The modernization and renovation project was initiated to keep pace with regulations, meet the community’s growth and to best serve its residents and businesses.

Lorenz led a three-year, \$13.5 million project that added a second filtration process to the existing treatment regimen and replaced the treatment chemical feed systems. The improvements were in compliance with two new EPA drinking water regulations, adding the granular activated carbon (GAC) filtration process step, which has increased in importance with the attention

placed on efforts to remove “forever chemicals,” such as PFAS, from public water supplies. Other improvements in chemical systems included switching the disinfectant from chlorine gas to a much safer liquid bleach product.

The project had minimal impact on water rates for consumers due to Lorenz’s exemplary management. Westerville remains among the most competitive public water providers in Central Ohio.

Lorenz was a member of the first-ever class of the American Academy of Environmental Engineers, a prestigious certification that establishes the future protocol for the industry. His induction was based on his extensive career accomplishments, published papers and presentations - far beyond a requirement to pass an exam.

He is also the recipient of the George Warren Fuller Award from the American Water Works Association for the state of Ohio. This peer-nominated award recognizes significant, long-term commitment and expertise in engineering and technical expertise in the water industry.

As Lorenz exits the industry into retirement, he anticipates water and its management will become increasingly important as the Central Ohio region continues to grow and develop. As a limited, but renewable resource, water needs to be managed properly for its future sustainability. Lorenz’s contributions to the field have helped advance that effort, particularly in the treatment and distribution to one of the largest suburban communities in Ohio.



Richard "Dick" Lorenz explains how the Water Treatment Plant works to a tour group.

Midwest High School eSports Recruiting Combine

Parks & Recreation Hosts Opportunity for Collegiate eSports



Traditionally, when someone thinks about being scouted by a college for athletics, basketball, football and other similar sports come to mind. But now, eSports, a competitive sport using video games, have been added to that athletic scouting list. Local colleges have started expanding their eSports departments, integrating it into class curriculum and are even offering monetary scholarships for prospective students interested in majoring in eSports.

With the rise in popularity of eSports spreading into college spaces, Westerville Parks and Recreation is proud to partner with 99ovr, an eSports marketing agency, to bring an innovative eSports combine to the Westerville Community Center (350 N. Cleveland Ave.) on Saturday, April 27.

This day-long event will provide an opportunity for high school freshmen through seniors to engage in head-to-head gaming battles: combine style. Separate gaming rooms will be available for different gaming levels and interests. There will also be three afternoon panels of collegiate athletic directors, covering the business side of gaming, health and safety of gaming and college eSports recruitment for their respective schools.

The event will have food trucks on site for individual purchase and will provide complimentary coffee

and snack items for the morning competition groups.

Westerville Parks and Recreation is proud to host this event, providing equipment, game consoles and more.

“eSports at the Westerville Community Center has expanded drastically within the past few months,” said Westerville Parks & Recreation Sports Program Manager, Steve Baxter. “We’re excited to see how this event will expand our eSports program, as well as the eSports programs in surrounding colleges. This will provide a unique opportunity for prospective high school students to learn about how they can turn their passion for eSports into a future career.”

Registration to participate in the event is required, with a \$30/gamer fee. The afternoon panels are free and open to the public, but online registration is required to attend.

If you are looking for a future in eSports or are curious about the role eSports could play in your college career, register now for the Midwest High School eSports Recruiting Combine.

Online registration is open at westerville.org/esports.

At time of printing, there are 13 colleges that will be in attendance:

The Ohio State University, Ohio University, Ohio Northern University, University of Akron, Bethany College, University of Cincinnati, Cleveland State University, Heidelberg University, Malone University, Miami University (OH), Ohio Wesleyan University, Otterbein University and Robert Morris University.

Unforgettable Memories and Learning Opportunities

Youth summer camps ignite curiosity and support development

Summer camps provide youth with opportunities outside of traditional education settings to learn, explore new interests and make lasting friendships. With a focus on healthy living, physical activity and teamwork, the City of Westerville's Parks and Recreation Summer Camp Program provides a fun, safe environment for young people to build confidence while participating in an array of activities.

Some of the most popular camps are the Summer Day Camps, commonly referred to as Nut Camps. The weekly camps include themed lesson plans that promote learning through games and activities. Youth can participate in either Peanut (ages 6-7), Coconut (ages 8-9) or Walnut (ages 10-12) camps, or Nut Camps, which include occasional off-site field trips.

"My son has loved all of the nut camps," said Julie Brown, a Westerville resident whose son Kenny has participated in the Summer Camp program for five summers. "There are so many team-building activities. He's learned so much about working with different people. As the group has gotten older, he's learned a lot about problem-solving and group dynamics."

Additional camp offerings include the Kids Fun Club (KFC) for youth ages 6-13 who participate in sports, play games and make crafts, and the Heritage Kids Camp (HKC), which enables families to combine programming from the Nut Camps and KFC. A wide range of sports-focused camps are also available for youth ages 6-12, including everything from Ninja Training Camp to Shooting Stars Basketball Camp. Turn to page 45 to view current Nut Camp, KFC, HKC and Sports Camp offerings.

Parks and Recreation also partners with contracted instructors to offer specialized camps throughout the summer. Specialty topics include but are not limited to, cooking, parkour, chess, world culture, archery and travel. View this summer's offerings on pages 46-49.

"It was well organized and the program staff had good communication with parents," said Blendon



Jess Schwarz' son Will

Township resident Jessica Schwarz. Schwarz's son Will has participated in the Summer Camp program for two consecutive summers and plans to participate again this summer.

"My son had a great summer, and he made a lot of friends," said Schwarz. "He was fulfilled and he had the structure he needed, but it didn't feel like work."

Additional opportunities are available for older youth through the Teen Fun Club (TFC) and the Counselors in Training (CIT) programs. TFC provides fun, flexible options for youth ages 12-15. TFC campers participate in a variety of themed activities, swimming and open play/socialization. The CIT program provides volunteer opportunities for teens ages 14-16 to gain experience working within youth recreational settings. Turn to page 47 to learn more about the TFC and CIT programs.

Specialty Trained Counselors Provide Personalized Experiences for Campers

Parks and Recreation carefully vets potential counselors to ensure that they are dedicated to creating a safe and welcoming environment for all campers. All camp counselors must complete background checks and drug testing and be certified in First Aid, CPR and AED.

“The camp counselors are fabulous,” said Brown. “By the second week each year, they all seem to know my son’s name and they are very personable.”

In addition to creating a fun environment for campers, counselors make a concerted effort to connect with participants and explore their personal interests.

“As my son has gotten older, he’s come home and shared how the counselors go the extra mile to connect with the kids,” said Brown. “It just warms my heart that not only are they having a great week with their activities, but my son has shared that the counselors have asked him how his baseball game went. It’s absolutely great.”



Julie Brown’s son Kenny

Registration Information

Camp registration begins March 1 for Westerville residents. Open registration begins March 3. View camp offerings in the camp catalog beginning on page 45. Visit www.westerville.org/camp to learn more and register.

To share your experience regarding the City’s programs, activities and events at the Community Center, visit bit.ly/WestervilleFeedback.



Will learns about electricity during an off-site camp trip to COSI.



Kenny makes a tasty, healthy treat during a summer camp session.

Spring Cleaning for the Mind

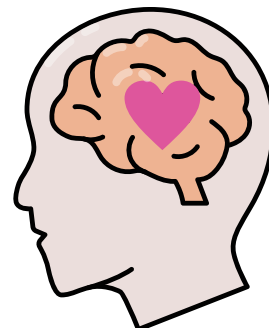
Learn how to declutter your mind to boost your mental health

As flowers bloom, trees sprout new leaves and birds return to fill the air with songs, spring ushers in a sense of new beginnings. That feeling of renewal often extends into our personal lives and the yearning to declutter and organize our physical spaces. Countless studies have shown that purging personal spaces of unnecessary clutter can help improve concentration and boost mood, but decluttering your mental space can provide additional benefits, such as decreased stress and increased energy.

Making a concerted effort to proactively declutter one's mind can have a profound impact on overall mental health and wellness, according to Linda Jakes, LISW-S, Executive Director of Concord Counseling Services, located in Westerville (700 Brooksedge Blvd.). However, approaches to mental health spring cleaning or decluttering can vary based on individuals' needs and experiences.

As spring approaches, people are “normally coming off what could be an elated time or a very difficult time,” said Jakes. “There can be a lot of loss associated with the end of the year, and some people are still carrying some stuff with them. It's really important to release it.”

Incorporating the following practices into your daily, weekly and monthly routines can help declutter your mind and create space for reflection and growth.



The Worry Jar

Mike Preston, MSW, LSW, Concord Director of Clinical Operations, suggests using a worry jar as a quick and easy way to declutter your mind when stressors feel overwhelming. The exercise only requires a jar or resealable container, a pen or pencil and paper. At the end of each day, simply write down any issues you feel are consuming too much of your mental space, then place the paper in the jar or container to address later.

“The issues may still be there, but they’re not at the forefront of your mind so it gives you a chance to reset,” said Preston. “The things that aren’t bringing you joy or happiness are OK to put in there.”

It is important to feel your feelings in the moment and use the worry jar as a tool to address the issue after time has passed.

“I found that it’s helpful to give myself a half an hour to ruminate,” said Jakes. “Then assess what you let go and didn’t let go of, and how you feel about the situation now compared to how you felt about it previously. I personally believe that you should go back to it at least monthly to see where you’re at.”

“You’re not forgetting about it,” said Preston. “You’re just putting it off to the side so that you can start anew.”

Mindfulness

In today’s busy society, many people are continuously thinking about the next steps instead of focusing on the present moment and the beauty around them. Establishing a mindfulness practice can help people of all ages clear mental clutter. Mindfulness is the practice of drawing one’s attention to the present moment or environment and acknowledging any feelings that arise while living in the present moment.

“Being present and being mindful can really help you because when you’re in the present, the past doesn’t have a lot of control over you,” said Preston. “Staying present and mindful of where you are right now, appreciating the folks around you and the support that you do have around you and the small things that bring you joy in the moment can be really helpful in letting go of some of those things.”

The only thing you need to start your mindfulness practice is yourself. Taking a few moments to observe your surroundings and acknowledge all five senses—what you hear, feel, smell, see and taste, if you are eating—or simply paying attention to your breathing can help improve your overall sense of well-being and declutter your mind.

Turn to pages 41, 55 and 60 to view mindfulness classes and yoga classes with a focus on mindfulness for adults, youth and older adults, respectively.

Total Eclipse Viewing Party

On April 8, a total solar eclipse will cross North America, passing over Mexico, the United States and Canada. A total solar eclipse happens when the moon passes between the sun and Earth, completely blocking the face of the sun. The sky will darken as if it were dawn or dusk.

This remarkable event grants us an opportunity to witness the dynamics of our solar system firsthand, as the sun briefly yields its rays to the moon's shadow. Earth is the only planet in the solar system to experience a perfect total eclipse. This coincidence is possible because the sun is 400 times larger than the moon, and it is also conveniently about 400 times farther away. This results in a visual illusion where both bodies appear nearly identical in size from Earth, enabling the moon to perfectly obscure the sun during a total solar eclipse. No other planet in the solar system has the right sized moon for this to occur. Ohio is among the 15 states in the United States that will be in the "path of totality" for the eclipse.

According to NASA, except during the brief total phase of a total solar eclipse, when the moon completely blocks the sun's bright face, it is not safe to look directly at the sun without specialized "eclipse glasses" for viewing. Viewing any part of the bright sun through a camera lens, binoculars or a telescope without a special-purpose solar filter secured over the front of the optics will instantly cause severe eye injury. You can also use an indirect viewing method, such as a pinhole projector.

The City of Westerville is partnering with the Westerville Public Library, Visit Westerville, Westerville City Schools and the Westerville Area Chamber of Commerce to host a viewing party of this once-in-a-generation event. The viewing party will be held at Hoff Woods Park on April 8 from 2 - 4 p.m.



APRIL 8, 2024
2 - 4 p.m.

HOFF WOODS PARK • 556 MCCORKLE BLVD.

DJ • LAWN GAMES

PHOTO BOOTH

EDUCATIONAL EXHIBITS

ARTS AND CRAFTS

First 500 guests will receive an eclipse gift bag!

Bring your own chairs and blankets.

DID YOU KNOW?



Light filtering through leaves on trees casts crescent-shaped shadows as totality approaches.



Birds and other wildlife will often go quiet and stop flying and chirping during an eclipse.



The air temperature could drop anywhere from 15 to 20 degrees during an eclipse.

Gather Your Peeps for an Eggciting Spring Tradition

Tips to prepare for this season's local egg hunts

Egg hunts are one of the most well-recognized and nostalgic childhood activities associated with spring. Whether you participate in a community hunt or host one yourself, nothing beats the satisfying feeling of being the one who finds the most eggs.

HUNT TIPS

1 **Arrive early.** Thousands of eggs will be hidden in the fields and event spaces, so arrive on time to ensure you're ready for the hunt. Start times are prompt.

2 **Dress for the weather (for outdoor events).** Egg hunts will be held rain or shine. Pack an umbrella or a poncho in case there is rain.

3 **Bring your basket(s)!** Baskets will not be provided, so bring your own basket to collect the most eggs.

4 **Bring a device to capture the fun throughout the event!** Take pictures and videos and be sure to tag Westerville's social media channels for a chance to be featured on one of the City's pages.
X @tellwesterville
X @WestervillePark
@CityofWesterville

5 **Have fun!** Remember the purpose of the event is to enjoy the festivities with fellow community members. To ensure the safety of participants of all ages, parents of children ages 4 years and older are encouraged to view the event from designated areas.



Westerville Egg Hunt Events


Epic Egg Hunt: (Ages 9-14)
Tuesday, March 19, 5:30-6:30 p.m.

Spring Eggstravaganza: (Ages 8 and under)
Saturday, March 23, 10-11:50 a.m.

Underwater Egg Hunt: (Ages 4-11)
Sunday, March 24, 10:30 a.m.

Civitans Egg Hunt: (Inclusive - All ages)
Saturday, March 30, 11 a.m. - 12 p.m.

**See the Community Event section details.*



Eggstravaganza

SATURDAY, MARCH 23

10 a.m. - 12 p.m. • FREE

HOFF WOODS PARK • 556 MCCORKLE BLVD.

Enjoy inflatable games, a photo area for the bunny and an egg hunt for **ages 8 and under**.

The event will also feature breakfast-themed food trucks.

Please visit www.westerville.org/eggstravaganza for updates including any cancellations due to inclement weather.



Pancake Breakfast

WEDNESDAYS • 7:30 - 10 a.m.

\$5

**March 6 • April 3
May 1**

Bring family and friends to our monthly breakfast and enjoy pancakes, eggs, sausage, juice and coffee. Held the first Wednesday of the month.

**WESTERVILLE COMMUNITY CENTER
SENIOR (SOUTH) ENTRANCE**
350 N. Cleveland Ave.
(614) 901-6560



EPIC EGG HUNT



Tuesday, March 19 • 5:30 - 6:30 p.m.

This is not your traditional egg hunt! Participants will hunt for eggs that contain points inside, the participant will add their points to collect a prize at the end. Snacks and drinks are included. Registration required.

Ages 9-14 • Activity# 203126-01 \$15 • Resident Rate \$10
Heritage Park • 60 N. Cleveland Ave.

Underwater Egg Hunt


Sunday, March 24

Bring a basket to collect floating and sinking eggs from the pool and exchange them for treats and toys. Enjoy open swim from 1-5 p.m. Parents are free. Registration required.

\$14 • Resident Rate \$7

Ages 9-11	Activity# 211112-01	10:30-10:50 a.m.
Ages 7-8	Activity# 211112-02	10:50-11:10 a.m.
Age 6	Activity# 211112-03	11:10-11:30 a.m.
Ages 4-5 (with parent)	Activity# 211112-04	11:30-11:50 a.m.

Westerville Community Center • 350 N. Cleveland Ave.



CIVITANS EGG HUNT

FOR INDIVIDUALS WITH DISABILITIES




SATURDAY, MARCH 30
11 a.m. - 12 p.m.

**FREE
ALL AGES WELCOME**

Designed for individuals with disabilities (Intellectual/developmental and physical). Beeper eggs will be included in the hunt for those with visual impairments. The hunt is conducted indoors and site is fully accessible.

Registration deadline is March 27
Email maryettaharper1947@gmail.com to register.

**WESTERVILLE COMMUNITY CENTER
350 N. CLEVELAND AVE.**



SENSORY FRIENDLY **OPEN GYM**

Fridays, March 29 and April 19
Ages 6 and up

\$5

Drop-In • 6 - 7:30 p.m.

Enjoy open gym play time in a sensory-friendly environment. Parents and support staff are free.

Westerville Community Center • 350 N. Cleveland Ave.



SENSORY FRIENDLY **SWIM AND GYM**

Sunday, April 14

5:30 - 7 p.m.

Ages 2-15

Free • Donations Accepted

Designed for individuals with disabilities and their families. The indoor pool and gymnasium will be available.

Email scooke@iamboundless.org to register

Westerville Community Center
350 N. Cleveland Ave.



FAMILY **STEM** NIGHT

Friday, April 19

Activity# 202163-01

Ages 3+ • 5:30 - 7:30 p.m.

\$7

Experience an evening of hands-on science, math and engineering games and activities to complete as a family.

Drinks and snacks are included.

Registration required for each attendee.

Westerville Community Center • 350 N. Cleveland Ave.

ADAPTIVE CYCLING



Adaptive Sports Connection
For ages 5 and up

10 a.m.

Saturdays from April 20 - Oct. 26

(No classes May 25, July 6, 20 and 27)

\$20 per event for non-ASC Members

\$10 for ASC Members

Meet at 301 W. Main St.

To register, email matt@adaptivesportsconnection.org



KATIE DUNNING SPRING DANCE

SATURDAY, APRIL 20

6 - 8 p.m.

FREE

Designed for individuals with disabilities. Enjoy a fun night of music and dancing with friends.

Refreshments are included.

Sponsored by the Westerville Area Civitans Club.

Ages 16 and up

WESTERVILLE COMMUNITY CENTER
350 N. CLEVELAND AVE.

Email maryettaharper1947@gmail.com to register.

Spring Kids Maker Market

Calling all young entrepreneurs! Showcase your homemade product or business at this fun event.



EVENT DATE:
Sunday, April 21

Free to attend,
\$10 per table for
vendor reservation

**VENDOR TABLE
RESERVATION
DEADLINE:**
Friday, March 22

Additional information on table
reservations and the event is
available at
www.westerville.org/registration.

KITES AND ROCKETS DAY

Saturday, April 27 • 11 a.m. - 1 p.m.

Take flight by making kites, launching rockets and take part in rocket and kite-related activities and crafts. Drinks and snacks provided! Families are welcome to bring their own kites to fly.

Activity# 202162-01 • Ages 5-12

\$15 • Resident Rate \$10



Heritage Park • 60 N. Cleveland Ave.



Spaghetti dinner

Thursday, April 25, 4-7 p.m.

Enjoy all-you-can-eat spaghetti
with bread sticks, salad
and dessert.

Sit down or carry out.

Enter through the south entrance
of the Westerville Community Center
(350 N. Cleveland Ave.)





Westerville Parks & Recreation Youth Theatre presents

Disney
Aladdin
© Disney
KIDS

AUDITIONS
Saturday, May 18 • 10 a.m. - 1 p.m.
Sunday, May 19 • 2 - 5 p.m.

CALLBACKS (if necessary)
Monday, May 20 • 6:30 - 8:30 p.m.
Open to grades 3 - 8

The production will be June 28-30 at the Alum Creek Park North Amphitheater (221 W. Main St.).

Audition packet and sign-up form are available at www.westerville.org/arts

Westerville Parks & Recreation Civic Theatre presents

BYE BYE BIRDIE
A Musical Comedy

AUDITIONS
Saturday, May 4 • 12 - 6 p.m.
Sunday, May 5 • 12 - 5 p.m.

CALLBACKS
Tuesday, May 7 • 5 - 9 p.m.

Open to ages 8 and up

Audition packet and sign-up form are available at www.westerville.org/arts

BICYCLE SAFETY RODEO

SATURDAY, MAY 11
FREE 10 a.m. - 1 p.m.
FOR AGES 6-13

Learn bicycle safety and the rules of the road through interactive stations and this fun event. A local bike shop will be on hand to ensure your bikes are in working order and helmets fit correctly.

Stay for the USA BMX Open House where coaches walk you through basic skills on the track.
Participants must bring their own bikes.

Activity# 306103-03
Alum Creek South
535 Park Meadow Rd.



HOUSEHOLD HAZARDOUS WASTE COLLECTION

Saturday, May 18 • 8 a.m. - 2 p.m.
Westerville Service Complex • 350 Park Meadow Rd.
PLEASE ENTER FROM SCHROCK ROAD

FREE EVENT*

*LATEX PAINT MAY BE DISPOSED OF FOR A FEE (TYPICALLY \$1 PER GALLON)

WWW.WESTERVILLE.ORG/HHW



Older Adult Health and Safety Fair

Visit with a variety of vendors and representatives that provide information on ways to help you be safe and healthy as you age gracefully.

Tuesday, May 7
9 a.m. - 12 p.m.

Westerville Community Center
350 N. Cleveland Ave.



SELF DEFENSE

Class size is limited to 20 participants.
Register at www.westerville.org/selfdefense
Ages 14 and up with adult • \$25 (refundable)

SATURDAY, APRIL 20
8 a.m. - 1 p.m.

NEW LOCATION
Westerville Justice Center
229 Huber Village Blvd.



Limit of three boxes per household

No plastic bags or tubs

Shredding provided free of charge

Shredding services will not take place on-site

Please stay in your vehicle

Enter Hoff Woods Park from Westdale Avenue

SHREDDING DAY



SATURDAY, MAY 4 • 9 a.m. - 12 p.m.

HOFF WOODS PARK
556 McCorkle Blvd.



Westerville Bimonthly Calendar

FEB.

- 20 **City Council Meeting** 7 p.m. Council Chambers
- 25 **DSACO Sensory Friendly Swim and Gym** 5:30-7 p.m. WCC
- 28 **Planning Commission Meeting** 6:30 p.m. Council Chambers

MARCH

- 1 **Camp Registration (Residents)**
- 2 **Superhero Day*** 10 a.m.- 12 p.m. WCC
- 3 **Camp Registration (Open)**
- 3 **Seasonal Job Fair and Open House** 1:30- 3:30 p.m. WCC
- 5 **City Council Meeting** 7 p.m. Council Chambers
- 6 **Pancake Breakfast** 7:30-10 a.m. WCC
- 7 **Senior Center Program Pass** 12 p.m. WCC and Online
Pass Registration- Online and In-Person
- 7 **Uptown Review Board** 6:30 p.m. Council Chambers
- 8 **Class Registration (Residents) Online** 12 p.m. Online
- 9 **Class Registration (Residents) In Person** 8 a.m. WCC
- 10 **Class Registration (Open) Online** 12 p.m. Online
- 11 **Class Registration (Open) In Person** 8 a.m. WCC
- 14 **Board of Zoning Appeals** 6:30 p.m. Council Chambers
- 19 **City Council Meeting** 7 p.m. Council Chambers
- 19 **Epic Egg Hunt*** 5:30 p.m. Heritage Park
- 21 **Westerville State of the City** 6 p.m. Renaissance
Westerville-Polaris Hotel
- 22 **Spring Kids Maker Market Reservation Deadline***
- 23 **Spring Eggstravaganza** 10 a.m. Hoff Woods Park
- 24 **Underwater Egg Hunt*** 10:30 a.m. WCC
- 27 **Planning Commission Meeting** 6:30 p.m. Council Chambers
- 29 **Sensory Friendly Open Gym** 6 p.m. WCC
- 30 **Civitans Egg Hunt* For Individuals with Disabilities** 11 a.m. WCC

WEEKLY

- MONDAYS **Yard Waste Pickup** Citywide
- TUESDAYS **Refuse and Recycling Pickup** Citywide
- MON-FRI **DORA** 4-10 p.m. Uptown Westerville
- SAT-SUN **DORA** 11 a.m.-10 p.m. Uptown Westerville

APRIL

- 2 **City Council Meeting** 7 p.m. Council Chambers
- 3 **Pancake Breakfast** 7:30-10 a.m. WCC
- 4 **Uptown Review Board** 6:30 p.m. Council Chambers
- 8 **Total Eclipse Viewing Party** 2-4 p.m. Hoff Woods Park
556 McCorkle Blvd
- 11 **Board of Zoning Appeals** 6:30 p.m. Council Chambers
- 14 **Sensory Friendly Swim and Gym** 5:30 p.m. WCC
- 14-16 **Annual Hydrant Flushing** Citywide
- 16 **City Council Meeting** 7 p.m. Council Chambers
- 18 **Parks and Recreation Advisory Board** 6:30 p.m. WCC
- 19 **Family STEM Night*** 5:30 p.m. WCC
- 20 **Adaptive Cycling** 10 a.m. 301 W. Main St
- 20 **Self Defense*** 8 a.m. Westerville Justice Center
- 20 **Katie Dunning Spring Dance For Individuals with Disabilities** 6 p.m. WCC
- 21 **Spring Kids Maker Market***
- 24 **Planning Commission Meeting** 6:30 p.m. Council Chambers
- 25 **Spaghetti Dinner** 4-7 p.m. WCC
- 27 **Kites and Rockets Day*** 11 a.m. Heritage Park

MAY

- 1 **Pancake Breakfast** 7:30-10 a.m. WCC
- 2 **Uptown Review Board** 6:30 p.m. Council Chambers
- 4 **Shredding Day** 9 a.m.- 12 p.m. Hoff Woods Park
556 McCorkle Blvd
- 4-5 **WPR Civic Theater - Bye Bye Birdie Auditions***
Register at www.westerville.org/arts
- 7 **Older Adult Health and Safety Fair** 9 a.m.- 12 p.m. WCC
- 7 **City Council Meeting** 7 p.m. Council Chambers
- 9 **Board of Zoning Appeals** 6:30 p.m. Council Chambers
- 11 **Bicycle Safety Rodeo*** 11 a.m. - 1 p.m. Alum Creek Park South
- 16 **Parks and Recreation Advisory Board** 6:30 p.m. WCC
- 18 **Household Hazardous Waste Collection** 8 a.m.- 12 p.m.
Westerville Service Complex 350 Park Meadow Rd
- 18-19 **WPR Youth Civic Theater - Aladdin Kids Auditions***
Register at www.westerville.org/arts
- 21 **City Council Meeting** 7 p.m. Council Chambers
- 22 **Planning Commission Meeting** 6:30 p.m. Council Chambers

*** Registration or Ticket Purchase Required**

Register for classes at www.westerville.org/registration.





Get your camper ready for a great summer with Westerville Parks & Recreation summer camps. See pages 45-49 for the full list.



AQUATICS

ADULT FITNESS SWIM

INSTRUCTOR(S): Jeanne Smith

AGE(S): 16 and up

RATE: \$80 | **RESIDENT RATE:** \$65

Gain the benefit of an organized group practice while increasing your knowledge and skills with fitness swimming. This class has individual workouts ranging from 800-2500 yards.

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
211114-01	March 19-May 2	5:50-6:50 a.m.	Tue/Thu
211114-02	March 19-May 2	8:15-9:15 a.m.	Tue/Thu

DEEP WATER AEROBICS

INSTRUCTOR(S): Jeanne Smith (Mon-Thu) ^^
Lori Robinson (Fri) ^

AGE(S): 16 and up

This high-intensity class for cardiovascular, strength and tone workouts uses the deep area of the lap pool. Participants do a complete workout for the purpose of flexibility, aerobic capacity and overall fitness. *Participants must be comfortable in deep water.*

RATE: \$115 | **RESIDENT RATE:** \$100

INTERMEDIATE

Activity #	Date	Time	Day(s)
205216-01^^	March 18-May 3	9:30-10:30 a.m.	Mon/Wed/Fri

RATE: \$80 | **RESIDENT RATE:** \$65

INTERMEDIATE

Activity #	Date	Time	Day(s)
205216-02^^	March 19-May 2	9:30-10:30 a.m.	Tue/Thu

WATER TONING

INSTRUCTOR(S): Paula Hamilton

AGE(S): 16 and up

RATE: \$115 | **RESIDENT RATE:** \$100

The class incorporates the use of upper/lower body muscles. The warm-up includes basic aerobic exercises followed by a moving river segment, ending with a toning segment using resistance equipment to add useful intensity. The cool-down segment focuses on flexibility and relaxation.

INTERMEDIATE

Activity #	Date	Time	Day(s)
205214-01	March 18-May 3	8:55-9:55 a.m.	Mon/Wed/Fri

WATER YOGA

INSTRUCTOR(S): Karen Dawson

AGE(S): 16 and up

RATE: \$80 | **RESIDENT RATE:** \$65

Participants will practice deep breathing techniques, increase flexibility and balance and develop a strong core through yoga poses supported by water. Research shows that deep breathing exercises and relaxation/meditation techniques lower blood pressure.

BEGINNER

Activity #	Date	Time	Day(s)
205239-01	March 19-May 2	12-12:45 p.m.	Tue/Thu

HYDRORIDER AQUABIKES

INSTRUCTOR(S): Tiffany Dupont

AGE(S): 16 and up

RATE: \$115 | **RESIDENT RATE:** \$100

Participants will use water resistance to get a great cardio workout. Water fitness shoes are required. No swimming skills needed.

INTERMEDIATE

Activity #	Date	Time	Day(s)
205243-01	March 19-May 2	7:15-8 a.m.	Tue/Thu

AQUAFLEX

INSTRUCTOR(S): Leslie Warthman ^
Debbie Leach ^^

AGE(S): 16 and up

RATE: \$80 | **RESIDENT RATE:** \$65

This class focuses on balance, flexibility and joint movement while building muscle. A certified Arthritis Foundation instructor will lead participants through exercises that promote wellness for those with arthritis, fibromyalgia and/or other joint issues.

INTERMEDIATE

Activity #	Date	Time	Day(s)
205231-01^	March 19-May 2	9:45-10:45 a.m.	Tue/Thu
205231-02^^	March 19-May 2	10:45-11:45 a.m.	Tue/Thu

COMBO WATER WORKOUT

INSTRUCTOR(S): Paula Hamilton ^
Debbie Leach ^^

AGE(S): 16 and up

This class provides a shallow water, total body workout that combines weight resistance, aerobic activity and flexibility. The emphasis on aerobic activity makes this class a great addition to any cross-training routine.

RATE: \$115 | **RESIDENT RATE:** \$100

INTERMEDIATE

Activity #	Date	Time	Day(s)
205232-01^	March 18-May 3	10-11 a.m.	Mon/Wed/Fri

RATE: \$80 | **RESIDENT RATE:** \$65

INTERMEDIATE

Activity #	Date	Time	Day(s)
205232-02^^	March 19-May 2	12-1 p.m.	Tue/Thu

WATER FITNESS

INSTRUCTOR(S): Leslie Warthman

AGE(S): 16 and up

RATE: \$80 | **RESIDENT RATE:** \$65

Boost energy levels and experience increased strength and flexibility. This class combines the benefits of aerobic conditioning with resistance training through use of noodles, handbells and balls. Class can be adjusted for all ages and abilities and be as challenging as you wish to make it!

INTERMEDIATE

Activity #	Date	Time	Day(s)
205225-01	March 18-May 1	5:45-6:45 p.m.	Mon/Wed





WATERCIZE

INSTRUCTOR(S): Lori Robinson
AGE(S): 16 and up

RATE: \$80 | **RESIDENT RATE:** \$65

A water-aerobic workout that includes toning and stretching using buoyant and resistive equipment.

INTERMEDIATE

Activity #	Date	Time	Day(s)
205215-01	March 19-May 2	8:30-9:30 a.m.	Tue/Thu

AQUA FITNESS INSTRUCTORS NEEDED

Contact the Aquatics Manager
at (614) 901-6510

LIFEGUARD CERTIFICATION CLASS

INSTRUCTOR(S): Aquatics Staff
AGE(S): 15 and up
RATE: \$200

Each participant must swim 300 yards and perform a brick retrieval in the first class. Participants must pass all skills and score 80% on the written exam. Successful participants will be certified Lifeguards with First Aid/CPR/AED. If participants are hired by the City of Westerville, 50% of the class fee will be refunded if they work the entire summer season.

INTERMEDIATE

Activity #	Date	Time	Day(s)
211111-01	March 15, 22	5-8 p.m.	Fri
	March 16, 23	9 a.m.-4 p.m.	Sat
	March 17, 24	10 a.m.-4 p.m.	Sun

SPRING OTTERS

INSTRUCTOR(S): Aquatic Staff
RATE: \$135 | **RESIDENT RATE:** \$120

This swim team practice is designed for Highland Otters Swim Team participants for the summer season. No Community Center or HPAC pass is required. *Participants will work on stroke techniques, drills and dryland training and must be able to swim one lap.*

AGE(S): 7-11

Activity #	Date	Time	Day(s)
211125-01^	April 16-May 16	5-6 p.m.	Tue/Thu

AGE(S): 12-18

Activity #	Date	Time	Day(s)
211125-02^	April 16-May 16	6-7 p.m.	Tue/Thu

SILVER SPLASH: AQUA, CARDIO & TONE

INSTRUCTOR(S): Debbie Leach
AGE(S): 65 and up with Silver Sneakers membership

FREE: Silver Sneakers membership required
 This class is for the conditioned adult who has good balance and muscle function. There will be 35 minutes of cardio exercise followed by muscle toning exercises, balance work and stretching.

ALL LEVELS

Activity #	Date	Time	Day(s)
DRIP IN	March 18 - May 3	11:05-11:55 a.m.	Mon/Wed/Fri
	March 18 - May 3	12-12:50 p.m.	Mon/Wed/Fri

SHALLOW WATER FITNESS

INSTRUCTOR(S): Karen Dawson
AGE(S): 16 and up
RATE: \$40 | **RESIDENT RATE:** \$30

Shallow water class is designed to work your entire body. Class includes cardiovascular training as well as strength, toning and flexibility segments. Splash your way into a new level of fitness.

INTERMEDIATE

Activity #	Date	Time	Day(s)
205241-01	March 22-May 3	7:55-8:55 a.m.	Fri

FREESTYLE CLINIC

INSTRUCTOR(S): Jeanne Smith
AGE(S): 16 and up
RATE: \$80 | **RESIDENT RATE:** \$65

This class accommodates novice swimmers and experienced athletes, but all participants must be able to swim at least one length of the pool. The main focus of the class is form rather than logging laps.

INTERMEDIATE

Activity #	Date	Time	Day(s)
211113-01*	March 18-May 1	6-7p.m.	Mon/Wed

SWIM LESSONS

INSTRUCTOR(S): Recreation Staff
AGE(S): 6 months - 16 years
RATE: \$60 | **RESIDENT RATE:** \$50

This class is designed to teach swimmers how to be comfortable in the water. Lessons run from toddler-age through adult. Visit www.westerville.org/aquatics for dates, times and more specific descriptions.

INTERMEDIATE

Activity #	Date	Time	Day(s)
211131-01	March 19-May 11	5:40-6:10 p.m.	Tue/Thu/Sat

DID YOU KNOW?

The Westerville Community Center works with instructors who provide one-on-one specialized instruction.

For additional information contact them directly.

SWIM LESSONS for INFANTS

Sarah Berlin
Infant Self Rescue Columbus LLC
sarah.berlin@infantswim.com

Britney Smith
Swim Safe Columbus LLC
britney.smith@infantswim.com

Dolly Funk
Scioto Infant Aquatics
dollycfunk@gmail.com

Jayne Lockhart
Infant Aquatics 614
swim@infantaquatics614.com

SWIM LESSONS

FOR SPECIAL NEEDS CHILDREN

Lori Moore
Moore Aquatic Abilities
loriamore96@gmail.com

Allie Rader
Adaptive Swim Columbus
adaptiveswimcolumbus@gmail.com



FITNESS & WELLNESS

20-20-20

INSTRUCTOR(S): Katie Stolte-Carroll
AGE(S): 14 and up
RATE: \$40 | **RESIDENT RATE:** \$30

This class includes 20 minutes of cardio, 20 minutes of strength and 20 minutes of core-conditioning. A variety of formats and styles including Tabata, HIIT, boot camp, kickboxing, bands, kettlebells, etc. will be implemented to keep class fun.

ALL LEVELS

Activity #	Date	Time	Day(s)
205250-01	March 18 - April 29	5:30-6:30 p.m.	Mon

A.B.S. (AGILITY, BALANCE, STRENGTH)

INSTRUCTOR(S): Linda Scovern
AGE(S): 14 and up
RATE: \$40 | **RESIDENT RATE:** \$30

Whether you are playing a sport or just want to improve your functional fitness, this class is for you. In addition to traditional strength exercises, drills for agility and balance will be included for quickness and helping to prevent falls on or off a court. Each class includes core work and finishes with a relaxing stretching session.

ALL LEVELS

Activity #	Date	Time	Day(s)
205230-01	March 19 - April 30	9-10 a.m.	Tue

ALL WEIGHTS

INSTRUCTOR(S): Beth Henman
AGE(S): 14 and up
RATE: \$35 | **RESIDENT RATE:** \$25

This is a weight-training class that uses resistance tools to train specific muscles to improve muscular tone, strength and endurance. You will burn more fat while gaining lean muscle.

ALL LEVELS *NO CLASS: March 31

Activity #	Date	Time	Day(s)
205228-01*	March 24 - May 5	10:15-11:15 a.m.	Sun

BODY FIT

INSTRUCTOR(S): Gena Richard
AGE(S): 14 and up
RATE: \$75 | **RESIDENT RATE:** \$60

Improve cardiorespiratory endurance and muscular strength with this interval class alternating a high/low impact cardio segment with a strength training segment, followed by stretching movements and core work set to upbeat music.

INTERMEDIATE

Activity #	Date	Time	Day(s)
205202-01	March 19 - May 2	5:30-6:30 p.m.	Tue/Thu

CORE FUSION

INSTRUCTOR(S): Gena Richard
AGE(S): 14 and up
RATE: \$40 | **RESIDENT RATE:** \$30

Join a heart-pumping, soul-enriching, visually-stimulating indoor cycling ride set to a variety of music types. Wrap up the class with core, yoga, weights, Pilates or resistance work.

INTERMEDIATE

Activity #	Date	Time	Day(s)
205256-01	March 19 - May 2	4:50 - 5:20 p.m.	Tue/Thu

16↓ PARTICIPANTS UNDER THE AGE OF 16

Anyone under the age of 16 must have an adult enroll and accompany them to class.

FULL BODY STRENGTH

INSTRUCTOR(S): Ann Rochon
AGE(S): 14 and up
RATE: \$65 | **RESIDENT RATE:** \$50

This full-body workout will incorporate weights, bands, kettlebells and high intensity interval training that will help participants improve muscle tone, posture, balance and strength.

ALL LEVELS

Activity #	Date	Time	Day(s)
205212-01	March 19 - May 2	4:15-5 p.m.	Tue/Thu

FIT & FABULOUS

INSTRUCTOR(S): Terri Hurtt
AGE(S): 14 and up
RATE: \$35 | **RESIDENT RATE:** \$25

Strength training is one of the best ways to get lean. Train your heart and muscles at the same time with a "high reps/low weight/no-rest" format. This fast-paced program is made for maximum muscular endurance and strength.

ALL LEVELS *NO CLASS: March 30

Activity #	Date	Time	Day(s)
205240-01*	March 23 - May 4	9:30-10:30 a.m.	Sat

LOW IMPACT AEROBICS

INSTRUCTOR(S): Ellen Blaha
AGE(S): 14 and up
RATE: \$35 | **RESIDENT RATE:** \$25

This class features aerobics with a high impact on your cardiovascular and muscular fitness. Gain endurance, strength and flexibility with less stress on your joints. Moves to the music are easy to learn and adjust to high/low format. Hand-weight exercises for upper body, floorwork and stretching complete each workout.

ALL LEVELS *NO CLASS: March 30

Activity #	Date	Time	Day(s)
205205-01*	March 23 - May 4	9:15-10:15 a.m.	Sat

LOW IMPACT BARRE

INSTRUCTOR(S): Nioria Gutierrez Bell
AGE(S): 14 and up
RATE: \$40 | **RESIDENT RATE:** \$30

Classes combine low-impact exercises and your own body weight for resistance. We will focus on small, deliberate movements for specific groups of muscles that aren't typically used in other workouts. This class will improve your balance, strength, flexibility and stability all while breaking a sweat. Weights and more challenging moves can be added as class progresses. *No shoes or barre socks needed.*

ALL LEVELS

Activity #	Date	Time	Day(s)
205211-01	March 19 - April 30	7:30-8:30 p.m.	Tue





GLUTES & ABS

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$17 | **RESIDENT RATE:** \$12

We will target the core and glutes to strengthen two areas of the body that will make a difference in your other workouts and your overall fitness. Come enjoy this intense workout and the music it's set to.

ALL LEVELS			
*NO CLASS: March 30			
Activity #	Date	Time	Day(s)
205234-02*	March 23 - May 4	10:15-10:45 a.m.	Sat

GREAT SHAPES/LOW IMPACT

INSTRUCTOR(S): Ellen Blaha

AGE(S): 14 and up

RATE: \$75 | **RESIDENT RATE:** \$60

Join this super-supportive class to add steps to the day and improve cardiovascular fitness, strength and flexibility. Move to the music with easy to learn steps that can be adjusted for high/low format. Hand-weight exercises for upper body, floorwork and stretching complete each workout.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205203-01	March 19 - May 2	6:30-7:45 p.m.	Tue/Thu

ALL LEVELS			
Activity #	Date	Time	Day(s)
205203-02	March 18 - May 1	1:15-2:15 p.m.	Mon/Wed

KETTLEBELL STRENGTH

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$17 | **RESIDENT RATE:** \$12

This full-body workout emphasizes core, stamina and overall conditioning. Whether you're new or experienced with kettlebells you'll be amazed at what they bring to your strength training practice.

ALL LEVELS			
*NO CLASS: March 30			
Activity #	Date	Time	Day(s)
205236-01*	March 23 - May 4	9:30-10 a.m.	Sat

HIP-HOP STRENGTH

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

This class provides weight lifting choreographed to hip-hop and pop favorites. Be ready to sweat!

ALL LEVELS			
Activity #	Date	Time	Day(s)
205279-01	March 18 - April 29	6:45-7:45 p.m.	Mon

HIP-HOP CARDIO

INSTRUCTOR(S): Marietta Weaver

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

This energetic, low/high intensity class will get your heart pumping while you express your inner rhythm. Get ready for a full body workout, simple to follow choreography and fresh dance combos.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205217-01	March 20 - May 1	6:35 -7:35 p.m.	Wed

LaBLAST® DANCE FITNESS

INSTRUCTOR(S): Katy Tombaugh ^
Rachel Chilton ^^

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

A life-changing dance fitness program that inspires the mind and transforms the body while teaching the true skill of dance. Inspired by Dancing with the Stars, this energizing class blends ballroom dancing with calorie-blasting interval training.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205210-01^	March 18 - April 29	5:15-6 p.m.	Mon
205210-02^^	March 20 - May 1	5:15-6 p.m.	Wed

LET'S DANCE

INSTRUCTOR(S): Linda Scovern

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

This cardio class includes Zumba, hip-hop and LaBlast Dance Fitness songs for a fun and varied workout. Modifications for all steps/moves are provided. A stretch and cool down is included at the end.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205204-01	March 20 - May 1	9:15 -10:15 a.m.	Wed

LIFT & HIIT

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

This strength class will take your fitness to the next level using weights, kettlebells, steps and discs for a muscle-building, metabolism-boosting, core-rocking workout that changes each week. You will tone and strengthen all large muscle groups plus work in cardio with modifications given for all fitness levels.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205235-01	March 20 - May 1	7:45-8:45 p.m.	Wed

LOW IMPACT INTERVALS

INSTRUCTOR(S): Trish Redd^

Sandee McCann^^

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

Join us for a class that offers a total body workout with a fun mixture of great and motivating music that includes cardio, strength training and stretching. Choreography is created so you can keep your workout level low, medium or high.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205201-01^	March 18 - April 29	8-9 a.m.	Mon
205201-02^	March 20 - May 1	8-9 a.m.	Wed
205201-03^^	March 22 - May 3	8-9 a.m.	Fri

TIME "CRUNCH" TONER

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

Why wait until after work when you can get your desired results in the middle of your workday? This workout focuses on complete body and core conditioning.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205251-01	March 20 - May 1	11:45a.m.-12:30 p.m.	Wed

MUSCLES IN MOTION

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

This is a weight-training class that uses resistance tools to train specific muscles in order to improve muscular tone, strength and endurance. You will burn more fat while gaining lean muscle.

RATE: \$35 | **RESIDENT RATE:** \$25

ALL LEVELS			
Activity #	Date	Time	Day(s)
205207-01	March 18 - April 29	12:15 -1 p.m.	Mon

RATE: \$40 | **RESIDENT RATE:** \$30

ALL LEVELS			
Activity #	Date	Time	Day(s)
105207-02	March 19 - April 30	7:45 -8:45 p.m.	Tue
105207-03	March 21 - May 2	7:45 -8:45 p.m.	Thu
105207-04	March 22 - May 3	10:30 -11:30 a.m.	Fri

POUND

INSTRUCTOR(S): Karma Whitford

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

This class is a full-body, cardio-jam session inspired by the infectious, energizing and sweat-dripping fun of playing the drums.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205255-01	March 19 - April 30	6:15-7:15 a.m.	Tue

TOTAL BODY STRENGTH

INSTRUCTOR(S): Linda Amici

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

Designed to build strength, endurance and muscle mass to increase metabolism. Experienced and new participants alike will benefit from weight-bearing exercises, core training and stretching for a complete workout. *Weights and mats are provided but bring water.*

ALL LEVELS			
Activity #	Date	Time	Day(s)
205233-01	March 20 - May 1	5:30 -6:30 p.m.	Wed

TOTAL BODY BOOTCAMP

INSTRUCTOR(S): Karma Whitford

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

Class will feature functional training exercises and high intensity training work to get you feeling refreshed and energized for the rest of your day.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205233-01	March 18-April 29	5:30-6:30 p.m.	Mon
205233-02	March 20-May 1	5:30-6:30 p.m.	Wed

DANCE FITNESS & CORE

INSTRUCTOR(S): Katy Tombaugh

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

Dancing is not just a fun stress buster. It is one of the many ways you can improve heart health and physical fitness. Each class ends with core training to increase strength and improve posture.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205260-01	Mar 22-May 3	9:15 -10:15 a.m.	Fri

CYCLE FUSION

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

A combination of indoor cycling, strength and core. You never know what you are going to get.

INTERMEDIATE /ADVANCED			
Activity #	Date	Time	Day(s)
205222-01	March 18 - April 29	9:15-10:15 a.m.	Mon
205222-02	March 20 - May 1	9:15-10:15 a.m.	Wed
205222-03	March 22 - May 3	9:15-10:15 a.m.	Fri

CYCLE AND CORE

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

A fun, heart-pounding, core-focused workout set to great music. Participants control the resistance and pedal speed, which makes the class is suitable for participants of all levels.

RATE: \$80 | **RESIDENT RATE:** \$65

ALL LEVELS			
Activity #	Date	Time	Day(s)
205223-01	March 19 - April 30	9:30 -10:30 a.m.	Tue

RATE: \$70 | **RESIDENT RATE:** \$55

ALL LEVELS		*NO CLASS: March 30	
Activity #	Date	Time	Day(s)
205223-02*	March 23 - May 4	8:30 -9:30 a.m.	Sat

16↓ **PARTICIPANTS UNDER THE AGE OF 16**

Anyone under the age of 16 must have an adult enroll and accompany them to class.

IMMERSIVE CYCLING

INSTRUCTOR(S): Terrie Stolte

AGE(S): 14 and up

Take to the roads without leaving the Community Center. Experience cycling adventures in major cities and beautiful landscapes in the U.S. and throughout the world.

RATE: \$80 | **RESIDENT RATE:** \$65

ALL LEVELS			
Activity #	Date	Time	Day(s)
205226-01	March 19 - April 30	7:15 -8:15 a.m.	Tue
205226-02	March 21 - May 2	7:15 -8:15 a.m.	Thu

FIT FOR ALL

INSTRUCTOR(S): Linda Scovern

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Chairs are available, if needed, for seated or standing support.

INTERMEDIATE /ADVANCED			
Activity #	Date	Time	Day(s)
205253-01	March 22-May 3	10:30 a.m.-11:30 a.m.	Fri

BIKE BLAST

INSTRUCTOR(S): Marcy Ey

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

With no complicated moves to learn, this class offers top-notch instructors and music that begs your legs to pedal. Going nowhere can really take you places!

ALL LEVELS			
Activity #	Date	Time	Day(s)
205206-01	March 18 - April 29	5-6 p.m.	Mon

SUNRISE CYCLE

INSTRUCTOR(S): Ashley Wechter (Mon/Fri)^
Terrie Stolte (Wed)^

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

Jump-start your day with intervals, rolling hills, sprints, climbs and jumps, all to great energizing music. This class will leave you feeling invigorated and ready to start your day!

INTERMEDIATE			
Activity #	Date	Time	Day(s)
205246-01^	March 18 - April 29	6-7 a.m.	Fri
205246-02^^	March 20 - May 1	6-7 a.m.	Wed
205246-03^	March 18 - April 29	6-7 a.m.	Mon

ZUMBA

INSTRUCTOR(S): Beth Henman^

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

A dance fitness class that is fun, high-energy and makes you feel amazing! We'll take the "work" out of your workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance party. With its great music this class will feel like exercise in disguise.

ALL LEVELS			
Activity #	Date	Time	Day(s)
205219-01	March 19 - April 30	6:45 -7:45 p.m.	Tue

STEP & SCULPT

INSTRUCTOR(S): Terri Hurtt

AGE(S): 14-75

RATE: \$75 | **RESIDENT RATE:** \$60

A fun, high-intensity workout using basic step patterns to strengthen the cardiovascular system. Using weights, bands and/or bars, this class will sculpt and tone from head to toe. *General step proficiency is recommended.*

ALL LEVELS			
Activity #	Date	Time	Day(s)
205206-01	March 19 - May 2	6:35 -7:35 p.m.	Tue/Thu



DYNAMIC PILATES

INSTRUCTOR(S): Lara Uher

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

Get invigorated and relax by integrating basic and intermediate Pilates exercises using small Pilates equipment, yoga poses and mindfulness-based stress reduction. Integrating disciplines will promote a stronger, leaner, more flexible body, while supporting core strength, spinal alignment, overall concentration and connection with the body. *Please bring a yoga mat.*

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
205209-01	March 20 - May 1	5:30 - 6:30 p.m.	Wed

STRENGTH & MORE

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

Tone up and sculpt a strong, lean, fit body. Research suggests that lifting weights can reduce your risk of osteoporosis and increase your metabolic rate. If you've never lifted weights before, or simply want to build on your established routine, you'll find this class motivating and helpful.

ALL LEVELS

Activity #	Date	Time	Day(s)
205224-01	March 18 - April 29	10:30 - 11:30 a.m.	Mon
205224-02	March 20 - May 1	10:30 - 11:30 a.m.	Wed

STRETCH & STRENGTHEN

INSTRUCTOR(S): Rachel Chilton

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

Learn movements designed to increase your range of motion, improve strength and relieve pain in the body. Areas of focus will include shoulders, back, hips, ankles and more!

ALL LEVELS

Activity #	Date	Time	Day(s)
205287-01	March 19 - April 30	5:15 - 6 p.m.	Tue

BELLY DANCING

INSTRUCTOR(S): Zahra Zuhair

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

Belly dancing is a low impact, total body workout for women and men of any age or fitness level. This class will include lots of drills and combinations to work your entire body. Traditionally practiced barefoot or with a soft dance shoe. *Bring a hip scarf or a simple shawl to tie around the hips, water and a towel.*

BEGINNER

Activity #	Date	Time	Day(s)
205252-01	March 18 - April 29	6 - 7 p.m.	Mon

LEVEL II

Activity #	Date	Time	Day(s)
205252-02	March 18 - April 29	7:05 - 8:05 p.m.	Mon

MELLOW MONDAY

INSTRUCTOR(S): Cole Herman

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

Perfect for beginners or those wanting to take it slow in a fun and supportive environment. We focus on connecting the body with the breath to reduce stress and anxiety while increasing flexibility, mobility, strength and balance. *Participants must be able to get up and down from the floor. Please bring a mat, two blocks and a yoga strap.*

ALL LEVELS

Activity #	Date	Time	Day(s)
205221-01	March 18 - April 29	6:30 - 7:30 p.m.	Mon

POWER FLOW WITH WEIGHTS

INSTRUCTOR(S): Carmen Rankin

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

Strengthen bones, tone muscles, build stamina and increase energy with this dynamic class. We will combine mindful yoga movements with strength-based exercises to give you a full body workout.

ALL LEVELS

Activity #	Date	Time	Day(s)
205275-01	March 22 - May 3	8-9 a.m.	Fri

GUIDED YOGA

INSTRUCTOR(S): Lucilene Ayers

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

This class emphasizes the sequential movement between postures coordinated with a guided breath. The practice becomes a moving meditation that creates strength and freedom in the body and mind.

ALL LEVELS

Activity #	Date	Time	Day(s)
205284-01	March 22 - May 3	6-7 a.m.	Fri

VINYASA YOGA

INSTRUCTOR(S): Emma O'Keefe^

Robin Andes^^

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

In this class you will link several poses together to create strength, flexibility, endurance and balance working all parts of the body. Leave feeling refreshed, elongated and strong. *Please bring a yoga mat.*

INTERMEDIATE

Activity #	Date	Time	Day(s)
205237-01^	March 19 - April 30	10:30 - 11:30 a.m.	Tue
205237-02^^	March 21 - May 2	10:30 - 11:30 a.m.	Thu



RESTORATIVE YOGA

INSTRUCTOR(S): Melissa Hoyt

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

A restful practice about slowing down and opening your body through passive stretching. Most of the class time will be spent relaxing in poses with the aid of props, without strain or pain, to achieve physical, mental and emotional relaxation.

ALL LEVELS

Activity #	Date	Time	Day(s)
205218-01	March 20- May 1	5:15-6:15 p.m.	Wed

CANDLELIGHT SLOW FLOW

INSTRUCTOR(S): Melissa Hoyt

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

Melt off your week by unwinding in the soft glow of electric candles, relaxing vibes and a slower flow. Enjoy deep stretching to get you fully ready and relaxed for your weekend.

ALL LEVELS

Activity #	Date	Time	Day(s)
205259-01	March 22- May 3	6-7 p.m.	Fri

16↓ PARTICIPANTS UNDER THE AGE OF 16

Anyone under the age of 16 must have an adult enroll and accompany them to class.

CIRCUIT STRENGTH

INSTRUCTOR(S): Karma Whitford

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

Break up the workday with this circuit-based class that is designed for participants of all fitness levels and will challenge all major muscle groups using traditional strength training exercises and a variety of equipment. This whole-body workout will incorporate bodyweight and resistance training exercises.

ALL LEVELS

Activity #	Date	Time	Day(s)
205238-01	March 22- May 3	12-1 p.m.	Fri

POWER YOGA

INSTRUCTOR(S): Kate Manteniaks

AGE(S): 14 and up

RATE: \$70 | **RESIDENT RATE:** \$55

Class starts with gentle stretching and builds energy with sun salutations linking one breath per movement. Explore balancing poses and hold traditional peak poses. Class ends with core work, stretching and savasana. Leave feeling energized, vibrant and peaceful.

INTERMEDIATE

Activity #	Date	Time	Day(s)
205213-01	March 20- May 1	6-6:50 a.m.	Wed

YOGA FOR BODY AND MIND

INSTRUCTOR(S): Sean Joshii

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

Learn age-old, time-tested techniques with an emphasis on core strength, flexibility and balance, as well as concentration and breath control in a supportive, non-judgmental environment. This class is based on physical postures (Asanas), deep breathing techniques (Pranayamas), Hasya Yoga (laughter yoga), guided muscle relaxation, mindfulness and listening to the body.

ALL LEVELS

Activity #	Date	Time	Day(s)
205248-01	March 20- May 1	6:40-7:40 p.m.	Wed

SOLAR YOGA

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

RATE: \$15 | **RESIDENT RATE:** \$10

A great way to release tension and step into a new perspective as we welcome peace. Join us as we celebrate our wellness while manifesting the things that you want in life.

ALL LEVELS

Activity #	Date	Time	Day(s)
205299-01	April 8	7-8 a.m.	Mon

FIT FLOW YOGA

INSTRUCTOR(S): Carmen Rankin

AGE(S): 14 and up

RATE: \$70 | **RESIDENT RATE:** \$55

Increase balance, coordination, flexibility, energy and focus. This class will target the entire body by flowing through dynamic movements synced to your breathing.

ALL LEVELS

***NO CLASS: March 21**

Activity #	Date	Time	Day(s)
205290-01*	March 24- May 5	11:30 a.m.-12:30 p.m.	Sun

YOGA FOR HEALTH

INSTRUCTOR(S): Gwen Surratt

AGE(S): 14 and up

RATE: \$80 | **RESIDENT RATE:** \$65

Learn standing, balancing, sun salutations, seated and reclining poses, breath (Pranayama) practice and meditations. Must be able to get to and from the floor. Appropriate for beginners and anyone who wants to refresh their yoga practice. *Please bring two blocks, a yoga strap and a mat.*

LEVEL I

Activity #	Date	Time	Day(s)
205220-01	March 21- May 2	6:15-7:15 p.m.	Thu

LEVEL II

Activity #	Date	Time	Day(s)
205220-02	March 21- May 2	7:30-8:30 p.m.	Thu



SPORTS

LITTLE BALLERS BASKETBALL

INSTRUCTOR: Bally Sports

RATE: \$100 | **RESIDENT RATE:** \$85

Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense and the concept of game play. The curriculum incorporates fun terminology, engaging activities and a positive and encouraging atmosphere. Each week players participate in developmentally appropriate instruction and recreational non-competitive game play.

AGE(S): 4-5			
Activity #	Dates	Time	Day(s)
106106-03	March 11-April 8	5:30-6:30 p.m.	Mon

AGE(S): 6-7			
Activity #	Dates	Time	Day(s)
106106-04	March 11-April 8	6:30-7:30 p.m.	Mon

MEN'S BASKETBALL LEAGUE

INSTRUCTOR: Recreation Staff

AGE(S): 18 and up

RATE: \$545 | **RESIDENT RATE:** \$515

This competitive league is for teams that have experience playing in a competitive environment, such as high school or college. Interested teams may contact the Sports Program Manager at sports@westerville.org.

Activity #	Dates	Time	Day(s)
206220-01	April 10-June 5	6-9 p.m.	Wed

SOFTBALL

INSTRUCTOR: Recreation Staff

AGE(S): 18 and up

RATE: \$540 | **RESIDENT RATE:** \$495

Leagues operate under a one pitch format. All games are played at Hoff Woods Park. Registration fees are for the entire team. New softballs are provided at the start of each game. Additional league information and rules can be found at www.westerville.org/sports.

SUNDAY MIXED RECREATIONAL			
Activity #	Dates	Time	Day(s)
206100-01	April 14- July 14	5-9 p.m.	Sun

TUESDAY MEN'S RECREATIONAL			
Activity #	Dates	Time	Day(s)
206100-02	April 9- June 25	6:15-10 p.m.	Tue

WEDNESDAY MEN'S RECREATIONAL			
Activity #	Dates	Time	Day(s)
206100-03	April 10- June 26	6:15-10 p.m.	Wed

THURSDAY MEN'S COMPETITIVE			
Activity #	Dates	Time	Day(s)
206100-04	April 11- June 27	6:15-10 p.m.	Thu

THURSDAY MEN'S RECREATIONAL			
Activity #	Dates	Time	Day(s)
206100-05	April 11- June 27	6:15-10 p.m.	Thu

FRIDAY CHURCH MIXED			
Activity #	Dates	Time	Day(s)
206100-06	April 12- July 19	6:15-10 p.m.	Fri

KIDS IN KARATE

INSTRUCTOR: Recreation Staff

This program, designed for all ages, is under the direction of Grand Master Jon Stephens of the Free Spirit, LLC Karate Clubs. Karate will improve your child's sports, school and social activities.

RATE: \$105 | **RESIDENT RATE:** \$90

LIL KIK				AGE(S): 3-6
Activity #	Dates	Time	Day(s)	
206601-02	April 2-April 30	6:15-6:45 p.m.	Tue	
206601-03	May 7-June 4	6:15-6:45 p.m.	Tue	

RATE: \$150 | **RESIDENT RATE:** \$135

KIDS IN KARATE AND ADULTS, TOO				AGE(S): 6 and up
Activity #	Dates	Time	Day(s)	
206601-01	April 2-June 4	7-8:30 p.m.	Tue	

CLIMBING WALL

INSTRUCTOR: Recreation Staff

RATE: \$65 | **RESIDENT RATE:** \$50

Participants will learn the fundamentals of indoor rock climbing, build self-esteem and improve their physical fitness while taking part in fun and educational climbing games. At the end of the session the climber's can invite their favorite adult to join in the fun by climbing along with the class. *Participants must wear closed-toe rubber-soled shoes, all other equipment is provided.*

LIL CLIMBERS				AGE(S): 5-7
Activity #	Dates	Time	Day(s)	
209101-01	April 2-May 7	5:30-6:30 p.m.	Tue	
209101-02	April 4-May 9	5:30-6:30 p.m.	Thu	

CLIMBING KIDS				AGE(S): 8-12
Activity #	Dates	Time	Day(s)	
209102-01	April 2-May 7	6:45-7:45 p.m.	Tue	
209102-02	April 4-May 9	6:45-7:45 p.m.	Thu	



DROP-IN SPORTS

Join us for these laid-back and inclusive recreational sports opportunities. Perfect for those who prefer a non-competitive, social and active experience.

\$8 | Resident Rate \$5

18+ Futsol
Mondays from 6-8 p.m.

30+ Basketball
Thursdays from 6-8 p.m.

Westerville Community Center Gymnasium | 350 N. Cleveland Ave.



PICKLEBALL CLINIC

AGE(S): 18 and up
RATE: \$35 | RESIDENT RATE: \$25

Learn basic knowledge and techniques of the game to make sure you are ready to play. Clinics are highly recommended for first-time players to ensure they understand the game before taking the court to compete against others.

BEGINNER			
Activity #	Dates	Time	Day(s)
206121-03	March 14	6-8 p.m.	Fri
206121-01	March 15	12:30-2:30 p.m.	Fri
206121-02	March 23	10 a.m.-12 p.m.	Fri
206121-04	April 12	12:30-2:30 p.m.	Fri
206121-05	April 19	12:30-2:30 p.m.	Fri

This clinic is designed for experienced players who are looking to further improve their gameplay. Focusing on strategy, approach, and technique; this clinic will help set you up for a future as King of the Court!

INTERMEDIATE			
Activity #	Dates	Time	Day(s)
206115-01	March 16	10 a.m.-12:30 p.m.	Sat
206115-02	April 5	12-2 p.m.	Fri
206115-04	April 27	6-8 p.m.	Sat

PICKLEBALL LADDER LEAGUE

INSTRUCTOR: Recreation Staff
AGE(S): 18 and up
RATE: \$65 | RESIDENT RATE: \$50

This league is designed for play with others of similar skill levels. Your ranking on the ladder is based upon your winning percentage (ratio of total points won to total points possible). Each week, players will be placed in groups determined by their total score from the previous weeks.

Activity #	Dates	Time	Day(s)
206803-01	April 1-May 6	6:15-8:45 p.m.	Mon

PICKLEBALL OPEN PLAY

INSTRUCTOR: Recreation Staff
AGE(S): 18 and up

RATE: \$8 | RESIDENT RATE: \$5
Open play. All skill levels welcome. Nine courts available for play. Register to secure your spot!

Activity #	Dates	Time	Day(s)
206127-01	March 24-May 19	2:30-5:30 p.m.	Sun

SPRING PICKLEBALL

INSTRUCTOR: Recreation Staff
AGE(S): 18 and up
RATE: \$70 | RESIDENT RATE: \$55

In this open-play offering, pickleball players will increase skills, strategy and consistency while playing with a variety of partners and competitors. Please be sure to register for your proper skill level.

COMPETITIVE ADVANCED			
Activity #	Dates	Time	Day(s)
206120-01	April 1-May 22	12:30-3 p.m.	Mon/Wed
206120-02	April 2-May 23	7-9:30 a.m.	Tue/Thu

COMPETITIVE INTERMEDIATE			
Activity #	Dates	Time	Day(s)
206120-03	April 1-May 22	7-9:30 a.m.	Mon/Wed
206120-02	April 2-May 23	9:45 a.m.-12:15 p.m.	Tue/Thu

NON-COMPETITIVE			
Activity #	Dates	Time	Day(s)
206120-05	April 1-May 22	9:45 a.m.-12:15 p.m.	Mon/Wed
206120-06	April 2-May 23	12:30-3 p.m.	Tue/Thu

PICKLEBALL PLAY & LEARN

INSTRUCTOR: Andi Biernacki-Sweet
AGE(S): 18 and up
RATE: \$12 | RESIDENT RATE: \$8

For new players or those needing additional instruction. Instructors will be on-site to help with questions and offer advice. Designed for players who have recently completed Beginner Pickleball Clinic only. Those with more than two months' experience may attend the intermediate session.

BEGINNER			
Activity #	Dates	Time	Day(s)
206124-01	March 30	10 a.m.-12 p.m.	Sat
206124-02	April 27	12:30-2:30 p.m.	Sat

Designed for players who are interested in improving their skills. Instruction will be available to help guide players on techniques and approach during play to help take their game to the next level.

INTERMEDIATE			
Activity #	Dates	Time	Day(s)
206124-03	April 27	10 a.m.-12 p.m.	Sat

NFL FLAG FOOTBALL

INSTRUCTOR: Recreation Staff
RATE: \$125 | RESIDENT RATE: \$110

HOF

Sign up for this fun flag football league that is limited to a one day-per-week requirement. Participants receive an NFL-affiliated jersey along with the option to purchase additional items. Volunteer coaches needed. Contact the Sports Program Manager at sports@westerville.org for details.

1ST/2ND GRADE *NO CLASS: May 12			
Activity #	Dates	Time	Day(s)
106100-01*	April 7-May 19	8-10 a.m.	Sun

3RD/4TH GRADE *NO CLASS: May 12			
Activity #	Dates	Time	Day(s)
106100-02*	April 7-May 19	9-11 a.m.	Sun

5TH/6TH GRADE *NO CLASS: May 12			
Activity #	Dates	Time	Day(s)
106100-03*	April 7-May 19	10 a.m.-12 p.m.	Sun

7TH/8TH GRADE *NO CLASS: May 12			
Activity #	Dates	Time	Day(s)
106100-04*	April 7-May 19	11 a.m.-1 p.m.	Sun

GOLF LESSONS

INSTRUCTOR: Gary Bower
RATE: \$35 per lesson | RESIDENT RATE: \$20 per lesson
Each lesson will cover grip, stance, golf ball position and common issues experienced by golfers such as slicing, topping and hooking the ball and correcting these shots. Plastic teaching golf balls will be provided in each class. Students are required to bring their own golf clubs. The sessions are taught by a Director of Golf/teaching professional.

YOUTH			AGE(S): 8-17
Activity #	Dates	Time	Day(s)
206201-02	April 17 - May 8	6-6:45 p.m.	Wed

ADULT			AGE(S): 18 and up
Activity #	Dates	Time	Day(s)
206201-01	April 17 - May 8	7-7:45 p.m.	Wed

HOF - Hoff Woods Park | 556 McCorkle Blvd.





MINI SOCCER STARS

INSTRUCTOR: Bally Sports Group
RATE: \$100 | **RESIDENT RATE:** \$275

Utilizing games and activities, participants will learn the basics of dribbling, passing, scoring and the concept of game play. Proper sportsmanship is emphasized in a positive and encouraging atmosphere. Each week will include both developmentally appropriate instruction and recreational, non-competitive game play.

AGE(S): 3-4 *NO CLASS: April 14

Activity #	Dates	Time	Day(s)
206106-01*	April 7-May 19	12-1 p.m.	Sun

AGE(S): 5-6 *NO CLASS: April 14

Activity #	Dates	Time	Day(s)
206106-02*	April 7-May 19	1-2 p.m.	Sun

ADULT MIXED VOLLEYBALL LEAGUES

INSTRUCTOR: Recreation Staff

AGE(S): 18 and up
RATE: \$290 | **RESIDENT RATE:** \$275

Whether you seek a lively evening with friends or a more competitive game in a power-like league, this league caters to your preferences. Space fills quickly.

COMPETITIVE LEAGUE

Activity #	Dates	Time	Day(s)
206219-01	April 2-May 28	6:15-9:30 p.m.	Tue

RECREATIONAL LEAGUE

Activity #	Dates	Time	Day(s)
206221-01	April 3-May 29	6:30-9:30 p.m.	Wed

EXCEL YOUTH VOLLEYBALL DEVELOPMENTAL LEAGUE

INSTRUCTOR: Recreation Staff
RATE: \$100 | **RESIDENT RATE:** \$90

This developmental league caters to girls and boys focusing on fundamental skills that include passing, setting, serving, blocking and hitting, alongside game-play strategies. Each session begins with a 30-minute practice session followed by a game. Participants will receive a team t-shirt.

AGE(S): 7-10 *NO CLASS: March 27

Activity #	Dates	Time	Day(s)
206164-01*	March 20 - April 24	6:30-7:30 p.m.	Wed

AGE(S): 11-13 *NO CLASS: March 27

Activity #	Dates	Time	Day(s)
206164-02*	March 20 - April 24	7:40-8:40 p.m.	Wed

STREET JACKETS SKILLS AND DRILLS

INSTRUCTOR: Recreation Staff

ACS

FREE

This sneaker-only course is designed for skill progression in hockey, focusing on areas such as stick control, passing, shooting, coordination and movement. Classes will include a brief warm-up followed by drills for skill development and game play. All necessary equipment will be provided, although participants are welcome to use their own, if preferred.

AGE(S): 4-8 Registration required

Activity #	Dates	Time	Day(s)
206162-01	March 19-April 16	5:30- 6:15 p.m.	Tue

AGE(S): 9-12

Activity #	Dates	Time	Day(s)
206162-02	March 19-April 16	6:30-7:15 p.m.	Tue

ADULT DEK HOCKEY LEAGUE

INSTRUCTOR: Recreation Staff

ACS

AGE(S): 18 and up

FREE

Interested players are required to register for this competitive league. Free agents, small groups, and prior teams will be assembled after. Fee covers rink and scoreboard usage, official and staff charges and awards. Equipment rental is available at no cost, if required. For inquiries, please contact the Program Manager at steve.baxter@westerville.org.

AGE(S): 18 and up Registration required

Activity #	Dates	Time	Day(s)
206169-01	April 16-June 18	5:30-9 p.m.	Tue

YOUTH ROLLER HOCKEY INSTRUCTION

INSTRUCTOR: Recreation Staff

ACS

FREE

This program focuses on enhancing passing, stick handling, shooting accuracy and skating speed and power. New drills will be introduced and applied each week to reinforce passing and shooting fundamentals. Scrimmages will provide practical application opportunities within a supportive learning environment. While equipment is provided, participants may bring their own. Geared towards intermediate to advanced skill level players.

AGE(S): 5-9 Registration required

Activity #	Dates	Time	Day(s)
206163-01	March 21-April 18	5:30-6:15 p.m.	Thu

AGE(S): 10-15

Activity #	Dates	Time	Day(s)
206163-02	March 21-April 18	5:30-6:15 p.m.	Thu

FENCING

INSTRUCTOR: Profencing

FEN

RATE: \$205 | **RESIDENT RATE:** \$190

Designed to provide a well-rounded introduction to the sport combining interconnected mind-body activities that are appropriate and safe for kids. Through instruction and games that enhance physical and mental skills, participants will learn proper fencing technique, sportsmanship and have lots of fun. All equipment is provided. Gym clothes and tennis shoes are required.

LITTLE MUSKETEERS AGE(S): 7-12

Activity #	Dates	Time	Day(s)
202176-01	March 28-April 20	5-6 p.m.	Tue/Thu

YOUTH AGE(S): 8-10

Activity #	Dates	Time	Day(s)
202176-02	March 27-April 29	5-6 p.m.	Mon/Wed

AMAZING ATHLETES SPORTS DISCOVERY

INSTRUCTOR: Jumpbunch

RATE: \$85 | **RESIDENT RATE:** \$70

Participants will have the opportunity to develop skills with practice, apply what they've learned with confidence, have fun with game play and discover new sports. We will explore two sports with play and practice for each, followed by a 'finale' game for each and an award ceremony.

AGE(S): 5-7

Activity #	Dates	Time	Day(s)
202175-01	March 23-April 27	10:45-11:30 a.m.	Sat

AGE(S): 8-10

Activity #	Dates	Time	Day(s)
202175-02	March 23-April 27	11:30 a.m. - 12:15 p.m.	Sat



CAMPS



IMPORTANT CAMP INFORMATION

NO CAMPS ON JUNE 19; JULY 4, 5

- Extended care is available from 7:30-9 a.m. and/or 4-5:30 p.m. for Nut Camps only. Please note, there is no camp on June 19, July 4 and July 5
- Participant camp placement is determined by the campers age as of the last day camp is offered, Friday, Aug. 9.
- Select camps have a \$50 minimum payment per child for each registered week of camp with the remaining portion due Friday, May 3. This allows the household the ability to defer their payments over time, campers will be unenrolled from the program if camp is not paid in full on Friday, May 3. All other camps are to be paid in full at the time of registration.
- Nut Camps and Heritage Kids Camp fees are based on a full five-day experience and will not be prorated for part-time attendance.
- A \$25 transaction fee will be processed per week, per child, for every refund issued. All camp refunds must be submitted 21 days prior to the cancellation. Refund requests after the 21-day time period will not be honored. We do not offer a multi-child discount.
- Important Information Regarding Waitlist: Waitlists will not be available for camps in 2024. If your family does not get a spot in camp, please check www.westerville.org/registration regularly to see if spots become available. If available, families may enroll on a first-come, first-served basis.
- Proof of residency is required prior to registration. For more information on how to update your residency status, visit www.westerville.org/registration or call (614) 901-6500. Please contact camps@westerville.org with any questions or visit www.westerville.org/camps.

REGISTRATION DATES

Residents Online Registration
Friday, March 1 12 p.m.

Open Online Registration
Sunday, March 3 12 p.m.

OPEN HOUSE NIGHT

Registered families can meet camp staff, pick up a camp t-shirt and visit the camp space.

Thursday, May 30
5:30-7 p.m.

Cherrington Elementary
(522 Cherrington Rd)
all Nut Camps

Hoff Woods Park Shelter
(556 McCorkle Blvd.)
Kids Fun Club

Westerville Community Center
(350 N. Cleveland Ave.)
Heritage Kids Camp

Highlands Park Ballfield Shelter
(245 S. Spring Rd.)
Teen Fun Club

CAMP PEANUT

INSTRUCTOR: Camp Leaders

DAY CAMP

AGE(S): 6-7

RATE: \$190 | **RESIDENT RATE:** \$175

Emphasis will be on a healthy active lifestyle as well as making sure that every camper is included and enjoying their summer with weekly themed activities, crafts and games. This camp will travel on Fridays to end the camp week on an exciting note. Campers must pack a healthy lunch and snack every day.

Activity #	Date	Time	Day(s)
302101-01	June 3 - June 7	9 a.m. - 4 p.m.	Mon-Fri
302101-02	June 10 - June 14	9 a.m. - 4 p.m.	Mon-Fri
302101-03*	June 17 - June 21	9 a.m. - 4 p.m.	Mon-Fri
302101-04	June 24 - June 28	9 a.m. - 4 p.m.	Mon-Fri
302101-05**	July 1 - July 3	9 a.m. - 4 p.m.	Wed-Fri
302101-06	July 8 - July 12	9 a.m. - 4 p.m.	Mon-Fri
302101-07	July 15 - July 19	9 a.m. - 4 p.m.	Mon-Fri
302101-08	July 22 - July 26	9 a.m. - 4 p.m.	Mon-Fri
302101-09	July 29 - Aug. 2	9 a.m. - 4 p.m.	Mon-Fri

+ Extended care included.

No camp June 19, July 4, 5

* RATE: \$155 | DISCOUNTED RESIDENT: \$140
** RATE: \$120 | DISCOUNTED RESIDENT: \$105

CAMP COCONUT

INSTRUCTOR: Camp Leaders

DAY CAMP

AGE(S): 8-9

RATE: \$190 | **RESIDENT RATE:** \$175

Campers will enjoy age-appropriate activities, games and crafts as well as some light competition and team building to ensure that every camper makes new friendships. This camp will travel on Fridays to end the camp week on an exciting note. Campers must pack a healthy lunch and snack every day.

Activity #	Date	Time	Day(s)
302101-14	June 3 - June 7	9 a.m. - 4 p.m.	Mon-Fri
302101-15	June 10 - June 14	9 a.m. - 4 p.m.	Mon-Fri
302101-16*	June 17 - June 21	9 a.m. - 4 p.m.	Mon-Fri
302101-17	June 24 - June 28	9 a.m. - 4 p.m.	Mon-Fri
302101-18**	July 1 - July 3	9 a.m. - 4 p.m.	Wed-Fri
302101-19	July 8 - July 12	9 a.m. - 4 p.m.	Mon-Fri
302101-20	July 15 - July 19	9 a.m. - 4 p.m.	Mon-Fri
302101-21	July 22 - July 26	9 a.m. - 4 p.m.	Mon-Fri
302101-22	July 29 - Aug. 2	9 a.m. - 4 p.m.	Mon-Fri

+ Extended care included.

No camp June 19, July 4, 5

* RATE: \$155 | DISCOUNTED RESIDENT: \$140
** RATE: \$120 | DISCOUNTED RESIDENT: \$105

CAMP WALNUT

INSTRUCTOR: Camp Leaders

DAY CAMP

AGE(S): 10-12

RATE: \$190 | **RESIDENT RATE:** \$175

Not only are the games and activities geared for this age group but the Friday Field Trips are exclusively designed for Camp Walnut to enhance the quality of the camp experience. Campers must pack a healthy lunch and snack every day.

Activity #	Date	Time	Day(s)
302101-23	June 3 - June 7	9 a.m. - 4 p.m.	Mon-Fri
302101-24	June 10 - June 14	9 a.m. - 4 p.m.	Mon-Fri
302101-25*	June 17 - June 21	9 a.m. - 4 p.m.	Mon-Fri
302101-26	June 24 - June 28	9 a.m. - 4 p.m.	Mon-Fri
302101-27**	July 1 - July 3	9 a.m. - 4 p.m.	Wed-Fri
302101-28	July 8 - July 12	9 a.m. - 4 p.m.	Mon-Fri
302101-29	July 15 - July 19	9 a.m. - 4 p.m.	Mon-Fri
302101-30	July 22 - July 26	9 a.m. - 4 p.m.	Mon-Fri
302101-31	July 29 - Aug. 2	9 a.m. - 4 p.m.	Mon-Fri

+ Extended care included.

No camp June 19, July 4, 5

* RATE: \$155 | DISCOUNTED RESIDENT: \$140
** RATE: \$120 | DISCOUNTED RESIDENT: \$105



HERITAGE KIDS CAMP

INSTRUCTOR: Camp Leaders

DAY CAMP

AGE(S): 6-12

RATE: \$150 | **RESIDENT RATE:** \$135

Emphasis will be on a healthy active lifestyle as well as making sure that every camper is included and enjoying their summer with weekly themed activities, crafts and games. This camp will swim on Fridays to end the camp week on an exciting note. Campers must pack a healthy lunch and snack every day.

Activity #	Date	Time	Day(s)
302109-01	June 3 - June 7	8 a.m. - 5 p.m.	Mon-Fri
302109-02	June 10 - June 14	8 a.m. - 5 p.m.	Mon-Fri
302109-03*	June 17 - June 21	8 a.m. - 5 p.m.	Mon-Fri
302109-04	June 24 - June 28	8 a.m. - 5 p.m.	Mon-Fri
302109-05**	July 1 - July 3	8 a.m. - 5 p.m.	Wed-Fri
302109-06	July 8 - July 12	8 a.m. - 5 p.m.	Mon-Fri
302109-07	July 15 - July 19	8 a.m. - 5 p.m.	Mon-Fri
302109-08	July 22 - July 26	8 a.m. - 5 p.m.	Mon-Fri
302109-09	July 29 - Aug. 2	8 a.m. - 5 p.m.	Mon-Fri

+ Extended care NOT available.

No camp June 19, July 4, 5

* RATE: \$120 | DISCOUNTED RESIDENT: \$105

** RATE: \$95 | DISCOUNTED RESIDENT: \$80

*Due to maintenance, Heritage Kids Camp will be held at the Sports Complex, 325 Cleveland Ave.

ARCHERY

INSTRUCTOR: Sunbury Archery

DAY CAMP

AGE(S): 8-18

RATE: \$140 | **RESIDENT RATE:** \$125

Grab a bow and arrow and aim at the target. We will enjoy lots of games and activities while learning the basics of archery. Extended care not available. Please have your camper bring a water bottle, sunscreen and wear closed toed shoes.

Activity #	Date	Time	Day(s)
302151-01	June 10 - June 13	10-11a.m.	Mon-Thu
302151-02	July 22 - July 25	10-11a.m.	Mon-Thu

BALLY SPORTS GROUP SPORTS CAMPS

INSTRUCTOR: Camp Leaders

DAY CAMP

AGE(S): 6-12

RATE: \$185 | **RESIDENT RATE:** \$170

Join Bally Sports Group this summer for an active and fun summer camp experience! Campers will be introduced to a different sport each week, where instruction will be delivered in a positive and encouraging way. Theme sports will be featured in the morning with general camp activities in the afternoon.

Activity #	Date	Time	Day(s)
ALL SPORTS CAMP			
306102-01	May 28 - May 31	9 a.m. - 3 p.m.	Mon-Fri
FIRST AND TEN-FOOTBALL AND CHEER			
306102-02	June 10 - June 14	9 a.m. - 3 p.m.	Mon-Fri
NINJA TRAINING CAMP			
306102-03	June 24 - June 28	9 a.m. - 3 p.m.	Mon-Fri
STICKS & FLIPS HOCKEY AND GYMNASTIC CAMP			
306102-04	July 8 - July 12	9 a.m. - 3 p.m.	Mon-Fri
FOOT SKILLS SOCCER			
306102-05	July 22 - July 26	9 a.m. - 3 p.m.	Mon-Fri
SHOOTING STARS BASKETBALL CAMP			
306102-06	Aug. 5 - Aug. 9	9 a.m. - 3 p.m.	Mon-Fri

+ Extended care NOT available.

PARKOUR CAMPS

INSTRUCTOR: 614 Parkour

DAY CAMP

This camp is designed to improve the students' fundamental parkour skills in a safe and inclusive environment. Together we learn to traverse an increasingly challenging environment. Our goals in order are, safety, fun and learning. Please have your participant dressed for the weather. Camp will be held at *McVay Johnson Park*.

Activity #	Date	Time	Day(s)
AGE(S): PRE-K 3-5			
RATE: \$155 RESIDENT RATE: \$140			
302188-01	May 28 - May 31	10 - 11:30 a.m.	Tue-Fri
302188-05	July 9 - July 12	10 - 11:30 a.m.	Tue-Fri
302188-07	July 22 - July 26	10 - 11:30 a.m.	Tue-Fri
AGE(S): KIDS 6-11			
RATE: \$185 RESIDENT RATE: \$170			
302188-02	May 28 - May 31	12 - 2 p.m.	Tue-Fri
302188-03	June 18 - June 21	10 a.m. - 12 p.m.	Tue-Fri
302188-04	June 18 - June 21	12:30 - 2:30 p.m.	Tue-Fri
302188-06	July 9 - July 12	12 - 2 p.m.	Tue-Fri
302188-08	July 22 - July 26	12 - 2 p.m.	Tue-Fri
302188-09	Aug. 6 - Aug 9	10 a.m. - 12 p.m.	Tue-Fri
302188-10	Aug. 6 - Aug. 9	12:30 - 2:30 p.m.	Tue-Fri

COOKING CARAVAN CAMPS

INSTRUCTOR: The Cooking Caravan

DAY CAMP

AGE(S): 6-16

RATE: \$295 | **RESIDENT RATE:** \$280

MAKE A MEAL CAMP

Make a variety of meals that will be eaten at the end of class.

Activity #	Date	Time	Day(s)
302187-01	May 28 - May 31	10 a.m.-12p.m.	Tue-Fri

THREE-COURSE COOKING CAMP

Campers will learn a different course of a meal each day. On the final day, they will serve this meal to their families.

Activity #	Date	Time	Day(s)
302187-02	July 30 - Aug. 2	10 a.m.-12p.m.	Tue-Fri

ICY TREATS CAMP

Participants will learn to make popsicles, milkshakes, and different types of ice creams as well as syrups and sundae toppings galore! All materials, apron and recipes are provided.

Activity #	Date	Time	Day(s)
302187-03	July 9 - July 12	10 a.m.-12 p.m.	Wed-Sat

KIDS FUN CLUBS

INSTRUCTOR: Camp Leaders

DAY CAMP

AGE(S): 6-13

Meet new friends this summer by attending one of our four Kids Fun Club (KFC) locations. Westerville Parks and Recreation's trained staff will be available during specified hours. Extended care not included. This is a drop-in program (children must have completed kindergarten). Listed rates are for the entire nine weeks of camp season. *KFC will cancel due to inclement weather.*

RATE: \$145 | **RESIDENT RATE:** \$130

Activity #	Date	Time	Day(s)
HOFF WOODS PARK		556 MCCORKLE BLVD.	
302103-02	June 3 - Aug. 2	9 a.m. - 4 p.m.	Mon-Fri

RATE: \$115 | **RESIDENT RATE:** \$100

Activity #	Date	Time	Day(s)
METZGER PARK		137 GRANBY PLACE	
302103-03*	June 3 - Aug. 2	9 a.m. - 12 p.m.	Mon-Fri
MILLSTONE CREEK		745 N. SPRING RD.	
302103-05*	June 3 - Aug. 2	9 a.m. - 12 p.m.	Mon-Fri
SPRING GROVE		1201 E. COUNTY LINE RD.	
302103-01*	June 3 - Aug. 2	1-4 p.m.	Mon-Fri

+ Extended care NOT available.

* No camp June 19, July 4, 5



AMAZING ATHLETE CAMP

INSTRUCTOR: Buckeye Sports DBA
Jumpbunch Columbus **DAY CAMP**

This fun, active class encourages kids to explore and develop a variety of athletic skills through the introduction of 10 different sports. Coaches break the fundamentals of each sport into simple steps based on each child's age and ability. The goal is to create a fun environment that establishes lifetime connections to sports and physical activity.

RATE: \$125 | **RESIDENT RATE:** \$110

AGE(S): 3-8

Activity #	Date	Time	Day(s)
302074-01	July 29 - Aug. 2	9 a.m.-12 p.m.	Mon-Thu

RATE: \$175 | **RESIDENT RATE:** \$160

AGE(S): 5-8

Activity #	Date	Time	Day(s)
302074-02	July 29 - Aug. 2	9 a.m.-3 p.m.	Mon-Thu

COUNSELOR IN TRAINING (CIT)

CIT's have the opportunity to volunteer with our main day camps or engage with our Kids Fun Club! This program helps young adults gain work experience, develop marketable skills, enjoy recreational activities and learn the importance of volunteering. CIT's help organize and run a summer day camp.

Please note: this is a volunteer-only position. Applicants must be 14-16 by Aug. 9. Applicants must be available to attend **mandatory training** in May. Date TBA.

Additional information and applications are available at www.westerville.org/camps and are **due Friday, April 21.**

CULTURED KIDS CAMPS

INSTRUCTOR: Cultured Kids **DAY CAMP**

AGE(S): 6-12
RATE: \$195 | **RESIDENT RATE:** \$180

Culture Camps are designed to teach children about the cultures and customs of five different Spanish or French-speaking countries. Students will learn about native foods, animals, songs, idioms, capitals, leaders, artists, geography and landmarks reflecting the country. Games and art projects will take place to reflect the country of the day.

SPANISH CULTURE CAMP

Activity #	Date	Time	Day(s)
302192-01	June 17 - June 21	9:30a.m.-12p.m.	Mon-Fri

WORLD CULTURE CAMP

Campers will learn native foods, animals, songs, capitals, cities, leaders, artists and more about five different countries on five continents. Each class includes arts and games, traditional songs and native language.

Activity #	Date	Time	Day(s)
302192-03	July 29 - Aug. 2	9:30a.m.-12 p.m.	Mon-Fri

TRAVEL CAMP

INSTRUCTOR: Recreation Staff **DAY CAMP**

RATE: \$165 | **RESIDENT RATE:** \$150

Each day your camper will travel to a different destination and have a new adventure making memories for a lifetime!

AGE(S): 6-8

Activity #	Date	Time	Day(s)
302102-01	Aug. 5 - Aug. 9	8 a.m.-5 p.m.	Mon-Fri

AGE(S): 9-12

Activity #	Date	Time	Day(s)
302102-02	Aug. 5 - Aug. 9	8 a.m.-5 p.m.	Mon-Fri

+ Extended care included
8 - 9 a.m. and 4 - 5 p.m.

CHESS CAMP

INSTRUCTOR: Kyle Jones, **DAY CAMP**
The Jones Chess Academy

AGE(S): 6-14
RATE: \$170 | **RESIDENT RATE:** \$155

Learn world champion strategies, basic tactical sequences, end game patterns and tournament rules and regulations, as well as the history of the game. Each day, campers will take part in daily mini tournaments with a knockout event at the end of the week. Beginners/Intermediate. **No extended care available.**

BEGINNER / INTERMEDIATE

Activity #	Date	Time	Day(s)
302198-01	May 28 - May 31	9 - 11:30a.m.	Tue-Fri

CAMP BROADWAY!

INSTRUCTOR: Drama Kids **DAY CAMP**

AGE(S): 6-12
RATE: \$250 | **RESIDENT RATE:** \$235

FIVE musicals in FIVE days! These are favorites like Hamilton, Shrek and Disney. Campers will learn what it takes to put on a professional musical: sing songs, rehearse choreographed dance numbers, act out short scenes and more. Families will receive a special video at the end of camp that recaps activities done each day in class.

Activity #	Date	Time	Day(s)
302204-01	June 17 - June 21	9 a.m. - 12p.m.	Mon-Fri

TEEN FUN CLUB

INSTRUCTOR: Camp Leaders **DAY CAMP**

AGE(S): 13-15
RATE: \$305 | **RESIDENT RATE:** \$290

Looking for a fun, flexible option for your teen this summer? Sign them up for Teen Fun Club (TFC). TFC includes weekly themed activities, open play time, weekly field trips and swimming. Extended care not included. Rates are for the entire 9-week camp season.

HIGHLANDS PARK BALLPARK SHELTER 245 S. SPRING RD.

Activity #	Date	Time	Day(s)
302213-01*	June 3 - Aug. 2	9 a.m.-4 p.m.	Mon-Fri

+ Extended care NOT available.

* No camp June 19, July 3, 4





ROBOTHINK-ROBOTIC ENGINEERING CAMP

INSTRUCTOR: ThinkMoore LLC

DAY CAMP

AGE(S): 6-13

RATE: \$265 | **RESIDENT RATE:** \$250

Participants will build various robots that explore sensors, gears, servos and other various robotic engineering concepts along with daily “Design Challenges” that stretch our engineering skills to solve real-world problems. Combining various materials, such as rubber bands, popsicle sticks, index cards, etc., participants will be challenged to solve various engineering tasks each day.

Activity #	Date	Time	Day(s)
302205-01	June 3 - June 7	1-4 p.m.	Mon-Fri
302205-02	June 10 - June 14	1-4 p.m.	Mon-Fri

SUPERHERO BOOTCAMP

INSTRUCTOR: Buckeye Sports DBA

DAY CAMP

Jumpbunch Columbus

Superheros need a kind heart and willingness to help others, but also strength, agility, balance and speed. We will focus on learning these skills through fun games and activities such as “jumping over hot lava,” “dodging fireballs,” “lightsaber training,” “scooter flying,” “ghostbuster tag,” and more. Campers should dress to be very active and bring a peanut-free snack and water bottle each day. Full day campers should also bring a peanut-free lunch.

AGE(S): 3-8

RATE: \$125 | **RESIDENT RATE:** \$110

Activity #	Date	Time	Day(s)
302193-01	June 10 - June 14	9 a.m.-12p.m.	Mon-Fri
302193-03	July 15 - July 19	9 a.m.-12p.m.	Mon-Fri

AGE(S): 5-8

RATE: \$175 | **RESIDENT RATE:** \$150

Activity #	Date	Time	Day(s)
302193-02	June 10 - June 14	9 a.m.-3p.m.	Mon-Fri
302193-05	July 15 - July 19	9 a.m.-12p.m.	Mon-Fri

BMX CAMP

INSTRUCTOR: Westerville BMX

ACS

AGE(S): 6-12

RATE: \$185 | **RESIDENT RATE:** \$170

Learn how to inspect and maintain your bicycle, proper helmet fit, safety while riding on the road and more. Lunch and games included. An accredited USA BMX Foundation STE(A)M Learning Program. USA BMX Licensed Coaches are background checked, CPR and First Aid certified, and have completed the CDC Heads Up Concussion Protocol.

Activity #	Dates	Time	Day(s)
306105-02	July 8- July 12	9 a.m.-3 p.m.	Mon-Fri

SLIMETOPIA 2: TOTAL SLIME TAKEOVER CAMP

INSTRUCTOR: Challenge Island-Columbus

DAY CAMP

AGE(S): 6-11

RATE: \$180 | **RESIDENT RATE:** \$165

The world is being taken over by slime! You and your STEAM Team will ooze with excitement as you visit countries across the globe making a different kind of slime at each destination. From Italian pizza slime to Antarctic penguin slime and everything in-between.

Activity #	Date	Time	Day(s)
302206-01	June 3 - June 7	9 a.m.-12 p.m.	Mon-Fri

FASHION CAMP

INSTRUCTOR: The Upcycle Academy

DAY CAMP

RATE: \$360 | **RESIDENT RATE:** \$345

Campers will learn how to color, sketch, design, spot trends and more with a focus on sustainable fashion. The campers will learn how to upcycle clothing from our upcycle shop and will share their reimagined designs on their last day of camp in during our lookbook photo shoot and a fashion show for family and friends. This camp is led by fashion industry professionals and current fashion students.

AGE(S): 8-10

Activity #	Date	Time	Day(s)
302208-01	July 15 - July 19	9 a.m.-12 p.m.	Mon-Fri

AGE(S): 11-14

Activity #	Date	Time	Day(s)
302208-02	July 15 - July 19	1-4 p.m.	Mon-Fri



Spring Break Camps

JUMPBUNCH CAMP

INSTRUCTOR: Buckeye Sports DBA
Jumpbunch Columbus

DAY CAMP

AGE(S): 6-12

RATE: \$160 | **RESIDENT RATE:** \$145

We’ve packed all of the best that JumpBunch has to offer into an exciting week for your camper. Each day, campers will engage with loads of games, crafts, hikes, obstacle courses and sports. Campers should dress to be very active and bring a peanut-free lunch, snack and water bottle each day.

Activity #	Date	Time	Day(s)
202203-01	March 25 - March 29	9 a.m.-4 p.m.	Mon-Fri

PARKOUR SPRING BREAK CAMP

INSTRUCTOR: Coach Theo, 614 Parkour

DAY CAMP

This camp is designed to improve the students’ fundamental parkour skills in a safe and inclusive environment. Together we learn to traverse an increasingly challenging environment. Our goals in order are, safety, fun and learning. Please have your participant dressed for the weather.

RATE: \$155 | **RESIDENT RATE:** \$140

PRESCHOOL			AGE(S): 3-5
Activity #	Date	Time	Day(s)
202202-01	March 26 - March 29	10-11:30 a.m.	Tue-Fri

RATE: \$185 | **RESIDENT RATE:** \$170

KIDS			AGE(S): 6-11
Activity #	Date	Time	Day(s)
202202-02	March 26 - March 29	12-2 p.m.	Tue-Fri



CODING CAMPS

INSTRUCTOR: BX Coding **DAY CAMP**

RATE: \$395 | **RESIDENT RATE:** \$380

PYTHON PIONEERS: AGE(S): 10-13
CRAFTING CODE, UNLEASHING CREATIVITY

Dive into a world of vibrant code blocks and endless imagination! Young learners are introduced to the joys of computer science through Scratch, a drag-and-drop coding platform perfect for crafting interactive stories, games, and animations. Our engaging, project-based approach grounds learners in fundamental computer science concepts while sparking creativity and fun. All experience levels are welcome!

Activity #	Date	Time	Day(s)
302209-01	June 10-June 14	9 a.m.-4 p.m.	Mon-Fri

SCRATCH SUPERSTARS: AGE(S): 7-9
ADVENTURES IN CREATIVE CODING

Ready... Set... Build! Students will take on an array of engineering-based activities from building working circuits out of copper tape to shooting paper rockets 100 feet into the air. Students will learn how to apply their creativity to solve challenges and think like mechanical, electrical, and even aeronautical engineers! All experience levels are welcome!

Activity #	Date	Time	Day(s)
302209-02	June 3-June 7	9 a.m.-4 p.m.	Mon-Fri
302209-03	June 17-June 21	9 a.m.-4 p.m.	Mon-Fri

FIT AND FOCUSED YOGA/SWIM CAMP

INSTRUCTOR: The Balanced Child Method **DAY CAMP**

AGE(S): 8-12
RATE: \$215 | **RESIDENT RATE:** \$200

Embark on an Olympic-inspired journey as we bring the thrill of sports to life through yoga poses, engage in spirited games and foster a champion's mindset. Campers will leave feeling balanced, flexible and strong. In addition to physical activities, we'll delve into mindfulness practices integrating literacy, meditation and breathing exercises. After calming our bodies and minds, children will have time to swim.

Activity #	Date	Time	Day(s)
302210-01	June 24-June 27	9 a.m.-12 p.m.	Mon-Thu
302210-02	July 22-July 25	9 a.m.-12 p.m.	Mon-Thu

VOLLEYBALL CAMP

INSTRUCTOR: Skyhawks Sports **DAY CAMP**

AGE(S): 8-12
RATE: \$190 | **RESIDENT RATE:** \$175

Campers will learn all aspects of the game through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player.

Activity #	Date	Time	Day(s)
302207-01	July 15-July 19	1-4 p.m.	Mon-Fri

**JOIN THE FUN
JOIN OUR TEAM**

Westerville Parks and Recreation offers campers a wide range of opportunities to make new memories, new friends and engage in new life experiences. Join the team to share the magic of summer camp and adventures with young campers in our community. Counselors must be available from May 28 - Aug. 9. For more information and to apply, visit www.westerville.org/jobs.

PICKLEBALL CAMP

INSTRUCTOR: Skyhawks Sports **DAY CAMP**

AGE(S): 7-12
RATE: \$190 | **RESIDENT RATE:** \$175

Learn core fundamentals and techniques across ground strokes, volleys and serves. Participants will come away with a love for the game, increased confidence and exposure to critical life skills such as teamwork, sportsmanship and respect. Designed for new and intermediate players.

Activity #	Date	Time	Day(s)
302207-03	June 10-June 14	9 a.m.-12 p.m.	Mon-Fri

MINI HAWKS SPORTS AND GAMES CAMP

INSTRUCTOR: Skyhawks Sports **DAY CAMP**

AGE(S): 5-8
RATE: \$190 | **RESIDENT RATE:** \$175

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace.

Activity #	Date	Time	Day(s)
302207-02	June 3-June 7	9 a.m. - 12 p.m.	Mon-Fri

PRESCHOOL CAMPS

Information will be available in the May/June Community Recreation Guide.





ABC PRESCHOOL 123

THE PLAY SPOT

INSTRUCTOR(S): The Play Spot
RATE: \$170 | **RESIDENT RATE:** \$155

Your child will engage in purposeful play while growing their speech, sensory and motor skills in this class that combines the expertise of highly trained speech and occupational therapists with the joys of playtime using obstacle courses, sensory bins, crafts, story-time and fine-motor activities.

AGE(S): 9-18 months w/adult *No Class: March 29

Activity #	Date	Time	Day(s)
201160-03*	March 22 - April 19	10-10:45 a.m.	Fri

AGE(S): 18-36 months w/adult *No Class: March 29

Activity #	Date	Time	Day(s)
201160-02*	March 22 - April 19	11-11:45 a.m.	Fri

AGE(S): 3-5 *No Class: March 29

Activity #	Date	Time	Day(s)
201160-01*	March 22 - April 19	9-9:45 a.m.	Fri

TUMBLING

INSTRUCTOR(S): Katie Delgado
RATE: \$80 | **RESIDENT RATE:** \$65

AGE(S): 1.5-3 with adult

Children will be introduced to basic gymnastics skills while working on increasing coordination, balance and strength. We will sing songs and use our imaginations to make learning the new skills lots of fun!

Activity #	Date	Time	Day(s)
201161-01	March 19 - April 16	10-10:30 a.m.	Tue
201161-03	March 23 - April 20	10-10:30 a.m.	Sat

AGE(S): 4-6

Children will be introduced to basic gymnastics vocabularies such as pike, tuck, straddle, forward rolls, handstands and cartwheels. We will work on building strength and coordination as well as increasing flexibility.

Activity #	Date	Time	Day(s)
201161-02	March 19 - April 16	10:30-11:10 a.m.	Tue
201161-04	March 23 - April 20	10:30-11:10 a.m.	Sat

MUSIC TOGETHER

INSTRUCTOR(S): Wholey Sisters
AGE(S): birth-6 with parent
RATE: \$190 per participant / \$25 per sibling
RESIDENT RATE: \$175 per participant / \$25 per sibling
Encourages the experience of music through free play. Classes include singing, games and use of movement and rhythm instruments for a multi-cultural curriculum developed by early childhood music experts and taught by a registered instructor. **A \$40 material fee is included.**

*No Class: March 25, 27

Activity #	Date	Time	Day(s)
101613-01*	March 18-May 20	5:15-6 p.m.	Mon
101613-02*	March 18-May 20	6:15-7 p.m.	Wed
101613-03*	March 18-May 20	9:30-10:15 a.m.	Wed
101613-04*	March 18-May 20	10:30-11:15 a.m.	Wed

KINDERDANCE

INSTRUCTOR(S): Lisa Coleman
Kindertots is designed to develop gross motor skills, movement creativity, physical development, and body awareness while learning numbers, colors, shapes and songs.

RATE: \$75 | **RESIDENT RATE:** \$60

KINDER TOTS		AGE(S): 2	
Activity #	Date	Time	Day(s)
201102-01	April 9 - April 30	5:15-5:45 p.m.	Tue
201102-02	May 7 - May 28	5:15-5:45 p.m.	Tue

Join this upbeat class filled with upbeat songs and props. The class curriculum offers age-appropriate exposure to developmental milestones through dance and sensory-motor activities while nurturing the bond between caregiver and child. Adults are required to attend with the child and participate in the class.

RATE: \$160 | **RESIDENT RATE:** \$145

KINDERDANCE		AGE(S): 3-5	
Activity #	Date	Time	Day(s)
201102-03	April 9 - May 28	6-6:45 p.m.	Tue

CONSTRUCTION SITE CREW

INSTRUCTOR(S): Cathi Staysniak
RATE: \$17 | **RESIDENT RATE:** \$12
There is nothing more fun than discovering the action and excitement of a construction site. As pretend construction workers, we will build, demo and dig. Each child will also create their own construction vehicle to take home. Fun stories and songs round out our construction day. **A parent or special adult will participate in most classes with their child.**

AGE(S): 18 - 36 months with adult			
Activity #	Date	Time	Day(s)
201113-01	April 15	9:15-10 a.m.	Mon
201113-05	April 15	5:30-6:15 p.m.	Mon

AGE(S): 2-4 with adult			
Activity #	Date	Time	Day(s)
201113-02	April 15	10:15-11 a.m.	Mon

AGE(S): 3-5 with adult			
Activity #	Date	Time	Day(s)
201113-03	April 15	11:30 a.m.-12:15 p.m.	Mon

AGE(S): 3-6 with adult			
Activity #	Date	Time	Day(s)
201113-06	April 15	6:30-7:15 p.m.	Mon

AGE(S): 4-6			
Activity #	Date	Time	Day(s)
201113-04	April 15	1-2 p.m.	Mon

IMMERSED IN NATURE NIGHT

INSTRUCTOR(S): Recreation Staff
AGE(S): 3-7
RATE: \$20 | **RESIDENT RATE:** \$15
Get fully immersed in nature. Sessions will be both inside and outside (weather dependent). Enjoy exploring the natural world around you and create fun natural crafts and yummy snacks.

Activity #	Date	Time	Day(s)
201170-03	March 21	5-6:30 p.m.	Thu
201170-04	April 18	5-6:30 p.m.	Thu



SUPERHERO BOOTCAMP

INSTRUCTOR(S): JumpBunch

RATE: \$90 | **RESIDENT RATE:** \$75

Through fun games and activities such as jumping over "hot lava", dodging "fireballs", lightsaber training, scooter "flying" and "ghostbuster" tag you will learn strength, agility, balance and speed.

AGE(S): 18-36 months with adult

Activity #	Date	Time	Day(s)
201162-01	March 25-April 29	5:30-6 p.m.	Mon

AGE(S): 3-4

Activity #	Date	Time	Day(s)
201162-02	March 25-April 29	6-6:45 p.m.	Mon

AGE(S): 5-6

Activity #	Date	Time	Day(s)
201162-03	March 25-April 29	6:45-7:30 p.m.	Mon

SPORTIES FOR SHORTIES

INSTRUCTOR(S): Jump Bunch

RATE: \$90 | **RESIDENT RATE:** \$75

Each week will begin with kid-friendly warm-ups and exercises, an introduction to individual skills, equipment and simple rules of a different sports. Games, obstacle courses and a cool down will take place in each class to keep kids engaged and moving throughout the session.

AGE(S): 18-24 months with adult

Activity #	Date	Time	Day(s)
201007-01	March 23-April 27	9:30-10 a.m.	Sat

AGE(S): 3-4

Activity #	Date	Time	Day(s)
201007-02	March 23-April 27	10-10:45 a.m.	Sat

KIDS IN ACTION

INSTRUCTOR(S): Cathi Staysniak

AGE(S): 3-5

RATE: \$65 | **RESIDENT RATE:** \$50

Children will use and expand their cognitive and large motor skills when they dance and play games together. Together we will be silly as we exercise our brains and bodies. Each session will bring new and exciting activities. *Children will attend this class independently.*

Activity #	Date	Time	Day(s)
201116-01	March 26-April 30	11:15 a.m.-12 p.m.	Tue
201116-02	March 26-April 30	6:45-7:30 p.m.	Tue

BUNNY BONANZA

INSTRUCTOR(S): Cathi Staysniak

RATE: \$17 | **RESIDENT RATE:** \$12

Children will be hip-hopping their way to fun as we celebrate the holiday. We will make crafts and a keepsake, play games and more. A parent or special adult will participate in most classes with their child.

AGE(S): 18-36 months with adult

Activity #	Date	Time	Day(s)
201031-01	March 27	9:15-10 a.m.	Wed
201031-05	March 27	5:30-6:15 p.m.	Wed

AGE(S): 2-4 with adult

Activity #	Date	Time	Day(s)
201031-02	March 27	10:15-11 a.m.	Wed
201031-07	March 28	10:15-11 a.m.	Thu

AGE(S): 3-5 with adult

Activity #	Date	Time	Day(s)
201031-03	March 27	11:30 a.m.-12:15 p.m.	Wed
201031-08	March 28	11:30 a.m.-12:15 p.m.	Thu

AGE(S): 3-6 with adult

Activity #	Date	Time	Day(s)
201031-06	March 27	6:30-7:15 p.m.	Wed

AGE(S): 4-6

Activity #	Date	Time	Day(s)
201031-04	March 27	1-2 p.m.	Wed
201031-09	March 28	5:30-6:15 p.m.	Thu

TODDLER TIME ROUND UP

INSTRUCTOR(S): Cathi Staysniak

RATE: \$65 | **RESIDENT RATE:** \$50

We will launch each class with a fun action story while children use large motor skills as we learn more about the story's theme. Activities will incorporate age-appropriate cognitive skills like ABCs, numbers, shapes and colors. Each session will bring new and exciting activities.

AGE(S): 15-24 months with adult

Activity #	Date	Time	Day(s)
201610-01	March 26-April 30	9:30-10 a.m.	Tue

AGE(S): 1.5-2.5 with adult

Activity #	Date	Time	Day(s)
201610-02	March 26-April 30	10:15-10:45 a.m.	Tue

AGE(S): 2-3

Activity #	Date	Time	Day(s)
201610-03	March 26-April 30	11-11:30 a.m.	Tue

AGE(S): 1.5-3 with adult

Activity #	Date	Time	Day(s)
201610-04	March 26-April 30	6-6:30 p.m.	Tue

PRE-K PARKOUR

INSTRUCTOR(S): 614 Parkour Coach Theo

AGE(S): 3-5

RATE: \$105 | **RESIDENT RATE:** \$90

Improve the fundamentals of your skills in a safe and inclusive environment following three goals: be safe, have fun and learn. Throughout the session, participants will be running, jumping, climbing and rolling in order to travel from one point to another in the quickest and most efficient way possible.

Activity #	Date	Time	Day(s)
202149-01	April 3-May 1	4:30-5:15 p.m.	Wed

NATURAL PAINTING

INSTRUCTOR(S): Recreation Staff

AGE(S): 3-7

RATE: \$15 | **RESIDENT RATE:** \$10

Preschoolers will be immersed into nature as they create and mix natural paint out of materials you would find outdoors. Then, they will create their own painted masterpiece using these items.

Activity #	Date	Time	Day(s)
201171-01	April 4	3-4 p.m.	Thu
201171-02	April 25	3-4 p.m.	Thu

CRAZY ART ADVENTURES

INSTRUCTOR(S): Cathi Staysniak

AGE(S): 4-6

RATE: \$75 | **RESIDENT RATE:** \$60

We will make exciting, open-ended art projects. Activities such as games, stories and music will complement the art project for the day. We will be a bit messy so wear something that is safe to get dirty. We will take advantage of the holidays that fall during each session, as well. *All materials included.*

AGE(S): 4-6

Activity #	Date	Time	Day(s)
201018-01	April 4-April 25	1:30-3 p.m.	Thu

BASEBALL TOTS

INSTRUCTOR(S): Supertots

RATE: \$125 | **RESIDENT RATE:** \$110

Go beyond the sport by fostering communication with multi-step directions and by developing gross and fine motor skills in this competition-free environment. It's an all-encompassing experience, creating a foundation for physical and social skills in a fun and engaging way for toddlers.

AGE(S): 2-3

Activity #	Date	Time	Day(s)
201163-01	March 19-April 23	5-5:45 p.m.	Tue

AGE(S): 3-4

Activity #	Date	Time	Day(s)
201163-01	March 19-April 23	6-6:45 p.m.	Tue

GOLF TOTS

INSTRUCTOR(S): Supertots

RATE: \$125 | **RESIDENT RATE:** \$110

This program blends play and basic golf skills, fostering coordination and a lifelong love for the sport. Watch your tiny golfers tee off with joy. This class is a collaboration between Supertots and legendary golfer Payne Stewart!

AGE(S): 3-4 *No Class: March 30

Activity #	Date	Time	Day(s)
201164-01*	March 24-April 27	9:30-10:15 a.m.	Sat

AGE(S): 4-5 *No Class: March 30

Activity #	Date	Time	Day(s)
201164-03*	March 24-April 27	10:30-11:15 a.m.	Sat

SUPERTOTS DEMO CLASS

INSTRUCTOR(S): Supertots

AGE(S): 1.5-5

RATE: \$15 | **RESIDENT RATE:** \$10

Let your little ones experience baseball, soccer and golf in a fun class demonstration experience. They can also dive into the one that captures their hearts the most. It's a chance to play, discover and connect with the Supertots community.

Activity #	Date	Time	Day(s)
201165-01	March 16	10-11 a.m.	Sat

SOCCERTOTS

INSTRUCTOR(S): Supertots

RATE: \$125 | **RESIDENT RATE:** \$110

These soccer-themed classes focus on developing motor skills and self-confidence for younger ages; older classes focus more on developing core soccer skills and personal focus with an introduction to light competition. Instructor-to-student ratio is kept small to maximize individual development. *Parent participation required for ages 3 and under.*

AGE(S): 1.5-2 with adult

Activity #	Date	Time	Day(s)
201103-01	March 21-April 15	9:30-10:15 a.m.	Thu
201103-05	March 22-April 26	9:30-10:15 a.m.	Fri

AGE(S): 2-3 with adult

Activity #	Date	Time	Day(s)
201103-02	March 21-April 15	10:30-11:15 a.m.	Thu
201103-03	March 21-April 15	5-5:45 p.m.	Thu
201103-06	March 22-April 26	10:30-11:15 a.m.	Fri

AGE(S): 3-4

Activity #	Date	Time	Day(s)
201103-04	March 21-April 15	6-6:45 p.m.	Thu



ADAPTIVE & INCLUSIVE

ACCESS TO RECREATION

INSTRUCTOR(S): Recreation Staff

RATE: \$5 | **RESIDENT RATE:** \$5

Have fun participating in a variety of experiences that are non-sports related. Join us to have fun and socialize with friends. *One adult or one support staff member is free.*

AGE(S): 6 and up

Activity #	Date	Time	Day(s)
215507-01	March 27	12-2 p.m.	Wed

AGE(S): 6-17

Activity #	Date	Time	Day(s)
215507-02	April 5	4-6 p.m.	Fri

EMPOWERED FITNESS TRAINING

INSTRUCTOR(S): Sam Smith

AGE(S): 14 and up

RATE: \$40 | **RESIDENT RATE:** \$30

For individuals with disabilities that wish to become more adept at strength training on their own. Learn to work out on your own using a visual system developed by Valemee to increase your independence in accessing lifelong fitness. Steeped in education and fitness industry best practices. *Caregivers and parents are welcome and encouraged to attend at no cost.*

Activity #	Date	Time	Day(s)
205249-01	March 19-April 30	5-6 p.m.	Tue

ADAPTIVE PICKLEBALL CLINIC

INSTRUCTOR(S): Andi Biernacki - Sweet

AGE(S): 13 and up

RATE: \$5 | **RESIDENT RATE:** \$5

Join us for a fun-filled morning of pickleball fun. We will be teaching the fundamentals of the game so no experience is required. *One adult or one support staff member is free.*

Activity #	Date	Time	Day(s)
215501-01	April 6	9-10:30 a.m.	Sat

BAGELS AND BOARD GAMES

INSTRUCTOR(S): Adaptive Staff

AGE(S): 3 and up

FREE

Work on your board game skills, enjoy some light refreshments and hear about upcoming programming while socializing with friends. You will also be able to let us know what classes you would like. All are welcome and refreshments will be provided! *Registration required.*

Activity #	Date	Time	Day(s)
215506-01	March 15	4-6 p.m.	Fri
215506-02	April 26	4-6 p.m.	Fri

EGG DYEING

INSTRUCTOR(S): Adaptive Staff

AGE(S): 6 and up

RATE: \$5 | **RESIDENT RATE:** \$5

Hop on over for an afternoon of egg dyeing fun. We'll be working in a sensory-friendly environment and we'll have lots of colors to choose from. *One adult or one support staff member is free.*

Activity #	Date	Time	Day(s)
215503-01	March 19	3:30-5:30 p.m.	Tue

SPRING DANCE

INSTRUCTOR(S): Adaptive Staff

AGE(S): 18 and up

FREE

Let's welcome spring by dancing the night away to some tunes from DJ Matt Ryan. Refreshments will be provided. This is an inclusive event so bring your friends. *The dance is free, but registration is required.*

Activity #	Date	Time	Day(s)
215500-01	March 22	6-8 p.m.	Fri

SENSORY FRIENDLY OPEN GYM

Enjoy open gym play in the MAC gym without the addition of crowds. One adult or support staff member is free. This is a drop-in event so registration is not required.

*Ages 6 and up
Fridays, March 29, April 19
6-7:30 p.m.
\$5*

COOKING CARAVAN

INSTRUCTOR(S): Cooking Caravan

AGE(S): 7 and up

RATE: \$45 | **RESIDENT RATE:** \$45

Have fun participating in a variety of experiences that are non-sports related. Join us to have fun and socialize with friends. *One adult or one support staff member is free.*

FETTUCCINE

Activity #	Date	Time	Day(s)
215508-01	March 23	10:30a.m.-12 p.m.	Sat

LASAGNA

Activity #	Date	Time	Day(s)
215508-02	April 13	10:30a.m.-12 p.m.	Sat

THERAPEUTIC SWIM INTERVENTION

INSTRUCTOR(S): AquoTic Staff

AGE(S): 3-12

RATE: \$60 | **RESIDENT RATE:** \$50

This interactive lesson will focus on safety and comfort in and around the water. Lessons are open to any diagnosis. *Parent or caregiver will be encouraged to help with participant in the pool.*

Activity #	Date	Time	Day(s)
202401-01	March 22 - April 26	3-3:45 p.m.	Fri





YOUTH/TEEN

DRAMA KIDS

INSTRUCTOR(S): Drama Kids
AGE(S): 6-11

RATE: \$165 | **RESIDENT RATE:** \$150

Develop important confidence-building skills through developmental drama activities including never-before seen skits, games, improv scenes and more. Students become more confident and their self-esteem blooms. While your child will certainly gain acting skills, our main goal is to help children develop the skills they need to succeed in life.

Activity #	Date	Time	Day(s)
202114-01	March 21-May 2	6-7 p.m.	Thu

YOUTH CERAMICS

INSTRUCTOR(S): Audrey McCutchen^
 Chris Powell^^

RATE: \$100 | **RESIDENT RATE:** \$85

Participants will learn various hand-building techniques as they work on individual projects. Students will work independently and with instruction. The potter's wheel will be introduced.

AGE(S): 10-13

Activity#	Date	Time	Day(s)
207131-01^	March 18-May 6	5-6 p.m.	Mon

AGE(S): 14-17

Activity#	Date	Time	Day(s)
207131-02^^	March 20-May 8	5-6 p.m.	Wed

ROBOTHINK ROBOTICS EXPEDITION MARS

INSTRUCTOR(S): RoboThink Robotics
AGE(S): 6-13

RATE: \$175 | **RESIDENT RATE:** \$150

Kids will learn about space, space travel, stars and gravity while building a variety of interstellar robots. The total solar eclipse happens on April 8! We will build off of this excitement with some great solar systems.

Activity #	Date	Time	Day(s)
202117-01	April 3-May 1	5-6:30 p.m.	Wed

YOUTH COOKING

INSTRUCTOR(S): Cooking Caravan
AGE(S): 7-16

RATE: \$55 | **RESIDENT RATE:** \$45

Participants will be led in a step-by-step presentation on how to cook new recipes they can make at home for family and friends. Class takes place in the demonstration kitchen and includes all supplies.

BREAKFAST, PART 1

Activity#	Date	Time	Day(s)
202113-01	April 20	3:30-5 p.m.	Sat

BREAKFAST, PART 2

Activity#	Date	Time	Day(s)
202113-02	April 27	3:30-5 p.m.	Sat

PASTA 101: FARFALLE

Activity#	Date	Time	Day(s)
202113-05	March 23	3:30-5 p.m.	Sat

PASTA 101: LASAGNA

Activity#	Date	Time	Day(s)
202113-04	April 13	3:30-5 p.m.	Sat

TUMBLING FOR BEGINNERS

INSTRUCTOR(S): Katie Delgado
AGE(S): 7-8

RATE: \$80 | **RESIDENT RATE:** \$65

Children will be introduced to basic gymnastics vocabulary such as pike, tuck, straddle, forward rolls, handstands, bridges and cartwheels. We will work on building strength and coordination as well as increasing flexibility.

Activity #	Date	Time	Day(s)
202174-01	March 23-April 20	11:10 a.m. - 12 p.m.	Sat

ASTROLOGY 101

INSTRUCTOR(S): Shelby Clark
AGE(S): 9-15

RATE: \$10 | **RESIDENT RATE:** \$5

This workshop will include activities that will help you learn about your astrological sign.

Activity #	Date	Time	Day(s)
203132-01	April 8	11 a.m. - 12 p.m.	Mon

AMERICAN RED CROSS BABYSITTING

INSTRUCTOR(S): Amy Rudawsky
AGE(S): 10-17

RATE: \$75 | **RESIDENT RATE:** \$60

Ideal for current and future baby-sitters, this course will teach the best way to care for children. Participants will learn to perform first aid, effective responses to emergencies, basic care routines and illness management. Includes a guidebook with helpful information and certification cards for successful completion of the class. Students should bring paper, pencil, newborn-sized doll or stuffed animal, a packed lunch and a snack.

Activity #	Date	Time	Day(s)
202101-01	March 23	9 a.m. - 1:30 p.m.	Sat
202101-02	April 13	9 a.m. - 1:30 p.m.	Sat

CHESS

INSTRUCTOR(S): Kyle Jones,
The Jones Chess Academy

AGE(S): 5-13

RATE: \$115 | **RESIDENT RATE:** \$100

Candidate Master Instructor Kyle Jones will provide students with the opportunity to learn chess for beginner players with the goal of increasing confidence in their game. World champion openings, ideas in the middle game, endgame patterns, tactical motifs and elements will be examined and discussed. Students will be given the opportunity to play against one another in our weekly club tournament for prizes.

*No Class: March 27			
Activity#	Date	Time	Day(s)
202156-01*	March 20-April 17	5:15-6 p.m.	Wed
202156-02	April 24-May 15	5:15-6 p.m.	Wed





HOMESCHOOL SCIENCE

INSTRUCTOR(S): RT Dreamy Designs

AGE(S): 5-10

RATE: \$15 | **RESIDENT RATE:** \$10

Homeschool students are invited to meet new friends and be immersed in various science related activities, lessons and experiments.

Activity #	Date	Time	Day(s)
202173-01	March 19	10-11:15 a.m.	Tue
202173-02	April 16	10-11:15 a.m.	Tue

PARKOUR

INSTRUCTOR(S): 614 Parkour Coach Theo

RATE: \$125 | **RESIDENT RATE:** \$110

Improve the fundamentals of your skills in a safe and inclusive environment following three rules: be safe, have fun and learn. Throughout the session, participants will be running, jumping, climbing and rolling in order to travel from one point to another in the quickest and most efficient way possible.

AGE(S): 6-11

Activity #	Date	Time	Day(s)
202149-02	April 3- May 1	5:30-6:30 p.m.	Wed

AGE(S): 8-14

Activity #	Date	Time	Day(s)
202149-03	April 3- May 1	6:30-7:30 p.m.	Wed

BUNNY BONANZA

INSTRUCTOR(S): Cathi Staysniak

AGE(S): 6-8

RATE: \$17 | **RESIDENT RATE:** \$12

Children will be hip-hopping their way to fun as we celebrate the holiday. This program will focus on the EGG-citing holiday with crafts, a fun keepsake, games and more.

Activity #	Date	Time	Day(s)
201031-10	March 28	7:15-8:15 p.m.	Thu

FAMILY STEM NIGHT

INSTRUCTOR(S): Recreation Staff

AGE(S): 3 and up

RATE: \$7 | **RESIDENT RATE:** \$7

Experience an evening of hands-on science, math and engineering games and activities to complete as a family. Drinks and snacks are included. Please note, the fee and registration are required for each person attending.

Activity #	Date	Time	Day(s)
202163-01	April 19	5:30-7:30 p.m.	Fri

SPRING BREAK CREATIVE WRITING FUN

INSTRUCTOR(S): Andra Gillum

AGE(S): 7-11

RATE: \$30 | **RESIDENT RATE:** \$20

Join author Andra Gillum for a fun class filled with reading and writing activities. We'll even play a few fun games.

Activity #	Date	Time	Day(s)
202166-01	March 25	1-3 p.m.	Mon

TEEN NIGHT CAMPFIRE

INSTRUCTOR(S): Shelby Clark

AGE(S): 10-14

RATE: \$15 | **RESIDENT RATE:** \$10

Come out and enjoy a night of fun and laughter around a campfire. Enjoy roasting hot dogs and making s'mores as we play games and tell scary stories and listen to music.

Activity #	Date	Time	Day(s)
203131-01	April 26	6:30-8 p.m.	Fri

THE UPSCALE ACADEMY BESTIE SWEATS

INSTRUCTOR(S): The Upscale Academy

AGE(S): 10-12

RATE: \$80 | **RESIDENT RATE:** \$65

Brought to you by fashion industry experts, this fun-filled session will include upcycling sweatshirts into individual or matching designs for you and your bestie. All apparel and upcycling materials are provided. Attendees may bring their own apparel if they have a specific design in mind.

Activity #	Date	Time	Day(s)
203114-01	March 16	10 a.m.-12 p.m.	Sat

GUITAR FOR BEGINNERS

INSTRUCTOR(S): Prasant Joshii

AGE(S): 8-12

RATE: \$85 | **RESIDENT RATE:** \$70

Class will focus on guitar techniques through playing songs each week. Students will learn basic introduction to guitar playing. No previous guitar experience needed. Bring to class: 3/4 size 6 string acoustic guitar and picks, Alfred's Kid's Guitar Course 1; ISBN 10: 1-4706-3331-0; ISBN 13: 978-1-4706-3331-8 and a music stand.

Activity #	Date	Time	Day(s)
207116-01	March 19- April 23	6-6:30 p.m.	Tue

WILDERNESS SURVIVAL 101

INSTRUCTOR(S): Shelby Clark

AGE(S): 8-12

RATE: \$35 | **RESIDENT RATE:** \$20

Learn basic skills and techniques that will help you in a survival situation; including knots, fire starting basics, solar oven cooking, what to forge, shelter building and more.

Activity #	Date	Time	Day(s)
202165-01	March 20	4-5:45 p.m.	Wed
202165-02	April 17	4-5:45 p.m.	Wed
202165-03	April 24	4-5:45 p.m.	Wed

CRAZY ART ADVENTURES

INSTRUCTOR(S): Cathi Staysniak

AGE(S): 5-7

RATE: \$75 | **RESIDENT RATE:** \$60

We will make exciting, open-ended art projects. Activities such as games, stories and music will complement the art project for the day. We will be a bit messy so wear something that is safe to get dirty. We will take advantage of the holidays that fall during each session, as well. All materials included.

Activity #	Date	Time	Day(s)
201018-02	April 4- April 25	6:15-7:45 p.m.	Thu

SPRING BREAK YOGA

INSTRUCTOR(S): The Balanced Child Method

Participants are encouraged to discover their own yoga journey. Whether they're diving into introductory poses or deepening existing skills, this class will inspire confidence and mindfulness. New yogis will learn basic poses and seasoned practitioners will expand on what they already know. All kids will discover the importance of deep breathing and positive mantras.

RATE: \$75 | **RESIDENT RATE:** \$60

Activity #	Date	Time	Day(s)
202174-01	March 26-28	12-1 p.m.	Tue/Wed/Thu

RATE: \$55 | **RESIDENT RATE:** \$45

Activity #	Date	Time	Day(s)
202174-02	March 26-28	11-11:45 a.m.	Tue/Wed/Thu



ADULT

BREASTFEEDING SUPPORT GROUP

INSTRUCTOR(S): Honeysuckle Lactation

AGE(S): 18 and up

RATE: \$60 | **RESIDENT RATE:** \$50

Share your experiences and learn from others that are on a lactation journey in a private, nurturing environment. Babies are welcome. You do not have to be breastfeeding to attend. Q&A and discussion on a different topic each week.

Activity #	Date	Time	Day(s)
210201-01	April 3-April 24	9:45-10:45 a.m.	Wed

FAMILY FISHING DAY

INSTRUCTOR(S): Shelby Clark

HOF

AGE(S): 3 and up

RATE: \$5 | **RESIDENT RATE:** \$5

Come out for a day of family fishing fun. Limited poles are available so please bring your own if you have them. Bait will be included. There is no license required to fish here. *All Ages are welcome.*

Activity #	Date	Time	Day(s)
210702-01	April 19	5-7 p.m.	Fri

FAMILY HIKEING DAY

INSTRUCTOR(S): Shelby Clark

AGE(S): All Ages

FREE

Pack up the family and come meet at the trail to hike and explore new places.

HOFF WOODS TRAIL

Activity #	Date	Time	Day(s)
210703-01	March 24	11 a.m. -12:45 p.m.	Sun

TOWERS TRAIL

Activity #	Date	Time	Day(s)
210703-02	April 21	11 a.m. -12:45 p.m.	Sun

INTRO TO CANOEING

INSTRUCTOR(S): Shelby Clark

AGE(S): 18 and up

RATE: \$20 | **RESIDENT RATE:** \$15

Taught by an American Canoe Association Certified Instructor, this training will cover a split class of "land teaching" and "in-water teaching." We will also cover strokes, maneuvers and many other aspects of this growing paddle sport.

LEVEL I - ASTRONAUT GROVE

Activity #	Date	Time	Day(s)
210700-01	April 14	10 a.m. -12 p.m.	Sun

WATERCOLOR FOR BEGINNERS, INTERMEDIATE AND BEYOND

INSTRUCTOR(S): John Cameron

AGE(S): 18 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Numerous teaching aides, examples and handouts will be shared so students can begin their own watercolor resource notebook. Individual assistance will be provided along with various lessons and demonstrations highlighting important principles of watercolor painting.

ALL LEVELS

Activity #	Date	Time	Day(s)
207226-01	March 20-April 24	10 a.m.-12 p.m.	Wed
207226-02	March 20-April 24	1-3 p.m.	Wed

WRITING A GREAT PERSONAL ESSAY

INSTRUCTOR(S): Andra Gillum

AGE(S): 16 and up

RATE: \$25 | **RESIDENT RATE:** \$20

Whether it's a speech, a college essay, a tribute or an essay, making it stand out can be difficult. Join author Andra Gillum to talk about adding humor, emotion and spice to your personal essay. Students are invited to share their work or just listen and laugh.

Activity #	Date	Time	Day(s)
210217-01	April 11	6-8 p.m.	Thu

CERAMICS

INSTRUCTOR(S): Chris Powell

AGE(S): 18 and up

RATE: \$180 | **RESIDENT RATE:** \$160

Students will work at their leisure on the potter's wheel to develop their throwing skills and honing various hand-building skills with individual guidance and technical advice from the instructor. *There is a fee for additional clay.*

THROWING

Activity #	Date	Time	Day(s)
207231-01	March 18-May 6	6:15-8:45 p.m.	Mon
207231-03	March 20-May 8	6:15-8:45 p.m.	Wed

HAND BUILD

Activity #	Date	Time	Day(s)
207231-02	March 18-May 6	6:15-8:45 p.m.	Mon
207231-04	March 20-May 8	6:15-8:45 p.m.	Wed

OPEN STUDIO CERAMICS

INSTRUCTOR(S): Chris Powell

AGE(S): 18 and up

RATE: \$75 | **RESIDENT RATE:** \$60

Open to students who are currently enrolled in an adult ceramics class. This is your time to complete a project independently. No instruction is given. All projects will be finished and glazed during the last class. There is an extra fee for clay usage.

Activity #	Date	Time	Day(s)
207232-01	March 23-May 4	10 a.m.-1 p.m.	Sat

STAINED GLASS

INSTRUCTOR(S): Kara Chapin

AGE(S): 18 and up

RATE: \$80 | **RESIDENT RATE:** \$65

In this class you will choose and create your own project design, cut the glass you will use, work with a grinder on the edges, apply copper foil tape, solder and finish your piece. *All materials will be provided.*

Activity #	Date	Time	Day(s)
207233-01	April 16-April 30	6-9 p.m.	Tue

PASTA 101

INSTRUCTOR(S): Cooking Caravan

AGE(S): 18 and up

RATE: \$65 | **RESIDENT RATE:** \$50

Learn to make pasta from scratch, as well as a simple sauce to sample it with. You will be guided through the process of making fresh pasta by hand...no machines, no cheats! This class is a perfect date night for couples, or a fun activity for individuals.

FETTUCCHINE - ALL SKILL LEVELS

Activity #	Date	Time	Day(s)
210207-01	March 27	6-7:30 p.m.	Wed

FARFALLE (BOWTIE) - INTERMEDIATE

Activity #	Date	Time	Day(s)
210207-02	April 10	6-7:30 p.m.	Wed

LASAGNA - ALL SKILL LEVELS

Activity #	Date	Time	Day(s)
210207-03	April 24	6-7:30 p.m.	Wed



O A

OLDER ADULT

REGISTRATION DATES

Senior Center Program Pass Holder Registration

Thursday, March 7 | 12 p.m.

Regular Registration March 8-11

Register at www.westerville.org/registration



HOW TO REGISTER FOR CLASSES

Monday, March 4, 1 p.m. Desktop/Laptop

Monday, March 4, 2 p.m. iPhone and iPad

FINANCIAL ASSISTANCE PROGRAM

Parks and Recreation services are essential for our residents' quality of life and transportation, and its associated fees, are sometimes a basic required necessity. The Westerville Senior Association, a non-profit organization founded to assist the Westerville Senior Center, offers financial assistance to Senior Center Program Pass holders residing within the Westerville City limits who may be experiencing financial hardship. For further information on this and other assistance, contact the Senior Center at (614) 901-6560.

TRANSPORTATION SERVICES

Transportation is available to Senior Center Program Pass holders residing in the corporate City limits of Westerville.

Visit www.westerville.org/seniorcenter for more information.

Rate: \$30 per pass (30 punches)
\$15 per pass (10 punches)



ACTIVITY/PROGRAM REFUNDS

Activity/program refunds will be made if requested seven days or more before the first class takes place, or when documentation is presented for an approved hardship situation. There is a \$5 transaction fee applied to all refunds.

Westerville Senior Center
350 N. Cleveland Ave.
Westerville, OH 43082
(614) 901-6560

Mon - Thu: 8 a.m. - 8 p.m.
Fri: 8 a.m. - 5 p.m.

Park and enter through the south entrance for Senior Center programs and some fitness classes. You may enter through the main or north entrances for the gymnasium, indoor pools and fitness area.

PROGRAM PASS INFORMATION

Westerville Senior Center Program Passes are available to adults 55 or older. Join us and experience the benefits of improved health, lower stress, new skills, greater independence and lasting friends and memories.

YEARLY PASS RATES

Rate: \$42

Resident Rate: \$24

Additional information is available in the Older Adult section or online at www.westerville.org/seniorcenter. Call the Senior Center at (614) 901-6560 for questions.



Senior/Community Center (2 punches)

To: Mon-Fri 8:30 a.m. - 1 p.m.

From: Mon-Fri Times Vary



Shopping (3 punches)

call (614) 901-6560 for specific locations

Tue/Thu 1 - 3 p.m.



Medical Appointments (3 punches)

Mon-Fri 8:45 - 11:30 a.m.

Mon/Wed/Fri 1 - 2:30 p.m.

FITNESS

SENIOR MAT PILATES

INSTRUCTOR(S): Linda Scovern

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Learn the basic concepts of Pilates including alignment, breathing, core strength and stabilization to create a total body workout. Bring a yoga mat. Suitable for beginners. *Must be able to get to and from the floor.*

Activity #	Date	Time	Day(s)
204905-01	March 18- April 29	11:15 a.m. -12:15 p.m.	Mon
204905-02	March 21- May 2	11:15 a.m. -12:15 p.m.	Thu

SENIOR STRENGTH

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This standing class is designed to increase strength and endurance, while stimulating the mind and working on balance. We will be using our body weight, plus various types of equipment such as: kettlebells, resistance bands, body bars and dumbbells. Designed for beginners and experienced participants.

Activity #	Date	Time	Day(s)
204904-01	March 19- April 30	9 -10 a.m.	Tue
204904-02	March 21- May 2	9 -10 a.m.	Thu

FIT AND STRONG

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Whether standing or sitting in a chair, improve balance and agility as you increase your strength and endurance, while ending with stretching to cool down. You will be guided through each exercise with modifications in a supportive atmosphere. *No experience necessary.*

Activity #	Date	Time	Day(s)
204906-01	March 18- April 29	9 - 9:45 a.m.	Mon
204906-02	March 20- May 1	9 - 9:45 a.m.	Wed
204906-03	March 22- May 3	9 - 9:45 a.m.	Fri

LOW IMPACT AEROBICS & STRENGTH

INSTRUCTOR(S): Pam Croucher

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This fun and energetic aerobics class, choreographed and performed to music, will burn calories and improve your health. Large muscle groups are used in continuous rhythmic activity. Light dumbbells and an exercise mat will be used to strengthen your muscles. *Must be able to get to and from the floor.*

Activity#	Date	Time	Day(s)
204901-01	March 19- April 30	10:15 - 11:15 a.m.	Tue
204901-02	March 21- May 2	10:15 - 11:15 a.m.	Thu

AEROBICS & MORE

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

A fun-filled class set to music will improve cardiovascular fitness, balance and agility while challenging the mind. Various types of resistance equipment may be used. No experience necessary as modifications will be demonstrated. No routines to memorize and no floor work involved.

Activity #	Date	Time	Day(s)
204914-01	March 18- April 29	10 - 11 a.m.	Mon
204914-02	March 20- May 1	10 - 11 a.m.	Wed
204914-03	March 22- May 3	10 - 11 a.m.	Fri

SILVER SPLASH: AQUA, CARDIO & TONE

INSTRUCTOR(S): Debbie Leach

AGE(S): 65 and up with Silver Sneakers

FREE : Silver Sneakers membership required

This class is for the conditioned adult who has good balance and muscle function. Includes cardio exercises followed by muscle toning exercises, balance work and stretching.

Date	Time	Day(s)
March 18- May 3	11:05 -11:55 a.m.	Mon/Wed/Fri
March 18- May 3	12 -12:50 p.m.	Mon/Wed/Fri



CHAIR YOGA

INSTRUCTOR(S): Pam Croucher ^
Mary Whitehead^^

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

A great way for older adults to achieve the health benefits of yoga that include loosening and stretching painful muscles, reducing stress and improving circulation. Chairs will be used.

Activity#	Date	Time	Day(s)
204903-01	March 20- May 1	11:15 a.m.-12 p.m.	Wed
204903-02	March 22- May 3	11:15 a.m.-12 p.m.	Fri

CHAIR VOLLEYBALL

INSTRUCTOR(S): Lynda Chambers
AGE(S): Senior Center Program Pass
FREE

Similar to volleyball but modified for everyone. We will play with a beach ball and be able to spike, bump and set to a fun time from your chair.

DR OP IN	Date	Time	Day(s)
	March/April	10-11a.m.	Thu

FITNESS MUSICAL CHAIRS

INSTRUCTOR(S): Pam Croucher

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This is not your grandma’s chair class. Join us for a fun, energetic exercise program that includes cardio, strength and core conditioning set to up-tempo music. Improve flexibility, coordination and endurance while seated. Must be able to freely move arms and legs. *Beginners are encouraged to attend.*

Activity#	Date	Time	Day(s)
204908-01	March 19- April 30	11:30 a.m.- 12:30 p.m.	Tue
204908-02	March 21- May 2	11:30 a.m.- 12:30 p.m.	Thu

I.T.S ESSENTIAL

INSTRUCTOR(S): Ellen Blaha

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Interval, Training and Stretching (ITS) builds the mobility, strength and agility essential to your functional fitness. We’ll alternate easy-to-follow, low impact cardio with resistance work and top off with relaxing stretches. No workout on the floor. Beginners and experienced exercisers are welcome.

Activity #	Date	Time	Day(s)
204907-01	March 20- May 1	12-1 p.m.	Wed

FEARLESS FALLING

INSTRUCTOR(S): Mike Grigsby

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

The fear of falling is one of our biggest phobias, so most people never learn how to fall properly. Learning how to fall safely is the primary purpose of the classes.

Activity#	Date	Time	Day(s)
204915-01	March 20- May 1	3-4 p.m.	Wed

FITNESS WALKING

As part of your Senior Center Program Pass you can walk your way around the Community Center track. Please remember to scan your card at the front desk.

Senior Center Program Pass holders only



BALANCE CLASS

INSTRUCTOR(S): Chip Bruchac

AGE(S): 55 and up

RATE: \$30 | **RESIDENT RATE:** \$20

SENIOR CENTER PROGRAM PASS RATE: \$10

Boost your balance and prevent tripping or falling by building strong muscles in the arms, core and legs to keep you steady and upright. *Beginners are encouraged to attend.*

Activity#	Date	Time	Day(s)
204910-01	March 18- April 29	2:45- 3:15 p.m.	Mon

NEW

FITNESS

MINDFUL BREATHING

INSTRUCTOR(S): Marie Corbitt,
Westerville Public Library

AGE(S): Senior Center Program Pass
FREE

Learn simple, mindful breathing exercises that will help you develop a sense of calm and focus.

**DR●P
IN**

Date	Time	Day(s)
March 11	11:30 a.m. - 12 p.m.	Mon
April 8	11:30 a.m. - 12 p.m.	Mon
May 13	11:30 a.m. - 12 p.m.	Mon

SILVER SNEAKERS CLASSIC

INSTRUCTOR(S): Pam Croucher^
Stephanie Bellflower^^

FREE: Silver Sneaker Pass holders

Seated and standing exercises to increase muscular strength, range of motion and daily living. Hand-held weights, elastic tubing with handles and a ball are offered for resistance and a chair is used for seated and/or standing support. Get fit, have fun, make friends.

Date	Time	Day(s)
March 19 - May 2^	12 - 12:45 p.m.	Wed
March 19 - May 2^^	8 - 8:45 a.m.	Tue/Thu

SENIOR TENNIS

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$20

Our moderated senior tennis is generated for those looking to continue their love of the sport while continuing to get exercise and socialize with friends.

Activity#	Date	Time	Day(s)
204386-01	March 11-May 3	8-9:30 a.m.	Mon/Wed/Fri

DELAY THE DISEASE

INSTRUCTOR(S): Lisa Berger

AGE(S): 55 and up

RATE: \$55 | **RESIDENT RATE:** \$45

SENIOR CENTER PROGRAM PASS RATE: \$35

Fitness program designed specifically for those with Parkinson's disease. This class will optimize physical function and help to delay the progression of the disease.

Activity #	Date	Time	Day(s)
204902-01	March 19-April 30	2:15-3:15 p.m.	Tue
204902-02	March 21-May 2	1:15-2:15 p.m.	Thu

LINE DANCE

INSTRUCTOR(S): Anita Ebbert^
Robin Poses^^

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Get up and get down on the dance floor! This class is filled with fun and exercise while learning steps to all of the latest line dances. No partner needed. You will increase your coordination, flexibility and endurance while having fun and making new friends.

BEGINNER

Activity#	Date	Time	Day(s)
204909-01^	March 19- April 30	9:45 - 10:45 a.m.	Tue
204909-02^^	March 20- May 1	1:15 - 2:15 p.m.	Wed

IMPROVER

Activity#	Date	Time	Day(s)
204909-03^^	March 21- May 2	2:30 - 3:30 p.m.	Thu

DANCE WITH PARKINSON'S

INSTRUCTOR(S): Sarah Ramsey

AGE(S): 55 and up

RATE: \$50 | **RESIDENT RATE:** \$40

SENIOR CENTER PROGRAM PASS RATE: \$30

Designed for individuals diagnosed with Parkinson's. Through carefully crafted movement, this class promotes increased strength, flexibility, coordination and balance. Participants' family members, friends and caregivers are welcome to attend class. *No experience is necessary and both seated and standing movement is welcomed.*

Activity #	Date	Time	Day(s)
204911-01	March 20-May 1	2:30-3:30 p.m.	Wed

SENIOR BALLET

INSTRUCTOR(S): Angela Oliver

AGE(S): 55 and up

RATE: \$60 | **RESIDENT RATE:** \$50

SENIOR CENTER PROGRAM PASS RATE: \$40

Learn exercises, techniques and steps of classical ballet including terminology and correct body alignment. Includes a warm-up at the barre with center floor work and combinations. This class will help you gain mobility, strength and flexibility while improving memory and balance and sharpening reflexes. *Beginners are welcome.*

Activity #	Date	Time	Day(s)
204371-01	March 22- May 3	1-2 p.m.	Fri

SENIOR TAP

INSTRUCTOR(S): Angela Oliver

AGE(S): 55 and up

RATE: \$60 | **RESIDENT RATE:** \$50

SENIOR CENTER PROGRAM PASS RATE: \$40

Tap dance sharpens reflexes and improves memory skills and coordination. This class will work towards establishing fundamental tap movements and vocabulary and will work on primary rhythms and steps that progress into fun and lively dance combinations. A great way to develop musically, timing and balance. *Previous experience is not required. Please bring your own tap shoes.*

Activity #	Date	Time	Day(s)
204372-01	March 22- May 3	2:15 -3:15 p.m.	Fri

GET ON YOUR FEET

INSTRUCTOR(S): Ellen Blaha

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Strap on your groovin' shoes and add fun steps to your day while enjoying a variety of music choices from many of the decades. Easy-to-follow, low-impact cardio and stretching; no routines to learn. Beginners and experienced participants are welcome and supported.

Activity#	Date	Time	Day(s)
204912-01	March 19-April 30	5:15-6 p.m.	Tue
204912-02	March 21-May 2	5:15-6 p.m.	Thu

FOOT CARE

INSTRUCTOR(S): Anchor Foot Care

AGE(S): 55 and up

RATE: \$65 | **RESIDENT RATE:** \$55

SENIOR CENTER PROGRAM PASS RATE: \$45

Services include nail trimming, thinning, filing, foot assessment, corn and callus reduction. Payment for each session due at registration.

Activity #	Date	Time	Day(s)
104918-01 through -15	March 19	8:30 a.m.-3:30 p.m.	Tue
204916-01 through -15	April 16	8:30 a.m.-3:30 p.m.	Tue
304916-01 through -15	May 21	8:30 a.m.-3:30 p.m.	Tue



BLOOD PRESSURE CHECK

Mondays
March 11 / April 8
10-11 a.m.
FREE

Stop by and get your blood pressure and vitals checked. Provided by Uptown Pharmacy.

HEARING EVALUATIONS AND HEARING AID TESTING

INSTRUCTOR(S): Columbus Speech and Hearing and Franklin County Senior Options

AGE(S): Senior Center Program Pass
FREE

Hearing evaluations, hearing aid fittings, maintenance and follow-up hearing aid services. Seniors who need a hearing aid may qualify with only a co-pay through the Older Adult Outreach Program. *For more information or to schedule an appointment, call (614) 263-5151. Appointment required.*

Date	Time	Day(s)
March 13	9 a.m. - 1:30 p.m.	Wed
April 10	9 a.m. - 1:30 p.m.	Wed
May 15	9 a.m. - 1:30 p.m.	Wed

CERAMICS- GREENWARE

INSTRUCTOR(S): Phyllis Doelker

AGE(S): 55 and up

RATE: \$70 | **RESIDENT RATE:** \$55

SENIOR CENTER PROGRAM PASS RATE: \$40

Learn the basics or enhance your current techniques of greenware ceramics. Paint and supplies will be provided, but greenware projects will be purchased by participants. *Participants will leave the Senior Center by carpool to purchase their own greenware.*

Activity#	Date	Time	Day(s)
204301-01	March 21-May 9	11:30 a.m.-2:30p.m.	Thu

CERAMICS AND POTTERY

INSTRUCTOR(S): Diana Iles

AGE(S): 55 and up

RATE: \$80 | **RESIDENT RATE:** \$65

SENIOR CENTER PROGRAM PASS RATE: \$50

Join us for an introduction to making your own pottery from clay. Hand-building techniques will be covered as well as an introduction to the potter's wheel. Flex your creative muscle and make your own pottery in this fun, hands on class.

BEGINNER

Activity#	Date	Time	Day(s)
207340-02	March 19-April 30	10:30-10:30 a.m.	Tue
207340-03	March 19-April 30	1-3 p.m.	Tue

This class is for those students who have completed at least two sessions of the introductory level class. Intermediate techniques and projects will be explored. Hand-building techniques will be covered as well as introduction to the potter's wheel.

INTERMEDIATE

Activity#	Date	Time	Day(s)
207340-01	March 19-April 30	8:30-10:30 a.m.	Tue
207340-04	March 18-April 29	9-11 a.m.	Mon

**ZENTANGLE®
BEYOND THE BASICS**

INSTRUCTOR(S): Arlene Roeder

AGE(S): 55 and up

RATE: \$70 | **RESIDENT RATE:** \$60

SENIOR CENTER PROGRAM PASS RATE: \$40

Take what you learned in the introduction to Zentangle class and expand your tangling practice with new tangle patterns and techniques. Classes are designed to give you a deeper understanding of this method of drawing. *Please bring your basic Zentangle kit.*

Activity#	Date	Time	Day(s)
204305-01	March 13-April 3	2-4 p.m.	Wed
204305-02	April 10-May 1	2-4 p.m.	Wed

CRAFTERS

AGE(S): Senior Center Program Pass

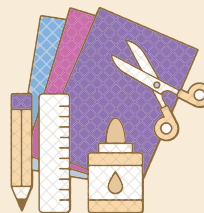
FREE

This group creates items that will be sold at Snowflake Castle. Work individually or as a group on items that include knitting and crocheting, sewing, paper crafting, holiday themes, OSU or whatever sparks creativity. Make new friends and have a great time.

**DR
OP
IN**

Date	Time	Day(s)
March /April	1-3 p.m.	Mon

CRAFTER SALE



Thursday, April 25
4-7 p.m.

Friday, April 26
10 a.m. - 2 p.m.

Proceeds benefit the Westerville Senior Association.



CREATIVE WRITING, MEMOIRS AND MORE

INSTRUCTOR(S): Donna Crossman
AGE(S): Senior Center Program Pass
FREE

Come share and encourage friends to develop writing skills through life experiences.

DR●P IN	Date	Time	Day(s)
	March 18	1:30-2:30 p.m.	Mon
	April 15	1:30-2:30 p.m.	Mon

QUILTING

AGE(S): Senior Center Program Pass
FREE

Join this group of quilters as they continue to work on beautiful heirloom quilts. New and experienced quilters are always welcome.

DR●P IN	Date	Time	Day(s)
	March / April	1-3 p.m.	Mon
	March / April	9 a.m. - 12 p.m.	Thu

CARD MAKING FOR THE HOLIDAYS

INSTRUCTOR(S): Susan Freund
AGE(S): 55 and up
RATE: \$85 | **RESIDENT RATE:** \$75

SENIOR CENTER PROGRAM PASS RATE: \$65

You choose the cards to make from a variety of themes such as Mother's Day and birthdays. Techniques such as foiling, embossing, stamping, stenciling and die cutting will be taught. Make 16 to 24 cards during the session. *Students must provide some supplies.*

Activity#	Date	Time	Day(s)
207327-01	March 18-April 29	10 a.m.-12 p.m.	Mon
207327-02	March 20-May 1	10 a.m.-12 p.m.	Wed

MAKE IT TAKE IT

INSTRUCTOR(S): Trilogy Health Care
AGE(S): Senior Center Program Pass
FREE

We will make a new craft you can complete in each session. All skill levels are encouraged to attend. You will take the project home with you at the end of each session.

Activity#	Date	Time	Day(s)
204309-01	March 19	1-2 p.m.	Tue
204309-02	April 16	1-2 p.m.	Tue

SILVERTONES

INSTRUCTOR(S): Larry Loeffert and Lindsay Smith

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$80

Silvertones choir members sing in a professional atmosphere with amazing harmonies and professional instructions. Call the Senior Center at (614) 901-6560 if you have any questions or are new to the group. *This is a year-long program.*

Activity#	Date	Time	Day(s)
804301-02	March/April	10:30-11:30 a.m.	Wed

PHOTO CHAT

AGE(S): Senior Center Program Pass
FREE

Buy or bring your lunch and develop a fellowship with other photographers. This is an informal chat about all things photography.

DR●P IN	Date	Time	Day(s)
	March 6, 20	11:30 a.m.-1 p.m.	Wed
	April 3, 17	11:30 a.m.-1 p.m.	Wed

**DIABETES EDUCATION/
SUPPORT GROUP**

INSTRUCTOR(S): Uptown Pharmacy
FREE

Learn about a new diabetic topic each month including nutrition, self-care and possible complications in this open, safe learning environment. Attendees can learn from other’s experiences and offer support to each other.



Date	Time	Day(s)
March 21	2- 3:30 p.m.	Thu
April 18	2- 3:30 p.m.	Thu

GRIEF SUPPORT GROUP

INSTRUCTOR(S): Wesley Hospice
FREE

An informal group where individuals are able to share their experiences with grief and loss. The group provides a place to make new friends and give support to one another.



Date	Time	Day(s)
March 21	6:30 p.m.	Thu
April 25	6:30 p.m.	Thu

**OLDER ADULT HEALTH AND
SAFETY FAIR**

FREE
Visit with a variety of vendors and representatives that provide information on ways to help you be safe and healthy as you age gracefully.



Date	Time	Day(s)
May 7	9 a.m. - 12 p.m.	Tue

**FUNERAL PRE-PLANNING
FACT VS MYTH**

INSTRUCTOR(S): Hill Funeral home
AGE(S): Senior Center Program Pass
FREE

Join us for an open discussion designed to answer your questions and introduce you to your options regarding planning your funeral. Meet Rosie, our therapy dog. Light refreshments will be available.

Activity#	Date	Time	Day(s)
204329-01	April 9	11:30 a.m. - 1 pm.	Tue

PIZZA AND PREPLANNING

INSTRUCTOR(S): Snyder Funeral home
AGE(S): Senior Center Program Pass
FREE

Discussion on how preplanning your funeral helps to ease the emotional and financial burden for your family. Pizza will be provided.

Activity#	Date	Time	Day(s)
204328-01	April 18	11 am.	Thu

DOWNSIZING CAN BE UPLIFTING

INSTRUCTOR(S): Downsizing with a Heart
AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: FREE

Thinking of downsizing your home? Moving? Aging in place? Get tips from the pros on how to plan, organize and sort your possessions. If moving, learn about selling, donating or disposing of items, then packing and unpacking.

Activity#	Date	Time	Day(s)
204314-01	April 18	1:30-2:30 p.m.	Thu

DARE TO CARE

AGE(S): Senior Center Program Pass
FREE

Join us monthly as we create items that will be supplied to area older adults and community members.

Date	Time	Day(s)
March 19	10 a.m.- 12 pm.	Tue
April 16	10 a.m.- 12 pm.	Tue

OPTIMIZING COGNITION AND MEMORY AS WE AGE

INSTRUCTOR(S): Dr. Joseph Coppus,
Delta Neuro Health

AGE(S): Senior Center Program Pass
FREE

Learn the importance of diet, exercise, lifestyle and social interactions and why they are crucial factors to consider as we age in order to maintain strong cognitive function and memory. This presentation will include action steps and helpful information that attendees will be able to implement immediately.

Activity#	Date	Time	Day(s)
204322-01	April 8	12-1 p.m.	Mon

PRIME TOURS

INSTRUCTOR(S): Kevin Thuman

AGE(S): Senior Center Program Pass holder
FREE

Learn about the coming 2024 trips that include: Holland, Michigan; Ireland/Liverpool, England; Alaska Cruise; Iceland; Mighty Utah 5 and Grand Canyon and upstate New York Wine and Waterfalls.



Date	Time	Day(s)
March 7	4:30 p.m.	Thu
April 25	4:30 p.m.	Thu

WORLD OF TRAVEL

INSTRUCTOR(S): World of Travel

AGE(S): Senior Center Program Pass
FREE

Learn about upcoming getaways around the world and in our backyard. Trips in 2024 include: National Parks of Texas and New Mexico, Virginia Wine Country, Canadian Maritime, Canadian Rockies/Glacier National Park, South Africa, Smokey Mountains at Christmas, Switzerland and Autumn in New York.



Date	Time	Day(s)
March 26	10 - 11 a.m.	Tue

SENIOR BILLIARDS LEAGUE

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

Join for competitive pool play. This is a double-elimination 8-ball tournament. The schedule will be set once registration is complete.

Activity#	Date	Time	Day(s)
204311-01	March 19-April 30	1-4 p.m.	Tue

NEW PASS HOLDER SOCIAL



March 19
1 p.m.
Tue
FREE

If you have recently become a pass holder with the Westerville Senior Center, join us to learn about programs, transportation, meals and additional opportunities available to you with your pass. Light refreshments will be available.

GREAT DECISIONS

INSTRUCTOR(S): Marie Corbitt
Westerville Public Library

AGE(S): Senior Center Program Pass
FREE

Created by the Foreign Policy Association, this class is America’s largest discussion program on world affairs. The class goal is to promote greater understanding and respect on a wide variety of topics. Led by a Westerville Public Library Librarian.



Date	Time	Day(s)
March 25	1-2 p.m.	Mon
<i>Climate Technology and Competition</i>		
April 22	1-2 p.m.	Mon
<i>Science across Borders</i>		

CENTERED SENIORS INVESTMENT CLUB

INSTRUCTOR(S): Lindsay Lerner
AGE(S): Senior Center Program Pass
FREE

This club is a legal partnership of senior investors who maintain an active portfolio of common stocks and take responsibility for learning, listening and helping to make an investment. Each member is assigned one of the stocks in the club’s portfolio, studying and reporting back to the group on a quarterly basis. *For more information, contact Linda Lerner at llerner200@gmail.com.*



Date	Time	Day(s)
March 14	1-3 p.m.	Thu
April 11	1-3 p.m.	Thu

SENIOR NOTARY SERVICES

INSTRUCTOR(S): Shirley Bernard,
The James Notary Solutions, LLC

AGE(S): Senior Center Program Pass
FREE

Bring your documents (unsigned) to this scheduled appointment. You must provide a valid form of identification. Additional requirements apply. Call (614) 515-3220 to schedule an appointment.

SOCK HOP

AGE(S): Senior Center Program Pass
FREE

Dance your socks off to great music. Snacks included. *Sponsored by the Westerville Senior Association.*



Date	Time	Day(s)
March 21	4 p.m.	Thu

UNDERSTANDING YOUR DIGITAL CAMERA

INSTRUCTOR(S): Tim Muszynski

AGE(S): 55 and up
RATE: \$15 | **RESIDENT RATE:** \$10

SENIOR CENTER PROGRAM PASS RATE: \$5

Bring your camera to these sessions to learn about photography basics and the techniques for improving your results. We will discuss camera equipment and settings, exposure lighting and more. Learn to take the pictures you really want.

Please bring your interchangeable lens camera.

Activity#	Date	Time	Day(s)
204315-01	March 18 - April 22	1 p.m.	Mon

COMPUTER CONNECTORS

INSTRUCTOR(S): Jim Holden
AGE(S): Senior Center Program Pass
FREE

Bring your computer questions to this group-sharing and problem-solving class. Online demonstrations will be used to aid the discussions. These meetings will include presentations on free software from Microsoft, Google and others.



Date	Time	Day(s)
March 4,18	1-3 p.m.	Mon
April 1, 15	1-3 p.m.	Mon
May 6, 20	1-3 p.m.	Mon

INTERACTIVE LECTURE SERIES

INSTRUCTOR(S): Van Young
AGE(S): Senior Center Program Pass
FREE

THE DAKOTA SIOUX WAR OF 1862

Learn the story of how the Dakota War of 1862, an armed conflict between the United States and several bands of Dakota/Sioux Native Americans, started and the conditions and events leading up to it. These events would eventually lead to the Battle of Wounded Knee and end of the Native American’s way of life.

DR●P IN	Date	Time	Day(s)
	March 14	2-4 p.m.	Thu

HISTORY AND FUTURE OF SOCIAL SECURITY

An interesting perspective on the Social Security Act of 1935, including how and why the program was created and how much it has evolved over time.

DR●P IN	Date	Time	Day(s)
	April 18	2-4 p.m.	Thu

HOW TO REGISTER ONLINE

AGE(S): Senior Center Program Pass
FREE
 Learn how to register for Senior Center (Older Adult) programs by using our online registration system.

DESKTOP/LAPTOP			
DR●P IN	Date	Time	Day(s)
	March 4	1 p.m.	Mon

iPHONE/TABLET			
DR●P IN	Date	Time	Day(s)
	March 4	2 p.m.	Mon

BOOK DISCUSSION GROUP

INSTRUCTOR(S): Mindy Bilyeu
AGE(S): Senior Center Program Pass
FREE

This group enjoys lively discussion led by Westerville Public Library librarian Mindy Bilyeu. Contact Mindy at (614) 882-7277 extension 2186 to pick up a book and enjoy the fun.

DR●P IN	Date	Time	Day(s)
	March 11	2:30 - 3:30 p.m.	Mon
	<i>The Seed Keeper</i> by Diane Wilson		
	April 8	2:30 - 3:30 p.m.	Mon
	<i>The First Ladies</i> by Marie Benedict and Victoria Christopher Murray		
	May 13	2:30 - 3:30 p.m.	Mon
	<i>Where Coyotes Howl</i> by Sandra Dallas		

CONSUMER PROTECTION FAIR

INSTRUCTOR(S): Ohio Attorney General
AGE(S): 55 and up
FREE

Receive free resources to help protect your privacy, manage money and debt, avoid identity theft and steer clear of scams. *Sponsored by the Ohio Attorney General office.*

Date	Time	Day(s)
March 5	10 a.m. - 2 pm.	Tue



NATURE AND FOREST THERAPY WALK



INSTRUCTOR(S): Marie Corbitt, certified *Nature and Forest Therapy Guide*

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Connection with nature improves overall wellness, lowers blood pressure and heart rate. We will travel by Senior Center bus to Blendon Woods Metro Park for a slow-paced, relaxing 1.5-hour walk. You must be able to get up and down off the ground. A tea ceremony and snack will be provided. We will enjoy lunch (on your own) after.

Activity#	Date	Time	Day(s)
214314-01	April 1	9:45 a.m.-2:30 p.m.	Mon

CANDLES AND WINE



AGE(S): 55 and up

RATE: \$60 | **RESIDENT RATE:** \$50

SENIOR CENTER PROGRAM PASS RATE: \$40

Join us for a fun day in Old Worthington. We will make our own candles (included) at the CandleLab, walk to lunch (on your own) at The Whitney House, then enjoy a glass of wine (on your own) while we wait for our candles.

Activity#	Date	Time	Day(s)
214302-01	March 14	10:30 a.m.-5 p.m.	Thu

PRIME TIME DINERS



AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Visit some of Central Ohio's finest restaurants enjoying great meals, conversation and friends. Transportation needs will be provided by the Westerville Senior Center leaving promptly at the printed time. *Dinner is on your own. Location TBD.*

Activity#	Date	Time	Day(s)
214303-01	March 26	4:30 p.m.	Tue
214303-02	April 23	4:30 p.m.	Tue

CHAMPAIGN AVIATION



AGE(S): 55 and up

RATE: \$25 | **RESIDENT RATE:** \$20

SENIOR CENTER PROGRAM PASS RATE: \$15

We will travel to Urbana, Ohio where we will talk to volunteers currently restoring WWII-era aircraft. There are also many other planes and artifacts available for viewing. We will have a late lunch, on your own, after the tour.

Activity#	Date	Time	Day(s)
214319-01	April 16	11:30 a.m.-6:30 p.m.	Tue

ESCAPE ROOM



AGE(S): 55 and up

RATE: \$75 | **RESIDENT RATE:** \$60

SENIOR CENTER PROGRAM PASS RATE: \$50

Escape rooms have a team of scenic artists, engineers, tech experts, carpenters and storytellers that bring the adventures to life. Which one of you will figure out the clues to help us escape? We will stop for a late lunch (on your own) after we escape.

Activity#	Date	Time	Day(s)
214316-01	March 21	12:30-4:30 p.m.	Thu

MODERATE WALKING, SOME HILLS AND/OR STEPS
 VIGOROUS WALKING, SOME HILLS AND/OR STEPS
 STRENUOUS WALKING, WITH HILLS AND/OR STEPS

WALK RATING



LUNCH BUNCH

AGE(S): 55 and up

RATE: \$30 | **RESIDENT RATE:** \$20

SENIOR CENTER PROGRAM PASS RATE: \$10

Travel on the Senior Center bus for lunch to a variety of restaurants (lunch on your own). *Lunch destinations TBA.*

Activity#	Date	Time	Day(s)
214304-01	March 18	11:30 a.m.	Mon
214304-02	April 15	11:30 a.m.	Mon

COHATCH AND NORTH HIGH BREWING CO.

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

We will tour the new COhatch located in the old Westerville Armory, which once housed the Senior Center. COhatch offers a large variety of private, coworking spaces for rent. We will enjoy lunch (on your own) at North High Brewing Co. located next door.

Activity#	Date	Time	Day(s)
214306-01	April 25	1-4 p.m.	Thu

HAPPY HOUR HOP

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Join us as we travel to a different happy hour establishment each month. Food and beverages on your own.

Activity#	Date	Time	Day(s)
214310-01	April 9	3:30 p.m.	Tue

LACOMEDIA- WEST SIDE STORY

AGE(S): 55 and up

RATE: \$90 | **RESIDENT RATE:** \$75

SENIOR CENTER PROGRAM PASS RATE: \$65

Enjoy the Broadway-style entertainment and delicious dining at this southwest Ohio live theater. We will enjoy West Side Story where two feuding street gangs are on a collision course in the gritty slums of New York City. Out of the chaos, a passionate romance blooms between teenagers caught on opposite sides of the turf war.

Activity#	Date	Time	Day(s)
214327-01	March 28	8:45 a.m. - 6 p.m.	Thu

TRANSPORTATION INFORMATION

All trips meet at the Westerville Senior Center, 350 N. Cleveland Ave.

BLEND OF 7 WINERY

AGE(S): 55 and up

RATE: \$50 | **RESIDENT RATE:** \$40

SENIOR CENTER PROGRAM PASS RATE: \$30

Join us for a trip to the landmark "Branding Iron", voted Delaware's best winery since 2018. All wines are hand-crafted onsite and made from the finest ingredients from Ohio and around the World. Enjoy wine tasting (included) and lunch (on your own).

Activity#	Date	Time	Day(s)
214330-01	April 11	2:30-6 p.m.	Thu

BIRTHDAY LUNCH

AGE(S): Senior Center Program Pass

RATE: \$4

Join us the **first Friday** of the month for our birthday lunch celebrations. You will receive one lunch free during the month of your birthday.

Date	Time	Day(s)
March 1	12 - 12:30 p.m.	Fri
April 5	12 - 12:30 p.m.	Fri
May 3	12 - 12:30 p.m.	Fri

EGG HUNT AND LUNCH

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

This annual fun-filled event will include a visit from the bunny to pass out eggs for prizes as well as lunch. Enjoy the fun and laughs with your friends.

Activity#	Date	Time	Day(s)
204306-03	March 29	12 p.m.	Fri

PANCAKE BREAKFAST

Wed, March 6 / April 3 / May 1
7:30 - 10 a.m.

Rate: \$5

**DROP
IN**



ECLIPSE OF THE HEART LUNCHEON

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

Join us for lunch before we have the once in a lifetime eclipse. A special meal will be served for this fun, themed lunch!

Activity#	Date	Time	Day(s)
204308-01	April 8	12 p.m.	Mon

FRIDAY FEAST

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

Enjoy a themed, hot and delicious meal served to you with old and new friends. *Registration is required.*

ST. PATRICK'S DAY

Activity#	Date	Time	Day(s)
104306-01	March 15	12 - 1 p.m.	Fri

SPRING IS IN BLOOM

Activity#	Date	Time	Day(s)
204306-01	April 19	12 - 1 p.m.	Fri

MAY FLOWER

Activity#	Date	Time	Day(s)
204306-02	May 17	12 - 1 p.m.	Fri

SENIOR MEAL PROGRAM

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$4

Enjoy a delicious meal in the company of others. Pick up the monthly menu or visit www.westerville.org/seniorcenter.

Date	Time	Day(s)
March / April / May	12 - 12:30 p.m.	Wed / Fri



**Westerville Senior Association
Spaghetti Dinner**

Enjoy a dinner of spaghetti (all you can eat), breadsticks, salad and dessert at the Senior Center. Sit down or carry out.

Thursday April 25

4-7 p.m.

\$8



GAMES

All games are available to Senior Center Program Pass holders only and are free with your pass.

Meeting Every Week

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEGINNER CHESS 9 - 10 a.m.	CORN HOLE 11a.m. - 12 p.m.	PINOCHLE 1-3 p.m.	CHAIR VOLLEYBALL 10 - 11 a.m.	EUCHRE 1 - 3 p.m.
BEGINNER MAH JONGG 10 a.m. - 12 p.m.	HAND AND FOOT/ CANASTA 1 - 3 p.m.	CONTRACT BRIDGE * 1 - 3 p.m.	TABLE TENNIS 10 a.m. - 12 p.m.	CONTRACT BRIDGE * 1 - 3 p.m.
CHESS 10 a.m. - 12 p.m.	SOCIAL BRIDGE 1 - 3 p.m.	EUCHRE 1 - 3 p.m.	ADVANCED MAH JONGG * 10 a.m. - 12 p.m.	SCRABBLE 1 - 3 p.m.
ADVANCED MAH JONGG * 1 - 3 p.m.		SPADES 1 - 3 p.m.	DUPLICATE BRIDGE * 12:30 - 4 p.m.	
PINOCHLE 1 - 3 p.m.			TRAIN DOMINOES 1 - 3 p.m.	

Meeting on Specific Dates

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BINGO 1 p.m.	BINGO 1 p.m.		EUCHRE CHALLENGE 3-5 p.m.	BINGO 1 p.m.
MARCH 25	MARCH 12		MARCH 7	MARCH 8
APRIL 22	APRIL 9		APRIL 4	APRIL 12
	BINGO 6 p.m.			AFTERNOON EUCHRE PARTY 1 p.m.
	MARCH 5			MARCH 15
	APRIL 2			APRIL 19

EUCHRE CHALLENGE

INSTRUCTOR(S): Carla Poston
ProCore Health Brokers
Enjoy an afternoon of Euchre with prizes.
Meets from 3-5 p.m. on the first Thursday of the month.

AFTERNOON EUCHRE PARTY

Play is geared toward experienced players with fast, exciting games.
Hard start at 1 p.m. on the third Friday of the month.

BINGO

This favorite game allows you to meet new friends and share a few laughs while enjoying the fun of winning.
See chart for dates and times.
Tuesday 1 p.m. sponsor - Trilogy Senior Living
Tuesday 6 p.m. sponsor - ProMedica
Friday 1 p.m. sponsor - ProCore Health Brokers

DUPLICATE BRIDGE

While the play is serious, the atmosphere is friendly and social. Players are asked to come with a partner.
Meets from 12:30-4 p.m. on Thursday.

SOCIAL BRIDGE (WITH LESSONS)

INSTRUCTOR(S): Reed Steven
Have fun while learning and playing bridge in a relaxed, non-competitive environment. This class is for beginner and intermediate players. *Meets from 1-3 p.m. on Tuesday.*

CONTRACT BRIDGE

Play is geared toward experienced players with fast exciting games. New and experienced players welcome.
See chart for dates and times.

BEGINNER CHESS

Learn to play Chess in an educational and positive way. Chess is a game for two players each controlling an army of chess pieces in their color with the objective to checkmate the opponent's king.

CHESS

Come play chess and sharpen your skills to checkmate your opponent.

* EXPERIENCED/ADVANCED PLAYERS

Westerville Community Center



The Westerville Community Center pass includes access to the

- Gymnasium and MAC Gym
- Adventure Fitness Gym
- Fitness Area* and Track*
- Indoor Pool
- Climbing Wall
- eSports Room

*AGES 14 AND UP



COMMUNITY CENTER HOURS

Monday - Friday	5:45 a.m. - 9 p.m.
Saturday	8 a.m. - 8 p.m.
Sunday	10 a.m. - 6 p.m.

SPECIAL HOURS

Martin Luther King Jr. Day
 Memorial Day
 Labor Day
 Day before Thanksgiving
 Day after Thanksgiving
 Christmas Eve
 New Year's Eve

CLOSED

Thanksgiving
 Christmas
 New Year's Day
 Easter
 4th of July

Visit www.westerville.org/hours for additional special hours.

PASS TYPE	MONTHLY RATES		DAILY RATES	
	RATE	RESIDENT RATE	RATE	RESIDENT RATE
Ages 3-13	\$40	\$23	\$14	\$7
Ages 14-64	\$56	\$32	\$20	\$10
Ages 65+	\$44	\$25	\$14	\$7
HOUSEHOLD [^] (three or more)	\$149	\$85	NA	NA

[^] PROOF OF RESIDING

Proof of residing is required for each household member ages 6 and older. Types of proof may include a state issued ID, pay stub, utility bill or report card/school registration. Proof of residing is required each time a new person is added to the household.

MILITARY PASS

All active and retired military will receive a 15% discount on a Community Center monthly or annual pass. **Military ID required.**

CLASS REGISTRATION

THURSDAY, MARCH 7 • 12 p.m.

Senior Center Program Pass Holder registration only
 (In person at the Community Center only and online)

FRIDAY, MARCH 8 • 12 p.m.

Online Early Registration (Residents Only)

SATURDAY, MARCH 9 • 8 a.m.

In-person Registration (Residents Only)

SUNDAY, MARCH 10 • 12 p.m.

Online Open Registration (Residents and Non-Residents)

MONDAY, MARCH 11 • 8 a.m.

In-person Open Registration (Residents and Non-Residents)

HOW TO REGISTER FOR CLASSES

Register at www.westerville.org/registration or in person at the Westerville Community Center (350 N. Cleveland Ave.)

Information on HOW TO UPDATE YOUR RESIDENCY STATUS can be found at www.westerville.org/residencystatus.

SENIOR CENTER PROGRAM PASS INFORMATION

Westerville Senior Center program passes are available to adults 55 or older. Information including rates and Senior Center hours can be found in the Older Adult section.



Hours



FITNESS WING & TRACK

www.westerville.org/fitness

Mon-Fri 5:45 a.m. - 9 p.m.
Sat 8 a.m. - 8 p.m.
Sun 10 a.m. - 6 p.m.



GYMNASIUM & MAC GYM

www.westerville.org/gymnasium

Mon-Fri 5:45 a.m. - 8 p.m.
Sat 8 a.m. - 7 p.m.
Sun 10 a.m. - 2 p.m.

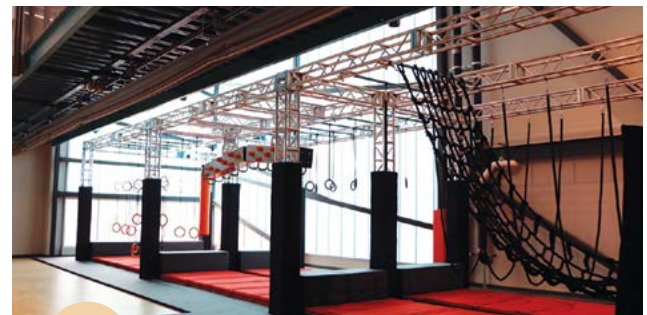
*Court availability subject to leagues, programs and events



CLIMBING WALL

www.westerville.org/parks

Mon/Wed/Fri 4-8 p.m.
Tue/Thu CLOSED
Sat 1-6 p.m.
Sun 1-5 p.m.



ADVENTURE FITNESS COURSE

www.westerville.org/gymnasium

Mon/Wed/Fri CLOSED
Tue/Thu 4-8 p.m.
Sat/Sun 1-5 p.m.

CHILDCARE ROOM

www.westerville.org/childcare

Mon/Thu 9 a.m. - 12 p.m.
5 - 8 p.m.
Fri 9 a.m. - 12 p.m.
Sat 9 a.m. - 1 p.m.
Sun CLOSED

RATES

\$3 per hour for active Community Center Pass holders

\$5 per hour for all non-pass holders

There is no discount for siblings.

Punch cards are no longer available.



eSPORTS ROOM

www.westerville.org/sports

Mon - Fri 4-8 p.m.
Sat - Sun 11:45 a.m. - 4:15 p.m.

Westerville Parks & Recreation Pools



INDOOR POOL AT THE COMMUNITY CENTER

www.westerville.org/indoorpool

350 N Cleveland Ave.

LEISURE POOL

18 and up Swim Hours
 Mon - Fri 7:30 a.m. - 1 p.m.
 Sat 8 a.m. - 1 p.m.
 Sun 10 a.m. - 1 p.m.

Family Swim Hours
 Mon/Wed/Fri 3:30 - 7 p.m.
 Tue/Thu 3:30 - 5:30 p.m.
 Sat/Sun 1 - 5 p.m.

WARM WATER POOL

18 and up Swim Hours
 Mon - Fri 8:30 a.m. - 12 p.m.
 Sat 8 a.m. - 1 p.m.
 Sun 10 a.m. - 1 p.m.

Family Swim Hours
 Mon/Wed/Fri 3:30 - 7 p.m.
 Tue/Thu 3:30 - 5 p.m.
 Sat/Sun 1 - 5 p.m.

LAP POOL / HOT TUB

Mon/Wed/Fri 7 a.m. - 7 p.m.
 Tue/Thu 5:45 a.m. - 7 p.m.
 Sat 8 a.m. - 7 p.m.
 Sun 10 a.m. - 5 p.m.

Please visit www.westerville.org/indoorpool for special holiday hours, closures and lap lane schedules.



HIGHLANDS PARK AQUATIC CENTER

Rates available at www.westerville.org/HPAC

245 S. Spring Rd.



2024
PASSES NOW
AVAILABLE



Reserve a Space with Westerville Parks and Recreation

WESTERVILLE COMMUNITY CENTER

www.westerville.org/reservations



MULTIPURPOSE ROOMS

HOURS

FRI/SAT/SUN (5-hour minimum)

Fri 5 - 10 p.m.
Sat 8 a.m.-10 p.m.
Sun 10a.m.-9p.m.

RATES

One Room

Rate: \$105 per hour
Resident Rate: \$70 per hour

Two Rooms

Rate: \$135 per hour
Resident Rate: \$90 per hour

Three Rooms

Rate: \$165 per hour
Resident Rate: \$110 per hour

Security Deposit

Friday - Sunday including Holidays: \$250



To reserve space for a birthday party, at the climbing wall in the Community Center or a shelter at one of the many parks, visit www.westerville.org/reservations.



EVERAL BARN & HOMESTEAD

www.westerville.org/everalbarn

60 N. Cleveland Ave.

HOUSE

Mon - Thu

Rate: \$80
Resident Rate: \$55

Fri - Sun & Holidays

Rate: \$175
Resident Rate: \$100

BARN

UPPER & LOWER LEVELS

Mon - Thu

Rate: \$120 | **Resident Rate:** \$80

Fri - Sun & Holidays

Rate: \$260 | **Resident Rate:** \$150

HOUSE & BARN

Mon - Thu

Rate: \$150
Resident Rate: \$100

Fri - Sun & Holidays

Rate: \$350
Resident Rate: \$200

LOWER LEVEL ONLY

Mon - Thu

Rate: \$95 | **Resident Rate:** \$60

Fri - Sun & Holidays

Rate: \$200 | **Resident Rate:** \$115

OFFICE HOURS

Tue 11 a.m. – 1 p.m.
Wed 10a.m.– 6 p.m.

All rates are per hour.

Mon-Thu
3-hour minimum

Fri/Sat/Sun & Holidays
5-hour minimum

Interested in reserving the Everal Barn and Homestead or just want to visit this historical park, take a tour or walk the trails? Visit www.westerville.org/everalbarn for information.



Index

A

A.B.S. (Agility, Balance, Strength)	37
Access to Recreation	53
Adaptive Cycling	29
Adaptive Pickleball Clinic	53
Adult DEK Hockey League	44
Adult Fitness Swim	35
Adult Mixed Volleyball Leagues	44
Aerobics & More	58
All Weights	37
Amazing Athlete Camp	47
Amazing Athletes Sports Discovery	44
American Red Cross Babysitting	54
Aquaflex	35
Archery	46
Astrology 101	54

B

Bagels and Board Games	53
Balance Class	59
Bally Sports Group Sports Camp	46
Baseball Tots	52
Belly Dancing	40
Bicycle Safety Rodeo	31
Bike Blast	39
Birthday Lunch	70
Blend of 7 Winery	69
BMX Camp	48
Body Fit	37
Book Discussion Group	67
Breastfeeding Support Group	56
Bunny Bonanza	51, 55

C

Camp Broadway!	47
Camp Coconut	45
Camp Open House Night	45
Camp Peanut	45
Camp Walnut	45
Candlelight Slow Flow	41
Candles and Wine	68
Cardmaking for the Holiday's	63
Centered Seniors Investment Club	66
Ceramics	56
Ceramics - Greenware	62
Ceramics and Pottery	62
Chair Volleyball	59
Chair Yoga	59
Champaign Aviation	68
Chess	54
Chess Camp	47
Circuit Strength	41
Civitans Egg Hunt	28
Climbing Wall	42
Coding Camps	49
COhatch and North High Brewing Company	69
Combo Water Workout	35
Computer Connectors	66
Construction Site Crew	50
Consumer Protection Fair	67
Cooking Caravan	53
Cooking Caravan Camp	46
Core Fusion	37
Counselor in Training (CIT)	47
Crafter Sale	62
Crafters	62
Crazy Art Adventure	51, 55
Creative Writing, Memoirs and More	63
Cultured Kids Camps	47
Cycle and Core	39
Cycle Fusion	39

D

Dance Fitness & Core	39
Dance with Parkinson's	60
Date to Care	64
Deep Water Aerobics	35
Delay the Disease	60
Diabetes Education / Support Group	64
Downsizing Can Be Uplifting	64

Drama Kids	54
Drop-In 30+ Basketball	42
Drop-In Futsal	42
Dynamic Pilates	40

E

Eclipse of the Heart Luncheon	70
Egg Dyeing	53
Egg Hunt and Lunch	70
Empowered Fitness Training	53
Epic Egg Hunt	28
Escape Room	68
Excel Youth Volleyball Developmental League ..	44

F

Family Fishing Day	56
Family Hiking Day	56
Family STEM Night	29
Fearless Falling	59
Fencing	44
Fit & Fabulous	37
Fit and Focused Yoga/Swim Camp	49
Fit and Strong	58
Fit Flow Yoga	41
Fit For ALL	39
Fitness Musical Chairs	59
Fitness Walking	59
Foot Care	61
Freestyle Clinic	36
Friday Feast	70
Full Body Strength	37
Funeral Pre-planning Fact vs Myth	64

G

Games	71
Get on your Feet	61
Glutes & Abs	38
Golf Lessons	43
Golf Tots	52
Great Decisions	66
Great Shapes/Low Impact	38
Grief Support Group	64
Guided Yoga	40
Guitar for Beginners	55

H

Happy Hour Hop	69
Hearing Evaluations and Hearing Aid Testing ..	61
Heritage Kids Camp	46
Hip-Hop Cardio	38
Hip-Hop Strength	38
Homeschool Science	55
Household Hazardous Waste Collection	32
How to Register Online	67
Hydro rider Aquabikes	35

I

I.T.S. Essentials	59
Immersed in Nature Night	50
Immersive Cycling	39
Interactive Lecture Series	67
Intro to Canoeing	56

J

Jumpbunch Camp	48
----------------------	----

K

Katie Dunning Spring Dance	30
Kettlebell Strength	38
Kids Fun Club	46
Kids in Action	51
Kids in Karate	42
Kinderdance	50
Kites and Rockets Day	30

L

LaBlast Dance Fitness	38
LaComedia-West Side Story	69
Let's Dance	38
Lifeguard Certification Class	36
Lift & HIIT	38
Line Dance	60
Little Ballers Basketball	42
Low Impact Aerobics	37

Low Impact Aerobics & Strength	58
Low Impact Barre	37
Low Impact Intervals	38
Lunch Bunch	69

M

Make It Take It	63
Mellow Monday	40
Men's Basketball League	42
Mindful Breathing	60
Mini Hawks Sports and Games Camp	49
Mini Soccer Stars	44
Muscles in Motion	38
Music Together	50

N

Natural Painting	51
Nature and Forest Therapy Walk	68
New Pass Holder Social	65
NFL Flag Football	43

O

Older Adult Health and Safety Fair	32, 64
Open Studio Ceramics	56
Optimizing Cognition and Memory As We Age	65

P

Pancake Breakfast	28, 70
Parkour	55
Parkour Camp	46
Parkour Spring Break Camp	48
Pasta 101	56
Photo Chat	63
Pickleball Camp	49
Pickleball Clinic	43
Pickleball Ladder League	43
Pickleball Open Play	43
Pickleball Play & Learn	43
Pizza and Preplanning	64
Pound	38
Power Flow with Weights	40
Power Yoga	41
Pre-K Parkour	51
Prime Time Diners	68
Prime Tours	65

Q

Quilting	63
----------------	----

R

Restorative Yoga	41
Robthink Robotics: Expedition Mars	54
Robthink: Robotic Engineering Camp	48

S

Self Defense	32
Senior Ballet	61
Senior Billiards League	65
Senior Mat Pilates	58
Senior Meal Program	70
Senior Notary Services	66
Senior Strength	58
Senior Tap	61
Senior Tennis	60
Sensory Friendly Open Gym	29
Sensory Friendly Swim and Gym	29
Shallow Water Fitness	36
Shredding Day	32
Silver Sneakers Classic	60
Silver Splash: Aqua, Cardio & Tone	36, 58
Silvertones	63
SlimeTopia 1: Total Slime Takeover Camp	48
Soccertots	52
Sock Hop	66
Softball	42
Solar Yoga	41
Spaghetti Dinner	30, 70
Sporties for Shorties	51
Spring Break Creative Writing	55
Spring Break Yoga	55
Spring Dance	53
Spring Eggstravaganza	27
Spring Kids Maker Market	30

Spring Otters	36
Spring Pickleball	43
Stained Glass	56
Step & Sculpt	39
Street Jackets Skills and Drills	44
Strength & More	40
Stretch & Strengthen	40
Sunrise Cycle	39
Superhero Bootcamp	48
Superhero Bootcamp Preschool	51
Supertots Demo Class	52
Swim Lessons	36

T

Teen Fun Club	47
Teen Night Campfire	55
The Play Spot	50
The Upscale Academy Bestie Sweats	55
Therapeutic Swim Intervention	53
Time "Crunch" Toner	38
Toddler Time Round Up	51
Total Body Bootcamp	39
Total Body Strength	39
Total Eclipse Viewing Party	25
Travel Camp	47
Tumbling	50
Tumbling for Beginners	54

U

Ugly Bunny Winery	57
Understanding and Responding to Dementia Related Behaviors	52

V

Vinyasa Yoga	34
--------------------	----

W

Water Fitness	29
Water Toning	28
Water Yoga	28
Watercize	29
Watercolor for Beginners, Intermediate and Beyond	43
Watercolor Painting First Steps	50
World of Travel	53

X

Y

Yin Yoga	34
Yoga for Health	34
Youth Ceramics	42
Youth Cooking	42
Youth Hockey League	35
Youth Language Classes	43
Youth Volleyball League	35

Z

Zentangle Beyond the Basics	49
Zombie Halloween Pool Party	25
Zumba	32

CITY OF WESTERVILLE RECREATION TRAIL SYSTEM

TRAILS

Alum Creek Trail - 5.24 miles

From the dead end north of County Line Road, south through Sports Complex then Heritage Park to Main Street East to Alum Creek, south across the Historical Bridge, under Schrock Road to the Westerville Corporate limits

Big Walnut Creek Trail - 2.22 miles

County Line Road at Sunbury Road, south through the tunnel just north of Marlene Drive along Hoover Reservoir to Central College Road

County Line Trail - 2.2 miles

From the Ohio to Erie Trail west across Alum Creek to Worthington Road

Ohio to Erie Trail - 3.93 miles

From Alum Creek Trail at Schrock Road, east to Channing Cross Drive behind Foush Hardware, North across State Street to Polaris Trail at Maxtown Road

Polaris Trail - 2.77 miles

N. Spring Road at Maxtown Road west to Alum Creek Trail along Polaris Parkway

Towers Trail - 3.2 miles

From Big Walnut Creek Trail at Sunbury Road, west to Towers Park, across County Line Road, north to Hoff Woods Park, west to Ohio to Erie Trail

TRAIL CONNECTORS

Alum Creek Park Trail Connector (I) - .3 miles

At West Street, Connects Otterbein University through Alum Creek Park North across Main Street bridge to the Alum Creek Trail

Alum Creek Park Trail Connector (II) - .75 miles

At Cooper Road, Connects Alum Creek Park Trail to Sharon Woods Metro Park across Cleveland Avenue

Chippmunk Chatter Trail Connector - .6 miles

North Street at Central College Road and Sunbury Road, west to gate at Iniswood Metro Park

Hoff Woods Connector - .15 miles

Ohio to Erie Trail at Maplebrook Drive, east to Hoff Woods Park

Westerville Library Connector - .09 miles

At the Ohio to Erie Trail west to Library Road

Africa Road Connector - .11 miles

Polaris Parkway north to Corporate Limits

INNER PARK TRAIL LOOPS

Community Center Loop	.55 miles
Heritage Park Trail Loop	.89 miles
Highlands Park Loop	1.09 miles
Hoff Woods Park Loop	1.16 miles
Huber Village Park Loop	.7 miles
Johnston-McVay Park Loop	.32 miles
Metzger Park Loop	.85 miles
Millstone Creek Park Loop	.36 miles
Olde Town Park Loop	.2 miles
Towers Park Loop	.36 miles
Sports Complex Loop	1.29 miles
Walnut Ridge Park Loop	.37 miles

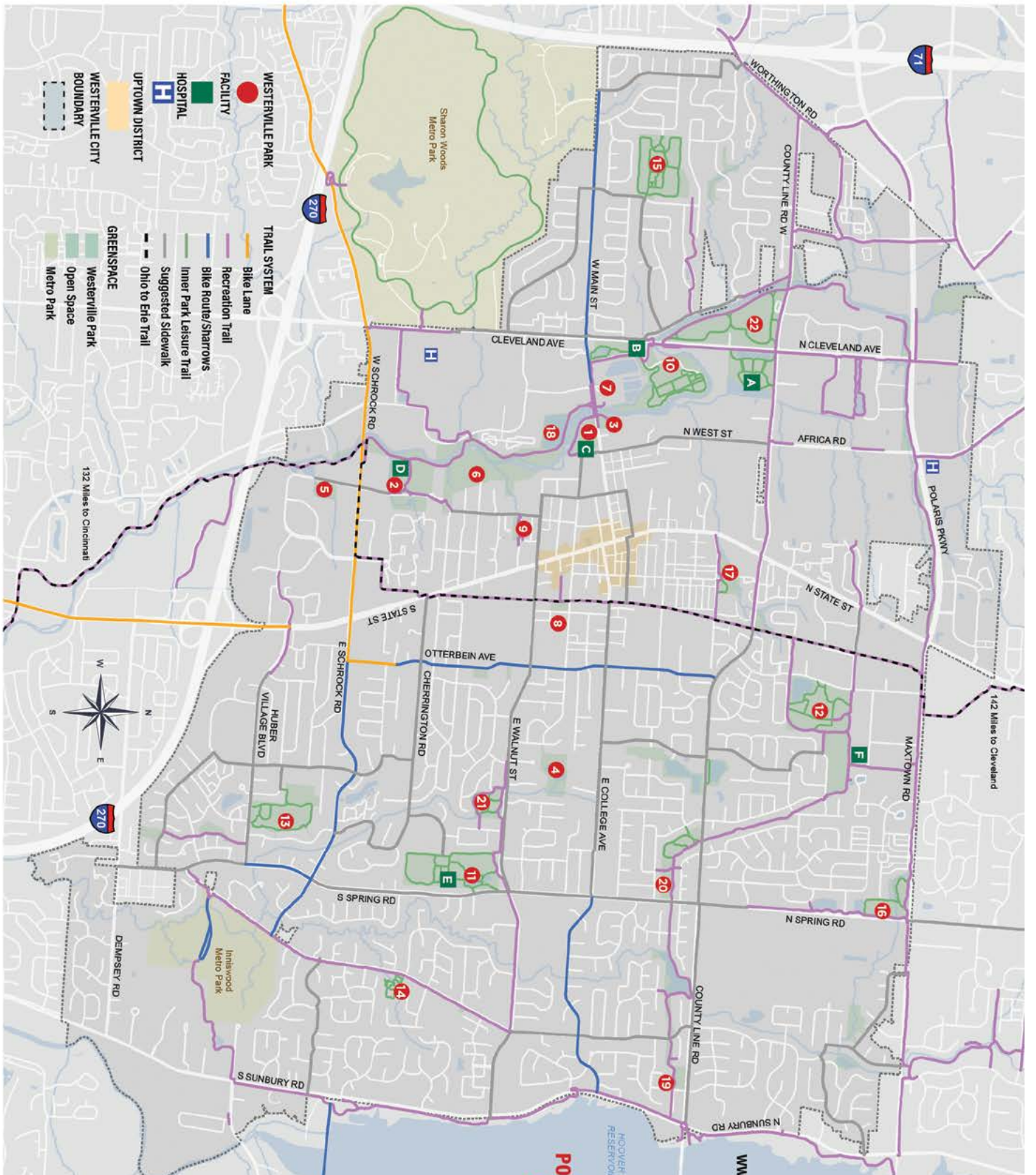
Visit one of the many Westerville Parks while enjoying the paths.

- Alum Creek Park North** (221 W. Main St.)
- Alum Creek Park South** (535 Park Meadow Rd.)
- Astronaut Grove** (290 W. Main St.)
- Boyer Nature Preserve** (452 E. Park St.)
- Brooksedge Park** (708 Park Meadow Rd.)
- Cherrington Park (Ernest)** (231 Hiawatha Ave.)
- First Responders Park** (374 W. Main St.)
- Hanby Park** (115 E. Park St.) HUB Location
- Hannah Mayne Park** (55 Glenwood Ave.)
- Heritage Park** (60 N. Cleveland Ave.)
- Highlands Park** (245 S. Spring Rd.)
- Hoff Woods Park** (556 McCorkle Blvd.)
- Huber Village Park** (352 Huber Village Blvd.)
- Johnston-McVay Park** (480 S. Hemstead Rd.)
- Metzger Park, Paul S.** (137 Grandy Place)
- Millstone Creek Park** (745 N. Spring Rd.)
- Olde Town Park** (108 Old County Line Rd.)
- Otterbein Lake** (via 221 W. Main St.)
- Spring Grove North Park** (1201 E. County Line Rd.) HUB Location
- Towers Park** (161 N. Spring Rd.)
- Walnut Ridge Park** (529 E. Walnut St.)
- Westerville Sports Complex** (325 N. Cleveland Ave.) HUB Location

www.westerville.org/parks

Facilities	
A	Westerville Community Center
B	Event Barn at Heritage Park
C	Amphitheater at Alum Creek Park N.
D	Thomas James Knox Memorial Hockey Rink at Alum Creek Park S.
E	Highlands Park Aquatic Center
F	Parks Maintenance Complex

Key	
	Amphitheater
	Ball Diamonds
	Basketball
	Bike/Leisure Path
	BMX/Skateboard
	Community Garden
	Dog Park
	Drinking Fountain
	Fishing
	Historical Site
	Hockey
	Ice Skating
	Nature Area
	Parking
	Picnic Area
	Playground
	Portalcin
	Restroom
	Shelter House
	Soccer
	Spray Ground
	Swimming Pool
	Tennis Courts
	Volleyball
	Water Feature



WESTERVILLE PARKS AND RECREATION
WESTERVILLE PARKS AND RECREATION
 350 N. Cleveland Ave.
 Westerville, OH 43082
 (614) 901-6500
www.westerville.org/parks

EMERGENCY 9-1-1
NON-EMERGENCY
POLICE (614) 882-7444
FIRE (614) 882-2213

ADOPT-A-FOOT PARTNERS

GOLD PARTNERS
 Adopted Five Miles
 GENERAL OLIVE
 Parkway Drive
 Sports Medicine

SILVER PARTNERS
 Adopted One Mile
 The Hequet Family
 Supportive Westerville
 NATIONAL WIDE
 CHILDREN'S
 ROUSH
 OHIOHEALTH

VERTIV
 The Bailey Family
 OHIOHEALTH

BRONZE PARTNERS
 Adopted One-Half Mile
 LAKE SHORE
 ACCIDENT CARE
 BIRGENHELD



Join our Team

SUMMER HIRING FAIR

Sunday, March 3 • 1:30 - 3:30 p.m.

Westerville Community Center • 350 N. Cleveland Ave.

Learn about many seasonal opportunities with Westerville Parks & Recreation. Positions include camp counselor, concession stand attendant, office specialist, lifeguard and more. Food, games and giveaways will be available. Meet current staff and take part in open interviews.

Visit www.westerville.org/jobs for postings and information.



WWW.WESTERVILLE.ORG/JOBS



350 N. Cleveland Avenue
Westerville, Ohio 43082-9105
www.westerville.org

TOTAL ECLIPSE VIEWING PARTY

April 8

2 - 4 p.m.

Hoff Woods Park
556 McCorkle Blvd.

See page 25 for details