

WPD POLICE ACADEMY
First Class Graduates

BLACK HISTORY MONTH
Celebrated in Westerville High Schools

NEW YEARS RESOLUTIONS
Goal Support in Westerville

WESTERVILLE

COMMUNITY GUIDE

JAN / FEB 2024



www.westerville.org

**Program
Registration
Dates**

**Registration
Information**
See page 64

JANUARY

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21	22	23	24	25	26	27
28	29	30	31			



MONICA IRELAN DUPEE, CITY MANAGER

2024 Westerville City Council

Westerville City Council reorganized on January 2 welcoming two new Council members (David Grimes, Jeff Washburn) and returning Kenneth Wright for his second term. Please see www.westerville.org/council for current members and positions. Special thanks to former Mayor Diane Conley (2020-2023) and former Vice Chair Craig Treneff (2004-2023) for their long-term service to this community.



DIANE CONLEY



CRAIG TRENEFF



On the cover: *New Year's Resolutions often include adding health, wellness and fitness into your schedule. Lillian P. continues her fitness journey at the Westerville Community Center. See page 8 for additional resolution options offered by the City of Westerville.*

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Delivery and Availability

The Community Guide is delivered to resident homes six times per year. This publication is available at the Westerville Community Center, City Hall and the Westerville Public Library.

Notes to the Editor

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City of Westerville Mission

The City of Westerville is dedicated to providing exemplary municipal services to our community and fostering prosperity while embracing our unique heritage and character.

City Values

- | | |
|----------------|----------------------|
| Innovation | Integrity and Trust |
| Stewardship | Public Safety |
| Excellence | Community Engagement |
| Accountability | Employee Enrichment |

Westerville City Council Strategic Goals

-  AUTHENTIC AND ALIVE UPTOWN
-  CONNECTED AND ENGAGED RESIDENTS
-  SAFE AND VIBRANT NEIGHBORHOODS
-  THRIVING BUSINESS CLIMATE

Celebrating Black History Month Through Performance

Westerville students explore themes of culture, perspective and identity.

Black History Month (BHM) is a time for reflection, celebration and education, as people around the country come together to honor the achievements, contributions and struggles of African Americans throughout history. Each February, students from Westerville Central, North and South high schools produce a BHM performance offering a platform for acknowledging the profound contributions of Black Americans to society, culture and progress.

Despite the ongoing challenges related to race, equity and social justice, progress in those areas inspires students to share stories of excellence, empowerment and resilience.



“Our performers come in their very best fashions from all over the world. They represent fashions from Africa, the Caribbean and more,” said Simei. “Not only do they come in their best ‘fits,’ they walk and dance to the music of their respective countries. It is a true celebration of Black joy and excellence.”

WSHS is the only school in the district where the majority of the student population is made up of minority students, a point of pride for Simei and Amara. For them, the level of diversity in the student body makes the show much more impactful.

“Westerville is a very diverse place,” said Amara, “But we have to learn about and embrace that diversity.”

Simei is most proud of how the school community embraces the annual BHM performance and celebrates the positive change they are bringing to WSHS. She encourages students and community members to attend the performance and celebrate alongside them.

Joy Simei and Charles Amara are both seniors at Westerville South High School (WSHS) and are ready to show the community the importance of Black history. Simei and Amara are both first generation Americans, their parents born in and immigrated from Kenya and Sierra Leone, respectively. Having parents born in a different country has given them a different understanding of Black history.

“This group of performers is made up from many different identities that represent many different countries,” said Amara. “But all of those things are connected.”

The theme of identity, one of the main themes of this year’s BHM show, is showcased in one of Simei and Amara’s favorite parts of the performance – the annual fashion show.

BLACK HISTORY MONTH PERFORMANCE DATES

Westerville South High School
Feb. 14 and 15 at 7 p.m.

Westerville North High School
Feb. 21 and 22 at 7 p.m.

Westerville Central High School
Feb. 22 and 23 at 7 p.m.



The students of Westerville North High School (WNHS) are taking a unique approach to their performance. One of the main themes in this year’s performance is “perspective.”

Performers in the WNHS BHM performance will place themselves into the shoes of iconic figures throughout history. The leaders of the project believe that learning in a classroom is sometimes not enough and that Black history is complex and cannot be fully covered in that setting.

Junior Mariah Chaffin has a special connection with this performance. Her aunt was in the inaugural BHM show at WNHS and as a freshman, had the opportunity to sing the Black national anthem with her sister who was a senior. Chaffin sees the importance of understanding the complexities of Black culture.

“Seeing history through your own eyes is so important,” said Chaffin. “You are putting yourself in that person’s shoes and seeing their history.”

Kaylana Logan, a senior leader, said the show helped her come out of her shell. Not only was she admittedly shy starting her high school career, her first year being involved was at the height of the COVID-19 pandemic. Logan soon discovered parts of herself that were previously unknown to her. Her involvement in the show led to her discovery and love of dance, especially hip-hop and Afrobeat.

“I was able to find a community that looked like me and lived similar experiences. I could help build a community and tell our story,” said Logan.

Senior Safia Arki is inspired by the storytelling process of this performance. She is able to put her creative muscles to work in the production of the show.

“We are able to bring stories to life while adding a fun twist and a solid educational narrative in a really beautiful and meaningful way,” said Arki. “Our words, both those from the past and the present, are used as a lens to shed light on the Black perspective.”

All three leaders from Westerville want audiences who come to the show to bring one thing with them – an open mind and heart. Audiences might even see some special guest stars.

“We want you to walk out with a perspective more than the one you entered with,” said Chaffin.



Senior Ayla Barbeau has been involved with the BHM performance at Westerville Central High School (WCHS) throughout her high school career and has served as a leader for the performance the last two years.

The BHM performance has been a growth opportunity for Barbeau. It has been an opportunity for her to reflect on her own personal experiences. “Growing up as a mixed-race person, I didn’t always have the same experiences as my peers,” said Barbeau. “I’ve been able to explore my own identity and celebrate my culture.”

For the students of WCHS, this show is all about providing a safe space for Black voices. A space where everyone involved has a voice.

“We are steering clear of stereotypes in this year’s show – we are focusing on challenging them. You are capable of being more than someone’s expectation and stereotype,” said Barbeau. “This show inspires Black students to unlock a different side of themselves and embrace self love.”

These students are leaders in their schools, and the stewards and leaders of our future generation. As the curtains open on these remarkable students and their BHM performances, the community is sure to be left with a lasting impression of the power of art and storytelling to honor and celebrate the profound contributions of the Black community.

Martin Luther King's Legacy Lives On

Dr. Martin Luther King Jr. Day is a federal holiday celebrated on the third Monday of January. Dr. King was a minister who famously led the Civil Rights Movement in the 1950s and '60s. During a period of social unrest and political turbulence in the United States and throughout the world, Dr. King called for peace, tolerance and love, while educating marginalized populations about the importance of economic education and the power of unification among all social classes and races.

Annual Martin Luther King Jr. Breakfast

The 19th Annual Martin Luther King Jr. Breakfast will be held at Villa Milano (1630 Schrock Rd.) on Jan. 15 from 8 -10 a.m. The celebratory breakfast is hosted by the Martin Luther King Jr. Legacy Project, a Westerville-based service organization committed to honoring Dr. King's legacy while promoting inclusiveness through education and dialogue. This year's keynote speaker will be New York Times Bestselling Author Nic Stone. Stone is a social justice advocate and the author of the popular "Dear Martin" teen series. All community members are welcome to attend. To learn more and register, visit leadershipwesterville.com/mlkbreakfast.

Learning Opportunities for Children

The Westerville Public Library will feature learning opportunities for children throughout January. Curated children's books that share Dr. King's philosophy of love, peace and social action will be readily available, as will activities that promote inclusiveness for children and caregivers. Programming is provided by Seeds of Caring, a Columbus-based nonprofit organization established to empower children to create kind communities. Learn more at westervillelibrary.org.



An advertisement for the 2024 Military Banner Program. The background is a street scene with cars and buildings. Overlaid on the scene is text and a banner. The text reads: "2024 MILITARY BANNER PROGRAM" in large blue letters, followed by three yellow stars, and "APPLICATIONS OPEN JANUARY 8" in blue. To the right, a vertical banner features a photo of a man in military uniform, Robert Erik Johansen. The banner text includes "Sergeant First Class ARMY", "ROBERT ERIK JOHANSEN", "ACTIVE DUTY", and "GLOBAL WARRIOR ON RESERVE" with three stars.

WWW.WESTERVILLE.ORG/MILITARYBANNERS



2024

WESTERVILLE

STATE OF THE CITY

THURSDAY, MARCH 21 6 P.M.

RENAISSANCE WESTERVILLE-POLARIS HOTEL

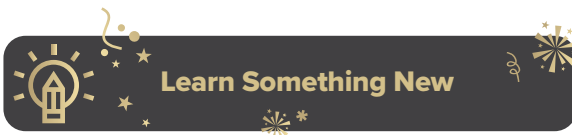


WWW.WESTERVILLE.ORG/SOC

New Year's Resolutions

Westerville Community Services Helps Residents Meet Goals

The tradition of making New Year's Resolutions can be traced back to ancient Mesopotamia more than 4,000 years ago. Since then, people from all walks of life have recognized the new year as a time of reflection and an opportunity to set goals for the upcoming year. However, the zeal to achieve long-term goals often wavers after a few months or even a few weeks into the year. Instead of setting lofty goals, start your new year on the right track by setting smaller, manageable goals that can lead to big results in the long run and learning ways the City of Westerville can help you achieve those goals.



The beginning of the year is the perfect time to expand your intellectual horizons. Whether you research a new topic, start a new solo hobby, or participate in new group activities, exploring new interests can help improve your physical brain health, mental health and overall self-esteem. Group classes are a great way to learn new information, such as developing language skills or making pottery. Joining a recreational team or group may increase connectedness with community members and provide a sense of accountability and support that could lead to lasting friendships.

To get started, think about what you want to gain from the experience or information you receive. Certain hobbies or interests may be connected to relaxation, while others could be related to making more social connections. Once you have determined what hobby or interest you would like to pursue, try it out without a long-term commitment or investment in expensive equipment. If you love it, you will be able to increase your involvement, but if you find that it is not right for you, you can explore other interests.

The Westerville Public Library (126 S. State St.) offers a wealth of resources and information for those interested in exploring new hobbies or expanding their knowledge in different areas, as well as unique rental opportunities, home visits and more. Contact the library at ask@westervillelibrary.org or call (614) 882-7277 to learn more.

Spark a new interest by exploring your artistic talents in the Watercolor class (Activity # 107226-01) or sign up for the Adult Cooking Series (Activity # 107232-01) to discover your inner chef.



Many people struggle with loneliness and isolation, even when surrounded by loved ones. The cold winter months can exacerbate those feelings, which makes the beginning of the year a great time to focus on your mental health. Proactively creating a plan to evaluate your feelings and setting aside time to enjoy activities that promote mental health can help improve your overall wellness.

Create a list of contacts, calming activities and soothing hobbies that can be utilized in times of need. Suggested activities may include a cup of coffee, a walk with friends, listening to soft music or journaling. Ensuring activities like these are easily accessible will provide a safe space to relax and take a break from present emotions. Above all, listen to yourself and know when to reach out for professional help.

Residents who are interested in seeking professional mental health services, but are unsure where to start, may contact Community Service Coordinator Karen Lewis. Lewis supports residents by exploring options through private health insurance and community-based resources, such as counseling centers, the Westerville Community Center and Senior Center (350 N. Cleveland Ave.) and the Westerville Public Library. Lewis can help people explore technology and ways to promote wellness without leaving their homes; especially in winter weather.

Check out the Older Adult Mindful Breathing class (page 52) to learn simple, mindful breathing exercises that will help you develop a sense of calm and focus.

 **Evaluate Your Financial Fitness**

Creating a plan to save more and spend less is a great New Year’s resolution, but first, it’s important to understand where you are starting. There are many tools available to assess your current financial situation that can also help you plan for the future. Using budgeting applications on smartphones and devices is a popular approach for tech-savvy individuals. These apps allow users to establish goals and provide convenient tracking and management tools to meet those goals.

Having a professional evaluation or exploring new resources can also be beneficial and educational. Lewis regularly meets with residents interested in new ways to save and invest. She can personally help residents establish a monthly budget, explore financial literacy programs, apply for benefits or connect them to a benefits specialist.

Explore a variety of fitness classes, ranging from Kettlebell Strength (Activity # 105236-01) to Prenatal Yoga (Activity # 105238-01), for people seeking various levels of physical activity.

 **Take Steps to Improve Your Physical Fitness**

Taking a group fitness class or working out with a buddy can increase your accountability and the likelihood of sticking with your fitness plan.

“Westerville has so many opportunities for health and wellness through Parks & Recreation, the community center, community activities and so many outdoor spaces,” said Lewis. “Employers, hospitals and insurance companies may also offer wellness programs, so these are fun to explore. I like to find out a person’s areas of interest and then search for programs that might be a good fit. I’ll encourage them to try something new, too.”

View all current Community Center offerings in the class catalog beginning with Aquatics on page 33 followed by Fitness & Wellness on page 35, General Sports on page 40, Preschool on page 42, Adaptive & Inclusive on page 45, Youth/Teen on page 44, Adult on page 48 and Older Adult on page 49.

More About the WFD Service Coordination Program



*Karen Lewis
Westerville Division of
Fire Services Coordinator*

The Westerville Division of Fire (WFD) Service Coordination Program connects Westerville residents to resources that promote independence, safety and general wellness. Residents do not need to meet certain requirements to be eligible for the program.

“I am happy to help any resident who has identified an area of concern,” said Lewis. “My services are voluntary, so the only real ‘rule’ is that the person is open to working with me.”

Residents interested in exploring various options may contact Lewis at (614) 901-6602. The consultation process typically begins with an in-person visit to the residents’ home or in the community.

“I think having a face-to-face conversation really helps personalize the process. I’ll ask questions and help the person assess and prioritize their needs, look at their current resources and ways to maximize them and then search for additional resources,” said Lewis. “If they need help contacting those resources and/or setting up services, I can help with that.”

After Lewis connects residents with resources, she regularly checks in until the resident feels comfortable. Lewis works with residents to establish plans for ongoing support, if needed. She is also available to work with residents to explore resources. There is no limit to the number of times someone can utilize the WFD Service Coordination Program.

“If something new comes up or if the resources we put into place don’t work out, they are welcome to call on me again,” said Lewis.

Shinto Shrine to Return to Westerville

The Kyoto Tea House and Shinto Shrine provided learning opportunities for Westerville community members and visitors before its removal in 2004. The structures were owned by George and Opal Henderson and were located on the corner of South State Street and West Plum Street where Northstar sits today.

An Authentic Japanese Cultural Experience

Mr. Henderson frequently traveled to Japan as a linguist teacher in the U.S. Army before living there with his wife and son for a year in the mid-1950s. During their stay, Mrs. Henderson fell in love with Japanese culture and the style of the family's home in Kyoto, Japan. When the Hendersons moved back to the United States, Mr. Henderson converted the family's cottage into a replica of their Kyoto home and named it the Kyoto Tea House. In 1958, the Hendersons opened their home to visitors to teach them about Japanese culture and customs as the United States and Japan continued to mend their relationship following World War II.

"Shinto Shrine is beautiful and unique, and the stories surrounding the shrine are just as beautiful and interesting," said Westerville City Councilmember Dennis Blair. "The shrine helped community members move past the divides created by World War II and learn about a culture very different from ours."

The Hendersons hosted countless school groups, organizations, social clubs and curious community members in the tea house. In 1964, the couple added the Shinto Shrine to the back of the property to house additional authentic Japanese art, furniture and instruments as their collection grew.

The shrine is a replica of one of Japan's oldest shrines—Usa Jingu, dating back to 640 A.D. Mr. Henderson contracted builders to construct the

shrine in Okinawa, Japan, then dismantled it and shipped 176 bundles weighing 26 tons to Westerville to rebuild the shrine on the Hendersons' property. At the time of its construction, the Shinto Shrine was believed to be the only structure of its type outside of Japan. The 400-square-foot shrine was built from Japanese sugi wood, did not contain any nails, and fit together like a jigsaw puzzle. Mr. Henderson, his teenage son, and three Japanese professors spent two years reconstructing the structure.

Complete with a traditional garden, carp pond, cherry trees and stone ornaments, the shrine provided a sense of tranquility and serenity in the heart of Westerville, creating a truly unique experience for tourists and residents alike. A curved, bright red moon bridge helped slow visitors as they entered to focus on the natural beauty of their surroundings. Two large bronze statues—a female lion with its mouth open and a male dog with its mouth closed—guarded the shrine entrance and helped chase away evil spirits. Although authentic, the shrine was not consecrated, so it was only used for educational rather than spiritual purposes.

Last year, Westerville Parks & Recreation began exploring rebuilding the shrine, hiring Columbus-based architects Schooley Caldwell to help develop its reassembly as well as a site for installation.

Continued on page 19



At left: Shinto Shrine gardens and bridge. At right: An interior image of Shinto Shrine that includes a display case filled with special ceramic trinkets. Photos courtesy of the Westerville Historical Society.

Accounting Firm Grows into New Location

Nichols & Company CPAs, a 35-year Westerville-based accounting and tax firm, has moved to a new location. The firm's new 10,000-square-foot office is a free-standing building located at 507 Executive Campus Dr. Construction began mid-September 2023 and is scheduled to be completed early 2024.

The company has been located in Westerville since it opened in 1989. President and CEO Gwen Nichols, CPA, values Westerville's recreational outlets and the sense of community the City provides.

"I enjoy the paths that connect our people, our neighborhoods and our workspaces," said Nichols. "We recruit employees who value community engagement and service, and we have become invested in the causes they care about through our schools, the Westerville Chamber and rotaries. By getting involved and giving back, Westerville has become a town full of friends."

The firm was previously located at 115B Commerce Park Dr. but moved to accommodate its growth.

"We have been bursting at the seams for several years, thanks to the unprecedented growth of our practice," said Nichols. "We needed more room to serve our clients better. We hoped to stay in Westerville, and it took a long time for us to find the right space within City limits."

Nichols & Company proudly serves thousands of clients in more than 10 Central Ohio counties and almost 20 other states.

"A big thank you to the City's Economic Development team and the Chamber for helping businesses like ours navigate being the best we can be within the City limits," said Nichols.



High Bank to Open New Westerville Location in Spring 2024

The company's third Central Ohio location will offer patrons a distinctive Uptown experience

High Bank Distillery Co., a popular Central Ohio restaurant and distillery, will soon open a new location in the heart of Westerville. The new restaurant will be housed in the former post office in Westerville's Uptown District, located at 28 S. State St., and will feature a few unique twists.

"The Westerville location will be our first in-town experience in a walkable district that we've really been interested in, and it's about half the size of our other concepts," said Adam Hines, High Bank's master distiller and co-founder. "It's a free-standing building, so we have the ability to have a designated window for DORA (Designated Outdoor Refreshment Area) that's on the side of the building, so you don't have to walk inside the building to come up and grab a drink. You can take it and wander around Uptown Westerville."

Hines co-founded High Bank with Jordan Helman, Calvin Jones and Jeff Ireland. The founding fathers, as they call themselves, opened the first High Bank location, a full-service restaurant and distillery in Grandview, in 2018, followed by a second full-service restaurant in Gahanna in 2022. The Westerville location is set to open in spring 2024 and differs from the existing High Bank locations in structure, size and style.

Patrons at the Westerville location will be treated to a more intimate dining experience in the 3,600-square-foot restaurant. The lower level will provide a distinct experience for adventurous patrons searching for expertly crafted, high-end cocktails and smaller plate options.



The rendering view of the High Bank entrance from the southwest corner of State Street and Winter Street.

"The thing that's going to make it really stand out is the 2,000-square-foot basement that we are going to turn into a speakeasy," said Hines. "That is going to be a totally different concept. It's going to be by High Bank, but it's not going to be a High Bank. So, it's going to be a totally different brand; yet to be disclosed."

The term "speakeasy" was derived in the 1920s and referred to hidden establishments closed to the public that served alcoholic beverages, which were illegal in the United States at the time. The speakeasy located under the new High Bank location will be open and accessible to the public, but patrons will enter the establishment from a separate back door.

The project was co-developed by Steve Wathen of Equity, a Hilliard-based commercial real estate firm, and John A. Brooks of BTTS Holdings, a Westerville-based firm that specializes in creating unique experiences. The complex building conversion was led by Columbus-based design firm WSA Studio.

A Carefully Crafted Location Choice

High Bank’s founding fathers chose Westerville for its new location due to the City’s rich history in the Prohibition Era and Hine’s personal ties to the community. Before the Prohibition Era, the Westerville post office was used as a hub to distribute pro-prohibition propaganda throughout the country during the Whiskey Wars of 1875, which led to Westerville becoming a major player in prohibition.

High Bank’s popular whiskey brand, Whiskey Wars, has been a staple in Westerville for years, as the spirit has been sold in other Uptown restaurants and supermarkets, such as Kroger. Patrons will soon be able to have the full High Bank experience and will continue to have access to High Bank beverages throughout Westerville as the restaurant maintains partnerships with other local establishments.

Hines has resided in Westerville with his wife and three daughters for more than 10 years and is invested in the community’s continued growth.

“I’m excited for the next five years and to see where the Uptown Westerville experience is going to go,” said Hines.



A rendering of the main floor bar of High Bank Distillery (above).



A rendering of the speakeasy, which will be built in the basement of the establishment (above).



The main entrance of High Bank Distillery Co. (rendering) will keep the authentic charm of the original United States Post Office.

WPD Police Academy's First Class Graduates all 13 Recruits

The Westerville Division of Police (WPD) Basic Peace Officer Training Academy hosted its graduation for Class #1 on Friday, Nov. 3. Thirteen recruits representing five agencies in and around Central Ohio met the state of Ohio requirements to become certified peace officers. Ohio Attorney General Dave Yost attended to deliver remarks, noting officers were embarking on careers in “the hardest job in America.”

In June, WPD welcomed its first class of men and women to the Academy, an achievement made possible with the expansion of the Westerville Justice Center. The Academy provides a local solution to certifying peace officers with WPD personnel at its own facility.

“I would like to congratulate the entire class of our academy recruits for successfully passing the Ohio Peace Officer Training Academy (OPOTA) written exam. It is extremely rare for 100% of an academy class to pass the physical fitness and written exam on their first attempt,” said WPD Chief Charles Chandler. “This includes the graduation of six WPD officers, who now hold the record for most WPD officers to graduate the academy at the same time.”

Cadets completed a 22-week curriculum to achieve over 850 hours of instruction. Class #2 is set to begin in May 2024.



(1) City Manager Monica Irelan Dupee administered the Oath of Office to all 13 recruits. Following their oath, all officers were designated certified peace officers in the state of Ohio.

(2) Westerville Officer Ashley Flack was voted class speaker by her peers, and offered remarks about the then-cadet/now-officer 22-week journey together.

(3) Ohio Attorney General Dave Yost addresses the graduates and guests.



(4) Meet your newest WPD officers. All six graduated, along with their peers from Delaware County Sheriff's Office, Whitehall Division of Police, (City of) Delaware Police Department, Reynoldsburg Division of Police. Pictured left to right: Officer Ryan Meyers; Officer Stephen Embaugh; Officer Jennifer Ahlborn; Officer Akeem Lamin; Officer Kodie Hutchinson and Officer Ashley Flack.

(5) Congratulations to the WPD Academy officers on Class #1! These individuals from WPD's Professional Standards Bureau conducted the training and curriculum to meet OPOTA guidelines. Pictured left to right: Academy Commander Stephen Fridley; Officer Brian Gavaghan; Lieutenant Aaron Dickison; Chief Charles Chandler; Officer Justin Hibbitt and Officer Dan Pignatelli.

(6) Ohio Attorney General Dave Yost poses with Chief Chandler and Westerville City Manager Monica Irelan Dupee before making remarks to the class.

(7) Whitehall Officer Christopher Lozier memorialized the special occasion by proposing to his girlfriend. Congratulations to the couple!

Utility Rate Changes Now in Effect

Rate increases reflect the cost of services projected for 2024. As a municipal utility provider, Westerville has more control than corporate entities for rate variances. **The average Westerville resident pays \$0.72 on the dollar for utilities compared to our regional counterparts.**

WATER

The average residential **WATER** bill will increase by **2% or \$0.50/month**. Westerville has its own water supply and treatment system. Rates remain among the most affordable in the region. (See table)

ELECTRIC

The average residential **ELECTRIC** bill will increase by **8%**. This reflects changes in the customer charge, energy charge and winter discount energy charge.

SEWER

SEWER rates will increase by **5.5% or \$2.33/month**. Westerville's wastewater is primarily treated by the City of Columbus, which is increasing our rates by 5%.

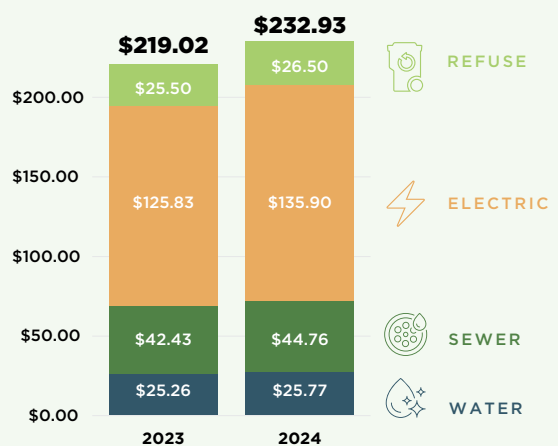
REFUSE

REFUSE residential solid waste collection and disposal is contracted through Rumpke Waste based on a competitive bid process. The rate for 2024 will be **\$26.50/month, representing a \$1/month increase**. Senior rates will also increase \$1/month to \$24.21/month.

The following chart shows the current and the 2024 proposed residential utility charges along with the projected future rates at a five-year glance.

The City of Westerville is among the few municipalities in the state of Ohio to own and maintain its own utilities, including water and electric service and distribution. Doing so allows the City to provide both technical and service support for 40,000 residents and more than 2,000 businesses while maintaining quality and cost control that has historically been among the most competitive in Central Ohio.

In 2024, the average Westerville utility customer will pay \$13.91/month more for services, representing about a 6% overall increase. Despite the increased cost of service and pass-along rates for wastewater treatment, Westerville customers continue to pay less than customers in neighboring communities for similar services.



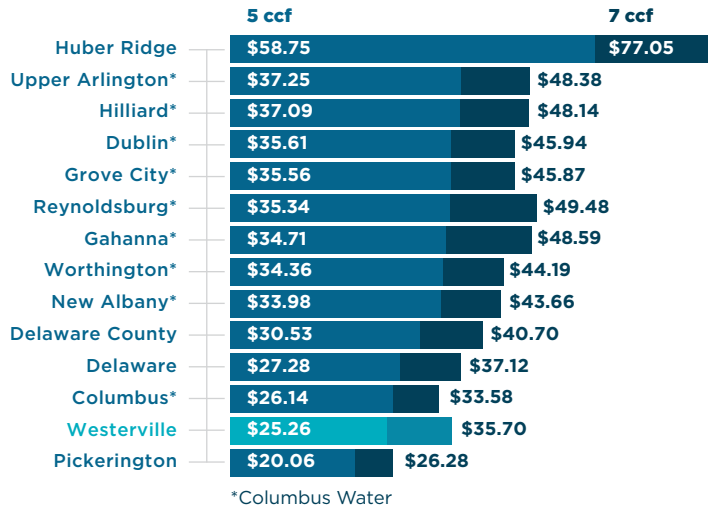
Water Treatment and Distribution

The Westerville Water Division has total control of the treatment and distribution of our water, which makes us unique among many neighboring communities. The average residential customer consumes about 5 ccf (centum cubic feet) of water, a unit of measurement that means about 3,700 gallons of water flow through a meter each month. (Previously the Water Division estimated average homes at 7 ccf, but reduced the number based on trend data). Water rates are based on consumption to reflect the true cost of current service. Currently, the City is among the most affordable water providers in Franklin County.

Additionally, since the community-supported investment in upgrading our water treatment system 10 years ago, Westerville water not only meets current water quality regulations but is also prepared to meet future challenges. This was accomplished by adding granular activated carbon (GAC) to our treatment system, which is considered the best available technology to address what we refer to as emerging contaminants. GAC will remove most contaminants, such as personal care products and materials that contain “PFAS,” otherwise known as forever chemicals.



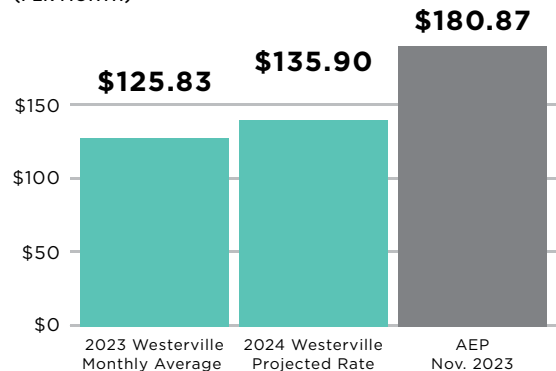
2023 RESIDENTIAL AVG WATER BILL (PER MONTH)



Public Power Provider

The Westerville Electric Division performed an extensive third-party cost of service and rate design study last year. As a result, electric rates and charges for customer tiers have been updated to accurately reflect the cost of service. Rate increases reflect changes in the customer charge, energy charge and winter discount energy charge. Notably, WED will consolidate and convert all residential meters in 2024 to digital meters (affecting less than 1% of customers).

AVG RESIDENTIAL CONSUMER ELECTRIC BILL (PER MONTH)



Visit www.westerville.org/utilitybilling for more information. Questions? Please call Utility Billing at (614) 901-6430.

WED Honored for Innovation

American Municipal Power (AMP) honored the Westerville Electric Division (WED) with multiple awards at the AMP 2023 annual meeting in September. WED received the AMP Innovation Award for its deployment of a compact, insulated “spider” aerial lift, which is the first of its kind to be used in Ohio. WED also received a commendation for its participation in AMP’s Mutual Aid Program, recognizing the department’s assistance to the Village of Woodsfield in Ohio and the communities of Orlando, Fla., and Springfield, Ill., during major storms. A second commendation was received for the Departments participation in Light Up Navajo, which extends electricity to the homes of families in Navajo Nations. A WED employee will be awarded the Hard Hat Safety Award at a later date.

In addition, City of Westerville Mayor Diane Conley was elected Ohio Municipal Electric Association Honorary Member, an honor given to individuals who have made significant local contributions to public power.

To learn more about the City's Electric Division, visit www.westerville.org/electric.



Westerville Councilmember Megan Reamsnyder (left) and Mayor Diane Conley accept the AMP Innovation Award and several Mutual Aid Commendations on behalf of the City of Westerville during the 2023 AMP Annual Conference.

American Municipal Power, Inc. (AMP) is a nonprofit corporation that owns and operates electric facilities with the purpose of providing generation, transmission and distribution of electric power and energy to its members.

Thermostat Reminders During Winter Cold Snaps

Winter months bring cold conditions, leading to higher thermostat temperatures and a spike in electric bills for households with electric heat. Peaks continuously increase during the winter months, causing a rise in customer bills, according to the Westerville Electric Division (WED). Winter peaks are not as common as summer peaks but have the biggest impact on electric rates during cold snaps, when several days are consecutively in single-digit temperatures. Winter electricity peaks occur between 5-8 a.m. when WED encourages residents to lower their heating set points by a few degrees, if possible.

“General efficiency measures like installing weather stripping around doors and windows and opening blinds and curtains to allow sunshine into the home can all contribute to natural warmth and save on electric costs,” said Chris Monacelli, WED Utility Manager. “Implementing these small steps can help residents save big during cold snaps throughout the winter.”

Community Energy Savings Program

The WED Community Energy Savings Program, is a rebate program that incentivizes the use of smart thermostats to reduce energy use during peak hours for energy demand in summer heat and occasional spikes during cold winter months. The program is meant to expand eligible smart thermostats. To learn more about the program and view eligible brands, visit www.westerville.org/energysavings.

Fire Prevention Priority:

Uptown District Suppression System in Design for Long-Term Preservation

Uptown Westerville is one of the most well preserved town centers in Ohio and is the City of Westerville's centerpiece. The scenic area includes a wide array of shops, restaurants, galleries and other businesses that attract longtime residents, university students and visitors.

As part of its five-year capital improvement budget, the City is in the early stages of design for a district-wide fire suppression system to help safeguard Uptown for future generations.

A comprehensive fire suppression system would operate to prevent catastrophic fire spread, damage and loss. Access to exterior water lines and interior sprinkler systems will be part of the design.

"Repairing older fire-damaged buildings is cost prohibitive, so the system is a great way to protect

Uptown properties," said Westerville Division of Fire (WFD) Deputy Fire Chief David Williams. "No one ever thinks a fire will happen, but there have been many downtown areas in Ohio that have been damaged beyond repair."

The system will also ensure that all buildings meet certain standards and necessary building and fire code requirements. The updates will provide more flexibility for repurposing business spaces and will reduce conversion costs in the future.

The multi-phase plan includes personnel from the WFD and City of Westerville Economic Development, Building, Engineering and Public Service Departments. The team is currently holding bimonthly meetings and will include Uptown business owners in the process as the project progresses.

Shinto continued from page 10

The Shrine Changes Ownership

The Kyoto Tea House and Shinto Shrine closed in 1978 when Mr. Henderson died but reopened under his son Charles' ownership in 1982. Tours ended again in 2002, when Charles, who then lived in Washington state, could no longer maintain the property from the West Coast. The property was listed for sale in 2004, which was the beginning of historical preservation efforts. Friends of the Japanese Tea House & Shrine, a group of Westerville citizens dedicated to finding a suitable owner, advocated for the property as it sat and eventually went into foreclosure under new ownership. The property was later sold, and the Kyoto Tea House was demolished due to its dilapidated state. However, the shrine and artifacts did not transfer in the sale. In 2004, the shrine was moved into storage at the Franklin Park Conservatory.

The Shrine Returns to Westerville

In 2018, the City of Westerville began researching the best way to reconstruct the Shinto Shrine in Westerville and restore the structure to its former glory.

"COVID-19 delayed that work, but it never left as one of our goals," said Councilmember Blair. "We are happy to report there is plenty to rebuild, although it will need some tender love and care."

In 2023, the City issued a request for proposals for the design of the reconstruction of the shrine, and selected Schooley Caldwell, an architectural firm that will focus on reconstruction and preservation efforts. The City is currently seeking grant funding to support the project.

When the Shinto Shrine is reconstructed, Westerville residents and visitors will have a lasting reminder of Westerville's rich, inclusive history.

"Learning to forgive, listen to, and care for each other is part of what makes Westerville great," said Councilmember Blair.

All numbers are (614) area code unless otherwise noted.

January Spotlight

Human Trafficking Warning Signs

January is Human Trafficking Prevention Month, a time to raise awareness to the growing issue of forced labor and sex trafficking. Human trafficking impacts all communities, even suburban communities like Westerville. Therefore, it is important to understand the signs of human trafficking to help those in need and prevent more victims from being trafficked.

Human trafficking can look different based on victims' circumstances, but many victims share commonalities.

Victims of sex trafficking may show the following signs:

- Providing rehearsed stories about their home or relationships
- Being accompanied by a seemingly controlling individual
- Possessing multiple prepaid credit cards, cell phones or hotel keys

Victims of labor trafficking may show the following signs:

- Appearing to live at their place of employment
- Being transported to work in a group by the employer

Both sex and labor trafficking victims may not be in control of their identification documents or money, show signs of physical abuse, and appear to have restricted or monitored movement.

If you suspect someone you know or have seen may need help, contact the National Human Trafficking Hotline at 1 (800) 373-7888 or text "HELP" or "INFO" to 233733 to help connect victims or potential victims. English- and Spanish-speaking specialists are available 24 hours, 7 days a week.

Fire/Medical/Police Emergency	9-1-1
Gas/Carbon Monoxide Leaks	9-1-1
Mental Health Resources	2-1-1
Non-life threatening emergency (Fire)	882-2213
Non-life threatening emergency (Police)	882-7444
National Suicide and Crisis Lifeline	9-8-8
Animal Control	901-6863
Animal Removal (Dead on roadside)	901-6740
Cemeteries	901-6740
City Manager's Office	901-6400
Clerk of Council	901-6410
Community Affairs	901-6400
Digging (Ohio Utilities Protection Service)	800-362-2764
Economic Development	901-6409
Electric Division	901-6700
<i>(outages, street lights, tree trimming near electric lines)</i>	
Finance Department	901-6440
Fire Division Headquarters	901-6600
CPR/First Aid Training	901-6600
Non-Emergencies	882-2213
Human Resources	901-6406
Income Tax	901-6420
Leaf Collection	901-6740
Mayor's Court	901-6419
Parks and Recreation Department	901-6500
Inclement Weather Hotline	901-6888
Administration	901-6530
Community Center	901-6500
Everal Barn and Homestead	901-6515
Parks Maintenance	901-6591
Highlands Park Aquatic Center	901-7665
Recreation Program Center	901-6531
Senior Center	901-6560
Shelter Information	901-6513
Permits	901-6598
Urban Forestry	901-6598
Building	901-6650
Burning	901-6600
Parade/Block Party	901-6410
Security Alarm	901-6482
Zoning	901-6650
Planning and Development	901-6650
Code Enforcement	901-6816
Sidewalks	901-6757
Streets	901-6845
Traffic Engineering	901-6670
Police Division	901-6450
Administration	901-6470
Community Services	901-6860
Investigations	901-6475
Recorded Information Line	901-6879
Records	901-6450
Non-Emergencies	882-7444
Service Department	901-6740
Sewer Emergencies	901-6740
Sewer Line Maintenance	901-6740
Stormwater Hotline	901-6740
Street Emergencies	901-6740
Street Maintenance Repairs	901-6740
Trash/Recycling Collection	901-6740
Water Emergencies	901-6740
Water Line Maintenance	901-6740
Traffic Violations	901-6419
Tree/Storm Damage (in right of way)	901-6591
After Hours	901-6790
Tree Trimming (in right of way)	901-6598
Utility Billing	901-6430
Water Plant	901-6770

City Employees *Honor Colleagues*

Twenty years ago, an internship with the City of Westerville led to a full-time job for Tom Patterson. The 2023 Employee of the Year now serves as Procurement Coordinator, managing the City's public purchasing program. Tom is responsible for facilitating proposal and negotiations with service providers and vendors and preparing purchase recommendations and awards.

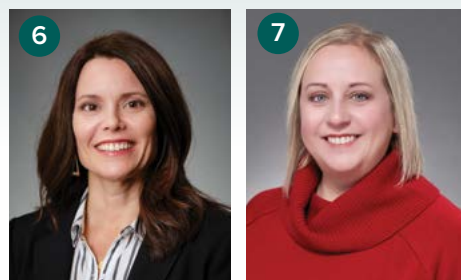
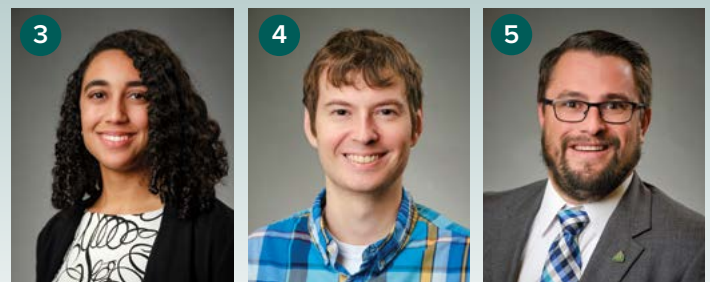
According to one of his nominators, "Tom's internal and external customer service is excellent. He goes above and beyond to assist and always provides exceptional support. He is always quick to offer assistance in gathering information about an RFP, or to thoughtfully listen as we discuss upcoming projects or needs."

Congratulations, Tom



Thomas Patterson
Procurement Coordinator
Administrative Services
2023 Employee of the Year

- 1 **Lisa Hatton**
Maintenance Custodian - Parks and Recreation
Excellence in Customer Focus
- 2 **Amber Jones**
Program Supervisor - Parks and Recreation
Excellence in Initiative
- 3 **Brenna Toth**
Accountant - Finance
Excellence in Work Ethic
- 4 **Shane Thompson**
Program Supervisor - Parks and Recreation
Excellence in Dependability/Accountability
- 5 **Stephen Gale**
Economic Development Specialist - Economic Development
Excellence in Innovation
- 6 **Kristen Gillenwater**
Services Coordinator - Planning and Development
Excellence in Leadership Flexibility
- 7 **Tara Trigg**
Electric Utility Business Manager - Electric
Excellence in Special Project



Winter Preparedness and Energy Saving Tips

Winter in Ohio can bring anything from sunshine and mild temperatures to overcast skies and snowfall. Be prepared for whatever winter brings with the following tips for your family, home and auto.



For the Family

STAY SAFE

Install a carbon monoxide detector and replace the batteries in your smoke detector. Only use generators and grills outdoors, and never heat your home with a gas stove or oven. Wear layers if you plan to be outside, and limit your time outdoors based on weather conditions. Be mindful of overexertion when shoveling snow or walking outdoors.

LEARN THE SIGNS

Both frostbite and hypothermia can happen quickly when cold temperatures combine with moisture in the air.



Signs of frostbite include numbness, white or grayish-yellow skin, firm or waxy skin usually in the toes, fingers or face.



Signs of hypothermia include shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech or drowsiness.

If you see any of these signs, get to a warm area immediately. For frostbite, soak in warm, not hot, water. Do not massage the affected area. For hypothermia, dry the affected area and wrap in warm blankets. Warm the body first, but also remember to warm the head and neck.

KNOW THE TERMS

Winter Storm Warning



Meaning: Hazardous weather is imminent. Includes heavy snow, heavy freezing rain or heavy sleet. Issued 12-24 hours before an event.

Winter Storm Watch



Possibility of severe weather. Includes blizzards, heavy snow or freezing rain and sleet. Issued 12-48 hours before an event.

Winter Weather Advisory



Accumulation expected. Includes snow, freezing rain, freezing drizzle and sleet that could lead to life-threatening situations.



For the Home

OPEN THE SHADES OR CURTAINS

Taking advantage of the sunshine could help naturally heat your home during the colder months, especially if you have south-facing windows. Make sure to close them at night to keep the chill out.

COVER THE DRAFTS

If your windows are older or drafty, consider covering them with a plastic film tightly secured to your window frame. This will help keep the draft out while allowing sunlight in. You can also install thermal drapes or shades to help with the drafts.

SEAL THE LEAKS

Even in newer homes, cold air can leak through cracks and openings. Seal gaps around pipes, chimneys and door frames with caulk or weatherstripping. Seal leaks to reduce air leaks. Read the label carefully to ensure you use the correct type of sealer.

ADJUST THE TEMPERATURE

Most modern thermostats have program settings that can be automatically adjusted throughout the day and night. Lower the temperature when you are not home and in the evenings when you are cozy under the covers. Smart thermostats can also help reduce electric bills. Visit page 18 for information on Westerville's Smart Thermostat opportunity. You can also save energy by ensuring your water heater is set at 120 degrees, which will save money and avoid scalding.

MAINTAIN YOUR SYSTEM

You can reduce heating costs by scheduling routine service maintenance for your furnace and regularly replacing filters. Cleaning warm-air registers, baseboard heaters, or radiators will also help de-stress your furnace. Keep furniture and curtains away from heat sources to improve the heating ability of your home.

Homeowners with a fireplace should also plan to schedule maintenance services—regular fireplace maintenance results in improved airflow and cleaner combustion.



For the Auto

INSPECT YOUR VEHICLE

As the temperature drops, so does your tire inflation pressure, so continually check this throughout the season. If your car is having trouble starting, check your battery. In the colder months, it takes more battery power to start your car. It would also be beneficial to replace your windshield wipers to ensure they can handle ice and snow and check your lights and coolant. Schedule winter maintenance with a local auto shop to ensure your car is ready for the temperature change and the roads.

PREPARE FOR EMERGENCIES

Pack an emergency kit and store it in your trunk for common winter-related issues. Supplies should include:

- ❄️ Snow shovel and scraper for ice and packed snow
- ❄️ Kitty litter or sand to help move stuck tires
- ❄️ Jumper cables, flashlight, flares or emergency markers
- ❄️ Blankets, water and food
- ❄️ Portable charger for use with cell phone and car battery

FILL THE TANK OR CHARGE IT

You never know what could happen when driving during the winter. Whether preparing to travel or just running across town, make sure your gas tank is full or your car is fully charged.

LET SOMEONE KNOW

It is always good to let someone know where you are going, when you are leaving and the route you are traveling. This information can help someone locate you if you do not arrive at your destination at your scheduled time.



If you remember these signs, signals and steps, you and your family are sure to enjoy the winter season.

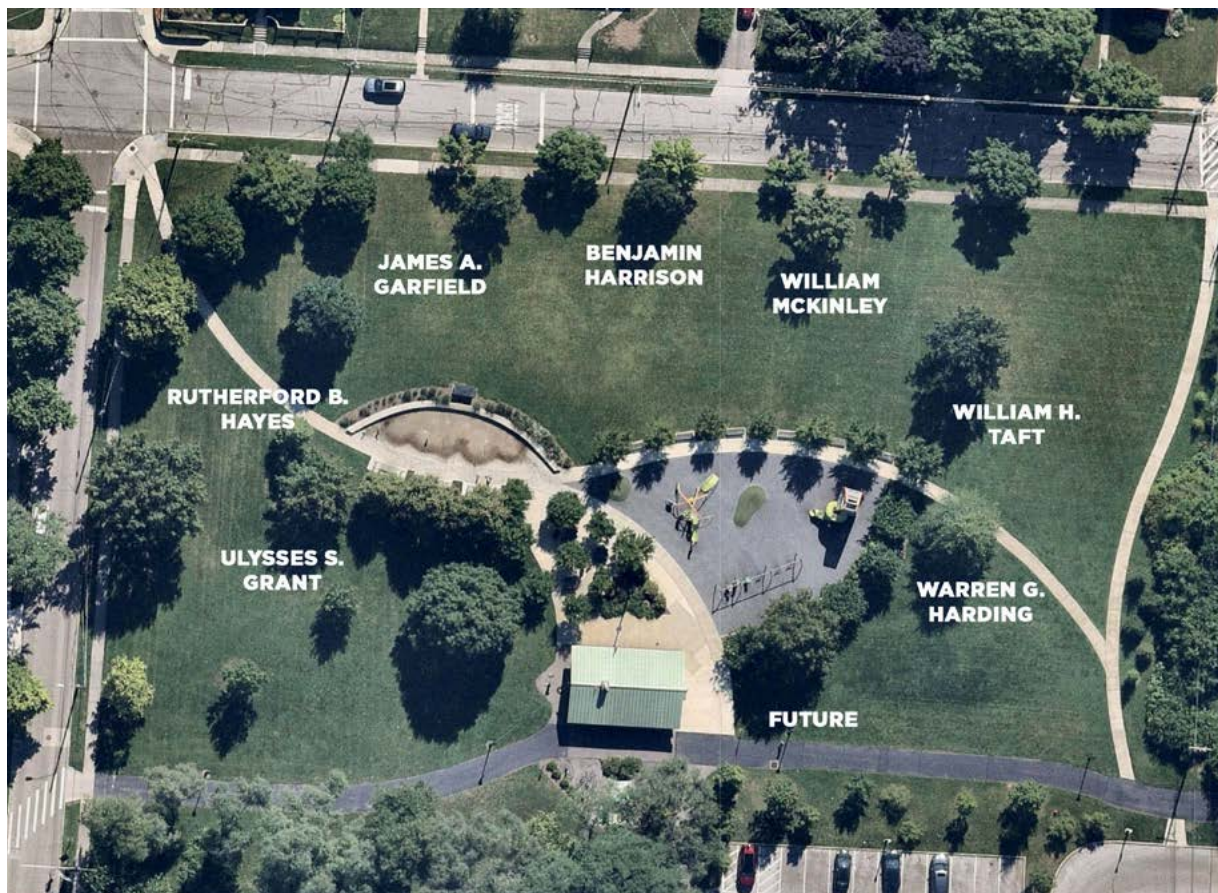
Stroll Through Presidential Oak Grove

Learn more about Ohio's Presidential History on President's Day

Presidents Day is celebrated every third Monday in February. Seven U.S. presidents were born in Ohio, and one was elected while living in Ohio, leading to Ohio being known as "the Mother of Presidents."

In 2007, the City of Westerville paid homage to Ohio's rich presidential history by developing Presidential Oak Grove within Hanby Park (115 E. Park St.) near the Westerville Public Library. The Grove features individual oak trees and plaques honoring all eight presidents who were born in or were from Ohio: William H. Harrison, Ulysses S. Grant, Rutherford B. Hayes, James A. Garfield, Benjamin Harrison, William McKinley, William H. Taft and Warren G. Harding. An additional plaque featuring a mirror with the question "Who will be next?" is meant to inspire the many youth who visit the nearby playgrounds at Hanby Park.

Stroll through Presidential Oak Grove in honor of Presidents Day on Monday, Feb. 19, to observe Ohio's presidential history. To learn more about Presidential Oak Grove and explore all of the City's parks, visit westerville.org/parks.



Check out the following fun facts (and a few tragic truths) to learn about the presidents with Ohio connections:

William H. Harrison



9th U. S. President
Birthplace: Berkeley Plantation, Virginia (resided in North Bend, Ohio, when elected)
Fun Fact: President Harrison was the first president to have his photograph taken. He is also known for giving the longest presidential inauguration speech—more than 8,000 words—the typical length of a college dissertation.

Benjamin Harrison



23rd U. S. President
Birthplace: North Bend, Ohio
Fun Fact: President Harrison delivered a series of short, “front-porch” speeches, establishing a new, more personable campaign style that subsequent politicians would later adopt. He was the grandson of our 9th U.S. President William H. Harrison.

Ulysses S. Grant



18th U. S. President
Birthplace: Pt. Pleasant, Ohio
Fun Fact: Well known for volunteering to fight for the Union in the Civil War at the age of 39, President Grant also helped establish Yellowstone National Park as the first national park in the United States.

William McKinley



25th U. S. President
Birthplace: Niles, Ohio
Fun Fact: President McKinley was a teacher in a one-room schoolhouse when he enlisted to fight in the Civil War as a Union soldier. One of his wartime duties was delivering supplies and coffee to the front line, which led to opponents referring to him as “Coffee Bill” throughout his political career.

Rutherford B. Hayes



19th U. S. President
Birthplace: Delaware, Ohio
Fun Fact: President Hayes signed a bill that allowed women attorneys to present cases before the U.S. Supreme Court. He also hosted the first Easter Egg Roll for children on the White House lawn. The tradition continues today.

William H. Taft



27th U. S. President
Birthplace: Cincinnati, Ohio
Fun Fact: President Taft was the first U.S. president to throw a ceremonial first pitch at a Major League Baseball game. He was also the first president to have a presidential car.

James A. Garfield



20th U. S. President
Birthplace: Moreland Hills, Ohio
Fun Fact: President Garfield longed to be a sailor during his youth but eventually found adventure while serving in the Union Army during the Civil War. His presidency was cut short when he was

assassinated 100 days after taking office.

Warren G. Harding




29th U. S. President
Birthplace: Blooming Grove, Ohio
Fun Fact: President Harding worked as a newspaper editor before entering politics. He was one of the most popular U.S. presidents. However, after his death from a heart attack while in office, revelations of scandals

in his administration surfaced, tarnishing his reputation.



TEEN NIGHT



Friday, Jan. 12 • Activity #103113-01
 Friday, Feb. 9 • Activity #103113-02

5:30 - 7:30 p.m. • \$8 • Ages 11-14

Enjoy access to the gymnasium, climbing wall, indoor pool complex, eSport and adventure fitness areas. Pizza, snacks and drinks along with music and games will be provided.

REGISTRATION REQUIRED.

Westerville Community Center • 350 N. Cleveland Ave.

Pancake Breakfast

WEDNESDAYS • 7:30 - 10 a.m.



\$5

Jan. 3 • Feb. 6
 March 6

Bring family and friends to our monthly breakfast and enjoy pancakes, eggs, sausage, juice and coffee. Held the first Wednesday of the month.

**WESTERVILLE COMMUNITY CENTER
 SENIOR (SOUTH) ENTRANCE**
 350 N. Cleveland Ave.

(614) 901-6560

LEADERSHIP WESTERVILLE

MARTIN LUTHER KING JR. CELEBRATION

Monday, Jan. 15 • 8 a.m.

Villa Milano • 1630 Schrock Rd., Columbus

The Leadership Westerville Martin Luther King Jr. Legacy Project, in partnership with the Westerville Public Library, is pleased to announce featured speaker Nic Stone, author of the #1 New York Times bestselling novel, "Dear Martin" at the 2024 Westerville Martin Luther King Jr. Breakfast Celebration.



Tickets may be purchased at <https://bit.ly/WestervilleMLK2024>.

For additional information, visit <https://www.leadershipwesterville.com/mlkbreakfast.html>.

SENSORY FRIENDLY

OPEN GYM

Fridays, Jan. 19 and Feb. 16
 Ages 6 and up

\$5

6 - 7:30 p.m.

Enjoy open gym play time in a sensory-friendly environment. Parents and support staff are free.

Westerville Community Center • 350 N. Cleveland Ave.





Pee Wee Play Gym

Toddler Time

Mondays, Jan. 22 - March 4
9:45 a.m. - 11:45 a.m.

Fridays, Jan. 26 - March 8
9:30 - 11:30 a.m.

Westerville Community Center
350 N. Cleveland Ave.

Westerville Community Center
350 N. Cleveland Ave.

Ages 3 and under with parent
\$3

Kindergarten age and under with parent
\$3

Join us for a morning of fun and play using a variety of large and fine motor skills equipment. This program will benefit your child by increasing social skills and encouraging family involvement. Every child or group of children must be accompanied by an adult. Children up to six months old are allowed to accompany at no charge. Toddler Time includes arts and crafts. Frequent visitor cards can be purchased at the front desk of the Community Center. Cards are \$15 for six visits.

PUZZLEPALOOZA

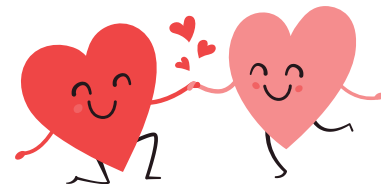
Friday, Jan. 26 • 5:30- 7 p.m.

Puzzlers, get your team together for the inaugural jigsaw puzzle challenge. Teams of two to four will compete to see who can complete a 500-piece puzzle in the shortest amount of time. The same puzzle will be provided for each team. First place gets a prize, every team gets to take home their puzzle! Rates are per team, each team member must be registered to participate. Light refreshments and snacks provided.

Activity #103103-01 • Ages 6 and up
\$30 • Resident Rate \$20

Westerville Community Center
350 N. Cleveland Ave.

CUPID'S FAMILY SHUFFLE



Dance the night away at this Valentine's-themed event complete with a live DJ, photo booth, dinner, drinks, crafts, party favors and dessert. We welcome the whole family to participate!

Friday, Feb. 2 • 6:30 - 8:30 p.m.
Ages 4 and up • Activity# 102189-01

\$20 Per Person
Resident Rate \$15 Per Person

Westerville Community Center
350 N. Cleveland Ave.



SOUPERBOWL DINNER


Thursday, Feb. 8 • 4:30 - 6:30 p.m.

Handcrafted Bowl \$15
Regular Bowl \$10

Purchase a handcrafted bowl and receive your choice of soup to enjoy with friends. All handmade bowls are food-grade. Prefer just soup? Regular bowls of soup will be available for a reduced rate. (Limited number of handcrafted bowls available.)

Proceeds benefit a local food pantry.

Westerville Community Center
350 N. Cleveland Ave.

SENSORY FRIENDLY SWIM AND GYM

Sunday, Feb. 25
5:30 - 7 p.m.
Ages 2-15

\$5 family donation to DSACO recommended

Designed for individuals with disabilities and their families. The indoor pool and gymnasium will be available.

Westerville Community Center
350 N. Cleveland Ave.

SUPERHERO DAY

BRING YOUR LITTLE SUPERHERO FOR THIS DAY OF FUN THAT INCLUDES GAMES, CRAFTS, SNACKS AND A SUPERHERO-THEMED OBSTACLE COURSE. YOU CAN EVEN DRESS UP AND MEET A REAL LIFE SUPERHERO

REGISTRATION IS REQUIRED

SATURDAY, MARCH 2
10 A.M. - 12 P.M.
AGES 2-8

ACTIVITY № 101137-01
\$15 PER PERSON
RESIDENT RATE
\$10 PER PERSON

SEE CLASS PAGES FOR MORE INFORMATION

WESTERVILLE COMMUNITY CENTER
350 N. CLEVELAND AVE.

SAVE THE DATE



CAMP REGISTRATION

Friday, March 1 (residents)
Sunday, March 3 (open)

www.westerville.org/registration



Join our Team

SEASONAL JOB FAIR AND OPEN HOUSE

Sunday, March 3
1:30 - 3:30 p.m.

Westerville Community Center • 350 N. Cleveland Ave.

Come ready to interview and learn about seasonal opportunities with Westerville Parks & Recreation at this informative event. We will have food, games and giveaways.

For available positions visit www.westerville.org/jobs.



Spring Kids Maker Market

Calling all young entrepreneurs! Showcase your homemade product or business at this fun event.



EVENT DATE:
Sunday, April 21

Free to attend,
\$10 per table reservation

TABLE RESERVATION DEADLINE:
Friday, March 22

Additional information on table reservations and the event is available at www.westerville.org/registration.

WESTERVILLE YOUTH BASEBALL AND SOFTBALL SPRING/SUMMER LEAGUE REGISTRATION

SPRING/SUMMER LEAGUES
TEE-BALL (AGES 4-6)
SOFTBALL (AGES 7-18)
BASEBALL (AGES 7-18)



VISIT WYBSL.ORG FOR REGISTRATION INFORMATION



Work With Us

CONTRACTUAL ACTIVITY INSTRUCTORS

PRESCHOOL, CULINARY, ARTS AND CRAFTS,
MUSIC AND DANCE,
GENERAL SPECIAL INTEREST



PARKSANDREC@WESTERVILLE.ORG

GET THE MOST OUT OF YOUR WESTERVILLE COMMUNITY CENTER PASS

A monthly pass provides individual and household options, and includes the gymnasium, track, fitness area, adventure fitness course, eSports room, indoor pool and climbing wall to enhance your recreation experience.



Westerville Bimonthly Calendar

DEC.

- 25 **Christmas - City Offices Closed, Community Center Closed**
- 25 **Yard Waste Delayed** Citywide
- 26 **Yard Waste Pickup - Refuse and Recycling Delayed** Citywide
- 27 **Refuse and Recycling Pickup** Citywide
- 27 **Planning Commission Meeting** 6:30 p.m. Council Chambers
Date change due to holiday
- 29 **Noon-Lite Madness*** 11 a.m.-12:15 p.m. WCC

JAN.

- 1 **New Years Day - City Offices Closed, Community Center Closed**
- 1 **Yard Waste Delayed** Citywide
- 2 **Yard Waste Pickup - Refuse and Recycling Delayed City Council Meeting** 6:30 p.m. Council Chambers
- 3 **Refuse and Recycling Pickup** Citywide
- 3 **Pancake Breakfast** 7:30-10 a.m. WCC
- 4 **Senior Center Program** 12 p.m. WCC and Online
Pass Holder Registration
- 5 **Class Registration (Residents) Online** 12 p.m. Online
- 6 **Class Registration (Residents) In Person** 8 a.m. WCC
- 7 **Class Registration (Open) Online** 12 p.m. Online
- 8 **Class Registration (Open) In Person** 8 a.m. WCC
- 11 **Board of Zoning Appeals** 6:30 p.m. Council Chambers
- 12 **Teen Night*** 5:30-7:30 p.m. WCC
- 15 **Martin Luther King Jr. Day and Breakfast***
leadershipwesterville.com/mlkbreakfast
- 15 **Community Center Holiday Hours** 8 a.m. - 5 p.m.
- 16 **City Council Meeting** 7 p.m. Council Chambers
- 18 **Parks and Recreation Advisory Board** 6:30 p.m. WCC
- 19 **Sensory Friendly Open Gym** 6-7:30 p.m. WCC
- 22 **Inclusive Open Gym - Ages 3-17** 6-7:30 p.m. WCC
- 23 **Autumn Arborfest** 10 a.m.-2 p.m. Alum Creek Park N. 221 W. Main St.
- 24 **Planning Commission Meeting** 6:30 p.m. Council Chambers
- 26 **Puzzlepalooza*** 5:30-7 p.m. WCC

FEB.

- 1 **Uptown Review Board** 6:30 p.m. Council Chambers
- 2 **Cupid's Family Shuffle*** 6:30-8:30 p.m. WCC
- 6 **Pancake Breakfast** 7:30-10 a.m. WCC
- 6 **City Council Meeting** 7 p.m. Council Chambers
- 8 **Souperbowl Dinner** 4:30-6:30 p.m. WCC
- 8 **Board of Zoning Appeals** 6:30 p.m. Council Chambers
- 9 **Teen Night*** 5:30 - 7:30 p.m. WCC
- 15 **Parks and Recreation Advisory Board** 6:30 p.m. WCC
- 20 **City Council Meeting** 7 p.m. Council Chambers
- 25 **DSACO Sensory Friendly Swim and Gym** 5:30-7 p.m. WCC
- 28 **Planning Commission Meeting** 6:30 p.m. Council Chambers

MARCH

- 1 **Camp Registration (Residents)**
- 2 **Superhero Day*** 10 a.m. - 12 p.m. WCC
- 3 **Camp Registration (Open)**
- 3 **Seasonal Job Fair and Open House** 1:30 - 3:30 p.m. WCC
- 5 **City Council Meeting** 7 p.m. Council Chambers
- 6 **Pancake Breakfast** 7:30-10 a.m. WCC
- 7 **Uptown Review Board** 6:30 p.m. Council Chambers
- 14 **Board of Zoning Appeals** 6:30 p.m. Council Chambers
- 19 **City Council Meeting** 7 p.m. Council Chambers
- 21 **Parks and Recreation Advisory Board** 6:30 p.m. WCC
- 21 **Westerville State of the City** 6 p.m. Renaissance Westerville-Polaris Hotel
- 22 **Spring Kids Maker Market Reservation Deadline**
- 27 **Planning Commission Meeting** 6:30 p.m. Council Chambers

WEEKLY

- MONDAYS **Yard Waste Pickup** Citywide
- TUESDAYS **Refuse and Recycling Pickup** Citywide
- MON-FRI **DORA** 4-10 p.m. Uptown Westerville
- SAT-SUN **DORA** 11 a.m.-10 p.m. Uptown Westerville

*** Registration or Ticket Purchase Required**

Register for classes at www.westerville.org/registration.





Stay active during the cold winter months at the Westerville Community Center indoor pool complex. Whether you're taking a leisurely dip or swimming laps, the refreshing heated pool will help you keep your fitness journey on track.



AQUATICS

ADULT FITNESS SWIM

INSTRUCTOR(S): Jeanne Smith

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

Gain the benefit of an organized group practice while increasing your knowledge and skills with fitness swimming. This class has individual workouts ranging from 800-2500 yards. **Not for beginners.**

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
111114-01	Jan. 16-March 7	5:50-6:50 a.m.	Tue/Thu
111114-02	Jan. 16-March 7	8:15-9:15 a.m.	Tue/Thu

DEEP WATER CONDITIONING

INSTRUCTOR(S): Jeanne Smith (Mon/Wed) ^^
Lori Robinson (Fri) ^

AGE(S): 16 and up

This high-intensity class for cardiovascular, strength and tone workouts uses the deep area of the lap pool. Participants do a complete workout for the purpose of flexibility, aerobic capacity and overall fitness. **Participants must be comfortable in deep water.**

RATE: \$105 | **RESIDENT RATE:** \$90

INTERMEDIATE

Activity #	Date	Time	Day(s)
105216-01^	Jan. 17-March 8	9:30-10:30 a.m.	Mon/Wed/Fri

RATE: \$75 | **RESIDENT RATE:** \$60

INTERMEDIATE

Activity #	Date	Time	Day(s)
105216-02^^	Jan. 16-March 7	9:30-10:30 a.m.	Tue/Thu

WATER TONING

INSTRUCTOR(S): Paula Hamilton

AGE(S): 16 and up

RATE: \$105 | **RESIDENT RATE:** \$90

The class incorporates the use of upper/lower body muscles. The warm-up includes basic aerobic exercises followed by a moving river segment and ending with a toning segment using resistance equipment to add useful intensity. The cool-down segment stresses flexibility and relaxation.

INTERMEDIATE

Activity #	Date	Time	Day(s)
105214-01	Jan. 17-March 8	8:55-9:55 a.m.	Mon/Wed/Fri

WATER YOGA

INSTRUCTOR(S): Karen Dawson

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

In the calming effect of water you will practice deep breathing techniques, increase your flexibility and balance and develop a stronger body core through yoga poses. Research shows that the deep breathing exercises and relaxation/meditation techniques used lowers blood pressure. Meets in the warm water pool.

BEGINNER

Activity #	Date	Time	Day(s)
105239-01	Jan. 16-March 7	12-12:45 p.m.	Tue/Thu

HYDRORIDER AQUABIKES

INSTRUCTOR(S): Tiffany Dupont

AGE(S): 16 and up

RATE: \$105 | **RESIDENT RATE:** \$90

Use water resistance to get a great cardio workout. Water fitness shoes are required. No swimming knowledge needed.

INTERMEDIATE

Activity #	Date	Time	Day(s)
105243-01	Jan. 16-March 7	7:15-8 a.m.	Tue/Thu

AQUAFLEX

INSTRUCTOR(S): Leslie Warthman^
Debbie Leach^^

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

With a focus on balance, flexibility and joint movement while building muscle, this class is taught by a certified Arthritis Foundation instructor and is great for those with arthritis, fibromyalgia and/or other joint problems. **Meets in the warm water pool.**

INTERMEDIATE

Activity #	Date	Time	Day(s)
105231-01^	Jan. 16-March 7	9:45-10:45 a.m.	Tue/Thu
105231-02^^	Jan. 16-March 7	10:45-11:45 a.m.	Tue/Thu

COMBO WATER WORKOUT

INSTRUCTOR(S): Paula Hamilton^
Debbie Leach^^

AGE(S): 16 and up

A shallow water, total body workout that combines weight resistance, aerobic activity and flexibility. Emphasizes aerobic activity and is great a cross-training routine.

RATE: \$105 | **RESIDENT RATE:** \$90

INTERMEDIATE

Activity #	Date	Time	Day(s)
105232-01^	Jan. 17-March 8	10-11 a.m.	Mon/Wed/Fri

RATE: \$75 | **RESIDENT RATE:** \$60

INTERMEDIATE

Activity #	Date	Time	Day(s)
105232-02^^	Jan. 16-March 7	12-1 p.m.	Tue/Thu





WATER FITNESS

INSTRUCTOR(S): Leslie Warthman

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

Boost energy levels and experience increased strength and flexibility. This class combines the benefits of aerobic conditioning with resistance training through use of noodles, handbells and balls. Class can be adjusted to all ages and abilities and be as challenging as you wish to make it!

INTERMEDIATE

Activity #	Date	Time	Day(s)
105225-01	Jan.17-March6	5:45-6:45 p.m.	Mon/Wed

WATERCIZE

INSTRUCTOR(S): Lori Robinson

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

In the calming water you will practice deep breathing, increase your balance and develop a stronger core through yoga poses. Research shows that the deep breathing exercises and relaxation/mediation techniques used lowers blood pressure.

INTERMEDIATE

Activity #	Date	Time	Day(s)
105215-01	Jan.16-March7	8:45-9:45 a.m.	Tue/Thu

AQUA FITNESS INSTRUCTORS NEEDED

Contact the Aquatics Manager at (614) 901-6510

LIFEGUARD CERTIFICATION CLASS

INSTRUCTOR(S): Aquatics Staff

AGE(S): 15 and up

RATE: \$200

Each participant must swim 300 yards and perform a brick retrieval in the first class. To pass the class, participants must pass all skills and score an 80% on the written exam. Upon completion participants will be a certified Lifeguard with First Aid/CPR/AED. If you are hired with the City of Westerville, portion of your class fees will be refunded.

INTERMEDIATE

Activity #	Date	Time	Day(s)
11123-01	Feb.16-Feb.18	9 a.m.-5 p.m.	Fri-Sun
	Feb 23-25	9 a.m.-5 p.m.	Fri-Sun

SILVER SPLASH: AQUA, CARDIO & TONE

INSTRUCTOR(S): Debbie Leach

AGE(S): 65 and up with Silver Sneakers membership

FREE: (*Silver Sneakers membership required*)

This class is for the conditioned adult who has good balance and muscle function. There will be 35 minutes of cardio exercise followed by muscle toning exercises, balance work and stretching.

ALL LEVELS

Activity #	Date	Time	Day(s)
DRIP IN	Jan.17-March8	11:05-11:55 a.m.	Mon/Wed/Fri
	Jan.17-March8	12-12:50 p.m.	Mon/Wed/Fri

SHALLOW WATER FITNESS

INSTRUCTOR(S): Karen Dawson

AGE(S): 16 and up

RATE: \$40 | **RESIDENT RATE:** \$30

Shallow water class is designed to work your entire body. Class includes cardiovascular training as well as strength, toning and flexibility segments. Splash your way into a new level of fitness.

INTERMEDIATE

Activity #	Date	Time	Day(s)
105241-01	Jan.19-March8	7:55-8:55 a.m.	Fri

HIGH SCHOOL SWIM/DIVE MEETS (2023-2024)

Friday, Dec. 8 at 6 p.m.

Central vs. Gahanna Lincoln

Saturday, Dec. 9 at 10 a.m.

Westerville vs. Worthington

Friday, Dec. 15 at 6 p.m.

Rule the 'Ville

Thursday, Dec. 21 at 6 p.m.

South vs. TBD

Friday, Dec. 29 at 6 p.m.

Central vs. DeSales

Wednesday, Jan. 3, 2024 at 6 p.m.

South vs. Delaware Hayes

Friday, Jan. 5, 2024 at 6 p.m.

Central vs. Bradley (Senior Night)

Tuesday, Jan. 9 at 6 p.m.

North vs. Berlin

Friday, Jan. 12, 2024 at 6 p.m.

North vs. Beechcroft and Worthington Christian

Saturday, Jan. 13 at 10 a.m.

Central Ohio Splash

Wednesday, Jan. 17, 2024 at 5 p.m.

South vs. Olentangy Orange (Senior Night)

Friday, Jan. 19, 2024 at 6 p.m.

North vs. Olentangy and Newark (Senior Night)

Friday, Jan. 19, 2024 at 6 p.m.

North vs. Olentangy and Newark (Senior Night)

Friday, Jan. 19, 2024 at 6 p.m.

North vs. Olentangy and Newark (Senior Night)

***Meet schedule subject to change.**

The pool closes one hour before meet time for warm-ups.

SWIM LESSONS

INSTRUCTOR(S): Recreation Staff

AGE(S): 6 months - 16 years

RATE: \$60 | **RESIDENT RATE:** \$50

Designed to teach swimmers how to be comfortable in the water. Lessons run from toddler-age through adult. Visit www.westerville.org/aquatics for dates, times and more specific descriptions.

INTERMEDIATE

Activity #	Date	Time	Day(s)
11131-01 to-35	Jan.16-March9	Varies	Tue/Thu/Sat

DID YOU KNOW?

The Westerville Community Center works with instructors who provide one-on-one specialized instruction.

For additional information contact them directly.

SWIM LESSONS for INFANTS

Sarah Berlin

Infant Self Rescue Columbus LLC

sarah.berlin@infantswim.com

Britney Smith

Swim Safe Columbus LLC

britney.smith@infantswim.com

Dolly Funk

Scioto Infant Aquatics

dollycfunk@gmail.com

Jayne Lockhart

Infant Aquatics 614

swim@infantaquatics614.com

SWIM LESSONS

FOR SPECIAL NEEDS CHILDREN

Lori Moore

Moore Aquatic Abilities

loriamore96@gmail.com

Allie Rader

Adaptive Swim Columbus

adaptiveswimcolumbus@gmail.com



FITNESS & WELLNESS

20-20-20

INSTRUCTOR(S): Katie Stolte-Carroll
AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Twenty minutes of cardio, 20 minutes of strength and 20 minutes of core-conditioning. A variety of formats and styles including Tabata, HIIT, boot camp, kickboxing, bands, kettlebells, etc. will be implemented to keep class fun!

ALL LEVELS

Activity #	Date	Time	Day(s)
105250-01	Jan. 22-March 11	5:30-6:30 p.m.	Mon

A.B.S. (AGILITY, BALANCE, STRENGTH)

INSTRUCTOR(S): Linda Scovern
AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Whether you are playing a sport or just want to improve your functional fitness, this class is for YOU! In addition to traditional strength exercises, drills for agility and balance will be included for quickness and helping to prevent falls on or off a court. Core work included and a relaxing stretch to finish.

ALL LEVELS

Activity #	Date	Time	Day(s)
105230-01	Jan. 16-March 5	9-10 a.m.	Tue

ALL WEIGHTS

INSTRUCTOR(S): Beth Henman
AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

This is a weight-training class that uses resistance tools to train specific muscles in order to improve muscular tone, strength and endurance. You will burn more fat while gaining lean muscle.

ALL LEVELS

Activity #	Date	Time	Day(s)
105228-01	Jan. 21-March 10	10:15-11:15 a.m.	Sun

BODY FIT

INSTRUCTOR(S): Gena Richard
AGE(S): 14 and up

RATE: \$85 | **RESIDENT RATE:** \$70

Improve cardiorespiratory endurance and muscular strength with this interval class alternating a high/low impact cardio segment with a strength training segment followed by stretching movements and core work set to upbeat music.

INTERMEDIATE

Activity #	Date	Time	Day(s)
105202-01	Jan. 16-March 7	5:30-6:30 p.m.	Tue/Thu

CORE FUSION

INSTRUCTOR(S): Gena Richard
AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Join a heart pumping, soul enriching, visually stimulating indoor cycling ride set to a variety of music types. Wrap up the class with core, yoga, weights, Pilates or resistance work.

INTERMEDIATE

Activity #	Date	Time	Day(s)
105256-01	Jan. 16-March 7	4:50 - 5:20 p.m.	Tue/Thu

FULL BODY CHALLENGE

INSTRUCTOR(S): Ann Rochon
AGE(S): 14 and up

RATE: \$65 | **RESIDENT RATE:** \$50

This full-body workout will incorporate weights, bands, kettlebells and high intensity interval training that will help you see improvements in your muscle tone, posture, balance and strength.

ALL LEVELS

Activity #	Date	Time	Day(s)
105248-01	Jan. 16-March 7	4:15-5 p.m.	Tue/Thu

16↓ PARTICIPANTS UNDER THE AGE OF 16

Anyone under the age of 16 must have an adult enroll and accompany them to class.

FIT & FABULOUS

INSTRUCTOR(S): Terri Hurtt
AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Strength training is one of the best ways to get lean. Train your heart and muscles at the same time with a "high reps/low weight/no-rest" format. Fast-paced program made for maximum muscular endurance and strength.

ALL LEVELS

Activity #	Date	Time	Day(s)
105240-01	Jan. 20-March 9	9:30 -10:30 a.m.	Sat

LOW IMPACT AEROBICS

INSTRUCTOR(S): Ellen Blaha
AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Have a high impact on your cardiovascular and muscular fitness in this class. Gain endurance, strength and flexibility with less stress on your joints. Moves to the music are easy to learn and adjust to high/low format. Hand-weight exercises for upper body, floorwork and stretching complete each workout.

ALL LEVELS

Activity #	Date	Time	Day(s)
105205-01	Jan. 20-March 9	9:15-10:15 a.m.	Sat

LOW IMPACT BARRE

INSTRUCTOR(S): Nioria Gutierrez Bell
AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Classes combine low-impact exercises and your own body weight for resistance. We will focus on small, deliberate movements for specific groups of muscles that aren't typically used in other workouts. This class will improve your balance, strength, flexibility and stability all while breaking a sweat. Weights and more challenging moves can be added as class progresses. No shoes or barre socks needed.

ALL LEVELS

Activity #	Date	Time	Day(s)
105257-01	Jan. 16-March 5	7:30-8:30 p.m.	Tue





GLUTES & ABS

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$22 | **RESIDENT RATE:** \$17

We will target the core and glutes strengthening two areas of the body that will make a difference in your other workouts and your overall fitness. Come enjoy this intense workout - and the music it's set to.

ALL LEVELS

Activity #	Date	Time	Day(s)
105234-01	Jan. 16-March 5	7:25-7:55 p.m.	Tue
105234-02	Jan. 20-March 9	10:15-10:45 a.m.	Sat

GREAT SHAPES/LOW IMPACT

INSTRUCTOR(S): Ellen Blaha

AGE(S): 14 and up

RATE: \$85 | **RESIDENT RATE:** \$70

Join this super-supportive class to add steps to the day and improve cardiovascular fitness, strength and flexibility. Move to the music with easy to learn steps that can be adjusted for high/low format. Hand-weight exercises for upper body, floorwork and stretching complete each workout.

ALL LEVELS

Activity #	Date	Time	Day(s)
105203-01	Jan. 16 - March 7	6:30-7:45 p.m.	Tue/Thu

ALL LEVELS

Activity #	Date	Time	Day(s)
105203-02	Jan. 17 - March 11	1:15-2:15 p.m.	Mon/Wed

KETTLEBELL STRENGTH

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$22 | **RESIDENT RATE:** \$17

This full-body workout emphasizes core, stamina and overall conditioning. Whether you're new or experienced with kettlebells you'll be amazed at what they bring to your strength training practice.

ALL LEVELS

Activity #	Date	Time	Day(s)
105236-01	Jan. 20-March 9	9:30-10 a.m.	Sat

HIP HOP STRENGTH

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

What better mix for your fit than a weights class choreographed to your favorite hip hop and pop music? We will push your muscles as we blast the beats. Be ready to sweat!

ALL LEVELS

Activity #	Date	Time	Day(s)
105292-01	Jan. 22-March 11	6:45-7:45 p.m.	Mon

HIP HOP CARDIO

INSTRUCTOR(S): Marietta Weaver

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

This energetic, low/high intensity class will get your heart pumping while you express your inner rhythm. Get ready for a full body workout, simple to follow choreography and fresh dance combos.

ALL LEVELS

Activity #	Date	Time	Day(s)
105217-01	Jan. 17-March 6	6:35 -7:35 p.m.	Wed

LaBLAST® DANCE FITNESS

INSTRUCTOR(S): Rachel Chilton^

Katy Tombaugh^^

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

A life-changing dance fitness program that inspires the mind and transforms the body while teaching the true skill of dance. Inspired by Dancing with the Stars, this energizing class blends ballroom dancing with calorie-blasting interval training.

ALL LEVELS

Activity #	Date	Time	Day(s)
105210-01^^	Jan. 22-March 11	5:15-6 p.m.	Mon
105210-02^	Jan. 17-March 6	5:15-6 p.m.	Wed

LET'S DANCE

INSTRUCTOR(S): Linda Scovern

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

This cardio class includes Zumba, Hip Hop and LaBlast Dance Fitness songs for a fun and varied workout. Modifications for all steps/moves are provided. A stretch and cool down is included at the end.

ALL LEVELS

Activity #	Date	Time	Day(s)
105204-01	Jan. 17-March 6	9:15 -10:15 a.m.	Wed

LIFT & HIIT

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

This strength class will take your fit to the next level using weights, kettlebells, steps and discs for a muscle-building, metabolism-boosting, core-rocking workout that changes each week. You will tone and strengthen all large muscle groups plus work in cardio with modifications given for all fitness levels.

ALL LEVELS

Activity #	Date	Time	Day(s)
105235-01	Jan. 17-March 6	7-8 p.m.	Wed

LOW IMPACT INTERVALS

INSTRUCTOR(S): Trish Redd^

Sandee McCann^^

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Join us for a class that offers a total body workout with a fun mixture of great and motivating music that includes cardio, strength training and stretching. Choreography is created so you can keep your workout level low, medium or high.

ALL LEVELS

Activity #	Date	Time	Day(s)
105201-01^	Jan. 22-March 11	8-9 a.m.	Mon
105201-02^	Jan. 17-March 6	8-9 a.m.	Wed
105201-03^^	Jan. 19-March 8	8-9 a.m.	Fri

TIME "CRUNCH" TONER

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

Why wait until after work when you can get your desired results in the middle of your workday? This workout focuses on complete body and core conditioning.

ALL LEVELS

Activity #	Date	Time	Day(s)
105251-01	Jan. 17-March 6	11:45a.m.-12:30 p.m.	Wed

MUSCLES IN MOTION

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

This is a weight-training class that uses resistance tools to train specific muscles in order to improve muscular tone, strength and endurance. You will burn more fat while gaining lean muscle.

RATE: \$35 | **RESIDENT RATE:** \$25

ALL LEVELS

Activity #	Date	Time	Day(s)
105207-01	Jan. 22-March 11	12:15 -1 p.m.	Mon

RATE: \$45 | **RESIDENT RATE:** \$35

ALL LEVELS

Activity #	Date	Time	Day(s)
105207-02	Jan. 16 - March 5	7:45 -8:45 p.m.	Tue
105207-03	Jan. 18 - March 7	7:45 -8:45 p.m.	Thu
105207-04	Jan. 19 - March 8	10:30 -11:30 a.m.	Fri

TOTAL BODY STRENGTH

INSTRUCTOR(S): Linda Amici

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Designed to build strength, endurance and muscle mass to speed metabolism. Experienced and new participants alike will benefit from weight-bearing exercises, core training and stretching for a complete workout. *Weights and mats are provided but bring water.*

ALL LEVELS			
Activity #	Date	Time	Day(s)
105224-01	Jan. 17-March 6	5:30 -6:30 p.m.	Wed

TOTAL BODY BOOTCAMP

INSTRUCTOR(S): Karma Whitford

AGE(S): 14 and up

RATE: \$65 | **RESIDENT RATE:** \$50

Class will feature functional training exercises and high intensity training work to get you feeling refreshed and energized for the rest of your day.

ALL LEVELS			
Activity #	Date	Time	Day(s)
105273-01	Jan. 17-March 11	6:15-7 a.m.	Mon/Wed

DANCE FITNESS & CORE

INSTRUCTOR(S): Katy Tombaugh

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Dancing is not just a fun stress buster. It is one of the many ways you can improve heart health and physical fitness. We will end each class training our core to be stronger and improve posture.

ALL LEVELS			
Activity #	Date	Time	Day(s)
105279-01	Jan. 19-March 8	9:15 -10:15 a.m.	Fri

CYCLE AND CORE

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

A fun, heart-pounding workout with core work set to great music. Perfect for everyone since you control the resistance and pedal speed creating just the right intensity for you.

ALL LEVELS			
Activity #	Date	Time	Day(s)
105223-01	Jan. 16-March 5	9:30 -10:30 a.m.	Tue
105223-02	Jan. 20-March 9	8:30 -9:30 a.m.	Sat

CYCLE FUSION

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

A combination of indoor cycling, strength and core. You never know what you are going to get.

INTERMEDIATE/ADVANCED			
Activity #	Date	Time	Day(s)
105222-01	Jan. 22-March 11	9:15-10:15 a.m.	Mon
105222-02	Jan. 17-March 6	9:15-10:15 a.m.	Wed
105222-03	Jan. 19-March 8	9:15-10:15 a.m.	Fri

16↓ PARTICIPANTS UNDER THE AGE OF 16

Anyone under the age of 16 must have an adult enroll and accompany them to class.

IMMERSIVE CYCLING

INSTRUCTOR(S): Terrie Stolte

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Take to the roads without leaving the Community Center. Experience cycling adventures in the U.S. and around the world riding many of the beautiful roads in many major cities.

ALL LEVELS			
Activity #	Date	Time	Day(s)
105249-01	Jan. 16-March 5	7:15-8:15 a.m.	Tue
105249-02	Jan. 18-March 7	7:15-8:15 a.m.	Thu
105249-02	Jan. 18-March 7	9-10 a.m.	Thu

SPIN FOR FUN

INSTRUCTOR(S): Marcy Ey

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

With no complicated moves to learn, this class offers top-notch instructors and music that begs your legs to pedal. Going nowhere can really take you places!

ALL LEVELS			
Activity #	Date	Time	Day(s)
105227-01	Jan. 22-March 11	5-6 p.m.	Mon

SUNRISE CYCLE

INSTRUCTOR(S): Ashley Wechter[^]
Terrie Stolte[^]

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Get a jump-start with intervals, rolling hills, sprints, climbs and jumps, all to great energizing music. This class will leave you feeling invigorated and ready to start your day!

INTERMEDIATE			
Activity #	Date	Time	Day(s)
105257-01 [^]	Jan. 22-March 11	6-7 a.m.	Fri
105257-02 ^{^^}	Jan. 22-March 11	6-7 a.m.	Wed
105257-03 [^]	Jan. 22-March 11	6-7 a.m.	Mon

ZUMBA

INSTRUCTOR(S): Beth Henman[^]

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

A dance fitness class that is fun, high-energy and makes you feel amazing! We'll take the "work" out of your workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance party. With its great music this class will feel like exercise in disguise.

ALL LEVELS			
Activity #	Date	Time	Day(s)
105219-01	Jan. 16-March 5	6:15-7:15 p.m.	Tue

STEP & SCULPT

INSTRUCTOR(S): Terri Hurtt

AGE(S): 14-75

RATE: \$85 | **RESIDENT RATE:** \$70

A high-intensity step workout using basic step patterns to strengthen the cardiovascular system while having fun. Using weights, bands and/or bars, this class will sculpt and tone from head to toe. *General step proficiency is recommended.*

ALL LEVELS			
Activity #	Date	Time	Day(s)
105206-01	Jan. 16-March 7	6:35-7:35 p.m.	Tue/Thu



DYNAMIC PILATES

INSTRUCTOR(S): Lara Uher

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Get invigorated and relax by integrating basic and intermediate Pilates exercises using small Pilates equipment, yoga poses and mindfulness-based stress reduction. Integrating disciplines will promote a stronger, leaner, more flexible body, while supporting core strength, spinal alignment, overall concentration and connection with the body. *Please bring a yoga mat.*

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
105209-01	Jan. 17-March 6	5:30 -6:30 p.m.	Wed

QIGONG

INSTRUCTOR(S): Tony Palumbo

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Decrease your stress levels, improve your mental functioning and enhance your spirituality. Qigong is an ancient Chinese healing practice that combines meditation, controlled breathing and gentle movement. This practice uses more flowing movements which are low impact and good for all levels of fitness.

ALL LEVELS

Activity #	Date	Time	Day(s)
105211-02	Jan. 21- March 10	12-1 p.m.	Sun

STRENGTH & MORE

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Tone up and sculpt a strong, lean, fit body. Research suggests that lifting weights can reduce your risk of osteoporosis and increase your metabolic rate. If you've never lifted weights before, or simply want to build on your established routine, you'll find this class motivating and helpful.

ALL LEVELS

Activity #	Date	Time	Day(s)
105233-01	Jan. 22- March 11	10:30-11:30 a.m.	Mon
105233-02	Jan. 17-March 6	10:30-11:30 a.m.	Wed

TAI CHI FOR HEALTH

INSTRUCTOR(S): Tony Palumbo

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Practiced using a series of slow movements and focused breathing techniques that build balance and strength. Participants will relax while enjoying the many health benefits including memory improvement, low-impact exercise and risk of fall reduction.

ALL LEVELS

Activity #	Date	Time	Day(s)
105211-01	Jan. 21-March 10	11 a.m.-12 p.m.	Sun

STRETCH & STRENGTHEN

INSTRUCTOR(S): Rachel Chilton

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

Learn movements designed to increase your range of motion, improve strength and relieve pain in the body. Areas of focus will include shoulders, back, hips, ankles and more!

ALL LEVELS

Activity #	Date	Time	Day(s)
105275-01	Jan. 16- March 5	5:15 -6 p.m.	Tue

BELLY DANCING

INSTRUCTOR(S): Zahra Zuhair

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Belly dancing is a low impact, total body workout for women and men of any age or fitness level. This class will include lots of drills and combinations to work your entire body. Traditionally practiced barefoot or with a soft dance shoe. *Bring a hip scarf or a simple shawl to tie around the hips, water and a towel.*

BEGINNER

Activity #	Date	Time	Day(s)
105218-01	Jan. 22-March 11	6- 7 p.m.	Mon

LEVEL II

Activity #	Date	Time	Day(s)
105218-02	Jan. 22-March 11	7-8 p.m.	Mon

MELLOW MONDAY

INSTRUCTOR(S): Cole Herman

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Perfect for beginners or those wanting to take it slow in a fun and supportive environment. We focus on connecting the body with the breath to reduce stress and anxiety while increasing flexibility, mobility, strength and balance. *Participants must be able to get up and down from the floor. Please bring a mat, two blocks and a yoga strap.*

ALL LEVELS

Activity #	Date	Time	Day(s)
105221-01	Jan. 22-March 11	6:30-7:30 p.m.	Mon

POWER FLOW WITH WEIGHTS

INSTRUCTOR(S): Carmen Rankin

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Strengthen bones, tone muscles, build stamina and increase energy with this dynamic class. We will combine mindful yoga movements with strength-based exercises to give you a full body workout.

ALL LEVELS

Activity #	Date	Time	Day(s)
105293-01	Jan. 19- March 8	8:15-9:15 a.m.	Fri

GUIDED YOGA

INSTRUCTOR(S): Lucilene Ayers

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

This class emphasizes the sequential movement between postures coordinated with a guided breath. The practice becomes a moving meditation that creates strength and freedom in the body and mind.

ALL LEVELS

Activity #	Date	Time	Day(s)
105289-01	Jan. 19- March 8	6-7 a.m.	Fri



VINYASA YOGA

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

In this class you will link several poses together to create strength, flexibility, endurance and balance working all parts of the body. Leave feeling refreshed, elongated and strong. *Please bring a yoga mat.*

INTERMEDIATE			
Activity #	Date	Time	Day(s)
105208-01	Jan. 18-March 7	10:30-11:30 a.m.	Thu

POWER YOGA

INSTRUCTOR(S): Kate Manteenieks

AGE(S): 14 and up

RATE: \$75 | **RESIDENT RATE:** \$60

Class starts with gentle stretching and builds energy with sun salutations linking one breath per movement. Explore balancing poses and hold traditional peak poses. Class ends with core work, stretching and savasana. Leave feeling energized, vibrant and peaceful.

INTERMEDIATE			
Activity #	Date	Time	Day(s)
105213-01	Jan. 17-March 6	6-6:50 a.m.	Wed

PRENATAL YOGA

INSTRUCTOR(S): Katy Tombaugh

AGE(S): 18 and up

RATE: \$90 | **RESIDENT RATE:** \$75

You will be lead through safe, gentle exercises for flexibility and strength and practice powerful breathing and relaxation techniques, positioning and comfort measures. *No yoga experience required. Please bring a yoga mat.*

ALL LEVELS			
Activity #	Date	Time	Day(s)
105238-01	Jan. 22-March 11	6:15-7:15 p.m.	Mon

CANDLELIGHT SLOW FLOW

INSTRUCTOR(S): Melissa Hoyt

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Melt off your week by unwinding in the soft glow of electric candles, relaxing vibes and a slower flow. Enjoy deep stretching to get you fully ready and relaxed for your weekend.

ALL LEVELS			
Activity #	Date	Time	Day(s)
105220-01	Jan. 19-March 8	6-7 p.m.	Fri

YOGA FOR BODY AND MIND

INSTRUCTOR(S): Sean Joshii

AGE(S): 40 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Learn age-old, time-tested techniques with an emphasis on core strength, flexibility and balance; as well as concentration and breath control in a supportive, non-judgmental environment. This class is based on physical postures (Asanas), deep breathing techniques (Pranayamas), Hasya Yoga (laughter yoga), guided muscle relaxation, mindfulness and listening to the body.

ALL LEVELS			
Activity #	Date	Time	Day(s)
105254-01	Jan. 17-March 6	6:40 a.m.-7:40 a.m.	Wed

FIT FLOW YOGA

INSTRUCTOR(S): Carmen Rankin

AGE(S): 18 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Increase balance, coordination, flexibility, energy and focus. This class will target the entire body by flowing through dynamic movements synced to your breathing.

ALL LEVELS			
Activity #	Date	Time	Day(s)
105226-01	Jan. 14-March 3	11:30-12:30 p.m.	Sun

16↓ PARTICIPANTS UNDER THE AGE OF 16

Anyone under the age of 16 must have an adult enroll and accompany them to class.

RESOLUTION REFRESH

INSTRUCTOR(S): Melissa Hoyt

AGE(S): 14 and up

RATE: \$15 | **RESIDENT RATE:** \$10

Led by an expert in the wellness industry, we will increase awareness of what holds us back and makes sticking to resolutions so difficult. Prepare to learn, move and engage to shift our thinking about our New Year's Resolutions and make change happen in 2024!

ALL LEVELS			
Activity #	Date	Time	Day(s)
105212-01	Jan. 28	11 a.m.-12:30 p.m.	Sun

YOGA FOR HEALTH

INSTRUCTOR(S): Gwen Surratt

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Learn standing, balancing, sun salutations, seated and reclining poses, breath (Pranayama) practice and meditations. Must be able to get to and from the floor. Appropriate for beginners and any one who wants to refresh their yoga practice. *Please bring two blocks, a strap and a mat.*

ALL LEVELS			
Activity #	Date	Time	Day(s)
105265-01	Jan. 18-March 7	6:15-7:15 p.m.	Thu

CIRCUIT STRENGTH

INSTRUCTOR(S): Karma Whitford

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Break up the work day with this circuit-based class that is designed for participants of all fitness levels and will challenge all major muscle groups using traditional strength training exercises and a variety of equipment. This whole-body workout will incorporate bodyweight and resistance training exercises.

ALL LEVELS			
Activity #	Date	Time	Day(s)
105259-01	Jan. 19-March 8	12-1 p.m.	Fri



SPORTS

LITTLE BALLERS BASKETBALL

INSTRUCTOR: Bally Sports Bally

RATE: \$100 | **RESIDENT RATE:** \$85

Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense and the concept of game play. The curriculum incorporates fun terminology and engaging activities. A positive and encouraging atmosphere is created. Each week players participate in developmentally appropriate instruction and recreational non-competitive game play.

AGE(S): 4-5			
Activity #	Dates	Time	Day(s)

106106-01	Jan. 22-Feb. 26	4:30-5:30 p.m.	Mon
106106-03	March 11-April 8	5:30-6:30 p.m.	Mon

AGE(S): 6-7			
Activity #	Dates	Time	Day(s)

106106-02	Jan. 22-Feb. 26	5:30-6:30 p.m.	Mon
106106-04	March 11-April 8	6:30-7:30 p.m.	Mon



BASKETBALL

Join us for this laid-back and inclusive setting for recreational basketball. Perfect for those who prefer a non-competitive, social and active basketball experience.

Rate \$8 | Resident Rate 5
18 and up

Thursdays from 6-8 p.m.
Westerville Community Center
Gymnasium | 350 N. Cleveland Ave.

MEN'S BASKETBALL LEAGUE

INSTRUCTOR: Recreation Staff

AGE(S): 18 and up

RATE: \$545 | **RESIDENT RATE:** \$515

This competitive league is for teams that have experience playing in a competitive environment, such as high school or college. Interested teams may contact the Sports Program Manager at sports@westerville.org.

Activity #	Dates	Time	Day(s)
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106204-01	Jan. 24-March 27	6-9 p.m.	Wed
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ADULT ROLLER HOCKEY LEAGUE- ALL LEVELS

INSTRUCTOR: Recreation Staff

ACS

AGE(S): 18 and up

RATE: \$15 | **RESIDENT RATE:** \$10

Players are asked to register and then free agents, small groups and already formed teams will be created. Equipment is available for no charge. If you have any questions, please contact the Program Manager at steve.baxter@westerville.org.

Activity #	Dates	Time	Day(s)
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206168-01	March 25-May 20	9 a.m.-5 p.m.	Sat
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STREET JACKETS SKILLS & DRILLS

INSTRUCTOR: Recreation Staff

FREE

This sneaker-only course will progress weekly in skill development and hockey skills such as stick control, passing, shooting, coordination and movement. Classes will consist of a short warm-up followed by skill development drills and game play. All equipment will be provided, however participants may use their own equipment, if desired.

AGE(S): 6-9			
Activity #	Dates	Time	Day(s)

106160-01	Jan. 30-Feb. 27	6-7 p.m.	Tue
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AGE(S): 10-13			
Activity #	Dates	Time	Day(s)

106160-02	Jan. 30-Feb. 27	7:15-8:15 p.m.	Tue
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GOLF LESSONS

INSTRUCTOR: Gary Bower

Each lesson will cover grip, stance, ball position, why golfers slice, top and hook the ball, and how to correct them. Plastic teaching balls will be provided each class. Students only need to bring a set of golf clubs. Taught by a director of golf/teaching professional.

RATE: \$35 | **RESIDENT RATE:** \$20

AGE(S): 8-18			
Activity #	Dates	Time	Day(s)

106201-02	Jan. 17-Feb. 17	6-6:50 P.M.	Wed
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RATE: \$75 | **RESIDENT RATE:** \$60

AGE(S): 18 and up			
Activity #	Dates	Time	Day(s)

106201-01	Jan. 17-Feb. 17	7-7:50 p.m.	Wed
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KIDS IN KARATE

INSTRUCTOR: Free Spirit

This program, designed for all ages, is under direction Grand Master Jon Stephens of the Free Spirit, LLC Karate Clubs. Karate will improve your child's sports, school, and social activities.

RATE: \$105 | **RESIDENT RATE:** \$90

LIL KIK				AGE(S): 3-6
Activity #	Dates	Time	Day(s)	

106101-01	Jan. 9-Feb. 6	6:15-6:45 p.m.	Tue
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106101-02	Feb. 13-March 12	6:15-6:45 p.m.	Tue
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RATE: \$150 | **RESIDENT RATE:** \$135

KIDS IN KARATE AND ADULTS, TOO				AGE(S): 6 and up
Activity #	Dates	Time	Day(s)	

106101-03	Jan. 9-March 12	7-8:15 p.m.	Tue
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CLIMBING WALL

INSTRUCTOR: Recreation Staff

RATE: \$65 | **RESIDENT RATE:** \$50

Participants will learn the fundamentals of indoor rock climbing, build self-esteem and improve their physical fitness while taking part in fun and educational climbing games. At the end of the session the climber's can invite their favorite adult to join in the fun by climbing along with the class. *Participants must wear closed-toe rubber-soled shoes, all other equipment is provided.*

LIL CLIMBERS				AGE(S): 5-7
Activity #	Dates	Time	Day(s)	

109101-01	Jan. 23-Feb. 27	5:30-6:30 p.m.	Tue
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CLIMBING KIDS				AGE(S): 8-12
Activity #	Dates	Time	Day(s)	

109102-01	Jan. 23-Feb. 27	6:45-7:45 p.m.	Tue
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ADULT FUTSAL

Join us on Friday nights for this fun indoor activity. Whether you're a seasoned player or a beginner, this activity offers a welcoming environment for everyone.

Rate \$8 | Resident Rate 5
18 and up

Fridays from 6-8 p.m.
Westerville Community Center
Gymnasium | 350 N. Cleveland Ave.



PICKLEBALL CLINIC

RATE: \$30 | **RESIDENT RATE:** \$20

Learn basic knowledge and techniques of the game to make sure you are ready to play. Clinics are highly recommended for first time players to ensure they understand the game before taking the court to compete against others.

BEGINNER		AGE(S): 18 and up	
Activity #	Dates	Time	Day(s)
106114-01	Jan. 19	1-3 p.m.	Fri
106114-02	Jan. 26	1-3 p.m.	Fri
106114-03	Feb. 16	1-3 p.m.	Fri
106114-04	Feb. 23	3:15 -5:15 p.m.	Fri
106114-05	Jan. 20	12:30 -2:30 p.m.	Sat
106114-06	Feb. 16	3:15 -5:15 p.m.	Fri
106114-07	Feb. 24	2:45 -4:45 p.m.	Sat

This clinic is designed for experienced players who are looking to further improve their gameplay. Focusing on strategy, approach, and technique; this clinic will help set you up for a future as King of the Court!

INTERMEDIATE		AGE(S): 18 and up	
Activity #	Dates	Time	Day(s)
106115-01	Jan. 13	12 -2p.m.	Sat
106115-03	Jan. 20	1:45 -3:45 p.m.	Sat
106115-02	Feb. 17	12 -2p.m.	Sat
106115-04	Feb. 24	12 -2p.m.	Sat

PICKLEBALL LADDER LEAGUE

INSTRUCTOR: Recreation Staff

AGE(S): 18 and up

RATE: \$75 | **RESIDENT RATE:** \$60

This league is designed for play with others of similar skill levels. Your ranking on the ladder is based upon your winning percentage (ratio of total points won to total points possible). Each week, players will be placed in groups determined by their total score from the previous weeks.

Activity #	Dates	Time	Day(s)
106803-01	Jan. 29 -March 11	7-8:30 p.m.	Mon

PICKLEBALL DROP-IN

INSTRUCTOR: Recreation Staff

AGE(S): 18 and up

RATE: \$8 | **RESIDENT RATE:** \$5

Open play. All skill levels welcome. Nine courts available for play. Register to secure your spot!

Activity #	Dates	Time	Day(s)
106218-01	Jan. 7 -March 31	2:30 -5:30 p.m.	Sun



WINTER II PICKLEBALL

INSTRUCTOR: Recreation Staff

AGE(S): 18 and up

RATE: \$70 | **RESIDENT RATE:** \$55

In this open-play offering, pickleball players will increase skills, strategy and consistency while playing with a variety of partners and competitors. Please be sure to register for your proper skill level.

COMPETITIVE ADVANCED			
Activity #	Dates	Time	Day(s)
106112-01	Feb. 5 -March 27	12:30 -3 p.m.	Mon/Wed
106112-02	Feb. 6 -March 28	7 -9:30 a.m.	Tue/Thu

COMPETITIVE INTERMEDIATE			
Activity #	Dates	Time	Day(s)
106112-03	Feb. 5 -March 27	7 -9:30 a.m.	Mon/Wed
106112-04	Feb. 6 -March 28	9:45 a.m. -12:15 p.m.	Tue/Thu

NON-COMPETITIVE			
Activity #	Dates	Time	Day(s)
106112-05	Feb. 5 -March 27	9:45 a.m. -12:15 p.m.	Mon/Wed
106112-06	Feb. 6 -March 28	12:30 -3 p.m.	Tue/Thu

PICKLEBALL PLAY & LEARN

INSTRUCTOR: Andi Biernacki-Sweet

AGE(S): 18 and up

RATE: \$15 | **RESIDENT RATE:** \$10

For new players or those needing additional instruction. Instructors will be on-site to help with questions and offer advice. Designed for players who have recently completed Beginner Pickleball Clinic only. Those with more than two months experience may attend the intermediate session.

BEGINNER			
Activity #	Dates	Time	Day(s)
106216-01	Jan. 27	12 -2 p.m.	Sat

Designed for players who are interested in improving their skills. Instruction will be available to help guide players on techniques and approach during play to help take their game to the next level.

INTERMEDIATE			
Activity #	Dates	Time	Day(s)
106217-01	Feb. 24	12:30 -2:30 p.m.	Sat

EXCEL GIRLS YOUTH VOLLEYBALL LEAGUE

INSTRUCTOR: Excel Volleyball

RATE: \$140 | **RESIDENT RATE:** \$125

The focus of this league will be fundamentals, skills and communication along with developing the team concepts of game play. There will be a one-hour practice on Wednesday nights and all games will be on Sunday morning/afternoons. Everyone will receive a team shirt.

AGE(S): 7-10			
Activity #	Dates	Time	Day(s)
106104-01	Feb. 4 - March 17	10 -11 a.m.	Sun

AGE(S): 11-14			
Activity #	Dates	Time	Day(s)
106104-02	Feb. 4 - March 17	11 a.m. -12 p.m.	Sun

ADULT MIXED VOLLEYBALL LEAGUES

AGE(S): 18 and up

RATE: \$290 | **RESIDENT RATE:** \$275

If you're looking for a fun night with friends (recreational) or a game with a power-like league (competitive), these leagues are just for you! Leagues fill quickly.

COMPETITIVE VOLLEYBALL			
Activity #	Dates	Time	Day(s)
106802-01	Jan. 23 -March 19	6 -9 p.m.	Tue

RECREATIONAL VOLLEYBALL			
Activity #	Dates	Time	Day(s)
106802-02	Jan. 24 -March 20	6 -9 p.m.	Wed



Come to the eSports room and compete in a month-long competition in various games. Standings of wins or best times will be kept in the eSports room and prizes will be given to the leaders at the end of the month!

Included in your daily or monthly pass purchase.





ABC PRESCHOOL

123

SUPERHERO DAY

INSTRUCTOR(S): Recreation Staff

AGE(S): 2-8

RATE: \$15 | **RESIDENT RATE:** \$10

Bring out your little superhero for this superhero-themed day of games, crafts, snacks, an obstacle course and more! You can even meet a real-live superhero! Participants are welcome to dress up as their favorite superhero.

Activity #	Date	Time	Day(s)
101137-01	March 2	10 a.m.-12 p.m.	Sat

FAMILY YOGA AND DONUTS

INSTRUCTOR(S): The Balanced Child Method

AGE(S): 3-8

RATE: \$45 | **RESIDENT RATE:** \$35

Find your center! Families learn yoga, breathing and meditation techniques. Bring water and wear comfy clothes. Donuts will be available after the program.

Activity #	Date	Time	Day(s)
101148-01	Jan. 20	9:30-10:30 a.m.	Sat
101148-02	Feb. 10	9:30-10:30 a.m.	Sat
101148-03	March 9	9:30-10:30 a.m.	Sat

TUMBLING

INSTRUCTOR(S): Katie Delgado

RATE: \$75 | **RESIDENT RATE:** \$60

AGE(S): 18-36 months with adult

Children will be introduced to basic gymnastics skills while working on increasing coordination, balance and strength. We will sing songs and use our imaginations to make learning the new skills lots of fun!

Activity #	Date	Time	Day(s)
101143-01	Feb. 6-Feb. 27	10-10:30 a.m.	Tue
101143-03	Feb. 3-Feb. 24	10-10:30 a.m.	Sat

AGE(S): 4-6

Children will be introduced to basic gymnastics vocabularies such as pike, tuck, straddle, forward rolls, handstands and cartwheels. We will work on building strength and coordination as well as increasing flexibility.

Activity #	Date	Time	Day(s)
101143-02	Feb. 6-Feb. 27	10:30-11:10 a.m.	Tue
101143-04	Feb. 3-Feb. 24	10:30-11:10 a.m.	Sat

MUSIC TOGETHER

INSTRUCTOR(S): Wholey Sisters

AGE(S): birth-6 with parent

RATE: \$190 per participant / \$25 per sibling

RESIDENT RATE: \$175 per participant / \$25 per sibling

Encourages the experience of music through free play. Classes include singing, games and use of movement and rhythm instruments for a multi-cultural curriculum developed by early childhood music experts and taught by a registered instructor. **A \$40 material fee is included.**

*No Class: Jan. 15

Activity #	Date	Time	Day(s)
101613-01	Jan. 8-March 11	5:15-6:15 p.m.	Mon
101613-02	Jan. 8-March 11	6:15-7 p.m.	Mon
101613-03	Jan. 10-March 6	9:30-10:15 a.m.	Wed
101613-04	Jan. 10-March 6	10:30-11:15 a.m.	Wed

KINDERDANCE

INSTRUCTOR(S): Lisa Coleman

Kindertots is designed to develop gross motor skills, movement creativity, physical development, and body awareness while learning numbers, colors, shapes and songs.

RATE: \$75 | **RESIDENT RATE:** \$60

KINDER TOTS **AGE(S):** 2

Activity #	Date	Time	Day(s)
101136-01	Jan. 16-Feb. 6	5:15-5:45 p.m.	Tue
101136-02	Feb. 13-March 5	5:15-5:45 p.m.	Tue

Class curriculum offers age-appropriate exposure to developmental milestones through dance and sensory-motor activities while nurturing the bond between caregiver and child.

RATE: \$160 | **RESIDENT RATE:** \$145

KINDERDANCE WITH ME

AGE(S): 15 months - 2 years with adult

Activity #	Date	Time	Day(s)
101135-03	Jan. 16-March 5	6-6:45 p.m.	Tue

HEARTS GALORE

INSTRUCTOR(S): Cathi Staysniak

RATE: \$17 | **RESIDENT RATE:** \$12

We will be busy as we craft, sing and eat to our HEARTS content. There will be red and pink everywhere as we create special projects for those we love. Come dressed in your favorite Valentine's day colors and be ready to have fun and maybe even get a bit messy. **Most sessions require an adult to take part in class.**

AGE(S): 18 - 36 months with adult

Activity #	Date	Time	Day(s)
101043-01	Feb. 12	9:15-10 a.m.	Mon
101043-08	Feb. 11	3:45-4:30 p.m.	Sun

AGE(S): 2-4 with adult

Activity #	Date	Time	Day(s)
101043-02	Feb. 12	10:15-11a.m.	Mon
101043-09	Feb. 11	4:45-5:30 p.m.	Sun

AGE(S): 2.5-5 with adult

Activity #	Date	Time	Day(s)
101043-05	Feb. 12	6-6:45 p.m.	Mon

AGE(S): 3-5 with adult

Activity #	Date	Time	Day(s)
101043-03	Feb. 12	11:30a.m.-12:15 p.m.	Mon

AGE(S): 4-6

Activity #	Date	Time	Day(s)
101043-04	Feb. 12	1-2 p.m.	Mon
101043-07	Feb. 11	2:15-3:15 p.m.	Sun

IMMERSED IN NATURE NIGHT

INSTRUCTOR(S): Recreation Staff

AGE(S): 3-7

RATE: \$20 | **RESIDENT RATE:** \$15

Sessions will be both outside (weather dependent) and inside. Enjoy exploring the natural world around you and create fun natural crafts and yummy snacks.

Activity #	Date	Time	Day(s)
101141-01	Jan. 18	5-7 p.m.	Thu
101141-02	Feb. 15	5-7 p.m.	Thu



BEDTIME YOGA

INSTRUCTOR(S): The Balanced Child Method

AGE(S): 1 and up

RATE: \$50 | **RESIDENT RATE:** \$40

This class helps children start the process of unwinding before bedtime. Students will learn poses, breathing techniques and bedtime stories to help decompress for the evening. Kiddos can even come dressed in their PJs! *Each child must register, but the adult is free.*

Activity #	Date	Time	Day(s)
101139-01	Jan. 16	6:30-7:15 p.m.	Tue
101139-02	Feb. 13	6:30-7:15 p.m.	Tue
101139-03	March 12	6:30-7:15 p.m.	Tue

SPORTIES FOR SHORTIES

INSTRUCTOR(S): Jump Bunch

RATE: \$90 | **RESIDENT RATE:** \$75

Each week will begin with kid-friendly warm-ups and exercises, an introduction to individual skills and equipment and simple rules of a different sports. Games, obstacle courses and a cool down will take place in each class to keep kids engaged and moving throughout the session.

AGE(S): 18-24 months with adult

Activity #	Date	Time	Day(s)
101007-01	Jan. 20-Feb. 24	9:30-10 a.m.	Sat

AGE(S): 3-4

Activity #	Date	Time	Day(s)
101007-02	Jan. 20-Feb. 24	10:10-45 a.m.	Sat

TODDLER TIME ROUND UP

INSTRUCTOR(S): Cathi Staysniak

RATE: \$80 | **RESIDENT RATE:** \$65

We will launch each class with a fun action story while children use large motor skills as we learn more about the story's theme. Activities will incorporate age-appropriate cognitive skills like ABCs, numbers, shapes and colors. Each session will bring new and exciting activities.

AGE(S): 1-2 with adult

Activity #	Date	Time	Day(s)
101610-01	Jan. 23-March 5	9:30-10 a.m.	Tue

AGE(S): 1.5-2.5 with adult

Activity #	Date	Time	Day(s)
101610-02	Jan. 23-March 5	10:15-10:45 a.m.	Tue

AGE(S): 1.5-3 with adult

Activity #	Date	Time	Day(s)
101610-04	Jan. 23-March 5	6-6:30 p.m.	Tue

AGE(S): 2-3 with adult

Activity #	Date	Time	Day(s)
101610-03	Jan. 23-March 5	10:45-11:15 a.m.	Tue

PJ PANCAKE PARTY

INSTRUCTOR(S): Cathi Staysniak

RATE: \$17 | **RESIDENT RATE:** \$12

We will sing silly songs, have a pancake race, read a very silly story about a pig and a pancake and lots more, all while relaxing in our pj's. Children are encouraged to wear their favorite pj's - just be sure they are ready for fun and can move easily.

AGE(S): 18-36 months with adult

Activity #	Date	Time	Day(s)
101008-01	Jan. 19	9:15-10 a.m.	Fri

AGE(S): 2-4 with adult

Activity #	Date	Time	Day(s)
101008-02	Jan. 19	10:15-11 a.m.	Fri

AGE(S): 3-5 with adult

Activity #	Date	Time	Day(s)
101008-03	Jan. 19	11:30 a.m.-12:15 p.m.	Fri

AGE(S): 2-5 with adult

Activity #	Date	Time	Day(s)
101008-04	Jan. 19	6-6:45 p.m.	Fri

AGE(S): 4-6

Activity #	Date	Time	Day(s)
101008-05	Jan. 19	1-2 p.m.	Fri
101008-06	Jan. 19	6:30 p.m.-7:15 p.m.	Fri

KIDS IN ACTION

INSTRUCTOR(S): Cathi Staysniak

AGE(S): 3-5

RATE: \$80 | **RESIDENT RATE:** \$65

Children will use and expand their cognitive and large motor skills when they dance and play games together. Together we will be silly as we exercise our brains and bodies. Each session will bring new and exciting activities. *Children will attend this class independently.*

Activity #	Date	Time	Day(s)
101116-01	Jan. 23-March 5	11:15 a.m.-12 p.m.	Tue
101116-02	Jan. 23-March 5	12-12:45 p.m.	Tue
101116-03	Jan. 23-March 5	6:45-7:30 p.m.	Tue

PRE-K PARKOUR

INSTRUCTOR(S): 614 Parkour Coach Theo

AGE(S): 3-5

RATE: \$85 | **RESIDENT RATE:** \$70

Improve the fundamentals of your skills in a safe and inclusive environment following three goals: be safe, have fun and learn. Throughout the session, participants will be running, jumping, climbing and rolling in order to travel from one point to another in the quickest and efficient way possible.

Activity #	Date	Time	Day(s)
102153-01	Jan. 17-Feb. 21	4:30-5:15 p.m.	Wed
102153-04	Feb. 28-March 27	4:30-5:15 p.m.	Wed

NATURAL PAINTING

INSTRUCTOR(S): Recreation Staff

AGE(S): 3-7

RATE: \$15 | **RESIDENT RATE:** \$10

Have your preschoolers be immersed into nature and art and create their very own nature masterpieces. Get hands-on and create and mix your own nature paint out of natural materials, then try your hand at creating your own masterpiece with the paints.

Activity #	Date	Time	Day(s)
101142-01	Jan. 25	3-4 p.m.	Thu
101142-02	Feb. 22	3-4 p.m.	Thu

CRAZY ART ADVENTURES

INSTRUCTOR(S): Cathi Staysniak

AGE(S): 4-6

RATE: \$80 | **RESIDENT RATE:** \$65

We will make exciting, open-ended art projects. Activities such as games, stories and music will compliment the art project for the day. We will be a bit messy so wear something that is safe to get dirty. We will take advantage of the holidays that fall during each session, as well. *All materials included.*

AGE(S): 4-6

Activity #	Date	Time	Day(s)
101018-01	Jan. 25-Feb. 29	1:30-3 p.m.	Thu

HOOPSTER TOTS

INSTRUCTOR(S): Supertots

RATE: \$135 | **RESIDENT RATE:** \$120

Designed to introduce the fundamentals of basketball in a non-competitive and fun environment focusing on developing essential motor skills like shooting, passing and agility.

AGE(S): 2-3

Activity #	Date	Time	Day(s)
101144-01	Jan. 16-Feb. 27	4:30-5:15 p.m.	Tue

AGE(S): 3-4

Activity #	Date	Time	Day(s)
101144-02	Jan. 16-Feb. 27	5:30-6:15 p.m.	Tue

VOLLEYKATS

INSTRUCTOR(S): Supertots

RATE: \$135 | **RESIDENT RATE:** \$120

Children will master essential skills such as serving, passing, setting, along with communication and teamwork, while also enhancing their agility and hand-eye coordination.

AGE(S): 3-4

Activity #	Date	Time	Day(s)
101145-01	Jan. 18-Feb. 29	5:30-6:15 p.m.	Thu

AGE(S): 4-5

Activity #	Date	Time	Day(s)
101145-02	Jan. 18-Feb. 29	6:30-7:15 p.m.	Thu

AGE(S): 4-5.5

Activity #	Date	Time	Day(s)
101145-03	Jan. 18-Feb. 29	7:30-8:15 p.m.	Thu

HOCKEYTOTS

INSTRUCTOR(S): Supertots

RATE: \$135 | **RESIDENT RATE:** \$120

Kids will master essential skills like stick handling, passing and shooting, all while emphasizing communication and teamwork.

AGE(S): 3-4

Activity #	Date	Time	Day(s)
101146-01	Jan. 18-Feb. 29	5-5:45 p.m.	Thu

AGE(S): 4-5

Activity #	Date	Time	Day(s)
101146-02	Jan. 18-Feb. 29	6-6:45 p.m.	Thu

AGE(S): 4-5.5

Activity #	Date	Time	Day(s)
101146-03	Jan. 18-Feb. 29	7-7:45 p.m.	Thu

SOCCERTOTS

INSTRUCTOR(S): Supertots

RATE: \$95 | **RESIDENT RATE:** \$80

These soccer-themed classes focus on developing motor skills and self confidence for your ages; older classes focus more on developing core soccer skills and personal focus with an introduction to light competition. Instructor-to-student ratio is kept small to maximize individual development. **Parent participation required for ages 3 and under.**

AGE(S): 1.5-2 with adult

Activity #	Date	Time	Day(s)
101147-01	Feb. 6-March 5	9-9:45 a.m.	Mon

AGE(S): 2-3

Activity #	Date	Time	Day(s)
101147-02	Feb. 6-March 5	10-10:45 a.m.	Mon

AGE(S): 4.5-5.5

Activity #	Date	Time	Day(s)
101147-03	Jan. 16-Feb. 27	6:30-7:15 p.m.	Mon

THE PLAY SPOT

INSTRUCTOR(S): The Play Spot

RATE: \$45 | **RESIDENT RATE:** \$35

Your child will engage in purposeful play while growing their speech, sensory and motor skills in this class that combines the expertise of highly trained speech and occupational therapists with the joys of playtime using obstacle courses, sensory bins, crafts, story-time and fine-motor activities.

AGE(S): 18-36 months with adult

Activity #	Date	Time	Day(s)
101140-01	Jan. 17	10-10:45 a.m.	Wed
101140-04	Jan. 26	10-10:45 a.m.	Fri
101140-07	March 1	10-10:45 a.m.	Fri

AGE(S): 9 - 18 months with adult

Activity #	Date	Time	Day(s)
101140-02	Jan. 17	11-11:45 a.m.	Wed
101140-05	Jan. 26	11-11:45 a.m.	Fri
101140-08	March 1	11-11:45 a.m.	Fri

AGE(S): 3 - 5 with adult

Activity #	Date	Time	Day(s)
101140-03	Jan. 26	9-9:45 a.m.	Fri
101140-06	March 1	9-9:45 a.m.	Fri

LUCKY LEPRECHAUNS

INSTRUCTOR(S): Cathi Staysniak

RATE: \$17 | **RESIDENT RATE:** \$12

We will explore St. Patrick's Day through books, art projects, activity stations, games, songs and a very yummy snack. Each participant will have treasure to take home. Wear your green and be ready to play.

AGE(S): 18 months - 3 with adult

Activity #	Date	Time	Day(s)
101030-01	March 15	9:15-10 a.m.	Fri
101030-05	March 15	5:30-6:15 p.m.	Fri
101030-07	March 16	10-10:45 a.m.	Sat

AGE(S): 2-4 with adult

Activity #	Date	Time	Day(s)
101030-02	March 15	10:15-11 a.m.	Fri

AGE(S): 2.5-5 with adult

Activity #	Date	Time	Day(s)
101030-06	March 15	6:30-7:15 p.m.	Fri
101030-08	March 16	11-11:45 a.m.	Sat

AGE(S): 3-5 with adult

Activity #	Date	Time	Day(s)
101030-03	March 15	11:30 a.m.-12:15 p.m.	Fri

AGE(S): 4-6

Activity #	Date	Time	Day(s)
101030-04	March 15	1-2 p.m.	Fri
101030-09	March 16	12:15-1:15 p.m.	Sat

SUPERHERO BOOTCAMP

INSTRUCTOR(S): JumpBunch

RATE: \$85 | **RESIDENT RATE:** \$70

To be a superhero, you not only need to have a kind heart and willingness to help others, but also strength, agility, balance and speed. We will focus on learning these skills through fun games and activities such as "jumping over hot lava," "dodging fireballs," "lightsaber training," "scooter flying," "ghostbuster tag," and more.

AGE(S): 18 months - 3 with adult

Activity #	Date	Time	Day(s)
101142-01	Jan. 22-Feb. 26	5:30-6 p.m.	Mon

AGE(S): 3-4

Activity #	Date	Time	Day(s)
101142-02	Jan. 22-Feb. 26	6-6:45 p.m.	Mon

AGE(S): 5-6

Activity #	Date	Time	Day(s)
101142-03	Jan. 22-Feb. 26	6:45-7:30 p.m.	Mon



ADAPTIVE & INCLUSIVE

ACCESS TO RECREATION

INSTRUCTOR(S): Westerville CC staff

AGE(S): 6-17

RATE: \$7 | **RESIDENT RATE:** \$5

Have fun participating in a variety of experience that are non-sports related. Join us to have fun and socialize with friends and siblings! *Support staff are free.*

PARTICIPANT			
Activity #	Date	Time	Day(s)
115507-01	Jan. 26	4-6 p.m.	Fri
115507-02	Feb. 23	4-6 p.m.	Fri

EMPOWERED FITNESS TRAINING

INSTRUCTOR(S): Sam Smith

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

For individuals with disabilities that wish to become more adept at strength training on their own. Learn to workout on your own using a visual system developed by Valemee to increase your independence in accessing lifelong fitness. Steeped in best practices used in education and the fitness industry. *Caregivers and parents are welcome and encouraged to attend at no cost.*

Activity #	Date	Time	Day(s)
105291-01	Jan. 16- March 5	5-6 p.m.	Tue

SENSORY FRIENDLY GAMING

INSTRUCTOR(S): Adaptive Staff

AGE(S): 7 and up

FREE

Join us for a fun-filled afternoon of video games in a sensory-friendly environment. *Registration required. An adult or one support staff are welcome to attend.*

Activity #	Date	Time	Day(s)
115510-01	Jan. 17	1-3 p.m.	Wed

BAGELS AND BOARD GAMES

INSTRUCTOR(S): Adaptive Staff

AGE(S): 3 and up

FREE

Work on your board game skills, enjoy some light refreshments and hear about upcoming programming while socializing with friends. You will also be able to let us know what classes you would like. All are welcome and refreshments will be provided! *Registration required.*

Activity #	Date	Time	Day(s)
115509-01	Jan. 12	4-6 p.m.	Fri
115509-02	Feb. 2	4-6 p.m.	Fri

DSACO

Sensory Friendly Swim & Gym

Sunday, Feb. 25

5:30-7 p.m.

Ages 2-15

\$5 family donation

Join us for an inclusive program where families can swim without the crowds at a discounted rate. It is designed for individuals with disabilities and their families. Siblings and parents are welcome. The slides and features will be on but the bucket will be off.

FAMILY-FRIENDLY MOVIE NIGHT

INSTRUCTOR(S): Adaptive Staff

AGE(S): 3 and up

FREE

Wear something comfortable, sleeping bags or blankets are optional, for this movie night. Popcorn will be provided! *Registration required. An adult or one support staff are welcome to attend.*

Activity #	Date	Time	Day(s)
115500-01	Jan. 27	6-8 p.m.	Sat

SENSORY FRIENDLY OPEN GYM

Enjoy open gym play in the MAC gym without the addition of crowds. One adult or support staff member is free. This is a drop-in event so registration is not required.

Ages 6 and up
Fraturdays, Jan. 19 and Feb. 16
6-7:30 p.m.
\$5

BOWLING TRIP

INSTRUCTOR(S): Adaptive Staff

AGE(S): 3-17

RATE: \$10 | **RESIDENT RATE:** \$10

Join us for this afternoon of fun. An email containing trip details will be sent out prior to the event. An adult or one support staff member are free.

Activity #	Date	Time	Day(s)
115511-01	Feb. 16	2-4 p.m.	Fri

CUPID'S COOKIE DECORATING

INSTRUCTOR(S): Adaptive Staff

AGE(S): 7 and up

RATE: \$5 | **RESIDENT RATE:** \$5

This will be a frosting-filled afternoon of cookie decorating. Please report any dietary restrictions to the Adaptive/Inclusive Program Supervisor at shane.thompson@westerville.org after registering. *One adult or one support staff member are free.*

Activity #	Date	Time	Day(s)
115508-01	Feb. 10	3-5 p.m.	Sat





YOUTH/TEEN

DRAMA KIDS

INSTRUCTOR(S): Drama Kids
AGE(S): 6-11

RATE: \$165 | **RESIDENT RATE:** \$150

Develop important confidence-building skills through developmental drama activities including never-before seen skits, games, improv scenes and more. Students become more confident and their self-esteem blooms. While your child will certainly gain acting skills, our main goal is to help children develop the skills they need to succeed in life.

Activity #	Date	Time	Day(s)
102172-01	Jan. 18- March 7	6-7 p.m.	Thu

YOUTH CERAMICS

INSTRUCTOR(S): Audrey McCutchen[^]
 Chris Powell^{^^}

RATE: \$100 | **RESIDENT RATE:** \$80

Participants will learn various hand-building techniques as they work on individual projects. Students will work independently and with instruction. The potter's wheel will be introduced.

AGE(S): 10-13

Activity#	Date	Time	Day(s)
107131-01 [^]	Jan. 22- March 4	5-6 p.m.	Mon

AGE(S): 14-17

Activity#	Date	Time	Day(s)
107131-02 ^{^^}	Jan. 18- March 7	5-6 p.m.	Thu

ROBOTHINK ROBOTICS DEMOLITION ROBOTS

INSTRUCTOR(S): RoboThink Robotics
AGE(S): 6-13

RATE: \$175 | **RESIDENT RATE:** \$150

Join this fun and exciting robotics programs based on imagining, building and playing while learning engineering concepts. Each week you will build and redesign your own robots and compete in challenging DEMOLITION activities against your fellow classmates using steamrollers, power drills, wrecking balls and more.

Activity #	Date	Time	Day(s)
102176-01	Jan. 23- Feb. 20	5-6:30 p.m.	Wed

COOKING CARAVAN

INSTRUCTOR(S): Cooking Caravan
AGE(S): 6-14

RATE: \$55 | **RESIDENT RATE:** \$45

You will be lead in a step-by-step presentation on how to cook new recipes they can make at home for their family and friends. Class takes place in the state-of-the-art Community Center demonstration kitchen. *All supplies included.*

DELICIOUS, NUTRITIOUS SMOOTHIES

Activity#	Date	Time	Day(s)
102152-00	Jan. 20	3:30-4:30 p.m.	Sat

DIPPED IN CHOCOLATE

Activity#	Date	Time	Day(s)
102152-01	Feb. 10	3:30-5 p.m.	Sat

ULTIMATE GRILLED CHEESE

Activity#	Date	Time	Day(s)
102152-02	Feb. 24	3:30-5 p.m.	Sat

PASTA 101: FETTUCCINE

Activity#	Date	Time	Day(s)
102152-03	March 9	3:30-5 p.m.	Sat

FENCING

INSTRUCTOR(S): Isabel Alvarez, *Profencing*

FEN

AGE(S): 7-14

RATE: \$205 | **RESIDENT RATE:** \$190

Students will learn the sport of fencing and develop strong fencing skills, coordination, focus, and balance while understanding the basic rules. Equipment will be provided.

Activity #	Date	Time	Day(s)
102190-01	Feb. 3- Feb. 28	4:30-5:30 p.m.	Wed/Sat
102190-02	March 2- March 30	4:30-5:30 p.m.	Wed/Sat

AMERICAN RED CROSS BABYSITTING

INSTRUCTOR(S): Amy Rudawsky
AGE(S): 10-17

RATE: \$75 | **RESIDENT RATE:** \$60

Ideal for current and future baby-sitters, this course will teach the best way to keep the children in your care safe. Participants will learn to perform first aid, including responding effectively to emergencies, basic care routines and handling an illness. Includes a guidebook with helpful information and certification cards for successful completion of the class. Students should bring paper, pencil, newborn-sized doll or stuffed animal, a packed lunch and a snack.

Activity #	Date	Time	Day(s)
102110-01	Jan. 20	9 a.m.-1:30 p.m.	Sat
102110-02	Feb. 10	9 a.m.-1:30 p.m.	Sat

CHESS

INSTRUCTOR(S): Kyle Jones,
The Jones Chess Academy

AGE(S): 6-14

RATE: \$95 | **RESIDENT RATE:** \$85

Candidate Master Instructor Kyle Jones will provide students with the opportunity to learn chess for beginner and novice players with the goal of increasing confidence in their game. World champion openings, ideas in the middle game, endgame patterns, tactical motifs and elements will be examined and discussed. Students will be given the opportunity to play against one another in our weekly club tournament for prizes.

Activity #	Date	Time	Day(s)
102180-01	Jan. 17- Feb. 7	5:15-6 p.m.	Wed
102180-02	Feb. 14- March 6	5:15-6 p.m.	Wed





HOMESCHOOL SCIENCE

INSTRUCTOR(S): RT Dreamy Designs

AGE(S): 5-10

RATE: \$15 | **RESIDENT RATE:** \$10

Homeschool students are invited to meet new friends and be immersed in various science related activities, lessons and experiments.

Activity #	Date	Time	Day(s)
102173-01	Jan. 16	10-11:15 a.m.	Tue
102173-02	Feb. 13	10-11:15 a.m.	Tue

THE HOMESCHOOL GYM

INSTRUCTOR(S): Recreation Staff

AGE(S): 5-10

RATE: \$75 | **RESIDENT RATE:** \$60/ \$30 per sibling

We will learn through a variety of games and activities that are both fun and educational. The goal is to provide an atmosphere in which children of varying ages can come together and learn physical skills that will lead them to a lifetime of health, fitness and fun.

AGE(S): 5-8			
Activity #	Date	Time	Day(s)
102178-01	Jan. 19 - Feb. 26	12-12:45 p.m.	Fri
102178-02	Jan. 19 - Feb. 26	1-1:45 p.m.	Fri
102178-03	Jan. 19 - Feb. 26	2-2:45 p.m.	Fri

PARKOUR

INSTRUCTOR(S): 614 Parkour Coach Theo

AGE(S): 6-11

RATE: \$95 | **RESIDENT RATE:** \$80

Improve the fundamentals of your skills in a safe and inclusive environment following three rules: be safe, have fun and learn. Throughout the session, participants will be running, jumping, climbing and rolling in order to travel from one point to another in the quickest and most efficient way possible.

Activity #	Date	Time	Day(s)
102153-02	Jan. 18- Feb. 8	5:30-6:30 p.m.	Wed
102153-03	Jan. 17- March 6	6:30-7:30 p.m.	Wed

SUPERHERO DAY

INSTRUCTOR(S): Recreation Staff

AGE(S): 2-8

RATE: \$15 | **RESIDENT RATE:** \$10

Bring out your little superhero for this superhero-themed day of games, crafts, snacks, an obstacle course and more! You can even meet a real-live superhero! Participants are welcome to dress up as their favorite superhero.

Activity #	Date	Time	Day(s)
101137-01	March 2	10 a.m.-12 p.m.	Sat

WILDERNESS SURVIVAL 101

INSTRUCTOR(S): Recreation Staff

AGE(S): 8-14

RATE: \$60 | **RESIDENT RATE:** \$50

Learn basic skills and techniques that will help you in a survival situation including knots, fire starting basics, solar oven cooking, what to forge, shelter building and more.

Activity #	Date	Time	Day(s)
102174-01	Jan. 17-Feb. 21	4-5 p.m.	Wed

LUCKY LEPRECHAUNS

INSTRUCTOR(S): Cathi Staysniak

AGE(S): 6-8

RATE: \$17 | **RESIDENT RATE:** \$12

We will explore St. Patrick's Day through books, art projects, activity stations, games, songs and a very yummy snack. Each participant will have treasure to take home. *Wear your green and be ready to play.*

Activity #	Date	Time	Day(s)
101030-10	March 15	1:30-2:30 p.m.	Fri

GUITAR FOR BEGINNERS

INSTRUCTOR(S): Prasant Joshii

AGE(S): 8-12

RATE: \$85 | **RESIDENT RATE:** \$70

Class will focus on guitar techniques through playing songs each week. Students will learn basic introduction to guitar playing. No previous guitar experience needed. Bring to class: 3/4 size 6 string acoustic guitar and picks, Alfred's Kid's Guitar Course 1; ISBN 10: 1-4706-3331-0; ISBN 13: 978-1-4706-3331-8 and a music stand.

Activity #	Date	Time	Day(s)
107100-01	Jan. 16 - Feb. 13	6-6:30 p.m.	Tue

HEARTS GALORE

INSTRUCTOR(S): Cathi Staysniak

AGE(S): 6-8

RATE: \$17 | **RESIDENT RATE:** \$12

We will be busy as we craft, sing and eat to our HEARTS content. There will be red and pink everywhere as we create special projects for those we love. Come dressed in your favorite Valentine's day colors and be ready to have fun and maybe even get a bit messy.

Activity #	Date	Time	Day(s)
101043-06	Feb. 11	1-2 p.m.	Sun

CRAZY ART ADVENTURES

INSTRUCTOR(S): Cathi Staysniak

AGE(S): 5-7

RATE: \$80 | **RESIDENT RATE:** \$65

We will make exciting, open-ended art projects. Activities such as games, stories and music will compliment the art project for the day. We will be a bit messy so wear something that is safe to get dirty. We will take advantage of the holidays that fall during each session, as well. All materials included.

Activity #	Date	Time	Day(s)
101018-02	Feb. 15-March 7	6:15-7:45 p.m.	Thu

AFTERSCHOOL YOGA

INSTRUCTOR(S): The Balanced Child Method

AGE(S): 6-11

RATE: \$85 | **RESIDENT RATE:** \$70

Learn fun and challenging yoga poses, calming breathing techniques and positive mantras along with increased balance and flexibility.

Activity #	Date	Time	Day(s)
102191-01	Jan. 16 - Feb. 6	4:15-5 p.m.	Tue
102191-02	Feb. 13 - March 5	4:15-5 p.m.	Tue



ADULT

BREASTFEEDING SUPPORT GROUP

INSTRUCTOR(S): Honeysuckle Lactation

AGE(S): 18 and up

RATE: \$60 | **RESIDENT RATE:** \$50

Share your experiences and learn from others that are on a lactation journey in a private, nurturing environment. Babies are welcome. You do not have to be breastfeeding to attend. Q&A and discussion on a different topic each week.

Activity #	Date	Time	Day(s)
110252-01	Jan. 17-Feb. 7	9:45-10:45 a.m.	Wed
110252-02	Feb. 14-March 6	9:45-10:45 a.m.	Wed

GRIEF SUPPORT GROUP

INSTRUCTOR(S): Tiffany Whetzel, *CPT Defender K9 FREE*

AGE(S): 18 and up

An informal group where individuals are able to share their experiences with grief and loss. The group provides a place to make new friends and give support to one another.



Date	Time	Day(s)
Jan. 11	6:30 p.m.	Thu
Feb. 8	6:30 p.m.	Thu

PET CPR/FIRST AID

INSTRUCTOR(S): Chris Powell

AGE(S): 16 and up

RATE: \$105 | **RESIDENT RATE:** \$90

Get certified in cat/dog CPR, rescue breathing and first aid including three unique CPR techniques used for different body types and what to do in case of an emergency. You will also learn the correct use of a muzzle and when and why we use one. Each participant will receive a certificate, wallet card and PetSaver booklet.

Activity #	Date	Time	Day(s)
110250-01	Feb. 17	9 a.m. - 6 p.m.	Sat

MAKING YOUR MEMOIRS FUN

INSTRUCTOR(S): Andra Gillum

AGE(S): 18 and up

RATE: \$20 | **RESIDENT RATE:** \$15

Join author and writer Andra Gillum to create a memoir about your life. Instead of just dates and facts, we'll explore the emotion and excitement of your life by using prompts and discussion. Sharing with the class is encouraged, but not required.

Activity #	Date	Time	Day(s)
110140-01	Feb. 20	6-8 p.m.	Tue

WATERCOLOR FOR BEGINNERS, INTERMEDIATE AND BEYOND

INSTRUCTOR(S): John Cameron

AGE(S): 18 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Numerous teaching aides, examples and handouts will be shared so students can begin their own watercolor resource notebook. Individual assistance will be provided along with various lessons and demonstrations highlighting important principles of watercolor painting.

ALL LEVELS

Activity #	Date	Time	Day(s)
107226-01	Jan. 17-Feb. 21	10 a.m.-12 p.m.	Wed
107226-02	Jan. 17-Feb. 21	1-3 p.m.	Wed

WRITING YOUR CHILDREN'S BOOK

INSTRUCTOR(S): Andra Gillum

AGE(S): 16 and up

RATE: \$20 | **RESIDENT RATE:** \$15

Do you ever dream of writing a children's book? Join author Andra Gillum as she shares helpful, real-world advice. She discusses finding the right idea and provides useful tips on how to craft your story. Whether you have dreams or a full story ready to go, this class is informative, helpful and fun. Feel free to bring samples or writing to share.

Activity #	Date	Time	Day(s)
107200-01	Jan. 30	6-8 p.m.	Tue

CERAMICS

INSTRUCTOR(S): Chris Powell

AGE(S): 18 and up

RATE: \$180 | **RESIDENT RATE:** \$160

Students will work at their leisure on the potter's wheel to develop their throwing skills and honing various hand-building skills with individual guidance and technical advice from the instructor. *There is a fee for additional clay.*

THROWING

Activity #	Date	Time	Day(s)
107231-01	Jan. 16-March 5	6:15-8:45 p.m.	Tue
107231-03	Jan. 18-March 7	6:15-8:45 p.m.	Thu

HAND BUILD

Activity #	Date	Time	Day(s)
107231-02	Jan. 16-March 5	6:15-8:45 p.m.	Tue
107231-04	Jan. 18-March 7	6:15-8:45 p.m.	Thu

OPEN STUDIO CERAMICS

INSTRUCTOR(S): Chris Powell

AGE(S): 18 and up

RATE: \$65 | **RESIDENT RATE:** \$50

Open to students who are currently enrolled in an adult ceramics class. This is your time to complete a project independently. No instruction is given. All projects will be finished and glazed during the last class. There is an extra fee for clay usage.

Activity #	Date	Time	Day(s)
107232-01	Jan. 20-March 2	10 a.m. - 1 p.m.	Sat

ADULT COOKING SERIES

INSTRUCTOR(S): Cooking Caravan

AGE(S): 18 and up

RATE: \$65 | **RESIDENT RATE:** \$50

Learn to make simple but elegant farfalle pasta from scratch. This hands-on class is perfect for couples looking to expand their culinary horizons, foodies looking for a new flavor or first-timers in the kitchen. Includes a delicious homemade marinara and even some pasta to take home.

PASTA 101: FARFALLE

Activity #	Date	Time	Day(s)
110210-01	Jan. 31	6-7:30 p.m.	Wed

Learn to make this classic dish...from scratch! Roll those sleeves up and get ready to work as the Caravan Chefs assist participants in making their own pizza, as well as larger pizzas to share.

PIZZA FROM SCRATCH

Activity #	Date	Time	Day(s)
110210-02	Feb. 28	6-7:30 p.m.	Wed

CANINE CREATIONS AND CHARCUTERIE

INSTRUCTOR(S): Pawgone Good

AGE(S): 18 and up

RATE: \$95 | **RESIDENT RATE:** \$80

An interactive workshop covering topics from pet nutrition to crafting custom dog treats. Enjoy games, create your own treat recipes and some human snacks. Participants will pitch their pet business ideas, receive an LLC certificate and see their treat recipes brought to life in our manufacturing facility.

Activity #	Date	Time	Day(s)
110260-01	Jan. 16	6-8:30 p.m.	Tue
110260-02	Jan. 19	6-8:30 p.m.	Fri
110260-03	Jan. 30	6-8:30 p.m.	Tue
110260-04	Feb. 2	6-8:30 p.m.	Fri
110260-05	Feb. 13	6-8:30 p.m.	Tue
110260-06	Feb. 16	6-8:30 p.m.	Fri
110260-07	Feb. 27	6-8:30 p.m.	Tue
110260-08	March 1	6-8:30 p.m.	Fri



O A

OLDER ADULT

REGISTRATION DATES

Senior Center Program Pass Holder Registration

Thursday, Jan. 4 | 12 p.m.

Regular Registration Jan. 5-8

Register at www.westerville.org/registration



HOW TO REGISTER FOR CLASSES

Jan. 2, 1 p.m. Desktop/Laptop

Jan. 2, 2 p.m. iPhone and iPad

FINANCIAL ASSISTANCE PROGRAM

Parks and Recreation services are essential for our residents' quality of life and transportation, and its associated fees, are sometimes a basic required necessity. The Westerville Senior Association, a non-profit organization founded to assist the Westerville Senior Center, offers financial assistance to Senior Center Program Pass holders residing within the Westerville City limits who may be experiencing financial hardship. For further information on this and other assistance, contact the Senior Center at (614) 901-6560.

TRANSPORTATION SERVICES

Transportation is available to Senior Center Program Pass holders residing in the corporate City limits of Westerville.

Visit www.westerville.org/seniorcenter for more information.

Rate: \$30 per pass (30 punches)
\$15 per pass (10 punches)



ACTIVITY/PROGRAM REFUNDS

Activity/program refunds will be made if requested seven days or more before the first class takes place, or when documentation is presented for an approved hardship situation. There is a \$5 transaction fee applied to all refunds.

Westerville Senior Center
350 N. Cleveland Ave.
Westerville, OH 43082
(614) 901-6560

Mon - Thu: 8 a.m. - 8 p.m.
Fri: 8 a.m. - 5 p.m.

Park and enter through the south entrance for Senior Center programs and some fitness classes. You may enter through the main or north entrances for the gymnasium, indoor pools and fitness area.

PROGRAM PASS INFORMATION

Westerville Senior Center Program Passes are available to adults 55 or older. Join us and experience the benefits of improved health, lower stress, new skills, greater independence and lasting friends and memories.

YEARLY PASS RATES

Rate: \$42

Resident Rate: \$24

Additional information is available in the Older Adult section or online at www.westerville.org/seniorcenter. Call the Senior Center at (614) 901-6560 for questions.



Senior/Community Center (2 punches)

To: Mon-Fri 8:30 a.m.-1 p.m.

From: Mon-Fri Times Vary



Shopping (3 punches)

call (614) 901-6560 for specific locations

Tue/Thu 1 - 3 p.m.



Medical Appointments (3 punches)

Mon-Fri 8:45-11:30 a.m.

Mon/Wed/Fri 1-2:30 p.m.

FITNESS

SENIOR MAT PILATES

INSTRUCTOR(S): Linda Scovern

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Learn the basic concepts of Pilates including alignment, breathing, core strength and stabilization to create a total body workout. Bring a yoga mat. Suitable for the beginner. *Must be able to get to and from the floor.*

Activity #	Date	Time	Day(s)
104905-01	Jan. 22- March 11	11:15 a.m.-12:15 p.m.	Mon
104905-02	Jan. 18- March 7	11:15 a.m.-12:15 p.m.	Thu

SENIOR STRENGTH

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This standing class is designed to increase strength and endurance, while stimulating the mind and working on balance. We will be using our body weight, plus various types of equipment such as: kettlebells, resistance bands, body bars and dumbbells. Designed for beginners and experienced participants.

Activity #	Date	Time	Day(s)
104904-01	Jan. 16- March 5	9 - 10 a.m.	Tue
104904-02	Jan. 18- March 7	9 - 10 a.m.	Thu

FIT AND STRONG

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Whether standing or sitting in a chair, improve balance and agility as you increase your strength and endurance, while ending with stretching to cool down. You will be guided through each exercise with modifications in a supportive atmosphere. *No experience necessary.*

Activity #	Date	Time	Day(s)
104906-01	Jan. 22- March 11	9 - 9:45 a.m.	Mon
104906-02	Jan. 17- March 6	9 - 9:45 a.m.	Wed
104906-03	Jan. 19- March 9	9 - 9:45 a.m.	Fri

LOW IMPACT AEROBICS

INSTRUCTOR(S): Pam Croucher

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This fun and energetic aerobics class, choreographed and performed to music, will burn calories and improve your health. Large muscle groups are used in continuous rhythmic activity. Light dumbbells and an exercise mat will be used to strengthen your muscles. *Must be able to get to and from the floor.*

Activity#	Date	Time	Day(s)
104901-01	Jan. 16- March 5	10:15 - 11:15 a.m.	Tue
104901-02	Jan. 18- March 7	10:15 - 11:15 a.m.	Thu

AEROBICS & MORE

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

A fun-filled class to music will improve cardiovascular fitness, balance and agility while challenging the mind. Various types of resistance equipment may be used. No experience necessary as modifications will be demonstrated. No routines to memorize and no floor work involved.

Activity #	Date	Time	Day(s)
104911-01	Jan. 22- March 11	10 - 11 a.m.	Mon
104911-02	Jan. 17- March 6	10 - 11 a.m.	Wed
104911-03	Jan. 19- March 8	10 - 11 a.m.	Fri

SILVER SPLASH: AQUA, CARDIO & TONE

INSTRUCTOR(S): Debbie Leach

AGE(S): 65 and up with Silver Sneakers

FREE : Silver Sneakers membership required

This class is for the conditioned adult who has good balance and muscle function. Includes cardio exercises followed by muscle toning exercises, balance work and stretching.

Date	Time	Day(s)
Jan. 17- March 8	11:05-11:55 a.m.	Mon/Wed/Fri
Jan. 17- March 8	12-12:50 p.m.	Mon/Wed/Fri



CHAIR YOGA

INSTRUCTOR(S): Pam Croucher ^
Mary Whitehead^^

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

A great way for older adults to achieve the health benefits of yoga that include loosening and stretching painful muscles, reducing stress and improving circulation. Chairs will be used.

Activity#	Date	Time	Day(s)
104903-01	Jan. 17-March 6	11:15 a.m.-12 p.m.	Wed
104903-02	Jan. 19-March 8	11:15 a.m.-12 p.m.	Fri

CHAIR VOLLEYBALL

INSTRUCTOR(S): Lynda Chambers
AGE(S): Senior Center Program Pass
FREE

Similar to volleyball but modified for everyone. We will play with a beach ball and be able to spike, bump and set to a fun time from your chair.

DR OP IN	Date	Time	Day(s)
	Jan./Feb.	10-11 a.m.	Thu

FITNESS MUSICAL CHAIRS

INSTRUCTOR(S): Pam Croucher

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This is not your grandma’s chair class. Join us for a fun, energetic exercise program that includes cardio, strength and core conditioning set to up-tempo music. Improve flexibility, coordination and endurance while seated. Must be able to freely move arms and legs. *Beginners are encouraged to attend.*

Activity#	Date	Time	Day(s)
104908-01	Jan. 16 - March 5	11:30 a.m. - 12:30 p.m.	Tue
104908-02	Jan. 18 - March 7	11:30 a.m. - 12:30 p.m.	Thu

I.T.S ESSENTIAL

INSTRUCTOR(S): Ellen Blaha

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Interval, Training and Stretching (ITS) builds the mobility, strength and agility essential to your functional fitness. We’ll alternate easy-to-follow, low impact cardio with resistance work and top off with relaxing stretches. No workout on the floor. Beginners and experienced exercisers are welcome.

Activity #	Date	Time	Day(s)
104907-01	Jan. 17-March 6	12-1 p.m.	Wed

FEARLESS FALLING

INSTRUCTOR(S): Mike Grigsby

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

The fear of falling is one of our biggest phobias, so most people never learn how to fall properly. Learning how to fall safely is the primary purpose of the classes.

Activity#	Date	Time	Day(s)
104915-01	Jan. 17-March 6	3-4 p.m.	Wed

FITNESS WALKING GROUP

As part of your Senior Center Program Pass you can walk your way around the Community Center track. Please remember to scan your card at the front desk.

Senior Center Program Pass holders only everyday



BALANCE CLASS

INSTRUCTOR(S): Chip Bruchac

AGE(S): 55 and up

RATE: \$30 | **RESIDENT RATE:** \$20

SENIOR CENTER PROGRAM PASS RATE: \$10

Boost your balance and prevent tripping or falling by building strong muscles in the arms, core and legs to keep you steady and upright. *Beginners are encouraged to attend.*

Activity#	Date	Time	Day(s)
604910-01	Jan. 22 - March 11	2:45 - 3:15 p.m.	Mon

NEW

FITNESS

MINDFUL BREATHING

INSTRUCTOR(S): Marie Corbitt,
Westerville Public Library

AGE(S): Senior Center Program Pass
FREE

Learn simple, mindful breathing exercises that will help you develop a sense of calm and focus.

**DR●P
IN**

Date	Time	Day(s)
Jan. 8	11:30 a.m. - 12 p.m.	Mon
Feb. 12	11:30 a.m. - 12 p.m.	Mon
March 11	11:30 a.m. - 12 p.m.	Mon

SILVER SNEAKERS CLASSIC

INSTRUCTOR(S): Pam Croucher^
Stephanie Bellflower^^

FREE: Silver Sneaker Pass holders

Seated and standing exercises to increase muscular strength, range of motion and daily living. Hand-held weights, elastic tubing with handles and a ball are offered for resistance and a chair is used for seated and/or standing support. Get fit, have fun, make friends.

Date	Time	Day(s)
Jan. 10 - March 20^	12 - 12:45 p.m.	Wed
Jan. 9 - March 21^^	8 - 8:45 a.m.	Tue/Thu

SENIOR TENNIS

AGE(S): Senior Center Program Pass

RATE: \$50 | **RESIDENT RATE:** \$40

SENIOR CENTER PROGRAM PASS RATE: \$30

Our moderated senior tennis is generated for those looking to continue their love of the sport while continuing to get exercise and socialize with friends.

Activity#	Date	Time	Day(s)
104389-01	Jan. 8 - March 8	8-9:30 a.m.	Mon/Wed/Fri

DELAY THE DISEASE

INSTRUCTOR(S): Megan Arnold^

AGE(S): 55 and up

RATE: \$55 | **RESIDENT RATE:** \$45

SENIOR CENTER PROGRAM PASS RATE: \$30

Fitness program designed specifically for those with Parkinson's disease. This class will optimize physical function and help to delay the progression of the disease.

Activity #	Date	Time	Day(s)
104902-01	Jan. 16 - March 5	1:15 - 2:15 p.m.	Tue
104902-02	Jan. 18 - March 7	1:15 - 2:15 p.m.	Thu

LINE DANCE

INSTRUCTOR(S): Anita Ebbert^
Robin Poses^^

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Get up and get down on the dance floor! This class is filled with fun and exercise while learning steps to all of the latest line dances. No partner needed. You will increase your coordination, flexibility and endurance while having fun and making new friends.

BEGINNER			
Activity#	Date	Time	Day(s)
104909-01^	Jan. 16 - March 5	9:45 - 10:45 a.m.	Tue
104909-02^^	Jan. 17 - March 6	1:15 - 2:15 p.m.	Wed

IMPROVER			
Activity#	Date	Time	Day(s)
104909-03^^	Jan. 18 - March 7	2:30 - 3:30 p.m.	Thu

DANCE WITH PARKINSON'S

INSTRUCTOR(S): Chloe Napoletano

AGE(S): 55 and up

RATE: \$50 | **RESIDENT RATE:** \$40

SENIOR CENTER PROGRAM PASS RATE: \$30

Designed for individuals diagnosed with Parkinson's. Through carefully crafted movement, this class promotes increased strength, flexibility, coordination and balance. Participants' family members, friends and caregivers are welcome to attend class. *No experience is necessary and both seated and standing movement is welcomed.*

Activity #	Date	Time	Day(s)
104950-01	Jan. 17 - March 6	3 - 4 p.m.	Wed

SENIOR BALLET

INSTRUCTOR(S): Angela Oliver

AGE(S): 55 and up

RATE: \$60 | **RESIDENT RATE:** \$50

SENIOR CENTER PROGRAM PASS RATE: \$40

Learn exercises, techniques and steps of classical ballet including terminology and correct body alignment. Includes a warm-up at the barre with center floor work and combinations. This class will help you gain mobility, strength and flexibility while improving memory and balance and sharpening reflexes. *Beginners are welcome.*

Activity #	Date	Time	Day(s)
104371-01	Jan. 19-March 8	1-2 p.m.	Fri

SENIOR TAP

INSTRUCTOR(S): Angela Oliver

AGE(S): 55 and up

RATE: \$60 | **RESIDENT RATE:** \$50

SENIOR CENTER PROGRAM PASS RATE: \$40

Tap dance sharpens reflexes and improves memory skills and coordination. This class will work towards establishing fundamental tap movements and vocabulary, and will work on primary rhythms and steps that progress into fun and lively dance combinations. A great way to develop musically, timing and balance. *Previous experience is not required. Please bring your own tap shoes.*

Activity #	Date	Time	Day(s)
104372-01	Jan. 19-March 8	2:15 -3:15 p.m.	Fri

GET ON YOUR FEET

INSTRUCTOR(S): Ellen Blaha

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Strap on your groovin' shoes and add fun steps to your day while enjoying a variety of music choices from many of the decades. Easy-to-follow, low-impact cardio and stretching; no routines to learn. Beginners and experienced participants are welcome and supported.

Activity#	Date	Time	Day(s)
104912-01	Jan. 16-March 5	5:15-6 p.m.	Tue
104912-02	Jan. 18-March 7	5:15-6 p.m.	Thu

FOOT CARE

INSTRUCTOR(S): Anchor Foot Care

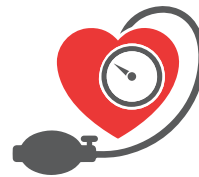
AGE(S): 55 and up

RATE: \$65 | **RESIDENT RATE:** \$55

SENIOR CENTER PROGRAM PASS RATE: \$45

Services include nail trimming, thinning, filing, foot assessment, corn and callus reduction. Payment for each session due at registration.

Activity #	Date	Time	Day(s)
104916-01 through -16	Jan. 16	8:30 a.m.-4 p.m.	Tue
104917-01 through -16	Feb. 20	8:30 a.m.-4 p.m.	Tue
104918-01 through -16	March 19	8:30 a.m.-4 p.m.	Tue



BLOOD PRESSURE CHECK

Jan. 8 / Feb. 12 / March 11
10-11 a.m.
FREE

Stop by and get your blood pressure and vitals checked. Provided by Uptown Pharmacy.

HEARING EVALUATIONS AND HEARING AID TESTING

INSTRUCTOR(S): Columbus Speech and Hearing and Franklin County Senior Options

AGE(S): Senior Center Program Pass

FREE

Hearing evaluations, hearing aid fittings, maintenance and follow-up hearing aid services. Seniors who need a hearing aid may qualify with only a co-pay through the Older Adult Outreach Program. *For more information or to schedule an appointment, call (614) 263-5151. Appointment required.*

Date	Time	Day(s)
Jan. 10	9 a.m. - 1:30 p.m.	Wed
Feb. 14	9 a.m. - 1:30 p.m.	Wed
March 13	9 a.m. - 1:30 p.m.	Wed

CERAMICS- GREENWARE

INSTRUCTOR(S): Phyllis Doelker

AGE(S): 55 and up

RATE: \$85 | **RESIDENT RATE:** \$75

SENIOR CENTER PROGRAM PASS RATE: \$60

Learn the basics or enhance your current techniques of Greenware ceramics. Paint and supplies will be provided, but greenware projects will be purchased by participants. *Participants will leave the Senior Center by car pool for Adobi to purchase their own greenware.*

Activity#	Date	Time	Day(s)
104301-01	Jan. 18-March 7	11:30 a.m.-2:30p.m.	Thu

CERAMICS AND POTTERY

INSTRUCTOR(S): Diana Iles

AGE(S): 55 and up

RATE: \$120 | **RESIDENT RATE:** \$90

SENIOR CENTER PROGRAM PASS RATE: \$75

Join us for an introduction to making your own pottery from clay. Hand-building techniques will be covered as well as an introduction to the potter's wheel. Flex your creative muscle and make your own pottery in this fun, hands on class.

BEGINNER

Activity#	Date	Time	Day(s)
107340-01	Jan. 16-March 5	10:30-12:30 p.m.	Tue
107340-02	Jan. 16-March 5	1-3 p.m.	Tue

This class is for those students who have completed at least two sessions of the introductory level class. Intermediate techniques and projects will be explored. Hand-building techniques will be covered as well as introduction to the potter's wheel.

ADVANCED

Activity#	Date	Time	Day(s)
107340-03	Jan. 16-March 5	8:30-10:30 a.m.	Tue
107340-04	Jan. 22-March 11	9-11 a.m.	Mon

INTRO TO ZENTANGLE®

INSTRUCTOR(S): Arlene Roeder

AGE(S): 55 and up

RATE: \$70 | **RESIDENT RATE:** \$60

SENIOR CENTER PROGRAM PASS RATE: \$40

This class will provide the beginner with a background in the history of the art form and an introduction to the basic steps of the method. You will create actual Zentangle tiles during class using several patterns called tangles. No prior art experience is necessary; if you can write your name you can create art with this method. *Basic Zentangle kit included.*

Activity#	Date	Time	Day(s)
107328-01	Jan. 17-Feb. 7	2-4 p.m.	Wed

ZENTANGLE® BEYOND THE BASICS

INSTRUCTOR(S): Arlene Roeder

AGE(S): 55 and up

RATE: \$70 | **RESIDENT RATE:** \$60

SENIOR CENTER PROGRAM PASS RATE: \$40

Are you ready to take what you've learned in the Intro to Zentangle class and expand your tangling practice? Classes are designed to give you a deeper understanding of the Zentangle method of drawing. You will learn new tangle patterns and techniques that will enhance your experience and art. *Please bring your basic Zentangle kit.*

Activity#	Date	Time	Day(s)
107328-02	Feb. 14-March 6	2-4 p.m.	Wed



CREATIVE WRITING, MEMOIRS AND MORE

AGE(S): Senior Center Program Pass
FREE

Share and encourage friends to develop writing skills through life experiences.

DR●P IN	Date	Time	Day(s)
	Jan. 15	1:30-2:30 p.m.	Mon
	Feb. 19	1:30-2:30 p.m.	Mon
	March 18	1:30-2:30 p.m.	Mon

QUILTING

AGE(S): Senior Center Program Pass
FREE

Join this group of quilters as they continue to work on beautiful heirloom quilts. New and experienced quilters are always welcome.

Date	Time	Day(s)
Jan./Feb.	1-3 p.m.	Mon
Jan./Feb.	9 a.m. - 12 p.m.	Thu

CARD MAKING FOR THE HOLIDAYS

INSTRUCTOR(S): Susan Freund

AGE(S): 55 and up

RATE: \$85 | **RESIDENT RATE:** \$75

SENIOR CENTER PROGRAM PASS RATE: \$65

Choose from a variety of birthday and Valentines Day cards to replicate each week. Students will make a total of 24 to 32 cards. Cards will be available for all ages and include both humor and love themes. Please bring the following to the second session: scissors, ruler, glue, re-positionable tape, tweezer and paper piecer which will be discussed during the first class.

Activity#	Date	Time	Day(s)
107327-01	Jan.14-March 3	10a.m.-12 p.m.	Mon
107327-02	Jan.16-March 5	10a.m.-12 p.m.	Wed

MAKE IT TAKE IT

INSTRUCTOR(S): Trilogy Health Care

AGE(S): Senior Center Program Pass

FREE

We will make a new craft you can complete in each session. All skill levels are encouraged to attend. You will take the project home with you at the end of each session.

Activity#	Date	Time	Day(s)
104320-01	Jan. 16	1-2 p.m.	Tue
104320-02	Feb. 20	1-2 p.m.	Tue

SILVERTONES

INSTRUCTOR(S): Larry Loeffert and Lyndsay Smith

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$80

Silvertones choir members sing in a professional atmosphere with amazing harmonies and professional instructions. Call the Senior Center at (614) 901-6560 if you have any questions or are new to the group. *This is a year-long program.*

Activity#	Date	Time	Day(s)
804301-02	Jan.3-March 27	10:30 - 11:30 a.m.	Wed

PHOTO CHAT

AGE(S): Senior Center Program Pass

FREE

Buy or bring your lunch and develop a fellowship with other photographers. This is an informal chat about all things photography.

DR●P IN	Date	Time	Day(s)
	Jan. 3, 17	11:30a.m.-1 p.m.	Wed
	Feb. 7, 21	11:30a.m.-1 p.m.	Wed
	March 6, 20	11:30a.m.-1 p.m.	Wed

CRAFTERS

AGE(S): Senior Center Program Pass

FREE

This group creates items that will be sold at Snowflake Castle. Work individually or as a group on items that include knitting and crocheting, sewing, paper crafting, holiday themes, OSU or whatever sparks creativity. Make new friends and have a great time.

DR●P IN	Date	Time	Day(s)
	Jan./Feb.	1-3 p.m.	Mon

DIABETES EDUCATION/ SUPPORT GROUP

INSTRUCTOR(S): Uptown Pharmacy
FREE

Learn about a new diabetic topic each month including nutrition, self-care and possible complications in this open, safe learning environment. Attendees can learn from other’s experiences and offer support to each other.



Date	Time	Day(s)
Jan. 16	2- 3:30 p.m.	Tue
<i>New Year: Incorporating a plan for 2024 with Diabetes</i>		
Feb. 20	2- 3:30 p.m.	Tue
<i>Healthy Eating: Eating out with Diabetes</i>		

ALZHEIMER’S ASSOCIATION CAREGIVER SUPPORT GROUP

INSTRUCTOR(S): Alzheimer’s Association of Central Ohio **PSL**

AGE(S): 18 and up
FREE

Please join us for a caregiver support group with a special focus on bringing balance to caregiver stress through mindfulness techniques. Exchange information on challenges and solutions and talk through issues and ways of coping. Conducted by trained facilitators.



Date	Time	Day(s)
Jan. 18	6 p.m.	Thu
Feb. 15	6 p.m.	Thu

GRIEF SUPPORT GROUP

INSTRUCTOR(S): Wesley Hospice
FREE

An informal group where individuals are able to share their experiences with grief and loss. The group provides a place to make new friends and give support to one another.



Date	Time	Day(s)
Jan. 25	6:30 p.m.	Thu
Feb. 23	6:30 p.m.	Fri

NAVIGATING THE SENIOR CARE MAZE

INSTRUCTOR(S): Dwight Smith,
Central Ohio Care Planning Council
AGE(S): Senior Center Program Pass
FREE

Do you have questions about the lives and caregiving of older loved ones? Learn about useful, organized information and resources that will help navigate this journey. By accessing the right kinds of help, you improve the chances loved ones will have the best lives and care possible.

Activity#	Date	Time	Day(s)
104363-01	Jan. 25	10 a.m.- 12 pm.	Wed

DARE TO CARE

AGE(S): Senior Center Program Pass
FREE

Join us monthly as we create items that will be supplied to area older adults and community members.

Date	Time	Day(s)
Jan. 23	10 a.m.- 12 pm.	Tue
Feb. 27	10 a.m.- 12 pm.	Tue

DOWNSIZING CAN BE UPLIFTING

INSTRUCTOR(S): Downsizing with a Heart
AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: FREE
Thinking of downsizing your home? Moving? Aging in place? Get tips from the pros on how to plan, organize and sort your possessions. If moving, learn about selling, donating or disposing of items, then packing and unpacking.

Activity#	Date	Time	Day(s)
104314-01	Feb. 20	1:30-2:30 p.m.	Tue

SENIOR SCAMS

INSTRUCTOR(S): Ohio Attorney General

AGE(S): 55 and up

FREE

Senior are particularly vulnerable to fraud and scams, however many incidents go unreported. Learn about the latest scams targeting our senior population and find out how to protect yourself and your loved ones.

Activity#	Date	Time	Day(s)
104321-01	Feb. 15	10:30 a.m.- 11:30 a.m.	Thu

FLOWER DESIGN

INSTRUCTOR(S): Oberer's Flowers

AGE(S): 55 and up

RATE: \$65 | **RESIDENT RATE:** \$55

SENIOR CENTER PROGRAM PASS RATE: \$45

Enjoy your own sunshine in January! Each participant will be provided a vase, flowers and necessary cutting tools. Step-by-step guidance will be given so you leave with a finished vase of fresh flowers of your own design.

Activity#	Date	Time	Day(s)
104302-01	Jan. 25	10:30 a.m.-12 p.m.	Thu

NEW PASS HOLDER SOCIAL

**DR●P
IN**

March 19
1-2:30 p.m.
Tue
FREE

Have you recently become a pass holder with the Westerville Senior Center? Come see the facility and learn what your pass includes. Light refreshments will be served.

BEGINNING WOMEN'S BILLIARDS

INSTRUCTOR(S): Denise Barlow

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

Do you want to learn to play pool. You will learn the basics of the game, how to play, get an eye on the table and have fun.

Activity#	Date	Time	Day(s)
104305-01	Jan. 17-Feb. 28	10:30-11:30 a.m.	Wed
104305-02	Jan. 19-March 1	10:30-11:30 a.m.	Fri

WORLD OF TRAVEL

INSTRUCTOR(S): Sandy Dillon

AGE(S): Senior Center Program Pass

FREE

Learn about upcoming exciting getaways around the world and in our own background. May date will present the Bourbon/Derby Trail, Albuquerque Balloon Fiesta and Scotland.

DR●P IN	Date	Time	Day(s)
	Feb. 13	10 - 11 a.m.	Tue

SENIOR BILLIARDS LEAGUE

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

Join for competitive pool play. This is a double elimination 8 ball tournament. Schedule will be set, once registration is complete.

Activity#	Date	Time	Day(s)
104311-01	Jan. 16-March 2	1-5 p.m.	Tue

GREAT DECISIONS

INSTRUCTOR(S): Marie Corbitt
Westerville Public Library

AGE(S): Senior Center Program Pass

FREE

Created by the Foreign Policy Association, this class is America’s largest discussion program on world affairs. The class goal is to promote greater understanding and respect on a wide variety of topics. Led by a Westerville Public Library Librarian.



Date	Time	Day(s)
Feb. 26	1-2 p.m.	Mon

Mideast Realignment

CENTERED SENIORS INVESTMENT CLUB

INSTRUCTOR(S): Lindsay Lerner
AGE(S): Senior Center Program Pass

FREE

This club is a legal partnership of senior investors who maintain an active portfolio of common stocks and take responsibility for learning, listening and helping to make an investment in common stock. Each member is assigned the responsibility to follow one of the stocks in the Club’s portfolio, studying and reporting back to the group on a quarterly basis. Discussion is usually lively and always educational. *For more information, contact Linda Lerner at llerner200@gmail.com.*



Date	Time	Day(s)
Jan. 11	1-3 p.m.	Thu
Feb. 8	1-3 p.m.	Thu

SENIOR NOTARY SERVICES

INSTRUCTOR(S): Shirley Bernard,
The James Notary Solutions, LLC

AGE(S): Senior Center Program Pass

RATE: \$5 per document needing signed

Bring your documents (unsigned) to this drop in program. You must provide a valid form of identification. Additional requirements apply. Call (614) 515-3220 for details.

STOP UNWANTED CALLS

INSTRUCTOR(S): Elena Lubenets
Medicare Specialist

FREE

Learn about ways to stop unwanted calls and what to do if they continue, even after adding yourself to the DO NOT CALL list. Coffee and muffins will be available.

Activity#	Date	Time	Day(s)
104316-01	Feb. 28	10-11 a.m.	Wed

MEDICARE AND MUFFINS

INSTRUCTOR(S): Elena Lubenets
Physicians Mutual

AGE(S): Senior Center Program Pass

FREE

Learn about all the aspects of Medicare including what it is and what it is not. Includes Medicare parts, original Medicare and supplemental plans, Medicare Advantage plans and more! Have your questions ready when you arrive.

Activity#	Date	Time	Day(s)
104399-01	Jan. 17	9:30-11 a.m.	Wed
104399-02	Feb. 14	9:30-11 a.m.	Wed

COMPUTER CONNECTORS

INSTRUCTOR(S): Jim Holden
AGE(S): Senior Center Program Pass

FREE

Bring your computer questions to this group-sharing and problem-solving class. Online demonstrations will be used to aid the discussions. These meetings will include presentations on free software from Microsoft, Google and others.



Date	Time	Day(s)
Jan. 15	1-3 p.m.	Mon
Feb. 5, 19	1-3 p.m.	Mon
March 4,8	1-3 p.m.	Mon

INTERACTIVE LECTURE SERIES

INSTRUCTOR(S): Van Young
AGE(S): Senior Center Program Pass
FREE

**ADENA MANSION -
 HOME OF THOMAS WORTHINGTON**

The Adena Mansion is one of Ohio’s oldest and most significant historical sites and the home of Thomas Worthington, former Ohio governor, senator and statesman. The presentation will tour the mansion and grounds and share the history of the family who lived there.

DR●P IN	Date	Time	Day(s)
	Jan. 24	10 a.m. -12 p.m.	Wed

LAUGHING AND LEARNING ABOUT MARRIAGE

Love and Marriage. Goes together like a horse and carriage. Sit back and laugh and learn about one of the world’s oldest institutions. Marriage has been around for about as long as we have. This talk shares many facts, trivia and history about U.S. marriage, weddings and divorce.

DR●P IN	Date	Time	Day(s)
	Feb. 22	2-3:30 p.m.	Thu

HOW TO REGISTER ONLINE

AGE(S): Senior Center Program Pass
FREE
 Learn how to register for Senior Center (Older Adult) programs by using our online registration system.

DESKTOP/LAPTOP			
DR●P IN	Date	Time	Day(s)
	Jan. 2	1 p.m.	Mon

iPHONE/TABLET			
DR●P IN	Date	Time	Day(s)
	Jan. 2	2 p.m.	Mon

BOOK DISCUSSION GROUP

INSTRUCTOR(S): Mindy Bilyeu
AGE(S): Senior Center Program Pass
FREE

This group enjoys lively discussion led by Westerville Public Library librarian Mindy Bilyeu. Contact Mindy at (614) 882-7277 extension 2186 to pick up a book and enjoy the fun.

DR●P IN	Date	Time	Day(s)
	Jan. 8	2:30 - 3:30 p.m.	Mon
		<i>The Last Life Boat</i> by Hazel Gaynor	
	Feb. 12	2:30 - 3:30 p.m.	Mon
		<i>Fuzz</i> by Mary Roach	
	March 11	2:30 - 3:30 p.m.	Mon
		<i>The Seed Keeper</i> by Diane Wilson	

CONSUMER PROTECTION FAIR

INSTRUCTOR(S): Ohio Attorney General
AGE(S): 55 and up
FREE

Receive free resources to help protect your privacy, manage money and debt, avoid identity theft and steer clear of scams.

Date	Time	Day(s)
March 5	10 a.m. - 2 pm.	Tue



WEATHERIZATION SERVICES THROUGH MORPC

INSTRUCTOR(S): Michelle Montgomery,
Mid-Ohio Planning Commission

AGE(S): Senior Center Program Pass holder

FREE

Stop spending too much money on energy bills! MORPC's (Mid Ohio Regional Planning Commission) home weatherization services will help you and your loved ones be safer and more comfortable in your home at no cost to you.

Activity#	Date	Time	Day(s)
104310-01	Jan. 18	10-11 a.m.	Thu

HOMEFIT: MAKING HOME SAFE AND LIVABLE FOR ALL

INSTRUCTOR(S): AARP

AGE(S): Senior Center Program Pass holder

FREE

AARP survey's consistently find that older adults want to remain in their current homes and communities for as long as possible. Based on the free AARP HomeFit guide, this presentation can help individuals and families make their current or future residence their "lifelong home."

Activity#	Date	Time	Day(s)
104315-01	Jan. 29	10-11 a.m.	Mon

PRIME TOURS

INSTRUCTOR(S): Kevin Thuman

AGE(S): Senior Center Program Pass holder

FREE

Learn about opportunities for 2024 that include Washington, D.C. cherry blossoms; Tulip Time in Holland, Michigan; Ireland/England Tour with local favorites, The British Invasion band; Upstate New York with Niagara Falls; Titans of Steel in Pittsburgh, Pennsylvania Dutch Country; Alaska Cruise; Iceland Land of Fire and Ice; Fall in West Virginia and the popular New York Holiday featuring the Rockettes.

DROP IN	Date	Time	Day(s)
	Jan. 11	4:30 p.m.	Thu
	March 7	4:30 p.m.	Thu

PRIME TIME DINERS

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Visit some of Central Ohio's finest restaurants enjoying great meals, conversation and friends. Transportation needs will be provided by the Westerville Senior Center leaving promptly at the printed time. *Dinner is on your own. Location TBD.*

Activity#	Date	Time	Day(s)
114303-01	Jan. 30	4:30-8 p.m.	Tue
114303-02	Feb. 26	4:30-8 p.m.	Mon

CURTAIN PLAYERS MARVIN'S ROOM

AGE(S): 55 and up

RATE: \$45 | **RESIDENT RATE:** \$35

SENIOR CENTER PROGRAM PASS RATE: \$25

This poignant play is about two sisters, family tragedy and the laughter that can shine through life's darkest moments. Marvin's room is real, hopeful, compassionate and absurdly funny. We will stop for dinner (on your own) after the show.

Activity#	Date	Time	Day(s)
114329-01	Feb. 18	1:15-6:30 p.m.	Sun

SALT CAVE

AGE(S): 55 and up

RATE: \$55 | **RESIDENT RATE:** \$45

SENIOR CENTER PROGRAM PASS RATE: \$35

Halotherapy provides many healing benefits - this salt cave is lined with more than 10,000 pounds of Himalayan rock salt boulders and granulated Himalayan salt on the heated floor of the cave. Bring clean white socks to wear in the cave. We will stop for lunch (on your own) after our experience.

Activity#	Date	Time	Day(s)
114322-01	Jan. 18	12:15-3:30 p.m.	Thu
114322-02	Feb. 15	12:15-3:30 p.m.	Thu

MODERATE WALKING, SOME HILLS AND/OR STEPS
 VIGOROUS WALKING, SOME HILLS AND/OR STEPS
 STRENUOUS WALKING, WITH HILLS AND/OR STEPS

WALK RATING

LUNCH BUNCH 

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Travel on the Senior Center bus for lunch to a variety of restaurants (lunch on your own). *Lunch destinations TBA.*

Activity#	Date	Time	Day(s)
114304-01	Jan. 22	11:30 a.m. - 2 p.m.	Mon
114304-02	Feb. 19	11:30 a.m. - 2 p.m.	Mon

EGGMAN'S EATERY 

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Join for a brunch trip to Centerville. The Eatery is known for their family atmosphere and great breakfast food.

Activity#	Date	Time	Day(s)
114306-01	Jan. 25	10 a.m. - 2 p.m.	Thu

NUTCRACKER RESTAURANT 

AGE(S): 55 and up

RATE: \$25 | **RESIDENT RATE:** \$20

SENIOR CENTER PROGRAM PASS RATE: \$15

Enjoy lunch at this 50s style diner located in Pataskala with a fun atmosphere and great food. We will make a stop on the way home, it time allows.

Activity#	Date	Time	Day(s)
114325-01	Feb. 22	1 - 4:30 p.m.	Thu

HOLLYWOOD CASINO 

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Enjoy the glitz, glamour and sophistication at the only Vegas-style casino in town, featuring more than 1,700 slots. Enjoy dining (on your own) at Wahlburgers, Zen Noodle, Dirty Frank's Hot Dog Palace or several other choices.

Activity#	Date	Time	Day(s)
114313-01	Jan. 11	11 a.m. - 3 p.m.	Thu

WESTERVILLE JUSTICE CENTER 

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Visit the new police department and get a behind the scenes look at where our finest work everyday. We will go to an early supper aft the tour.

Activity#	Date	Time	Day(s)
114327-01	Jan. 16	12:45 p.m.	Tue
114327-02	Feb. 6	12:45 p.m.	Tue

HAPPY HOUR HOP 

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Join us as we travel to different happy hour establishments each month. Food and beverages on your own.

Activity#	Date	Time	Day(s)
114310-01	Feb. 20	3:30 p.m.	Mon

TRANSPORTATION INFORMATION

All trips meet at the Westerville Senior Center, 350 N. Cleveland Ave.

NORTH MARKET AND DUCK BOWLING 

AGE(S): 55 and up

RATE: \$45 | **RESIDENT RATE:** \$35

SENIOR CENTER PROGRAM PASS RATE: \$25

Choose from a variety of places at the North Market for an early dinner (on your own). We will try our luck at Duck Bowling - Duckpin balls are small and weigh a little over three pounds and lack finger holes. Duckpins are arranged in a triangle identical to that used in ten-pin bowling, are shorter, thinner and lighter which makes it more difficult for the smaller ball to achieve a strike.

Activity#	Date	Time	Day(s)
114301-01	Feb. 27	3-7 p.m.	Tue

TRAVEL / MEALS

BIRTHDAY LUNCH

AGE(S): Senior Center Program Pass

RATE: \$4

Join us the first Friday of the month for our birthday lunch celebrations. You will receive one lunch free during the month of your birthday.

Date	Time	Day(s)
Jan. 5	12 - 12:30 p.m.	Fri
Feb. 2	12 - 12:30 p.m.	Fri
March 1	12 - 12:30 p.m.	Fri

MARDI GRAS PARTY

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

Join us as we celebrate with a luncheon and party. We will have plenty of beads and see who our King and Queen will be with our King Cakes!

Activity#	Date	Time	Day(s)
104329-01	Feb. 13	12-1 p.m.	Tue

FRIDAY FEAST

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

Enjoy a themed, hot and delicious meal served to you with old and new friends. *Registration is required.*

WINTER FEAST

Activity#	Date	Time	Day(s)
104306-01	Jan. 19	12 - 1 p.m.	Fri

VALENTINE PARTY

Activity#	Date	Time	Day(s)
104306-02	Feb. 16	12 - 1 p.m.	Fri

SPRING'S ALIVE

Activity#	Date	Time	Day(s)
104306-03	March 15	12 - 1 p.m.	Fri

SOUPERBOWL DINNER

Feb. 8
4:30 - 6:30 p.m.

Thursday

Handcrafted Bowl \$15 / Regular Bowl \$10

Purchase a handcrafted bowl and receive your choice of soup to enjoy with friends. All handmade bowls are food grade. Prefer just soup? Regular bowls of soup will be available for a reduced rate. (limited number of handcrafted bowls available.)

Proceeds benefit a local food pantry

SENIOR MEAL PROGRAM

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$4

Enjoy a delicious meal in the company of others. Pick up the monthly menu or visit www.westerville.org/seniorcenter.

Date	Time	Day(s)
Jan. / Feb.	12 - 12:30 p.m.	Wed/Fri

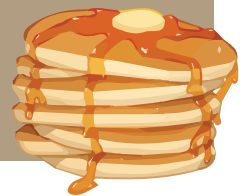
PANCAKE BREAKFAST

Wed, Jan. 3 / Feb. 7 / March 6

7:30 - 10 a.m.

Rate: \$5

DROP IN



LEAP YEAR PARTY

AGE(S): Senior Center Program Pass

RATE: \$5

Join us as we celebrate Leap Year 2024 with a luncheon and party. We will have a special lunch to celebrate this once-every-four-years day.

Activity#	Date	Time	Day(s)
104341-01	Feb. 29	12 p.m.	Thu



GAMES

All games are available to Senior Center Program Pass holders only and are free with your pass.

Meeting Every Week

MONDAY <i>*No class Dec. 25, Jan 1</i>	TUESDAY	WEDNESDAY	THURSDAY <i>*No class Nov. 23</i>	FRIDAY <i>*No class Nov. 24</i>
BEGINNER CHESS 9 - 10 a.m.	CORN HOLE 11a.m. - 12 p.m.	PINOCHLE 1 - 3 p.m.	CHAIR VOLLEYBALL 10 - 11 a.m.	EUCHRE 1 - 3 p.m.
BEGINNER MAH JONGG 10 a.m. - 12 p.m.	HAND AND FOOT/ CANASTA 1 - 3 p.m.	CONTRACT BRIDGE * 1 - 3 p.m.	TABLE TENNIS 10 a.m. - 12 p.m.	CONTRACT BRIDGE * 1 - 3 p.m.
CHESS 10 a.m. - 12 p.m.	BEGINNER BRIDGE 1 - 3 p.m.	EUCHRE 1 - 3 p.m.	ADVANCED MAH JONGG * 10 a.m. - 12 p.m.	SCRABBLE 1 - 3 p.m.
ADVANCED MAH JONGG * 1 - 3 p.m.		SPADES 1 - 3 p.m.	DUPLICATE BRIDGE * 12:30 - 4 p.m.	
PINOCHLE 1 - 3 p.m.			TRAIN DOMINOES 1 - 3 p.m.	

Meeting on Specific Dates

MONDAY		TUESDAY		WEDNESDAY	THURSDAY		FRIDAY	
BINGO 1 p.m.		BINGO 1 p.m.			EUCHRE CHALLENGE 3-5 p.m.		BINGO 1 p.m.	
JAN. 29	FEB. 26	JAN. 9	FEB. 13		JAN. 4	FEB. 1	JAN. 12	FEB. 9
		BINGO 6 p.m.					AFTERNOON EUCHRE PARTY 1 p.m.	
		JAN. 2	FEB. 6				JAN. 19	FEB. 16

EUCHRE CHALLENGE

INSTRUCTOR(S): Carla Poston
ProCore Health Brokers
Enjoy an afternoon of Euchre with prizes.
Meets from 3-5 p.m. on the first Thursday of the month.

AFTERNOON EUCHRE PARTY

Play is geared toward experienced players with fast, exciting games.
Hard start at 1 p.m. on the third Friday of the month.

BINGO

This favorite game allows you to meet new friends and share a few laughs while enjoying the fun of winning.
See chart for dates and times.
Tuesday 1 p.m. sponsor - Trilogy Senior Living
Tuesday 6 p.m. sponsor - ProMedica
Friday 1 p.m. sponsor - ProCore Health Brokers

DUPLICATE BRIDGE

While the play is serious, the atmosphere is friendly and social. Players are asked to come with a partner.
Meets from 12:30-4 p.m. on Thursday.

BEGINNER BRIDGE (WITH LESSONS)

INSTRUCTOR(S): Reed Steven
Have fun while learning and playing bridge in a relaxed, non-competitive environment. This class is for beginner and intermediate players. Meets from 1-3 p.m. on Tuesday.
Meets from 1-3 p.m. on Tuesday.

CONTRACT BRIDGE

Play is geared toward experienced players with fast exciting games. New and experienced players welcome.
See chart for dates and times.

BEGINNER CHESS

Learn to play Chess in an educational and positive way. Chess is a game for two players each controlling an army of chess pieces in their color with the objective to checkmate the opponent's king.

CHESS

Come play chess and sharpen your skills to checkmate your opponent.

* EXPERIENCED/ADVANCED PLAYERS

Westerville Community Center



The Westerville Community Center pass includes access to the

- Gymnasium and MAC Gym
- Adventure Fitness Gym
- Fitness Area* and Track*
- Indoor Pool
- Climbing Wall
- eSports Room

*AGES 14 AND UP



COMMUNITY CENTER HOURS

Monday - Friday 5:45 a.m. - 9 p.m.
 Saturday 8 a.m. - 8 p.m.
 Sunday 10 a.m. - 6 p.m.

SPECIAL HOURS

Martin Luther King Jr. Day
 Memorial Day
 Labor Day
 Day before Thanksgiving
 Day after Thanksgiving
 Christmas Eve
 New Year's Eve

CLOSED

Thanksgiving
 Christmas
 New Year's Day
 Easter
 4th of July

Visit www.westerville.org/hours for additional special hours.

PASS TYPE	MONTHLY RATES		DAILY RATES	
	RATE	RESIDENT RATE	RATE	RESIDENT RATE
Ages 3-13	\$40	\$23	\$14	\$7
Ages 14-64	\$56	\$32	\$20	\$10
Ages 65+	\$44	\$25	\$14	\$7
HOUSEHOLD [^] (three or more)	\$149	\$85	NA	NA

[^] PROOF OF RESIDING

Proof of residing is required for each household member ages 6 and older. Types of proof may include a state issued ID, pay stub, utility bill or report card/school registration. Proof of residing is required each time a new person is added to the household.

MILITARY PASS

All active and retired military will receive a 15% discount on a Community Center monthly or annual pass. **Military ID required.**

CLASS REGISTRATION

THURSDAY, JAN. 4 • 12 p.m.

Senior Center Program Pass Holder registration only
 (In person at the Community Center only and online)

FRIDAY, JAN. 5 • 12 p.m.

Online Early Registration (Residents Only)

SATURDAY, JAN. 6 • 8 a.m.

In-person Registration (Residents Only)

SUNDAY, JAN. 7 • 12 p.m.

Online Open Registration (Residents and Non-Residents)

MONDAY, JAN. 8 • 8 a.m.

In-person Open Registration (Residents and Non-Residents)

HOW TO REGISTER FOR CLASSES

Register at www.westerville.org/registration or in person at the Westerville Community Center (350 N. Cleveland Ave.)

Information on HOW TO UPDATE YOUR RESIDENCY STATUS can be found at www.westerville.org/residencystatus.

SENIOR CENTER PROGRAM PASS INFORMATION

Westerville Senior Center program passes are available to adults 55 or older. Information including rates and Senior Center hours can be found in the Older Adult section.



Hours



FITNESS WING & TRACK

www.westerville.org/fitness

Mon-Fri 5:45 a.m. - 9 p.m.
Sat 8 a.m. - 8 p.m.
Sun 10 a.m. - 6 p.m.



GYMNASIUM & MAC GYM

www.westerville.org/gymnasium

Mon-Fri 5:45 a.m. - 8 p.m.
Sat 8 a.m. - 7 p.m.
Sun 10 a.m. - 2 p.m.

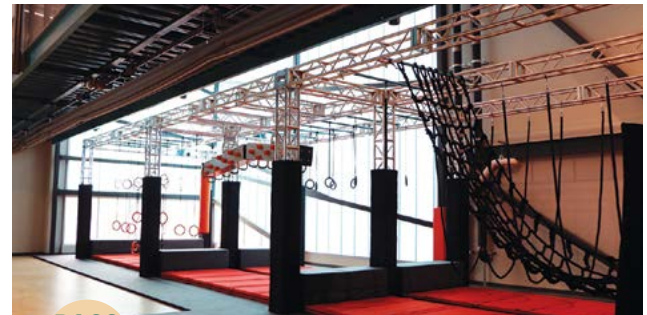
*Court availability subject to leagues, programs and events



CLIMBING WALL

www.westerville.org/parks

Mon/Wed/Fri 4-8 p.m.
Tue/Thu CLOSED
Sat 1-6 p.m.
Sun 1-5 p.m.



ADVENTURE FITNESS COURSE

www.westerville.org/gymnasium

Mon/Wed/Fri CLOSED
Tue/Thu 4-8 p.m.
Sat/Sun 1-5 p.m.

CHILDCARE ROOM

www.westerville.org/childcare

Mon/Thu 9 a.m. - 12 p.m.
5 - 8 p.m.
Fri 9 a.m. - 12 p.m.
Sat 9 a.m. - 1 p.m.
Sun CLOSED

RATES

\$3 per hour for active Community Center Pass holders

\$5 per hour for all non-pass holders

There is no discount for siblings.

Punch cards are no longer available.



eSPORTS ROOM

www.westerville.org/sports

Mon - Fri 4-8 p.m.
Sat - Sun 11:45 a.m. - 4:15 p.m.

Westerville Parks & Recreation Pools



INDOOR POOL AT THE COMMUNITY CENTER

www.westerville.org/indoorpool

350 N Cleveland Ave.

LEISURE POOL

18 and up Swim Hours
 Mon - Fri 7:30 a.m. - 1 p.m.
 Sat 8 a.m. - 1 p.m.
 Sun 10 a.m. - 1 p.m.

Family Swim Hours
 Mon/Wed/Fri 3:30 - 7 p.m.
 Tue/Thu 3:30 - 5:30 p.m.
 Sat/Sun 1 - 5 p.m.

WARM WATER POOL

18 and up Swim Hours
 Mon - Fri 8:30 a.m. - 12 p.m.
 Sat 8 a.m. - 1 p.m.
 Sun 10 a.m. - 1 p.m.

Family Swim Hours
 Mon/Wed/Fri 3:30 - 7 p.m.
 Tue/Thu 3:30 - 5 p.m.
 Sat/Sun 1 - 5 p.m.

LAP POOL / HOT TUB

Mon/Wed/Fri 7 a.m. - 7 p.m.
 Tue/Thu 5:45 a.m. - 7 p.m.
 Sat 8 a.m. - 7 p.m.
 Sun 10 a.m. - 5 p.m.

Please visit www.westerville.org/indoorpool for special holiday hours, closures and lap lane schedules.



HIGHLANDS PARK AQUATIC CENTER

Rates available at www.westerville.org/HPAC

245 S. Spring Rd.



**2024
 PASSES NOW
 AVAILABLE**



Reserve a Space with Westerville Parks and Recreation

WESTERVILLE COMMUNITY CENTER

www.westerville.org/reservations



MULTIPURPOSE ROOMS

HOURS

FRI/SAT/SUN (5-hour minimum)

Fri 5 - 10 p.m.
Sat 8 a.m.-10 p.m.
Sun 10a.m.-9p.m.

RATES

One Room

Rate: \$105 per hour
Resident Rate: \$70 per hour

Two Rooms

Rate: \$135 per hour
Resident Rate: \$90 per hour

Three Rooms

Rate: \$165 per hour
Resident Rate: \$110 per hour

Security Deposit

Friday - Sunday including Holidays: \$250



To reserve space for a birthday party, at the climbing wall in the Community Center or a shelter at one of the many parks, visit www.westerville.org/reservations.



EVERAL BARN & HOMESTEAD

www.westerville.org/everalbarn

60 N. Cleveland Ave.

HOUSE

Mon - Thu

Rate: \$80
Resident Rate: \$55

Fri - Sun & Holidays

Rate: \$175
Resident Rate: \$100

BARN

UPPER & LOWER LEVELS

Mon - Thu

Rate: \$120 | **Resident Rate:** \$80

Fri - Sun & Holidays

Rate: \$260 | **Resident Rate:** \$150

HOUSE & BARN

Mon - Thu

Rate: \$150
Resident Rate: \$100

Fri - Sun & Holidays

Rate: \$350
Resident Rate: \$200

LOWER LEVEL ONLY

Mon - Thu

Rate: \$95 | **Resident Rate:** \$60

Fri - Sun & Holidays

Rate: \$200 | **Resident Rate:** \$115

OFFICE HOURS

Tue 11 a.m. – 1 p.m.
Wed 10a.m.– 6 p.m.

All rates are per hour.

Mon-Thu
3-hour minimum

Fri/Sat/Sun & Holidays
5-hour minimum

Interested in reserving the Everal Barn and Homestead or just want to visit this historical park, take a tour or walk the trails? Visit www.westerville.org/everalbarn for information.



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CITY OF WESTERVILLE RECREATION TRAIL SYSTEM

TRAILS

Alum Creek Trail - 5.24 miles

From the dead-end north of County Line Road, south through Sports Complex then Heritage Park to Main Street East to Alum Creek, south across the Historical Bridge, under Schrock Road to the Westerville Corporate Limits

Big Walnut Creek Trail - 2.22 miles

County Line Road at Sunbury Road, south through the tunnel just north of Marlene Drive along Hoover Reservoir to Central College Road

County Line Trail - 2.2 miles

From the Ohio to Erie Trail west across Alum Creek to Worthington Road

Ohio to Erie Trail - 3.93 miles

From Alum Creek Trail at Schrock Road, east to Channing Cross Drive behind Foush Hardware, North across State Street to Polaris Trail at Maxtown Road

Polaris Trail - 2.77 miles

N. Spring Road at Maxtown Road west to Alum Creek Trail along Polaris Parkway

Towers Trail - 3.2 miles

From Big Walnut Creek Trail at Sunbury Road, west to Towers Park, across County Line Road, north to Hoff Woods Park, west to Ohio to Erie Trail

TRAIL CONNECTORS

Alum Creek Park Trail Connector (I) - .3 miles

At West Street. Connects Otterbein University through Alum Creek Park North across Main Street bridge to the Alum Creek Trail

Alum Creek Park Trail Connector (II) - .75 miles

At Cooper Road. Connects Alum Creek Park Trail to Sharon Woods Metro Park across Cleveland Avenue

Chippmunk Chatter Trail Connector - .6 miles

North Street at Central College Road and Sunbury Road, west to gate at Iniswood Metro Park

Hoff Woods Connector - .15 miles

Ohio to Erie Trail at Maplebrook Drive, east to Hoff Woods Park

Westerville Library Connector - .09 miles

At the Ohio to Erie Trail west to Library Road

Africa Road Connector - .11 miles

Polaris Parkway north to Corporate Limits

INNER PARK TRAIL LOOPS

Community Center Loop	.55 miles
Heritage Park Trail Loop	.89 miles
Highlands Park Loop	1.09 miles
Hoff Woods Park Loop	1.16 miles
Huber Village Park Loop	.7 miles
Johnston-McVay Park Loop	.32 miles
Metzger Park Loop	.85 miles
Millstone Creek Park Loop	.36 miles
Olde Town Park Loop	.2 miles
Towers Park Loop	.36 miles
Sports Complex Loop	1.29 miles
Walnut Ridge Park Loop	.37 miles

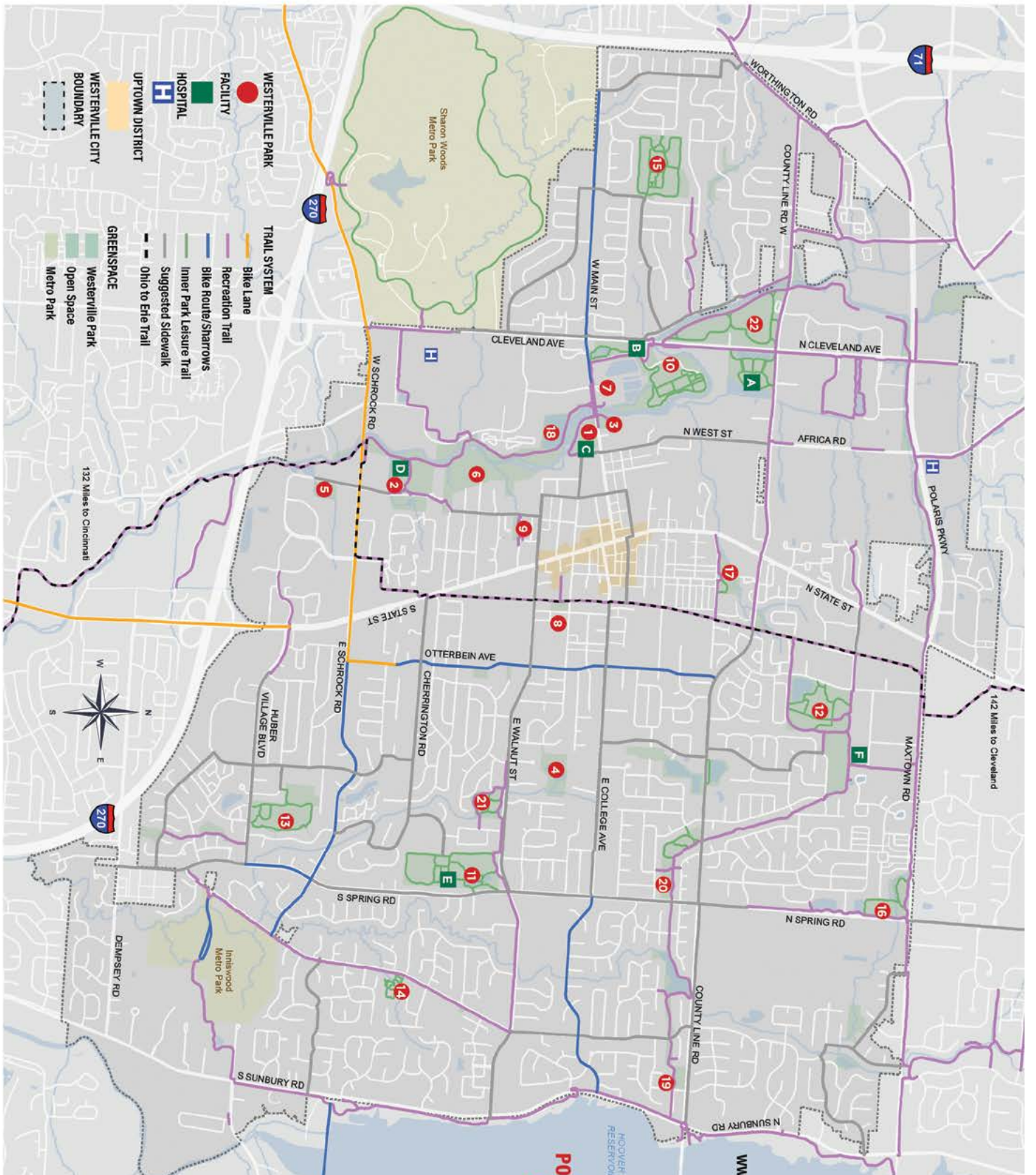
Visit one of the many Westerville Parks while enjoying the paths.

- Alum Creek Park North** (221 W. Main St.)
- Alum Creek Park South** (535 Park Meadow Rd.)
- Astronaut Grove** (290 W. Main St.)
- Boyer Nature Preserve** (452 E. Park St.)
- Brooksedge Park** (708 Park Meadow Rd.)
- Cherrington Park (Ernest)** (231 Hiawatha Ave.)
- First Responders Park** (374 W. Main St.)
- Hanby Park** (115 E. Park St.) HUB Location
- Hannah Mayne Park** (55 Glenwood Ave.)
- Heritage Park** (60 N. Cleveland Ave.)
- Highlands Park** (245 S. Spring Rd.)
- Hoff Woods Park** (556 McCorkle Blvd.)
- Huber Village Park** (352 Huber Village Blvd.)
- Johnston-McVay Park** (480 S. Hemstead Rd.)
- Metzger Park, Paul S.** (137 Grandy Place)
- Millstone Creek Park** (745 N. Spring Rd.)
- Olde Town Park** (108 Old County Line Rd.)
- Otterbein Lake** (via 221 W. Main St.)
- Spring Grove North Park** (1201 E. County Line Rd.)
- Towers Park** (161 N. Spring Rd.)
- Walnut Ridge Park** (529 E. Walnut St.)
- Westerville Sports Complex** (325 N. Cleveland Ave.)

www.westerville.org/parks

Facilities	
A	Westerville Community Center
B	Everal Barn at Heritage Park
C	Amphitheater at Alum Creek Park N.
D	Thomas James Knox Memorial Hockey Rink at Alum Creek Park S.
E	Highlands Park Aquatic Center
F	Parks Maintenance Complex

Key			
	Amphitheater		Parking
	Ball Diamonds		Picnic Area
	Basketball		Playground
	Bike/Leisure Path		Portalcin
	BMX/Skateboard		Restroom
	Community Garden		Shelter House
	Dog Park		Soccer
	Drinking Fountain		Spray Ground
	Fishing		Swimming Pool
	Historical Site		Tennis Courts
	Hockey		Volleyball
	Ice Skating		Water Feature
	Nature Area		



WESTERVILLE PARKS AND RECREATION
 350 N. Cleveland Ave.
 Westerville, OH 43082
 (614) 901-6500
www.westerville.org/parks

EMERGENCY 9-1-1
NON-EMERGENCY
POLICE (614) 882-7444
FIRE (614) 882-2213

ADOPT-A-FOOT PARTNERS

<p>GOLD PARTNERS Adopted Five Miles</p> <p>SILVER PARTNERS Adopted One Mile</p>	<p>BRONZE PARTNERS Adopted One-Half Mile</p>
<p>GENERAL DIVE PARKWAY CARE Sports Medicine</p> <p>THE HAYKOV FAMILY Supports Westerville NATIONWIDE CHILDREN</p> <p>VERTIV The Bailey Family OHIOHealth</p> <p>WRIGHT ACCIDENT CARE</p> <p>LAKE SHORE LAKESHORE COMMUNITY CENTER</p> <p>ROUSH GARDNER-EDWARDS NATIONAL FIRE PROTECTION ASSOCIATION</p>	<p>WESTERVILLE BIRCHFIELD</p>



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