



Lap Pool Etiquette

Pick an appropriate lane

Always take an empty lane before you step into an occupied one. If you decide to share a lane, find someone your own speed to share it with.

For those of you already in the lane, proper etiquette recommends that you swim side-by-side. If a third person enters the lane, start circle swimming in a counter-clockwise direction.

For those of you entering the lane of another swimmer, enter on the right side and wait until the swimmer has acknowledged you at the wall. **DO NOT** stop the swimmer.

Merging and Passing

When you begin to share the lane, be aware of each other's swim stroke. Avoid practicing breaststroke and butterfly as it can lead to a collision.

If passing a lane partner while circle swimming, tap them on the left foot and proceed up the middle of the lane. If you are being passed, don't speed up and attempt to start a race. If you have any problems, let a guard know!

Aqua Fitness

If you will be practicing aqua fitness in the lap pool, please take a lane by the north or south wall.

COVID

If you have concerns about sharing a lane with someone, we recommend stopping at opposite ends of the pool.