

BOARDS AND COMMISSIONS

Application Due

COMMUNITY SERVICE

COORDINATOR

Joins WFD

RESIDENT SURVEY OUTCOMES

Now Available

WESTERVILLE

COMMUNITY GUIDE

|

SEPT/OCT 2023



www.westerville.org

**Program
Registration
Dates**

**Registration
Information**
See page 60

SEPTEMBER

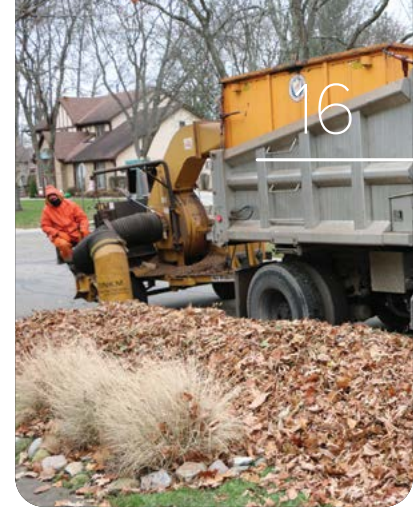
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MONICA IRELAN, CITY MANAGER



Westerville City Council

Back Row: Coutanya Coombs, Ph.D.; Kenneth L. Wright, Vice Mayor; Dennis Blair; Megan Reamsnyder

Front Row: Michael Heyeck, Chair; Diane Conley, Mayor; Craig Treneff, Vice Chair



On the cover: Mechanical pumpkins, halloween-themed maze, food trucks and of course an exciting pumpkin trail, it is The Great Westerville Pumpkin Glow, returning this fall with all new activities and location. Information can be found on pages 5-7.

TABLE OF CONTENTS

- 4** Veteran’s Breakfast
- 5** You Don’t Know Jack-o’-lantern
- 6-7** The Great Westerville Pumpkin Glow
- 8** Public Safety Cadets
- 9** National Night Out Review
WPD Welcomes New Assistant Chief
- 10** Westerville Electric Expands
“Smart Thermostat” Incentive
Public Power Open House
- 11** The Original Community “Fire Alarm”
- 12** Fire Prevention Month
Safe Handling of Lithium-Ion Batteries
- 13** Community Service Coordinator
Joins WFD
- 14-15** COhatch Connecting Community
and Coworking
Contact List
- 16-17** Take It or Leaf It
Leaf Collection Program
- 18** Long-Time Public Service Employee
Retires
- 19** Conversation Cubes
- 20** City “Report Card” Now Available
- 21** Westerville Citizens Academy
- 21** Join Westerville Boards and
Commissions

COMMUNITY ACTIVITIES

- 22-25** Community Events
- 26** Calendar

WESTERVILLE PARKS AND RECREATION

- 28-59** Programs and Classes
- 60-63** Parks and Recreation
- 64** Index
- 65-66** Recreation Trail Map



Delivery and Availability

The Community Guide is delivered to resident homes six times per year. This publication is available at the Westerville Community Center, City Hall and the Westerville Public Library.

Notes to the Editor

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Toni Schorling
toni.schorling@westerville.org

City of Westerville Mission

The City of Westerville is dedicated to providing exemplary municipal services to our community and fostering prosperity while embracing our unique heritage and character.

City Values

- | | |
|----------------|----------------------|
| Innovation | Integrity and Trust |
| Stewardship | Public Safety |
| Excellence | Community Engagement |
| Accountability | Employee Enrichment |

Westerville City Council Strategic Goals

-  AUTHENTIC AND ALIVE UPTOWN
-  CONNECTED AND ENGAGED RESIDENTS
-  SAFE AND VIBRANT NEIGHBORHOODS
-  THRIVING BUSINESS CLIMATE

Welcome

It is jack-o'-lantern season once again. In this edition you can find the history of the jack-o'-lantern, along with a map of The Great Westerville Pumpkin Glow. See pages 5-7 for details along with the history of the carved pumpkin.

The Westerville Division of Police (WPD) welcomed a new Assistant Chief this summer and begins a new session of the Public Safety Cadets program with the Westerville Division of Fire (WFD). The program, for ages 14-21, focuses on teaching participants about law enforcement, fire-rescue and emergency medical services. Information can be found on page 8.

The WFD provides an in-depth history of the fire bell, currently installed at Fire Station 111. This bell dates back to 1860 and has a rich history. Visit page 11 for the story. The WFD also welcomed a new staff member and position this summer.

Karen Lewis joins the department in the role of Community Service Coordinator. A description of this new position is available on page 13.

COhatch will be opening in early fall in a building that once housed the Westerville Armory. This new addition to the City will provide coworking space and house North High Brewing, set to open late 2023. Visit pages 14-15 for a question and answer with Operations and Development Manager, Madison McHugh.

City resident responses to the 2023 Resident Survey are now available. See page 20 for a brief synopsis of responses and information on how to view the complete breakdown.



VETERANS BREAKFAST

TUESDAY, NOV. 7 • 8:30 a.m.

DOORS OPEN AT 8:15 a.m

\$10 PER PERSON
VETERANS ARE FREE

Tickets are available for purchase in-person at the Westerville Community Center. Veterans must show valid identification to receive a free ticket.

Tickets on sale September 25

NEW LOCATION

RENAISSANCE WESTERVILLE HOTEL
ADMIRAL BALLROOM

409 ALTAIR PKWY. • WESTERVILLE, OH

You Don't Know Jack-O'-Lantern

A History of Fall's Favorite Gourd

There is nothing more synonymous with fall than the pumpkin. They adorn porches, storefronts are lined with overflowing pumpkin bins, festivals across the country celebrate them and you can find just about anything flavored with pumpkin spice.

But how did one humble squash become the quintessential harbinger of fall?

Pumpkins are believed to have originated more than 7,500 years ago in Central America. But those first pumpkins had very little resemblance to the bright orange gourds we know today. They were small, bitter and incredibly hard. Despite these factors, they were among the first crops grown for human consumption in North America.

In the early days of America, pumpkins had one of their first “glow-ups.” In 1670, Hannah Wooley published a recipe in her book, *Gentlewoman's Companion* of a pumpkin pie, layered with apples and herbs. Later in the 17th Century, enterprising cooks transformed the pumpkin again by adding sugar - a stylish transformation that eventually gave way to the pumpkin pie we know today. One of the first modern pumpkin pie recipes was published in 1796 in Amelia Simmon's *American Cookery*.

This fall crop has a long history of sustaining life in the Americas during the colder months and inspiring centuries of culinary innovation. Yet how did the pumpkin come to be carved for front-porch decor with fun and spooky faces?

For that history, we have to cross the Atlantic into early European Celtic culture. For thousands of years, early Celtic cultures carved faces into beets, potatoes and turnips during harvest festivals, believing it would ward off restless souls. A practical purpose also evolved from the tradition: hollowing out carved root vegetables and adding a flame made lanterns for additional light. These makeshift lanterns were significantly cheaper than their traditional metal counterparts and are considered to be the first examples of “jack-o'-lanterns.”

Why is it called a jack-o'-lantern? This term originates from 17th Century England where it was common to call a man whose name you didn't know “Jack.” Night watchmen, for example, became known as the “Jack-of-the-Lantern” or jack-o'-lantern. The terms began to be associated with the carved turnips of the time by way of the urban legend of “Stingy Jack,” a trickster who was doomed to wander the Earth with an ember of coal he used for an eternal light.

Immigrants from Europe brought the tradition to the Americas. They found that pumpkins, a native fruit, were perfect for making glowing jack-o'-lanterns. This tradition began rooting itself into the literary and oral history of America as well. Washington Irving's 1820 short story, “Sleepy Hollow,” wove the pumpkin into the very fabric of American culture, featuring a headless horseman hurling pumpkins at never-seen-again Ichabod Crane. The first published image of a jack-o'-lantern appeared in an 1867 issue of *Harper's Weekly*.

And the rest, as it is said, is history.





THE GREAT WESTERVILLE PUMPKIN GLOW

Oct. 19 - 22 • 6:30 - 10:30 p.m.

Heritage Park • 60 N. Cleveland Ave.

www.westerville.org/pumpkinglow

SCAN FOR
TICKETS



MAP KEY

-  Pumpkin Exhibit
-  Food Truck
-  Restroom
-  Tickets/Entrance
-  Attraction

LET THE GOURD TIMES ROLL!

THE PUMPKIN GLOW TRAIL

All of Heritage Park will be used for the event in 2023, offering more space to stretch out and explore. The trail will pick-up in new locations, also spreading out for more to enjoy.

FUN AND GAMES

More rides and attractions? You got it. Watch for ax-throwing and pumpkin riding to return, along with other family-friendly and fun games and attractions.

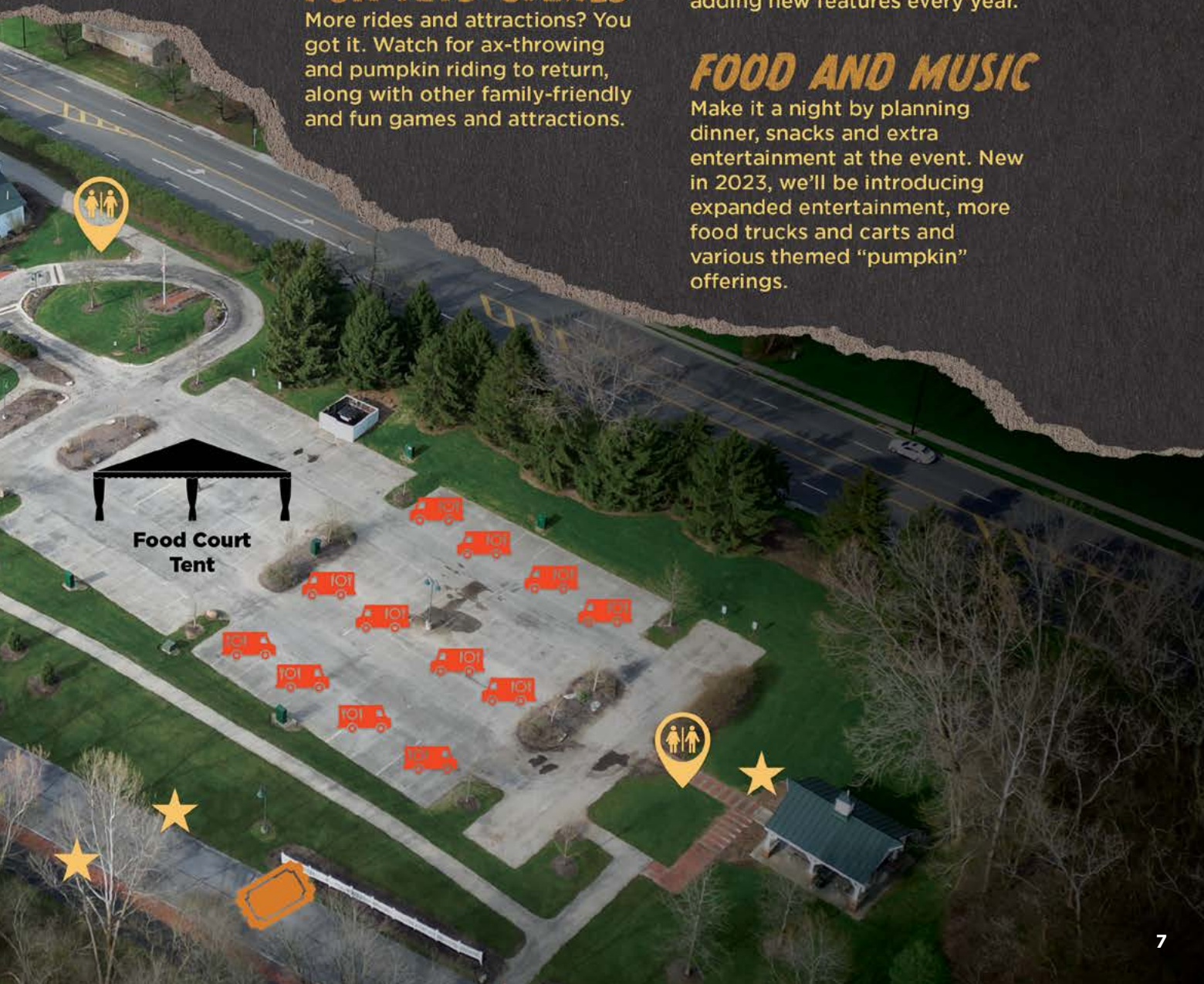


EXHIBITS

Special exhibits and not-so-scary features will be dotted throughout the park. The biggest gourds we can find will be on display, and we'll be adding new features every year.

FOOD AND MUSIC

Make it a night by planning dinner, snacks and extra entertainment at the event. New in 2023, we'll be introducing expanded entertainment, more food trucks and carts and various themed "pumpkin" offerings.



Food Court
Tent

Public Safety Cadets: Building Community Leaders

New Generation Exploring Police, Fire Service

Landon Fulkerson first became a Westerville Public Safety Cadet in 2020, a time he found both challenging and rewarding in the pursuit of a law enforcement career. In the midst of the pandemic, Fulkerson started a professional path that began as a Cadet and eventually led to today's rank of Captain in the program.

"This program instills responsibility and discipline in a way that few other programs can," said Fulkerson. "We get a chance to do good work for real people in a hands-on way with programs like Safety City and Cops and Kids Day."

The Public Safety Cadet program is designed for young people ages 14-21 who are interested in exploring careers in law enforcement, fire/rescue and emergency medical services. In addition, Cadets are afforded the opportunity to engage with the community while improving leadership ability, building character and developing life skills that translate to the real world. Westerville's program is focused on creating an open and inclusive environment where every cadet from any background has the opportunity to grow and thrive.

The program prioritizes the value of service and is supported by the guidance, training and mentorship of dedicated personnel from the Westerville Divisions of Police and Fire (WPD, WFD). These mentors come from diverse personal and professional backgrounds but share one common trait: a commitment to the development and success of young people in our community.

Practical exercises and hands-on training that promote the development of core concepts and skills such as critical thinking, problem solving, interpersonal skills and physical fitness are central to the program.

Cadets completing the program become well-rounded, qualified applicants for futures in both public safety and private-sector employment. They develop the crucial skills in becoming productive citizens in their communities.

"These Cadets have a true devotion to their community," said Lieutenant Greg Franey, WPD Community Service Bureau. "We teach our cadets respect, empathy, compassion and initiative."

Cadets also train with other local public safety cadet posts where they learn additional skills and build lifelong friendships.



*Captain Landon Fulkerson,
Westerville Public Safety Cadet Program*

"We are taught by the best police officers and firefighters that Westerville has to offer," said Fulkerson. "We are learning the skills needed to succeed in any career or field of study. I would wholeheartedly recommend this program to those who want to help their community and become a first responder someday."

Cadets meet each week from mid-August to mid-May from 6-9 p.m. and twice a month during the summer. Meetings are generally held at the Westerville Justice Center, but the location is occasionally adjusted to accommodate weekly training activities.

Those interested in joining the Public Safety Cadet program can attend a meeting to experience the program, meet with Cadets and ask questions. For more information or inquiries, contact crimeprevention@westerville.org.

National Night Out 2023 with WPD

In addition to many neighborhood gatherings, the Westerville Division of Police (WPD) hosted an “all-community” event at Huber Village Park in August to celebrate National Night Out (NNO).



WPD Welcomes New Assistant Chief

The Westerville Division of Police welcomes Assistant Chief Tom Gallagher to the team. Chief Gallagher comes to Westerville from a 17-year career at the City of Dublin. He will oversee the Emergency Communications (9-1-1), Records and Mayor’s Court divisions. Chief Gallagher lives in Marysville with his wife, young daughter and newborn son. Welcome, Chief Gallagher.



Westerville Electric Expands “Smart Thermostat” Incentive

The Westerville Electric Division (WED) has launched the Community Energy Savings Program*, a rebate program that incentivizes the use of residential smart thermostats to reduce energy use during times of high electric demand.

The program is sponsored by American Municipal Power (AMP), of which WED is a partner as a public power provider.

Residents and business owners are able to opt-in to the program with compatible smart thermostats. Applicants complete an online application, and WED reviews the criteria and emails a \$55 e-gift card for participants to use toward their purchase.

Central to the program is utilizing technology to reduce energy consumption during peak power consumption days. On certain high-heat days, which typically occur 10–15 days per year, an automated notification may be sent to smart thermostats and apps to adjust the home temperature slightly.

Leading up to a Community Energy Savings event, the enrolled thermostat will pre-cool the house for several hours, helping to ensure the home stays comfortable during the peak event. Once the event begins, typically between 2 - 6 p.m. on the hottest days of the year, the thermostat will automatically increase the temperature set point to help reduce consumption when energy is most in demand. In any scenario, homeowners can manually override the adjustment.

WED has utilized a similar program with the Google Nest® “Rush Hour Rewards” program for several years.

“This is the place where technology, cost-savings and a cooperative community spirit meets to conserve energy,” said Chris Monacelli, Westerville Electric Division Utility Manager. “We’ve had good success with the initial program, and Community Energy Savings opens this to many more consumers, making a real community impact on energy efficiency.”

Peak power consumption days run from June 1 through Sept. 30 during weekdays, from 1-6 p.m. An “opt-out” option can be performed anytime through a mobile device, web browser or on the smart thermostat.

For more information and to sign up for the program, visit www.westerville.org/electric.

Eligible Thermostat Brands

(Visit www.westerville.org/electric for model name and numbers included.)

- Alarm.com
- Amazon
- Vivint
- Emerson
- Honeywell Home
- LUX

**This program does not replace the existing, active Nest Rush Hour Rewards program for Nest owners but offers a similar program for other smart thermostat owners.*



WESTERVILLE ELECTRIC DIVISION
PUBLIC ⚡ POWER
OPEN HOUSE

Thursday, Oct. 5 • 4 - 7 p.m.
139 E. Broadway Ave.

WWW.WESTERVILLE.ORG/ELECTRIC

The Original Community “Fire Alarm”



The original fire bell has found its permanent home at the entry of Firehouse 111 (400 W Main St).

You may have heard of or seen the Westerville Division of Fire’s (WFD) fire bell. But, do you know the full history behind the 163-year-old bell?

Dating back to 1860, the WFD was officially established for community fire protection and prevention. The fire bell was first introduced at this time and placed in Uptown Westerville for residents to access in the case of emergencies.

In 1890, Westerville was split into four districts, which coincided with the number of fire bell rings. District one was the corporation lying east of State Street and south of Main Street; district two was west of State Street and south of Main Street; district three was the area west of State Street and north of Main Street; and district four was the section east of State Street and north of Main Street.

When a fire broke out, Westerville residents would ring the fire bell to alert firefighters of the situation. The number of rings determined which direction the fire was in, based on the sectioned village districts of the time.

On July 17, 1902, Westerville City Council prepared a requisition for a few materials, one of which included a new siren to be placed on top of the City Hall building for fire use. At the time, Council felt the \$150 purchase was too expensive and passed the matter to the City Manager to finalize.

As time passed and technology advanced, the fire bell was eventually replaced with the telephone. On June 26, 1908, the telephone was granted to Westerville’s Mayor and Fire Chief and Marshal.

Soon after, the fire bell was donated to Longfellow Elementary (120 Hiawatha Ave.). It’s reported that the bell was used by the school custodian to signal lunch time and daily dismissal.

WFD Firefighters re-collected the bell for placement at the (former) fire department headquarters at what is now Westerville City Hall (21 S. State St.).

Once the new main fire station (located at 400 W. Main St.) was built in 1985, the fire bell moved again for current, former and local firefighters to enjoy. To this day, it is where the fire bell remains, and is rung for special firefighter ceremonies.

Cooking Safety Focus

of Fire Prevention Week Oct. 8-14

Cooking fires are the leading cause of home fires and home fire injuries according to the National Fire Prevention Association (NFPA). Unattended cooking is the leading cause of cooking fires and deaths. Carefully implementing the safety steps into your everyday cooking routine can help reduce and prevent home fires.

The NFPA 2023 Fire Prevention Week theme, “Cooking Safety starts with you”, focuses on cooking safety and education on simple, but important actions you can take to keep you and those around you safe while cooking.

Cooking fires can be prevented with the following steps:

1. Turn pot handles toward the back of the stove.
2. Always keep a lid nearby when cooking. If a small grease fire starts, slide the lid over the pan and turn off the burner.
3. Watch what you heat. Set a timer to remind you that you are cooking.
4. Have a “kid-free zone” of at least three feet around the stove and areas where hot food and drink is prepared or carried.



Practicing these cooking safety reminders is important to safely enjoy cooking with family and friends. For additional ways to prevent fire incidents and for fire-preventative assistance, visit www.westerville.org/fire.

Safe Handling of Lithium-Ion Batteries

The Westerville Division of Fire (WFD) is actively promoting the safe maintenance and handling of lithium-ion batteries, commonly found in cell phones, cordless tools and electronic toys. Due to an increasing occurrence of home and garage fires resulting from unattended charging of these batteries, the WFD emphasizes the need for caution.

“If you’re charging these batteries in your home or garage, do so only when you’re home and can see them,” says Fire Chief Brian Miller. “Consider storing these batteries in a lithium-ion battery bag.”

Fireproof storage bags are available for purchase on Amazon or other retail operations. These bags help reduce the chance of lithium-ion battery fires.

There are several indicators that a lithium-ion battery may be deteriorating, including visible damage, an enlarged size, the release of white smoke or a strong odor.

For a full fact sheet and video regarding safety tips for lithium-ion batteries, visit www.westerville.org/fire.

CHARGING AND STORAGE

- If you’re charging these batteries in your home or garage, do so only when you’re home and you can see them.
- Remove the battery from the charger, and the charger from the electric outlet when you are not home.
- Consider storing batteries in a Lithium Ion Battery Bag.

IDENTIFYING DAMAGED BATTERIES

- Visible damage, like cracks or exposed internal battery.
- Expanded size. Some batteries will expand significantly from their original size before igniting.
- White smoke may be visible from bad batteries, along with a strong odor. If you see smoke or smell a strong odor, remove the battery from the house and call 9-1-1.

Community Service Coordinator Joins WFD



*Karen Lewis,
Community Service
Coordinator*

The Westerville Division of Fire (WFD) is more than our local fire protection and emergency medical services agency. The WFD also connects residents-in-need to resources.

In addition to their emergency roles, personnel often encounter ongoing needs among residents, particularly in aging or special needs populations. These needs extend beyond the immediate scope of emergency medical care or transportation to the hospital. To address this, WFD has established a new program to expand care options for residents.

The enhanced service coordination program is now available as a free benefit to eligible residents. The newly appointed Community Service Coordinator, Karen Lewis, joined the team in June. Lewis provides personalized assistance to residents with health, financial, lifestyle and other needs through this program.

Lewis focuses on residents with the most pressing health, wellness and quality-of-life issues. She is available for one-on-one consultations based on referrals or by appointment for the following services. To contact Lewis, please call WFD at (614) 901-6600. Additional information may be found at www.westerville.org/fire.

Navigating Health Care Systems

- ☑ Explore insurance coverage (including Medicare or Medicaid) and connect with case management services.
- ☑ Review and assist with understanding medical bills or statements.
- ☑ Explore prescription drug benefit plans to help find low-cost medications.
- ☑ Arrange physician appointments and transportation.
- ☑ Assist in completing emergency medical information forms for paramedics' use in case of an emergency.
- ☑ Work with hospital discharge planners to ensure a smooth transition home from a hospital stay.
- ☑ Arrange for in-home nursing, home health care, and/or therapy services.
- ☑ Arrange for home medical equipment delivery and installation.

Legal & Financial Needs

- ☑ Assist in completing forms or obtaining necessary information regarding living wills or advance directives.
- ☑ Assist in reviewing Social Security earnings statements.
- ☑ Connect with senior services to conduct long-term care planning.
- ☑ Assist in reviewing death or survivor's benefits or making funeral arrangements for a loved one.

Educational and Emotional Support

- ☑ Connect with educational and recreational programs in the community.
- ☑ Connect with mental health treatment, substance use treatment, and grief counseling services.
- ☑ Connect caregivers with information, caregiving tools, and respite care services.
- ☑ Collaborate with school teams to address academic or behavioral concerns.
- ☑ Connect with youth treatment programs.
- ☑ Refer for Help Me Grow and Early Intervention Services.

Homemaker Assistance

- ☑ Help with finding and arranging homemaker assistance (cleaning, cooking, laundry, etc.).
- ☑ Assist with grocery shopping services.
- ☑ Arrange home-delivered meals.
- ☑ Arrange transportation for shopping or other needs.
- ☑ Conduct home safety assessments.
- ☑ Arrange for minor home repairs including deep cleaning.

Connecting Community and Coworking

COhatch Opening September



The “Prothonotary Warbler” may not be the first thing you consider when you think of a new office space coming to Westerville, but this cavity-nesting bird’s habitat at Hoover Reservoir was one of the many Westerville-based design inspirations in COhatch’s newest space on South State Street. The Warbler is featured in mural form in one of the many meeting spaces in the facility.

Located in the former Armory building, COhatch, a local coworking collaborative, has paid homage to Westerville’s past, present and future in their new facility at 240 S. State St. The 2.3-acre campus features coworking and private office spaces, an event venue, and a unique partnership with North High Brewing that includes a restaurant and brew pub.

In the design of the space, special attention was paid to reusing tiles, bricks, doors and windows from the Armory building as part of the design of the space.

But what exactly is COhatch, and what is coworking? Madison McHugh, Operations and Development Manager for COhatch, explains Westerville’s newest way to work.

Tell us about Cohatch.

COhatch is a community hall 2.0. Most people call us a coworking space or shared office space. We are actually a local network of coworking and lifestyle spaces, tools, and amenities that help people thrive at work and in all parts of their lives. What we offer is best explained through our tagline, “Work, Meet, Live.”

The pandemic introduced us to thinking differently about workspaces. What is coworking in your definition?

A coworking space is a shared professional working space where monthly fees are paid to use a common work area. Coworking spaces foster a sense of community and networking events and are ideal for start-ups, remote workers, and nonprofits. We try to engineer collisions of people here so they can help each other thrive. Two people grabbing coffee at the same time can spark a conversation that can lead to something great for their business.

Community Contacts



All numbers are (614) area code unless otherwise noted.

How can the Westerville workforce, residents and visitors get involved?

In addition to monthly memberships, COhatch also offers day passes; businesses and nonprofits can rent their own private office space inside the facility; and community members can rent community spaces without membership. COhatch also administers a program called "Impact," offering scholarships for coworking and office space for local 501(c)3 organizations, minority and women-owned businesses and other local organizations.

What makes the Westerville COhatch location different from other locations?

It comes down to the community connection.

On the technology front, COhatch has utilized the WeConnect Data Center to integrate fiber-based internet and WiFi into the space. The Westerville location is the only location to utilize a service like this. Businesses renting office space at COhatch can also purchase data storage at WeConnect, a perk not offered elsewhere.

This location also features the largest outdoor space of any COhatch location. We will offer everything from bocce ball courts to fire pits and furniture, outdoor movie screens, bike repair stations, an integrated bike path and walkable gardens. We wanted to complement Westerville's tradition of outdoor recreation and park space.

How do you view COhatch connecting with its community in Westerville?

The COhatch Westerville team is still getting glimpses into how important community connections are in Westerville.

As we've given more tours, we have met individuals who actually used to work here when it was the Armory, which is really cool. We will be utilizing some of the photos they have in the decor.

The team at COhatch is eagerly awaiting the opening of the new facility and serving as a hub for the Westerville community.

Fire/Medical/Police Emergency	9-1-1
Gas/Carbon Monoxide Leaks	9-1-1
Mental Health Resources	2-1-1
Non-life threatening emergency (Fire)	882-2213
Non-life threatening emergency (Police)	882-7444
National Suicide and Crisis Lifeline	9-8-8
Animal Control	901-6863
Animal Removal (Dead on roadside)	901-6740
Cemeteries	901-6740
City Manager's Office	901-6400
Clerk of Council	901-6410
Community Affairs	901-6400
Digging (Ohio Utilities Protection Service)	800-362-2764
Economic Development	901-6409
Electric Division	901-6700
<i>(outages, street lights, tree trimming near electric lines)</i>	
Finance Department	901-6440
Fire Division Headquarters	901-6600
CPR/First Aid Training	901-6600
Non-Emergencies	882-2213
Human Resources	901-6406
Income Tax	901-6420
Leaf Collection	901-6740
Mayor's Court	901-6419
Parks and Recreation Department	901-6500
Inclement Weather Hotline	901-6888
Administration	901-6530
Community Center	901-6500
Everal Barn and Homestead	901-6515
Parks Maintenance	901-6591
Highlands Park Aquatic Center	901-7665
Recreation Program Center	901-6531
Senior Center	901-6560
Shelter Information	901-6513
Permits	901-6598
Urban Forestry	901-6598
Building	901-6650
Burning	901-6600
Parade/Block Party	901-6410
Security Alarm	901-6482
Zoning	901-6650
Planning and Development	901-6650
Planning, Engineering, Zoning	901-6650
Traffic Engineering	901-6670
Zoning Enforcement	901-6660
Police Division	901-6450
Administration	901-6470
Community Services	901-6860
Investigations	901-6475
Recorded Information Line	901-6879
Records	901-6450
Non-Emergencies	882-7444
Service Department	901-6740
Sewer Emergencies	901-6740
Sewer Line Maintenance	901-6740
Stormwater Hotline	901-6740
Street Emergencies	901-6740
Street Maintenance Repairs	901-6740
Trash/Recycling Collection	901-6740
Water Emergencies	901-6740
Water Line Maintenance	901-6740
Traffic Violations	901-6419
Tree/Storm Damage (in right of way)	901-6591
After Hours	901-6790
Tree Trimming (in right of way)	901-6598
Utility Billing	901-6430
Water Plant	901-6770

Take It or Leaf It

Making the Most of Fall Yard Clean-Up

As cooler temperatures take hold, our landscapes and gardens begin to surrender to winter. Flopping plants and falling leaves can cause your yard to be a bit untidy, and most people reach for hedge trimmers, leaf blowers and lawn bags. However, there is a more sustainable approach to fall leaf cleanup.



Following a spectacular display of autumnal color, leaves fall as the trees prepare for winter rest. Fallen leaves are frequently blown or raked from the yard, which could deprive a yard of valuable nutrients for your lawn and flower beds. Consider the following alternatives:

Mowing

Tree roots efficiently remove nutrients from the soil, but their leaves are rich in carbon, nitrogen, phosphorus and potassium and can be recycled as free fertilizer. Mowing is the easiest and least labor-intensive way to sustainably recycle leaves. Mow over leaves with a mulching lawn mower, distributing shed leaf pieces into the grass without smothering it. Approximately one-half inch of grass should still be visible. Leaf pieces should be close to the size of a dime after mulching, which could take more than one pass with your mower. Microbes and earthworms then help break down leaves, adding important organic nutrients to your lawn. Leaves will be gone by the spring, and this free fertilizer option will reward you with a green lawn when spring returns.

Mulching and Soil Improvement

Using leaves as mulch for your flower beds takes a bit more work, but they are a great soil conditioner when added to perennial beds, vegetable gardens and tree islands. Once leaves are mulched with a mower, move them to the edges of flower beds, gardens or trees. You can also fill a plastic trash can half full with leaves and use your string weed trimmer to shred leaves inside the trash can. This works best with dry leaves. Electric leaf shredders are also available. Place a thin layer of shredded leaf mulch evenly around these areas. A two-inch layer of leaf mulch is enough to suppress weeds, retain water and insulate the soil from temperature changes.

Mulched leaves can also be cultivated into the first four to six inches of soil to improve soil composition. Adding a little organic granular fertilizer to the soil after working in the leaves will help speed the decomposition process.

Composting

Composting is another great way to put those fallen leaves to good use. Compost is a dark, nutrient-rich organic matter that has gone through decomposition. Good compost composition includes both “green and brown” elements; Green materials, such as vegetable scraps, add a boost of microbes to jump-start decomposition. Leaves fall into the “brown” category, adding steady amounts of nitrogen-rich matter to your compost bin.

Not all leaves are created equal, however. Oak leaves should be used sparingly in compost, as they will raise the overall acidity of your compost. Walnut and Buckeye leaves should be avoided altogether. Composting is the most time-intensive process and takes a watchful eye, but the end product is a nutrient-packed amendment for your landscape. The Franklin County Soil Water and Conservation District features a wealth of information on composting on its website and offers a rebate on approved compost bin purchases.

Residents may take advantage of the City’s free composting program www.westerville.org/composting.

Traditional Leaf Collection

The City's Public Service Department crews manage the annual leaf collection program, which runs from mid-October to mid-December. This year, leaf collection moves into a weekly, three-zone service model. A postcard will arrive in resident mailboxes in late September with zone assignments.

For traditional curbside collection, leaves should be raked to the tree lawn (between the sidewalk and the street) but not in the street. To ensure efficient and economical leaf removal, leaves should be free of large sticks, twigs, and any trash or debris that could damage the City's leaf collection equipment or cause injuries to personnel. When possible, avoid parking vehicles in front of or close to leaves during the designated collection weeks. Any obstructions, such as basketball hoops, should be removed from the right-of-way, as they pose safety hazards and can impede collection. Make sure that your leaves are placed in a paper or biodegradable bag or in your yard waste container to ensure collection.

City Sustainability Efforts

If you don't choose to utilize your leaves for your own yard, you can be assured the City has procedures in place so those leaves avoid the landfill. When collected through the City's program, leaves are taken to Kurtz Bros. Mulch and Soils, a near-Westerville landscaping company, to be turned into mulch. In 2022, more than 5,800 cubic feet of leaves were collected around the City and turned into organic mulch through this process.

Green Cleanup Tips



Use rakes and hand tools instead of gas-powered leaf blowers. This also doubles as great exercise.



Invest in electric-powered lawn mowers, string trimmers and blowers.



Leave a few out-of-the-way leaf piles untouched in your yard and flowerbeds. Many beneficial pollinators, such as bees and butterflies, over winter in this leaf litter.



Leave the seed heads of perennials such as coneflower, sedum and black-eyed Susan to ripen, providing a valuable winter food source for birds.



Plant spring-blooming bulbs in the fall to provide an early nectar source for pollinators.

For additional information on the City's leaf collection program, visit www.westerville.org/leafcollection.



LEAF COLLECTION PROGRAM

BEGINS MONDAY, OCT. 16

FOR MORE INFORMATION, VISIT
WWW.WESTERVILLE.ORG/LEAFCOLLECTION

Long-Time Public Service Employee Retires

Thank you, Sharon Lytle

For 35 years, Sharon Lytle worked behind the scenes to help keep the Public Service Department (WSD) on the top of their game. Working closely with Kevin Weaver, Director of Public Service, Lytle ensured administrative requirements were met, which included everything from managing payroll and personnel to tracking leaf collection and snow removal costs. More recently, she acted as the program manager for WSD's American Public Works Association (APWA) accreditation.

"Sharon has a passion for the history of our community and its people and that shows in the wealth of information she shares," said Weaver. "She has proven to be one of our most essential employees and the knowledge that she has on all aspects of Westerville Public Service, our employees and programs will be hard to follow."

After more than three and a half decades in Westerville, Lytle shared these thoughts about her career in public service.

How has your job changed during your time with the City?

Although my job responsibilities have changed over the years, I feel the biggest changes have been in how I have grown in knowledge and self-confidence through the opportunities the City provided. My knowledge of computers has definitely grown from low-resolution green screens to training others on the complex web-based programs currently in use. I have had the occasion to work with some amazing people, both within the City and through outside organizations. Some have challenged me to go beyond my comfort zone, allowing me to accomplish things I would have never thought possible.

What do you feel was a major accomplishment during your time with the Public Service Department?

The most important part of my job is maintaining the records for the City's three cemeteries. Over the years I have been able to identify unmarked graves, obtain markers for veterans buried without stones and connect family members with lost loved ones. I have also been able to find data on burials that has been lost over the years through natural disasters.

What was your favorite part of this project?

My favorite part would definitely have to be Wreaths Across America. Since the first time I saw the wreaths laid at Arlington National Cemetery, I have wanted to



be able to have at least one of our cemeteries take part in the program. The first year we participated, the weather did not cooperate, yet so many people turned out to help lay the wreaths. I felt honored to be a part of that. This year, through the generosity of several outside organizations, the program will expand to both of the active City cemeteries and I hope to be there to make it a success.

We've noticed that your retirement date is October 31. What significance is this date to you?

I turn 65 in October. And then there's the fact it is Halloween. I love everything fall and Halloween is no exception. Each year, I spend more than six weeks setting up a display of a Halloween "village" in my garage, which is usually the neighborhood attraction. Even my office is decorated year-round with fun Halloween decor. So retiring on October 31 seems like the perfect choice.

What are your plans after retirement?

I plan to relax and enjoy the holiday season with my family for the first time in 35 years. I also plan to enjoy not having to drive to work in snow anymore. I will continue working with APWA as an evaluator for their accreditation program, which will allow me to do some traveling. And most likely, I will pick up a part-time job just to ensure I stay active.

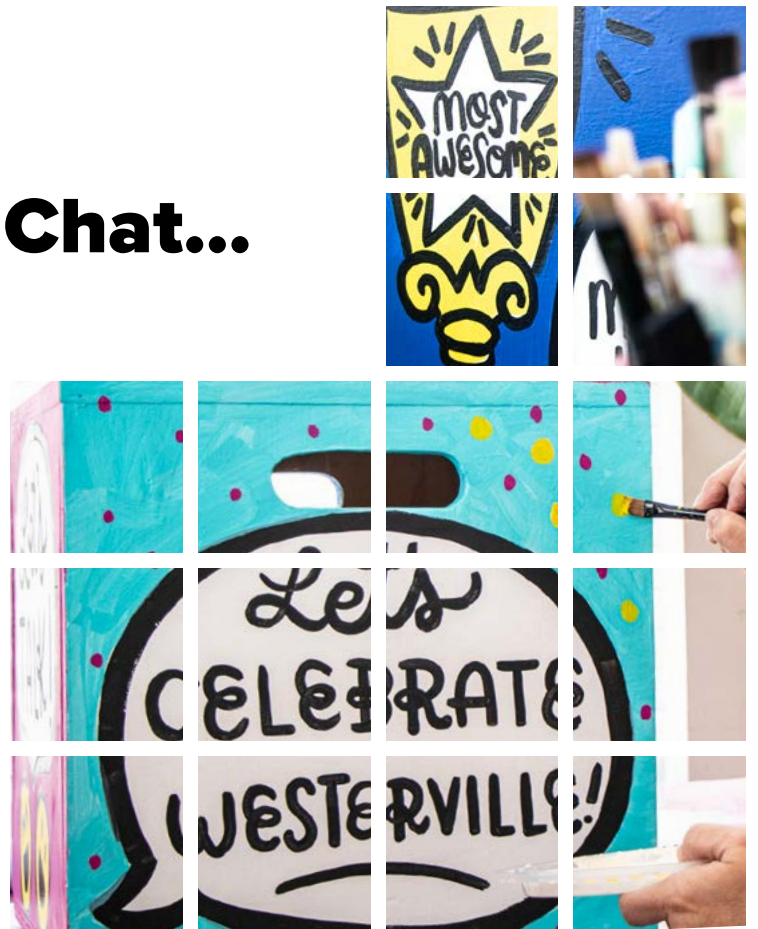
Congratulations, Sharon Lytle!

Hi Neighbor! Let's Chat...

A new public art installation is on display in the City Hall courtyard (21 S. State St.) The "Conversation Cubes" project is designed to spark conversation between residents and visitors with a focus on ideas about acceptance and belonging. Through approachable, bright and fun designs, this installation by local Westerville artist Amanda McGee is a celebration of what makes us unquestionably unique.

"These moveable blocks are meant to be enjoyed by the community as a fun place to have a seat in Uptown while sparking meaningful conversations with your friends and neighbors. I'm delighted to be working on this project," said McGee.

The Conversation Cubes installation will be on display through the end of September. Share your discussions, ideas and inspirations with us by tagging the City of Westerville on Instagram at @cityofwesterville.



Artist Amanda McGee poses with the in-progress installation in her home studio





City “Report Card” Now Available

Residents continue to express high satisfaction levels in Westerville, as measured in the 2023 online resident survey, with consistently high rankings for City programs and services.

The survey was active online earlier this spring and was conducted by Strategic Research Group (SRG), a Columbus-based survey research firm.

Among the key outcomes of the survey:

Residents’ perceptions of Westerville, its government, and the various services and facilities it offers continue to be “very positive overall.” Roughly 89% of respondents indicated they were satisfied or very satisfied with City services; only 4% indicated some level of dissatisfaction.

The “overall safety of the community,” “quality of services” and “family-friendly nature” of Westerville were the highest-rated aspects.

“Property taxes” and “too much development” were rated lowest.

Community priorities remained largely steady in terms of their ratings as compared to previous years. The top three issues residents want prioritized, in order, are “Public Safety and Emergency Management,” “Fiscal Management and Responsibility” and “Reliable and Efficient Utility Services.”

While Westerville residents say they generally feel safe in the community, specific areas, including “inside your home” and “in a City park,” were rated slightly lower regarding safety. “Routine safety patrols” are the most frequently selected public safety priority for the Westerville Division of Police (WPD), according to residents.

Residents rated the Westerville Community Center facility highest in the Westerville Parks & Recreation system. “Special events” are rated best in this section in terms of programs.

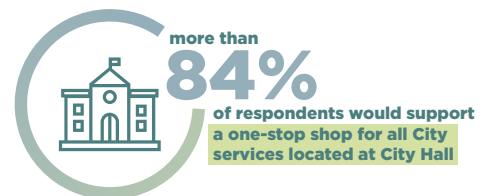
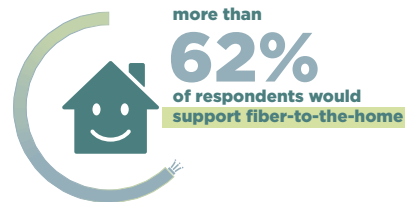
In a special section designed to better understand how residents wish to engage with the City, feedback demonstrated a wide range of both interest and awareness.

“As an organization, we wanted to better understand if residents know where, how and when to get involved, if they have an interest in public or volunteer service,” said Westerville City Manager Monica Ireland. “The City knows there’s an incredible demand for the time and attention of our residents, so this feedback can help us determine future community engagement opportunities.”

Responses in this section indicate that most residents do not know or have not noticed calls for public service on Boards and Commissions. The level of familiarity with specific Boards and Commissions is low. Generally, residents do not appear to have a strong appetite for public service volunteerism at this time. About half of the respondents said they had volunteered, and approximately 30% were aware of volunteer opportunities with the City. Only about 39% said they would consider volunteering with the City.



The City’s Facebook account is the most used and active platform.



For a complete breakdown of the 2023 survey results, visit www.westerville.org/survey.

Congratulations!

Westerville Citizen's Academy Class of 2023



The 2023 class of the Westerville Citizen's Academy graduate this month after a 9-week course learning about their local public programs and services. Interested in attending Westerville Citizen's Academy? Applications for the 2024 class will be available in spring 2024 at www.westerville.org.

Join Westerville Boards and Commissions

Boards and Commissions play a vital role in Westerville's local government by evaluating matters of special interest and when appropriate, making recommendations to City Council. All Boards and Commissions meetings are open to the public.



Applications available
Sept. 8, 2023

Submission deadline
Oct. 20, 2023

Vacancies for 2023 include:

Planning Commission

Four year term - one vacancy

Board of Zoning Appeals

Four year term - two vacancies

Uptown Review Board

Three year term - two vacancies

Parks and Recreation Advisory Board

Three year term - four vacancies

Income Tax Review Board

Three year term - no vacancies

Personnel Review Board

Three year term - one vacancy

Visit Westerville Board of Trustees

Three year term - no vacancies

Volunteer Peace Officers Dependents Fund Board

One year term - two vacancies

Volunteer Fire Fighters Dependents Fund Board

One year term - two vacancies

To apply to a board or for additional information on each board's responsibilities, including meeting dates and times, visit www.westerville.org/applybc.



Pancake Breakfast

WEDNESDAYS • 7:30 - 10 a.m.



— **\$5** —

**Sept. 6 • Oct. 4
Nov. 1**

Bring family and friends to our monthly breakfast and enjoy pancakes, eggs, sausage, juice and coffee. Held the first Wednesday of the month.

**WESTERVILLE COMMUNITY CENTER
SENIOR (SOUTH) ENTRANCE**
350 N. Cleveland Ave.

(614) 901-6560



SATURDAY, SEPT. 9
11 a.m. - 2 p.m.

Bring your pooch to the pool for a special swim time for dogs. Dogs are required to have proof of license and immunizations.

11 a.m. - 12 p.m.	12 - 2 p.m.
small dogs (under 25 lbs)	all dogs

\$5 PER DOG

HIGHLANDS PARK AQUATIC CENTER
245 S. SPRING RD.

HOUSEHOLD HAZARDOUS WASTE COLLECTION

Saturday, Oct. 7 • 8 a.m. - 2 p.m.

Westerville Service Complex • 350 Park Meadow Rd.

PLEASE ENTER FROM SCHROCK ROAD

FREE EVENT*

*LATEX PAINT MAY BE DISPOSED OF FOR A FEE (TYPICALLY \$1 PER GALLON)

WWW.WESTERVILLE.ORG/HHW



INCLUSIVE OPEN GYM

Ages 3 - 17 • Fridays, Sept. 22, Oct. 6

Ages 18 and up • Fridays, Sept. 29 - Oct. 13

6 - 7:30 p.m.

Enjoy some open gym play time in a sensory-friendly environment! Parents and support staff are free.

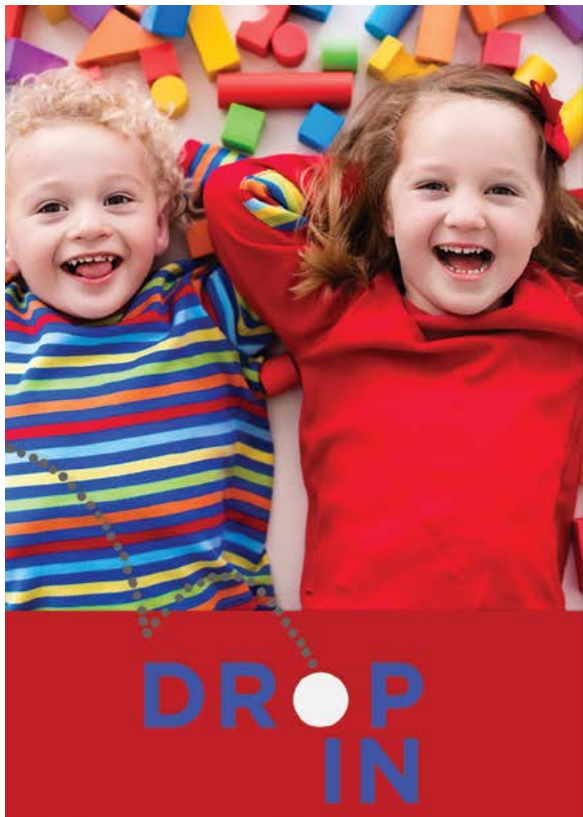
AUTISM SOCIETY OF CENTRAL OHIO INCLUSIVE SWIM

Sunday, Sept. 17 • 5:30 - 7 p.m.

Donations suggested to ASCO

Enjoy a family swim session without the addition of crowds. The leisure and warm water pools will be available.

Westerville Community Center • 350 N. Cleveland Ave.



Pee Wee Play Gym

Toddler Time

Monday, Sept. 18 - Dec. 11
9:45 - 11:45 a.m.

Friday, Sept. 22 - Dec. 15
9:30 - 11:30 a.m.

Westerville Community Center
350 N. Cleveland Ave.

Westerville Community Center
350 N. Cleveland Ave.

Ages 3 and under with parent
\$3

Kindergarten age
and under with parent
\$3

***No class Nov. 20, Nov. 24**

Join us for a morning of fun and play using a variety of large and fine motor skills equipment. This program will benefit your child by increasing social skills and encouraging family involvement. Every child or group of children must be accompanied by an adult. Children up to six months old are allowed to accompany at no charge. Toddler Time includes arts and crafts. Frequent visitor cards can be purchased at the front desk of the Community Center. Cards are \$15 for six visits.

Autumn ARBORFEST

Visit with tree-related vendors and learn about the benefits of trees in Westerville from the Parks and Recreation Arborist. Native trees and plants will be available for purchase. Activities include tree climbing, limb walk/swing, bucket truck rides and more.

Free • All Ages

Saturday, Sept. 23
10 a.m. - 2 p.m.

Alum Creek Park North
221 W. Main St.

SELF DEFENSE

Class size is limited to 14 participants.

Register at www.westerville.org/selfdefense

Ages 14 and up with adult • \$25 (refundable)

SATURDAY, OCT. 7

8 a.m. - 1 p.m.

NEW LOCATION

Westerville Justice Center
229 Huber Village Blvd.





Limit of three boxes per household

No plastic bags or tubs

Shredding provided free of charge

Shredding services will not take place on-site

Please stay in your vehicle

Enter Hoff Woods Park from Westdale Avenue

SHREDDING DAY



SATURDAY, OCT. 14 • 9 a.m. - 12 p.m.

HOFF WOODS PARK
556 McCorkle Blvd.



WESTERWOOD™
A LIFE CARE COMMUNITY



Traditional ham and bean dinner with coleslaw, cornbread and dessert. Cash, check and now credit card accepted.

We will have sit down and carry out available.
Call (614) 901-6560 for details.

Proceeds benefit the Westerville Senior Association.

Thursday, Oct. 19
4:30 - 6:30 p.m.

\$7

Westerville Community Center
350 N. Cleveland Ave.

TEEN NIGHT



Friday, Oct. 20 • Activity #502130-01

Friday, Nov. 10 • Activity #502130-02

6 - 8 p.m. • \$8 • Ages 11-14

Enjoy access to the gymnasium, climbing wall, indoor pool complex, eSport and adventure fitness areas. Pizza, snacks and drinks along with music and games will be provided.

REGISTRATION REQUIRED.

Westerville Community Center • 350 N. Cleveland Ave.



MONSTER MASH



Friday, Oct. 27 6 - 9 p.m.

The City will sponsor a "Monster Mash" dance party on Winter Street during 4th Friday. Stop by in costume and take a whirl on the LED dance floor while a DJ spins family-friendly tunes.

www.westerville.org/events



Friends of Alum Creek and Tributaries (FACT)
MAKE A DIFFERENCE DAY



Saturday, Oct. 28 • 9 a.m. - 12:30 p.m.
Boyer Nature Preserve • 452 E. Park St.

Friends of Alum Creek and Tributaries (FACT) is looking for volunteers to help remove invasive plants and clean up trash. Volunteers should bring shovels, loppers and bow saws; tools, gloves, trash bags, beverages and snacks will be available.

Visit www.friendsofalumcreek.org for details.

ZOMBIE HALLOWEEN POOL PARTY

Sunday, Oct. 29 • 5:30 - 7 p.m.

\$5 • Ages 2-15 • Parents are Free

Activity #504324-01

Join the zombie lifeguards for a haunted trick-or-treat trail through the Community Center. We will then enjoy the indoor pool for a family swim that includes games, candy and fun. Children under 6 must have a parent in the water with them. Parents are free.

Westerville Community Center
350 N. Cleveland Ave.



Snowflake Castle



Monday, Nov. 27 - Monday, Dec. 4

Sensory-friendly Snowflake Castle • Sunday, Nov. 26

Everal Homestead and Barn • 60 N. Cleveland Ave.

\$15 per child includes toy & photo with Santa & Mrs. Claus

Ages 10 and under suggested

Registration Available Online Only
at www.westerville.org/registration

Residents: Monday, Nov. 6 at 12 p.m. **Open:** Tuesday, Nov. 7 at 12 p.m.

Limit of six tickets per household.

All children building a toy must present a receipt to obtain entrance.

Additional information will be available in the Nov/Dec Community Guide.

Westerville Bimonthly Calendar

AUG.

- 15- Sept. 4 **Community Center Indoor Pool Closed** WCC
- 19 **Saturday Concerts** 6:30-8:30 p.m. Alum Creek Park N. 221 W. Main St.
- 20 **Youth Mental Health Fair** 2-4 p.m. WCC
- 23 **Planning Commission Meeting** 6:30 p.m. Council Chambers
- 25 **4th Friday in Westerville** 6-9 p.m. Uptown Westerville
- 26 **Night of Hope 5K and Family Fun Run*** register at 5:30-8:30 p.m. Westerville North High 950 County Line Rd. www.westervilleeducationchallenge.org
- 28- Sept. 3 **Community Center Closed for Annual Maintenance** WCC

SEPT.

HISPANIC HERITAGE MONTH

- 2 **Uptown Concert Series** 7-8:30 p.m. City Hall Courtyard 21 S. State St.
- 4 **Yard Waste Delayed** Citywide
- 5 **Yard Waste Pickup - Refuse and Recycling Delayed** Citywide
- 5 **City Council Meeting** 7 p.m. Council Chambers
- 6 **Refuse and Recycling Pickup** Citywide
- 6 **Pancake Breakfast** 7:30-10 a.m. WCC
- 7 **Senior Center Program Pass Holder Registration** 12 p.m. WCC and Online
- 7 **Uptown Review Board** 6:30 p.m. Council Chambers
- 8 **Class Registration (Residents) Online** 12 p.m. Online
- 9 **Class Registration (Residents) In Person** 8 a.m. WCC
- 9 **Household Hazardous Waste Collection** 8 a.m.-2 p.m. Public Service Dept. 350 Park Meadow Rd.
- 9 **Doggie Paddle** 11 a.m. - 2 p.m. HPAC
- 10 **Class Registration (Open) Online** 12 p.m. Online
- 10 **Sounds of Summer Concert Series** 6:30 p.m. Alum Creek Park N. 221 W. Main St.
- 11 **Class Registration (Open) In Person** 8 a.m. WCC
- 14 **Board of Zoning Appeals** 6:30 p.m. Council Chambers
- 15 **Danceathon*** 6:30-8 p.m. WCC
- 16 **Uptown Concert Series** 7-8:30 p.m. City Hall Courtyard 21 S. State St.
- 17 **Inclusive Swim** 5:30-7 p.m. HPAC
- 19 **City Council Meeting** 7 p.m. Council Chambers
- 21 **Park Advisory Board** 6:30 p.m. WCC
- 22 **4th Friday in Westerville** 6-9 p.m. Uptown Westerville
- 22 **Inclusive Open Gym - Ages 3-17** 6-7:30 p.m. WCC
- 23 **Autumn Arborfest** 10 a.m.-2 p.m. Alum Creek Park N. 221 W. Main St.
- 27 **Planning Commission Meeting** 6:30 p.m. Council Chambers
- 29 **Inclusive Open Gym - Ages 18 and up** 6-7:30 p.m. WCC

OCT.

BREAST CANCER AWARENESS MONTH

- 1-7 **Public Power Week**
- 3 **City Council Meeting** 7 p.m. Council Chambers
- 4 **Pancake Breakfast** 7:30-10 a.m. WCC
- 5 **Uptown Review Board** 6:30 p.m. Council Chambers
- 6 **Inclusive Open Gym - Ages 3-17** 6-7:30 p.m. WCC
- 7 **Self Defense*** 8 a.m. - 1 p.m. Westerville Justice Center 229 Huber Village Blvd.
- 8-14 **Fire Prevention Week**
- 12 **Board of Zoning Appeals** 6:30 p.m. Council Chambers
- 13 **Inclusive Open Gym - Ages 18 and up** 6-7:30 p.m. WCC
- 14 **Shredding Day** 9 a.m. - 12 p.m. Hoff Woods Park 556 McCorkle Blvd.
- 17 **Ham and Bean Dinner** 4:30 - 6:30 p.m. WCC
- 17 **City Council Meeting** 7 p.m. Council Chambers
- 19 **Park Advisory Board** 6:30 p.m. WCC
- 19-22 **The Great Westerville Pumpkin Glow*** 6:30-10 p.m. Heritage Park 60 N. Cleveland Ave.
- 20 **Teen Night*** 6-8 p.m. WCC
- 25 **Planning Commission Meeting** 6:30 p.m. Council Chambers
- 27 **Monster Mash at 4th Friday** 6-9 p.m. Uptown Westerville
- 28 **National First Responders Day**
- 28 **Make a Difference Day** 9 a.m.-12:30 p.m. Boyer Nature Preserve, 452 E. Park St.
- 29 **Zombie Halloween Party*** 5:30-7 p.m. WCC
- 31 **Beggars Night** 6-8 p.m. Citywide

NOV.

NATIONAL NATIVE AMERICAN, AMERICAN INDIAN AND ALASKAN NATIVE HERITAGE MONTH

- 1 **Pancake Breakfast** 7:30-10 a.m. WCC
- 2 **Uptown Review Board** 6:30 p.m. Council Chambers
- 6 **Snowflake Castle Resident Registration** 12 p.m. Online
- 7 **Snowflake Castle Open Registration** 12 p.m. Online
- 7 **City Council Meeting** 7 p.m. Council Chambers
- 9 **Board of Zoning Appeals** 6:30 p.m. Council Chambers
- 10 **Teen Night*** 6-8 p.m. WCC
- 14 **City Council Meeting** 7 p.m. Council Chambers
- 16 **Park Advisory Board** 6:30 p.m. WCC

WEEKLY

- MONDAYS **Yard Waste Pickup** Citywide
- TUESDAYS **Refuse and Recycling Pickup** Citywide
- SATURDAYS **Farmer's Market** 9 a.m.-12 p.m. City Hall parking lot
- MON-FRI **DORA** 4-10 p.m. Uptown Westerville
- SAT-SUN **DORA** 11 a.m.-10 p.m. Uptown Westerville

*** Registration or Ticket Purchase Required**

**City Council will be on recess from July 6-Sept. 4. The next scheduled meeting will be on Sept. 5

**Parks Advisory Board will be on recess in July and August. The next scheduled meeting will be on Sept. 21



Westerville Parks Maintenance, a division of Parks and Recreation takes pride in the City's tree canopy and strives to continue its award-winning history.

**Tree City USA - 47 years
Growth Award - 13 years
Tree Cities of the World - 4 years**

Learn about the City's tree canopy at the Autumn Arborfest on Saturday, Sept. 23. Information can be found on page 23.



AQUATICS

ADULT FITNESS SWIM

INSTRUCTOR(S): Jeanne Smith

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

Gain the benefit of an organized group practice while increasing your knowledge and skills with fitness swimming. This class has individual workouts ranging from 800-2500 yards. **Not for beginners.**

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
505309-01	Sept. 14- Nov. 16	5:50-6:50 a.m.	Tue/Thu
505309-02	Sept. 14- Nov. 16	8:15-9:15 a.m.	Tue/Thu

DEEP WATER CONDITIONING

INSTRUCTOR(S): Lori Robinson^
Jeanne Smith^^

AGE(S): 16 and up

This high-intensity class for cardiovascular, strength and tone workouts uses the deep area of the lap pool. Participants do a complete workout for the purpose of flexibility, aerobic capacity and overall fitness. **Participants must be comfortable in deep water.**

RATE: \$105 | **RESIDENT RATE:** \$90

BEGINNER/INTERMEDIATE

Activity #	Date	Time	Day(s)
505308-01^	Sept. 13- Nov. 17	9:30-10:30 a.m.	Mon/Wed/Fri

RATE: \$75 | **RESIDENT RATE:** \$60

Activity #	Date	Time	Day(s)
505308-02^^	Sept. 14- Nov. 16	9:30-10:30 a.m.	Tue/Thu

WATER TONING

INSTRUCTOR(S): Paula Hamilton

AGE(S): 16 and up

RATE: \$105 | **RESIDENT RATE:** \$90

The class incorporates the use of upper/lower body muscles. The warm-up includes basic aerobic exercises followed by a moving river segment and ending with a toning segment using resistance equipment to add useful intensity. The cool-down segment stresses flexibility and relaxation.

INTERMEDIATE

Activity #	Date	Time	Day(s)
505303-01	Sept. 13- Nov. 17	8:55-9:55 a.m.	Mon/Wed/Fri

WATER YOGA

INSTRUCTOR(S): Karen Dawson

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

In the calming effect of water you will practice deep breathing techniques, increase your flexibility and balance and develop a stronger body core through yoga poses. Research shows that the deep breathing exercises and relaxation/meditation techniques used lowers blood pressure. Meets in the warm water pool.

BEGINNER

Activity #	Date	Time	Day(s)
505302-01	Sept. 14- Nov. 16	12-12:45 p.m.	Tue/Thu

FREESTYLE CLINIC

INSTRUCTOR(S): Jeanne Smith

AGE(S): 16 and up

RATE: \$65 | **RESIDENT RATE:** \$55

This class is focused on making your freestyle stroke more efficient with drills and guided practice. Designed for multi-level practice from the novice swimmer to the experienced athlete training for an event. **Must be able to swim at least one length of the pool.**

INTERMEDIATE

Activity #	Date	Time	Day(s)
505310-01	Sept. 18- Oct. 30	6-7 p.m.	Mon/Wed

HYDRORIDER AQUABIKES

INSTRUCTOR(S): Tiffany Dupont

AGE(S): 16 and up

RATE: \$105 | **RESIDENT RATE:** \$90

This high intensity workout using water bikes is the newest fitness trend. Use water resistance to get a great cardio workout. Water fitness shoes are required. No swimming knowledge needed.

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
505306-01	Sept. 14- Nov. 16	7:15-8 a.m.	Tue/Thu

AQUAFLEX

INSTRUCTOR(S): Leslie Warthman^
Debbie Leach^^

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

This water class focuses on balance, flexibility and joint movement while building muscle and is great for those with arthritis, fibromyalgia and/or joint problems. Meets in the warm water pool.

INTERMEDIATE

Activity #	Date	Time	Day(s)
505301-01^	Sept. 14- Nov. 16	9:45-10:45 a.m.	Tue/Thu
505301-02^^	Sept. 14- Nov. 16	10:45-11:45 a.m.	Tue/Thu

AQUOTIC ADAPTIVE SWIM LESSONS

INSTRUCTOR(S): AquoTic Staff

AGE(S): 3-12

RATE: \$60 | **RESIDENT RATE:** \$50

This interactive lesson will focus on safety and comfort in and around the water. Parent or caregiver will be encouraged to help with child in the pool. Lessons are open to any diagnosis.

INTERMEDIATE

Activity #	Date	Time	Day(s)
505326-01	Sept. 15- Oct. 20	1:30-2:30 p.m.	Fri

SWIM LESSONS

INSTRUCTOR(S): Aquatic Staff

AGE(S): 6 months and up

RATE: \$60 | **RESIDENT RATE:** \$50

Swim lessons are designed to teach swimmers how to be comfortable in the water. Lessons run from toddler-age through adult. For dates, times and more specific descriptions, visit www.westerville.org/aquatics.

ALL LEVELS

*No Class: Oct. 31

Activity #	Date	Time	Day(s)
311131-01*	Sept. 19- Nov. 14	5-5:30 p.m.	Tue, Thu, Sat





WATER FITNESS

INSTRUCTOR(S): Leslie Warthman

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

Boost energy levels and experience increased strength and flexibility. This class combines the benefits of aerobic conditioning with resistance training through use of noodles, handbells and balls. Class can be adjusted to all ages and abilities and be as challenging as you wish to make it!

INTERMEDIATE

Activity #	Date	Time	Day(s)
505305-01	Sept. 14- Nov. 16	5:45-6:45 p.m.	Mon/Wed

WATERCIZE

INSTRUCTOR(S): Lori Robinson

AGE(S): 16 and up

RATE: \$75 | **RESIDENT RATE:** \$60

An aerobic workout that includes toning and stretching using buoyant and resistive equipment. Meets in the warm water pool.

INTERMEDIATE

Activity #	Date	Time	Day(s)
505300-01	Sept. 14- Nov. 16	8:30-9:30 a.m.	Tue/Thu

AQUA FITNESS

INSTRUCTORS NEEDED

Contact the Aquatics Manager at (614) 901-6510

INDOOR TRIATHLON

INSTRUCTOR(S): Aquatic Staff

AGE(S): 16 and up

RATE: \$30 | **RESIDENT RATE:** \$20

Timed events include swimming, running and stationary bicycle, all within the Westerville Community Center.

ALL LEVELS

Activity #	Date	Time	Day(s)
505322-01	Oct. 1	7:30-8:30 a.m.	Sun
505322-02	Oct. 1	8:30-9:30 a.m.	Sun

SILVER SPLASH: AQUA, CARDIO & TONE

INSTRUCTOR(S): Debbie Leach

AGE(S): 65 and up with Silver Sneakers membership

FREE: (Silver Sneakers membership required)

This class is for the conditioned adult who has good balance and muscle function. There will be 35 minutes of cardio exercise followed by muscle toning exercises, balance work and stretching.

ALL LEVELS

Date	Time	Day(s)
Sept. 11- Nov. 17	11:05-11:55 a.m.	Mon/Wed/Fri
Sept. 11- Nov. 17	12-12:50 p.m.	Mon/Wed/Fri

SHALLOW WATER FITNESS

INSTRUCTOR(S): Karen Dawson

AGE(S): 16 and up

RATE: \$30 | **RESIDENT RATE:** \$20

Shallow water class is designed to work your entire body. Class includes cardiovascular training as well as strength, toning and flexibility segments. Splash your way into a new level of fitness.

INTERMEDIATE

Activity #	Date	Time	Day(s)
505307-01	Sept. 15- Nov. 17	7:55-8:55 a.m.	Fri

COMBO WATER WORKOUT

INSTRUCTOR(S): Paula Hamilton^

Debbie Leach^^

AGE(S): 16 and up

A shallow water, total body workout that combines weight resistance, aerobic activity and flexibility. Emphasizes aerobic activity and is great a cross-training routine.

RATE: \$105 | **RESIDENT RATE:** \$90

INTERMEDIATE

Activity #	Date	Time	Day(s)
505304-01^	Sept. 13- Nov. 17	10-11 a.m.	Mon/Wed/Fri

RATE: \$75 | **RESIDENT RATE:** \$60

INTERMEDIATE

Activity #	Date	Time	Day(s)
505304-02^^	Sept. 14- Nov. 16	12-1 p.m.	Tue/Thu



The Westerville Community Center works with instructors who provide one-on-one specialized instruction.

For additional information contact them directly.

SWIM LESSONS for INFANTS

Sarah Berlin
Infant Self Rescue Columbus LLC
sarah.berlin@infantswim.com

Britney Smith
Swim Safe Columbus LLC
britney.smith@infantswim.com

Dolly Funk
Scioto Infant Aquatics
dollycfunk@gmail.com

Jayne Lockhart
Infant Aquatics 614
swim@infantaquatics614.com

SWIM LESSONS

FOR SPECIAL NEEDS CHILDREN

Lori Moore
Moore Aquatic Abilities
loriamore96@gmail.com



FITNESS & WELLNESS

20-20-20

INSTRUCTOR(S): Katie Stolte-Carroll
AGE(S): 14 and up
RATE: \$45 | **RESIDENT RATE:** \$35

Twenty minutes of cardio, 20 minutes of strength and 20 minutes of core-conditioning. A variety of formats and styles including Tabata, HIIT, boot camp, kickboxing, bands, kettlebells, etc. will be implemented to keep class fun!

ALL LEVELS

Activity #	Date	Time	Day(s)
505250-01	Sept. 18-Nov. 6	5:30 - 6:30 p.m.	Mon

AGILITY, BALANCE, STRENGTH

INSTRUCTOR(S): Linda Scovern
AGE(S): 14 and up
RATE: \$45 | **RESIDENT RATE:** \$35

Whether you are playing a sport or just want to improve your functional fitness, this class is for YOU! In addition to traditional strength exercises, drills for agility and balance will be included for quickness and helping to prevent falls on or off a court. Core work included and a relaxing stretch to finish.

ALL LEVELS

Activity #	Date	Time	Day(s)
505230-01	Sept. 19-Nov. 7	9-10 a.m.	Tue

ALL WEIGHTS

INSTRUCTOR(S): Beth Henman
AGE(S): 14 and up
RATE: \$45 | **RESIDENT RATE:** \$35

This is a weight-training class that uses resistance tools to train specific muscles in order to improve muscular tone, strength and endurance. You will burn more fat while gaining lean muscle.

ALL LEVELS

Activity #	Date	Time	Day(s)
505228-01	Sept. 17-Nov. 5	10:15-11:15 a.m.	Sun

BODY FIT

INSTRUCTOR(S): Gena Richard
AGE(S): 14 and up
RATE: \$80 | **RESIDENT RATE:** \$65

Improve cardiorespiratory endurance and muscular strength with this interval class alternating a high/low impact cardio segment with a strength training segment followed by stretching movements and core work set to upbeat music.

INTERMEDIATE *No Class: Oct. 31

Activity #	Date	Time	Day(s)
505202-01*	Sept. 19-Nov. 9	5:30 - 6:30 p.m.	Tue/Thu

CORE FUSION

INSTRUCTOR(S): Gena Richard
AGE(S): 14 and up
RATE: \$40 | **RESIDENT RATE:** \$30

This class fuses several moves to strength and tone the core. A great complement to a regular strength training exercise program.

INTERMEDIATE *No Class: Oct. 31

Activity #	Date	Time	Day(s)
505256-01*	Sept. 19-Nov. 9	4:50 - 5:20 p.m.	Tue/Thu

FULL BODY CHALLENGE

INSTRUCTOR(S): Ann Rochon
AGE(S): 14 and up
RATE: \$85 | **RESIDENT RATE:** \$70

This full-body workout will incorporate weights, bands, kettlebells and high intensity interval training that will help you see improvements in your muscle tone, posture, balance and strength.

ALL LEVELS

Activity #	Date	Time	Day(s)
505232-01	Sept. 19-Nov. 9	7:30-8:30 a.m.	Tue/Thu

FIT & FABULOUS

INSTRUCTOR(S): Terri Hurtt
AGE(S): 14 and up
RATE: \$45 | **RESIDENT RATE:** \$35

Strength training is one of the best ways to get lean. Train your heart and muscles at the same time with a "high reps/low weight/no-rest" format. Fast-paced program made for maximum muscular endurance and strength.

ALL LEVELS

Activity #	Date	Time	Day(s)
505240-01	Sept. 16-Nov. 4	9:30 - 10:30 a.m.	Sat

LOW IMPACT AEROBICS

INSTRUCTOR(S): Ellen Blaha
AGE(S): 14 and up
RATE: \$45 | **RESIDENT RATE:** \$35

Have a high impact on your cardiovascular and muscular fitness in this class. Gain endurance, strength and flexibility with less stress on your joints. Moves to the music are easy to learn and adjust to high/low format. Hand-weight exercises for upper body, floorwork and stretching complete each workout.

ALL LEVELS

Activity #	Date	Time	Day(s)
505205-01	Sept. 16-Nov. 4	9:15 - 10:15 a.m.	Sat

LOW IMPACT BARRE

INSTRUCTOR(S): Nioria Gutierrez Bell
AGE(S): 14 and up
RATE: \$40 | **RESIDENT RATE:** \$30

Classes combine low-impact exercises and your own body weight for resistance. We will focus on small, deliberate movements for specific groups of muscles that aren't typically used in other workouts. This class will improve your balance, strength, flexibility and stability all while breaking a sweat. Weights and more challenging moves can be added as class progresses. No shoes or barre socks needed.

ALL LEVELS *No Class: Oct. 31

Activity #	Date	Time	Day(s)
505295-01*	Sept. 19-Nov. 7	7:30 - 8:30 p.m.	Tue



GLUTES & ABS

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

We will target the core and glutes strengthening two areas of the body that will make a difference in your other workouts and your overall fitness. Come enjoy this intense workout - and the music it's set to.

RATE: \$20 | **RESIDENT RATE:** \$15

ALL LEVELS *No Class: Oct. 31

Activity #	Date	Time	Day(s)
505234-01*	Sept. 19-Nov. 7	7:25-7:55 p.m.	Tue

RATE: \$22 | **RESIDENT RATE:** \$17

ALL LEVELS

Activity #	Date	Time	Day(s)
505234-02	Sept. 16-Nov. 4	10:15-10:45 a.m.	Sat

GREAT SHAPES/LOW IMPACT

INSTRUCTOR(S): Ellen Blaha

AGE(S): 14 and up

Join this super-supportive class to add steps to the day and improve cardiovascular fitness, strength and flexibility. Move to the music with easy to learn steps that can be adjusted for high/low format. Hand-weight exercises for upper body, floorwork and stretching complete each workout.

RATE: \$80 | **RESIDENT RATE:** \$65

ALL LEVELS *No Class: Oct. 31

Activity #	Date	Time	Day(s)
505203-01*	Sept. 19-Nov. 9	6:30-7:45 p.m.	Tue/Thu

RATE: \$85 | **RESIDENT RATE:** \$70

ALL LEVELS

Activity #	Date	Time	Day(s)
505203-02	Sept. 18-Nov. 8	1:15-2:15 p.m.	Mon/Wed

KETTLEBELL STRENGTH

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$17 | **RESIDENT RATE:** \$12

This full-body workout emphasizes core, stamina and overall conditioning. Whether you're new or experienced with kettlebells you'll be amazed at what they bring to your strength training practice.

ALL LEVELS

Activity #	Date	Time	Day(s)
505260-01	Sept. 16-Nov. 4	9:30-10 a.m.	Sat

16↓ PARTICIPANTS UNDER THE AGE OF 16

Anyone under the age of 16 must have an adult enroll and accompany them to class.

HIP HOP STRENGTH

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

This weights class is choreographed to your favorite hip hop and pop music. We will push your muscles as we blast the beats, so be ready to sweat!

ALL LEVELS

Activity #	Date	Time	Day(s)
505292-01	Sept. 18-Nov. 6	6:45-7:45 p.m.	Mon

LaBLAST® DANCE FITNESS

INSTRUCTOR(S): Rachel Chilton^
Katy Tombaugh^^

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

A life-changing dance fitness program that inspires the mind and transforms the body while teaching the true skill of dance. Inspired by Dancing with the Stars, this energizing class blends ballroom dancing with calorie-blasting interval training.

ALL LEVELS

Activity #	Date	Time	Day(s)
505210-01^^	Sept. 18-Nov. 6	5:15-6 p.m.	Mon
505210-02^	Sept. 20-Nov. 8	5:15-6 p.m.	Wed

LET'S DANCE

INSTRUCTOR(S): Linda Scovern

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

This cardio class includes Zumba, Hip Hop and LaBlast Dance Fitness songs for a fun and varied workout. Modifications for all steps/moves are provided. A stretch and cool down is included at the end.

ALL LEVELS

Activity #	Date	Time	Day(s)
505204-01	Sept. 20-Nov. 8	9:15-10:15 a.m.	Wed

LOW IMPACT INTERVALS

INSTRUCTOR(S): Trish Redd^

Sandee McCann^^

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Join us for a class that offers a total body workout with a fun mixture of great and motivating music that includes cardio, strength training and stretching. Choreography is created so you can keep your workout level low, medium or high.

ALL LEVELS

Activity #	Date	Time	Day(s)
505201-01^	Sept. 18-Nov. 6	8-9 a.m.	Mon
505201-02^	Sept. 20-Nov. 8	8-9 a.m.	Wed
505201-03^^	Sept. 22-Nov. 10	8-9 a.m.	Fri

LIFT & HIIT

INSTRUCTOR(S): Beth Henman

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

This strength class will take your fit to the next level using weights, kettlebells, steps and discs for a muscle-building, metabolism-boosting, core-rocking workout that changes each week. You will tone and strengthen all large muscle groups plus work in cardio with modifications given for all fitness levels.

ALL LEVELS

Activity #	Date	Time	Day(s)
505235-01	Sept. 20-Nov. 8	7-8 p.m.	Wed

TIME "CRUNCH" TONER

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

Why wait until after work when you can get your desired results in the middle of your workday? This workout focuses on complete body and core conditioning.

ALL LEVELS

Activity #	Date	Time	Day(s)
505251-01	Sept. 20-Nov. 8	11:45 a.m.-12:30 p.m.	Wed



MUSCLES IN MOTION

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

This is a weight-training class that uses resistance tools to train specific muscles in order to improve muscular tone, strength and endurance. You will burn more fat while gaining lean muscle.

RATE: \$35 | **RESIDENT RATE:** \$25

ALL LEVELS

Activity #	Date	Time	Day(s)
505207-01	Sept. 18-Nov. 6	12:15 -1 p.m.	Mon

RATE: \$40 | **RESIDENT RATE:** \$30

ALL LEVELS *No Class: Oct. 31

Activity #	Date	Time	Day(s)
505207-02*	Sept. 19-Nov. 7	7:45 -8:45 p.m.	Tue

RATE: \$45 | **RESIDENT RATE:** \$35

ALL LEVELS

Activity #	Date	Time	Day(s)
505207-03	Sept. 21-Nov. 9	7:45 -8:45 p.m.	Thu
505207-04	Sept. 22-Nov. 10	10:30 -11:30 a.m.	Fri

TOTAL BODY STRENGTH

INSTRUCTOR(S): Linda Amici

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

This class is designed to build strength, endurance and muscle mass to speed metabolism. Experienced and new participants alike will benefit from weight-bearing exercises, core training and stretching for a complete workout. *Weights and mats are provided but bring water.*

ALL LEVELS

Activity #	Date	Time	Day(s)
505224-01	Sept. 20-Nov. 8	5:30 -6:30 p.m.	Wed

HIP HOP CARDIO

INSTRUCTOR(S): Marietta Weaver

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

This energetic, low/high intensity class will get your heart pumping while you express your inner rhythm. Get ready for a full body workout, simple to follow choreography and fresh dance combos.

ALL LEVELS

Activity #	Date	Time	Day(s)
505221-01	Sept. 20-Nov. 8	6:35 -7:35 p.m.	Wed

CYCLE AND CORE

INSTRUCTOR(S): Trish Redd

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

A fun, heart-pounding workout with core work set to great music. Perfect for everyone since you control the resistance and pedal speed creating just the right intensity for you.

ALL LEVELS

Activity #	Date	Time	Day(s)
505223-01	Sept. 19-Nov. 7	9:30 -10:30 a.m.	Tue
505223-02	Sept. 16-Nov. 4	8:30 -9:30 a.m.	Sat

CYCLE FUSION

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Join a heart pumping, soul enriching, visually stimulating indoor cycling ride set to a variety of music types. Wrap up the class with core, yoga, weights, Pilates or resistance work.

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
505297-01	Sept. 18-Nov. 6	9:15-10:15 a.m.	Mon
505297-02	Sept. 20-Nov. 8	9:15-10:15 a.m.	Wed
505297-03	Sept. 22-Nov. 10	9:15-10:15 a.m.	Fri

IMMERSIVE CYCLING

INSTRUCTOR(S): Terrie Stolte

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Take to the roads without leaving the Community Center. Experience cycling adventures in the U.S. and around the world riding many of the beautiful roads in many major cities.

ALL LEVELS

Activity #	Date	Time	Day(s)
505249-01	Sept. 19-Nov. 7	7:15 -8:15 a.m.	Tue
505249-02	Sept. 21-Nov. 9	7:15 -8:15 a.m.	Thu

SPIN FOR FUN

INSTRUCTOR(S): Marcy Ey

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

This class focuses on endurance, strength intervals, high intensity (race) days and recovery. A stationary bike with weighted flywheel will be used in a classroom setting for this fun, high-energy fitness class.

ALL LEVELS

Activity #	Date	Time	Day(s)
505294-02	Sept. 18-Nov. 6	5-6 p.m.	Mon

SUNRISE CYCLE

INSTRUCTOR(S): Ashley Wechter

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Get a jump-start with intervals, rolling hills, sprints, climbs and jumps, all to great energizing music. This class will leave you feeling invigorated and ready to start your day!

INTERMEDIATE

Activity #	Date	Time	Day(s)
505208-01	Sept. 22-Nov. 10	6-7 a.m.	Fri

ZUMBA

INSTRUCTOR(S): Beth Henman[^]

Nioria Gutierrez Bell^{^^}

AGE(S): 14 and up

A dance fitness class that is fun, high-energy and makes you feel amazing! We'll take the "work" out of your workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance party. With its great music this class will feel like exercise in disguise.

RATE: \$40 | **RESIDENT RATE:** \$30

ALL LEVELS *No Class: Oct. 31

Activity #	Date	Time	Day(s)
505222-01 [^]	Sept. 19-Nov. 7	6:15 -7:15 p.m.	Tue

RATE: \$45 | **RESIDENT RATE:** \$35

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
505252-01 ^{^^}	Sept. 20-Nov. 8	6:40 -7:40 p.m.	Wed



RUN CLUB

INSTRUCTOR(S): Deborah Ketner

NEW

AGE(S): 14 and up

RATE: \$35 | **RESIDENT RATE:** \$25

Whether you're training for your first 5K or looking to meet other runners in the area, this running group can help you jump-start your fitness goals. *No prior running experience required.*

ALL LEVELS

Activity #	Date	Time	Day(s)
505226-01	Sept. 20-Oct. 25	6-7 p.m.	Wed

DYNAMIC PILATES

INSTRUCTOR(S): Lara Uher

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Get invigorated and relax by integrating basic and intermediate Pilates exercises using small Pilates equipment, yoga poses and mindfulness-based stress reduction. Integrating disciplines will promote a stronger, leaner, more flexible body, while supporting core strength, spinal alignment, overall concentration and connection with the body. *Please bring a yoga mat.*

INTERMEDIATE / ADVANCED

Activity #	Date	Time	Day(s)
505209-01*	Sept. 20-Nov. 8	5:30-6:30 p.m.	Wed

16↓

PARTICIPANTS UNDER THE AGE OF 16

Anyone under the age of 16 must have an adult enroll and accompany them to class.

QIGONG

INSTRUCTOR(S): Tony Palumbo

NEW

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Decrease your stress levels, improve your mental functioning and enhance your spirituality. Qigong is an ancient Chinese healing practice that combines meditation, controlled breathing and gentle movement. This practice uses more flowing movements which are low impact and good for all levels of fitness.

ALL LEVELS

Activity #	Date	Time	Day(s)
505229-01	Sept. 17-Nov. 5	12-1 p.m.	Sun

TAI CHI FOR HEALTH

INSTRUCTOR(S): Tony Palumbo

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

Practiced using a series of slow movements and focused breathing techniques that build balance and strength. Participants will relax while enjoying the many health benefits including memory improvement, low-impact exercise and risk of fall reduction.

ALL LEVELS

Activity #	Date	Time	Day(s)
505293-01	Sept. 17-Nov. 5	11 a.m.-12 p.m.	Sun

STEP & SCULPT

INSTRUCTOR(S): Terri Hurtt

AGE(S): 14-75

RATE: \$80 | **RESIDENT RATE:** \$65

A high-intensity step workout using basic step patterns to strengthen the cardiovascular system while having fun. Using weights, bands and/or bars, this class will sculpt and tone from head to toe. *General step proficiency is recommended.*

ALL LEVELS

*No Class: Oct. 31

Activity #	Date	Time	Day(s)
505206-01	Sept. 19-Nov. 9	6:35-7:35 p.m.	Tue/Thu

STRENGTH & MORE

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

Tone up and sculpt a strong, lean, fit body. Research suggests that lifting weights can reduce your risk of osteoporosis and increase your metabolic rate. If you've never lifted weights before, or simply want to build on your established routine, you'll find this class motivating and helpful.

RATE: \$45 | **RESIDENT RATE:** \$35

INTERMEDIATE

Activity #	Date	Time	Day(s)
505233-01	Sept. 18-Nov. 6	10:30-11:30 a.m.	Mon
505233-02	Sept. 20-Nov. 8	10:30-11:30 a.m.	Wed

STRETCH & STRENGTHEN

INSTRUCTOR(S): Rachel Chilton

AGE(S): 14 and up

RATE: \$28 | **RESIDENT RATE:** \$23

Learn movements designed to increase your range of motion, improve strength and relieve pain in the body. Areas of focus will include shoulders, back, hips, ankles and more!

ALL LEVELS

*No Class: Oct. 31

Activity #	Date	Time	Day(s)
505248-01	Sept. 19-Nov. 7	5:15-6 p.m.	Tue

BEGINNER BELLY DANCING

INSTRUCTOR(S): Zahra Zuhair

AGE(S): 14 and up

RATE: \$30 | **RESIDENT RATE:** \$20

Belly dancing is a low impact, total body workout for women and men of any age or fitness level. This class will include lots of drills and combinations to work your entire body. Traditionally practiced barefoot or with a soft dance shoe. *Bring a hip scarf or a simple shawl to tie around the hips, water and a towel.*

ALL LEVELS

*No Class: Oct. 2 & Oct. 9

Activity #	Date	Time	Day(s)
505257-01*	Sept. 18-Nov. 6	6-7 p.m.	Mon

MELLOW MONDAY

INSTRUCTOR(S): Anna Nickle

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

This class combines breath practices, gentle stretching and meditation to bring awareness and balance to the body and mind. This is a beginner-friendly class. Please bring a mat and any props you may need.

ALL LEVELS

Activity #	Date	Time	Day(s)
505225-01	Sept. 18-Nov. 6	6:30-7:30 p.m.	Mon



YIN YOGA

INSTRUCTOR(S): Anna Nickle

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

We will move slowly and gently into each pose. Stretches are held for longer periods of time to allow them to work deeply into our bodies to find stillness in both the body and mind. This practice will enhance flexibility, reduce stress, boost circulation, promote facial release and bring balance to the internal organs. This is a beginner-friendly class. *Please bring a mat and any props you may need.*

ALL LEVELS

Activity #	Date	Time	Day(s)
505238-01	Sept. 22-Nov. 10	7-8 a.m.	Fri

VINYASA YOGA

INSTRUCTOR(S): Robin Andes

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

In this class you will link several poses together to create strength, flexibility, endurance and balance working all parts of the body. Leave feeling refreshed, elongated and strong. *Please bring a yoga mat.*

INTERMEDIATE

Activity #	Date	Time	Day(s)
505237-01	Sept. 21-Nov. 9	10:30 -11:30 a.m.	Thu

CANDLELIGHT SLOW FLOW

INSTRUCTOR(S): Melissa Hoyt

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Melt off your week by unwinding in the soft glow of electric candles, relaxing vibes and a slower flow. Enjoy deep stretching to get you fully ready and relaxed for your weekend.

ALL LEVELS

Activity #	Date	Time	Day(s)
505296-01	Sept. 22-Nov. 10	6-7 p.m.	Fri

POWER YOGA

INSTRUCTOR(S): Kate Manteniek

AGE(S): 14 and up

RATE: \$77 | **RESIDENT RATE:** \$62

Class starts with gentle stretching and builds energy with sun salutations linking one breath per movement. Explore balancing poses and hold traditional peak poses. Class ends with core work, stretching and savasana. Leave feeling energized, vibrant and peaceful.

INTERMEDIATE

Activity #	Date	Time	Day(s)
505239-01	Sept. 21-Nov. 9	6-6:50 a.m.	Thu

16↓ PARTICIPANTS UNDER THE AGE OF 16

Anyone under the age of 16 must have an adult enroll and accompany them to class.

HATHA YOGA

INSTRUCTOR(S): Prasant Joshii

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Learn age-old, time-tested techniques with an emphasis on core strength, flexibility and balance; as well as concentration and breath control in a supportive, non-judgmental environment. This class is based on physical postures (Asanas), deep breathing techniques (Pranayamas), Hasya Yoga (laughter yoga), guided muscle relaxation, mindfulness and listening to the body.

ALL LEVELS

Activity #	Date	Time	Day(s)
505298-01	Sept. 17-Nov. 5	10:15 a.m.-11:15 a.m.	Sun
505298-02	Sept. 16-Nov. 4	10:30 a.m.-11:30 a.m.	Sat

PRENATAL YOGA

INSTRUCTOR(S): Katy Tombaugh

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

This class will lead you through safe, gentle exercises for flexibility and strength. You will practice powerful breathing and relaxation techniques as well as positioning and comfort measures. No yoga experience required. *Please bring a yoga mat.*

ALL LEVELS

Activity #	Date	Time	Day(s)
505299-01	Sept. 18-Nov. 6	6:15-7:15 p.m.	Mon

RESTORATIVE YOGA

INSTRUCTOR(S): Melissa Hoyt

AGE(S): 14 and up

RATE: \$85 | **RESIDENT RATE:** \$70

Join this restful practice to slow down and open your body through passive stretching. Most of the class time will be spent relaxing in poses with the aid of props, without strain or pain, to achieve physical, mental and emotional relaxation.

ALL LEVELS

Activity #	Date	Time	Day(s)
505236-02	Sept. 20-Nov. 10	5:15-6:15 p.m.	Wed

YOGA FOR HEALTH

INSTRUCTOR(S): Gwen Surratt

AGE(S): 14 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Learn standing, balancing, sun salutations, seated and reclining poses, breath (Pranayama) practice and meditations. Must be able to get to and from the floor. Appropriate for beginners and any one who wants to refresh their yoga practice. *Please bring two blocks, a strap and a mat.*

ALL LEVELS

Activity #	Date	Time	Day(s)
505220-01	Sept. 21-Nov. 9	6:15-7:15 p.m.	Thu

Activity #	Date	Time	Day(s)
505220-02	Sept. 21-Nov. 9	7:30-8:30 p.m.	Thu





SPORTS

YOUTH HOCKEY LEAGUE

INSTRUCTOR: Recreation Staff

ACS

FREE

This NEW league is the perfect next step for your roller or street hockey player. Teams will have a short practice session prior to the start of their game. Games will be played cross rink, 3v3 (pond) or 4x4 (street) with no goalies. ALL equipment will be provided, however, participants may use their own equipment. A mouth guard is recommended. Volunteer coaches/parents are needed. Please reach out to sports@westerville.org for more information.

ROLLER

AGE(S): 9-11

Activity #	Dates	Time	Day(s)
506165-02	Sept. 20-Oct. 15	5:30-6:30 p.m.	Wed

AGE(S): 12-15

Activity #	Dates	Time	Day(s)
506165-04	Sept. 20-Oct. 18	6:30-7:30 p.m.	Wed

STREET

AGE(S): 9-11

Activity #	Dates	Time	Day(s)
506164-03	Sept. 17-Oct. 22	5:30-6:30 p.m.	Sun

AGE(S): 12-15

Activity #	Dates	Time	Day(s)
506164-01	Sept. 17-Oct. 22	6:30-7:30 p.m.	Sun

LEARN TO SKATE

INSTRUCTOR: Recreation Staff

ACS

AGE(S): 5 and up

FREE

Starting with safety while skating, students will transition to independent movements and controlling their speed through special techniques and using their brake. Advanced skills are offered, when ready. Skates will be offered free of charge. Students are encouraged to bring knee and elbow pads.

Activity #	Dates	Time	Day(s)
506166-01	Sept. 17-Oct. 22	3-5 p.m.	Sun

STREET JACKETS SKILLS & DRILLS

INSTRUCTOR: Recreation Staff

ACS

FREE

Learn the fundamentals of hockey in this sneaker-only course which will progress each week in skill development. Stick control, passing, shooting, coordination and movement will be addressed. Classes will consist of a short warm-up followed by skill development drills and game play. *All equipment will be provided, however, participants may use their own equipment, if desired.*

AGE(S): 4-7

Activity #	Dates	Time	Day(s)
506161-01	Sept. 18-Oct. 16	6-6:45 p.m.	Mon

AGE(S): 8-12

Activity #	Dates	Time	Day(s)
506161-02	Sept. 18-Oct. 16	6:45-7:30 p.m.	Mon

ROLLER HOCKEY INSTRUCTION

INSTRUCTOR: Recreation Staff

ACS

FREE

Each week we will focus on passing, stick handling, shooting with accuracy and skating with speed and power. Fun drills will help build on fundamentals and apply those skills to game situations. Scrimmages will be played each week to apply principles in a positive learning environment. Equipment will be provided for the class, however participants may use their own equipment, if desired.

AGE(S): 6-8

Activity #	Dates	Time	Day(s)
506162-01	Sept. 21-Oct. 12	6-6:45 p.m.	Thu

AGE(S): 9-12

Activity #	Dates	Time	Day(s)
506162-02	Sept. 21-Oct. 19	6:45-7:30 p.m.	Thu

YOUTH VOLLEYBALL LEAGUE

INSTRUCTOR: Recreation Staff

RATE: \$65 | **RESIDENT RATE:** \$50

We will focus on learning the fundamentals of volleyball in the first three weeks of clinics followed by four weeks of game play. Volleyball and t-shirt are included. Open to all levels. If you have interest in volunteering as a coach, please email sports@westerville.org.

1ST/2ND GRADE **AGE(S): 6-8**

Activity #	Dates	Time	Day(s)
506807-01	Sept. 23-Nov. 4	8:30-9:30 a.m.	Sat

3RD/4TH GRADE **AGE(S): 8-10**

Activity #	Dates	Time	Day(s)
506807-02	Sept. 23-Nov. 4	9:30-10:30 a.m.	Sat

5TH/6TH GRADE **AGE(S): 10-12**

Activity #	Dates	Time	Day(s)
506807-03	Sept. 23-Nov. 4	10:30-11:30 a.m.	Sat

7TH/8TH GRADE **AGE(S): 12-14**

Activity #	Dates	Time	Day(s)
506807-04	Sept. 23-Nov. 4	11:30 a.m.-12:30 p.m.	Sat

ADULT MIXED VOLLEYBALL LEAGUES

INSTRUCTOR: Recreation Staff

AGE(S): 18 and up

RATE: \$290 | **RESIDENT RATE:** \$275

If you're looking for a fun night with friends or a competitive game with a power-like league, this league is just for you. Leagues fill quickly.

COMPETITIVE

Activity #	Dates	Time	Day(s)
506219-01	Sept. 26-Dec. 5	6-9 p.m.	Tue

RECREATIONAL

Activity #	Dates	Time	Day(s)
506219-02	Sept. 27-Dec. 6	6-9 p.m.	Wed

LITTLE BALLERS BASKETBALL

INSTRUCTOR: Bally Sports Group
RATE: \$100 | **RESIDENT RATE:** \$85

Players will learn the basics of dribbling, passing, shooting, positioning, defense and rebounding in a fun-oriented program applied in low-competition games.

AGE(S): 4-5			
Activity #	Dates	Time	Day(s)
506128-01	Nov. 6-Dec. 11	5:30-6:30 p.m.	Mon

AGE(S): 6-7			
Activity #	Dates	Time	Day(s)
506128-02	Nov. 6-Dec. 11	6:30-7:30 p.m.	Mon

30+ DROP-IN BASKETBALL

INSTRUCTOR: Recreation Staff
AGE(S): 30 and up



RATE: \$8 | **RESIDENT RATE:** \$5

Play pickup basketball games with others your age. Players register for the date they are interested in and able to attend.

Activity #	Dates	Time	Day(s)
506211-01	Sept. 21-Nov. 9	6-8 p.m.	Thu

MEN'S BASKETBALL LEAGUE

INSTRUCTOR: Recreation Staff
AGE(S): 18 and up

RATE: \$545 | **RESIDENT RATE:** \$515

This competitive league is for teams that have experience playing in a competitive environment, such as high school or college. Interested teams may contact the sports program manager at sports@westerville.org.

Activity #	Dates	Time	Day(s)
506204-01	Oct. 4-Dec. 13	6-9 p.m.	Wed

JR. CAVS BANTAM BASKETBALL LEAGUE

RATE: \$150 | **RESIDENT RATE:** \$135

Focusing on the fundamentals of basketball and sportsmanship. EVERYONE PLAYS! All teams will practice once a week with game play on Saturdays. All players must complete a skills evaluation. Roster spots fill quickly, a waitlist will be created for those unable to be placed in the league. In-person registration required after Nov. 11. Registration closes on Nov. 14. **VOLUNTEER COACHES NEEDED** - Please email sports@westerville.org.

7 TH /8 TH GRADE BOYS				AGE(S): 11-14
Activity #	Dates	Time	Day(s)	
506100-04	Jan. 13-March 9	8 a.m.-6:30 p.m.	Sat	

4 TH /5 TH /6 TH GRADE GIRLS				AGE(S): 8.5-12
Activity #	Dates	Time	Day(s)	
506100-05	Jan. 13-March 9	8 a.m.-6:30 p.m.	Sat	

7 TH /8 TH GRADE GIRLS				AGE(S): 10.5-13
Activity #	Dates	Time	Day(s)	
506100-06	Jan. 13-March 9	8 a.m.-6:30 p.m.	Sat	

4 TH GRADE BOYS				AGE(S): 8.5-10
Activity #	Dates	Time	Day(s)	
506100-01	Jan. 13-March 9	8 a.m.-6:30 p.m.	Sat	

5 TH GRADE BOYS				AGE(S): 9-11
Activity #	Dates	Time	Day(s)	
506100-02	Jan. 13-March 9	8 a.m.-6:30 p.m.	Sat	

6 TH GRADE BOYS				AGE(S): 10.5-12
Activity #	Dates	Time	Day(s)	
506100-03	Jan. 13-March 9	8 a.m.-6:30 p.m.	Sat	

PEE WEE BASKETBALL

INSTRUCTOR: Recreation Staff
AGE(S): 7-9

RATE: \$100 | **RESIDENT RATE:** \$85

This instructional, non-competitive basketball program is the perfect beginning for those interested in playing basketball in grades two and three. Practices are held prior to games and games are played on lowered rims with youth-sized basketballs. All players must complete an online skills evaluation which will be sent out in early December with games starting Jan. 7. Additional info will be available after registration. Volunteer coaches are needed to assist with this program. Please email sports@westerville.org if you are interested in assisting.

Activity #	Dates	Time	Day(s)
506101-01	Jan. 13-Feb. 10	8-11 a.m.	Sat

CLIMBING WALL

INSTRUCTOR: Recreation Staff

RATE: \$65 | **RESIDENT RATE:** \$50

Participants will learn the fundamentals of indoor rock climbing, build self-esteem and improve their physical fitness while taking part in fun and educational climbing games. At the end of the session the climber's can invite their favorite adult to join in the fun by climbing along with the class. **Participants must wear closed-toe rubber-soled shoes, all other equipment is provided.**

LIL' CLIMBERS				AGE(S): 5-7
Activity #	Dates	Time	Day(s)	
509101-01	Sept. 26-Oct. 24	5:30-6:30 p.m.	Tue	

CLIMBING KIDS				AGE(S): 8-12
Activity #	Dates	Time	Day(s)	
509102-01	Sept. 26-Oct. 24	6:45-7:45 p.m.	Tue	

KIDS IN KARATE

INSTRUCTOR: Free Spirit Staff

RATE: \$105 | **RESIDENT RATE:** \$90

This program, designed for all ages, is under direction Grand Master Jon Stephens of the Free Spirit, LLC Karate Clubs. Karate will improve your child's sports, school and social activities.

LIL' KIK				AGE(S): 3-6
Activity #	Dates	Time	Day(s)	
506103-01	Oct. 10-Nov. 7	6:15-6:45 p.m.	Tue	

GOLF LESSONS

INSTRUCTOR: Gary Bauer

WSC

Each lesson will cover grip, stance, golf ball position and why golfers slice, top and hook the ball. But more importantly, how to get those bad shots corrected. Plastic teaching golf balls will be provided each class. Students only need to bring a set of golf clubs. Taught by a Director of Golf/teaching professional.

RATE: \$35 | **RESIDENT RATE:** \$20

JUNIOR GOLF LESSONS				AGE(S): 8-17
Activity #	Dates	Time	Day(s)	
506201-01	Sept. 13-Oct. 4	5:30-6:30 p.m.	Wed	

RATE: \$75 | **RESIDENT RATE:** \$60

ADULT GOLF LESSONS				AGE(S): 18 and up
Activity #	Dates	Time	Day(s)	
506201-02	Sept. 13-Oct. 4	6:30-7:30 p.m.	Wed	



PICKLEBALL CLINIC

INSTRUCTOR: Jack Brown^
Andi Biernacki-Sweet^^

This clinic will teach you the basic knowledge and techniques of the game to make sure you are ready to play. Clinics are highly recommended for first time players to ensure they understand the game before taking the court to compete against others.

RATE: \$65 | **RESIDENT RATE:** \$50

YOUTH		AGE(S): 8-15	
Activity #	Dates	Time	Day(s)
506110-01^^	Sept.11-Oct. 2	4:15-5:15 p.m.	Mon

RATE: \$20 | **RESIDENT RATE:** \$15

BEGINNER		AGE(S): 18 and up	
Activity #	Dates	Time	Day(s)
506214-01^	Sept.22-Sept.29	1-3 p.m.	Fri
506214-02^	Sept.22-Sept.29	3:15-5:15 p.m.	Fri
506214-03^	Oct.20-Oct.27	1-3 p.m.	Fri
506214-04^	Oct.20-Oct.27	3:15-5:15 p.m.	Fri

RATE: \$25 | **RESIDENT RATE:** \$20

BEGINNER		AGE(S): 18 and up	
Activity #	Dates	Time	Day(s)
506214-05^^	Sept.15	10 a.m.-12 p.m.	Fri
506214-06^^	Sept.23	10 a.m.-12 p.m.	Fri
506214-07^^	Oct. 14	10 a.m.-12 p.m.	Fri

RATE: \$40 | **RESIDENT RATE:** \$30

INTERMEDIATE		AGE(S): 18 and up	
Activity #	Dates	Time	Day(s)
506215-01^	Sept.23-Sept.30	12:30-2:30 p.m.	Sat
506215-04^	Oct.21-Oct.28	12:30-2:30 p.m.	Sat

RATE: \$40 | **RESIDENT RATE:** \$30

INTERMEDIATE		AGE(S): 18 and up	
Activity #	Dates	Time	Day(s)
506215-02^^	Sept.16	12:30-2:30 p.m.	Sat
506215-03^^	Oct.13	11:30 a.m.-1:30 p.m.	Fri

SUNDAY PICKLEBALL DROP-IN

INSTRUCTOR: Recreation Staff
AGE(S): 18 and up



RATE: \$8 | **RESIDENT RATE:** \$5

Open play. All skill levels welcome. Nine courts available for play. Register to secure your spot!

Activity #	Dates	Time	Day(s)
506218-01	Sept. 24 - Nov. 12	2:30-5:30 p.m.	Sun

FALL PICKLEBALL

INSTRUCTOR: Recreation Staff
AGE(S): 15 and up

RATE: \$70 | **RESIDENT RATE:** \$55

In this open-play offering, pickleball players will increase skills, strategy and consistency while playing with a variety of partners and competitors. Please be sure to register for your proper skill level.

COMPETITIVE ADVANCED			
Activity #	Dates	Time	Day(s)
506212-01	Oct. 2-Nov. 29	12:30-3 p.m.	Mon/Wed
506212-02	Oct. 3-Nov. 30	7-9:30 a.m.	Tue/Thu

COMPETITIVE INTERMEDIATE			
Activity #	Dates	Time	Day(s)
506212-03	Oct. 2-Nov. 29	7-9:30 a.m.	Mon/Wed
506212-04	Oct. 3-Nov. 30	9:45 a.m.-12:15 p.m.	Tue/Thu

NON-COMPETITIVE			
Activity #	Dates	Time	Day(s)
506212-05	Oct. 2-Nov. 29	9:45 a.m.-12:15 p.m.	Mon/Wed
506212-06	Oct. 3-Nov. 30	12:30-3 p.m.	Tue/Thu

PICKLEBALL PLAY & LEARN

INSTRUCTOR: Andi Biernacki-Sweet^^
AGE(S): 18 and up

RATE: \$12 | **RESIDENT RATE:** \$8

Learn and play the game with other beginners. Instructors will be on-site to help with questions and offer advice. Designed for player who have completed our Beginner Pickleball Clinics. *Must have less than two months experience to attend.*

BEGINNER			
Activity #	Dates	Time	Day(s)
506216-01	Sept. 28	6-8 p.m.	Thu
506216-02	Oct. 26	6-8 p.m.	Thu

INTERMEDIATE			
Activity #	Dates	Time	Day(s)
506217-01	Sept. 30	10 a.m.-12 p.m.	Sat
506217-02	Oct. 28	10 a.m.-12 p.m.	Sat

PICKLEBALL LADDER LEAGUE

INSTRUCTOR: Recreation Staff
AGE(S): 18 and up

RATE: \$65 | **RESIDENT RATE:** \$50

Designed for play with others of similar skill levels. Your ranking on a ladder is based upon your winning percentage (the ratio of points won to total points possible). Each week, players will be placed in groups of four or five players and your matchup will be determined by your total score from the previous weeks.

Activity #	Dates	Time	Day(s)
506213-01	Oct. 2-Nov. 13	6-9 p.m.	Mon

TENNIS LESSONS

INSTRUCTOR: Ray Stephens
AGE(S): 16 and up

HIG

RATE: \$75 | **RESIDENT RATE:** \$60

Learn the right grips, improve your footwork and the six strokes of tennis. Learn to keep score and have fun playing doubles. Participants need to bring a racket and two new, unopened cans of tennis balls. *Rainouts will be rescheduled.*

Activity #	Dates	Time	Day(s)
506210-01	Sept.12-Oct.17	6:30-7:30 p.m.	Tue
506210-02	Sept.13-Oct.18	6:30-7:30 p.m.	Wed
506210-03	Sept.14-Oct.19	6:30-7:30 p.m.	Thu



DROP IN

eSPORTS DROP IN

Come to the eSports room and compete in a month-long competition in various games. Standings of wins or best times will be kept in the eSports room and prizes will be given to the leaders at the end of the month!

Included in your daily or monthly pass purchase.

eSports Leagues

For the casual player looking for a recreational outlet while still being able to compete. Compete virtually (at home with your own equipment) or in the eSports Room at the Community Center. End of season tournament will be held to crown Westerville's best gamer!

YOUTH LEAGUES

INSTRUCTOR: Recreation Staff
AGE(S): 12-17

MADDEN (XBOX)			
Activity #	Dates	Time	Day(s)
506805-01	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
MADDEN (PLAYSTATION)			
Activity #	Dates	Time	Day(s)
506805-02	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
NBA2K (XBOX)			
Activity #	Dates	Time	Day(s)
506805-03	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
NBA2K (PLAYSTATION)			
Activity #	Dates	Time	Day(s)
506805-04	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
FIFA (XBOX)			
Activity #	Dates	Time	Day(s)
506805-05	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
FIFA (PLAYSTATION)			
Activity #	Dates	Time	Day(s)
506805-06	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
ROCKET LEAGUE (2V2)			
Activity #	Dates	Time	Day(s)
506805-07	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
ROCKET LEAGUE (3V3)			
Activity #	Dates	Time	Day(s)
506805-08	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun

ADULT LEAGUES

INSTRUCTOR: Recreation Staff
AGE(S): 18 and up

MADDEN (XBOX)			
Activity #	Dates	Time	Day(s)
506806-01	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
MADDEN (PLAYSTATION)			
Activity #	Dates	Time	Day(s)
506806-02	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
NBA2K (XBOX)			
Activity #	Dates	Time	Day(s)
506806-03	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
NBA2K (PLAYSTATION)			
Activity #	Dates	Time	Day(s)
506806-04	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
FIFA (XBOX)			
Activity #	Dates	Time	Day(s)
506806-05	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
FIFA (PLAYSTATION)			
Activity #	Dates	Time	Day(s)
506806-06	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
ROCKET LEAGUE (2V2)			
Activity #	Dates	Time	Day(s)
506806-07	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun
ROCKET LEAGUE (3V3)			
Activity #	Dates	Time	Day(s)
506806-08	Sept. 10 - Oct. 22	5-9 p.m.	Mon-Sun



ABC 123 PRESCHOOL

KINDERDANCE

INSTRUCTOR(S): Lisa Coleman
Students will learn the basics of ballet, tap, acrobatics and creative movement while blending educational concepts designed to teach to the total child. Ballet shoes and tap shoes are required for this class.

RATE: \$160 | **RESIDENT RATE:** \$145

KINDERDANCE		*No Class: Oct. 31	
AGE(S): 3-5			
Activity #	Date	Time	Day(s)
501234-01*	Oct. 3-Nov. 28	6:30-7:15 p.m.	Tue

Kindertots is designed to develop gross motor skills, movement creativity, physical development, and body awareness while learning numbers, colors, shapes and songs.

RATE: \$75 | **RESIDENT RATE:** \$60

KINDER TOTS		AGE(S): 2	
Activity #	Date	Time	Day(s)
501234-02	Oct. 3-Oct. 24	5:45-6:15 p.m.	Tue
501234-03	Nov. 7-Nov. 28	5:45-6:15 p.m.	Tue

Class curriculum offers age-appropriate exposure to developmental milestones through dance and sensory-motor activities while nurturing the bond between caregiver and child.

RATE: \$55 | **RESIDENT RATE:** \$45

KINDER DANCE WITH ME		AGE(S): 15 months - 2 years with adult	
Activity #	Date	Time	Day(s)
501234-04	Oct. 3-Oct. 24	5-5:45 p.m.	Tue
501234-05	Nov. 7-Nov. 28	5-5:45 p.m.	Tue

SUPERHERO BOOTCAMP

INSTRUCTOR(S): JumpBunch
RATE: \$85 | **RESIDENT RATE:** \$70
Train to be your favorite superhero with strength, agility, balance and speed. We will play fun games and activities including jumping over "hot lava", dodging "fireballs", lightsaber training and ghostbuster tag.

AGE(S): 18-36 months with adult			
Activity #	Date	Time	Day(s)
501623-01	Sept. 18-Oct. 23	5:30-6 p.m.	Mon
501623-04	Sept. 18-Oct. 23	5:30-6 p.m.	Mon

AGE(S): 3-4			
Activity #	Date	Time	Day(s)
501623-02	Sept. 18-Oct. 23	6-6:45 p.m.	Mon
501623-02	Sept. 18-Oct. 23	6-6:45 p.m.	Mon

AGE(S): 5-6			
Activity #	Date	Time	Day(s)
501602-03	Sept. 18-Oct. 23	6:45-7:30 p.m.	Mon

MUSIC TOGETHER MINI[©]

INSTRUCTOR(S): Wholey Sisters
AGE(S): birth-6 with parent
RATE: \$85 per participant / \$25 per sibling
RESIDENT RATE: \$70 per participant / \$25 per sibling
Join us for this fun, family (birth - kindergarten) class full of singing, dancing and instrument play, all with a holiday flair.

Activity #	Date	Time	Day(s)
401613-08	Nov. 30-Dec. 14	9:30-10:15 a.m.	Wed
401613-09	Nov. 30-Dec. 14	10:30-11:15 a.m.	Wed

BABY SIGN LANGUAGE

INSTRUCTOR(S): Katie Delgado
AGE(S): 6 months-2 years with adult
RATE: \$75 | **RESIDENT RATE:** \$60
Help reduce your baby's frustration with communication by teaching your baby sign language. We will learn new signs each week through singing, dancing and reading books.

Activity #	Date	Time	Day(s)
501605-01	Oct. 3-Oct. 31	9:45-10:15 a.m.	Tue
501605-01	Oct. 5-Nov. 2	9:45-10:15 a.m.	Thu
501605-01	Oct. 7-Oct. 28	10-10:30 a.m.	Sat

TUMBLING

INSTRUCTOR(S): Katie Delgado
RATE: \$75 | **RESIDENT RATE:** \$60
Children will be introduced to basic gymnastics skills while working on increasing coordination, balance and strength. We will sing songs and use our imaginations to make learning the new skills lots of fun!

AGE(S): 18-36 months with adult

PARENT/CHILD TUMBLING			
Activity #	Date	Time	Day(s)
501606-01	Oct. 3-Oct. 31	10:30-11 a.m.	Tue
501606-03	Oct. 5-Nov. 2	10:30-11 a.m.	Thu
501606-05	Oct. 7-Oct. 28	10-10:30 a.m.	Sat

AGE(S): 4-6

PRESCHOOL TUMBLING			
Activity #	Date	Time	Day(s)
501606-02	Oct. 3-Oct. 31	11-11:45 a.m.	Tue
501606-04	Oct. 5-Nov. 2	11-11:45 a.m.	Thu
501606-06	Oct. 7-Nov. 4	11-11:45 a.m.	Sat

TODDLER TIME ROUND UP

INSTRUCTOR(S): Cathi Staysniak
RATE: \$65 | **RESIDENT RATE:** \$50
We will launch each class with a fun action story while children play using large motor skills as we learn more about the story's theme. Activities will incorporate age-appropriate cognitive skills like ABCs, numbers, shapes and colors. Each session will bring new and exciting activities.

AGE(S): 15-24 months with adult			
Activity #	Date	Time	Day(s)
501602-01	Sept. 18-Oct. 16	9:30-10 a.m.	Mon

AGE(S): 18-30 months with adult			
Activity #	Date	Time	Day(s)
501602-02	Sept. 18-Oct. 16	10:15-11:45 a.m.	Mon

AGE(S): 24-36 months with adult			
Activity #	Date	Time	Day(s)
501602-03	Sept. 18-Oct. 16	11-11:30 a.m.	Mon

AGE(S): 18-36 months with adult			
Activity #	Date	Time	Day(s)
501602-04	Sept. 18-Oct. 16	6-6:30 p.m.	Mon

BOO TO YOU

INSTRUCTOR(S): Cathi Staysniak
RATE: \$17 | **RESIDENT RATE:** \$12
We will sing spooktacular songs, play games, create Halloween art while exploring some very silly sensory activities. Children may wear a costume or dress in Halloween gear that is easy to move in and can get messy. One adult should attend with each child for most sessions.

AGE(S): 18-36 months with adult			
Activity #	Date	Time	Day(s)
501604-04	Oct. 29	4:30-5:15 p.m.	Sun
501604-05	Oct. 30	9:15-10 a.m.	Mon
501604-09	Oct. 30	5:30-6:15 p.m.	Mon
501604-10	Oct. 30	6:30-7:15 p.m.	Mon

AGE(S): 2-4 with adult			
Activity #	Date	Time	Day(s)
501604-03	Oct. 29	3:45-4:30 p.m.	Sun
501604-06	Oct. 30	10:15-11 a.m.	Mon

AGE(S): 3-5 with adult			
Activity #	Date	Time	Day(s)
501604-07	Oct. 30	11:30 a.m.-12:15 p.m.	Mon

AGE(S): 4-6			
Activity #	Date	Time	Day(s)
501604-08	Oct. 30	1-2 p.m.	Mon
501604-02	Oct. 29	2:15-3:15 p.m.	Sun

SPORTIES FOR SHORTIES

INSTRUCTOR(S): Jump Bunch

RATE: \$80 | **RESIDENT RATE:** \$65

Each week will begin with kid-friendly warm-ups and exercises, an introduction to individual skills and equipment and simple rules of a different sports. Games, obstacle courses and a cool down will take place in each class to keep kids engaged and moving throughout the session.

AGE(S): 18-24 months with adult

Activity #	Date	Time	Day(s)
501317-01	Sept. 23-Oct. 28	9:30-10 a.m.	Sat

AGE(S): 3-4

Activity #	Date	Time	Day(s)
501317-02	Sept. 23-Oct. 28	10:10-10:45 a.m.	Sat

AGE(S): 3-4

Activity #	Date	Time	Day(s)
501317-03	Sept. 23-Oct. 28	10:45-11:30 a.m.	Sat

FABULOUS FALL FUN

INSTRUCTOR(S): Cathi Staysniak

RATE: \$17 | **RESIDENT RATE:** \$12

As the seasons change, we will create, sing and explore fall leaves, apples, scarecrows, sunflowers and more. We will make projects to take home and hear a fun fall story as we dance to a silly squirrel song. One adult should attend with each child for most sessions.

AGE(S): 18-36 months with adult

Activity #	Date	Time	Day(s)
501603-01	Sept. 29	9:15-10 a.m.	Fri
501603-05	Sept. 29	5:30-6:15 p.m.	Fri

AGE(S): 2-4 with adult

Activity #	Date	Time	Day(s)
501603-02	Sept. 29	10:15-11 a.m.	Fri

AGE(S): 3-5 with adult

Activity #	Date	Time	Day(s)
501603-03	Sept. 29	11:30-12:15 p.m.	Fri

AGE(S): 3-6

Activity #	Date	Time	Day(s)
501603-06	Sept. 29	6:30-7:15 p.m.	Fri

AGE(S): 4-6

Activity #	Date	Time	Day(s)
501603-04	Sept. 29	1-2 p.m.	Fri

PRE-K PARKOUR

INSTRUCTOR(S): 614 Parkour Coach Theo

AGE(S): 3-5

RATE: \$135 | **RESIDENT RATE:** \$120

Improve the fundamentals of your skills in a safe and inclusive environment following three goals: be safe, have fun and learn. Throughout the session, participants will be running, jumping, climbing and rolling in order to travel from one point to another in the quickest and efficient way possible.

Activity #	Date	Time	Day(s)
502107-01	Sept. 20-Nov. 1	4:30-5:15 p.m.	Wed

KIDS IN ACTION

INSTRUCTOR(S): Cathi Staysniak

AGE(S): 3-5

RATE: \$65 | **RESIDENT RATE:** \$50

Children will use and expand their cognitive and large motor skills when they participate in this fun class. We will be silly as we exercise our brains and bodies. Each session will bring new and exciting activities. *Children will attend class independently.*

Activity #	Date	Time	Day(s)
501116-01	Sept. 18-Oct. 16	11:45 a.m.-12:30 p.m.	Mon
501116-02	Sept. 18-Oct. 16	6:45-7:30 p.m.	Mon

LEARN A NEW LANGUAGE

INSTRUCTOR(S): Cultured Kids

RATE: \$105 | **RESIDENT RATE:** \$90

Students will build verbal confidence, learn pre-reading and pre-writing language skills. Every week, students learn conversation topics through fun and engaging activities using games, songs and craft projects. All classes get access to the "Student Corner" webpage which allows students to practice at-home learning between classes.

FRENCH

AGE(S): 18-36 months with adult

Activity #	Date	Time	Day(s)
502112-02	Sept. 19-Oct. 31	12-12:45 p.m.	Tue
502112-04	Nov. 7-Dec. 19	12-12:45 p.m.	Tue

AGE(S): 3-5

Activity #	Date	Time	Day(s)
502112-02	Sept. 19-Oct. 31	1-2 p.m.	Tue
502112-04	Nov. 7-Dec. 19	1-2 p.m.	Tue

SPANISH

AGE(S): 18-36 months with adult

Activity #	Date	Time	Day(s)
502112-01	Sept. 19-Oct. 31	12-12:45 p.m.	Mon
502112-03	Nov. 7-Dec. 19	12-12:45 p.m.	Mon

AGE(S): 3-5

Activity #	Date	Time	Day(s)
502112-02	Sept. 19-Oct. 31	1-2 p.m.	Mon
502112-04	Nov. 6-Dec. 18	1-2 p.m.	Mon

FOOTBALL TOTS

INSTRUCTOR(S): Supertots

RATE: \$140 | **RESIDENT RATE:** \$125

This class uses a variety of props, songs and games to engage kids. Simple hand-eye and movement skills are developed using engaging games with appropriately-sized safe equipment. *All equipment provided.*

AGE(S): 3-4

Activity #	Date	Time	Day(s)
501556-04	Sept. 21-Oct. 26	4:30-5:15 p.m.	Thu
501556-05	Sept. 21-Oct. 26	5:30-6:15 p.m.	Thu

AGE(S): 4-5

Activity #	Date	Time	Day(s)
401061-02	Sept. 21-Oct. 26	6:30-7:15 p.m.	Thu

CRAZY ART ADVENTURES

INSTRUCTOR(S): Cathi Staysniak

RATE: \$85 | **RESIDENT RATE:** \$70

We will make exciting art projects that are open-ended and allow your child to create freely. Classes will include an activity that compliments the art project for the day. Activities will include a game, story and music. We will be a bit messy so wear something that is safe to get dirty. *All materials included. Children will attend class independently.*

AGE(S): 4-6

Activity #	Date	Time	Day(s)
501001-01	Sept. 28-Oct. 26	1:30-3 p.m.	Thu

AGE(S): 5-7

Activity #	Date	Time	Day(s)
501001-02	Sept. 28-Oct. 26	6:15-7:45 p.m.	Thu

SOCCER TOTS

INSTRUCTOR(S): Supertots

RATE: \$140 | **RESIDENT RATE:** \$125

Younger ages will focus on developing motor skills and self confidence while older ages focus on developing core soccer skills, personal focus and light competition.

CUBS **AGE(S):** 1.5-2 with adult

Activity #	Date	Time	Day(s)
501556-01	Sept. 19-Oct. 24	4:30-5:15 p.m.	Tue

BEARS **AGE(S):** 2-3 with adult

Activity #	Date	Time	Day(s)
501556-02	Sept. 19-Oct. 24	5:30-6:15 p.m.	Tue

GRIZZLIES **AGE(S):** 3-4

Activity #	Date	Time	Day(s)
501556-03	Sept. 19-Oct. 24	9-9:45 a.m.	Tue



ADAPTIVE & INCLUSIVE

ACCESS TO RECREATION

INSTRUCTOR(S): Westerville CC staff

AGE(S): 6-17

RATE: \$7 | **RESIDENT RATE:** \$5

Have fun participating in a variety of experiences that are non-sports related. Activities will include e-gaming, arts, cooking, ceramics, outdoor education and more! Join us to have fun and socialize with friends and siblings. *Aides are free.*

PARTICIPANT			
Activity #	Date	Time	Day(s)
515503-01	Sept. 20	10-11:30 a.m.	Wed
515503-02	Oct. 18	10-11:30 a.m.	Wed

ADAPTIVE SPORTS CLINIC

INSTRUCTOR(S): Adaptive Staff

AGE(S): 18 and up

RATE: \$7 | **RESIDENT RATE:** \$5

Join us for introductory experiences with a variety of sports. No experience or equipment is needed. Plan to wear athletic shoes and comfortable clothing. Gym shorts and T-shirts are recommended. *Aides are free.*

Activity #	Date	Time	Day(s)
515506-01	Sept. 16	10-11 a.m.	Sat
515506-02	Oct. 7	10-11 a.m.	Sat

PIZZA MAKING CLASS

INSTRUCTOR(S): Cooking Caravan

AGE(S): 7 and up

RATE: \$45

Learn how to make a pizza from scratch! The chefs will adapt the experience to meet your needs and ensure everyone has a great time. *Aides are free, don't forget to come hungry!*

Activity #	Date	Time	Day(s)
515504-01	Oct. 14	12-1:30 p.m.	Sat

EMPOWERED FITNESS TRAINING

INSTRUCTOR(S): Sam Smith

AGE(S): 14 and up

RATE: \$45 | **RESIDENT RATE:** \$35

For individuals with disabilities that wish to become more adept at strength training on their own. Learn to workout on your own using a visual system developed by Valemeo to increase your independence in accessing lifelong fitness. Steeped in best practices used in education and the fitness industry. *Caregivers and parents are welcome and encouraged to attend at no cost.*

Activity #	Date	Time	Day(s)
505291-01	Sept. 19-Nov. 7	5-6 p.m.	Tue

BAGELS AND BOARD GAMES

INSTRUCTOR(S): Adaptive Staff

AGE(S): 12 and up

FREE

Work on your board game skills, enjoy some light refreshments and hear about upcoming programming while socializing with friends. You will also be able to let us know what classes you would like. All are welcome and refreshments will be provided!

Activity #	Date	Time	Day(s)
515502-01	Sept. 15	4-6:30 p.m.	Fri
515502-02	Oct. 20	4-6:30 p.m.	Fri

ADAPTIVE YOGA

INSTRUCTOR(S): Lillian Beck

RATE: \$45 | **RESIDENT RATE:** \$35

Developed for those with disabilities who are looking to relax and have some fun. We will practice poses and gentle movement, as well as breath and mindfulness techniques. *All are welcome and caregivers are encouraged.*

Activity #	Date	Time	Day(s)
505231-01	Sept. 19-Nov. 7	4:15-5 p.m.	Tue

SENSORY FRIENDLY PUMPKIN GLOW

Experience the Great Westerville Pumpkin Glow in a relaxed atmosphere. This fun-filled evening will include complimentary refreshments, games and activities. Parents and support staff are free!

Wednesday, Oct. 18
7-9 p.m.
\$5

Everal Barn at Heritage Park
60 N. Cleveland Ave.

AQUATIC ADAPTIVE SWIM LESSONS

INSTRUCTOR(S): AquoTic Staff

AGE(S): 3-12

RATE: \$60 | **RESIDENT RATE:** \$50

This interactive lesson will focus on safety and comfort in and around the water. Parent or caregiver will be encouraged to help with child in the pool. Lessons are open to any diagnosis.

INTERMEDIATE			
Activity #	Date	Time	Day(s)
505326-01	Sept. 15-Oct. 20	1:30-2:30 p.m.	Fri

ALL INCLUSIVE OPEN GYM

Enjoy open gym play time in the Community Center MAC Gym in a sensory-friendly environment. Parents and support staff are free.

Ages 3-17
Fridays, Sept. 22 and Oct. 6
6-7:30 p.m.
\$5

PUMPKIN PAINTING AT THE PARK

INSTRUCTOR(S): Adaptive Staff

AGE(S): 18 and up

RATE: \$5

Join us for a fun-filled morning of pumpkin painting, socializing and games. *Caregivers and parents are free!*

Activity #	Date	Time	Day(s)
515501-01	Oct. 11	10 a.m.-12 p.m.	Wed

SHOPPING AND LUNCH

INSTRUCTOR(S): Adaptive Staff

AGE(S): 18 and up

FREE

Join us for a fun-filled afternoon of shopping and lunch. We will be working on shopping skills within the community. This is a free event but registration is required. Bring money for shopping and lunch. We will meet at Polaris Fashion Place, location will be shared after registration. Family and support staff are welcome to attend at no cost.

Activity #	Date	Time	Day(s)
515505-01	Sept. 10	2-5 p.m.	Sun

HALLOWEEN DANCE

INSTRUCTOR(S): Adaptive Staff

AGE(S): 18 and up

FREE

Bust out your spookiest costumes for this Halloween-themed fall dance! We'll have a wonderful time dancing the night away to some current hits and a few throwbacks played by DJ Matt Ryan. Admission is free, but be sure to register online. Refreshments will be provided. This is an inclusive event so invite your friends!

Activity #	Date	Time	Day(s)
515500-01	Oct. 27	6-8 p.m.	Fri



YOUTH/TEEN

BOO TO YOU

INSTRUCTOR(S): Cathi Staysniak
AGE(S): 6-8

RATE: \$17 | **RESIDENT RATE:** \$12

We will sing spooktacular songs, play games, create Halloween art and explore some very silly sensory activities. *Children may wear a costume or dress in Halloween gear that is easy to move in and can get messy.*

Activity #	Date	Time	Day(s)
501604-01	Oct. 29	1-2 p.m.	Sun

YOUTH CERAMICS

INSTRUCTOR(S): Chris Powell^
Audrey McCutchen ^^

RATE: \$100 | **RESIDENT RATE:** \$80

Participants will learn various hand-building techniques as they work on individual projects. Students will work independently and with instruction. The potter's wheel will be introduced.

AGE(S): 10-13

Activity#	Date	Time	Day(s)
502119-01^^	Sept. 18-Oct. 30	5-6 p.m.	Mon

AGE(S): 14-17

Activity#	Date	Time	Day(s)
502119-02^	Sept. 20-Nov. 1	5-6 p.m.	Wed

CHESS

INSTRUCTOR(S): Kyle Jones
The Jones Chess Academy

AGE(S): 5-12

RATE: \$155 | **RESIDENT RATE:** \$140

Students learn the rules and concepts of chess, tournament procedures and etiquette, and the knowledge to participate in a casual or competitive game with family or friends. This is the perfect class for a new player or novice player looking to increase confidence in his or her game.

Activity #	Date	Time	Day(s)
502111-01	Sept. 20-Nov. 1	5:15-6 p.m.	Wed

YOUTH COOKING

INSTRUCTOR(S): Cooking Caravan
AGE(S): 7-17

RATE: \$55 | **RESIDENT RATE:** \$45

Cooking Caravan will lead participants in a step-by-step presentation on how to cook new recipes they can make at home for their family and friends. Class takes place in the state-of-the-art Community Center demonstration kitchen. **All supplies included.**

CHILI COOK OFF

Activity#	Date	Time	Day(s)
502115-01	Sept. 30	3:30-5 p.m.	Sat

PIZZA PARTY

Activity#	Date	Time	Day(s)
502115-02	Oct. 14	3:30-5 p.m.	Sat

SPOOKY SNACKS

Activity#	Date	Time	Day(s)
502115-03	Oct. 21	3:30-5 p.m.	Sat

GUITAR FOR BEGINNERS

INSTRUCTOR(S): Sean Joshii
AGE(S): 8-12

RATE: \$85 | **RESIDENT RATE:** \$70

A basic introduction to guitar playing for children with no previous experience. Class will focus on guitar techniques through playing songs. Materials needed: six-string acoustic guitar, Alfred's Kid's Guitar Course and music stand.

Activity #	Date	Time	Day(s)
502118-01	Sept. 19-Oct. 24	6-6:30 p.m.	Tue

DRAMA KIDS

INSTRUCTOR(S): Drama Kids
AGE(S): 6-11

RATE: \$165 | **RESIDENT RATE:** \$150

Develop important confidence-building skills through drama activities. Lessons feature never-before-seen skits, games, improv scenes and more. Through weekly sessions students become more confident and their self-esteem blooms! While your child will certainly gain acting skills, our main goal is to help children develop the skills they need to succeed in life.

Activity #	Date	Time	Day(s)
502315-01	Sept. 21-Nov. 2	6-7 p.m.	Thu

PARKOUR

INSTRUCTOR(S): 614 Parkour Coach Theo
RATE: \$155 | **RESIDENT RATE:** \$140

Improve the fundamentals of your skills in a safe and inclusive environment following three rules: be safe, have fun and learn. Throughout the session, participants will be running, jumping, climbing and rolling in order to travel from one point to another in the quickest and most efficient way possible.

KIDS AGE(S): 6-11

Activity #	Date	Time	Day(s)
502107-02	Sept. 20-Nov. 1	5:30-6:30 p.m.	Wed

KIDS & TEENS AGE(S): 8-14

Activity #	Date	Time	Day(s)
502107-03	Sept. 20-Nov. 1	6:30-7:30 p.m.	Wed

CREATIVE WRITING

INSTRUCTOR(S): Andra Gillum
RATE: \$35 | **RESIDENT RATE:** \$25

SPOOKY TALES HALLOWEEN STORIES AGE(S): 7-11

Join children's author Andra Gillum for a fun Halloween-themed creative writing and drawing class. We'll write and draw some spooky (or not so spooky) stories, create our own monster and play some Halloween word games. Expect to use your imagination and have fun.

Activity #	Date	Time	Day(s)
502116-01	Oct. 28	1-3 p.m.	Sat

MAKE 'EM LAUGH, HUMOR WRITING AGE(S): 16-60

Learn about the basics and history of humor in writing. We will discuss how to make something funny and add some humor to your writing. From speeches and essays to books and short stories, everything is better with a little humor.

Activity #	Date	Time	Day(s)
502116-02	Sept. 28	6-8 p.m.	Thu



ROBOTICS: BATTLEBOTS!

INSTRUCTOR(S): RoboThink Central Ohio

AGE(S): 6-13

RATE: \$175 | **RESIDENT RATE:** \$150

Each week you will build and redesign your own BattleBots and then compete in challenging activities and competitions against your fellow classmates.

Activity #	Date	Time	Day(s)
502109-01	Sept. 20-Oct. 18	5-6:30 p.m.	Wed

YOUTH LANGUAGE CLASSES

INSTRUCTOR(S): Cultured Kids

AGE(S): 6-12

RATE: \$135 | **RESIDENT RATE:** \$120

This program is for those who are just beginning their language journey. In this class you will learn to ask, answer, read and write everyday sentences, study the cultures of different native speaking countries and gain foundational skills to achieve bilingual proficiency. The program will integrate play-based activities, theatrical performances, action games, creative poetry and modern native music with our curriculum.

SPANISH

Activity #	Date	Time	Day(s)
502690-01	Sept. 18-Oct. 30	6-7 p.m.	Mon

FRENCH

Activity #	Date	Time	Day(s)
502690-04	Nov. 17-Dec. 19	6-7 p.m.	Tue

STEM & PLAY: MULTI-SPORT

INSTRUCTOR(S): Skyhawks Sports Academy

AGE(S): 6-12

RATE: \$100 | **RESIDENT RATE:** \$85

This program combines strategic STEM-based activities with traditional Skyhawks sports instruction and a focus on life skills such as teamwork and sportsmanship. Activities vary by sport but include ball design, calculating distances and angles, velocity, acceleration and much more! Participants will also learn the fundamentals each sport through skill-based drills and scrimmages.

Activity #	Date	Time	Day(s)
502620-01	Sept. 27-Oct. 25	5:30-6:30 p.m.	Wed

THE HOMESCHOOL GYM

INSTRUCTOR(S): The HomeSchool Gym Staff

RATE: \$75 | **RESIDENT RATE:** \$60

A safe, positive physical education experience for homeschooled children. We use a variety of games and activities that are both fun and educational with the goal to provide an atmosphere in which children of varying ages can come together and learn physical skills that will lead them to a lifetime of health, fitness and fun. A \$30 sibling discount is available at checkout, please contact chelsea.vanassche@westerville.org.

AGE(S): 5-8

Activity#	Date	Time	Day(s)
502621-01	Sept. 22-Oct. 27	12-1 p.m.	Fri

AGE(S): 9-12

Activity#	Date	Time	Day(s)
502621-02	Sept. 22-Oct. 27	1-2 p.m.	Fri

AGE(S): 13-18

Activity#	Date	Time	Day(s)
502621-04	Sept. 22-Oct. 27	2-3 p.m.	Fri

AMERICAN RED CROSS BABYSITTING

INSTRUCTOR(S): Amy Rudawsky

AGE(S): 10-17

RATE: \$75 | **RESIDENT RATE:** \$60

Participants will learn to perform first aid, including responding effectively to emergencies, basic care routines and handling an illness. The fee includes activities and a guidebook. Certification cards are awarded to those who complete the class. Students should bring paper, pencil, newborn-sized doll or stuffed animal, a packed lunch and a snack.

Activity #	Date	Time	Day(s)
502101-01	Sept 23	9 a.m.-1 p.m.	Sat
502101-02	Oct. 14	9 a.m.-1 p.m.	Sat
502101-03	Nov. 4	9 a.m.-1 p.m.	Sat

INTERESTED IN A SPORTS CLASS?

See the sports section for available options.





ADULT

WATERCOLOR FOR BEGINNERS, INTERMEDIATE AND BEYOND

INSTRUCTOR(S): John Cameron

AGE(S): 18 and up

RATE: \$90 | **RESIDENT RATE:** \$75

Numerous teaching aides, examples and handouts will be shared so students can begin their own watercolor resource notebook. Individual assistance will be provided along with various lessons and demonstrations highlighting important principles of watercolor painting.

Activity #	Date	Time	Day(s)
510202-01	Sept. 20-Oct. 25	10 a.m.-12 p.m.	Wed
510202-02	Sept. 20-Oct. 25	1-3 p.m.	Wed

CERAMICS

INSTRUCTOR(S): Chris Powell

AGE(S): 18 and up

RATE: \$185 | **RESIDENT RATE:** \$165

Students will work at their leisure on the potter's wheel to develop their throwing skills and honing various hand-building skills with individual guidance and technical advice from the instructor. *There is a fee for additional clay.*

THROWING

Activity #	Date	Time	Day(s)
510203-01	Sept. 18-Oct. 30	6:15-8:45 p.m.	Mon
510203-03	Sept. 20-Nov. 1	6:15-8:45 p.m.	Wed

HAND BUILD

Activity #	Date	Time	Day(s)
510203-02	Sept. 18-Oct. 30	6:15-8:45 p.m.	Mon
510203-04	Sept. 20-Nov. 1	6:15-8:45 p.m.	Wed

OPEN STUDIO CERAMICS

INSTRUCTOR(S): Chris Powell

AGE(S): 18 and up

RATE: \$65 | **RESIDENT RATE:** \$50

Open to students who are currently enrolled in an adult ceramics class. This is your time to complete a project independently. No instruction is given. All projects will be finished and glazed during the last class. There is an extra fee for clay usage.

Activity #	Date	Time	Day(s)
510204-01	Sept. 23-Nov. 4	10 a.m. - 1 p.m.	Sat

ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP

INSTRUCTOR(S): Alzheimer's Association **PSL**
of Central Ohio

AGE(S): 55 and up

FREE

Please join us for a caregiver support group with a special focus on bringing balance to caregiver stress through mindfulness techniques. Exchange information on challenges and solutions and talk through issues and ways of coping. Conducted by trained facilitators.

DRÖP IN

Date	Time	Day(s)
Sept. 21	6 p.m.	Thu
Oct. 19	6 p.m.	Thu

GRIEF SUPPORT GROUP

INSTRUCTOR(S): Wesley Hospice

FREE

An informal group where individuals are able to share their experiences with grief and loss. The group provides a place to make new friends and give support to one another.

DRÖP IN

Date	Time	Day(s)
Sept. 14	6:30-7:30 p.m.	Thu

LIGHT UP YOUR GARDEN WITH BULBS

INSTRUCTOR(S): Westerville Garden Club

AGE(S): 18 and up

FREE

Bulbs add color to your garden from early spring through summer. Learn which bulbs return annually and which multiply, when you should plant bulbs and what the best sources are for bulbs.

Activity #	Date	Time	Day(s)
510201-01	Oct. 22	2-3 p.m.	Sun

MINIATURE GARDENS FOR YOUR BACKYARD

INSTRUCTOR(S): Westerville Garden Club

AGE(S): 18 and up

FREE

Even if you live in a townhouse, condo or apartment you can have a beautiful garden through containers or various areas of a larger property. Explore these delightful ideas, the plants to include and how to arrange them to get the feature of your dreams.

Activity #	Date	Time	Day(s)
510200-01	Sept. 10	2-3 p.m.	Sun

LINE DANCE

Saturday Oct. 14
11 a.m. - 1 p.m.

Get moving and have some fun on the dance floor. Light lunch included. Registration is required.

Saturday, Oct. 14
11 a.m. - 1 p.m.
Ages 18 and up
\$15 | Resident Rate \$10
Activity #510209-01



O A

OLDER ADULT

REGISTRATION DATES

Senior Center Program Pass Holder Registration

Thursday, Sept. 7 | 12 p.m.

All others Sept. 8-11

Register at www.westerville.org/registration



HOW TO REGISTER FOR CLASSES

Tuesday, Sept. 5 | 1 p.m.

FINANCIAL ASSISTANCE PROGRAM

Parks and Recreation services are essential for our residents' quality of life and transportation, and its associated fees, are sometimes a basic required necessity. The Westerville Senior Association, a non-profit organization founded to assist the Westerville Senior Center, offers financial assistance to Senior Center Program Pass holders residing within the Westerville City limits who may be experiencing financial hardship. For further information on this and other assistance, contact the Senior Center at (614) 901-6560.

TRANSPORTATION SERVICES

Transportation is available to Senior Center Program Pass holders residing in the corporate City limits of Westerville.

Visit www.westerville.org/seniorcenter for more information.

Rate: \$25 per pass (30 punches)
\$10 per pass (10 punches)



ACTIVITY/PROGRAM REFUNDS

Activity/program refunds will be made if requested seven days or more before the first class takes place, or when documentation is presented for an approved hardship situation. There is a \$5 transaction fee applied to all refunds.

Westerville Senior Center
350 N. Cleveland Ave.
Westerville, OH 43082
(614) 901-6560

Mon - Thu: 8 a.m. - 8 p.m.
Fri: 8 a.m. - 5 p.m.

Park and enter through the south entrance for Senior Center programs and some fitness classes. You may enter through the main or north entrances for the gymnasium, indoor pools and fitness area.

PROGRAM PASS INFORMATION

Westerville Senior Center Program Passes are available to adults 55 or older. Join us and experience the benefits of improved health, lower stress, new skills, greater independence and lasting friends and memories.

YEARLY PASS RATES

Rate: \$42

Resident Rate: \$24

Additional information is available in the Older Adult section or online at www.westerville.org/seniorcenter. Call the Senior Center at (614) 901-6560 for questions.



Senior/Community Center (2 punches)

To: Mon-Fri 8:30 a.m.-1 p.m.

From: Mon-Fri Times Vary



Shopping (3 punches)

call (614) 901-6560 for specific locations

Tue/Thu 1 - 3 p.m.



Medical Appointments (3 punches)

Mon-Fri 8:45-11:30 a.m.

Mon/Wed/Fri 1-2:30 p.m.

FITNESS

SENIOR MAT PILATES

INSTRUCTOR(S): Linda Scovern

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Learn the basic concepts of Pilates including alignment, breathing, core strength and stabilization to create a total body workout. Must be able to get to and from the floor. *Bring a yoga mat. Suitable for the beginner.*

Activity #	Date	Time	Day(s)
504905-01	Sept. 18-Oct. 30	11:15 a.m.-12:15 p.m.	Mon
504905-02	Sept. 21-Nov. 2	11:15 a.m.-12:15 p.m.	Thu

SENIOR STRENGTH

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Designed to increase strength and endurance while stimulating the mind and working on balance. We will be using our body weight plus various types of equipment such as: kettlebells, resistance bands, body bars and dumbbells. Designed for beginners and experienced participants.

Activity #	Date	Time	Day(s)
504904-01	Sept. 19-Oct. 31	9 - 10 a.m.	Tue
504904-02	Sept. 21-Nov. 2	9 - 10 a.m.	Thu

FIT AND STRONG

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Use your body weight along with dumbbells, balls and resistance bands to increase endurance, strength and range of movement while improving circulation and balance. Whether you prefer to exercise in a chair or to stand, the flexibility of this class design offers lots of modifications. *Beginners encouraged to attend.*

Activity #	Date	Time	Day(s)
504906-01	Sept 18-Oct. 30	9 - 9:45 a.m.	Mon
504906-02	Sept 20-Nov. 1	9 - 9:45 a.m.	Wed
504906-03	Sept 22-Nov. 3	9 - 9:45 a.m.	Fri

LOW IMPACT AEROBICS

INSTRUCTOR(S): Pam Croucher

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This fun and energetic aerobics class, choreographed and performed to music, will burn calories and improve your health. Large muscle groups are used in continuous rhythmic activity. Light dumbbells and an exercise mat will be used to strengthen your muscles. *Must be able to get to and from the floor.*

Activity#	Date	Time	Day(s)
504901-01	Sept. 19-Oct. 31	10:15 - 11:15 a.m.	Tue
504901-02	Sept. 21-Nov. 2	10:15 - 11:15 a.m.	Thu

AEROBICS & MORE

INSTRUCTOR(S): Billie McRill

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

A fun-filled class to music will improve cardiovascular fitness, balance and agility while challenging the mind. Various types of resistance equipment may be used. No experience necessary as modifications will be demonstrated. No routines to memorize and no floor work involved.

Activity #	Date	Time	Day(s)
504914-01	Sept. 18-Oct. 30	10 - 11 a.m.	Mon
504914-02	Sept. 20-Nov. 1	10 - 11 a.m.	Wed
504914-03	Sept. 22-Nov. 3	10 - 11 a.m.	Fri

SILVER SPLASH: AQUA, CARDIO & TONE

INSTRUCTOR(S): Debbie Leach

AGE(S): 65 and up with Silver Sneakers

FREE : Silver Sneakers membership required

This class is for the conditioned adult who has good balance and muscle function. Includes cardio exercises followed by muscle toning exercises, balance work and stretching.

Date	Time	Day(s)
Sept. 11- Nov. 17	11:05-11:55 a.m.	Mon/Wed/Fri
Sept. 11- Nov. 17	12-12:50 p.m.	Mon/Wed/Fri



CHAIR YOGA

INSTRUCTOR(S): Pam Croucher ^
Mary Whitehead ^^

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

A great way for older adults to achieve the health benefits of yoga that include loosening and stretching painful muscles, reducing stress and improving circulation. Chairs will be used.

Activity#	Date	Time	Day(s)
504903-01	Sept. 20-Nov. 1	11:15 a.m.-12 p.m.	Wed
504903-02	Sept. 22-Nov. 3	11:15 a.m.-12 p.m.	Fri

CHAIR VOLLEYBALL

INSTRUCTOR(S): Lynda Chambers
AGE(S): Senior Center Program Pass
FREE

Similar to volleyball but modified for everyone. We will play with a beach ball and be able to spike, bump and set to a fun time from your chair.



Date	Time	Day(s)
Sept./Oct./Nov.	10-11 a.m.	Thu

FITNESS WALKING GROUP

As part of your Senior Center Program Pass you can walk your way around the Community Center track. Please remember to scan your card at the front desk.

Senior Center Program Pass holders only everyday



FITNESS MUSICAL CHAIRS

INSTRUCTOR(S): Pam Croucher
AGE(S): 55 and up
RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

This is not your grandma's chair class. Join us for a fun, energetic exercise program that includes cardio, strength and core conditioning set to up-tempo music. Improve flexibility, coordination and endurance while seated. Must be able to freely move arms and legs. *Beginners encouraged.*

Activity#	Date	Time	Day(s)
504910-01	Sept. 19-Oct. 31	11:30 a.m.-12:30 p.m.	Tue
504910-02	Sept. 21-Nov. 2	11:30 a.m.-12:30 p.m.	Thu

I.T.S ESSENTIAL

INSTRUCTOR(S): Ellen Blaha
AGE(S): 55 and up
RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Interval, Training and Stretching (ITS) builds the mobility, strength and agility essential to your functional fitness. We'll alternate easy-to-follow, low impact cardio with resistance work and top off with relaxing stretches. No workout on the floor. Beginners and experienced exercisers are welcome.

Activity #	Date	Time	Day(s)
504907-01	Sept. 20-Nov. 1	12-1 p.m.	Wed

FEARLESS FALLING

INSTRUCTOR(S): Mike Grigsby
AGE(S): 55 and up
RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

The fear of falling is one of our biggest phobias, so most people never learn how to fall properly. Learning how to fall safely is the primary purpose of the classes.

Activity#	Date	Time	Day(s)
504915-01	Sept. 20-Nov. 1	3-4 p.m.	Wed

GET ON YOUR FEET

INSTRUCTOR(S): Ellen Blaha
AGE(S): 55 and up
RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Strap on your groovin' shoes and add fun steps to your day while enjoying a variety of music choices from many of the decades. Easy-to-follow, low-impact cardio and stretching; no routines to learn. Beginners and experienced participants are welcome and supported.

Activity#	Date	Time	Day(s)
504912-01	Sept. 19-Oct. 24	5:15-6 p.m.	Tue
504912-02	Sept. 21-Nov. 2	5:15-6 p.m.	Thu

FITNESS

MINDFUL BREATHING

INSTRUCTOR(S): Marie Corbitt,
Westerville Public Library

AGE(S): Senior Center Program Pass
FREE

Learn simple, mindful breathing exercises that will help you develop a sense of calm and focus.



Date	Time	Day(s)
Sept. 11	11:30 a.m. - 12 p.m.	Mon
Oct. 9	11:30 a.m. - 12 p.m.	Mon
Nov. 13	11:30 a.m. - 12 p.m.	Mon

SILVER SNEAKERS CLASSIC

INSTRUCTOR(S): Pam Croucher^
Stephanie Bellflower^^

FREE: Silver Sneaker Pass holders

Seated and standing exercises to increase muscular strength, range of motion and daily living. Hand-held weights, elastic tubing with handles and a ball are offered for resistance and a chair is used for seated and/or standing support. Get fit, have fun, make friends.

Date	Time	Day(s)
Sept. 13 - Nov. 23^	12 - 12:45 p.m.	Wed
Sept. 12 - Nov. 22^^	8 - 8:45 a.m.	Tue/Thu

SENIOR TENNIS

AGE(S): Senior Center Program Pass
Our moderated senior tennis is generated for those looking to continue their love of the sport while continuing to get exercise and socialize with friends.

RATE: \$50 | **RESIDENT RATE:** \$40
SENIOR CENTER PROGRAM PASS RATE: \$30

Activity#	Date	Time	Day(s)
504301-01	Oct. 2 - Jan. 5	8-9:30 a.m.	Mon/Wed/Fri

FREE



Date	Time	Day(s)	HOF
Aug./Sept.	8-9:30 a.m.	Mon/Wed/Fri	

DANCE WITH PARKINSON'S

INSTRUCTOR(S): Chloe Napoletano

AGE(S): 55 and up
RATE: \$50 | **RESIDENT RATE:** \$40

SENIOR CENTER PROGRAM PASS RATE: \$30

Through carefully crafted movement, this class will promote increased strength, flexibility, coordination and balance by encouraging participants to take an active role during class. Family members, friends and caregivers are welcome to attend. No experience is necessary and both seated and standing movement is welcome. *Class is led by a professional dancer.*

Activity #	Date	Time	Day(s)
505911-01	Sept. 20 - Nov. 1	4 - 5 p.m.	Wed

DELAY THE DISEASE

INSTRUCTOR(S): Megan Arnold^
Lisa Berger ^^

AGE(S): 55 and up
RATE: \$55 | **RESIDENT RATE:** \$45

SENIOR CENTER PROGRAM PASS RATE: \$35

Fitness program designed specifically for those with Parkinson's disease. This class will optimize physical function and help to delay the progression of the disease.

Activity #	Date	Time	Day(s)
504902-01^	Sept. 19 - Oct. 31	1:15 - 2:15 p.m.	Tue
504902-02^^	Sept. 21 - Nov. 2	1:15 - 2:15 p.m.	Thu

HEARING AID TESTING

INSTRUCTOR(S): Columbus Speech
and Hearing and Franklin
County Senior Options

AGE(S): Senior Center Program Pass
FREE

Hearing evaluations, hearing aid fittings, maintenance and follow-up hearing aid services. Seniors who need a hearing aid may qualify with only a co-pay through the Older Adult Outreach Program. *For more information or to schedule an appointment, call (614) 263-5151. Appointment required.*

Date	Time	Day(s)
Sept. 13	9 a.m. - 1:30 p.m.	Wed
Oct. 11	9 a.m. - 1:30 p.m.	Wed
Nov. 8	9 a.m. - 1:30 p.m.	Wed

HOF - Hoff Woods Park | 556 McCorkle Blvd.



LINE DANCE

INSTRUCTOR(S): Anita Ebbert^
Robin Poses^^

AGE(S): 55 and up
RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Get up and get down on the dance floor! This class is filled with fun and exercise while learning steps to all of the latest line dances. No partner needed. You will increase your coordination, flexibility and endurance while having fun and making new friends.

BEGINNER

Activity#	Date	Time	Day(s)
504909-01^	Sept. 19-Oct. 31	9:45 - 10:45 a.m.	Tue
504909-02^^	Sept. 20-Nov. 1	1:15 - 2:15 p.m.	Wed

IMPROVER

Activity#	Date	Time	Day(s)
504909-03^^	Sept. 21-Nov. 2	2:30 - 3:30 p.m.	Thu

FOOT CARE

INSTRUCTOR(S): Anchor Foot Care

AGE(S): 55 and up
RATE: \$65 | **RESIDENT RATE:** \$55

SENIOR CENTER PROGRAM PASS RATE: \$45

Services include nail trimming, thinning, filing, foot assessment, corn and callus reduction. Payment for each session due at registration.

Activity #	Date	Time	Day(s)
404917-01 through -16	Sept.19	8:30 a.m.-4 p.m.	Tue
504916-01 through -16	Oct. 17	8:30 a.m.-4 p.m.	Tue
504917-01 through -16	Nov. 21	8:30 a.m.-4 p.m.	Tue

**ZENTANGLE®
BEYOND THE BASICS**

INSTRUCTOR(S): Arlene Roeder

AGE(S): 55 and up
RATE: \$65 | **RESIDENT RATE:** \$50

SENIOR CENTER PROGRAM PASS RATE: \$40

Are you ready to take what you've learned and created in the Introduction to Zentangle® class and expand your tangling practice? Classes are designed to give you a deeper understanding of the Zentangle® method of drawing. You will learn new tangle patterns and techniques that will enhance your experience and art. *Please bring your basic Zentangle® kit.*

Activity#	Date	Time	Day(s)
507305-01	Sept. 13-Oct. 14	2 - 4 p.m.	Wed
507305-02	Oct. 11-Nov. 1	2 - 4 p.m.	Wed



BLOOD PRESSURE CHECK

Sept. 12 / Oct. 10 / Nov. 14
10-11 a.m.
FREE

Stop by and get your blood pressure and vitals checked. Provided by Uptown Pharmacy.

FLU SHOT

AGE(S): Senior Center Program Pass
FREE

Stop by and get your flu shot provided by Uptown Pharmacy. Please bring your insurance card and id card. All doses of the flu shots will be available.

DR●P IN	Date	Time	Day(s)
	Sept. 22	10 a.m.- 12 p.m.	Fri
	Oct. 11	12- 1 p.m.	Wed

CREATIVE WRITING, MEMOIRS AND MORE

AGE(S): Senior Center Program Pass
FREE

Come share and encourage friends to develop writing skills through life experiences.

DR●P IN	Date	Time	Day(s)
	Sept. 18	1:30-2:30 p.m.	Mon
	Oct. 16	1:30-2:30 p.m.	Mon

CERAMICS- GREENWARE

INSTRUCTOR(S): Phyllis Doelker

AGE(S): 55 and up

RATE: \$65 | **RESIDENT RATE:** \$50

SENIOR CENTER PROGRAM PASS RATE: \$40

Learn the basics or enhance your current techniques of Greenware ceramics. Paint and supplies will be provided, but greenware projects will be purchased by participants. *Participants will leave the Senior Center by car pool for Adobi to purchase their own greenware.*

Activity#	Date	Time	Day(s)
507301-01	Sept. 21-Nov. 2	11:30 a.m.-2:30p.m.	Thu

CERAMICS AND POTTERY

INSTRUCTOR(S): Diana Iles

AGE(S): 55 and up

RATE: \$100 | **RESIDENT RATE:** \$85

SENIOR CENTER PROGRAM PASS RATE: \$75

Join us for an introduction to making your own pottery from clay. Hand-building techniques will be covered as well as an introduction to the potter's wheel. Flex your creative muscle and make your own pottery in this fun, hands on class.

INTRODUCTION

Activity#	Date	Time	Day(s)
507340-01	Sept. 19-Nov. 7	10:30-11:30 a.m.	Tue
507340-02	Sept. 19-Nov. 7	1-3 p.m.	Tue

This class is for those students who have completed at least two sessions of the introductory level class. Intermediate techniques and projects will be explored.

INTERMEDIATE

Activity#	Date	Time	Day(s)
507340-03	Sept. 19-Nov. 7	8:30-10:30 a.m.	Tue

WATERCOLOR PAINTING FIRST STEPS

INSTRUCTOR(S): Dick Leavy

AGE(S): 55 and up

RATE: \$80 | **RESIDENT RATE:** \$70

SENIOR CENTER PROGRAM PASS RATE: \$55

This class will describe and explore the basics of watercolors and cover composition, value and color while practicing how to put paint on and take it off paper. landscape photos, provided by the instructor, will be referenced. All registered participants will be sent a material list. .

Activity#	Date	Time	Day(s)
504197-01	Oct. 4-Nov. 8	1-3 p.m.	Wed

CARDMAKING FOR THE HOLIDAYS

INSTRUCTOR(S): Sue Freund

*No Class: Oct. 23

**No Class: Oct. 25

AGE(S): 55 and up

RATE: \$95 | **RESIDENT RATE:** \$80

SENIOR CENTER PROGRAM PASS RATE: \$75

Make 18 to 24 holiday-themed cards from a selection presented during the first week of class. Techniques include foiling, embossing, ink blending, layered stenciling, die cutting, stamping and more. Students must provide some supplies.

Activity#	Date	Time	Day(s)
507327-01*	Sept 11-Nov 6	10 a.m.-12 p.m.	Mon
507327-02**	Sept 13-Nov 8	10 a.m.-12 p.m.	Wed

QUILTING

AGE(S): Senior Center Program Pass

FREE

Join this group of quilters as they continue to work on beautiful heirloom quilts. New and experienced quilters are always welcome.

Date	Time	Day(s)
Sept./Oct./Nov.	1-3 p.m.	Mon
Sept./Oct./Nov.	9 a.m. - 12 p.m.	Thu



CRAFTING CORNER

INSTRUCTOR(S): Kim Roberts
AGE(S): Senior Center Program Pass
FREE

Meet new friends and connect with others. A new and exciting craft will be offered each month. Sign up for one or all dates.

Activity#	Date	Time	Day(s)
404336-02	Sept. 12	10:30 - 11:30 a.m.	Tue
504336-01	Oct. 10	10:30 - 11:30 a.m.	Tue

CRAFTERS

AGE(S): Senior Center Program Pass
FREE

This group creates items that will be sold at Snowflake Castle. Work individually or as a group on items that include knitting and crocheting, sewing, paper crafting, holiday themes, OSU or whatever sparks creativity. Make new friends and have a great time.

DR●P IN	Date	Time	Day(s)
	Sept./Oct./Nov.	1-3 p.m.	Mon

MAKE IT TAKE IT

INSTRUCTOR(S): Trilogy Health Care
AGE(S): Senior Center Program Pass
FREE

We will make a new craft you can complete in each session. All skill levels are encouraged to attend. You will take the project home with you at the end of each session.

Activity#	Date	Time	Day(s)
504320-01	Sept. 19	1-2 p.m.	Tue
504320-02	Oct. 17	1-2 p.m.	Tue

SILVERTONES

INSTRUCTOR(S): Larry Leffort and Lyndsay Smith

AGE(S): Senior Center Program Pass
SENIOR CENTER PROGRAM PASS RATE: \$80
 Silvertones choir members sing in a professional atmosphere with amazing harmonies and professional instructions. Call the Senior Center at (614) 901-6560 for more information or if you are new to the group.

Activity#	Date	Time	Day(s)
804301-02	Sept./Oct./Nov.	10:30 - 11:30 a.m.	Wed

PHOTO CHAT

AGE(S): Senior Center Program Pass
FREE

Buy or bring your lunch and develop a fellowship with other photographers. This is an informal chat about all things photography.

DR●P IN	Date	Time	Day(s)
	Sept. 6, 20	11:30 a.m.-1 p.m.	Wed
	Oct. 4, 18	11:30 a.m.-1 p.m.	Wed

GRIEF SUPPORT GROUP

INSTRUCTOR(S): Wesley Hospice
FREE

An informal group where individuals are able to share their experiences with grief and loss. The group provides a place to make new friends and give support to one another.

DR●P IN	Date	Time	Day(s)
	Sept. 14	6:30-7:30 p.m.	Thu



CRAFTER SALE

Thursday, Sept. 14
10 a.m. - 4 p.m.

Friday, Sept. 15
10 a.m. - 2 p.m.

Proceeds benefit the Westerville Senior Association

DIABETES EDUCATION/ SUPPORT GROUP

INSTRUCTOR(S): Uptown Pharmacy
FREE

Learn about a new diabetic topic each month including nutrition, self-care and possible complications in this open, safe learning environment. Attendees can learn from other’s experiences and offer support to each other.

DR●P IN	Date	Time	Day(s)
	Sept. 21	2- 3:30 p.m.	Thu
	<i>Taking Medications</i>		
	Oct. 19	2- 3:30 p.m.	Thu
	<i>Healthy Eating</i>		
	Nov. 16	2- 3:30 p.m.	Thu
	<i>Reducing Risks</i>		

ALZHEIMER’S ASSOCIATION CAREGIVER SUPPORT GROUP

INSTRUCTOR(S): Wesley Hospice PSL
AGE(S): 55 and up
FREE

Please join us for a caregiver support group with a special focus on bringing balance to caregiver stress through mindfulness techniques. Exchange information on challenges and solutions and talk through issues and ways of coping. Conducted by trained facilitators.

DR●P IN	Date	Time	Day(s)
	Sept. 21	6 p.m.	Thu
	Oct. 19	6 p.m.	Thu

UNDERSTANDING AND RESPONDING TO DEMENTIA RELATED BEHAVIORS

INSTRUCTOR(S): Alzheimer’s Association
AGE(S): Senior Center Program Pass
FREE

Review caregiver tips and strategies to respond to some common behaviors exhibited by individuals living with dementia, such as agitation, confusion and more.

Activity#	Date	Time	Day(s)
504312-01	Oct. 10	10-11 a.m.	Thu

HOW TO REGISTER ONLINE

AGE(S): Senior Center Program Pass
FREE

Learn how to register for Senior Center programs by using our online registration system.

DR●P IN	Date	Time	Day(s)
	Sept. 5	1-2 p.m.	Tue

COOK ONCE... EAT TWICE

INSTRUCTOR(S): Jan Bonner
AGE(S): 55 and up
RATE: \$45 | **RESIDENT RATE:** \$35
SENIOR CENTER PROGRAM PASS RATE: \$25

A demonstration and hands-on cooking class using simple techniques and recipes that will make two portions. Practice and share the recipe with a cooking partner for lunch while learning from the instructor on how to transform the second portion into a new meal at home.

CHICKEN EN PAPILOTE			
Activity#	Date	Time	Day(s)
504318-01	Sept. 19	11 a.m.-12 p.m.	Tue

BRAZING A CHICKEN WITH GLAZE			
Activity#	Date	Time	Day(s)
504318-02	Oct. 16	11 a.m.-12 p.m.	Mon

EMPOWERED RELIEF

INSTRUCTOR(S): My Pain Coach, LLC
AGE(S): 55 and up
RATE: \$70 | **RESIDENT RATE:** \$55

SENIOR CENTER PROGRAM PASS RATE: \$45
Learn about pain and what you can do to help yourself. Gain pain relief skills, receive free binaural relaxation app information and create a personal plan for pain relief. Developed at Stanford University.

Activity#	Date	Time	Day(s)
504312-01	Oct. 17	9:30-11:30 a.m.	Tue

BOOK REVIEW AND DISCUSSION

INSTRUCTOR(S): Bob Bailor

AGE(S): 55 and up

RATE: \$55 | **RESIDENT RATE:** \$45

SENIOR CENTER PROGRAM PASS RATE: \$35

Review the book “Getting Older” with the author, Bob Bailor. There will be open discussion on how the book views aging, along with opportunities to share your own experiences and insights and ask questions. Each participant will receive a book to be used throughout the class. Bob Bailor is an author, philosophy professor and retired mental health therapist/chemical addictions counselor.

Activity#	Date	Time	Day(s)
504302-01	Sept. 21-Oct. 12	10-11:30 a.m.	Thu

ASK THE EXPERTS

AGE(S): Senior Center Program Pass

FREE

A representative from elder law, non-medical home care, skilled home health, assisted living, memory care, skilled nursing home and hospice will discuss their services through the health care journey. Questions will be answered after the presentation. *A boxed lunch will be provided.*

Activity#	Date	Time	Day(s)
504304-01	Sept. 14	11 a.m.-12:30 p.m.	Thu

DOWNSIZING CAN BE UPLIFTING

INSTRUCTOR(S): Downsizing with a Heart

AGE(S): Senior Center Program Pass

FREE

If you are thinking of downsizing your home, moving or aging in place, get tips from the pros on how to plan, organize and sort your possessions. If moving, learn about selling, donating or disposing of items, then packing and unpacking.

Activity#	Date	Time	Day(s)
504327-01	Sept. 19	1:30-2:30 p.m.	Tue

ESTATE PLANNING AND HOW TO AVOID PROBATE

INSTRUCTOR(S): Jackie Collins,

Collins and Kruse Law Firm

AGE(S): Senior Center Program Pass

FREE

Join us for a presentation discussing the importance of having the correct financial power of attorney and how to avoid probate.

Activity#	Date	Time	Day(s)
504310-01	Sept. 28	11:30 a.m.-1 p.m.	Thu

GREAT DECISIONS

INSTRUCTOR(S): Marie Corbitt

Westerville Public Library

AGE(S): Senior Center Program Pass

FREE

Created by the Foreign Policy Association, this class is America’s largest discussion program on world affairs. The class goal is to promote greater understanding and respect on a wide variety of topics. Led by a Westerville Public Library Librarian.



Date	Time	Day(s)
Sept. 25	1-2 p.m.	Mon
<i>Global Famine</i>		
Oct. 22	1-2 p.m.	Mon
<i>Iran at Crossroads</i>		
Nov. 27	1-2 p.m.	Mon
<i>Climate Migration</i>		

WORLD OF TRAVEL

INSTRUCTOR(S): Sandy Dillon

AGE(S): 55 and up

FREE

Learn about upcoming exciting getaways around the world and in our own background. Trips include the Bourbon/Derby Trail, Albuquerque Balloon Fiesta and Scotland.



Date	Time	Day(s)
Oct. 24	10 - 11 a.m.	Tue



CENTERED SENIORS INVESTMENT CLUB

INSTRUCTOR(S): Linda Lerner

AGE(S): Senior Center Program Pass

FREE

This club is a legal partnership of senior investors who maintain an active portfolio of common stocks and take responsibility for learning, listening and helping to make an investment in common stock. Each member is assigned the responsibility to follow one of the stocks in the Club’s portfolio, studying and reporting back to the group on a quarterly basis. Discussion is usually lively and always educational. *For more information, contact Linda Lerner at llerner200@gmail.com.*

**DR●P
IN**

Date	Time	Day(s)
Sept. 14	1-3 p.m.	Thu
Oct. 12	1-3 p.m.	Thu
Nov. 9	1-3 p.m.	Thu

GET THE SCOOP ON MEDICARE

INSTRUCTOR(S): Carla Poston, *ProCore*

AGE(S): Senior Center Program Pass

FREE

The varying parts of Medicare and your Medicare options for 2024 will be discussed with plenty of time for questions. Ice cream will be provided!

Activity#	Date	Time	Day(s)
504335-01	Sept. 27	10 a.m.-12 p.m.	Wed
504335-02	Oct. 13	10 a.m.-12 p.m.	Fri
504335-03	Oct. 24	4-5 p.m.	Tue

HOW TO IMPROVE YOUR DOCTOR VISIT

INSTRUCTOR(S): Annette Ticoras

Guided Patient Services

AGE(S): Senior Center Program Pass

FREE

Learn the secret to a better doctor’s appointment from a variety of physician speakers. We will discuss tips for getting prepared and making the most of your next visit.

Activity#	Date	Time	Day(s)
504337-01	Oct. 16	9:30-11:30 a.m.	Mon

MEDICARE AND MUFFINS

INSTRUCTOR(S): Elena Lubenets

Physicians Mutual

AGE(S): Senior Center Program Pass

FREE

Learn about all the aspects of Medicare including what it is and what it is not. Includes Medicare parts, original Medicare and supplemental plans, Medicare Advantage plans and more! Have your questions ready when you arrive.

Activity#	Date	Time	Day(s)
504399-01	Sept. 13	9:30-10:30 a.m.	Wed
504399-02	Oct. 11	9:30-10:30 a.m.	Wed

SENIOR NOTARY SERVICES

INSTRUCTOR(S): Shirley Bernard,

The James Notary Solutions, LLC

AGE(S): Senior Center Program Pass

RATE: \$5 per document needing signed

Bring you documents (unsigned) that need to be notarized. Call (614) 515-3220 for an appointment.

BOOK DISCUSSION GROUP

INSTRUCTOR(S): Mindy Bilyeu

AGE(S): Senior Center Program Pass

FREE

This group enjoys lively discussion led by Westerville Public Library librarian Mindy Bilyeu. Contact Mindy at (614) 882-7277 extension 2186 to pick up a book and enjoy the fun.

**DR●P
IN**

Date	Time	Day(s)
Sept. 11	2:30 - 3:30 p.m.	Mon
<i>Horse by Geraldine Brooks</i>		
Oct. 9	2:30 - 3:30 p.m.	Mon
<i>Learning America by Luma Mufleh</i>		

SENIOR BILLIARDS LEAGUE

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

This eight/nine ball pool league will consist of six, two-person teams. Round robin play format with four games of eight ball and four games of nine ball each week. Play will be alternate/scotch/Cincinnati. Shots will alternate between teammates.

Activity#	Date	Time	Day(s)
504311-01	Sept. 19-Oct. 24	2-4:30 p.m.	Tue

INTERACTIVE LECTURE SERIES

INSTRUCTOR(S): Van Young

AGE(S): Senior Center Program Pass

FREE

WHAT DO YOU KNOW?

This presentation gets everyone involved with questions and fascinating information from a variety of topics like history, science, entertainment, geography and general knowledge with class participation. Get a right answer and win a “delicious” prize.

DR●P IN	Date	Time	Day(s)
	Sept. 21	2-4 p.m.	Thu

A TRIP DOWN MEMORY LANE (LAUGHING AT NOSTALGIA)

Look back and remember (and laugh at) your memories from the 60s and 70s. Clear away your cobwebs as we reminisce about growing up and growing old. Lots of interaction and commentary from, as some might say, the “best of times”.

DR●P IN	Date	Time	Day(s)
	Oct. 24	2-4 p.m.	Tue

PRIME TOURS

INSTRUCTOR(S): Kevin Thuman

AGE(S): Senior Center Program Pass holder

FREE

Learn about 2023 and 2024 travel opportunities. Upcoming tours include Alaska Cruise, Pennsylvania Dutch County, Upstate New York, Ireland, OSU trips and more.

DR●P IN	Date	Time	Day(s)
	Sept. 12	4:30 p.m.	Thu

TRAVEL INSURANCE

DR●P IN	Date	Time	Day(s)
	Oct. 12	4:30 p.m.	Thu

COMPUTER CONNECTORS

INSTRUCTOR(S): Jim Holden

AGE(S): Senior Center Program Pass

FREE

Bring your computer questions to this group-sharing and problem-solving class. Online demonstrations will be used to aid the discussions. These meetings will include presentations on free software from Microsoft, Google and others.

DR●P IN	Date	Time	Day(s)
	Aug. 21	1-3 p.m.	Mon
	Sept. 18	1-3 p.m.	Mon
	Oct. 2, 16	1-3 p.m.	Mon
	Nov. 6	1-3 p.m.	Mon



HOW TO USE YOUR IPHONE AND IPAD

INSTRUCTOR(S): Gregg Montgomery

AGE(S): 55 and up

RATE: \$40 | **RESIDENT RATE:** \$30

SENIOR CENTER PROGRAM PASS RATE: \$20

Learn the basics on how to use our iOs, App Store and Safari browser, cameras and phone app in these easy to follow classes. Each class will be dedicated to a different area of your iPhone or iPad. Sign up for one or all depending on your needs.

SAFARI

Activity#	Date	Time	Day(s)
407307-01	Sept. 14	1:30 - 3:30 p.m.	Thu

MAPS

Activity#	Date	Time	Day(s)
507307-01	Oct. 12	1:30 - 3:30 p.m.	Thu

NATURE THERAPY WALK

INSTRUCTOR(S): Marie Corbitt,
Westerville Public Library

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Time and connection with nature improve overall wellness. Travel by Senior Center bus to Blendon Woods Metro Park where we will walk at a slow pace for 1.5 hours. Must be able to get up and down off the ground. A tea ceremony and snack will be provided. We will enjoy lunch (own your own) as a group.

Activity#	Date	Time	Day(s)
514314-01	Oct. 16	9:45 a.m. - 2 p.m.	Mon

PRIME TIME DINERS

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Take the road each month and visit some of central Ohio's finest restaurants enjoying great meals, conversation and friends. Transportation needs will be provided by the Westerville Senior Center leaving promptly at the printed time. (Dinner is on your own). Location TBD.

Activity#	Date	Time	Day(s)
514303-01	Sept. 25	4:30 p.m.	Mon
514303-02	Oct. 30	4:30 p.m.	Mon

MANSFIELD REFORMATORY

AGE(S): 55 and up

RATE: \$75 | **RESIDENT RATE:** \$60

SENIOR CENTER PROGRAM PASS RATE: \$50

Immerse yourself in this guided tour that formed the Shawshank Redemption. Whether you are hunting for the paranormal or simply looking to tour the actual, you will find it here. This tour requires a lot of walking and many stairs. We will stop for lunch (on your own) after.

Activity#	Date	Time	Day(s)
514331-01	Sept. 14	10:30 a.m. - 4:30 p.m.	Thu

LUNCH BUNCH

AGE(S): 55 and up

RATE: \$20 | **RESIDENT RATE:** \$15

SENIOR CENTER PROGRAM PASS RATE: \$10

Travel on the Senior Center bus for lunch to a variety of restaurants (lunch on your own). *Lunch destinations TBA.*

Activity#	Date	Time	Day(s)
514315-01	Sept. 18	11:30 a.m. - 2 p.m.	Mon
514315-02	Oct. 17	11:30 a.m. - 2 p.m.	Tue

MODERATE WALKING, SOME HILLS AND/OR STEPS
VIGOROUS WALKING, SOME HILLS AND/OR STEPS
STRENUOUS WALKING, WITH HILLS AND/OR STEPS

WALK RATING 

COPPER KETTLE 

AGE(S): 55 and up
RATE: \$45 | **RESIDENT RATE:** \$35
SENIOR CENTER PROGRAM PASS RATE: \$25
 We will travel to Bucyrus to see how copper kettles are made then have lunch at a local establishment as well as do some shopping. Please wear closed-toe shoes.

Activity#	Date	Time	Day(s)
514317-01	Sept. 19	9 a.m.-5 p.m.	Tue

TRANSPORTATION INFORMATION

All trips meet at the Westerville Senior Center, 350 N. Cleveland Ave.

OSU STADIUM TOUR 

AGE(S): 55 and up
RATE: \$50 | **RESIDENT RATE:** \$40
SENIOR CENTER PROGRAM PASS RATE: \$30
 Walk the sidelines where Woody once roamed and where the Buckeyes have battled since 1922. Travel up to one of the nation’s largest collegiate press boxes. See the Huntington Club level and view the field. Visit Steinbrenner Band Center, home to the “Best Damn Band in the Land. Explore other areas of the “the Horseshoe” for a unique Buckeye experience.

Activity#	Date	Time	Day(s)
514306-01	Sept. 21	11:15 a.m.-4 p.m.	Thu

BUBBLY HALL AND LYNDS 

AGE(S): 55 and up
RATE: \$20 | **RESIDENT RATE:** \$15
SENIOR CENTER PROGRAM PASS RATE: \$10
 Join us as we travel to New Albany to visit their newest market. Enjoy many different cuisine options and purchase delicious homemade good from local vendors. We will then travel to Lynds Fruit Farm where you can purchase a variety of fresh items.

Activity#	Date	Time	Day(s)
514318-01	Sept. 26	11 a.m.-4 p.m.	Tue

UGLY BUNNY WINERY 

AGE(S): 55 and up
RATE: \$55 | **RESIDENT RATE:** \$45
SENIOR CENTER PROGRAM PASS RATE: \$40
 Enjoy lunch (on your own) at a local restaurant then travel to a winery nestled on the outskirts of Holmes County. They offer a variety of craft beers and wines that are all handcrafted onsite. Enjoy wine tasting (included) while overlooking their scenic vineyard.

Activity#	Date	Time	Day(s)
514316-01	Sept. 28	11:30 a.m.-6:30 p.m.	Thu

LA COMEDIA PRESENTS “GRUMPY OLD MEN” 

AGE(S): 55 and up
RATE: \$95 | **RESIDENT RATE:** \$80
SENIOR CENTER PROGRAM PASS RATE: \$70
 This hilarious musical comedy about two aging neighbors, Max and John, who have been feuding for most of their lives. Invigorated by their affection of their beautiful neighbor, they face off as romantic rivals who will stop at nothing to win her heart.

Activity#	Date	Time	Day(s)
514312-01	Oct. 5	9 a.m.-5 p.m.	Thu

FALL ESCAPE 

AGE(S): 55 and up
RATE: \$50 | **RESIDENT RATE:** \$40
SENIOR CENTER PROGRAM PASS RATE: \$30
 Start the morning off with a tour and tasting at Hemisphere Coffee Roasters then make your own pizzas for lunch (salad and a drink included) at a local pizza shop. After lunch we will have time for shopping in Uptown Marysville before experiencing the Maize (included) at Little Darby Creek.

Activity#	Date	Time	Day(s)
514304-01	Oct. 10	9 a.m.-3:30 p.m.	Tue

WALK RATING 



- MODERATE WALKING, SOME HILLS AND/OR STEPS
- VIGOROUS WALKING, SOME HILLS AND/OR STEPS
- STRENUOUS WALKING, WITH HILLS AND/OR STEPS

HISTORIC BUXTON INN



AGE(S): 55 and up

RATE: \$25 | **RESIDENT RATE:** \$20

SENIOR CENTER PROGRAM PASS RATE: \$15

Enjoy dinner (on your own) at this historic inn built in 1812. It is the oldest continually operating inn and tavern in the state of Ohio. Given the long history, the Inn also has its share of paranormal activity. It is called spiritually active rather than haunted.

Activity#	Date	Time	Day(s)
514311-01	Oct. 26	3:15-7 p.m.	Thu

BIRTHDAY LUNCH

AGE(S): Senior Center Program Pass

RATE: \$4

Join us the first Wednesday of the month for our birthday lunch celebrations. You will receive one lunch free during the month of your birthday.

Date	Time	Day(s)
Sept. 6	12 - 12:30 p.m.	Wed
Oct. 4	12 - 12:30 p.m.	Wed
Nov. 1	12 - 12:30 p.m.	Wed



HALLOWEEN PARTY

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

Grab you costume and join the party. We will have a spooktacular lunch followed by a costume contest with prizes. *Please register to reserve a seat.*

Activity#	Date	Time	Day(s)
504303-01	Oct. 27	12 - 12:30 p.m.	Fri

HAM AND BEAN DINNER

Thursday, Oct. 19

4:30-6:30 p.m.

\$7 per meal

Traditional ham and bean dinner with coleslaw, cornbread and dessert. We will have sit down and carry out available.

Call (614) 901-6560 for details.

Proceeds benefit the Westerville Senior Association. Sponsored by Westerwood Senior Living

SENIOR MEAL PROGRAM

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$4

Enjoy a delicious meal in the company of others.

Pick up the monthly menu or visit

www.westerville.org/seniorcenter.

Date	Time	Day(s)
Sept./Oct./Nov.	12 - 12:30 p.m.	Wed/Fri

PANCAKE BREAKFAST

Wed, Sept. 6 / Oct. 4 / Nov. 1

7:30 - 10 a.m.

Rate: \$5

DROP IN



FRIDAY FEAST

AGE(S): Senior Center Program Pass

SENIOR CENTER PROGRAM PASS RATE: \$5

Enjoy a themed, hot and delicious meal served to you with old and new friends. *Registration is required.*

SUMMERTIME FUN

Activity#	Date	Time	Day(s)
404326-02	Sept. 15	12 - 12:30 p.m.	Fri

Activity#	Date	Time	Day(s)
504326-01	Oct. 20	12 - 12:30 p.m.	Fri

Activity#	Date	Time	Day(s)
504326-02	Nov. 17	12 - 12:30 p.m.	Fri



GAMES

All games are available to Senior Center Program Pass holders only and are free with your pass.

Meeting Every Week

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEGINNER CHESS 9 - 10 a.m.	CORN HOLE 11 a.m. - 12 p.m. <i>September at 310 W. Main St. October at 350 N. Cleveland Ave.</i>	PINOCHLE 1 - 3 p.m.	CHAIR VOLLEYBALL 10 - 11 a.m.	EUCHRE 1 - 3 p.m.
BEGINNER MAH JONGG 10 a.m. - 12 p.m.	HAND AND FOOT/ CANASTA 1 - 3 p.m.	CONTRACT BRIDGE * 1 - 3 p.m.	TABLE TENNIS 10 a.m. - 12 p.m.	CONTRACT BRIDGE * 1 - 3 p.m.
CHESS 10 a.m. - 12 p.m.	SOCIAL BRIDGE 1 - 3 p.m.	EUCHRE 1 - 3 p.m.	ADVANCED MAH JONGG * 10 a.m. - 12 p.m.	SCRABBLE 1 - 3 p.m.
ADVANCED MAH JONGG * 1 - 3 p.m.		SPADES 1 - 3 p.m.	DUPLICATE BRIDGE * 12:30 - 4 p.m.	
PINOCHLE 1 - 3 p.m.			TRAIN DOMINOES 1 - 3 p.m.	

Meeting on Specific Dates

MONDAY		TUESDAY			WEDNESDAY	THURSDAY			FRIDAY		
BINGO 1 p.m.		BINGO 1 p.m.				EUCHRE CHALLENGE 3-5 p.m.			BINGO 1 p.m.		
SEPT. 25	OCT. 23	SEPT. 12	OCT. 10	NOV. 14		SEPT. 7	OCT. 5	NOV. 2	SEPT. 8	OCT. 13	NOV. 10
		BINGO 6 p.m.							AFTERNOON EUCHRE PARTY 1 p.m.		
		SEPT. 5	OCT. 3	NOV. 7					SEPT. 15	OCT. 20	NOV. 17

EUCHRE CHALLENGE

INSTRUCTOR(S): Carla Poston
ProCore Health Brokers
Enjoy an afternoon of Euchre with prizes.
Meets from 3-5 p.m. on the first Thursday of the month.

AFTERNOON EUCHRE PARTY

Play is geared toward experienced players with fast, exciting games.
Hard start at 1 p.m. on the third Friday of the month.

BINGO

This favorite game allows you to meet new friends and share a few laughs while enjoying the fun of winning.
See chart for dates and times.
Tuesday 1 p.m. sponsor - Trilogy Senior Living
Tuesday 6 p.m. sponsor - ProMedica
Friday 1 p.m. sponsor - ProCore Health Brokers

DUPLICATE BRIDGE

While the play is serious, the atmosphere is friendly and social. Players are asked to come with a partner.
Meets from 12:30-4 p.m. on Thursday.

SOCIAL BRIDGE (WITH LESSONS)

INSTRUCTOR(S): Reed Steven
Have fun while learning and playing bridge in a relaxed, non-competitive environment. This class is for beginner and intermediate players. Meets from 1-3 p.m. on Tuesday.
Meets from 1-3 p.m. on Tuesday.

CONTRACT BRIDGE

Play is geared toward experienced players with fast exciting games. New and experienced players welcome.
See chart for dates and times.

BEGINNER CHESS

Learn to play Chess in an educational and positive way. Chess is a game for two players each controlling an army of chess pieces in their color with the objective to checkmate the opponent's king.

CHESS

Come play chess and sharpen your skills to checkmate your opponent.

* EXPERIENCED/ADVANCED PLAYERS

Westerville Community Center



The Westerville Community Center pass includes access to the

- Gymnasium and MAC Gym
- Adventure Fitness Gym
- Fitness Area* and Track*
- Indoor Pool
- Climbing Wall
- eSports Room

*AGES 14 AND UP



COMMUNITY CENTER HOURS

Monday - Friday 5:45 a.m. - 9 p.m.
 Saturday 8 a.m. - 8 p.m.
 Sunday 10 a.m. - 6 p.m.

SPECIAL HOURS

- Martin Luther King Jr. Day
- Memorial Day
- Labor Day
- Day before Thanksgiving
- Day after Thanksgiving
- Christmas Eve
- New Year's Eve

CLOSED

- Thanksgiving
- Christmas
- New Year's Day
- Easter
- 4th of July
- August 28-Sept. 3 (annual maintenance)

Visit www.westerville.org/hours for additional special hours.

PASS TYPE	MONTHLY RATES		DAILY RATES	
	RATE	RESIDENT RATE	RATE	RESIDENT RATE
YOUTH (Ages 3-13)	\$40	\$23	\$14	\$7
ADULT (Ages 14-64)	\$56	\$32	\$20	\$10
SENIOR (Ages 65+)	\$44	\$25	\$14	\$7
HOUSEHOLD[^] (three or more)	\$149	\$85	NA	NA

[^] PROOF OF RESIDENCY

Proof of residency is required for each household member ages 6 and older. Types of proof may include a state issued ID, pay stub, utility bill or report card/school registration. Proof of residing is required each time a new person is added to the household.

MILITARY PASS

All active and retired military will receive a 15% discount on a Community Center monthly or annual pass. **Military ID required.**

CLASS REGISTRATION

THURSDAY, SEPT. 7 • 12 p.m.

Senior Center Program Pass Holder registration only
(In person at the Community Center only and online)

FRIDAY, SEPT. 8 • 12 p.m.

Online Early Registration (Residents Only)

SATURDAY, SEPT. 9 • 8 a.m.

In-person Registration (Residents Only)

SUNDAY, SEPT. 10 • 12 p.m.

Online Open Registration (Residents and Non-Residents)

MONDAY, SEPT. 11 • 8 a.m.

In-person Open Registration (Residents and Non-Residents)

HOW TO REGISTER FOR CLASSES

Register at www.westerville.org/registration or in person at the Westerville Community Center (350 N. Cleveland Ave.)

Information on HOW TO UPDATE YOUR RESIDENCY STATUS can be found at www.westerville.org/residencystatus.

SENIOR CENTER PROGRAM PASS INFORMATION

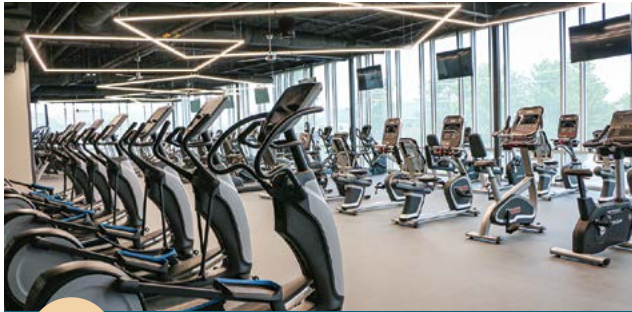
Westerville Senior Center program passes are available to adults 55 or older. Information including rates and Senior Center hours can be found in the Older Adult section.



Hours

Annual Maintenance (full closure of building) scheduled Aug. 28 - Sept. 3

Visit www.westerville.org/hours for restricted hours.



FITNESS WING & TRACK

www.westerville.org/fitness

Mon-Fri 5:45 a.m. - 9 p.m.
Sat 8 a.m. - 8 p.m.
Sun 10 a.m. - 6 p.m.



GYMNASIUM & MAC GYM

www.westerville.org/gymnasium

Mon-Fri 5:45 a.m. - 8 p.m.
Sat 8 a.m. - 7 p.m.
Sun 10 a.m. - 2 p.m.

*Court availability subject to leagues, programs and events



CLIMBING WALL

www.westerville.org/parks

Mon/Wed/Fri 4-8 p.m.
Tue/Thu CLOSED
Sat 1-6 p.m.
Sun 1-5 p.m.



ADVENTURE FITNESS COURSE

www.westerville.org/gymnasium

Mon/Wed/Fri CLOSED
Tue/Thu 4-8 p.m.
Sat/Sun 1-5 p.m.

CHILDCARE ROOM

www.westerville.org/childcare

Mon/Thu 9 a.m. - 12 p.m.
5 - 8 p.m.
Fri 9 a.m. - 12 p.m.
Sat 9 a.m. - 1 p.m.
Sun CLOSED

RATES

\$3 per hour for active Community Center Pass holders

\$5 per hour for all non-pass holders

There is no discount for siblings.

Punch cards are no longer available.



eSPORTS ROOM

www.westerville.org/sports

Mon - Fri 4-8 p.m.
Sat - Sun 11:45 a.m. - 4:15 p.m.

Westerville Parks & Recreation Pools

Annual Maintenance (full closure of building) scheduled Aug. 28 - Sept. 3

Visit www.westerville.org/hours for restricted hours.

INDOOR POOL AT THE COMMUNITY CENTER

www.westerville.org/indoorpool

350 N Cleveland Ave.

LEISURE POOL

18 and up Swim Hours
 Mon - Fri 7:30 a.m. - 1 p.m.
 Sat 8 a.m. - 1 p.m.
 Sun 10 a.m. - 1 p.m.

Family Swim Hours
 Mon/Wed/Fri 3:30 - 7 p.m.
 Tue/Thu 3:30 - 5:30 p.m.
 Sat/Sun 1 - 5 p.m.

WARM WATER POOL

18 and up Swim Hours
 Mon - Fri 8:30 a.m. - 12 p.m.
 Sat 8 a.m. - 1 p.m.
 Sun 10 a.m. - 1 p.m.

Family Swim Hours
 Mon/Wed/Fri 3:30 - 7 p.m.
 Tue/Thu 3:30 - 5 p.m.
 Sat/Sun 1 - 5 p.m.

LAP POOL / HOT TUB

Mon/Wed/Fri 7 a.m.-7 p.m.
 Tue/Thu 5:45 a.m.-7 p.m.
 Sat 8 a.m.-7 p.m.
 Sun 10 a.m.-5 p.m.

Please visit www.westerville.org/indoorpool for special holiday hours, closures and lap lane schedules.



Please Note:

The indoor pool complex will be closed Tuesday, Aug. 15 - Monday, Sept. 4 for maintenance. Pass holders may utilize Highlands Park Aquatic Center during this time.

HIGHLANDS PARK AQUATIC CENTER

Rates available at www.westerville.org/HPAC

245 S. Spring Rd.



Late Season Hours

Family Swim
 Mon-Fri 3:30-6:30 p.m.
 Sat/Sun and Labor Day 12-6:30 p.m.

Preschool Swim
 Mon-Fri 9 a.m.-12 p.m.

Water Walkers
 18 and up
 Mon-Fri 8 a.m.-12 p.m.
 Sat 8-11 a.m.

Lap Lanes
 Mon/Wed/Fri 7 a.m.-6:30 p.m.
 Tue/Thu 6 a.m.-6:30 p.m.
 Sat 8 a.m.-12 p.m.



Reserve a Space with Westerville Parks and Recreation

WESTERVILLE COMMUNITY CENTER

www.westerville.org/reservations



MULTIPURPOSE ROOMS

HOURS

FRI/SAT/SUN (5-hour minimum)

Fri 5 - 10 p.m.
Sat 8 a.m.-10 p.m.
Sun 10a.m.-9p.m.

RATES

One Room

Rate: \$105 per hour
Resident Rate: \$70 per hour

Two Rooms

Rate: \$135 per hour
Resident Rate: \$90 per hour

Three Rooms

Rate: \$165 per hour
Resident Rate: \$110 per hour

Security Deposit

Friday - Sunday including Holidays: \$250



To reserve space for a birthday party, at the climbing wall in the Community Center or a shelter at one of the many parks, visit www.westerville.org/reservations.



EVERAL BARN & HOMESTEAD

www.westerville.org/everalbarn

60 N. Cleveland Ave.

HOUSE

Mon - Thu

Rate: \$80
Resident Rate: \$55

Fri - Sun & Holidays

Rate: \$175
Resident Rate: \$100

BARN

UPPER & LOWER LEVELS

Mon - Thu

Rate: \$120 | **Resident Rate:** \$80

Fri - Sun & Holidays

Rate: \$260 | **Resident Rate:** \$150

HOUSE & BARN

Mon - Thu

Rate: \$150
Resident Rate: \$100

Fri - Sun & Holidays

Rate: \$350
Resident Rate: \$200

LOWER LEVEL ONLY

Mon - Thu

Rate: \$95 | **Resident Rate:** \$60

Fri - Sun & Holidays

Rate: \$200 | **Resident Rate:** \$115

OFFICE HOURS

Tue 11 a.m. – 1 p.m.
Wed 10a.m. – 6 p.m.

All rates are per hour.

Mon-Thu
3-hour minimum

Fri/Sat/Sun & Holidays
5-hour minimum

Interested in reserving the Everal Barn and Homestead or just want to visit this historical park, take a tour or walk the trails? Visit www.westerville.org/everalbarn for information.



Index

A

20-20-20.....	30
30+ Drop-In Basketball	36
Access to Recreation	41
Adaptive Sports Clinic.....	41
Adaptive Yoga.....	41
Adult Fitness Swim.....	28
Adult Mixed Volleyball Leagues	35
Aerobics & More.....	46
Agility, Balance, Strength.....	30
All Weights.....	30
Alzheimer's Association Caregiver Support Group.....	44, 52
American Red Cross Babysitting	43
Aquaflex.....	28
Aquatic Adaptive Swim Lessons.....	28, 41
Ask the Experts	53
Autumn Arborfest.....	23

B

Baby Sign Language	39
Bagels and Board Games.....	41
Beginner Belly Dancing.....	33
Birthday Lunch.....	58
Blood Pressure Check.....	49
Body Fit.....	30
Boo To You	39, 42
Book Discussion Group	54
Book Review and Discussion	53
Bubbly Hall and Lynds.....	57

C

Candlelight Slow Flow	34
Cardmaking for the Holidays	50
Centered Seniors Investment Club.....	54
Ceramics.....	44
Ceramics - Greenware.....	50
Ceramics and Pottery.....	50
Chair Volleyball.....	47
Chair Yoga.....	47
Chess	42
Climbing Wall	36
Combo Water Workout.....	29
Computer Connectors.....	55
Cook Once ... Eat Twice.....	52
Copper Kettle.....	57
Core Fusion.....	30
Crafter Sale.....	51
Crafters.....	51
Crafting Corner.....	51
Crazy Art Adventures	40
Creative Writing	42
Creative Writing, Memoirs and More.....	49
Cycle and Core.....	32
Cycle Fusion.....	32

D

Dance with Parkinson's.....	48
Deep Water Conditioning.....	28
Delay the Disease.....	48
Diabetes Education/Support Group.....	52
Doggie Paddle.....	22
Downsizing Can Be Uplifting.....	53
Drama Kids	42
Dynamic Pilates	33

E

Empowered Fitness Training.....	41
Empowered Relief.....	52
eSports Adult League.....	38
eSports Drop-in.....	38
eSports Youth League	38
Estate Planning and How to Avoid Probate.....	53

F

Fabulous Fall Fun.....	40
Fall Escape.....	57
Fall Pickleball.....	37
Fearless Falling.....	47
Fit & Fabulous.....	30
Fit and Strong	46
Fitness Musical Chairs	47
Fitness Walking Group	47
Flu Shot.....	49
Foot Care.....	49
Football Tots	40
Freestyle Clinic	28
Friday Feast.....	58

Full Body Challenge	30
---------------------------	----

G

Games.....	59
Get On Your Feet.....	47
Get the Scoop on Medicare.....	54
Glutes & Abs.....	31
Golf Lessons.....	36
Great Decisions.....	53
Great Shapes/Low Impact	31
Grief Support Group.....	44, 51
Guitar for Beginners.....	42

H

Halloween Dance.....	41
Halloween Party.....	58
Ham & Bean Dinner.....	24, 58
Hatha Yoga	34
Hearing Aid Testing.....	48
Hip Hop Cardio	32
Hip Hop Strength	31
Historic Buxton Inn.....	58
Household Hazardous Waste Collection	22
How to Improve Your Doctor Visit	54
How to Register Online	52
How to Use Your iPhone and iPad.....	56
Hydrorider Aquabike.....	28

I

I.T.S. Essential	47
Immersive Cycling.....	32
Inclusive Open Gym	22, 41
Inclusive Swim	22
Indoor Triathlon	29
Interactive Lecture Series	55

J

Jr. Cavs Bantam Basketball League	36
---	----

K

Kettlebell Strength	32
Kettlebell Strength.....	31
Kids in Action.....	40
Kids in Karate.....	36
Kinderdance.....	39

L

La Comedia Presents "Grumpy Old Men"	57
LaBlast Dance Fitness.....	31
Learn A New Language.....	40
Learn to Skate.....	35
Let's Dance	31
Lift & HIIT.....	31
Light Up Your Garden with Bulbs	44
Line Dance.....	44, 49
Little Ballers Basketball.....	36
Low Impact Aerobics.....	30, 46
Low Impact Barre.....	30
Low Impact Intervals.....	31
Lunch Bunch	56

M

Make A Difference Day.....	25
Make It Take It.....	51
Mansfield Reformatory.....	56
Medicare and Muffins	54
Mellow Monday	33
Men's Basketball League	36
Mindful Breathing	48
Miniature Gardens for your Backyard	44
Monster Mash.....	24
Muscles In Motion	32
Music Together Mini.....	39

N

Nature Therapy Walk	56
---------------------------	----

O

Open Studio Ceramics.....	44
OSU Stadium Tour	57

P

Pancake Breakfast.....	22, 58
Parkour	42
Pee Wee Basketball.....	36
Pee Wee Play Gym	23
Photo Chat.....	51
Pickleball Clinic.....	37
Pickleball Ladder League.....	37

Pickleball Play & Learn.....	37
Pizza Making Class	41
Power Yoga.....	34
Pre-K Parkour.....	40
Prenatal Yoga.....	34
Prime Time Dinners.....	56
Prime Tours	55
Pumpkin Painting in the Park.....	41

Q

Qigong.....	33
Quitting.....	50

R

Restorative Yoga	34
Robotics: Battlebots!.....	43
Roller Hockey Instruction	35
Run Club	33

S

Self Defense.....	23
Senior Billiards League	55
Senior Mat Pilates.....	46
Senior Meal Program	58
Senior Notary Services.....	54
Senior Strength.....	46
Senior Tennis	48
Sensory Friendly Pumpkin Glow	41
Shallow Water Fitness	29
Shopping and Lunch	41
Shredding Day	24
Silver Sneakers Classic	48
Silver Splash: Aqua, Cardio & Tone	29, 46
Silvertones.....	51
Snowflake Castle	25
Soccer Tots.....	40
Spin for Fun.....	32
Sporties for Shorties	40
Stem & Play: Multisport.....	43
Step & Sculpt.....	33
Street Jackets Skills and Drills	35
Strength & More.....	33
Stretch & Strengthen.....	33
Sunday Pickleball Drop-In.....	37
Sunrise Cycle	32
Superhero Bootcamp	39
Swim Lessons	28

T

Tai Chi for Health	33
Teen Night.....	24
Tennis Lessons.....	37
The Homeschool Gym	43
Time "Crunch" Toner.....	31
Toddler Time.....	23
Toddler Time Round Up.....	39
Total Body Strength.....	32
Tumbling	39

U

Ugly Bunny Winery.....	57
Understanding and Responding to Dementia Related Behaviors.....	52

V

Vinyasa Yoga.....	34
-------------------	----

W

Water Fitness	29
Water Toning.....	28
Water Yoga.....	28
Watercize.....	29
Watercolor for Beginners, Intermediate and Beyond	43
Watercolor Painting First Steps	50
World of Travel.....	53

X

Y

Yin Yoga.....	34
Yoga for Health	34
Youth Ceramics.....	42
Youth Cooking.....	42
Youth Hockey League	35
Youth Language Classes	43
Youth Volleyball League.....	35

Z

Zentangle Beyond the Basics.....	49
Zombie Halloween Pool Party	25
Zumba.....	32

CITY OF WESTERVILLE RECREATION TRAIL SYSTEM

TRAILS

Alum Creek Trail - 5.24 miles

From the dead end north of County Line Road, south through Sports Complex then Heritage Park to Main Street East to Alum Creek, south across the Historical Bridge, under Schrock Road to the Westerville Corporate Limits

Big Walnut Creek Trail - 2.22 miles

County Line Road at Sunbury Road, south through the tunnel just north of Marlene Drive along Hoover Reservoir to Central College Road

County Line Trail - 2.2 miles

From the Ohio to Erie Trail west across Alum Creek to Worthington Road

Ohio to Erie Trail - 3.93 miles

From Alum Creek Trail at Schrock Road, east to Channing Cross Drive behind Foush Hardware, North across State Street to Polaris Trail at Maxtown Road

Polaris Trail - 2.77 miles

N. Spring Road at Maxtown Road west to Alum Creek Trail along Polaris Parkway

Towers Trail - 3.2 miles

From Big Walnut Creek Trail at Sunbury Road, west to Towers Park, across County Line Road, north to Hoff Woods Park, west to Ohio to Erie Trail

TRAIL CONNECTORS

Alum Creek Park Trail Connector (I) - .3 miles

At West Street, Connects Oberlin University through Alum Creek Park North across Main Street bridge to the Alum Creek Trail

Alum Creek Park Trail Connector (II) - .75 miles

At Cooper Road, Connects Alum Creek Park Trail to Sharon Woods Metro Park across Cleveland Avenue

Chippmunk Chatter Trail Connector - .6 miles

North Street at Central College Road and Sunbury Road, west to gate at Iniswood Metro Park

Hoff Woods Connector - .15 miles

Ohio to Erie Trail at Maplebrook Drive, east to Hoff Woods Park

Westerville Library Connector - .09 miles

At the Ohio to Erie Trail west to Library Road

Africa Road Connector - .11 miles

Polaris Parkway north to Corporate Limits

INNER PARK TRAIL LOOPS

Community Center Loop	.55 miles
Heritage Park Trail Loop	.89 miles
Highlands Park Loop	1.09 miles
Hoff Woods Park Loop	1.16 miles
Huber Village Park Loop	.7 miles
Johnston-McVay Park Loop	.32 miles
Metzger Park Loop	.85 miles
Millstone Creek Park Loop	.36 miles
Olde Town Park Loop	.2 miles
Towers Park Loop	.36 miles
Sports Complex Loop	1.29 miles
Walnut Ridge Park Loop	.37 miles

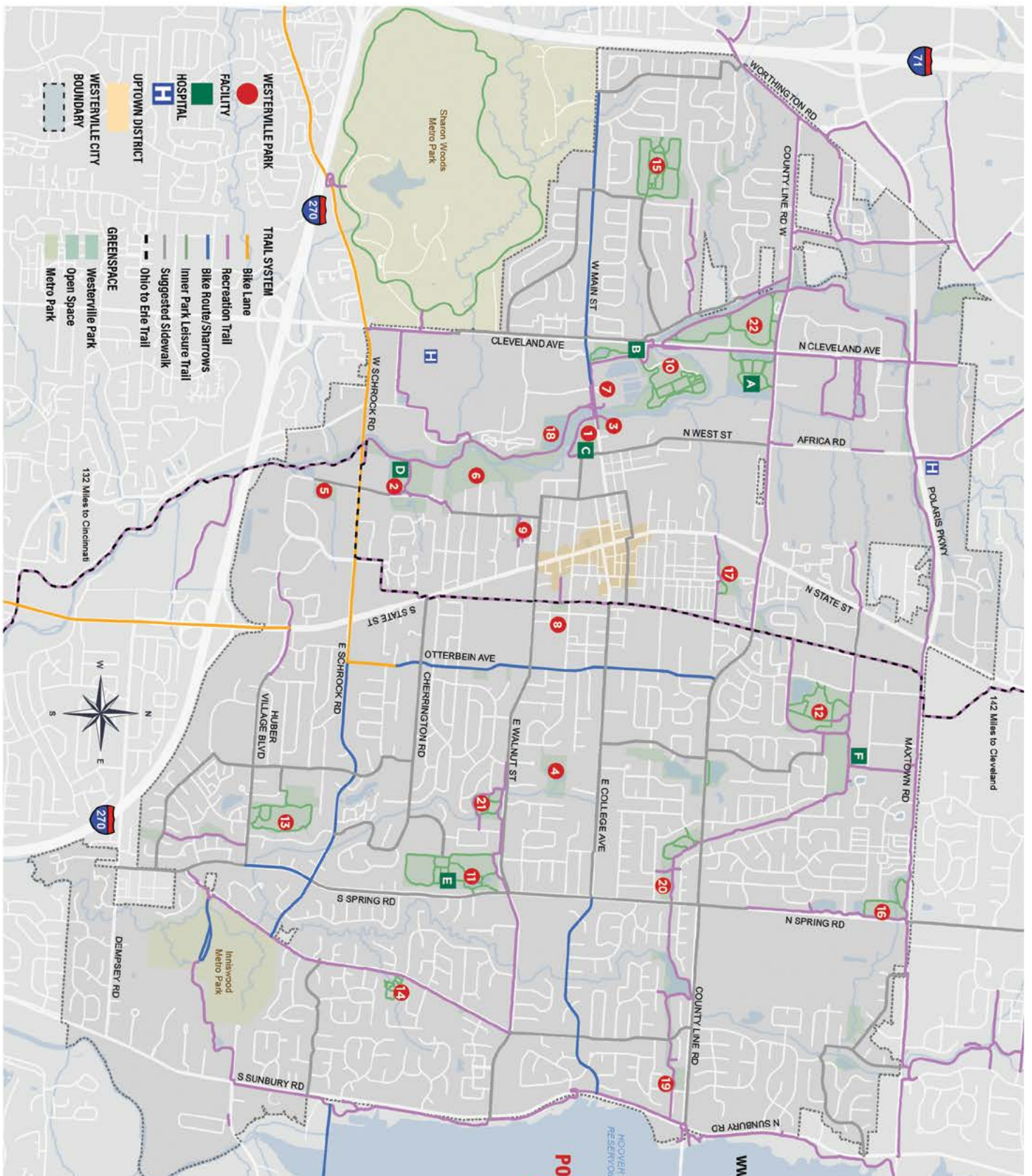
Visit one of the many Westerville Parks while enjoying the paths.

- Alum Creek Park North** (221 W. Main St.)
- Alum Creek Park South** (535 Park Meadow Rd.)
- Astronaut Grove** (290 W. Main St.)
- Boyer Nature Preserve** (452 E. Park St.)
- Brooksedge Park** (708 Park Meadow Rd.)
- Cherrington Park (Ernest)** (231 Hiawatha Ave.)
- First Responders Park** (374 W. Main St.)
- Hanby Park** (115 E. Park St.) HUB Location
- Hannah Mayne Park** (55 Glenwood Ave.)
- Heritage Park** (60 N. Cleveland Ave.)
- Highlands Park** (245 S. Spring Rd.)
- Hoff Woods Park** (556 McCorkle Blvd.)
- Huber Village Park** (352 Huber Village Blvd.)
- Johnston-McVay Park** (480 S. Hemstead Rd.)
- Metzger Park, Paul S.** (137 Grandy Place)
- Millstone Creek Park** (745 N. Spring Rd.)
- Olde Town Park** (108 Old County Line Rd.)
- Otterbein Lake** (via 221 W. Main St.)
- Spring Grove North Park** (1201 E. County Line Rd.) HUB Location
- Towers Park** (161 N. Spring Rd.)
- Walnut Ridge Park** (529 E. Walnut St.)
- Westerville Sports Complex** (325 N. Cleveland Ave.) HUB Location

www.westerville.org/parks

Facilities	
A	Westerville Community Center
B	Everal Barn at Heritage Park
C	Amphitheater at Alum Creek Park N.
D	Thomas James Knox Memorial Hockey Rink at Alum Creek Park S.
E	Highlands Park Aquatic Center
F	Parks Maintenance Complex

Key	
	Amphitheater
	Ball Diamonds
	Basketball
	Bike/Leisure Path
	BMX/Skateboard
	Community Garden
	Dog Park
	Drinking Fountain
	Fishing
	Historical Site
	Hockey
	Ice Skating
	Nature Area
	Parking
	Picnic Area
	Playground
	Portalcin
	Restroom
	Shelter House
	Soccer
	Spray Ground
	Swimming Pool
	Tennis Courts
	Volleyball
	Water Feature



WESTERVILLE PARKS AND RECREATION
WESTERVILLE PARKS AND RECREATION
 350 N. Cleveland Ave.
 Westerville, OH 43082
 (614) 901-6500
www.westerville.org/parks

EMERGENCY 9-1-1
NON-EMERGENCY
POLICE (614) 882-7444
FIRE (614) 882-2213

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 Adopted Five Miles
 GENERAL DIVE
 Parkways Club
 Sports Medicine

SILVER PARTNERS
 Adopted One Mile
 The Hegeck Family
 Supportive Westerville
 NATIONAL WIDE CHILDREN
 Roast
 OhioHealth

VERTIV
 The Bailey Family
 The Ohio State University

BRONZE PARTNERS
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WWW.WESTERVILLE.ORG/JOBS



350 N. Cleveland Avenue
Westerville, Ohio 43082-9105
www.westerville.org



WESTERVILLE ELECTRIC DIVISION

PUBLIC ⚡ POWER OPEN HOUSE

Thursday, Oct. 5 • 4 - 7 p.m. • 139 E. Broadway Ave.

